RACE EMERGENCY MEDICINE COURSE

CAPE TOWN

World Trail & Mountain Running Championship 2027

CAPE TOWN, SOUTH AFRICA

Venue TBC

7-10 OCTOBER 2027

Faculty

Stéphane Bermon, Health & Science Department Director, World Athletics
Frédéric Garrandes, Scientific Manager, World Athletics Health & Science Department
TBC

Workshops and Simulation Exercises

8:30 - 8:40	Welcome
8:40 - 10:30	Event Medical Planning Working Session: ◦ Map Distribution ◦ Medical Service Planning / Mass Casualty Prevention Planning / Rescue Procedures
	Coffee break
11:00 - 12:00	Simulation with Select Scenarios and Case Studies
12:00 - 12:30	How to organise Medical Services for the Madrid Marathon
	Lunch break
13:30 - 15:30	Practical Learning ◦ Round I: Exertional Heat Stroke & Heat-Related Illness ◦ Round II: Exercise-Associated Collapse & Cardiac Arrest ◦ Round III: Exertional Hyponatremia Management
15:30 - 16:00	Activity debrief and discussion
16:00 - 17:00	Evaluation of practical learning and preparation for Race Day

Race Day Observation

8:00 - 12:00 Schedule to be confirmed.
Course participants are invited to observe the Race Operations Center and the Medical Tents.
Special credentials will be provided.
This rotation will continue until each group has spent a total of three hours observing.

WORLD ACADEMY FOR ENDURANCE MEDICINE

WORLD ATHLETICS