RACE EMERGENCY MEDICINE COURSE HOUSTON

Chevron Houston Marathon 2027

George R Brown Convention Center, 1001 Avenida De Las Americas, Houston, TX 77010, United States

16-17 January 2027

Faculty

John Jardine, Medical Director, Falmouth Road Race, CMO Korey Stringer Institute
Matthew Sedgley, Director of Running Medicine at MedStar Union Memorial Hospital
Paolo Emilio Adami, Head of Medical Operations, World Athletics Health & Science Department

Saturday, 16 January — Workshops and Simulation Exercises

8:30 - 8:40	Welcome
8:40 - 10:30	Event Medical Planning Working Session: ◦ Map Distribution ◦ Medical Service Planning / Mass Casualty Prevention Planning / Rescue Procedures
	Coffee break
11:00 - 12:00	Simulation with Select Scenarios and Case Studies
12:00 - 12:30	How to organise Medical Services for the Houston Marathon
	Lunch break
13:30 - 15:30	Practical Learning ◦ Round I: Exertional Heat Stroke & Heat-Related Illness ◦ Round II: Exercise-Associated Collapse & Cardiac Arrest ◦ Round III: Exertional Hyponatremia Management
15:30 - 16:00	Activity debrief and discussion
16:00 - 17:00	Evaluation of practical learning and preparation for Race Day

Sunday, 17 January — Race Day Observation

8:00 - 12:00 Schedule to be confirmed.
Course participants are invited to observe the Race Operations Center and the Medical Tents.
Special credentials will be provided.
This rotation will continue until each group has spent a total of three hours observing.

WORLD ACADEMY FOR ENDURANCE MEDICINE

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