

Heithem CHENITEF (ALG)			22y	PB: 4:12.17 Al Khobar (KSA) 13.12.2025
GENERAL: World U20 Championships silver medallist 800m (22) WA World Rankings: 100th				
OTHER PB'S: 1:44.38 800m(25) - 3:34.07 1500m(25) - 3:36.51 1500m sh(26)				
HONOURS: World U20 Ch. (1xSilver): 2. 800m Cali(22) 1:47.61				
2026: 1500m sh Lyon (FRA) 1. 3:36.51 - 1500m sh Miramas (FRA) 3. 3:38.74 - 1500m sh Liévin (FRA) 9. 3:41.56 - 1500m Heusden-Zolder (BEL) 5. 3:35.32 - 1500m Oordegem (BEL) 6. 3:36.02 - 1500m Taranto (ITA) MedG 12. 3:48.50				
INFO: Hometown: Algiers.				
Anis CHOTT (ALG)			21y	
WA World Rankings: 41st				
OTHER PB'S: 2:17.90 1000m(26) - 3:31.61 1500m(26) - 7:56.33 3000m(26)				
2026: 1000m Potchefstroom (RSA) 1. 2:17.90 - 1500m Algiers (ALG) 1. 3:37.63 - 1500m Algiers (ALG) 1. 3:39.83 - 3000m Pretoria (RSA) 3. 7:56.33 - 1500m Algiers (ALG) 1. 3:36.29 - 1500m Bruxelles (BEL) 1. 3:34.80 - 1500m Forbach (FRA) 1. 3:37.23 - 1500m Nice (FRA) 1. 3:31.95 - 1500m Tomblaine (FRA) 6. 3:32.49 - 1500m Budapest (HUN) 5. 3:31.61 - 1500m Algiers (ALG) 1. 3:34.54 - 1500m Taranto (ITA) MedG 2. 3:43.19				
Pol MOYA (AND)			29y	PB: 4:23.7h Berango (ESP) 11.10.2025
GENERAL: 2 times National champion 800m (23), 1500m (24) Ibero-American Championships bronze medallist 1500m (22) WA World Rankings: 80th				
OTHER PB'S: 1:46.02 800m(26) - 3:34.54 1500m(26) - 3:38.37 1500m sh(26)				
HONOURS: IberoAM Ch. (1xBronze) NCH (2xWin)				
2026: 1500m sh Luxembourg (LUX) 5. 3:38.37 - 1500m sh Sabadell (ESP) 7. 3:41.60 - 1500m sh Valencia (ESP) 8. 3:41.63 - 1500m sh Toruń (POL) WICH h 3:44.68 - 800m Guadalajara (ESP) 5. 1:46.04 - 1500m Pfungstadt (GER) 3. 3:35.04 - 1500m Zagreb (CRO) WC 14. 3:34.54 - 1500m Ordizia (ESP) 4. 3:37.54 - 1500m Liège (BEL) 6. 3:36.26 - 1500m Heusden-Zolder (BEL) 7. 3:35.59 - 800m Oordegem (BEL) 2. 1:46.02 - 1500m Taranto (ITA) MedG 7. 3:43.96				
INFO: Born in La Seu d'Urgell, Spain. Computer Engineering studies at Polytechnic University of Catalonia. Club: Atletisme Valls d'Andorra.				
Jack ANSTEY (AUS)			29y	SB and PB: 3:55.56 Düsseldorf (GER) 06.09
GENERAL: World Cross Country champion Mixed XC Relay (26) In top 8 at World Road Running Championships WA World Rankings: 33rd				
OTHER PB'S: 2:16.95 1000m sh(24) - 3:35.29 1500m sh(26) - 3:51.51 Mile sh(24) Current Records: 1xAR: AR 2:16.95 1000m sh Boston, MA(24)				
HONOURS: World XC Ch. (1xGold): 1. Mixed XC Relay Tallahassee, FL(26) 22:23				
2026: 1500m sh Winston Salem, NC (USA) 3:35.29 - Mile sh Winston Salem, NC (USA) 6. 3:52.09 - Mile sh Boston, MA (USA) 1. 3:52.48 - 1500m Sydney (AUS) NCH 5. 3:35.26 - 1500m Los Angeles, CA (USA) 11. 3:35.86 - 1500m Bydgoszcz (POL) 7. 3:39.32 - 1500m Turku (FIN) 9. 3:34.21 - 1500m Hengelo (NED) WC 4. 3:33.92 - 1500m Zagreb (CRO) WC 7. 3:33.36 - Mile Dublin (IRL) 8. 3:55.01 - 3000m Luzern (SUI) 2. 7:47.18 - 1500m Brescia (ITA) 9. 3:34.71				
INFO: Hometown: Newtown Toowoomba; based in the U.S. Studies: Illinois State University. Favorite pre-race meal is pasta or spaghetti. Likes coffee and tacos; enjoys playing golf; also a rugby fan.				
Oliver HOARE (AUS)			29y	PB: 3:59.44 Honolulu, HI (USA) 13.12.2025
GENERAL: Commonwealth Games winner 1500m (22) World Cross Country champion Mixed XC Relay (26) WA World Rankings: 44th				
OTHER PB'S: 3:29.41 1500m(23) - 3:32.35 1500m sh(21) - 3:50.77 Mile sh(25) Current Records: 1xAR: AR 3:32.35 1500m sh New York, NY(21)				
HONOURS: World Ind. Ch. (1xFinal): 5. 1500m sh Beograd(22) 3:34.36 World XC Ch. (1xGold, 1xBronze): 1. Mixed XC Relay Tallahassee, FL(26) 22:23 - 3. Mixed XC Relay Bathurst(23) 23:26 CWG (1xGold) NCH (1xWin) NCAA Ch. (1xWin)				
2026: 1500m sh New York, NY (USA) 3:36.73 - Mile sh New York, NY (USA) 9. 3:53.69 - 1500m San Juan Capistrano, CA (USA) 1. 3:35.82 - 1500m Sydney (AUS) NCH h 3:39.68 - 1500m Sydney (AUS) NCH 2. 3:32.66 - 1500m Los Angeles, CA (USA) 3. 3:34.20 - Mile Eugene, OR (USA) DL 11. 3:55.35 - 1500m Eugene, OR (USA) 3:37.50 - Mile Glasgow (GBR) CWG h 4:06.84 - Mile Glasgow (GBR) CWG 5. 3:56.28 - 1500m Berlin (GER) WC 9. 3:35.96 - Mile Road New York, NY (USA) 19. 3:53.2h				
INFO: Hometown: Sydney. Economics studies at University of Wisconsin. He was a competitive swimmer. Fan of the Australian rugby team the Cronulla Sharks. Likes surfing, writing. Nickname: Ollie. Height: 1.87 / 6'2".				
Jude THOMAS (AUS)			24y	SB and PB: 3:54.12 Düsseldorf (GER) 06.09
GENERAL: 2 times National champion 3000m (22), Mile Road (25) WA World Rankings: 45th				
OTHER PB'S: 3:31.87 1500m(25) - 3:50.20 Mile(25) - 13:09.36 5000m sh(25)				
HONOURS: NCH (2xWin)				
2026: 1500m Sydney (AUS) NCH h 3:39.89 - 1500m Sydney (AUS) NCH 8. 3:37.65 - 1500m Tokyo (JPN) WC 2. 3:38.11 - 1500m Turku (FIN) 6. 3:34.13 - 1500m Tomblaine (FRA) 5. 3:32.33 - 5000m Dublin (IRL) 6. 13:17.98 - 1500m Heusden-Zolder (BEL) 3. 3:33.80 - 1500m Oordegem (BEL) 4. 3:34.72 - 800m Twickenham (GBR) 3. 1:46.95 - 1500m Brescia (ITA) 2. 3:33.00 - 1500m Trier (GER) 3. 3:32.89 - Mile Road Düsseldorf (GER) 3. 3:54.12				
INFO: Athlete of Ipswich. 2022 AUS Male Junior Athlete of the Year.				
Ruben VERHEYDEN (BEL)			25y	SB and PB: 4:04.9h Luxembourg (LUX) 12.09
GENERAL: European Cross Country Championships bronze medallist Mixed XC Relay (21) European U23 champion 1500m (21) WA World Rankings: 24th				
OTHER PB'S: 3:30.99 1500m(25) - 3:34.49 1500m sh(25) - 4:52.37 2000m(23)				
HONOURS: Eur. XC Ch. (1xBronze) Eur. Team Ch.- 1L/2D (1xWin) Eur. U23 Ch. (1xGold) NCH (2xWin)				
2026: 3000m sh Luxembourg (LUX) 1. 7:40.31 - Mile sh Val-de-Reuil (FRA) 2. 3:55.35 - 1500m sh Toruń (POL) 7. 3:37.29 - 800m Bruxelles (BEL) 9. 1:46.11 - 1500m Rabat (MAR) DL 11. 3:32.38 - 1500m Turku (FIN) 2. 3:32.71 - 1500m Stockholm (SWE) DL 7. 3:32.91 - 1500m Hengelo (NED) WC 14. 3:37.71 - 800m Oordegem (BEL) 5. 1:46.51 - 1500m Birmingham (GBR) ECH h 3:38.19 - 3000m Göteborg (SWE) 2. 7:42.69 - 1500m Bruxelles (BEL) DF 10. 3:32.47				
INFO: Hometown: Lebbeke. Civil Engineering studies. Motto: "Work hard, dream big.". Height: 1.97 / 6'6". Club: Eendracht Aalst.				
Guilherme KURTZ (BRA)			32y	PB: 4:00.43 Rio de Janeiro (BRA) 17.08.2025
GENERAL: 2 times South American Championships silver medallist 1500m (25, 23) South American Games winner 1500m (22) WA World Rankings: 202nd				
OTHER PB'S: 1:46.15 800m(23) - 2:21.39 1000m(22) - 3:39.56 1500m(25)				
HONOURS: Sam. Ch. (2xSilver): 2. 1500m Mar del Plata(25) 3:42.79 - 2. 1500m São Paulo(23) 3:48.11 - 4. 1500m Guayaquil(21) 3:40.66 - 6. 800m São Paulo(23) 1:48.80 Sam. Ind. Ch. (1xSilver, 2xBronze) NCH (3xWin) Sam. G. (1xGold)				
2026: 1500m Santiago de Chile (CHI) 1. 3:41.41 - 1500m Lima (PER) IbAMCH 6. 3:44.12 - 1500m Concord, MA (USA) 5. 3:43.00 - 1500m Los Angeles, CA (USA) 11. 3:41.22 - 5000m Portland, OR (USA) 7. 14:08.14 - 5000m São Paulo (BRA) NCH 5. 14:09.09 - 1500m São Paulo (BRA) NCH 5. 3:47.79 - 5 km Road Rio de Janeiro (BRA) NCH 2. 14:07				
Andre Carlos SOUSA SALES (BRA)			28y	PB: 3:59.06 Rio de Janeiro (BRA) 17.08.2025
GENERAL: South American Championships bronze medallist 1500m (23) National champion Mile Road (26) WA World Rankings: 983rd				
OTHER PB'S: 1:50.37 800m(22) - 3:41.76 1500m(25) Current Records: 1xNBP: NBP 3:59.06 Mile Road Rio de Janeiro(25)				
HONOURS: Sam. Ch. (1xBronze): 3. 1500m São Paulo(23) 3:49.24 NCH (1xWin)				
2026: 1500m Bragança Paulista (BRA) 2. 3:52.14 - 3000m São Paulo (BRA) 2. 8:31.48 - 1500m Bragança Paulista (BRA) 1. 4:00.06 - 5000m Bragança Paulista (BRA) 1. 14:45.31 - 5000m Bragança Paulista (BRA) 3. 14:44.15 - 1500m Bragança Paulista (BRA) 1. 3:50.69 - 10km Road São Paulo (BRA) 8. 30:17 - 10km Road Rio de Janeiro (BRA) 4. 29:41 - 5000m São Paulo (BRA) NCH 3. 14:06.97 - 1500m São Paulo (BRA) NCH 3. 3:46.87 - Mile Road Rio de Janeiro (BRA) NCH 1. 4:10.13 - 5 km Road Praia Grande (BRA) 2. 14:27				
Ivan ANDREEV (BUL)			25y	
GENERAL: 3 times National Indoor champion 1500m sh (26), 3000m sh (26, 25) 2 times National champion 5000m (26), 10,000m (26)				
HONOURS: NCH (2xWin) NICH (3xWin)				
2026: 1500m sh Sofia (BUL) NICH 1. 3:57.22 - 3000m sh Sofia (BUL) NICH 1. 8:33.72 - 10,000m Hisarya (BUL) NCH 1. 31:45.3h - 1500m Bruxelles (BEL) 12. 3:52.48 - 800m Stara Zagora (BUL) 3. 1:57.15 - 3000m Kruševac (SRB) 1. 8:19.50 - 3000m Volos (GRE) BalCH 7. 8:30.31 - 1500m Sofia (BUL) 2. 3:56.78 - 1500m Sofia (BUL) NCH 2. 3:56.13 - 5000m Sofia (BUL) NCH 1. 15:11.40				
INFO: Based in Sofia. Likes football.				
Martin BALABANOV (BUL)			24y	
GENERAL: 3 times National Indoor champion 800m sh (24), 1500m sh (25, 24) 2 times National champion 1500m (26, 24)				
OTHER PB'S: 1:48.41 800m(24) - 1:50.48 800m sh(25) - 3:50.52 1500m sh(24)				
HONOURS: NCH (2xWin) NICH (3xWin)				
2026: 800m Sofia (BUL) 1. 1:54.75 - 800m Wien (AUT) NCH 1. 1:48.87 - 1500m Sofia (BUL) 1. 3:51.62 - 1500m Sofia (BUL) NCH 1. 3:53.70				
INFO: Club: SK Atlet-Mezdra.				

Max DAVIES (CAN)		22y
GENERAL: National champion 1500m (25) WA World Rankings: 121st OTHER PB'S: 3:33.86 1500m(25) - 3:37.27 1500m sh(26) - 3:53.24 Mile sh(26) HONOURS: NCH (1xWin) 2026: 1000m sh London (CAN) 1. 2:25.42 - Mile sh Boston, MA (USA) 11. 4:02.54 - 1500m sh Boston, MA (USA) 3:44.22 - 1500m sh Boston, MA (USA) 9. 3:37.27 - Mile sh Boston, MA (USA) 9. 3:53.24 - 1500m sh Toronto (CAN) 1. 3:42.92 - 1500m sh Winnipeg (CAN) 5. 3:50.34 - 1500m Los Angeles, CA (USA) 10. 3:35.53 - 1500m Ottawa (CAN) NCH 12. 3:54.11 - 1500m Los Angeles, CA (USA) 9. 3:44.48 - Mile Glasgow (GBR) CWG h 4:01.42 - 1500m Portland, OR (USA) 2. 3:34.64		
Foster MALLECK (CAN)		25y SB and PB: 4:07.01 Boston, MA (USA) 18.04
GENERAL: NACAC champion 1500m (25) NACAC U23 Championships bronze medallist 1500m (23) WA World Rankings: 28th OTHER PB'S: 3:33.39 1500m sh(26) - 3:51.39 Mile sh(26) - 4:54.08 2000m sh(26) HONOURS: NACAC Ch. (1xGold): 1. 1500m Freeport(25) 3:37.54 NACAC U23 Ch. (1xBronze) NCH (1xWin) 2026: 2000m sh Boston, MA (USA) 5. 4:54.08 - 1500m sh Boston, MA (USA) 3:34.99 - Mile sh Boston, MA (USA) 4. 3:51.39 - 1500m sh Boston, MA (USA) 1. 3:33.39 - 1500m Turku (FIN) 8. 3:34.17 - 1500m Lahti (FIN) 2. 3:36.13 - 1500m Ottawa (CAN) NCH 1. 3:37.68 - 1500m Medellín (COL) 1. 3:40.20 - 800m Heusden-Zolder (BEL) 2. 1:46.48 - Mile Glasgow (GBR) CWG 7. 3:56.46 - 1500m Szczecin (POL) 2. 3:33.32 - 1500m Trier (GER) 2. 3:32.78 INFO: Hometown: Kitchener. Financial Management studies at Boston University. Degree in Business Administration. Also a teaching assistant.		
Marino BLOUDEK (CRO)		27y
GENERAL: European Championships silver medallist 800m (26) 14 times National champion 800m (25, 24, 23, 22, 21, 18, 17, 16), 1500m (22), 10km Road (22), 4x400m (25), Distance Medley (25, 24), 4x400m (26) OTHER PB'S: 1:44.01 800m(25) - 1:45.19 800m sh(26) - 3:37.77 1500m sh(26) Current Records: 3xNBP: NBP 1:15.89 600m Karlovac(24) - NBP 8:39.70 2 Miles Zagreb(25) - NBP 8:39.70 2 Miles sh Zagreb(25) HONOURS: World Ind. Ch. (1xFinal): 5. 800m sh Toruń(26) 1:45.31 Eur. Ch. (1xSilver): 2. 800m Birmingham(26) 1:45.62 Eur. Team Ch.- 1L/2D (2xWin) Eur. U20 Ch. (1xGold) Balkan Ch. (2xWin) NCH (14xWin) 2026: 800m sh Ostrava (CZE) 5. 1:45.27 - 800m sh Toruń (POL) 6. 1:45.19 - 800m sh Toruń (POL) WICH 5. 1:45.31 - 800m Shaoxing/Keqiao (CHN) DL 9. 1:45.02 - 1500m Bydgoszcz (POL) 1. 3:38.52 - 1000m Ostrava (CZE) WC 3. 2:15.40 - 800m Hengelo (NED) WC 3. 1:44.63 - 800m Zagreb (CRO) WC 3. 1:45.00 - 1500m Zagreb (CRO) NCH 2. 3:47.21 - 800m Birmingham (GBR) ECH h 1:47.23 - 800m Birmingham (GBR) ECH sf 1:44.96 - 800m Birmingham (GBR) ECH 2. 1:45.62 - 800m Lausanne (SUI) DL 6. 1:44.21 - 800m Taranto (ITA) MedG 3. 1:46.58 - 800m Budapest (HUN) WAUC sf 1:45.90 INFO: Based in Rijeka. Studies: Sports Management at PAR University College;. Club: AK Dinamo-Zrinjevac, Zagreb;. Coached by Mladen Kršek; Started his sports career in football, playing for Dinamo Zagreb's youth teams;. Was invited to Arsenal's football camps before a severe double leg fracture ended his football career;. Switched to athletics after his physical education teacher convinced him to try the sport during his injury recovery;. Comes from a football family, and his uncle Marijan Bloudek is a well-known football coach.		
Nino JAMBREŠIĆ (CRO)		22y
GENERAL: 9 times National champion 800m (26), 1500m (26, 25, 24, 23), 10km Road (25), 4x400m (25), Distance Medley (25, 24) 7 times National Indoor champion 800m sh (25), 1500m sh (23), 3000m sh (26), 5000m sh (26), 4x800m sh (26, 25), Distance Medley sh (23) WA World Rankings: 111th OTHER PB'S: 1:47.93 800m sh(25) - 2:19.27 1000m sh(26) - 3:35.76 1500m(26) HONOURS: Balkan Ind. Ch. (1xWin) NCH (9xWin) NICH (7xWin) 2026: 1000m sh Zagreb (CRO) 1. 2:19.27 - 1500m Bruxelles (BEL) 1. 3:38.82 - 1500m Karlsruhe (GER) 1. 3:37.07 - 1500m Jessheim (NOR) 8. 3:45.66 - 1500m Volos (GRE) BalCh 2. 3:40.78 - 1500m Zagreb (CRO) WC 18. 3:40.81 - 1500m Zagreb (CRO) NCH 1. 3:38.25 - 800m Zagreb (CRO) NCH 1. 1:47.29 - 1500m Oordegem (BEL) 4. 3:36.31 - 1500m Szczecin (POL) 6. 3:35.76 - 1500m Taranto (ITA) MedG 9. 3:44.59 - 800m Zagreb (CRO) 6. 1:46.21 INFO: Athlete of Zagreb. Club: AK Dinamo-Zrinjevac, Zagreb.		
Gustav BENDSEN (DEN)		23y
OTHER PB'S: 3:42.77 1500m(26) - 4:02.50 Mile sh(25) - 8:07.52 3000m sh(25) 2026: 1500m Azusa, CA (USA) 14. 3:50.06 - 1500m Copenhagen (DEN) 1. 3:48.57 - 5 km Road Herning (DEN) NCH 8. 14:44 - 1500m Copenhagen (DEN) NCH 2. 3:43.51 - 1500m London (GBR) 1. 3:42.77 - 5000m Copenhagen (DEN) 1. 14:02.12 INFO: Hometown: Copenhagen. Studies: University of Louisville. Club: Københavns Idræts Forening, Cumberlands.		
Christoffer Frost JOHANSEN (DEN)		29y PB: 4:06.54 Riga (LAT) 01.10.2023
GENERAL: 4 times National champion 1500m (26, 24, 22, 21) 4 times National Indoor champion 800m sh (23), 1500m sh (26, 23), 3000m sh (26) WA World Rankings: 183rd OTHER PB'S: 3:40.15 1500m(24) - 3:43.08 1500m sh(26) - 7:59.05 3000m sh(26) HONOURS: NCH (4xWin) NICH (4xWin) 2026: 1500m sh Göteborg (SWE) 1. 3:43.08 - 1500m sh Odense (DEN) NICH 1. 3:45.84 - 3000m sh Odense (DEN) NICH 1. 7:59.05 - 10km Road Århus (DEN) NCH 23. 30:56 - 1500m Bruxelles (BEL) 2. 3:43.60 - 1500m Copenhagen (DEN) 1. 3:40.71 - 1500m Sollentuna (SWE) 9. 3:44.95 - Mile Copenhagen (DEN) 11. 4:01.16 - 1500m Copenhagen (DEN) 3:43.16 - 1500m Copenhagen (DEN) NCH 1. 3:42.01 - 5000m Copenhagen (DEN) NCH 4. 14:30.42 - 1500m Oordegem (BEL) 2. 3:41.10 INFO: Based in Copenhagen. Studies: Technical University of Denmark. Also an aerospace engineer.		
Fitsum ABRHAM (ERI)		21y
Mohamed ATTAOUI (ESP)		24y PB: 4:06.59 Riga (LAT) 01.10.2023
GENERAL: European Championships silver medallist 800m (24) World Indoor Championships bronze medallist 800m sh (26) OTHER PB'S: 1:42.04 800m(24) - 1:44.48 800m sh(26) - 2:14.52 1000m sh(26) Current Records: 1xAR: AR 2:14.52 1000m sh Madrid(26) HONOURS: OG (1xFinal): 5. 800m Paris(24) 1:42.08 World Ch. (1xBronze): 3. 800m sh Toruń(26) 1:44.66 Eur. Ch. (1xSilver, 1xBronze): 2. 800m Roma(24) 1:45.20 - 3. 800m Birmingham(26) 1:45.71 Eur. Team Ch. (1xGold) Eur. U23 Ch. (1xSilver) 2026: 1000m sh Madrid (ESP) 1. 2:14.52 - 800m sh Toruń (POL) WICH sf 1:44.48 - 800m sh Toruń (POL) WICH 3. 1:44.66 - 1500m Turku (FIN) 1. 3:31.82 - 800m Stockholm (SWE) DL 10. 1:46.92 - 800m Oslo (NOR) DL 8. 1:45.66 - 800m Paris (FRA) DL 9. 1:45.09 - 1000m Monaco (MON) DL 10. 2:18.75 - 800m Málaga (ESP) NCH 2. 1:46.85 - 800m Birmingham (GBR) ECH h 1:45.26 - 800m Birmingham (GBR) ECH sf 1:43.82 - 800m Birmingham (GBR) ECH 3. 1:45.71 - 1500m Berlin (GER) WC 11. 3:39.49 - 800m Budapest (HUN) WAUC sf 1:45.12 INFO: Born in Beni Mellal, Morocco;. Based in Torrelavega. Telecommunications studies. His idol is Hicham El Guerrouj. Height: 1.75 / 5'9". Club: OAC Europe. Coached by Thomas Dreissigacker;. His nickname is Silver Rabbit;. Participated in a 2025 scientific research study on sports performance and injury prevention at the Universidad Europea del Atlántico.		
Ignacio FONTES (ESP)		28y PB: 4:03.7h Brasov (ROU) 21.09.2024
GENERAL: European U23 champion 1500m (19) In top 8 at European Indoor Championships 1500m sh (21) WA World Rankings: 50th OTHER PB'S: 3:32.55 1500m(25) - 3:36.23 1500m sh(26) - 3:54.38 Mile(22) HONOURS: Eur. U23 Ch. (1xGold) NICH (1xWin) 2026: 1500m sh Sabadell (ESP) 1. 3:39.30 - 1500m sh Miramas (FRA) 4. 3:38.98 - 1500m sh Metz (FRA) 3. 3:36.23 - 1500m sh Valencia (ESP) NICH 4. 3:46.97 - 1500m Savona (ITA) 3. 3:34.25 - 800m Granada (ESP) 1. 1:49.62 - 1500m Marseille (FRA) 12. 3:42.91 - 1500m Sollentuna (SWE) 3. 3:37.76 - 1500m Troyes (FRA) 1. 3:33.42 - 1500m Tomblaine (FRA) 10. 3:34.08 - 1500m Málaga (ESP) NCH 4. 3:48.14 - 1500m Twickenham (GBR) 4. 3:37.30 INFO: Based in Granada. Medicine studies at University of Granada. One of the proudest moments: winning the 1500m gold in Gävle at the 2019 U23 ECH. Nickname: Nacho. Height: 1.70 / 5'7".		
Martín SEGUROLA (ESP)		23y
GENERAL: National Indoor champion 3000m sh (26) WA World Rankings: 66th OTHER PB'S: 3:33.81 1500m(26) - 3:37.35 1500m sh(26) - 7:38.97 3000m(26) HONOURS: NICH (1xWin) 2026: 1500m sh Antequera (ESP) 3. 3:37.35 - 1500m sh Sabadell (ESP) 2. 3:39.38 - 1500m sh Valencia (ESP) 2. 3:37.57 - 3000m sh Valencia (ESP) 1. 8:13.97 - 3000m sh Valencia (ESP) NICH 1. 7:49.56 - 800m Salamanca (ESP) 1. 1:47.75 - 1500m Nerja (ESP) 1. 3:35.31 - 1500m Karlsruhe (GER) 1. 3:33.81 - 1500m Marseille (FRA) 1. 3:38.42 - 3000m Pamplona (ESP) 1. 7:38.97 - 800m Ordizia (ESP) 1. 1:44.95 - 1500m Málaga (ESP) NCH 5. 3:48.15 INFO: Hometown: San Sebastian. Studies: Indiana University. Club: Real Sociedad (Indiana USA)		

Rasmus KISEL (EST)	30y	
GENERAL: 5 times National champion 800m (26, 22, 21, 18, 17) 4 times National Indoor champion 800m sh (20, 19), 4x400m sh (20, 15) WA World Rankings: 509th OTHER PB'S: 1:19.13 600m sh(20) - 1:48.08 800m(26) - 3:43.31 1500m(26) HONOURS: NCH (5xWin) NICH (4xWin) 2026: 1500m sh Tallinn (EST) NICH 2. 3:54.10 - 800m sh Tallinn (EST) NICH 3. 1:54.58 - 1000m Pliezhausen (GER) 4. 2:21.71 - 800m Bruxelles (BEL) 1. 1:49.53 - 1500m Bruxelles (BEL) 3. 3:45.29 - 1500m Lahti (FIN) 10. 3:43.31 - 800m Jõhvi (EST) 6. 1:48.43 - 1500m Pärnu (EST) NCH 2. 3:46.05 - 800m Pärnu (EST) NCH 1. 1:49.70 - 800m Espoo (FIN) 6. 1:48.08 - 1500m Pfungstadt (GER) 3. 3:48.10		
Sten ÜTSMÜTS (EST)	32y	SB and PB: 4:24.67 Narva (EST) 05.06
GENERAL: National Indoor champion 800m sh (18) HONOURS: NICH (1xWin) 2026: Mile Road Narva (EST) NCH 3. 4:24.67 - 800m Jõhvi (EST) 1. 1:53.49 - 800m Jõhvi (EST) 2. 1:53.63 - 1000m Kohila (EST) 2. 2:29.22 - 1500m Pärnu (EST) NCH 5. 3:58.15 - 800m Pärnu (EST) NCH 2. 1:51.45 - 800m Riga (LAT) 3. 1:52.18 - 400m Kohila (EST) h 50.38		
Santtu HEIKKINEN (FIN)	24y	PB: 4:01.35 Riga (LAT) 01.10.2023
GENERAL: In top 8 at World U20 Championships National champion 1500m (22) WA World Rankings: 113th OTHER PB'S: 3:34.89 1500m(26) - 3:40.75 1500m sh(23) - 3:55.70 Mile(26) Current Records: 1xNBP: NBP 4:01.35 Mile Road Riga(23) HONOURS: NCH (1xWin) NICH (1xWin) 2026: 1500m Lahti (FIN) 4. 3:36.51 - 1500m Copenhagen (DEN) 3:40.33 - Mile Copenhagen (DEN) 2. 3:55.70 - 1500m Troyes (FRA) 4. 3:34.89 - 1500m Pfungstadt (GER) 2. 3:39.15 - 1500m Heusden-Zolder (BEL) 12. 3:39.26 - 1500m Jyväskylä (FIN) NCH 2. 3:49.67 - 800m Espoo (FIN) 2. 1:46.74 - 3000m Göteborg (SWE) 9. 7:48.48 - 1500m Pfungstadt (GER) 8. 3:36.02 INFO: Native of Lempäälä.		
Romain MORNET (FRA)	28y	PB: 3:59.4h Düsseldorf (GER) 01.09.2024
GENERAL: European Cross Country Championships bronze medallist Mixed XC Relay (22) In top 8 at European Championships WA World Rankings: 19th OTHER PB'S: 3:31.62 1500m(25) - 3:35.24 1500m sh(26) - 4:55.54 2000m sh(26) Current Records: 1xNBP: NBP 4:55.54 2000m sh Boston, MA(26) HONOURS: Eur. XC Ch. (1xBronze) NCH (2xWin) NICH (1xWin) 2026: 2000m sh Boston, MA (USA) 6. 4:55.54 - 1500m sh Liévin (FRA) 3. 3:35.89 - 1500m sh Toruń (POL) 6. 3:35.24 - 1500m Bergen (NOR) 2. 3:38.27 - 1500m Turku (FIN) 7. 3:34.15 - Mile Ostrava (CZE) WC 14. 3:58.60 - 1500m Zagreb (CRO) WC 2. 3:32.53 - 1500m Tomblaine (FRA) 3. 3:32.08 - 1500m Budapest (HUN) 12. 3:33.60 - 1500m Albi (FRA) NCH 1. 3:41.03 - 1500m Birmingham (GBR) ECH h 3:41.95 - 1500m Birmingham (GBR) ECH 8. 3:37.37 - 1500m Chorzów (POL) WC 10. 3:32.15 - 1500m Brescia (ITA) 5. 3:33.48 INFO: Born in La Roche-sur-Yon. Club: AC La Roche-sur-Yon .		
Flavien SZOT (FRA)	25y	PB: 3:58.6h Diekirch (LUX) 31.08.2025
GENERAL: Mediterranean Games winner 1500m (26) WA World Rankings: 34th OTHER PB'S: 3:30.74 1500m(25) - 3:36.37 1500m sh(25) - 3:52.67 Mile sh(25) HONOURS: Medit. G. (1xWin) 2026: Mile sh New York, NY (USA) 1. 3:54.00 - 1500m Rabat (MAR) DL 10. 3:32.24 - 1500m Stockholm (SWE) DL 10. 3:34.27 - 800m Montreuil (FRA) 5. 1:45.71 - 1500m Hengelo (NED) WC 7. 3:34.58 - 1500m Paris (FRA) DL 9. 3:31.81 - 1500m Lignano Sabbiadoro (ITA) 2. 3:34.75 - 1500m Albi (FRA) NCH 4. 3:41.35 - 5000m Espoo (FIN) 2. 13:41.33 - 1500m Szczecin (POL) 1. 3:32.68 - 1500m Taranto (ITA) MedG 1. 3:43.03 - 3000m Rovereto (ITA) 5. 7:38.54 INFO: Based in Toulouse. Business studies.		
Archie DAVIS (GBR)	27y	PB: 4:09.6h Herzogenaurach (GER) 27.04.2024
WA World Rankings: 65th OTHER PB'S: 1:44.72 800m(21) - 3:33.56 1500m(26) - 3:51.09 Mile(26) 2026: 1500m Belfast (GBR) 2. 3:39.57 - 1500m Rehlingen (GER) 4. 3:34.11 - 1500m Karlsruhe (GER) 7. 3:35.08 - 1500m Nice (FRA) 6. 3:33.72 - 1500m Birmingham (GBR) NCH 5. 3:40.58 - 800m Watford (GBR) 2. 1:46.89 - 1500m Madrid (ESP) WC 7. 3:38.50 - Mile London (GBR) DL 10. 3:51.09 - 1500m London (GBR) 3:33.56 - Mile Glasgow (GBR) CWG h 3:57.98 - 800m Twickenham (GBR) 3. 1:46.15 - 800m London (GBR) 6. 1:47.49 INFO: Hometown: Brighton. Club: Brighton Phoenix.		
Jake HEYWARD (GBR)	27y	
GENERAL: European Championships silver medallist 1500m (22) 2 times In top 8 at Commonwealth Games Mile (26) WA World Rankings: 15th OTHER PB'S: 3:31.08 1500m(22) - 3:46.73 Mile(26) - 7:48.83 3000m sh(22) HONOURS: Eur. Ch. (1xSilver) ; 2. 1500m München(22) 3:34.44 - 4. 1500m Birmingham(26) 3:36.40 Eur. U20 Ch. (1xGold) Eur. U18 Ch. (1xGold) 2026: 1500m Stockholm (SWE) DL 13. 3:35.53 - 1500m Birmingham (GBR) NCH 2. 3:38.97 - 1500m Tomblaine (FRA) 4. 3:32.09 - 1500m London (GBR) 3:31.81 - Mile London (GBR) DL 3. 3:46.73 - Mile Glasgow (GBR) CWG 4. 3:55.54 - 1500m Birmingham (GBR) ECH h 3:35.49 - 1500m Birmingham (GBR) ECH 4. 3:36.40 - 1500m Chorzów (POL) WC 6. 3:31.47 - 1500m Zürich (SUI) DL 9. 3:32.73 - 1500m Bruxelles (BEL) DF 8. 3:31.18 - Mile Road New York, NY (USA) 2. 3:45.8h INFO: Hometown: Cardiff. Banking and Finance studies at Cardiff University. He was the only Welsh track and field athlete in Team GB at Tokyo Olympics. In August 2022 he became the 2nd Welsh athlete to win a medal for GBR and NI in Munich after Jeremiah Azu won bronze in the 100m. Former Welsh Young Sportsman of the Year.		
James MCMURRAY (GBR)	31y	
GENERAL: European Cross Country Championships winner Mixed XC Relay (19) WA World Rankings: 81st OTHER PB'S: 3:34.90 1500m(26) - 3:36.17 1500m sh(26) - 3:57.60 Mile sh(25) HONOURS: Eur. XC Ch. (1xGold) 2026: 3000m sh Sheffield (GBR) 1. 7:53.97 - 1500m sh Lyon (FRA) 5. 3:38.53 - 1500m sh Birmingham (GBR) NICH 2. 3:38.36 - 1500m sh Glasgow (GBR) 2. 3:36.17 - 1500m sh Toruń (POL) WICH h 3:42.51 - 1500m Bruxelles (FRA) 2. 3:34.90 - 1500m Karlsruhe (GER) 8. 3:36.52 - 3000m Watford (GBR) 1. 7:53.48 - 1500m Heusden-Zolder (BEL) 5. 3:37.81 - 5000m Oordegem (BEL) 19. 13:32.48 - 800m Twickenham (GBR) 4. 1:47.03 - 1500m London (GBR) 12. 3:39.21 INFO: Born in Hemel Hempstead. Studies: Brunel University. Also a physiotherapist.		
Robert FARKEN (GER)	28y	
GENERAL: In top 8 at World Championships European Team Championships winner 1500m (21) WA World Rankings: 12th OTHER PB'S: 3:30.09 1500m(26) - 3:33.14 1500m sh(25) - 3:49.45 Mile sh(25) Current Records: 1xNBP: NBP 3:49.45 Mile sh Boston, MA(25) HONOURS: World Ch. (1xFinal) ; 6. 1500m Tokyo(25) 3:35.15 Eur. Team Ch. (1xGold) NCH (5xWin) NICH (4xWin) 2026: Mile sh New York, NY (USA) 7. 3:51.07 - 1000m Dresden (GER) 2. 2:17.17 - 1500m Stockholm (SWE) DL 8. 3:32.99 - Mile Oslo (NOR) DL 10. 3:49.74 - Mile Eugene, OR (USA) DL 7. 3:47.76 - Mile London (GBR) DL 4. 3:46.82 - 1500m London (GBR) 3:30.09 - 1500m Bochum (GER) NCH 1. 3:35.33 - 1500m Birmingham (GBR) ECH h 3:41.65 - 1500m Birmingham (GBR) ECH 9. 3:37.49 - 1500m Zürich (SUI) DL 8. 3:32.63 - 1500m Berlin (GER) WC 2. 3:31.73 - 1500m Bruxelles (BEL) DF 9. 3:32.11 - 1500m Budapest (HUN) WAUC 11. 3:32.90 INFO: Born in Leipzig. Likes swimming. Club: SC DHfK Leipzig. Height: 1.85 / 6'1". Studied Sports Management at the University of Leipzig; . Relocated to Boulder, Colorado in late 2024 to train with the On Athletics Club Global team; . Coached by Dathan Ritzenhein; . Known for his passion for fashion and local coffee shops.		
Georgios MATZARIDIS (GRE)	24y	
GENERAL: 2 times National Indoor champion 800m sh (22), 1500m sh (26) WA World Rankings: 355th OTHER PB'S: 1:50.74 800m sh(23) - 3:41.78 1500m(26) - 3:47.07 1500m sh(26) HONOURS: NICH (2xWin) 2026: 1500m sh Athina (GRE) 1. 3:49.75 - 1500m sh Athina (GRE) 1. 3:48.06 - 1500m sh Beograd (SRB) BalCH 6. 3:47.07 - 1500m sh Athina (GRE) NICH 1. 3:55.87 - 1500m Serres (GRE) 1. 3:55.83 - 1500m Bruxelles (BEL) 4. 3:43.96 - 1500m Chania (GRE) 2. 3:46.19 - 1500m Volos (GRE) BalCH 4. 3:41.78 - 1500m Leuven (BEL) 10. 3:43.58 - 1000m Chalkida (GRE) 1. 2:22.60 - 1500m Volos (GRE) NCH 2. 3:55.04 - 800m Volos (GRE) NCH h 1:53.64 INFO: Club: AS N. Orestiadas Polynikis.		
István SZÖGI (HUN)	31y	SB and PB: 4:06.0h Luxembourg (LUX) 12.09
GENERAL: 8 times National champion 1500m (26, 21, 20), 5000m (26, 24, 20, 17), 4x400m (21) 5 times National Indoor champion 1500m sh (26, 25, 21, 20), 3000m sh (20) WA World Rankings: 166th OTHER PB'S: 3:37.55 1500m sh(21) - 3:57.21 Mile sh(24) - 5:00.73 2000m sh(22) Current Records: 1xNBP: NBP 4:06.0h Mile Road Luxembourg(26) 1xAU20B: AU20B 15:54.98 4x1500m Budapest(13) HONOURS: NCH (8xWin) NICH (5xWin) 2026: 10km Road Valencia (ESP) 77. 28:42 - 3000m sh Luxembourg (LUX) 3. 7:53.94 - Mile sh Dublin (IRL) 1. 4:04.33 - 1500m sh Nyíregyháza (HUN) NICH 1. 3:45.75 - 3000m sh Nyíregyháza (HUN) NICH 3. 8:11.39 - 1500m Nerja (ESP) 12. 3:43.02 - 1500m Budapest (HUN) 14. 3:36.74 - 1500m Budapest (HUN) NCH 1. 3:40.30 - 5000m Budapest (HUN) NCH 1. 14:04.05 - 1500m Oordegem (BEL) 5. 3:37.70 - 800m Budapest (HUN) 3. 1:51.51 - Mile Road Luxembourg (LUX) 6. 4:06.0h INFO: Born in Tata. Studies: Florida State University. Before athletics spent 8 years as a competitive kayaker. Club: MTK Budapest.		

Andrew COSCORAN (IRL)			30y
GENERAL: European Championships bronze medallist 1500m (26) In top 8 at World Indoor Championships WA World Rankings: 17th			
OTHER PB'S: 3:33.09 1500m sh(26) - 3:49.26 Mile sh(25) - 7:30.75 3000m sh(25)			
HONOURS: World Ind. Ch. (1xFinal): 6. 3000m sh Nanjing(25) 7:48.53 Eur. Ch. (1xBronze): 3. 1500m Birmingham(26) 3:36.24 NCH (3xWin) NICH (1xWin)			
2026: 3000m sh Boston, MA (USA) 2. 7:30.97 - 1500m sh New York, NY (USA) 3:33.55 - Mile sh New York, NY (USA) 5. 3:49.54 - 1500m sh Liévin (FRA) 3. 3:33.09 - 3000m sh Toruń (POL) WICH 13. 7:43.89 - 1500m Rabat (MAR) DL 6. 3:31.65 - Mile Oslo (NOR) DL 8. 3:49.68 - 1500m Paris (FRA) DL 15. 3:46.91 - 1500m Dublin (IRL) NCH 1. 3:44.07 - 1500m Birmingham (GBR) ECH h 3:41.86 - 1500m Birmingham (GBR) ECH 3. 3:36.24 - 1500m Berlin (GER) WC 7. 3:34.37			
INFO: Born in Dublin. Studies: Florida State University and Dublin City University. He was involved in an attack outside a nightclub in 2015 which caused him damaged teeth and a broken nose. Also a personal trainer. Height: 1.83 / 6'0".			
Cathal DOYLE (IRL)			28y
SB and PB: 3:55.33 Düsseldorf (GER) 06.09			
GENERAL: 4 times National champion 1500m (25, 24, 23, 22) 2 times National Indoor champion 1500m sh (25, 24) WA World Rankings: 53rd			
OTHER PB'S: 3:32.15 1500m(25) - 3:37.39 1500m sh(25) - 3:53.18 Mile sh(25)			
HONOURS: NCH (4xWin) NICH (2xWin)			
2026: 1500m Bydgoszcz (POL) 9. 3:39.72 - 1500m Turku (FIN) 5. 3:34.00 - 1500m Hengelo (NED) WC 8. 3:34.98 - 1500m Zagreb (CRO) WC 10. 3:33.79 - 1500m Tomblaine (FRA) 8. 3:33.52 - 800m Cork (IRL) 4. 1:47.62 - 1500m Dublin (IRL) 3:37.10 - Mile Dublin (IRL) 4. 3:52.24 - 1500m Dublin (IRL) NCH 2. 3:44.79 - 1500m Birmingham (GBR) ECH h 4:36.28 - 1500m Trier (GER) 6. 3:33.40 - Mile Road Düsseldorf (GER) 5. 3:55.33			
INFO: Hometown: Dublin. Studies: University of Portland. Major in Business - Sustainability. Height: 1.90 / 6'3". Club: Clonliffe Harriers.			
Pietro ARESE (ITA)			26y
GENERAL: 3 times European Cross Country Championships winner Mixed XC Relay (25, 24, 22) European Championships bronze medallist 1500m (24) WA World Rankings: 35th			
OTHER PB'S: 3:30.74 1500m(24) - 3:34.75 1500m sh(26) - 7:38.42 3000m sh(24)			
HONOURS: OG (1xFinal): 8. 1500m Paris(24) 3:30.74 World Ind. Ch. (2xFinal): 7. 3000m sh Glasgow(24) 7:46.46 - 8. 1500m sh Beograd(22) 3:37.60 Eur. Ch. (1xBronze): 3. 1500m Roma(24) 3:33.34 - 4. 1500m München(22) 3:35.00 Eur. XC Ch. (3xGold) NCH (5xWin)			
2026: Mile sh Padova (ITA) 1. 3:54.64 - 1500m sh Toruń (POL) 5. 3:34.75 - 3000m sh Ancona (ITA) NICH 2. 7:45.26 - Mile Ostrava (CZE) WC 10. 3:52.82 - 1500m Zagreb (CRO) WC 4. 3:32.76 - 1500m Budapest (HUN) 6. 3:31.87 - 1500m Firenze (ITA) NCH 1. 3:58.16 - 5000m Firenze (ITA) NCH 1. 13:38.32 - 1500m Birmingham (GBR) ECH h 3:41.94 - 1500m Birmingham (GBR) ECH 11. 3:38.15 - 1500m Taranto (ITA) MedG 4. 3:43.29 - 3000m Rovereto (ITA) 15. 7:49.49			
INFO: Born in Turin. Studies: University of Insubria. Earlier played volleyball. Likes playing the piano. Height: 1.89 / 6'2".			
Ojiro HONDA (JPN)			19y
SB and PB: 4:00.2h Fukuoka (JPN) 14.03			
GENERAL: World U20 Championships bronze medallist 3000m (26) WA World Rankings: 164th			
OTHER PB'S: 3:37.53 1500m(26) - 7:48.49 3000m(26) - 13:32.61 5000m(26)			
HONOURS: World U20 Ch. (1xBronze): 3. 3000m Eugene, OR(26) 7:48.49			
2026: Mile Road Fukuoka (JPN) 1. 4:00.2h - 3000m Tokorozawa (JPN) 1. 7:55.77 - 1500m Yokohama (JPN) 1. 3:40.25 - 5000m Kumamoto (JPN) 11. 13:56.16 - 5000m Nobeoka (JPN) 14. 13:47.83 - 1500m Tokyo (JPN) 5. 3:37.72 - 1500m Nagoya (JPN) NCH h 3:37.53 - 1500m Nagoya (JPN) NCH 2. 3:40.49 - 5000m Chitose (JPN) 6. 13:32.61 - 1500m Eugene, OR (USA) WU20CH h 3:46.85 - 3000m Eugene, OR (USA) WU20CH 3. 7:48.49 - 1500m Eugene, OR (USA) WU20CH 14. 3:51.59			
INFO: Studies in the Faculty of Sport Sciences at Waseda University.			
Tomoki NAKANO (JPN)			23y
WA World Rankings: 199th			
OTHER PB'S: 3:37.92 1500m(26) - 8:06.48 3000m(25)			
2026: 1500m Kumamoto (JPN) 16. 3:45.25 - 1500m Hiroshima (JPN) 8. 3:41.49 - 1500m Gifu (JPN) 1. 3:44.45 - 1500m Tokyo (JPN) WC 9. 3:39.89 - 1500m Tokyo (JPN) 12. 3:50.46 - 1500m Nagoya (JPN) NCH h 3:37.92 - 1500m Nagoya (JPN) NCH 4. 3:40.52 - 3000m Kitami (JPN) 6. 8:08.38 - 5000m Shibetsu (JPN) 14. 14:25.58 - 1500m Kyoto (JPN) 8. 3:47.81			
Brian KOMEN (KEN)			28y
GENERAL: All-African Games winner 1500m (24) African champion 1500m (24) WA World Rankings: 73rd			
OTHER PB'S: 3:28.80 1500m(24) - 3:37.42 1500m sh(24) - 3:54.94 Mile(26)			
HONOURS: Afr. Ch. (1xGold, 1xBronze): 1. 1500m Douala(24) 3:33.95 - 3. 1500m Accra(26) 3:43.19 All-Afr. G. (1xGold) NCH (1xWin)			
2026: 1500m Nairobi (KEN) h 3:42.16 - 1500m Nairobi (KEN) 2. 3:36.4h - 1500m Nairobi (KEN) 5. 3:37.79 - 1500m Accra (GHA) AfC h 4:01.53 - 1500m Accra (GHA) AfC 3. 3:43.19 - 1500m Nairobi (KEN) h 3:44.84 - 1500m Nairobi (KEN) 1. 3:43.86 - 1500m Moskva (RUS) 1. 3:35.56 - 1500m Nairobi (KEN) NCH h 3:43.1h - 1500m Nairobi (KEN) NCH 3. 3:32.60 - Mile Glasgow (GBR) CWG h 3:54.94 - Mile Glasgow (GBR) CWG 13. 3:59.33			
INFO: Born in Chebara.			
Kyumbe MUNGUTI (KEN)			31y
PB: 4:00.67 Riga (LAT) 01.10.2023			
GENERAL: 2 times World Cross Country champion Mixed XC Relay (24, 23) National champion 1500m (23) WA World Rankings: 116th			
OTHER PB'S: 3:33.71 1500m(24) - 4:56.24 2000m(24) - 7:44.93 3000m sh(24)			
HONOURS: World XC Ch. (2xGold): 1. Mixed XC Relay Beograd(24) 22:15 - 1. Mixed XC Relay Bathurst(23) 23:14 - 4. Mixed XC Relay Tallahassee, FL(26) 22:42 NCH (1xWin)			
2026: 1500m Nairobi (KEN) 3. 3:36.21 - 1500m Nairobi (KEN) 1. 3:41.47 - 1500m Nairobi (KEN) NCH h 3:37.7h - 1500m Nairobi (KEN) NCH 5. 3:34.84 - 3000m Joensuu (FIN) 1. 7:49.04 - 1500m Tampere (FIN) 1. 3:40.65			
INFO: Member of Kenya Defence Forces.			
Nikita BOGDANOV (LAT)			23y
SB and PB: 4:10.2h Riga (LAT) 16.05			
GENERAL: 6 times National champion 800m (25, 23), 1500m (25, 24, 23, 22) 4 times National Indoor champion 800m sh (26, 24), 1500m sh (24, 23) WA World Rankings: 609th			
OTHER PB'S: 1:49.31 800m(24) - 3:45.17 1500m(24) - 5:13.31 2000m sh(26)			
HONOURS: NCH (6xWin) NICH (4xWin)			
2026: 800m sh Riga (LAT) 3. 1:53.72 - 2000m sh Ogre (LAT) 2. 5:13.31 - 1500m sh Riga (LAT) NICH 2. 3:48.96 - 800m sh Riga (LAT) NICH 1. 1:54.11 - Mile Road Riga (LAT) NCH 3. 4:10.2h - 1500m Riga (LAT) 1. 3:53.19 - 1500m Ogre (LAT) 1. 3:50.01 - 1500m Palanga (LTU) 5. 3:50.44 - 800m Valmiera (LAT) 3. 1:52.74 - 1500m Valmiera (LAT) NCH 2. 3:51.74 - 800m Valmiera (LAT) NCH 2. 1:52.59 - 800m Riga (LAT) 1. 1:52.07			
INFO: Based in Daugavpils. Studies: Daugavpils University.			
Roberts Aleksis GLAZERS (LAT)			21y
SB and PB: 4:10.0h Riga (LAT) 16.05			
GENERAL: 2 times National champion 800m (26), 1500m (26) WA World Rankings: 557th			
OTHER PB'S: 3:44.70 1500m(26)			
HONOURS: NCH (2xWin)			
2026: 1500m sh Wien (AUT) h 3:52.70 - Mile Road Riga (LAT) NCH 2. 4:10.0h - 1500m Birmingham (GBR) 8. 3:47.26 - 800m Göteborg (SWE) 2. 1:53.75 - 1500m Göteborg (SWE) 1. 3:47.64 - 1500m Riga (LAT) 1. 3:52.75 - 800m Riga (LAT) 1. 1:54.90 - 1500m Watford (GBR) 3. 3:45.87 - 1500m Valmiera (LAT) NCH 1. 3:51.51 - 800m Valmiera (LAT) NCH 1. 1:52.55 - 1500m Riga (LAT) 2. 3:50.15 - 1500m Twickenham (GBR) 9. 3:44.70			
INFO: Athlete of Drabesi.			
Fidelio KLEIN (LUX)			30y
SB and PB: 4:10.6h Luxembourg (LUX) 12.09			
GENERAL: National champion 5000m (26) WA World Rankings: 401st			
OTHER PB'S: 3:41.58 1500m(26) - 3:49.58 1500m sh(22) - 8:12.42 3000m sh(26)			
HONOURS: NCH (1xWin)			
2026: 1500m sh Luxembourg (LUX) 1. 3:51.20 - 3000m sh Metz (FRA) 4. 8:12.42 - 5 km Road Lille (FRA) 35. 14:04 - 1500m Forbach (FRA) 1. 3:48.36 - 1500m Grenoble (FRA) 4. 3:41.58 - 1500m Bruxelles (BEL) 11. 3:42.72 - 1500m Ciney (BEL) 4. 3:42.13 - 1500m Leuven (BEL) 11. 3:43.79 - 1500m Kortrijk (BEL) 15. 3:51.68 - 1500m Liège (BEL) 11. 3:48.47 - 1500m Luxembourg (LUX) NCH 2. 3:50.22 - 5000m Luxembourg (LUX) NCH 1. 14:43.44			

Ruben QUERINJEAN (LUX)	24y	SB and PB: 4:02.3h Luxembourg (LUX) 12.09
GENERAL: European Championships silver medallist 3000mSC (26) World University Games winner 3000mSC (25) OTHER PB'S: 3:34.92 1500m(25) - 7:40.64 3000m sh(26) - 8:05.36 3000mSC(26) Current Records: 1xNBP: NBP 5:27.74 2000mSC Pliezhausen(24) HONOURS: Eur. Ch. (1xSilver): 2. 3000mSC Birmingham(26) 8:25.61 WUG (1xGold) NCH (3xWin) 2026: 3000m sh Luxembourg (LUX) 2. 7:40.72 - 3000m sh Metz (FRA) 2. 7:40.64 - 5 km Road Lille (FRA) 12. 13:20 - 3000mSC Paris (FRA) DL 11. 8:15.45 - 3000mSC Monaco (MON) DL 6. 8:14.22 - 3000mSC Birmingham (GBR) ECH h 8:35.07 - 3000mSC Birmingham (GBR) ECH 2. 8:25.61 - 3000mSC Chorzów (POL) WC 4. 8:05.36 - 3000mSC Bruxelles (BEL) DF 4. 8:11.97 - Mile Road Luxembourg (LUX) 1. 4:02.3h INFO: Athlete of Waremmme. Medicine studies at University of Liège. Likes swimming. Height: 1.93 / 6'4".		
Anass ESSAYI (MAR)	25y	SB and PB: 4:02.6h Luxembourg (LUX) 12.09
GENERAL: In top 8 at World Indoor Championships African Youth Games silver medallist 1500m (18) WA World Rankings: 16th OTHER PB'S: 3:33.55 1500m sh(25) - 3:50.46 Mile sh(23) - 7:32.45 3000m sh(25) HONOURS: World Ind. Ch. (1xFinal): 7. 3000m sh Nanjing(25) 7:49.00 All-Afr. U18 G. (1xSilver) 2026: 1500m Rabat (MAR) DL 9. 3:32.23 - 1500m Ostrava (CZE) WC 3:35.22 - Mile Ostrava (CZE) WC 3. 3:49.94 - 1500m Paris (FRA) DL 4. 3:30.17 - 1500m Tomblaine (FRA) 2. 3:31.78 - 1500m Budapest (HUN) 4. 3:31.54 - 5000m Oordegem (BEL) 5. 13:03.38 - 1500m Chorzów (POL) WC 8. 3:31.91 - 1500m Zürich (SUI) DL 4. 3:32.05 - 1500m Taranto (ITA) MedG 3. 3:43.20 - Mile Road Luxembourg (LUX) 2. 4:02.6h INFO: Born in Rabat. Studies: University of South Carolina. Height: 1.74 / 5'9".		
Fouad MESSAOUDI (MAR)	25y	
GENERAL: 2 times NCAA Indoor champion 3000m sh (23), Distance Medley sh (23) WA World Rankings: 36th OTHER PB'S: 3:32.11 1500m(26) - 3:52.66 Mile sh(25) - 7:40.20 3000m sh(26) HONOURS: NCAA Ind. Ch. (2xWin) 2026: 1500m sh New York, NY (USA) 3:39.35 - Mile sh New York, NY (USA) 3. 3:55.42 - Mile sh Fayetteville, AR (USA) 3. 3:53.76 - 3000m sh Fayetteville, AR (USA) 2. 7:40.20 - 1500m Fayetteville, AR (USA) 1. 3:32.25 - 1500m Rabat (MAR) DL 8. 3:32.11 - 1500m Paris (FRA) DL 11. 3:32.40 - 1500m Kortrijk (BEL) 2. 3:34.39 - 1500m Liège (BEL) 1. 3:34.41 - 1500m Heusden-Zolder (BEL) 2. 3:33.78 - 3000m Göteborg (SWE) 4. 7:43.42 - 5000m Taranto (ITA) MedG 3. 14:41.75 INFO: Hometown: Oujda. Studies: Oklahoma State University.		
Ryan ADAMS (MEX)	30y	
GENERAL: National champion 1500m (26) WA World Rankings: 226th OTHER PB'S: 3:37.66 1500m(21) - 3:57.25 Mile sh(24) - 7:49.45 3000m sh(20) HONOURS: NCH (1xWin) 2026: Mile sh Columbia, MO (USA) 2. 4:02.43 - 1500m sh Winston Salem, NC (USA) 3:44.39 - Mile sh Winston Salem, NC (USA) 4. 4:00.07 - Mile sh Boston, MA (USA) 6. 4:01.79 - 1500m sh Boston, MA (USA) 3:43.41 - 1500m Gainesville, FL (USA) 2. 3:45.19 - 800m Fort Collins, CO (USA) 1. 1:50.68 - 1500m Ciudad Victoria Tamaulipas (MEX) NCH 1. 3:39.36 - 1500m Santo Domingo (DOM) CACG 2. 3:47.06		
Abraham ALVARADO (MEX)	31y	SB: 4:07.38 Boston, MA (USA) 18.04 PB: 4:00.4h Des Moines, IA (USA) 21.04.2021
OTHER PB'S: 1:44.07 800m(26) - 1:45.62 800m sh(26) - 3:53.48 Mile sh(25) 2026: 800m sh Winston Salem, NC (USA) 3. 1:45.62 - 800m Los Angeles, CA (USA) 2. 1:44.59 - 800m College Station, TX (USA) 2. 1:46.75 - 800m Los Angeles, CA (USA) 6. 1:46.11 - 1500m Eugene, OR (USA) 3:37.49 - Mile Eugene, OR (USA) DL 7. 3:52.30 - 800m Los Angeles, CA (USA) 1. 1:44.07 - 1500m Raleigh, NC (USA) 3:37.03 - Mile Raleigh, NC (USA) 2. 3:51.95 - 1500m Pfungstadt (GER) 2. 3:34.65 - 800m Bellinzona (SUI) 3. 1:44.76 - 800m Rovereto (ITA) 4. 1:45.01 INFO: Hometown: Winton. Studies: Brigham Young University. Major in Sociology. Has five sisters. Has been a sales associate.		
Stefan NILLESSEN (NED)	23y	
GENERAL: European champion 1500m (26) 2 times European U23 champion 1500m (25, 23) WA World Rankings: 20th OTHER PB'S: 3:29.23 1500m(25) - 3:33.64 1500m sh(26) - 3:52.70 Mile sh(25) HONOURS: Eur. Ch. (1xGold): 1. 1500m Birmingham(26) 3:35.70 Eur. Team Ch. (1xSilver) Eur. U23 Ch. (2xGold, 1xSilver) NCH (2xWin) NICH (1xWin) 2026: 3000m sh Karlsruhe (GER) 1. 7:38.48 - 1500m sh Liévin (FRA) 4. 3:33.64 - 800m Hengelo (NED) WC 10. 1:48.09 - 1500m Paris (FRA) DL 12. 3:32.45 - 1500m Eugene, OR (USA) 3:35.93 - Mile Eugene, OR (USA) DL 2. 3:50.50 - 1500m Birmingham (GBR) ECH h 3:36.07 - 1500m Birmingham (GBR) ECH 1. 3:35.70 - 1500m Chorzów (POL) WC 14. 3:41.72 - 1500m Zürich (SUI) DL 12. 3:33.59 - 1500m Brescia (ITA) 3. 3:33.05 - Mile Road New York, NY (USA) 12. 3:50.9h INFO: Native of Groesbeek. Comes from a running family. Height: 1.95 / 6'5". Club: AV Cifla.		
Moa Abounnachat BOLLERØD (NOR)	24y	
WA World Rankings: 135th OTHER PB'S: 3:36.16 1500m(26) - 3:44.80 1500m sh(24) - 7:53.82 3000m(25) 2026: 1500m Bruxelles (BEL) 1. 3:39.36 - 1500m Bergen (NOR) 6. 3:39.14 - 1500m Oslo (NOR) 7. 3:36.16 - 1500m Heusden-Zolder (BEL) 6. 3:37.88 - 1500m Trondheim (NOR) NCH h 3:47.85 - 1500m Trondheim (NOR) NCH 3. 3:38.39		
Andreas FJELD HALVORSEN (NOR)	21y	
GENERAL: World U20 champion 3000m (24) 2 times European U18 Championships silver medallist 1500m (22), 3000m (22) WA World Rankings: 94th OTHER PB'S: 3:34.33 1500m(25) - 3:54.39 Mile(26) - 7:40.21 3000m(25) HONOURS: World U20 Ch. (1xGold): 1. 3000m Lima(24) 8:20.56 Eur. U18 Ch. (2xSilver) NICH (1xWin) 2026: 1500m Bergen (NOR) 12. 3:40.76 - 1500m Jessheim (NOR) 2. 3:38.62 - 1500m Oslo (NOR) 3. 3:35.08 - 1500m Pfungstadt (GER) 4. 3:36.48 - 5000m Oslo (NOR) 1. 13:29.69 - 1500m Liège (BEL) 4. 3:36.11 - 5000m Heusden-Zolder (BEL) 6. 13:21.45 - 1500m Trondheim (NOR) NCH 2. 3:36.84 - 5000m Birmingham (GBR) ECH 21. 14:00.73 - 1500m Birmingham (GBR) ECH h 3:51.70 - 3000m Göteborg (SWE) 11. 7:49.40 - 1500m Berlin (GER) WC 13. 3:42.70 INFO: Based in Ullensaker. Club: Ullensaker/Kisa IL.		
Samuel TANNER (NZL)	26y	PB: 4:02.91 Nelson (NZL) 06.12.2025
GENERAL: 7 times National champion 1500m (25, 24, 23, 22, 19), Mile (23), 3000m (21) In top 8 at Commonwealth Games WA World Rankings: 62nd OTHER PB'S: 3:31.24 1500m(23) - 3:34.72 1500m sh(21) - 3:51.70 Mile sh(23) HONOURS: Oce. Ch. (1xWin): 1. 1500m Mackay(22) 3:42.56 NCH (7xWin) 2026: 800m Hastings (NZL) 2. 1:45.94 - Mile Whanganui (NZL) 1. 3:53.36 - Mile sh Boston, MA (USA) 11. 4:03.55 - 1500m sh Boston, MA (USA) 3:44.51 - 1500m Nice (FRA) 5. 3:33.32 - 1500m Lignano Sabbiadoro (ITA) 1. 3:34.75 - 1500m Heusden-Zolder (BEL) 1. 3:33.57 - Mile Glasgow (GBR) CWG h 3:59.31 - Mile Glasgow (GBR) CWG 9. 3:56.63 - 1500m Pfungstadt (GER) 14. 3:39.64 - 1500m Brescia (ITA) 16. 3:43.73 INFO: Born in Tauranga. Studies: University of Washington. Favourite subjects are Music and Sports Science. An avid surfer; nickname: Sam. His idol is Nick Willis. Height: 1.70 / 5'7".		
Carlos Alberto VILCHES (PUR)	24y	PB: 4:11.0h Düsseldorf (GER) 03.09.2023
GENERAL: NACAC Championships bronze medallist 1500m (25) National champion 1500m (22) WA World Rankings: 386th OTHER PB'S: 1:52.36 800m sh(24) - 2:25.66 1000m sh(24) - 3:41.34 1500m(25) HONOURS: NACAC Ch. (1xBronze): 3. 1500m Freeport(25) 3:41.34 - 6. 1500m Freeport(22) 3:50.97 NCH (1xWin) 2026: 1500m Lima (PER) IbAMCH 14. 4:00.38 - 1500m Portland, OR (USA) 13. 3:50.80 - 1500m Medellín (COL) 6. 3:53.02 - 1500m Braga (POR) 10. 3:45.83 - 1500m Heusden-Zolder (BEL) 5. 3:44.55 - 1500m Santo Domingo (DOM) CACG 4. 3:47.55 - 1500m Trier (GER) 12. 3:47.39		
Dumisani MOTLOUNG (RSA)	21y	PB: 4:12.74 Parys (RSA) 25.10.2025
WA World Rankings: 170th OTHER PB'S: 1:47.75 800m(26) - 2:23.00 1000m(25) - 3:36.88 1500m(26) 2026: 800m Johannesburg (RSA) h 1:52.64 - 1500m Johannesburg (RSA) 3. 3:43.78 - 800m Johannesburg (RSA) 1. 1:48.55 - 1500m Stellenbosch (RSA) 4. 3:40.33 - 1500m Stellenbosch (RSA) NCH h 3:46.57 - 1500m Stellenbosch (RSA) NCH 3. 3:45.48 - 1500m Cape Town (RSA) 3. 3:41.78 - 800m Cape Town (RSA) 2. 1:48.54 - 800m Kortrijk (BEL) 1. 1:47.75 - 1500m Kortrijk (BEL) 7. 3:36.88 - 1500m Liège (BEL) 12. 3:38.07 - 1500m Heusden-Zolder (BEL) 7. 3:38.03 INFO: Based in Bloemfontein.		

Tshepo TSHITE (RSA)	29y	PB: 4:03.26 Pretoria (RSA) 29.08.2025
GENERAL: African Championships silver medallist 1500m (26) 6 times National champion 800m (25, 22, 21, 18), 1500m (26, 23) WA World Rankings: 51st OTHER PB'S: 3:31.35 1500m(25) - 3:35.06 1500m sh(24) - 7:36.90 3000m sh(26) HONOURS: Afr. Ch. (1xSilver): 2. 1500m Accra(26) 3:42.31 NCH (6xWin) 2026: 3000m sh Ostrava (CZE) 2. 7:38.17 - 3000m sh Madrid (ESP) 1. 7:39.11 - 3000m sh Liévin (FRA) 5. 7:36.90 - 1500m Stellenbosch (RSA) NCH 1. 3:42.40 - 3000m Pretoria (RSA) 1. 7:54.05 - 1500m Accra (GHA) AfC h 3:47.68 - 1500m Accra (GHA) AfC 2. 3:42.31 - 1500m Rabat (MAR) DL 5. 3:31.53 - 5000m Oslo (NOR) DL 16. 13:20.92 - 3000m Los Angeles, CA (USA) 1. 7:37.57 - 2 Miles Eugene, OR (USA) DL 9. 8:12.94 - Mile Glasgow (GBR) CWG 10. 3:57.43 INFO: Based in Gauteng. Earlier played football. Fan of Manchester City. Height: 1.64 / 5'5". Club: Nedbank Running Club.		
Oliver LIM TZE RONG (SGP)	26y	
GENERAL: 2 times National champion 1500m (26, 25) HONOURS: NCH (2xWin) 2026: 1500m Melbourne (AUS) 9. 3:57.67 - 1500m Singapore (SGP) NCH 1. 4:00.77		
Jacob TAN (SGP)	21y	
Rok MARKELJ (SLO)	26y	
GENERAL: 2 times National champion 1500m (26, 25) National Indoor champion 1500m sh (24) WA World Rankings: 117th OTHER PB'S: 2:19.71 1000m sh(26) - 3:35.59 1500m(26) - 3:40.24 1500m sh(26) Current Records: 1xNBP: NBP 3:59.53 Mile sh Padova(26) HONOURS: NCH (2xWin) NICH (1xWin) 2026: Mile sh Padova (ITA) OC 3:59.53 - 1000m sh Zagreb (CRO) 2. 2:19.71 - 1500m sh Novo Mesto (SLO) NICH 2. 3:40.24 - 1500m Praha (CZE) 3. 3:38.24 - 1500m Kladno (CZE) 2. 3:43.54 - 1500m Montreuil (FRA) 7. 3:37.25 - 1500m Maribor (SLO) NCH 1. 3:44.87 - Mile Copenhagen (DEN) 8. 3:59.35 - 1500m Zagreb (CRO) WC 15. 3:37.49 - 1500m Lignano Sabbiadoro (ITA) 7. 3:35.59 - 1500m Oordegem (BEL) 7. 3:38.42 - 1000m Göteborg (SWE) 11. 2:21.51 INFO: Born in Kranj. Studies: Florida International University.		
Žan RUDOLF (SLO)	33y	PB: 4:11.6h Luxembourg (LUX) 27.09.2025
GENERAL: 8 times National champion 400m (17, 14), 800m (21, 19, 15, 14, 13), 1500m (23) World Athletics Relays bronze medallist 2x2x400m (21) OTHER PB'S: 1:45.15 800m(21) - 1:46.96 800m sh(13) - 3:34.23 1500m(26) Current Records: 2xNBP: NBP 4:11.6h Mile Road Luxembourg(25) - NBP 3:41.95 2x2x400m Chorzów(21) HONOURS: World Relays (1xBronze): 3. 2x2x400m Chorzów(21) 3:41.95 Eur. Team Ch.- 2L/3D (2xWin) Eur. U23 Ch. (1xBronze) Eur. U20 Ch. (1xSilver) Balkan Ch. (2xWin) Balkan Ind. Ch. (1xWin) 2026: 1500m sh Novo Mesto (SLO) NICH 1. 3:39.44 - 3000m sh Novo Mesto (SLO) NICH 1. 8:08.00 - 1500m sh Toruń (POL) WICH h 3:40.20 - 1500m Bruxelles (BEL) 2. 3:38.92 - 1500m Zagreb (CRO) WC 12. 3:34.23 INFO: Born in Ljubljana. Club: AD MASS, Ljubljana.		
Ahmed JAZIRI (TUN)	28y	
GENERAL: In top 8 at Olympic Games 2 times National champion 1500m (19), 5000m (16) OTHER PB'S: 7:41.05 3000m sh(24) - 13:24.18 5000m sh(24) - 8:08.02 3000mSC(24) HONOURS: OG (1xFinal): 5. 3000mSC Paris(24) 8:08.02 NCH (2xWin) NCAA Ch. (1xWin) 2026: 3000m sh Boston, MA (USA) 9. 7:42.70 - 3000m sh Boston, MA (USA) 10. 7:45.81 - 1500m sh Boston, MA (USA) 6. 3:42.20 - 3000mSC Los Angeles, CA (USA) 4. 8:27.72 - 3000mSC Turku (FIN) 6. 8:17.82 - 3000mSC Doha (QAT) DL 8. 8:23.47 - 3000mSC Chorzów (POL) WC 14. 8:22.33 - 5000m Taranto (ITA) MedG 6. 14:43.89 - 3000mSC Taranto (ITA) MedG 6. 8:51.53 INFO: Hometown: Rades. Studies: Eastern Kentucky University. Major in Sport Management. Height: 1.85 / 6'1".		
Silas CHEMUTAI (UGA)	22y	
GENERAL: National champion 1500m (25) In top 8 at World Cross Country Championships OTHER PB'S: 3:39.34 1500m(26) - 3:57.32 Mile(26) HONOURS: NCH (1xWin) 2026: 1500m Kampala (UGA) 1. 3:39.34 - 1500m Kampala (UGA) 1. 3:42.90 - Mile Glasgow (GBR) CWG h 3:57.32		
Hosea KIPROP (UGA)	20y	
GENERAL: In top 8 at World Cross Country Championships OTHER PB'S: 3:40.93 1500m(25) HONOURS: 2026: 1500m Kampala (UGA) 3. 3:44.06		
Dmytrii NIKOLAICHUK (UKR)	34y	SB and PB: 4:01.93 Düsseldorf (GER) 06.09
GENERAL: 2 times National champion 1500m (26, 22) 2 times National Indoor champion 1500m sh (26, 25) WA World Rankings: 182nd OTHER PB'S: 1:48.30 800m(26) - 3:39.63 1500m(26) - 3:43.79 1500m sh(26) HONOURS: NCH (2xWin) NICH (2xWin) 2026: 1500m sh Antequera (ESP) 5. 3:46.47 - 1500m sh Sabadell (ESP) 2. 3:45.09 - 1500m sh Beograd (SRB) BallCH 5. 3:43.79 - 1500m Nijmegen (NED) 4. 3:42.63 - 1500m Nerja (ESP) 7. 3:41.99 - 1500m Santa Cruz de Tenerife (ESP) 3. 3:45.40 - 800m Kyiv (UKR) 1. 1:49.13 - 1500m Nivelles (BEL) 1. 3:41.71 - 1500m Vilvoorde (BEL) 1. 3:40.64 - 1500m Castellón (ESP) 3. 3:39.63 - 1500m Lviv (UKR) NCH 1. 3:41.70 - 800m Lviv (UKR) NCH 3. 1:48.30 INFO: Has also competed in orienteering.		
Mauro DELGUE (URU)	23y	
2026: 1500m Buenos Aires (ARG) 23. 4:03.15 - 800m Buenos Aires (ARG) 21. 1:57.97 - 1500m Montevideo (URU) 3. 4:01.55 - 800m Montevideo (URU) 8. 1:57.74 - 1500m Montevideo (URU) NCH 3. 4:00.47 - 800m Montevideo (URU) NCH 5. 1:57.03 - 1500m Montevideo (URU) 4. 3:59.94 - 800m Montevideo (URU) 4. 1:55.11		
Jairo MOREIRA (URU)	31y	PB: 4:23.40 Rio de Janeiro (BRA) 17.08.2025
GENERAL: 7 times National champion 800m (24, 23, 21, 20, 19, 16), 4x400m (26) 2 times In top 8 at South American Championships WA World Rankings: 1233rd OTHER PB'S: 1:50.26 800m(24) - 1:52.49 800m sh(26) HONOURS: NCH (7xWin) 2026: 800m Montevideo (URU) 2. 1:52.33 - 800m sh Cochabamba (BOL) 2. 1:54.24 - 800m sh Cochabamba (BOL) SamICH 1. 1:52.49 - 1500m Montevideo (URU) 2. 3:53.26 - 1500m Santiago de Chile (CHI) 10. 3:53.57 - 1500m Montevideo (URU) 2. 3:53.80 - 1500m Montevideo (URU) NCH 2. 3:58.79 - 800m Montevideo (URU) NCH 2. 1:54.40 - 800m Montevideo (URU) OC 1:52.82 - 800m Montevideo (URU) 2. 1:52.43 - Mile Stirling (GBR) 9. 4:13.00 - 1500m Stirling (GBR) 3:54.15		
Vincent CIATTEI (USA)	31y	SB: 3:54.62 Des Moines, IA (USA) 21.04 PB: 3:54.55 Des Moines, IA (USA) 22.04.2025
GENERAL: 4 times National champion 5000m (26), Mile Road (25, 24, 22) NCAA Indoor champion Distance Medley sh (18) WA World Rankings: 13th OTHER PB'S: 3:30.90 1500m(26) - 3:33.74 1500m sh(26) - 3:50.56 Mile sh(24) HONOURS: NCH (4xWin) NCAA Ind. Ch. (1xWin) 2026: Mile sh Winston Salem, NC (USA) 3. 3:51.70 - 1500m sh Winston Salem, NC (USA) 3:33.74 - 1500m Los Angeles, CA (USA) 1. 3:33.41 - 1500m Rabat (MAR) DL 4. 3:30.90 - 1500m Stockholm (SWE) DL 4. 3:31.63 - Mile Ostrava (CZE) WC 2. 3:49.51 - 1500m Paris (FRA) DL 14. 3:36.47 - Mile Eugene, OR (USA) DL 8. 3:48.34 - 1500m New York, NY (USA) NCH 2. 3:50.32 - 5000m New York, NY (USA) NCH 1. 13:46.75 - 1500m Chorzów (POL) WC 7. 3:31.77 - 1500m Zürich (SUI) DL 7. 3:32.50 - 1500m Bruxelles (BEL) DF 11. 3:33.67 INFO: Hometown: Baltimore, MD;;. Studies: Virginia Tech University. Major in Mechanics and Engineering Sciences. Height: 1.82 / 5'12";. Trains in Flagstaff, Arizona;;. Represents Under Armour's Mission Run Dark Sky Distance Team;;. Plays the saxophone in his free time; . Originally started running in high school to get in shape for basketball .		

Yared NUGUSE (USA)	27y	SB: 3:54.06 Des Moines, IA (USA) 21.04 (GER) 01.09.2024	PB: 3:51.9h Düsseldorf
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GENERAL: Olympic Games bronze medallist 1500m (24) | World Indoor Championships silver medallist 3000m sh (24) | **WA World Rankings: 2nd**

OTHER PB'S: 3:43.97 Mile(23) - 3:46.63 Mile sh(25) - 7:28.23 3000m sh(23) | **Current Records: 1xAR:** AR 3:43.97 Mile Eugene, OR(23) **1xNBP:** NBP 3:51.9h Mile Road Düsseldorf(24)

HONOURS: OG (1xBronze): 3. 1500m Paris(24) 3:27.80 | **World Ch. (1xFinal):** 5. 1500m Budapest(23) 3:30.25 | **World Ind. Ch. (1xSilver):** 2. 3000m sh Glasgow(24) 7:43.59 - 5. 3000m sh Toruń(26) 7:37.08 | **NCH (2xWin)** | **NICH (1xWin)** | **NCAA Ch. (1xWin)**

2026: 1500m sh New York, NY (USA) 3:33.07 - Mile sh New York, NY (USA) 2. 3:48.31 - 3000m sh Winston Salem, NC (USA) 2. 7:33.78 - 1500m Rabat (MAR) DL 1. 3:30.35 - 1500m Stockholm (SWE) DL 1. 3:30.11 - Mile Oslo (NOR) DL 2. 3:48.21 - Mile Eugene, OR (USA) DL 2. 3:46.61 - 1500m London (GBR) 3:29.36 - Mile London (GBR) DL 2. 3:45.69 - 1500m Zürich (SUI) DL 3. 3:31.85 - 1500m Bruxelles (BEL) DF 5. 3:30.56 - 1500m Budapest (HUN) WAUC 5. 3:30.76

INFO: Hometown: Louisville. Biochemistry studies at University of Notre Dame. Likes knitting and cooking. Plays the violin. Height: 1.85 / 6'1". His parents were refugees from the Tigray region of Ethiopia; . Competes for the On Athletics Club; . Coached by Dathan Ritzenhein; . Has a long-term goal of attending dental school to become an orthodontist .

Nahuel CARABAÑA (AND)			26y	PB: 13:55 Monaco (MON) 09.02.2025
GENERAL: In top 8 at European Championships Ibero-American Championships silver medallist 3000mSC (22) OTHER PB'S: 5:26.50 2000mSC(23) - 8:12.80 3000mSC(25) - 28:04 10km Road(26) Current Records: 1xNBP: NBP 5:26.50 2000mSC Birmingham(23) HONOURS: Eur. Team Ch.- 2L/3D (2xWin) IberoAM Ch. (1xSilver) Eur. U23 Ch. (1xBronze) NCH (3xWin) 2026: 10km Road Valencia (ESP) 40. 28:04 - 10km Road Ibiza (ESP) NCH 13. 28:50 - 10,000m La Spezia (ITA) E10KC 17. 28:47.06 - 3000mSC Birmingham (GBR) ECH h 8:57.80 - 3000mSC Taranto (ITA) MedG 9. 9:07.76 INFO: In August 2022, during the heats of 3000m SC at the ECH, he stopped mid-race to help competitor Axel Vang Christensen, who had a nasty fall. Was the flag bearer of AND at the opening ceremony of the 2024 Olympics. Height: 1.71 / 5'7". Club: Club Atletisme Andorra (AAA)				
Aron GEBREMARIAM (ART)			20y	PB: 13:32 Leicester (GBR) 15.03.2025
WA World Rankings: 68th OTHER PB'S: 3:42.45 1500m(24) - 7:48.77 3000m(25) - 13:05.67 5000m(26) 2026: 5000m London (GBR) 1. 13:26.84 - 5000m Dublin (IRL) 1. 13:15.06 - 5000m Oordegem (BEL) 8. 13:05.67				
Toby GILLEN (AUS)			25y	PB: 14:50 Noosa (AUS) 30.10.2021
WA World Rankings: 80th OTHER PB'S: 7:48.66 3000m sh(25) - 13:10.98 5000m(26) - 13:28.34 5000m sh(25) 2026: 3000m Hobart (AUS) 8. 7:52.60 - 1500m Adelaide (AUS) 10. 3:45.05 - 3000m Melbourne (AUS) 9. 7:52.20 - 5000m Sydney (AUS) NCH 5. 13:26.10 - 1500m Cleveland, TN (USA) 6. 3:40.16 - 5000m Dublin (IRL) 11. 13:38.69 - 1500m Heusden-Zolder (BEL) 5. 3:41.31 - 5000m Oordegem (BEL) 13. 13:10.98 - 1500m Twickenham (GBR) 5. 3:37.61 - 1500m Pfungstadt (GER) 9. 3:41.75 - 3000m Rovereto (ITA) 11. 7:46.45 INFO: Full name is Toby Spencer Gillen; . Born in Cairns, Australia; . Majoring in Business Administration at the University of Mississippi; . Finished 2nd overall in the 2017 Port Douglas Great Barrier Reef Marathon Festival 10km event at age 16, finishing just one second behind a professional runner.				
Ky ROBINSON (AUS)			24y	
GENERAL: Commonwealth Games winner 10,000m (26) World Indoor Championships bronze medallist 3000m sh (25) WA World Rankings: 11th OTHER PB'S: 7:30.38 3000m sh(25) - 8:08.40 2 Miles sh(26) - 13:02.34 5000m sh(25) Current Records: 2xAR: AR 12:50.82 5000m Oslo(26) - AR 26:57.07 10,000m San Juan Capistrano, CA(26) 1xAU20R: AU20R 8:32.01 3000mSC Eugene, OR(21) HONOURS: World Ch. (1xFinal): 4. 5000m Tokyo(25) 12:59.61 World Ind. Ch. (1xBronze): 3. 3000m sh Nanjing(25) 7:47.09 CWG (1xGold, 1xSilver) NCAA Ch. (2xWin) 2026: 3000m sh New York, NY (USA) 7:37.88 - 2 Miles sh New York, NY (USA) 4. 8:08.40 - 10,000m San Juan Capistrano, CA (USA) 2. 26:57.07 - 5000m Oslo (NOR) DL 8. 12:50.82 - 3000m Eugene, OR (USA) 7:42.36 - 2 Miles Eugene, OR (USA) DL 7. 8:12.16 - 5000m Monaco (MON) DL 11. 13:26.70 - 10,000m Glasgow (GBR) CWG 1. 27:48.93 - 5000m Glasgow (GBR) CWG 2. 13:24.70 - 3000m Zürich (SUI) DL 6. 7:29.13 - 5000m Budapest (HUN) WAUC 9. 13:04.09 INFO: Hometown: Brisbane. Studies: Stanford University. Trains under coach Dathan Ritzenhein at the On Athletics Club .				
Tharcisse NIZIGIYIMANA (BDI)			21y	
WA World Rankings: 895th OTHER PB'S: 7:48.68 3000m(26) - 29:07 10km Road(25) - 1:04:50 Half Marathon(26) 2026: Half Marathon Djibouti (DJI) 8. 1:04:50 - 3000m Siena (ITA) 10. 8:27.68 - 5000m Busto Arsizio (ITA) 18. 14:25.67 - 1500m Firenze (ITA) 8. 3:59.23 - 5000m Firenze (ITA) 5. 14:44.86 - 3000m Rovereto (ITA) 14. 7:48.68				
Egide NTAKARUTIMANA (BDI)			28y	PB: 13:35 Riga (LAT) 01.10.2023
WA World Rankings: 5th OTHER PB'S: 7:28.13 3000m(26) - 12:46.73 5000m(26) - 27:24.59 10,000m(22) 2026: Half Marathon Lisboa (POR) 9. 1:00:34 - 10,000m Scandiano (ITA) 1. 27:59.74 - 5000m Turku (FIN) 3. 12:59.45 - 5000m Paris (FRA) DL 4. 12:56.06 - 5000m Lausanne (SUI) DL 10. 13:07.21 - 3000m Zürich (SUI) DL 4. 7:28.13 - 5000m Bruxelles (BEL) DF 2. 12:46.73 - 5000m Budapest (HUN) WAUC 8. 13:01.91 INFO: Relocated from Burundi to Italy to train at the Tuscany Camp outside Siena . Height: 1.74 / 5'9". Club: Atletica Casone Noceto.				
Elie SINDAYIKENDERA (BDI)			22y	
GENERAL: In top 8 at African Championships WA World Rankings: 156th OTHER PB'S: 7:46.67 3000m(25) - 13:01.96 5000m(25) - 28:28 10km Road(26) HONOURS: 2026: 10km Road Bilbao (ESP) 4. 28:28 - 1500m Modena (ITA) 1. 3:45.74 - 3000m Siena (ITA) 1. 7:58.41 - 5000m Busto Arsizio (ITA) 2. 13:30.64 - 5000m Bruxelles (BEL) 18. 13:39.77 - 3000m Rubiera (ITA) 1. 7:54.41 - 5000m Modena (ITA) 1. 14:13.06 - 3000m Rovereto (ITA) 12. 7:47.83				
Robbe CAMPHENS (BEL)			27y	SB and PB: 14:05 Gentbrugge (BEL) 08.03
WA World Rankings: 317th OTHER PB'S: 3:44.66 1500m(24) - 13:35.13 5000m(26) - 28:43 10km Road(26) 2026: 10km Road Valencia (ESP) 79. 28:43 - 10km Road Schoorl (NED) 21. 29:22 - 5 km Road Gentbrugge (BEL) NCH 2. 14:05 - 3000m Gentbrugge (BEL) 3. 8:12.00 - 5000m Bruxelles (BEL) 4. 13:43.26 - 10km Road Gent (BEL) 1. 28:51 - 3000m Leuven (BEL) 6. 8:02.47 - 5000m Kessel-Lo (BEL) NCH 6. 14:13.60 - 5000m Oordegem (BEL) 5. 13:35.13				
Arnaud DELY (BEL)			29y	SB and PB: 13:40 Nijmegen (NED) 18.04
OTHER PB'S: 28:26.94 10,000m(21) - 28:15 10km Road(26) - 1:03:14 Half Marathon(26) 2026: 10km Road Valencia (ESP) 52. 28:15 - Half Marathon Barcelona (ESP) 34. 1:03:14 - 5 km Road Lille (FRA) 25. 13:52 - 5 km Road Nijmegen (NED) NCH 7. 13:40 - 5000m Bruxelles (BEL) 16. 13:55.28 INFO: Also competes in duathlon and triathlon. Likes music, movies; also passionate about technology.				
Kobe HERMANS (BEL)			25y	PB: 14:18 Andenne (BEL) 05.12.2025
WA World Rankings: 208th OTHER PB'S: 3:44.41 1500m(26) - 7:52.60 3000m(26) - 13:33.31 5000m(26) 2026: 3000m Herentals (BEL) 3. 8:00.03 - 3000m Kessel-Lo (BEL) 1. 8:09.13 - 1500m Lier (BEL) 5. 3:44.41 - 3000m Sint-Lambrechts-Woluwe (BEL) 1. 7:57.79 - 3000m Leuven (BEL) 1. 7:52.60 - 5000m Heusden-Zolder (BEL) 9. 13:40.49 - 5000m Kessel-Lo (BEL) NCH 9. 14:36.44 - 5000m Oordegem (BEL) 2. 13:33.31 - 1500m Nivelles (BEL) 8. 3:47.09 INFO: Studies: University of Antwerp. Club: Dc Leuven ATL.				
Thiago ANDRÉ (BRA)			31y	SB and PB: 14:09 Rio de Janeiro (BRA) 16.08
GENERAL: 2 times South American champion 800m (21), 1500m (21) In top 8 at World Championships WA World Rankings: 572nd OTHER PB'S: 1:44.81 800m(17) - 3:35.28 1500m(17) - 3:51.99 Mile(17) Current Records: 2xAU20R: AU20R 3:40.59 1500m São Paulo(14) - AU20R 7:59.02 3000m Uberlandia(14) HONOURS: World Ch. (1xFinal): 7. 800m London(17) 1:46.30 Sam. Ch. (2xGold, 1xBronze): 1. 800m Guayaquil(21) 1:45.62 - 1. 1500m Guayaquil(21) 3:37.92 - 3. 1500m Mar del Plata(25) 3:44.77 Sam. Ind. Ch. (1xGold, 1xBronze) IberoAM Ch. (2xGold, 2xSilver) 2026: 5000m São Paulo (BRA) 1. 14:19.94 - 3000m Bragança Paulista (BRA) 1. 7:59.81 - 3000m São Paulo (BRA) 1. 7:59.98 - 5000m Bragança Paulista (BRA) 2. 14:17.10 - 5000m São Paulo (BRA) NCH 2. 14:05.56 - 1500m São Paulo (BRA) NCH 2. 3:45.41 - 5 km Road Rio de Janeiro (BRA) NCH 3. 14:09 - 5 km Road Praia Grande (BRA) 1. 14:16 INFO: Born in Belford Roxo. Likes cycling. In his freetime loves shopping, playing video games or watching movies. Has a son Gabriel. Looks up to Marilson dos Santos.				
Janio Marcos GONÇALVES (BRA)			23y	SB and PB: 14:06 Rio de Janeiro (BRA) 16.08
GENERAL: South American Championships silver medallist 5000m (25) 3 times National champion 5000m (26, 25), 5 km Road (26) WA World Rankings: 388th OTHER PB'S: 1:46.96 800m(23) - 3:42.04 1500m(23) - 13:55.88 5000m(25) HONOURS: Sam. Ch. (1xSilver): 2. 5000m Mar del Plata(25) 13:55.88 Sam. HM Ch. (1xGold) Sam. U23 Ch. (1xBronze) NCH (3xWin) 2026: 10km Road Cuiaba (BRA) 5. 31:00 - 3000m Bragança Paulista (BRA) 1. 8:09.48 - 5000m São Paulo (BRA) 2. 14:41.09 - Mile São Paulo (BRA) 1. 4:14.62 - 10km Road São Paulo (BRA) 2. 30:30 - 5000m Cuiaba (BRA) 1. 14:07.32 - 1500m Cuiaba (BRA) 2. 3:50.69 - 10km Road Rio de Janeiro (BRA) 1. 29:47 - 5000m São Paulo (BRA) NCH 1. 14:03.41 - 5 km Road Rio de Janeiro (BRA) NCH 1. 14:06				

Matthew BEAUDET (CAN)		26y		
GENERAL: In top 8 at World Cross Country Championships WA World Rankings: 342nd OTHER PB'S: 3:38.73 1500m sh(25) - 3:55.48 Mile sh(25) - 7:43.82 3000m sh(24) HONOURS: 2026: 3000m sh Boston, MA (USA) 16. 7:54.54 - 5000m Bruxelles (BEL) 7. 13:32.24 - 1500m Guelph (CAN) 3. 3:40.75 - 1500m Concord, MA (USA) 6. 3:43.90 - 5000m Ottawa (CAN) NCH 2. 14:29.06 - 1500m Montréal (CAN) 12. 3:49.77 - 1500m Kortrijk (BEL) 15. 3:43.40 - 5000m Heusden-Zolder (BEL) 23. 14:13.85				
Evan BURKE (CAN)		24y		
OTHER PB'S: 7:54.56 3000m sh(23) - 13:38.46 5000m sh(23) - 27:57.04 10,000m(26) 2026: 10,000m Palo Alto, CA (USA) 6. 27:57.04 - 5000m Palo Alto, CA (USA) 16. 13:28.84 - 10,000m Lincoln, NE (USA) 5. 29:53.43 - 5000m Lincoln, NE (USA) 5. 14:11.71 - 10,000m Fayetteville, AR (USA) NCAA h 28:58.43 - 10,000m Eugene, OR (USA) NCAA 23. 29:14.90				
Axel Vang CHRISTENSEN (DEN)		22y	SB: 14:03 Copenhagen (DEN) 21.03	PB: 13:42 Monaco (MON) 13.02.2022
GENERAL: 4 times National champion 5000m (24), 5 km Road (24), 10km Road (22, 21) European U20 Championships silver medallist 3000mSC (21) WA World Rankings: 404th OTHER PB'S: 7:52.31 3000m(24) - 13:29.89 5000m(24) - 8:29.12 3000mSC(22) Current Records: 1xAU18B: AU18B 7:59.30 3000m sh Skive(21) HONOURS: Eur. U20 Ch. (1xSilver) NCH (4xWin) 2026: 5 km Road Copenhagen (DEN) 1. 14:03 - 10km Road Århus (DEN) NCH 2. 29:33 - 5000m Bruxelles (BEL) 20. 13:48.03 - 1500m Copenhagen (DEN) 4. 3:44.62 - 1500m Copenhagen (DEN) 3:43.63 - Mile Copenhagen (DEN) 9. 3:59.38 - 3000m Watford (GBR) 7. 7:59.03 - 5000m Heusden-Zolder (BEL) 15. 13:51.72 - 5000m Copenhagen (DEN) 2. 14:15.10 INFO: Hometown: Hillerød. Studies: University of Birmingham.				
Joel Ibler LILLESØ (DEN)		22y	SB: 13:42 Monaco (MON) 15.02	PB: 13:38 Barcelona (ESP) 31.12.2025
GENERAL: European U23 champion 10,000m (25) European U20 champion 5000m (21) WA World Rankings: 143rd OTHER PB'S: 7:48.34 3000m sh(22) - 13:14.98 5000m(25) - 27:55 10km Road(26) HONOURS: Eur. U23 Ch. (1xGold) Eur. U20 Ch. (1xGold) NCH (5xWin) 2026: 1500m sh Karlstad (SWE) 2. 3:44.25 - 5 km Road Monaco (MON) 7. 13:42 - 10km Road Lille (FRA) 21. 27:55 - 10km Road Århus (DEN) NCH 1. 29:28 - 5000m Turku (FIN) 13. 13:56.49 - 5000m Heusden-Zolder (BEL) 8. 13:22.77 - 5000m Copenhagen (DEN) NCH 2. 13:41.51 - 1500m Oordegem (BEL) 7. 3:44.02 - 5000m Birmingham (GBR) ECH 15. 13:32.58 INFO: Athlete of Bagsvaerd. Club: Bagsværd Atletik Club.				
Saymon AMANUEL (ERI)		19y		
GENERAL: In top 8 at African Championships WA World Rankings: 44th OTHER PB'S: 12:59.37 5000m(26) - 28:41.92 10,000m(26) - 27:10 10km Road(25) HONOURS: 2026: 10km Road Bengaluru (IND) 4. 27:44 - 10,000m Accra (GHA) AfC 6. 28:41.92 - 5000m Accra (GHA) AfC 9. 13:27.39 - 5000m Hengelo (NED) WC 2. 13:13.48 - 5000m Paris (FRA) DL 10. 12:59.37				
Dawit SEARE (ERI)		21y	PB: 13:21 Riga (LAT) 01.10.2023	
GENERAL: African champion 5000m (26) In top 8 at All-African Games OTHER PB'S: 7:37.52 3000m(24) - 13:07.77 5000m(24) - 27:21 10km Road(25) HONOURS: Afr. Ch. (1xGold): 1. 5000m Accra(26) 13:16.92 - 8. 10,000m Accra(26) 28:57.83 2026: 10,000m Accra (GHA) AfC 8. 28:57.83 - 5000m Accra (GHA) AfC 1. 13:16.92 - 10km Road Boston, MA (USA) 3. 28:06 - 10km Road Atlanta, GA (USA) 7. 28:21				
Mezgebu SIME (ETH)		20y	SB: 13:21 Boston, MA (USA) 18.04	PB: 13:01 Al Khobar (KSA) 14.12.2024
GENERAL: In top 8 at African Championships WA World Rankings: 18th OTHER PB'S: 7:35.56 3000m(26) - 12:49.80 5000m(25) - 27:04.17 10,000m(25) HONOURS: 2026: 15 km Road Jacksonville, FL (USA) 2. 43:35 - 5 km Road Boston, MA (USA) 2. 13:21 - 5000m Xiamen (CHN) DL 12. 13:13.17 - 5000m Oslo (NOR) DL 7. 12:50.17 - 3000m Eugene, OR (USA) 7:42.86 - 2 Miles Eugene, OR (USA) DL 13. 8:14.12 - 5000m Lausanne (SUI) DL 6. 12:59.48 - 3000m Zürich (SUI) DL 10. 7:35.56				
Addisu YIHUNE (ETH)		23y	SB and PB: 12:54 Lille (FRA) 04.04	
GENERAL: World U20 champion 5000m (22) In top 8 at World Indoor Championships WA World Rankings: 6th OTHER PB'S: 7:33.58 3000m sh(26) - 12:47.62 5000m(26) - 27:28 10km Road(24) HONOURS: World Ind. Ch. (1xFinal): 8. 3000m sh Toruń(26) 7:38.60 World U20 Ch. (1xGold): 1. 5000m Cali(22) 14:03.05 - 4. 5000m Nairobi(21) 13:32.76 2026: 3000m sh Liévin (FRA) 1. 7:33.58 - 3000m sh Toruń (POL) WICH 8. 7:38.60 - 5 km Road Lille (FRA) 2. 12:54 - 5 km Road Boston, MA (USA) 1. 13:14 - 5000m Xiamen (CHN) DL 1. 12:57.32 - 5000m Oslo (NOR) DL 1. 12:47.62 - 5000m Paris (FRA) DL 12. 13:03.22 INFO: Born in Dega Damot. His idol is Kenenisa Bekele.				
Jimmy GRESSIER (FRA)		29y	SB and PB: 12:51 Lille (FRA) 04.04	
GENERAL: World champion 10,000m (25) Diamond League Final winner 3000m (25) WA World Rankings: 14th OTHER PB'S: 7:28.67 3000m(26) - 7:30.18 3000m sh(25) - 12:54.92 5000m sh(25) Current Records: 2xAR: AR 12:54.92 5000m sh Boston, MA(25) - AR 12:51 5 km Road Lille(26) HONOURS: World Ch. (1xGold, 1xBronze): 1. 10,000m Tokyo(25) 28:55.77 - 3. 5000m Tokyo(25) 12:59.33 DF (1xWin): 1. 3000m Zürich(25) 7:36.78 Eur. Ch. (1xBronze): 3. 10,000m Birmingham(26) 28:07.90 - 4. 5000m Birmingham(26) 13:16.36 - 4. 10,000m München(22) 27:49.84 - 5. 10,000m Roma(24) 28:01.42 Eur. XC Ch. (1xSilver, 1xBronze) 2026: 5 km Road Lille (FRA) 1. 12:51 - 10km Road Troyes (FRA) NCH 1. 27:47 - 1500m Stockholm (SWE) DL 12. 3:34.63 - 3000m Montreuil (FRA) 1. 7:28.67 - 5000m Paris (FRA) DL 7. 12:57.79 - 5000m Birmingham (GBR) ECH 4. 13:16.36 - 10,000m Birmingham (GBR) ECH 3. 28:07.90 INFO: Born in Boulogne-sur-Mer, the city where famous French football player Franck Ribery grew up. He is known for race finish celebrations. He moved from football to athletics. Has worked as an intern for a bank. Degree in Negotiation and Customer Relations. Also a physiotherapist. Height: 1.75 / 5'9".				
Flavien SZOT (FRA)		25y	SB and PB: 13:18 Lille (FRA) 04.04	
GENERAL: Mediterranean Games winner 1500m (26) OTHER PB'S: 3:30.74 1500m(25) - 3:36.37 1500m sh(25) - 3:52.67 Mile sh(25) HONOURS: Medit. G. (1xWin) 2026: Mile sh New York, NY (USA) 1. 3:54.00 - 1500m Rabat (MAR) DL 10. 3:32.24 - 1500m Stockholm (SWE) DL 10. 3:34.27 - 800m Montreuil (FRA) 5. 1:45.71 - 1500m Hengelo (NED) WC 7. 3:34.58 - 1500m Paris (FRA) DL 9. 3:31.81 - 1500m Lignano Sabbiadoro (ITA) 2. 3:34.75 - 1500m Albi (FRA) NCH 4. 3:41.35 - 5000m Espoo (FIN) 2. 13:41.33 - 1500m Szczecin (POL) 1. 3:32.68 - 1500m Taranto (ITA) MedG 1. 3:43.03 - 3000m Rovereto (ITA) 5. 7:38.54 INFO: Based in Toulouse. Business studies.				
David MULLARKEY (GBR)		26y	PB: 14:19 Armagh (GBR) 13.02.2020	
GENERAL: 2 times World University Games silver medallist 5000m (25), 10,000m (25) Commonwealth Games bronze medallist 10,000m (26) WA World Rankings: 47th OTHER PB'S: 7:38.58 3000m(26) - 13:18.40 5000m sh(26) - 27:26.58 10,000m(26) HONOURS: CWG (1xBronze) WUG (2xSilver) NCH (1xWin) 2026: 5000m sh Winston Salem, NC (USA) 4. 13:18.40 - 15 km Road Jacksonville, FL (USA) 4. 43:53 - 10,000m San Juan Capistrano, CA (USA) 9. 27:26.58 - 5000m Los Angeles, CA (USA) 6. 13:09.40 - 3000m Los Angeles, CA (USA) 4. 7:38.58 - 5000m Birmingham (GBR) NCH 1. 13:27.00 - 1500m Fribourg (SUI) 1. 3:39.14 - 10,000m Glasgow (GBR) CWG 3. 27:50.28 - 5000m Glasgow (GBR) CWG 11. 13:32.36 - 10,000m Birmingham (GBR) ECH 12. 28:25.58 INFO: Hometown: Leeds. Studies: Northern Arizona University. Club: Leeds City, Northern Arizona University, Flagstaff, AZ.				
Brian FAY (IRL)		27y	SB and PB: 13:41 Düsseldorf (GER) 06.09	
GENERAL: In top 8 at European Championships 3 times National champion 5000m (24, 23), 3000mSC (21) WA World Rankings: 61st OTHER PB'S: 7:34.48 3000m(24) - 7:40.09 3000m sh(24) - 13:01.40 5000m(23) HONOURS: NCH (3xWin) 2026: 3000m sh Boston, MA (USA) 10. 7:42.58 - 5000m sh Boston, MA (USA) 6. 13:21.68 - 3000m Melbourne (AUS) 3. 7:42.85 - 1500m Hiroshima (JPN) 3. 3:40.32 - 5000m Nobeoka (JPN) 1. 13:13.30 - 3000m Tokyo (JPN) WC 7. 7:45.26 - 5000m Turku (FIN) 7. 13:23.11 - 5000m Dublin (IRL) 7. 13:18.32 - 5000m Dublin (IRL) NCH 3. 13:45.29 - 5000m Birmingham (GBR) ECH 14. 13:31.15 - 1500m Trier (GER) 7. 3:40.08 - 3000m Rovereto (ITA) 19. 7:57.48 INFO: Hometown: Dublin. Studies: University of Washington. Height: 1.71 / 5'7". Club: Dublin Track Club.				

Darragh MCELHINNEY (IRL)	25y	PB: 13:33 Nijmegen (NED) 05.04.2025
GENERAL: 3 times National champion 5000m (26, 22, 20) European U20 Championships bronze medallist 5000m (19) WA World Rankings: 51st OTHER PB'S: 7:35.16 3000m(25) - 7:36.83 3000m sh(26) - 13:02.06 5000m(25) HONOURS: Eur. U20 Ch. (1xBronze) NCH (3xWin) NICH (2xWin) 2026: 3000m sh Boston, MA (USA) 1. 7:38.96 - 3000m sh Winston Salem, NC (USA) 5. 7:36.83 - 3000m sh Dublin (IRL) NICH 2. 8:15.08 - 10km Road Lille (FRA) 45. 28:36 - 1500m Bergen (NOR) 1. 3:38.10 - 1500m Marseille (FRA) 5. 3:40.64 - 5000m Dublin (IRL) 2. 13:15.90 - 5000m Dublin (IRL) NCH 1. 13:31.71 - 5000m Birmingham (GBR) ECH 18. 13:37.62 - 3000m Rovereto (ITA) 16. 7:49.97 INFO: Hometown: Glengarriff. Studies: University College Dublin. Former Cork City Sports Athletics Person of the Year.		
Francesco GUERRA (ITA)	25y	PB: 13:42 Lille (FRA) 16.03.2025
GENERAL: European U23 Championships silver medallist 10,000m (23) 3 times National champion 10,000m (26, 25), 10km Road (25) WA World Rankings: 91st OTHER PB'S: 7:47.02 3000m sh(26) - 13:21.59 5000m(26) - 27:39 10km Road(25) HONOURS: Eur. U23 Ch. (1xSilver) NCH (3xWin) 2026: 3000m sh Padova (ITA) 1. 7:52.72 - 3000m sh Ancona (ITA) NICH 3. 7:47.02 - 10,000m Sulmona (ITA) NCH 1. 29:36.26 - 10,000m La Spezia (ITA) E10KC 23. 29:25.86 - 10km Road Arezzo (ITA) 4. 28:44 - 5000m Heusden-Zolder (BEL) 2. 13:24.65 - 5000m Firenze (ITA) NCH 4. 13:42.51 - 5000m Oordegem (BEL) 21. 13:21.59 - 5000m Birmingham (GBR) ECH 16. 13:33.30 INFO: Born in Rome. Earlier was involved in swimming. Aerospace Engineering studies. Interested in astronomy.		
Konjoneh MAGGI (ITA)	22y	SB and PB: 13:58 Lille (FRA) 04.04
WA World Rankings: 144th OTHER PB'S: 13:24.05 5000m(26) - 28:32.83 10,000m(26) - 28:12 10km Road(26) 2026: 10km Road Valencia (ESP) 47. 28:12 - 10,000m Scandiano (ITA) 4. 28:32.83 - 10,000m Sulmona (ITA) NCH 2. 29:42.33 - 10,000m La Spezia (ITA) E10KC 15. 28:46.57 - 5000m Foligno (ITA) 1. 13:44.04 - 5000m Wien (AUT) NCH 1. 13:30.53 - 1500m Zogno (ITA) 1. 3:44.39 - 3000m Brescia (ITA) 1. 8:01.02 - 5000m Heusden-Zolder (BEL) 1. 13:24.05 - 5000m Firenze (ITA) NCH 3. 13:41.54 - 5000m Birmingham (GBR) ECH 19. 13:39.79 - 5000m Taranto (ITA) MedG 9. 14:47.80 INFO: Born in Angacha, Ethiopia. Was adopted at the age of 4. Earlier played basketball. Economics and Finance studies. Nickname: Konjo; likes hip hop music. Club: Atl. Casone Noceto.		
Yota MASHIKO (JPN)	19y	
GENERAL: Asian U20 champion 3000m (24) WA World Rankings: 112th OTHER PB'S: 3:45.72 1500m(26) - 7:53.84 3000m(26) - 13:20.35 5000m(26) HONOURS: Asi. U20 Ch. (1xGold) 2026: 1500m Tokorozawa (JPN) 4. 3:45.72 - 3000m Melbourne (AUS) 10. 7:53.84 - 5000m Kumamoto (JPN) 7. 13:22.87 - 5000m Nobeoka (JPN) 9. 13:20.35 - 3000m Hong Kong (HKG) 3. 8:00.86 - 5000m Nagoya (JPN) NCH h 13:28.02 - 5000m Nagoya (JPN) NCH 7. 13:27.08 INFO: Studies Sport Sciences at Waseda University .		
Rui SUZUKI (JPN)	20y	PB: 13:58 Tokorozawa (JPN) 28.09.2025
WA World Rankings: 109th OTHER PB'S: 3:45.76 1500m(26) - 7:55.08 3000m(25) - 13:20.64 5000m(26) Current Records: 1xAU18B: AU18B 14:17 5 km Road Fukuoka(22) 2026: 1500m Tokorozawa (JPN) 5. 3:45.76 - 3000m Melbourne (AUS) 12. 7:56.92 - 5000m Kumamoto (JPN) 6. 13:20.64 - 5000m Utsunomiya (JPN) 2. 13:33.73 - 5000m Nagoya (JPN) NCH h 13:27.80 - 5000m Nagoya (JPN) NCH 4. 13:24.60 - 5000m Ordos (CHN) 1. 14:01.24 INFO: Studies at Waseda University.		
Charles KIBOINO (KEN)	19y	
GENERAL: National champion 10,000m (26) OTHER PB'S: 13:15.76 5000m(26) - 27:22.80 10,000m(26) HONOURS: NCH (1xWin) 2026: 10,000m Nairobi (KEN) 3. 28:37.81 - 10,000m Ostrava (CZE) NCH 3. 27:22.80 - 10,000m Nairobi (KEN) NCH 1. 28:21.52 - 5000m Lausanne (SUI) DL 15. 13:15.76		
Mathew Kipchumba KIPSANG (KEN)	30y	PB: 13:08 Al Khobar (KSA) 13.12.2025
GENERAL: Commonwealth Games winner 5000m (26) National champion 5000m (26) WA World Rankings: 17th OTHER PB'S: 7:27.58 3000m(26) - 7:38.00 3000m sh(25) - 12:58.61 5000m(25) HONOURS: CWG (1xGold) NCH (1xWin) 2026: 1500m Nairobi (KEN) 4. 3:36.27 - 3000m Shaoxing/Keqiao (CHN) DL 6. 7:27.58 - 5000m Xiamen (CHN) DL 11. 13:12.82 - 5000m Nairobi (KEN) 2. 13:46.20 - 5000m Nairobi (KEN) NCH h 13:50.83 - 5000m Nairobi (KEN) NCH 1. 13:45.37 - 5000m Paris (FRA) DL 9. 12:58.95 - 3000m Budapest (HUN) 1. 7:31.90 - 5000m Glasgow (GBR) CWG 1. 13:23.61 - 5000m Lausanne (SUI) DL 17. 13:40.32 INFO: Member of the Kenya Defence Forces.		
Artūrs Nīklāvs MEDVEDS (LAT)	26y	SB: 13:40 Nijmegen (NED) 18.04 PB: 13:40 Carlsbad, CA (USA) 06.04.2025
GENERAL: 4 times National champion 3000mSC (21, 17), Mile Road (26), 10km Road (26) OTHER PB'S: 7:49.48 3000m(25) - 13:43.60 5000m sh(24) - 28:19.49 10,000m(24) Current Records: 1xNBP: NBP 3:59.00 Mile Road Düsseldorf(26) 1x=NR: =NR= 13:40 5 km Road Nijmegen(26) HONOURS: NCH (4xWin) 2026: 5 km Road Nijmegen (NED) NCH 8. 13:40 - Mile Road Riga (LAT) NCH 1. 4:09.4h - 10km Road Riga (LAT) 1. 30:01 - 10km Road Manchester (GBR) 57. 32:22 - 3000m Joensuu (FIN) 6. 7:54.04 - 10km Road Piltene (LAT) NCH 1. 30:58 - Mile Road Düsseldorf (GER) 13. 3:59.00 INFO: Hometown: Aizpute. Studies: California Baptist University. Major in Sports Management. Likes fishing. Club: ASD Enterprise Sport & Service, Riga.		
Simas BERTAŠIUS (LTU)	32y	
GENERAL: 22 times National champion 800m (25, 24, 23, 22), 1500m (26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16), 5000m (26, 20, 19, 18, 17, 16, 15) 22 times National Indoor champion 1500m sh (26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16), 3000m sh (26, 25, 24, 23, 22, 21, 20, 19, 18, 17, 16) WA World Rankings: 104th OTHER PB'S: 3:38.32 1500m sh(22) - 7:42.07 3000m(25) - 13:27.00 5000m sh(26) HONOURS: Eur. Team Ch.- 2L/3D (2xWin) NCH (22xWin) NICH (22xWin) 2026: 5000m sh Boston, MA (USA) 1. 13:27.00 - 3000m sh Louvain-La-Neuve (BEL) 1. 7:52.73 - 5000m Bruxelles (BEL) 14. 13:34.06 - 1500m Bruxelles (BEL) 14. 3:47.18 - 1500m Palanga (LTU) 1. 3:44.27 - 5000m Wien (AUT) NCH 4. 13:25.92 - 3000m Cork (IRL) 2. 7:47.06 - 5000m Heusden-Zolder (BEL) 3. 13:28.41 - 1500m Palanga (LTU) NCH 1. 3:46.08 - 5000m Palanga (LTU) NCH 1. 13:47.42 - 5000m Birmingham (GBR) ECH 17. 13:36.22 - 5000m Espoo (FIN) 4. 13:48.18 INFO: Born in Raseiniai. Club: COSMA, Raseiniai.		
Osama ER REDOUANI (MAR)	18y	
GENERAL: World U20 Championships bronze medallist 1500m (26) In top 8 at World U20 Championships WA World Rankings: 1363rd OTHER PB'S: 3:39.68 1500m(26) - 8:04.51 3000m(24) - 13:54.66 5000m(25) HONOURS: World U20 Ch. (1xBronze): 3. 1500m Eugene, OR(26) 3:39.68 - 7. 3000m Lima(24) 8:23.24 2026: 5000m Ait Kamra (MAR) 1. 14:33.39 - 1500m Rabat (MAR) 5. 3:43.40 - 5000m Ismailia (EGY) 4. 14:21.60 - 5000m Sale (MAR) 1. 14:33.78 - 1500m Eugene, OR (USA) WU20CH h 3:42.23 - 1500m Eugene, OR (USA) WU20CH 3. 3:39.68		
Israel TINAJERO ÁLVAREZ (MEX)	23y	PB: 14:57 Mazatlán (MEX) 04.11.2023
GENERAL: In top 8 at NACAC Championships OTHER PB'S: 1:47.38 800m(24) - 1:50.56 800m sh(24) - 3:42.20 1500m(24) HONOURS: 2026: 1500m Monterrey (MEX) 4. 3:50.66 - 800m Monterrey (MEX) 2. 1:50.91 - 1500m Palo Alto, CA (USA) 9. 3:47.83 - 800m Palo Alto, CA (USA) 5. 1:49.70 - 800m Azusa, CA (USA) 4. 1:52.63 - 1500m Azusa, CA (USA) 8. 3:44.30 - 800m Azusa, CA (USA) 3. 1:48.77 - 1500m Azusa, CA (USA) 5. 3:43.69 - 800m Los Angeles, CA (USA) 4. 1:49.52 - 1500m Ciudad Victoria Tamaulipas (MEX) NCH 7. 3:45.06 - 800m Ciudad Victoria Tamaulipas (MEX) NCH 9. 1:52.73 - 800m Los Angeles, CA (USA) 2. 1:48.27		

Mike FOPPEN (NED)	29y	SB and PB: 13:17 Nijmegen (NED) 18.04
GENERAL: 6 times National champion 1500m (16), 5000m (23, 21, 20, 19), 10,000m (20) In top 8 at European Championships WA World Rankings: 36th OTHER PB'S: 7:34.47 3000m(24) - 7:38.20 3000m sh(25) - 13:08.60 5000m sh(24) Current Records: 3xNBP: NBP 5:04.10 2000m sh Liévin(22) - NBP 8:14.81 2 Miles Eugene, OR(26) - NBP 42:42 15 km Road Nijmegen(25) HONOURS: Eur. Team Ch.- 1L/2D (1xWin) NCH (6xWin) NICH (3xWin) 2026: 10km Road Valencia (ESP) 13. 27:39 - 5 km Road Sevilla (ESP) 3. 13:29 - 10,000m San Juan Capistrano, CA (USA) 3. 27:20.52 - 5 km Road Nijmegen (NED) NCH 1. 13:17 - 1500m Rehlingen (GER) 7. 3:36.27 - 5000m Hengelo (NED) WC 5. 13:19.47 - 3000m Eugene, OR (USA) 7:43.64 - 2 Miles Eugene, OR (USA) DL 15. 8:14.81 - 1500m Hengelo (NED) NCH 3. 3:43.07 - 5000m Birmingham (GBR) ECH 11. 13:23.67 - 1500m Trier (GER) 4. 3:33.37 - 3000m Rovereto (ITA) 6. 7:38.89 INFO: Born in Nijmegen. Studies: Radboud University. His sister, Kim has been a gymnast. Also a coach. Height: 1.86 / 6'1". Club: Team Zevenheuvelen.		
Tim VERBAANDERT (NED)	26y	SB and PB: 13:25 Monaco (MON) 15.02
GENERAL: 4 times National Indoor champion 1500m sh (22), 3000m sh (25, 23, 22) 2 times National champion 5000m (26, 25) WA World Rankings: 55th OTHER PB'S: 3:32.60 1500m(25) - 7:30.42 3000m(26) - 27:17 10km Road(26) HONOURS: NCH (2xWin) NICH (4xWin) 2026: 1500m sh Metz (FRA) 7. 3:40.29 - 10km Road Castellón (ESP) 7. 27:39 - 10km Road Lille (FRA) 5. 27:17 - 3000m Shaoxing/Keqiao (CHN) DL 15. 7:30.42 - 5000m Xiamen (CHN) DL 16. 13:54.63 - 5000m Oslo (NOR) DL 15. 13:13.34 - 5000m Hengelo (NED) WC 15. 14:04.74 - 1500m Zagreb (CRO) WC 6. 3:33.07 - 5000m Hengelo (NED) NCH 1. 14:11.01 - 1500m Oordegem (BEL) 3. 3:34.25 - 5000m Birmingham (GBR) ECH 10. 13:23.23 - 1500m Trier (GER) 12. 3:35.58 INFO: Athlete of Eindhoven.		
Juan ZIJDERLAAN (NED)	20y	SB and PB: 13:28 Monaco (MON) 15.02
GENERAL: National champion 1500m (26) WA World Rankings: 64th OTHER PB'S: 3:36.22 1500m(26) - 7:43.02 3000m(26) - 13:08.36 5000m(26) HONOURS: NCH (1xWin) 2026: 5 km Road Monaco (MON) 2. 13:28 - 10km Road Castellón (ESP) 12. 27:54 - 10km Road Lille (FRA) 20. 27:55 - 5000m Bruxelles (BEL) 6. 13:32.21 - 1500m Pfungstadt (GER) 1. 3:39.03 - 5000m Wien (AUT) NCH 3. 13:20.58 - 1500m Liège (BEL) 8. 3:36.53 - 1500m Hengelo (NED) NCH 1. 3:42.74 - 5000m Oordegem (BEL) 10. 13:08.36 - 3000m Göteborg (SWE) 3. 7:43.02 - 1500m Trier (GER) 2. 3:36.22 - 3000m Rovereto (ITA) 8. 7:43.86 INFO: Club: ATV Scorpio of Oosterhout.		
Jakob INGEBRIGTSEN (NOR)	26y	
GENERAL: 2 times Olympic champion 1500m (21), 5000m (24) 2 times World champion 5000m (23, 22) WA World Rankings: 13th OTHER PB'S: 3:45.14 Mile sh(25) - 4:43.13 2000m(23) - 7:17.55 3000m(24) Current Records: 2xAR: AR 3:26.73 1500m Monaco(24) - AR 3:43.73 Mile Eugene, OR(23) 4xWR: WR 3:29.63 1500m sh Liévin(25) - WR 3:45.14 Mile sh Liévin(25) - WR 4:43.13 2000m Bruxelles(23) - WR 7:17.55 3000m Chorzów(24) 3xAU18B: AU18B 3:56.29 Mile Oslo(17) - AU18B 13:35.84 5000m Sandnes(17) - AU18B 8:26.81 3000mSC Kortrijk(17) 1xWBP: WBP 7:54.10 2 Miles Paris(23) 1xAU20R: AU20R 13:02.03 5000m London(19) 1xAU20B: AU20B 27:54 10km Road Hole(19) HONOURS: OG (2xGold): 1. 5000m Paris(24) 13:13.66 - 1. 1500m Tokyo(21) 3:28.32 - 4. 1500m Paris(24) 3:28.24 World Ch. (2xGold, 2xSilver): 1. 5000m Budapest(23) 13:11.30 - 1. 5000m Eugene, OR(22) 13:09.24 - 2. 1500m Budapest(23) 3:29.65 - 2. 1500m Eugene, OR(22) 3:29.47 - 4. 1500m Doha(19) 3:31.70 - 5. 5000m Doha(19) 13:02.93 World Ultimate Ch. (1xWin) DF (4xWin): 1. 1500m Bruxelles(24) 3:30.37 - 1. 3000m Eugene, OR(23) 7:23.63 - 1. Mile Eugene, OR(23) 3:43.73 - 1. 1500m Zürich(22) 3:29.02 World Ind. Ch. (2xGold, 1xSilver): 1. 1500m sh Nanjing(25) 3:38.79 - 1. 3000m sh Nanjing(25) 7:46.09 - 2. 1500m sh Beograd(22) 3:33.02 2026: 5000m Birmingham (GBR) ECH 1. 13:15.29 - 1500m Chorzów (POL) WC 4. 3:31.19 - 1500m Zürich (SUI) DL 5. 3:32.16 - 1500m Bruxelles (BEL) DF 4. 3:30.52 - 5000m Budapest (HUN) WAUC 1. 12:59.24 INFO: Born in Sandnes. 1st man to achieve the 1500-5000m title sweep (ECH 2018) Younger brother of successful runners, Henrik and Filip Ingebrigtsen; . They Starred in the Norwegian reality TV shows Team Ingebrigtsen and Born to Run;. Youngest participant ever to run in the Bislett Games in Oslo (2015); youngest runner to run a mile under 4 mins at the DL in Eugene at the age of 16; Former Laureus Award winner and Former Norwegian Athlete of the Year. Plays Fortnite; likes cars and motorsports. His key inspirations are his brothers; in 2024 he became a father. Height: 1.87 / 6'2";. Launching a 3-day street running festival called RUNFEST in his hometown of Sandnes in October 2026; . Has two golden retrievers named Maximus and Jupiter.		
Magnus Tuv MYHRE (NOR)	26y	PB: 13:13 Barcelona (ESP) 31.12.2025
GENERAL: European Cross Country Championships silver medallist XC Senior Race (23) 3 times In top 8 at European Championships WA World Rankings: 63rd OTHER PB'S: 7:43.28 3000m(26) - 13:06.98 5000m(25) - 27:22 10km Road(26) HONOURS: Eur. XC Ch. (1xSilver) Eur. Team Ch.- 1L/2D (1xWin) NCH (4xWin) 2026: 10km Road Valencia (ESP) 6. 27:22 - 3000m Luzern (SUI) 4. 7:49.63 - 5000m Trondheim (NOR) NCH 1. 13:32.08 - 5000m Birmingham (GBR) ECH 5. 13:16.59 - 10,000m Birmingham (GBR) ECH 6. 28:21.25 - 3000m Trier (GER) 4. 7:43.28 INFO: Athlete of Brandbu.		
Narve Gilje NORDÅS (NOR)	27y	SB and PB: 13:10 Lille (FRA) 04.04
GENERAL: World Championships bronze medallist 1500m (23) In top 8 at Olympic Games WA World Rankings: 65th OTHER PB'S: 3:29.47 1500m(23) - 3:47.68 Mile(25) - 13:04.85 5000m sh(25) HONOURS: OG (1xFinal): 7. 1500m Paris(24) 3:30.46 World Ch. (1xBronze): 3. 1500m Budapest(23) 3:29.68 World Ind. Ch. (1xFinal): 5. 1500m sh Glasgow(24) 3:37.03 NCH (5xWin) 2026: 1500m Savona (ITA) 4. 3:34.37 - 1500m Rehlingen (GER) 1. 3:32.52 - 1500m Rabat (MAR) DL 12. 3:33.45 - 1500m Stockholm (SWE) DL 5. 3:31.74 - Mile Oslo (NOR) DL 13. 3:53.87 - 1500m Paris (FRA) DL 10. 3:32.05 - 1500m Budapest (HUN) 9. 3:32.78 - 5000m Heusden-Zolder (BEL) 4. 13:13.84 - 1500m Trondheim (NOR) NCH 1. 3:36.37 - 1500m Birmingham (GBR) ECH h 3:36.17 - 1500m Birmingham (GBR) ECH 7. 3:37.31 - 1500m Berlin (GER) WC 5. 3:33.32 INFO: Born in Voll. Earlier worked on a farm. Height: 1.86 / 6'1". Club: Sandnes IL.		
Theo QUAX (NZL)	26y	SB and PB: 13:40 Düsseldorf (GER) 06.09
OTHER PB'S: 7:39.85 3000m(24) - 7:42.52 3000m sh(25) - 13:16.83 5000m sh(24) 2026: 3000m sh Boston, MA (USA) 7. 7:46.79 - 3000m sh Winston Salem, NC (USA) 8. 7:53.13 - 1500m Los Angeles, CA (USA) 6. 3:39.92 - 5000m Los Angeles, CA (USA) 9. 13:51.94 - 1500m Pfungstadt (GER) 6. 3:41.00 - 3000m Brescia (ITA) 12. 8:00.16 - 5 km Road Düsseldorf (GER) 8. 13:40		
Víctor ORTIZ RIVERA (PUR)	28y	PB: 13:33 Barcelona (ESP) 31.12.2024
GENERAL: NACAC U23 Championships silver medallist 1500m (19) Ibero-American Championships silver medallist 1500m (24) WA World Rankings: 246th OTHER PB'S: 7:51.43 3000m sh(24) - 5:21.98 2000mSC(25) - 8:22.31 3000mSC(25) Current Records: 1xNBP: NBP 5:21.98 2000mSC Montréal(25) HONOURS: IberoAM Ch. (1xSilver) NACAC U23 Ch. (1xSilver, 1xBronze) NCH (1xWin) 2026: 10km Road Castellón (ESP) 19. 28:13 - 10km Road Laredo (ESP) 14. 28:32 - 1500m Valencia (ESP) 1. 3:53.82 - 3000m Tokyo (JPN) WC 10. 7:53.67 - 5000m Bruxelles (BEL) 10. 13:33.20 - 3000mSC Moskva (RUS) 8. 8:53.57 - 1500m Castellón (ESP) 6. 3:39.91 - 3000mSC Barcelona (ESP) 3. 8:30.52 - 5000m Braga (POR) 10. 14:07.00 - 5000m Santo Domingo (DOM) CACG 2. 14:02.74 - 3000mSC Santo Domingo (DOM) CACG 3. 8:39.72		
Maxime CHAUMETON (RSA)	26y	SB and PB: 13:06 Lille (FRA) 04.04
GENERAL: 2 times National champion 5000m (25, 23) OTHER PB'S: 7:44.08 3000m(26) - 13:19.66 5000m(25) - 26:55 10km Road(25) HONOURS: NCH (2xWin) 2026: 800m Johannesburg (RSA) 2. 1:52.76 - 5 km Road Sevilla (ESP) 1. 13:12 - 5 km Road Lille (FRA) 5. 13:06 - 10km Road Cape Town (RSA) 1. 27:42 - 3000m Marseille (FRA) 3. 7:47.37 - 3000m Montreuil (FRA) 2. 7:44.08 INFO: Studies: University of Johannesburg.		
Thapelo RAMAKHOASE (RSA)	23y	SB and PB: 13:42 Gqeberha (RSA) 27.06
WA World Rankings: 439th OTHER PB'S: 3:42.87 1500m(24) - 13:44.68 5000m(26) - 28:34 10km Road(26) 2026: 1500m Johannesburg (RSA) 1. 3:57.54 - 5000m Pretoria (RSA) 3. 14:19.67 - 3000m Pretoria (RSA) 4. 8:27.76 - 5000m Pretoria (RSA) 3. 14:16.79 - 1500m Pretoria (RSA) 4. 3:50.10 - 5000m Stellenbosch (RSA) NCH 4. 13:44.68 - 3000m Pretoria (RSA) 7. 8:02.66 - 10km Road Cape Town (RSA) 2. 28:34 - 5 km Road Gqeberha (RSA) NCH 1. 13:42 - 10km Road Durban (RSA) 17. 28:38 - 10km Road Tshwane (RSA) 14. 30:19		
Shaun GOH (SGP)	29y	PB: 14:49 Gold Coast (AUS) 05.07.2025
GENERAL: 2 times National champion 5000m (25, 24) WA World Rankings: 2022nd HONOURS: NCH (2xWin) 2026: 1500m Sydney (AUS) h 3:57.66 - 1500m Melbourne (AUS) 8. 3:57.50 - 5000m Karlsruhe (GER) 4. 14:45.29 - 3000m Regensburg (GER) 14. 8:41.70 - Mile Utrecht (NED) 3. 4:18.6h - 10km Road Gold Coast (AUS) 10. 30:41 INFO: Studies: National University of Singapore.		

Ethan YAN (SGP)		25y	
2026: Mile San Anselmo (USA) 8. 4:22.53 - 3000m Portland, OR (USA) 11. 8:46.39 INFO: Studies: Tufts University.			
Vid BOTOLIN (SLO)		24y	SB: 14:12 Monaco (MON) 15.02 PB: 13:52 Barcelona (ESP) 31.12.2024
GENERAL: 7 times National champion 1500m (21), 3000m (25, 24, 22, 21), 5000m (26, 25) 7 times National Indoor champion 1500m sh (23, 22, 21), 3000m sh (23, 22, 21, 19) WA World Rankings: 186th OTHER PB'S: 7:51.53 3000m(26) - 7:57.98 3000m sh(22) - 13:27.96 5000m(26) HONOURS: Balkan Ind. Ch. (1xWin) NCH (7xWin) NICH (7xWin) 2026: 1500m Busto Arsizio (ITA) 7. 3:44.01 - 1500m Birmingham (GBR) 3. 3:47.52 - 3000m Pliezhausen (GER) 3. 8:01.52 - 5000m Stockholm (SWE) 2. 13:39.99 - 5000m Birmingham (GBR) 2. 13:39.96 - 5000m Maribor (SLO) NCH 1. 14:08.95 - 3000m Leuven (BEL) 4. 7:53.97 - 5000m Heusden-Zolder (BEL) 6. 13:35.96 - 5000m Oordegem (BEL) 9. 13:27.96 - 3000m Göteborg (SWE) 13. 7:51.53 - 1500m Stirling (GBR) 3:44.56 - Mile Stirling (GBR) 2. 4:00.06 INFO:			
Dominic Lokinyomo LOBALU (SUI)		28y	PB: 13:00 Zürich (SUI) 07.09.2022
GENERAL: European champion 10,000m (24) European Championships silver medallist 10,000m (26) WA World Rankings: 16th OTHER PB'S: 7:27.68 3000m(24) - 12:50.87 5000m(25) - 26:54 10km Road(25) HONOURS: OG (1xFinal): 4. 5000m Paris(24) 13:15.27 Eur. Ch. (1xGold, 1xSilver, 1xBronze): 1. 10,000m Roma(24) 28:00.32 - 2. 10,000m Birmingham(26) 27:42.67 - 3. 5000m Roma(24) 13:21.61 - 7. 5000m Birmingham(26) 13:18.24 Eur. XC Ch. (1xBronze) Eur. Team Ch. (1xSilver) NCH (2xWin) NICH (3xWin) 2026: Half Marathon Barcelona (ESP) 2. 59:26 - 10km Road Bilbao (ESP) 1. 27:36 - Half Marathon Berlin (GER) d 4. 59:23 - 1500m Karlsruhe (GER) 9. 3:36.63 - 5000m Oslo (NOR) DL 13. 13:08.78 - 5000m Wien (AUT) NCH 1. 13:12.80 - 5000m Monaco (MON) DL 1. 12:52.54 - 5000m Birmingham (GBR) ECH 7. 13:18.24 - 10,000m Birmingham (GBR) ECH 2. 27:42.67 - 5000m Lausanne (SUI) DL 8. 13:00.73 - 3000m Zürich (SUI) DL 14. 7:49.51 - 5000m Bruxelles (BEL) DF 8. 12:56.07 INFO: Born in Chukudum. Earlier played football. Left South Sudan and took refuge in Kenya at the age of 8. Club: LC Brühl Leichtathletik, SDD.			
Jonas RAESS (SUI)		32y	PB: 13:31 Barcelona (ESP) 31.12.2022
GENERAL: 8 times National champion 5000m (25, 24, 23, 21, 20, 19, 18, 17) World University Games winner 5000m (19) WA World Rankings: 93rd OTHER PB'S: 7:35.12 3000m(23) - 7:35.24 3000m sh(23) - 13:07.95 5000m sh(22) HONOURS: WUG (1xGold) NCH (8xWin) 2026: 5000m Hengelo (NED) WC 9. 13:39.45 - 5000m Dublin (IRL) 4. 13:17.32 - 3000m Budapest (HUN) 9. 7:57.62 - 5000m Zürich (SUI) NCH 3. 14:04.85 - 10,000m Birmingham (GBR) ECH 8. 28:22.41 - 3000m Rovereto (ITA) 9. 7:44.20 INFO: Based in Zurich. Business studies. Motto: "Be someone that can be looked up to, not someone that looks down on others". Height: 1.85 / 6'1".			
Filip JANČÍK (SVK)		20y	
GENERAL: National champion 1500m (25) National Indoor champion 3000m sh (26) WA World Rankings: 849th OTHER PB'S: 28:56 10km Road(26) HONOURS: NCH (1xWin) NICH (1xWin) 2026: 10km Road Valencia (ESP) 94. 28:56 - 3000m sh Ostrava (CZE) NICH 1. 8:23.34 - 1500m Busto Arsizio (ITA) 15. 3:52.94 - 3000m Pliezhausen (GER) 17. 8:24.92 - 5000m Bruxelles (BEL) 4. 14:02.72 - 5000m Karlsruhe (GER) 7. 14:12.38 INFO: Athlete of Bratislava. Club: AO TJ Slávia STU Bratislava.			
Simon SUNDSTRÖM (SWE)		28y	
GENERAL: 6 times National champion 5000m (26), 10,000m (22), 3000mSC (23, 21, 20, 19) European U23 Championships bronze medallist 3000mSC (19) OTHER PB'S: 7:45.99 3000m sh(25) - 13:22.22 5000m(26) - 8:17.01 3000mSC(25) HONOURS: Eur. U23 Ch. (1xBronze) NCH (6xWin) 2026: 10,000m San Juan Capistrano, CA (USA) 2. 28:03.90 - 10km Road Bålsta (SWE) 3. 29:12 - 5000m Tønsberg (NOR) 2. 13:22.22 - 3000mSC Bruxelles (BEL) 7. 8:24.89 - 3000mSC Stockholm (SWE) DL 16. 8:25.99 - 5000m Uppsala (SWE) NCH 1. 13:43.32 - 10,000m Helsinki (FIN) 2. 29:22.75 INFO: Born in Lidingö. Likes electronic music. His idols are the Ingebrigtsen brothers.			
Leonard CHEMUTAI (UGA)		23y	PB: 13:36 Riga (LAT) 01.10.2023
GENERAL: African champion 3000mSC (24) 2 times In top 8 at World U20 Championships 3000mSC (22) OTHER PB'S: 13:53.24 5000m(26) - 8:17.14 3000mSC(23) HONOURS: Afr. Ch. (1xGold): 1. 3000mSC Douala(24) 8:21.30 - 6. 3000mSC Accra(26) 8:45.03 NCH (1xWin) 2026: 5000m Kampala (UGA) 6. 13:53.24 - 5000m Kampala (UGA) 3. 13:57.94 - 3000mSC Accra (GHA) AfC 6. 8:45.03 INFO: Based in Kapchorwa.			
Alex KIPLANGAT (UGA)		26y	
OTHER PB'S: 13:59.38 5000m(26) - 1:01:38 Half Marathon(26) 2026: Half Marathon Lisboa (POR) 22. 1:01:38 - 5000m Kampala (UGA) 4. 13:59.38			
Keneth KIPROP (UGA)		21y	
GENERAL: World U20 Championships bronze medallist 5000m (24) In top 8 at Commonwealth Games WA World Rankings: 39th OTHER PB'S: 7:33.70 3000m(26) - 13:00.49 5000m(25) - 27:09 10km Road(25) HONOURS: World U20 Ch. (1xBronze): 3. 5000m Lima(24) 13:41.73 2026: 10km Road Schoorl (NED) 1. 27:56 - 5000m Kampala (UGA) 2. 13:31.69 - 3000m Shaoxing/Keqiao (CHN) DL 16. 7:33.70 - 5000m Xiamen (CHN) DL 10. 13:08.79 - 5000m Hengelo (NED) WC 1. 13:13.43 - 5000m Glasgow (GBR) CWG 5. 13:25.70 INFO: Member of the Police.			
Andrew HUNTER (USA)		29y	SB: 13:28 Indianapolis, IN (USA) 02.05 PB: 13:28 Tokyo (JPN) 03.05.2025
GENERAL: NACAC champion 5000m (25) National champion 5 km Road (26) WA World Rankings: 78th OTHER PB'S: 7:39.77 3000m sh(26) - 8:10.91 2 Miles sh(26) - 13:10.87 5000m sh(26) HONOURS: NACAC Ch. (1xGold): 1. 5000m Freeport(25) 14:38.85 NCH (1xWin) NICH (1xWin) 2026: 3000m sh Manhattan, KS (USA) 1. 7:39.77 - 3000m sh New York, NY (USA) 7:39.94 - 2 Miles sh New York, NY (USA) 8. 8:10.91 - 5000m sh Winston Salem, NC (USA) 1. 13:10.87 - 5 km Road Carlsbad, CA (USA) 1. 13:47 - Mile Road Des Moines, IA (USA) NCH 3. 3:55.29 - 5 km Road Indianapolis, IN (USA) NCH 1. 13:28 - 5000m Los Angeles, CA (USA) 4. 13:05.60 - Mile Road New York, NY (USA) 4. 3:46.5h INFO: Hometown: Purcellville; 5 of his siblings are adopted from Haiti and China. Studies: University of Colorado. 3rd US-born male athlete to break 3:37 as a teenager.			
Dylan JACOBS (USA)		26y	SB and PB: 13:28 Indianapolis, IN (USA) 02.05
GENERAL: In top 8 at World Indoor Championships 2 times NCAA Indoor champion 5000m sh (23), Distance Medley sh (19) WA World Rankings: 49th OTHER PB'S: 7:30.45 3000m sh(25) - 8:13.37 2 Miles(26) - 13:07.89 5000m sh(25) HONOURS: World Ind. Ch. (1xFinal): 5. 3000m sh Nanjing(25) 7:48.41 NCAA Ch. (1xWin) NCAA Ind. Ch. (2xWin) 2026: 1500m San Juan Capistrano, CA (USA) 3. 3:36.10 - Mile Road Des Moines, IA (USA) NCH 5. 3:56.05 - 5 km Road Indianapolis, IN (USA) NCH 2. 13:28 - 5000m Los Angeles, CA (USA) 5. 13:09.09 - 3000m Los Angeles, CA (USA) 6. 7:43.99 - 3000m Eugene, OR (USA) 7:43.50 - 2 Miles Eugene, OR (USA) DL 10. 8:13.37 - 5000m Los Angeles, CA (USA) 2. 13:20.71 - Mile Road New York, NY (USA) 15. 3:51.6h INFO: Hometown: Orland Park. Studies: University of Tennessee.			

Mohammed Seif Eddine BOUKARTABA (ALG)		26y	SB and PB: 1:03:26 Taranto (ITA) 03.09
GENERAL: 2 times National champion 10,000m (25), Half Marathon (26) OTHER PB'S: 3:46.51 1500m(26) - 8:09.45 3000m(25) - 28:30.92 10,000m(26) HONOURS: NCH (2xWin) 2026: 5000m Algiers (ALG) 9. 14:10.36 - Half Marathon Chafia Bouda (ALG) NCH 1. 1:03:30 - 10,000m Algiers (ALG) 1. 28:50.54 - 1500m Algiers (ALG) 6. 3:46.51 - 5000m Medea (ALG) 2. 14:00.67 - 10,000m Algiers (ALG) 1. 28:30.92 - Half Marathon Taranto (ITA) MedG 2. 1:03:26			
Abderrazak CHARIK (ALG)		29y	PB: 1:01:35 Valencia (ESP) 26.10.2025
WA World Rankings: 213th OTHER PB'S: 28:36.33 10,000m(21) - 28:12 10km Road(26) - 2:07:20 Marathon(24) 2026: 10km Road Laredo (ESP) 13. 28:28 - 10km Road Troyes (FRA) NCH 3. 28:35 - 10km Road Langueux (FRA) 10. 28:12 - 1500m Aix-en-Provence (FRA) 1. 3:52.09 INFO: Born in France. Represented FRA until March 2025.			
Marcelo Fabián MANRIQUE (ARG)		32y	PB: 1:04:16 Buenos Aires (ARG) 27.08.2023
GENERAL: 2 times In top 8 at South American Championships 3 times National champion 5000m (24, 21), 10,000m (25) WA World Rankings: 1066th OTHER PB'S: 3:43.10 1500m(21) - 7:58.97 3000m(18) - 13:43.74 5000m(26) HONOURS: NCH (3xWin) 2026: 10km Road Valencia (ESP) 158. 29:31 - 10km Road San Sebastián (ESP) 12. 30:48 - 10km Road Laredo (ESP) 33. 29:27 - 5000m Decines (FRA) 14. 13:43.74 - 1500m Elche (ESP) 1. 3:48.53 - 5000m Heusden-Zolder (BEL) 18. 13:58.46			
Roman ALEKSANYAN (ARM)		38y	
2026: 3000m sh Beograd (SRB) BallCH 8. 8:56.28 - 5000m Monaco (MON) 8. 15:19.46			
Omar HASSAN (ART)		35y	PB: 1:03:17 København (DEN) 19.09.2021
OTHER PB'S: 2:12:17 Marathon(26) 2026: Marathon Copenhagen (DEN) 9. 2:12:17			
Seare WELDEZGHI (ART)		30y	SB and PB: 1:01:07 Barcelona (ESP) 15.02
WA World Rankings: 168th OTHER PB'S: 13:49.75 5000m(25) - 29:28.41 10,000m(26) - 28:14 10km Road(26) 2026: 10km Road Valencia (ESP) 49. 28:14 - Half Marathon Barcelona (ESP) 10. 1:01:07 - 10km Road Oberriet (SUI) NCH 2. 28:51 - Half Marathon Berlin (GER) d 21. 1:01:30 - 10km Road Zürich (SUI) 1. 29:05 - 5 km Road Lausanne (SUI) 8. 14:23 - Half Marathon Genève (SUI) 1. 1:03:04 - 10,000m La Spezia (ITA) E10KC 5. 29:28.41 - 10km Road Cluj-Napoca (ROU) 9. 30:11 - 5000m Zürich (SUI) NCH OC 14:23.15 INFO: Club: LC Uster.			
Liam BOUDIN (AUS)		29y	SB and PB: 1:01:26 Marugame (JPN) 01.02
WA World Rankings: 146th OTHER PB'S: 28:49.49 10,000m(24) - 28:17 10km Road(25) - 2:10:28 Marathon(25) 2026: Half Marathon Marugame (JPN) 37. 1:01:26 - Half Marathon Gentbrugge (BEL) NCH 6. 1:01:43 - 10km Road Lille (FRA) 42. 28:33 - Marathon London (GBR) MajMAR 23. 2:12:55 - Half Marathon Launceston (AUS) 9. 1:02:48 - Half Marathon Gold Coast (AUS) NCH 6. 1:01:37 - Marathon Sydney (AUS) NCH 22. 2:14:58 INFO: Athlete of Queensland.			
Edward MARKS (AUS)		24y	SB and PB: 1:00:57 Gold Coast (AUS) 04.07
WA World Rankings: 118th OTHER PB'S: 27:54.98 10,000m(26) - 13:37 5 km Road(26) - 27:57 10km Road(26) 2026: 10,000m San Juan Capistrano, CA (USA) 1. 27:54.98 - 5 km Road Melbourne (AUS) 1. 13:37 - 10km Road Launceston (AUS) 1. 27:57 - Half Marathon Gold Coast (AUS) NCH 2. 1:00:57 INFO: Based in Melbourne. Engineering studies at Monash University.			
Jack RAYNER (AUS)		30y	SB and PB: 59:53 Barcelona (ESP) 15.02
GENERAL: 6 times National champion 3000m (15), 10,000m (24, 23, 22), 12 km Road (23), Half Marathon (18) In top 8 at Commonwealth Games WA World Rankings: 417th OTHER PB'S: 7:42.57 3000m(25) - 12:59.43 5000m sh(25) - 27:09.57 10,000m(24) Current Records: 1xAR: AR 12:59.43 5000m sh Boston, MA(25) HONOURS: Oce. HM Ch. (1xWin) Oce. 10km Ch. (1xWin) NCH (6xWin) 2026: Half Marathon Barcelona (ESP) 6. 59:53 - 3000m Melbourne (AUS) 5. 7:46.88 - 5 km Road Ballarat (AUS) NCH 1. 14:07 - 10km Road Launceston (AUS) 3. 29:25 INFO: Born in Melbourne. Earlier worked in landscaping for a few years. Admires Eliud Kipchoge and Brett Robinson.			
Haftu STRINTZOS (AUS)		27y	SB: 1:00:41 Launceston (AUS) 31.05 PB: 1:00:36 Marugame (JPN) 02.02.2025
GENERAL: Oceania champion 10,000m (24) WA World Rankings: 202nd OTHER PB'S: 7:56.07 3000m sh(22) - 28:09 10km Road(24) - 2:06:20 Marathon(26) Current Records: 1xAR: AR 2:06:20 Marathon Gold Coast(26) HONOURS: Oce. Ch. (1xWin): 1. 10,000m Suva(24) 29:17.97 2026: 10km Road Devonport Tasmania (AUS) 2. 28:48 - Half Marathon Launceston (AUS) 1. 1:00:41 - Marathon Gold Coast (AUS) 1. 2:06:20 INFO: Hometown: Melbourne. Studies: Villanova University. Major in Electrical Engineering. Likes watching Netflix.			
James WHELAN (AUS)		30y	SB and PB: 1:01:19 Larne (GBR) 23.08
WA World Rankings: 190th OTHER PB'S: 13:47 5 km Road(26) - 28:26 10km Road(26) 2026: Half Marathon Berlin (GER) d 58. 1:05:04 - 5 km Road Berlin (GER) 6. 13:47 - 10km Road Manchester (GBR) 7. 28:26 - Half Marathon Larne (GBR) 8. 1:01:19			
Aaron GRUEN (AUT)		27y	SB and PB: 1:01:14 Houston, TX (USA) 11.01
WA World Rankings: 325th OTHER PB'S: 13:57.45 5000m(24) - 29:28 10km Road(26) - 2:09:53 Marathon(25) 2026: Half Marathon Houston, TX (USA) 23. 1:01:14 - Half Marathon Valley Cottage, NY (USA) 2. 1:02:03 - 10km Road Boston, MA (USA) 21. 29:28 INFO: Born in Germany; lives in the U.S. Represented the USA until June 2024; his grandfather was Austrian. Music and Chemistry studies at Brown University, USA.			
Timo HINTERNDORFER (AUT)		22y	SB and PB: 1:02:34 Berlin (GER) 29.03
GENERAL: National champion 10,000m (25) WA World Rankings: 329th OTHER PB'S: 8:03.46 3000m(26) - 13:47.71 5000m(26) - 28:55 10km Road(26) HONOURS: NCH (1xWin) 2026: 10km Road Valencia (ESP) 91. 28:55 - 3000m sh Lyon (FRA) 4. 8:14.53 - 10km Road Schoorl (NED) 24. 29:32 - Half Marathon Berlin (GER) d 27. 1:02:34 - Half Marathon Wien (AUT) 1. 1:02:58 - 5 km Road Berlin (GER) 9. 13:56 - 3000m Regensburg (GER) 2. 8:09.08 - 5000m Wien (AUT) NCH 11. 14:06.69 - 3000m Leuven (BEL) 8. 8:03.46 - 1500m Pfungstadt (GER) 4. 3:50.51 - 5000m Heusden-Zolder (BEL) 20. 13:59.84 - 5000m Oordegem (BEL) 20. 13:47.71 INFO: Based and trains in Vienna.			
Therence BIZOZA (BDI)		22y	SB: 1:02:02 Reggio Emilia (ITA) 15.03 PB: 1:01:30 Arezzo (ITA) 30.10.2022
WA World Rankings: 267th OTHER PB'S: 13:27.34 5000m(24) - 28:13.72 10,000m(23) - 2:09:18 Marathon(23) 2026: Half Marathon Verona (ITA) 1. 1:03:51 - Half Marathon Reggio Emilia (ITA) 2. 1:02:02 - Marathon Padova (ITA) 3. 2:11:59 - 10km Road Arezzo (ITA) 9. 29:36 - 10km Road Palermo (ITA) 3. 28:41 INFO: Has been training in Italy.			

Emile HAFASHIMANA (BDI)		21y	SB and PB: 1:01:04 Paris (FRA) 08.03	
GENERAL: Francophone Games bronze medallist 5000m (23) In top 8 at World U20 Championships WA World Rankings: 184th OTHER PB'S: 13:03.97 5000m(25) - 27:47.88 10,000m(24) - 46:20 10 Miles Road(25) Current Records: 1xNBP: NBP 46:20 10 Miles Road Amsterdam(25) HONOURS: Franc. G. (1xBronze) 2026: Half Marathon Paris (FRA) 4. 1:01:04 - 10km Road Lille (FRA) 40. 28:30 - 3000m Gravedona ed Uniti (ITA) 2. 8:13.93 - 1500m Molfetta (ITA) 1. 3:52.61 - 5000m Molfetta (ITA) 1. 14:07.38 - 10km Road Arezzo (ITA) 8. 29:19 - 1500m Rieti (ITA) 9. 3:55.13				
Thierry IRAKOZE (BDI)		22y		
WA World Rankings: 907th OTHER PB'S: 3:45.19 1500m(25) - 7:56.58 3000m(25) - 13:32.33 5000m(25) 2026: 10km Road Marina di Carrara (ITA) 2. 29:29 - 10km Road Reggio Emilia (ITA) 2. 29:08 - 3000m Siena (ITA) 3. 8:03.39 - 1500m Palermo (ITA) 3. 4:01.01 - 5000m Palermo (ITA) 1. 14:28.48 - 10km Road Arezzo (ITA) 18. 30:23 - 3000m Cuneo (ITA) 3. 8:17.59 - 5000m Modena (ITA) 4. 14:21.18 - 5000m Brugnera (ITA) 1. 14:14.13 - 1500m Modena (ITA) 2. 3:56.16 - 5000m Modena (ITA) 1. 14:21.01				
Célestin NDIKUMANA (BDI)		24y	SB and PB: 1:00:23 Berlin (GER) 29.03	
GENERAL: 2 times In top 8 at All-African Games 10,000m (24) WA World Rankings: 93rd OTHER PB'S: 13:10.93 5000m(25) - 27:42.94 10,000m(24) - 27:23 10km Road(25) HONOURS: 2026: Half Marathon Lisboa (POR) 10. 1:00:34 - Half Marathon Berlin (GER) d 9. 1:00:23 - 10,000m Scandiano (ITA) 2. 27:59.90 - 10km Road Oderzo (ITA) 2. 28:57 - 5000m Busto Arsizio (ITA) 3. 13:43.22 - 10km Road Arezzo (ITA) 5. 28:51 - 10,000m Leiden (NED) NCH 1. 28:02.66 - 5000m Wien (AUT) NCH 2. 13:13.47 INFO: Based in Siena, Italy. Height: 1.73 / 5'8".				
Tharcisse NIZIGIYIMANA (BDI)		21y	SB and PB: 1:04:50 Djibouti (DJI) 23.01	
OTHER PB'S: 7:48.68 3000m(26) - 29:07 10km Road(25) 2026: Half Marathon Djibouti (DJI) 8. 1:04:50 - 3000m Siena (ITA) 10. 8:27.68 - 5000m Busto Arsizio (ITA) 18. 14:25.67 - 1500m Firenze (ITA) 8. 3:59.23 - 5000m Firenze (ITA) 5. 14:44.88 - 3000m Rovereto (ITA) 14. 7:48.68				
Dorian BOULVIN (BEL)		29y	SB: 1:01:28 Gentbrugge (BEL) 08.03	PB: 1:01:25 Gentbrugge (BEL) 10.03.2024
WA World Rankings: 209th OTHER PB'S: 28:32.04 10,000m(25) - 28:10 10km Road(25) - 2:09:23 Marathon(26) Current Records: 1xAR: AR 2:02:37 Road Relay Tongeren(22) 2026: 10km Road Schoorl (NED) 4. 28:29 - Half Marathon Gentbrugge (BEL) NCH 4. 1:01:28 - Marathon Rotterdam (NED) d 11. 2:09:23 - 5000m Kessel-Lo (BEL) 3. 13:50.70 - 10km Road Praha (CZE) 14. 28:31 INFO: Based in Halle. Degree in Business Engineering. Motto: "Hard work beats talent when talent does not work hard.". Also a running coach.				
Robin HENDRIX (BEL)		31y	SB and PB: 1:01:02 Gentbrugge (BEL) 08.03	
GENERAL: European Cross Country Championships bronze medallist XC Senior Race (23) 2 times National champion 5000m (24), 10km Road (25) WA World Rankings: 109th OTHER PB'S: 7:39.95 3000m(24) - 7:40.53 3000m sh(23) - 13:17.65 5000m sh(23) Current Records: 1xNBP: NBP 17:34 4 Miles Road Groningen(21) HONOURS: Eur. XC Ch. (1xBronze) WUG (1xBronze) NCH (2xWin) NICH (1xWin) 2026: Half Marathon Gentbrugge (BEL) NCH 3. 1:01:02 - 10km Road Lille (FRA) 24. 27:59 - 1500m Kessel-Lo (BEL) 5. 3:56.32 - 5000m Kessel-Lo (BEL) 1. 13:46.57 - 10,000m La Spezia (ITA) E10KC 12. 28:34.05 - 10,000m Leiden (NED) NCH 4. 28:29.32 INFO: Born in Kapelle-op-den-Bos. Architecture studies.				
Dechen UGYEN (BHU)		32y		
Héctor GARIBAY (BOL)		38y	SB: 1:06:14 Santa Cruz de la Sierra (BOL) 19.07	PB: 1:03:29 Rio de Janeiro (BRA) 05.05.2024
GENERAL: South American Games bronze medallist 10,000m (22) In top 8 at South American Championships OTHER PB'S: 45:15 15 km Road(21) - 2:07:44 Marathon(23) Current Records: 1xNBP: NBP 47:15 15 km Road São Paulo(19) HONOURS: Sam. Mar. Ch. (1xSilver) NCH (2xWin) SAm. G. (1xBronze) 2026: Half Marathon Santa Cruz de la Sierra (BOL) 1. 1:06:14 - Marathon Ciudad de México (MEX) 4. 2:12:37 INFO: Hometown: La Paz. Earlier played football. Was the flag bearer of BOL at the opening ceremony of the 2024 Olympics. Height: 1.60 / 5'3".				
Fabio Jesus CORREIA (BRA)		27y	SB and PB: 1:01:53 Rio de Janeiro (BRA) 06.06	
GENERAL: South American U23 champion 10,000m (21) South American U23 Championships silver medallist 5000m (21) WA World Rankings: 196th OTHER PB'S: 45:06 15 km Road(25) - 47:31 10 Miles Road(24) - 2:10:46 Marathon(26) HONOURS: Sam. HM Ch. (1xGold) IberoAM Ch. (1xBronze) Sam. U23 Ch. (1xGold, 1xSilver) PanAm U23 G. (1xSilver) 2026: 10km Road Cuiaba (BRA) 1. 29:32 - 10,000m São Paulo (BRA) 2. 29:48.36 - 5000m São Paulo (BRA) 2. 14:20.09 - 10,000m São Paulo (BRA) 1. 30:33.09 - 1500m São Caetano do Sul (BRA) 2. 3:57.54 - 5000m São Caetano do Sul (BRA) 1. 14:33.46 - 10km Road São Paulo (BRA) 1. 29:55 - 10,000m Lima (PER) IbaMCH 4. 29:30.44 - Half Marathon Rio de Janeiro (BRA) 1. 1:01:53 - 10,000m São Paulo (BRA) 1. 29:39.14 - 5000m São Paulo (BRA) 1. 14:24.07 - Marathon Porto Alegre (BRA) 6. 2:10:46 INFO: Athlete of Sao Paulo.				
Giovani DOS SANTOS (BRA)		45y	SB: 1:02:14 Rio de Janeiro (BRA) 06.06	PB: 1:01:40 Foz do Iguacu (BRA) 26.05.2013
GENERAL: South American champion 10,000m (11) Pan American Games bronze medallist 10,000m (11) WA World Rankings: 363rd OTHER PB'S: 28:20.9h 10,000m(15) - 28:40 10km Road(13) - 2:12:56 Marathon(26) HONOURS: Sam. Ch. (1xGold) : 1. 10,000m Buenos Aires(11) 28:41.02 PanAm G. (1xBronze) NCH (3xWin) 2026: Marathon Porto Alegre (BRA) 6. 2:12:56 - Half Marathon Rio de Janeiro (BRA) 4. 1:02:14 - 10,000m São Paulo (BRA) 3. 30:38.06 - 15 km Road Petrolina (BRA) 1. 44:29 - 10,000m São Paulo (BRA) NCH 1. 29:49.51 - Half Marathon São Paulo (BRA) 3. 1:04:50 - Half Marathon Rio de Janeiro (BRA) NCH 5. 1:03:42 - Half Marathon Florianópolis (BRA) 2. 1:04:15				
Lucas Paulo FERREIRA BARBOSA (BRA)		36y	SB and PB: 1:03:45 São Paulo (BRA) 17.05	
WA World Rankings: 545th OTHER PB'S: 29:23 10km Road(26) 2026: 10,000m Recife (BRA) 1. 30:55.93 - 5000m Recife (BRA) 1. 14:55.4h - Half Marathon São Paulo (BRA) 2. 1:03:45 - 10km Road São Paulo (BRA) 5. 29:23 - Half Marathon Rio de Janeiro (BRA) 2. 1:06:19 - 10,000m São Paulo (BRA) NCH 2. 29:54.69 - 5000m São Paulo (BRA) NCH 1. 14:37.07 - Half Marathon Rio de Janeiro (BRA) NCH 6. 1:03:47				
Andrew ALEXANDER (CAN)		27y	SB and PB: 1:01:29 Berlin (GER) 29.03	
GENERAL: NACAC Championships bronze medallist 10,000m (22) 2 times National Indoor champion 1500m sh (23), 3000m sh (23) WA World Rankings: 158th OTHER PB'S: 13:29.91 5000m sh(23) - 28:17.24 10,000m(23) - 28:18 10km Road(25) HONOURS: NACAC Ch. (1xBronze) : 3. 10,000m Freeport(22) 29:33.73 NCH (1xWin) NICH (2xWin) 2026: Half Marathon Berlin (GER) d 18. 1:01:29 - 10km Road Toronto (CAN) 2. 29:13 - 10km Road Ottawa (CAN) NCH 1. 28:18 - 10km Road Boston, MA (USA) 11. 28:37 - Half Marathon Edmonton (CAN) NCH 4. 1:05:14 INFO: Hometown: Toronto. Studies: Notre Dame University.				
Justin KENT (CAN)		34y	SB: 1:03:10 Chicago, IL (USA) 07.06	PB: 1:02:48 San José, CA (USA) 09.10.2022
GENERAL: In top 8 at World Cross Country Championships WA World Rankings: 439th OTHER PB'S: 3:41.00 1500m(15) - 3:46.48 1500m sh(16) - 2:09:29 Marathon(25) HONOURS: 2026: 8 km Road Richmond (CAN) 1. 23:06 - Half Marathon Vancouver (CAN) 2. 1:03:29 - 10km Road Vancouver (CAN) 1. 28:40 - Half Marathon Gifu (JPN) 69. 1:08:13 - Half Marathon Chicago, IL (USA) 7. 1:03:10 - Half Marathon Edmonton (CAN) NCH 5. 1:05:20 INFO: Athlete from Burnaby. Studies: University of British Columbia.				

Cameron LEVINS (CAN)	37y	SB: 1:00:58 Houston, TX (USA) 11.01	PB: 1:00:18 Vancouver (CAN) 12.02.2023
GENERAL: In top 8 at World Championships Marathon (22) In top 8 at World Indoor Championships WA World Rankings: 140th OTHER PB'S: 4:55.35 2000m sh(14) - 8:14.69 2 Miles sh(13) - 27:07.51 10,000m(15) Current Records: 1xNBP: NBP 4:55.35 2000m sh New York, NY(14) HONOURS: World Ch. (1xFinal): 4. Marathon Eugene, OR(22) 2:07:09 World Ind. Ch. (1xFinal): 8. 3000m sh Sopot(14) 7:57.37 CWG (1xBronze) NCH (6xWin) 2026: Half Marathon Houston, TX (USA) 18. 1:00:58 - Half Marathon Vancouver (CAN) 1. 1:01:46 - Marathon Tokyo (JPN) MajMAR 14. 2:06:49 - 10,000m Palo Alto, CA (USA) 6. 29:18.09 - Half Marathon Edmonton (CAN) NCH 6. 1:05:49 INFO: Born in Campbell River, British Columbia. Exercise science studies at Southern Utah University. Earlier played basketball. His idol is Bernard Lagat. Height: 1.80 / 5'11".			
Rory LINKLETTER (CAN)	30y	SB and PB: 59:49 Houston, TX (USA) 11.01	
GENERAL: In top 8 at Pan American Games In top 8 at Major Marathon WA World Rankings: 70th OTHER PB'S: 27:48.23 10,000m(25) - 2:06:49 Marathon(25) - 2:06:04dh Marathon(26) HONOURS: 2026: Half Marathon Houston, TX (USA) 7. 59:49 - Half Marathon Mesa, AZ (USA) 1. 1:02:14 - Half Marathon New York, NY (USA) 7. 1:00:00 - Marathon Boston, MA (USA) MajMAR 14. 2:06:04 - Marathon Ottawa (CAN) 3. 2:09:43 - Half Marathon Edmonton (CAN) NCH 1. 1:04:35 INFO: Born in Calgary. Studies: Brigham Young University. Major in Political Science. Motto: "Whatever you do, do your best". Height: 1.80 / 5'11".			
Fakun JIANG (CHN)	27y	SB: 1:02:52 Meishan (CHN) 15.03	PB: 1:01:58 Meishan (CHN) 23.02.2025
GENERAL: National champion 10,000m (25) WA World Rankings: 387th OTHER PB'S: 13:38.60 5000m(25) - 28:39.87 10,000m(26) - 29:04 10km Road(25) HONOURS: NCH (1xWin) 2026: Half Marathon Meishan (CHN) 12. 1:02:52 - Half Marathon Yangzhou (CHN) 6. 1:03:09 - 5000m Zhengzhou (CHN) 4. 14:14.96 - 10,000m Zhengzhou (CHN) 3. 29:33.57 - 10,000m Jiaxing (CHN) 1. 29:16.86 - 5000m Qingdao (CHN) 5. 14:09.39 - 10,000m Qingdao (CHN) 5. 29:33.63 - 10,000m Rizhao (CHN) 3. 28:39.87 - 5000m Rizhao (CHN) 7. 14:11.92 - 10,000m Quzhou (CHN) NCH 4. 29:24.33 - 5000m Quzhou (CHN) NCH 3. 14:04.32			
Rui MA (CHN)	24y	SB and PB: 1:02:49 Shanghai (CHN) 15.03	
WA World Rankings: 437th OTHER PB'S: 29:03.60 10,000m(26) - 2:13:26 Marathon(25) 2026: Marathon Chongqing (CHN) 6. 2:13:32 - Half Marathon Shanghai (CHN) 3. 1:02:49 - Marathon Wuxi (CHN) 95. 2:27:10 - Marathon Shijiazhuang (CHN) 19. 2:29:25 - Half Marathon Nanjing (CHN) 5. 1:03:39 - 5000m Zhengzhou (CHN) 2. 14:04.94 - 10,000m Zhengzhou (CHN) 2. 29:24.25 - 5000m Taian (CHN) 1. 14:11.14 - 10,000m Taian (CHN) 2. 29:03.60 - Marathon Gold Coast (AUS) 64. 2:34:24 - 10,000m Quzhou (CHN) NCH 3. 29:17.06 - 5000m Quzhou (CHN) NCH 8. 14:13.07			
Ren QINGDONGZHIBU (CHN)	25y	PB: 1:02:44 Meishan (CHN) 23.02.2025	
OTHER PB'S: 2:11:12 Marathon(23) 2026: Marathon Xiamen (CHN) 8. 2:12:19			
Tao WANG (CHN)	23y	SB: 1:03:02 Meishan (CHN) 15.03	PB: 1:02:59 Meishan (CHN) 25.02.2024
OTHER PB'S: 13:59.38 5000m(25) - 28:56.11 10,000m(26) 2026: Half Marathon Meishan (CHN) 16. 1:03:02 - 5000m Zhengzhou (CHN) 7. 14:23.60 - 10,000m Zhengzhou (CHN) 8. 30:10.46 - 5000m Qinhuangdao (CHN) 3. 14:12.58 - 10,000m Qinhuangdao (CHN) 1. 29:14.33 - 10,000m Jiaxing (CHN) 9. 30:11.26 - 5000m Qingdao (CHN) 16. 14:30.45 - 10,000m Qingdao (CHN) 11. 29:56.31 - 10,000m Rizhao (CHN) 6. 28:56.11 - 5000m Rizhao (CHN) 13. 14:28.80 - 10,000m Quzhou (CHN) NCH 12. 30:11.08 - 5000m Quzhou (CHN) NCH 14. 14:43.03			
Franck TCHOUPTENG TCHOUFFI (CMR)	24y		
2026: Marathon Marrakech (MAR) 38. 2:27:43 - 10,000m Yaoundé (CMR) 1. 31:55.9h			
Jose Mauricio GONZÁLEZ (COL)	37y	SB: 1:07:55 Caracas (VEN) 08.02	PB: 1:02:16 Barcelona (ESP) 17.10.2021
GENERAL: South American Championships silver medallist 10,000m (19) South American U23 champion 5000m (10) WA World Rankings: 1580th OTHER PB'S: 13:32.44 5000m(13) - 28:13.49 10,000m(18) - 2:13:45 Marathon(24) HONOURS: Sam. Ch. (1xSilver): 2. 10,000m Lima(19) 28:48.60 - 4. 5000m Guayaquil(21) 14:01.78 - 4. 10,000m Guayaquil(21) 30:26.46 CAC G. (1xWin) Sam. U23 Ch. (1xGold, 1xBronze) NCH (4xWin) 2026: Half Marathon Caracas (VEN) 5. 1:07:55			
Yakoub DELHOUM (COM)	34y	PB: 1:06:03 Boulogne-Billancourt (FRA) 21.11.2021	
OTHER PB'S: 8:55.23 3000mSC(23)			
Jonas GERTSEN (DEN)	27y	SB and PB: 1:02:53 Berlin (GER) 29.03	
GENERAL: 2 times National champion 5000m (26), 5 km Road (26) WA World Rankings: 594th OTHER PB'S: 7:55.68 3000m(25) - 13:28.47 5000m(26) - 28:11.64 10,000m(25) HONOURS: NCH (2xWin) 2026: 10km Road Copenhagen (DEN) 1. 29:30 - Half Marathon Berlin (GER) d 36. 1:02:53 - 10km Road Århus (DEN) NCH 3. 29:34 - 5 km Road Berlin (GER) 11. 13:58 - 5 km Road Herning (DEN) NCH 1. 14:28 - 5000m Copenhagen (DEN) NCH 1. 13:36.29 - 5000m Oordegem (BEL) 10. 13:28.47 INFO: Hometown: Esbjerg. Studies: University of Portland. Major in Political Science.			
Mikael JOHNSEN (DEN)	34y	SB and PB: 1:03:30 Berlin (GER) 29.03	
GENERAL: 2 times National champion 5000m (23), 10km Road (23) 2 times National Indoor champion 1500m sh (20), 3000m sh (23) WA World Rankings: 633rd OTHER PB'S: 3:38.69 1500m(20) - 3:43.2h 1500m sh(21) - 7:56.53 3000m sh(21) HONOURS: NCH (2xWin) NICH (2xWin) 2026: 5 km Road Monaco (MON) 18. 14:00 - 3000m sh Odense (DEN) NICH 3. 8:07.82 - Half Marathon Berlin (GER) d 41. 1:03:30 - 5 km Road Århus (DEN) 1. 14:06 - 5000m Copenhagen (DEN) 1. 13:51.90 - Half Marathon Kolding (DEN) NCH 2. 1:05:15 - 5 km Road Herning (DEN) NCH 3. 14:33 INFO: Athlete of Aarhus.			
Thijs NIJHUIS (DEN)	34y	SB: 1:03:15 Barcelona (ESP) 15.02	PB: 1:02:46 Fürstenfeld (AUT) 23.05.2021
GENERAL: 7 times National champion 1500m (18, 16), 5000m (20, 17, 16, 14), 5 km Road (25) 2 times National Indoor champion 3000m sh (16, 14) WA World Rankings: 596th OTHER PB'S: 3:44.21 1500m sh(14) - 28:38 10km Road(22) - 2:10:57 Marathon(20) HONOURS: Eur. Team Ch.- 2L/3D (1xWin) NCH (7xWin) NICH (2xWin) 2026: Half Marathon Sevilla (ESP) 11. 1:04:49 - Half Marathon Barcelona (ESP) 38. 1:03:15 - 10km Road Århus (DEN) NCH 7. 30:13 - Marathon Boston, MA (USA) MajMAR 94. 2:23:12 - Marathon Copenhagen (DEN) 61. 2:27:30 - 5 km Road Århus (DEN) 5. 14:13 - Half Marathon Kolding (DEN) NCH 3. 1:05:47 - 5 km Road Herning (DEN) NCH 9. 14:45 INFO: Born in the Netherlands; based in Aarhus, Denmark. Medicine studies at Aarhus University. Earlier played football.			
Jacob Sommer SIMONSEN (DEN)	31y	SB: 1:01:51 Barcelona (ESP) 15.02	PB: 1:01:11 Barcelona (ESP) 16.02.2025
GENERAL: 10 times National champion 5000m (15), 10,000m (23, 21, 19), 10km Road (24), Half Marathon (26, 23, 22), Marathon (24, 23) WA World Rankings: 344th OTHER PB'S: 13:46 5 km Road(26) - 28:16 10km Road(25) - 2:07:51 Marathon(24) HONOURS: NCH (10xWin) 2026: Half Marathon Barcelona (ESP) 25. 1:01:51 - 5 km Road Carlsbad, CA (USA) 5. 14:01 - 10km Road Bålsta (SWE) 1. 28:49 - 10km Road Åmot (NOR) 7. 29:01 - Half Marathon Kolding (DEN) NCH 1. 1:04:10 - 5 km Road Düsseldorf (GER) 11. 13:46 INFO: Hometown: Aarhus. Studies: University of New Mexico, Lobos. Favourite movie is Fast & Furious. Likes golf.			
Hani Idriss HERSI (DJI)	26y	SB: 1:02:49 Djibouti (DJI) 23.01 (POR) 19.10.2025	PB: 1:01:03 Vila Nova de Famalicão
GENERAL: 3 times In top 8 at African Championships WA World Rankings: 91st OTHER PB'S: 13:20.09 5000m(26) - 28:35.54 10,000m(25) - 27:44 10km Road(26) HONOURS: 2026: Half Marathon Djibouti (DJI) 2. 1:02:49 - 10km Road Lille (FRA) 12. 27:44 - 10,000m Djibouti (DJI) 1. 28:46.89 - 10,000m Accra (GHA) AfC 5. 28:41.44 - 5000m Accra (GHA) AfC 5. 13:20.09 - 10km Road Abbeville (FRA) 4. 27:48 - 10km Road Langueux (FRA) 4. 27:46			

Ableom MARYO (ERI)	29y	
OTHER PB'S: 2:05:21 Marathon(26) 2026: Marathon Xiamen (CHN) 4. 2:09:39 - Marathon Hamburg (GER) 7. 2:05:21		
Major TEDROS (ERI)	19y	
Abiel TEKLU (ERI)	18y	
Said MECHAAL (ESP)	28y	SB and PB: 1:00:24 Berlin (GER) 29.03
WA World Rankings: 49th OTHER PB'S: 13:21.13 5000m sh(24) - 27:25 10km Road(26) - 56:34 20km Road(25) Current Records: 1xNBP: NBP 56:34 20km Road Paris(25) 2026: 10km Road Valencia (ESP) 7. 27:25 - 10km Road Ibiza (ESP) NCH 5. 28:02 - Half Marathon Berlin (GER) d 10. 1:00:24 - 10km Road Praha (CZE) 9. 27:59 INFO: Hometown: Palamos. Based in Ames, USA. Brother of Adel Mechaal.		
Morten SIHT (EST)	22y	PB: 1:06:32 Tallinn (EST) 13.09.2025
GENERAL: 2 times National champion 5000m (26), 10km Road (25) WA World Rankings: 1227th OTHER PB'S: 8:09.36 3000m(26) HONOURS: NCH (2xWin) 2026: 3000m sh Tallinn (EST) 1. 8:27.78 - 3000m sh Tallinn (EST) NICH 2. 8:26.86 - 10,000m La Spezia (ITA) E10KC 10. 30:07.45 - 1500m Viljandi (EST) h 4:03.33 - 5000m Jõhvi (EST) 2. 14:20.70 - 5000m Pärnu (EST) NCH 1. 14:29.29 - 3000m Riga (LAT) 2. 8:09.36 - 10km Road Pärnu (EST) NCH 3. 30:55 INFO: Athlete of Viljandi. Club: VAK Staier.		
Belay Tilahun BEZABEH (ETH)	31y	PB: 1:01:51 Valencia (ESP) 23.10.2016
OTHER PB'S: 27:11.83 10,000m(16) - 28:41 10km Road(22) - 2:05:22 Marathon(26) 2026: Marathon Dubai (UAE) 10. 2:08:23 - Marathon Hamburg (GER) 8. 2:05:22		
Bereket NEGA (ETH)	21y	SB and PB: 59:43 Berlin (GER) 29.03
GENERAL: In top 8 at World Cross Country Championships WA World Rankings: 42nd HONOURS: World XC Ch. (1xSilver): 2. XC U20 Race Århus(19) 23:54 - 4. XC Senior Race Tallahassee, FL(26) 28:49 - 12. XC Senior Race Beograd(24) 28:50 World U20 Ch. (1xGold, 1xSilver): 1. 3000m Nairobi(21) 7:42.09 - 2. 5000m Nairobi(21) 13:20.65 NCH (1xWin) 2026: 10km Road Castellón (ESP) 6. 27:39 - Half Marathon Berlin (GER) d 6. 59:43 - Half Marathon Bogotá (COL) 2. 1:03:42 - Half Marathon Buenos Aires (ARG) 3. 1:00:20 OTHER PB'S: 7:52.45 3000m(23) - 27:39 10km Road(26) - 27:17dh 10km Road(23) HONOURS: 2026: 10km Road Castellón (ESP) 6. 27:39 - Half Marathon Berlin (GER) d 6. 59:43 - Half Marathon Bogotá (COL) 2. 1:03:42 - Half Marathon Buenos Aires (ARG) 3. 1:00:20		
Bayelign TESHAGER (ETH)	26y	SB: 1:00:31 Ras Al Khaimah (UAE) 14.02 PB: 1:00:22 New Delhi (IND) 12.10.2025
GENERAL: In top 8 at World Cross Country Championships In top 8 at Major Marathon WA World Rankings: 104th OTHER PB'S: 27:24 10km Road(21) - 1:13:36 25 km Road(19) - 2:05:23 Marathon(26) Current Records: 1xWU20B: WU20B 1:13:36 25 km Road Kolkata(19) HONOURS: 2026: Half Marathon Ras Al Khaimah (UAE) 11. 1:00:31 - Marathon Paris (FRA) d 2. 2:05:23		
Tadese WORKU (ETH)	24y	SB: 58:59 Praha (CZE) 28.03 PB: 58:47 Valencia (ESP) 23.10.2022
GENERAL: World U20 champion 3000m (21) World Cross Country Championships silver medalist XC U20 Race (19) WA World Rankings: 26th OTHER PB'S: 7:34.75 3000m(21) - 26:45.91 10,000m(22) - 26:56 10km Road(21) HONOURS: World XC Ch. (1xSilver): 2. XC U20 Race Århus(19) 23:54 - 4. XC Senior Race Tallahassee, FL(26) 28:49 - 12. XC Senior Race Beograd(24) 28:50 World U20 Ch. (1xGold, 1xSilver): 1. 3000m Nairobi(21) 7:42.09 - 2. 5000m Nairobi(21) 13:20.65 NCH (1xWin) 2026: 10,000m Addis Ababa (ETH) NCH 2. 28:40.14 - Half Marathon Praha (CZE) 4. 58:59 - 10km Road Bengaluru (IND) 16. 29:10 - 10,000m Accra (GHA) AfC 7. 28:46.88 - 10km Road Atlanta, GA (USA) 6. 28:10 - Half Marathon Buenos Aires (ARG) 2. 59:20 INFO: His idol is Selemon Barega.		
Bastien AUGUSTO (FRA)	27y	SB and PB: 1:00:09 Berlin (GER) 29.03
GENERAL: 2 times National Indoor champion 3000m sh (23, 22) WA World Rankings: 108th OTHER PB'S: 3:34.78 1500m(26) - 7:39.77 3000m sh(25) - 27:30 10km Road(25) HONOURS: NICH (2xWin) 2026: Half Marathon Berlin (GER) d 8. 1:00:09 - 3000m Bourges (FRA) 1. 7:53.66 - 10,000m La Spezia (ITA) E10KC 8. 28:19.79 - 1500m Marseille (FRA) 3. 3:40.03 - 1500m Montreuil (FRA) 2. 3:34.78 - 5000m Decines (FRA) 1. 13:15.49 INFO: Born in Limoges. In March 2024 he moved to the U.S. to prepare for the Paris Olympics there. Club: Bourges Entente Athletisme.		
Victor BOUDIN (FRA)	29y	SB and PB: 1:01:15 Barcelona (ESP) 15.02
WA World Rankings: 331st OTHER PB'S: 3:44.38 1500m sh(24) - 13:39.84 5000m(26) - 28:38 10km Road(26) 2026: Half Marathon Barcelona (ESP) 14. 1:01:15 - 10km Road Fleurbaix (FRA) 3. 29:07 - 10km Road Lille (FRA) 47. 28:38 - 3000m Epinal (FRA) 2. 8:06.28 - 5000m Bruxelles (BEL) 13. 13:55.52 - 5000m Decines (FRA) 6. 13:39.84 - 3000m Arras (FRA) 1. 8:21.53 - 5000m Albi (FRA) NCH 4. 14:00.42		
Etienne DAGUINOS (FRA)	26y	SB and PB: 59:27 Berlin (GER) 29.03
GENERAL: European Championships bronze medalist 5000m (26) European Running Championships silver medalist 10km Road (25) WA World Rankings: 29th OTHER PB'S: 12:55.76 5000m(25) - 27:04 10km Road(24) - 56:18 20km Road(25) Current Records: 1xABP: ABP 56:18 20km Road Paris(25) HONOURS: Eur. Ch. (1xBronze): 3. 5000m Birmingham(26) 13:16.09 Eur. Run. Ch. (1xSilver) 2026: Half Marathon Berlin (GER) d 5. 59:27 - 3000m Grenoble (FRA) 1. 7:45.93 - 1500m Nice (FRA) 7. 3:34.43 - 5000m Monaco (MON) DL 7. 13:01.92 - 5000m Birmingham (GBR) ECH 3. 13:16.09 INFO: Hometown: Talence. Studies: University of Bordeaux.		
Jimmy GRESSIER (FRA)	29y	PB: 59:45 Brussels-Leuven (BEL) 12.04.2025
GENERAL: World champion 10,000m (25) Diamond League Final winner 3000m (25) WA World Rankings: 12th OTHER PB'S: 7:28.67 3000m(26) - 7:30.18 3000m sh(25) - 12:54.92 5000m sh(25) Current Records: 2xAR: AR 12:54.92 5000m sh Boston, MA(25) - AR 12:51 5 km Road Lille(26) HONOURS: World Ch. (1xGold, 1xBronze): 1. 10,000m Tokyo(25) 28:55.77 - 3. 5000m Tokyo(25) 12:59.33 DF (1xWin): 1. 3000m Zürich(25) 7:36.78 Eur. Ch. (1xBronze): 3. 10,000m Birmingham(26) 28:07.90 - 4. 5000m Birmingham(26) 13:16.36 - 4. 10,000m München(22) 27:49.84 - 5. 10,000m Roma(24) 28:01.42 Eur. XC Ch. (1xSilver, 1xBronze) 2026: 5 km Road Lille (FRA) 1. 12:51 - 10km Road Troyes (FRA) NCH 1. 27:47 - 1500m Stockholm (SWE) DL 12. 3:34.63 - 3000m Montreuil (FRA) 1. 7:28.67 - 5000m Paris (FRA) DL 7. 12:57.79 - 5000m Birmingham (GBR) ECH 4. 13:16.36 - 10,000m Birmingham (GBR) ECH 3. 28:07.90 INFO: Born in Boulogne-sur-Mer, the city where famous French football player Franck Ribery grew up. He is known for race finish celebrations. He moved from football to athletics. Has worked as an intern for a bank. Degree in Negotiation and Customer Relations. Also a physiotherapist. Height: 1.75 / 5'9".		
Baptiste GUYON (FRA)	25y	SB and PB: 1:01:17 Barcelona (ESP) 15.02
GENERAL: European U18 champion 2000mSC (18) In top 8 at European Championships WA World Rankings: 236th OTHER PB'S: 3:35.75 1500m(26) - 7:34.58 3000m(26) - 27:46 10km Road(26) HONOURS: Eur. U23 Ch. (1xBronze) Eur. U18 Ch. (1xGold) NCH (1xWin) 2026: 10km Road Valencia (ESP) 25. 27:46 - Half Marathon Barcelona (ESP) 15. 1:01:17 - 1500m Chateauroux (FRA) 1. 3:45.83 - 10,000m La Spezia (ITA) E10KC 5. 27:54.53 - 1500m Nice (FRA) 10. 3:35.75 - 5000m Decines (FRA) 3. 13:19.79 - 3000m Budapest (HUN) 6. 7:34.58 - 5000m Albi (FRA) NCH 1. 13:52.86 - 10,000m Birmingham (GBR) ECH 5. 28:20.61 INFO: Athlete of Romorantin-Lanthenay.		
Simeon JACOB (FSM)	34y	PB: 1:16:37 New York, NY (USA) 16.03.2025
2026: 5000m Darwin (AUS) OceCH 8. 17:10.24		
Alfie MANTHORPE (GBR)	26y	PB: 1:01:26 Valencia (ESP) 26.10.2025
WA World Rankings: 153rd OTHER PB'S: 7:53.54 3000m sh(24) - 27:40 10km Road(26) - 2:11:31 Marathon(26) 2026: 10km Road Valencia (ESP) 16. 27:40 - Marathon London (GBR) MajMAR 20. 2:11:31 - 5000m London (GBR) 10. 13:55.84 - 5000m Braga (POR) 3. 13:47.16 INFO: Athlete of Hallamshire. Studies: University of Sheffield.		

Jack ROWE (GBR)	30y	SB and PB: 1:00:17 New York, NY (USA) 15.03
GENERAL: 2 times National champion Half Marathon (24, 23) WA World Rankings: 130th OTHER PB'S: 7:38.35 3000m sh(24) - 13:04.75 5000m sh(24) - 2:07:47 Marathon(26) HONOURS: NCH (2xWin) 2026: Half Marathon New York, NY (USA) 11. 1:00:17 - Marathon London (GBR) MajMAR 14. 2:07:47 - 5 km Road London (GBR) 1. 13:37 INFO: Hometown: London. Studies: University of Washington. Height: 1.90 / 6'3".		
Charles WHEELER (GBR)	28y	PB: 1:01:28 Valencia (ESP) 26.10.2025
WA World Rankings: 260th OTHER PB'S: 7:42.43 3000m(24) - 7:44.68 3000m sh(25) - 13:20.17 5000m sh(24) 2026: 3000m sh Chicago, IL (USA) 2. 8:00.68 - 5000m sh Boston, MA (USA) 11. 13:30.08 - 10km Road Lille (FRA) 54. 28:47 - 5 km Road Nijmegen (NED) NCH 5. 13:39 - 5 km Road Berlin (GER) 2. 13:33 - 1500m Loughborough (GBR) 9. 3:44.37 INFO: Hometown: Milton Keynes. Studies: University of Wisconsin. Major in Kinesiology.		
Joseph WIGFIELD (GBR)	26y	SB and PB: 1:01:19 Barcelona (ESP) 15.02
GENERAL: In top 8 at World Cross Country Championships OTHER PB'S: 1:47.01 800m sh(25) - 2:17.51 1000m sh(25) - 3:37.72 1500m sh(25) HONOURS: 2026: 10km Road Valencia (ESP) 11. 27:38 - Half Marathon Barcelona (ESP) 17. 1:01:19 - 3000m Watford (GBR) 1. 7:53.74 - 10,000m Loughborough (GBR) 2. 28:56.39 - 1500m Loughborough (GBR) 6. 3:42.98 - 5000m Birmingham (GBR) NCH 6. 13:39.93 - 5000m Heusden-Zolder (BEL) 3. 13:30.39 - 10,000m Birmingham (GBR) ECH 17. 29:09.43		
Daviti KHARAZISHVILI (GEO)	34y	PB: 1:05:39 Riga (LAT) 15.05.2016
GENERAL: 4 times National champion 1500m (21), 3000m (21, 19), 5000m (19) OTHER PB'S: 3:43.21 1500m(21) - 8:08.63 3000m(21) - 2:11:46 Marathon(23) HONOURS: NCH (4xWin) 2026: Marathon Praha (CZE) 13. 2:18:44 INFO: Born in Tbilisi.		
James DIETRICH (HON)	25y	SB and PB: 1:07:53 Eugene, OR (USA) 26.04
2026: Marathon Houston, TX (USA) 53. 2:30:44 - Half Marathon Eugene, OR (USA) 8. 1:07:53		
Walter Salvador RODRIGUEZ (HON)	27y	PB: 1:17:11 Quetzaltenango (GUA) 26.10.2025
Ádám LOMB (HUN)	25y	SB and PB: 1:02:52 Berlin (GER) 29.03
GENERAL: 3 times National champion 5000m (22), 10,000m (24), Half Marathon (23) WA World Rankings: 463rd OTHER PB'S: 3:46.19 1500m(24) - 28:59 10km Road(26) - 2:12:48 Marathon(26) HONOURS: NCH (3xWin) 2026: 10km Road Valencia (ESP) 97. 28:59 - Half Marathon Slavonski Brod (CRO) 1. 1:09:17 - Half Marathon Berlin (GER) d 34. 1:02:52 - Marathon Wien (AUT) NCH 8. 3:12:48 - 10,000m Bonyhád (HUN) NCH 4. 29:54.65 - 5000m Gödöllő (HUN) 1. 14:31.40 - 10,000m La Spezia (ITA) E10KC 8. 29:58.32 - 10km Road Čakovec (CRO) 1. 31:00 - Marathon Birmingham (GBR) ECH 27. 2:16:15 INFO: Based in Pecs. Studies: University of Pecs. Club: PVSK.		
Hiko Tonosa HASO (IRL)	30y	SB: 1:02:07 Larne (GBR) 23.08 PB: 1:00:51 Sevilla (ESP) 26.01.2025
GENERAL: 3 times National champion 5000m (21), 10,000m (21), Marathon (24) OTHER PB'S: 7:53.79 3000m sh(21) - 27:53.10 10,000m(22) - 2:09:42 Marathon(24) HONOURS: NCH (3xWin) 2026: Half Marathon Larne (GBR) 11. 1:02:07 INFO: Born in Ethiopia.		
Peter LYNCH (IRL)	28y	SB and PB: 59:52 New York, NY (USA) 15.03
WA World Rankings: 69th OTHER PB'S: 27:49.30 10,000m(24) - 45:59 10 Miles Road(25) - 2:06:08 Marathon(26) Current Records: 1xNBP: NBP 45:59 10 Miles Road Washington, DC(25) 2026: Half Marathon New York, NY (USA) 5. 59:52 - Marathon London (GBR) MajMAR 9. 2:06:08 INFO: Hometown: Kilkenny. Studies: University of Tulsa. Major in Mechanical Engineering. Favourite band is Green Day.		
Eduardo Terrance GARCIA (ISV)	33y	SB: 1:06:28 Indianapolis, IN (USA) 02.05 PB: 1:03:53 Istanbul (TUR) 28.04.2024
OTHER PB'S: 29:18.25 10,000m(21) - 45:15 15 km Road(24) - 2:17:09 Marathon(23) Current Records: 2xNBP: NBP 45:15 15 km Road Jacksonville, FL(24) - NBP 1:02:27 20km Road New Haven, CT(23) 2026: Half Marathon Indianapolis, IN (USA) 11. 1:06:28 - 5000m Cleveland, TN (USA) 3. 14:56.39 - Half Marathon Duluth, MN (USA) 16. 1:06:30 - 5000m Medellín (COL) 6. 15:34.88 INFO: Born in Jacksonville, USA. Sports Management studies at University of Florida. Has worked in retail. Height: 1.80 / 5'11".		
Yemaneberhan CRIPPA (ITA)	29y	SB and PB: 59:01 Napoli (ITA) 22.02
GENERAL: 2 times European champion 10,000m (22), Half Marathon (24) 2 times European Championships bronze medallist 5000m (22), 10,000m (18) WA World Rankings: 72nd OTHER PB'S: 27:10.76 10,000m(19) - 27:08 10km Road(24) - 2:05:18 Marathon(26) HONOURS: World Ch. (1xFinal): 6. 10,000m Doha(19) 27:10.76 Eur. Ch. (2xGold, 2xBronze): 1. Half Marathon Roma(24) 1:01:03 - 1. 10,000m München(22) 27:46.13 - 3. 5000m München(22) 13:24.83 - 3. 10,000m Berlin(18) 28:12.15 - 4. 10,000m Birmingham(26) 28:08.56 - 4. 5000m Berlin(18) 13:19.85 - 8. 5000m Amsterdam(16) 13:46.30 Eur. XC Ch. (2xSilver) Eur. Team Ch. (2xGold, 1xBronze) Eur. Cup 10,000 (2xGold, 1xBronze) 2026: Half Marathon Napoli (ITA) 1. 59:01 - Marathon Paris (FRA) d 1. 2:05:18 - 10km Road Palermo (ITA) 1. 28:14 - 10,000m Pergine Valsugana (ITA) 1. 27:43.23 - 10,000m Birmingham (GBR) ECH 4. 28:08.56 INFO: Born in Wollo, Ethiopia. Lost his parents in the Eritrean-Ethiopian War; was adopted in 2001 by Italian couple. First played football. Likes video games. Admires Mo Farah. A documentary film about social integration and sport was produced featuring him and his brother. Nickname: Yeman. Height: 1.73 / 5'8". Club: G.S. Fiamme Oro Padova.		
Badr JAAFARI (ITA)	28y	SB and PB: 1:01:09 Barcelona (ESP) 15.02
WA World Rankings: 193rd OTHER PB'S: 13:32.07 5000m(22) - 28:19 10km Road(25) - 2:09:58 Marathon(25) 2026: Half Marathon Barcelona (ESP) 12. 1:01:09 - 10,000m Scandiano (ITA) 5. 28:33.32 - 10km Road Palermo (ITA) 4. 28:46 INFO: Club: Atletica Casone Noceto.		
Alberto MONDAZZI (ITA)	28y	SB and PB: 1:01:47 Barcelona (ESP) 15.02
WA World Rankings: 200th OTHER PB'S: 13:37.04 5000m(23) - 28:37.41 10,000m(23) - 28:00 10km Road(26) 2026: 10km Road Valencia (ESP) 36. 28:00 - Half Marathon Barcelona (ESP) 22. 1:01:47 - 10km Road Lille (FRA) 50. 28:41 - 10,000m Scandiano (ITA) 12. 29:28.20 - 10,000m La Spezia (ITA) E10KC 16. 28:46.58 INFO: Based in Milan. Studies: Bocconi University. Club: Atletica Casone Noceto.		
Ahmad SMOUR (JOR)	33y	PB: 1:05:53 Aqaba (JOR) 05.12.2025
Neo NAMIKI (JPN)	24y	SB and PB: 1:00:29 Marugame (JPN) 01.02
OTHER PB'S: 13:43.03 5000m(24) - 27:49.62 10,000m(25) 2026: Half Marathon Marugame (JPN) 6. 1:00:29 - Half Marathon Gold Coast (AUS) NCH 8. 1:01:46		

Yuma NISHIZAWA (JPN)	26y	SB and PB: 1:00:26 Marugame (JPN) 01.02	
OTHER PB'S: 13:35.58 5000m(26) - 27:36.61 10,000m(25) - 48:05 10 Miles Road(22) 2026: Half Marathon Marugame (JPN) 5. 1:00:26 - 5000m Kumamoto (JPN) 13. 13:35.58 - 10,000m Osaka (JPN) 3. 27:56.13 - 5000m Nagoya (JPN) NCH h 13:49.93 - 5000m Chitose (JPN) 15. 13:38.71			
Tomoya OGIKUBO (JPN)	28y	SB and PB: 1:00:22 Marugame (JPN) 01.02	
WA World Rankings: 113th OTHER PB'S: 13:25.00 5000m(25) - 27:38.28 10,000m(24) - 28:15 10km Road(26) 2026: Half Marathon Marugame (JPN) 4. 1:00:22 - Half Marathon Guadalajara (MEX) 7. 1:04:41 - 5000m Kumamoto (JPN) 15. 13:40.58 - 10km Road Laredo (ESP) 8. 28:15 - Half Marathon Riga (LAT) 8. 1:01:24 - 5000m Nagoya (JPN) NCH h 13:35.98 - 5000m Nagoya (JPN) NCH 6. 13:26.74 - 1500m Liège (BEL) 4. 3:50.49 - 5000m Heusden-Zolder (BEL) 12. 13:38.98 - 10km Road Praha (CZE) 12. 28:21			
Daisuke SATO (JPN)	21y	SB and PB: 1:00:40 Marugame (JPN) 01.02	
WA World Rankings: 219th OTHER PB'S: 13:34.57 5000m(25) - 28:53.06 10,000m(24) - 13:48 5 km Road(25) 2026: Half Marathon Marugame (JPN) 7. 1:00:40 - 5000m Utsunomiya (JPN) 7. 13:41.39 - 5000m Nagoya (JPN) NCH h 13:54.08 - Half Marathon Gold Coast (AUS) NCH 5. 1:01:37			
Daniel Simiu EBENYO (KEN)	31y	SB: 1:00:39 Chicago, IL (USA) 07.06	PB: 59:04 Manama (BRN) 23.12.2022
GENERAL: World Championships silver medallist 10,000m (23) Commonwealth Games silver medallist 10,000m (22) WA World Rankings: 119th OTHER PB'S: 12:54.90 5000m(22) - 26:57.80 10,000m(23) - 26:58 10km Road(22) Current Records: 1xWBP: WBP 1:11:13 25 km Road Kolkata(23) HONOURS: World Ch. (1xSilver): 2. 10,000m Budapest(23) 27:52.60 World Ind. Ch. (1xFinal): 4. 3000m sh Beograd(22) 7:42.97 World RR Ch. (1xSilver): 2. Half Marathon Riga(23) 59:14 World XC Ch. (1xBronze): 3. XC Senior Race Tallahassee, FL(26) 28:45 - 6. XC Senior Race Bathurst(23) 30:01 Afr. Ch. (1xSilver): 2. 5000m St Pierre(22) 13:38.79 2026: Half Marathon New York, NY (USA) 13. 1:00:50 - 10km Road Boulder, CO (USA) 2. 29:06 - Half Marathon Chicago, IL (USA) 1. 1:00:39 - 10,000m Glasgow (GBR) CWG 6. 27:56.35 INFO: Grew up in Baragoi. Earlier played football; likes reading. His idol is Geoffrey Kamworor.			
Nicholas KIPKORIR (KEN)	27y	SB and PB: 58:08 Lisboa (POR) 08.03	
GENERAL: Diamond League Final winner 5 km Road (22) 3 times In top 8 at World Championships WA World Rankings: 2nd OTHER PB'S: 12:46.33 5000m(22) - 26:50.94 10,000m(24) - 26:51 10km Road(22) HONOURS: OG (1xFinal): 4. 5000m Tokyo(21) 12:59.17 World Ch. (3xFinal): 7. 5000m Eugene, OR(22) 13:11.97 - 8. 10,000m Budapest(23) 28:03.38 - 8. 5000m Doha(19) 13:05.27 DF (1xWin): 1. 5 km Road Zürich(22) 13:00 World RR Ch. (1xBronze): 3. 5 km Road Riga(23) 13:16 CWG (1xSilver) (USA) 2. 27:41 2026: Half Marathon Dubai (UAE) 2. 59:28 - Half Marathon Lisboa (POR) 2. 58:08 - Marathon Boston, MA (USA) MajMAR 16. 2:06:07 - 10km Road Atlanta, GA (USA) 2. 27:41 INFO: Born in Eldoret. Likes playing volleyball. Height: 1.70 / 5'7".			
Alex Nzioka MATATA (KEN)	29y	SB and PB: 59:11 Yangzhou (CHN) 29.03	
WA World Rankings: 4th OTHER PB'S: 13:50.91 5000m(25) - 27:48dh 10km Road(26) - 41:43 15 km Road(25) 2026: Half Marathon Meishan (CHN) 1. 59:51 - Half Marathon Yangzhou (CHN) 1. 59:11 - Half Marathon Istanbul (TUR) NCH 1. 1:00:01 - 10km Road Atlanta, GA (USA) 4. 27:48 - 15 km Road Utica, NY (USA) 1. 42:24			
Gideon Kipkertich RONO (KEN)	23y	SB and PB: 58:38 Ras Al Khaimah (UAE) 14.02	
GENERAL: In top 8 at World Cross Country Championships OTHER PB'S: 7:41.76 3000m(24) - 27:11.03 10,000m(22) - 27:41 10km Road(24) HONOURS: 2026: Half Marathon Ras Al Khaimah (UAE) 3. 58:38 - 10,000m Yokohama (JPN) 2. 27:39.71 - 5000m Nobeoka (JPN) 3. 13:22.44 - 10,000m Tendo (JPN) 5. 28:19.31 - 5000m Tendo (JPN) 6. 13:45.13 - 10,000m Chitose (JPN) 3. 27:35.04 INFO: Hometown: Eldama Ravine. Club: SL Benfica.			
Ilia TIAPKIN (KGZ)	35y	PB: 1:06:38 Almaty (KAZ) 17.04.2022	
GENERAL: In top 8 at Asian Championships Asian Marathon Championships bronze medallist Marathon (24) OTHER PB'S: 2:17:05 Marathon(24) HONOURS: Asi. Mar. Ch. (1xBronze) NCH (1xWin) 2026: Marathon Cholpon-Ata (KGZ) 3. 2:30:20 - 5000m Tashkent (UZB) 5. 14:57.98			
Dmitrijs SERJOGINS (LAT)	33y	SB: 1:05:09 Helsinki (FIN) 16.05	PB: 1:04:43 Barcelona (ESP) 17.10.2021
GENERAL: 13 times National champion 3000m (14), 5000m (25, 13), 10,000m (25, 24, 19), 3000mSC (15), Half Marathon (25, 19, 24, 23), Marathon (19, 24) 2 times National Indoor champion 1500m sh (14), 3000m sh (17) WA World Rankings: 841st OTHER PB'S: 3:49.26 1500m sh(25) - 8:12.24 3000m sh(25) - 29:10 10km Road(19) Current Records: 1xNBP: NBP 44:05 15 km Road Valencia(23) HONOURS: NCH (13xWin) NICH (2xWin) 2026: 800m sh Riga (LAT) 2. 1:59.11 - 3000m sh Riga (LAT) 2. 8:15.48 - 2000m sh Ogre (LAT) 3. 5:18.64 - 1500m sh Riga (LAT) NICH 4. 3:52.42 - Half Marathon Savona (ITA) 3. 1:05:44 - 10,000m Calella (ESP) 1. 29:51.91 - Half Marathon Helsinki (FIN) 1. 1:05:09 - Half Marathon České Budějovice (CZE) 9. 1:07:13 - 3000m Riga (LAT) 4. 8:35.38 - Half Marathon Kuldiga (LAT) 1. 1:07:32 - Half Marathon Jelgava (LAT) NCH 1. 1:09:16 - Half Marathon Vilnius (LTU) 1. 1:07:51 INFO: Born in Riga.			
Lukas TARASEVIČIUS (LTU)	32y	PB: 1:06:51 Berlin (GER) 02.04.2023	
GENERAL: 10 times National champion 10,000m (26, 24), 3000mSC (26, 23), 10km Road (26, 26, 23, 24), Half Marathon (23), Marathon (25) WA World Rankings: 1689th HONOURS: NCH (10xWin) 2026: 3000m sh Panevėžys (LTU) 3. 8:44.01 - 10km Road Mažeikiai (LTU) NCH 1. 32:14 - 3000m sh Kaunas (LTU) NICH 3. 8:34.88 - 5000m Vilnius (LTU) 9. 14:44.98 - 10km Road Birštonas (LTU) NCH 1. 31:14 - 10,000m Palanga (LTU) NCH 1. 30:50.95 - 3000mSC Palanga (LTU) NCH 1. 9:30.78 - 3000mSC Riga (LAT) 2. 9:15.29 - 5 km Road Vilnius (LTU) 1. 15:08 INFO: Based in Vilnius. Studies: Vilnius University. Club: Aitvaras, Alytus.			
Giedrius VALINČIUS (LTU)	26y	PB: 1:03:27 Copenhagen (DEN) 14.09.2025	
GENERAL: 7 times National champion 800m (26), 5000m (24, 22), 10,000m (23), 3000mSC (22, 21, 20) WA World Rankings: 460th OTHER PB'S: 7:57.90 3000m sh(26) - 13:33.31 5000m(25) - 28:19 10km Road(26) Current Records: 1xNBP: NBP 5:49.58 2000mSC sh Minsk(19) HONOURS: NCH (7xWin) 2026: 10km Road Valencia (ESP) 53. 28:19 - 3000m sh Louvain-La-Neuve (BEL) 11. 8:15.63 - 3000m sh Kaunas (LTU) NICH 2. 7:57.90 - 10,000m La Spezia (ITA) E10KC 13. 28:44.68 - 5000m Vilnius (LTU) 5. 13:42.72 - 1500m Palanga (LTU) 4. 3:48.35 - 5000m Wien (AUT) NCH 20. 14:12.69 - 1500m Istanbul (TUR) 1. 3:47.31 - 5000m Heusden-Zolder (BEL) 17. 13:53.81 - 1500m Palanga (LTU) NCH 2. 3:47.11 - 800m Palanga (LTU) NCH 1. 1:53.00 - 3000m Riga (LAT) 1. 8:05.28 INFO: Hometown: Kalvarija. Studies: California Baptist University. Major in Kinesiology. Club: LSR, Marijampolė.			
Seng Tou IP (MAC)	26y	SB and PB: 1:11:16 Gold Coast (AUS) 04.07	
Current Records: 1xNBP: NBP 4:31.44 Mile Road Riga(23) 2026: 1500m Wuhan (CHN) 10. 4:06.53 - 1500m Qinhuangdao (CHN) 16. 4:11.53 - 10,000m Qinhuangdao (CHN) 29. 32:47.89 - 10,000m Qingdao (CHN) 25. 33:24.01 - Half Marathon Gold Coast (AUS) NCH 122. 1:11:16 INFO: Also an international chess player.			
Mustapha AKKAoui (MAR)	26y	SB: 1:01:43 Rabat (MAR) 10.05	PB: 1:00:38 Rabat (MAR) 27.04.2025
GENERAL: 2 times National champion 5000m (23), 10,000m (26) OTHER PB'S: 7:47.50 3000m(24) - 7:56.61 3000m sh(24) - 13:32.59 5000m(24) HONOURS: NCH (2xWin) 2026: Half Marathon Rabat (MAR) 3. 1:01:43 - 10,000m Sale (MAR) NCH 1. 29:34.76 - 10,000m Taranto (ITA) MedG 2. 28:38.50			

Mohamed Reda EL AARABY (MAR)	36y	PB: 59:54 Málaga (ESP) 24.04.2022
GENERAL: All-African Games silver medallist Half Marathon (19) World Military Games winner 10,000m (19) OTHER PB'S: 27:58 10km Road(19) - 43:39 15 km Road(19) - 2:05:18 Marathon(26) HONOURS: All-Afr. G. (1xSilver) Major Mar. (1xSilver) Franc. G. (1xBronze) Medit. G. (1xWin) World Mil. G. (1xWin) NCH (1xWin) 2026: Marathon Oita (JPN) 8. 2:08:01 - Marathon Hamburg (GER) 6. 2:05:18 - 10km Road Boston, MA (USA) 16. 29:06 INFO: Athlete from Ouezzane.		
Othmane EL GOMRI (MAR)	34y	SB: 1:01:02 Meishan (CHN) 15.03 PB: 1:00:30 Gdynia (POL) 17.10.2020
GENERAL: National champion 1500m (13) OTHER PB'S: 3:37.79 1500m(13) - 13:13.72 5000m(13) - 2:04:24 Marathon(26) HONOURS: NCH (1xWin) 2026: Half Marathon Meishan (CHN) 4. 1:01:02 - Marathon Hamburg (GER) 1. 2:04:24 INFO: Born in Tétouan. Height: 1.74 / 5'9".		
Hicham OULADHA (MAR)	31y	SB: 1:01:36 Rabat (MAR) 10.05 PB: 1:00:57 Rabat (MAR) 21.04.2024
GENERAL: 4 times National champion 1500m (19, 18), 10,000m (25, 24) Francophone Games bronze medallist 1500m (17) WA World Rankings: 206th OTHER PB'S: 3:35.35 1500m(18) - 7:46.14 3000m(22) - 2:08:59 Marathon(25) HONOURS: Franc. G. (1xBronze) NCH (4xWin) 2026: Half Marathon Marrakech (MAR) 1. 1:02:00 - Half Marathon Rabat (MAR) 2. 1:01:36 - 10,000m Taranto (ITA) MedG 3. 28:56.64		
Cruz GOMEZ (MEX)	25y	SB and PB: 1:02:14 Houston, TX (USA) 11.01
GENERAL: NCAA Indoor champion Distance Medley sh (22) OTHER PB'S: 3:41.36 1500m sh(25) - 3:57.09 Mile sh(22) - 7:46.35 3000m sh(25) HONOURS: NCAA Ind. Ch. (1xWin) 2026: Half Marathon Houston, TX (USA) 32. 1:02:14 - 10,000m Azusa, CA (USA) 24. 29:26.08 - 5000m Portland, OR (USA) 7. 14:00.99 - Half Marathon Santo Domingo (DOM) CACG 9. 1:12:02		
Marcelo LAGUERA (MEX)	30y	SB: 1:01:01 Houston, TX (USA) 11.01 PB: 1:00:53 Houston, TX (USA) 19.01.2025
GENERAL: In top 8 at Pan American Games WA World Rankings: 309th OTHER PB'S: 28:05.83 10,000m(23) - 47:09 10 Miles Road(25) - 2:11:54 Marathon(24) HONOURS: 2026: Half Marathon Houston, TX (USA) 19. 1:01:01 - Marathon Los Angeles, CA (USA) 6. 2:17:22 - 10km Road Boston, MA (USA) 19. 29:13 - 10km Road Atlanta, GA (USA) 19. 29:34 - 10km Road Guadalajara (MEX) 1. 29:18 INFO: Hometown: Chihuahua. Studies: Colorado State University-Pueblo.		
Ayrton LEDESMA (MEX)	28y	SB and PB: 1:02:15 Houston, TX (USA) 11.01
WA World Rankings: 473rd OTHER PB'S: 8:09.37 3000m sh(22) - 8:47.15 3000mSC(23) 2026: Half Marathon Houston, TX (USA) 34. 1:02:15 - 5000m Tijuana (MEX) 1. 14:25.28 - Half Marathon Santo Domingo (DOM) CACG 6. 1:07:07		
Jose Luis SANTANA MARIN (MEX)	36y	SB: 1:04:48 Zapopán (MEX) 17.05 PB: 1:01:11 Gdynia (POL) 17.10.2020
GENERAL: Pan American Games silver medallist Marathon (19) 4 times National champion 10,000m (23, 22, 21), 10km Road (23) WA World Rankings: 605th OTHER PB'S: 28:16.38 10,000m(25) - 28:38 10km Road(18) - 2:10:54 Marathon(19) HONOURS: PanAm G. (1xSilver) CAC G. (1xWin) NCH (4xWin) 2026: Half Marathon Guadalajara (MEX) 10. 1:05:54 - Half Marathon Zapopán (MEX) 1. 1:04:48 - 10,000m Santo Domingo (DOM) CACG 1. 29:28.69 - 10km Road Guadalajara (MEX) 2. 29:41		
Luke MICALLEF (MLT)	36y	SB and PB: 1:04:46 Barcelona (ESP) 15.02
GENERAL: 12 times National champion 1500m (23), 3000m (24, 23), 10,000m (26), 3000mSC (26, 25, 24, 23, 22, 20, 19, 18) Balkan Championships winner Marathon (24) WA World Rankings: 840th OTHER PB'S: 29:26 10km Road(25) HONOURS: Balkan Ch. (1xWin) NCH (12xWin) 2026: 10km Road Bologna (ITA) 6. 29:41 - Half Marathon Barcelona (ESP) 65. 1:04:46 - Marathon Tokyo (JPN) MajMAR 93. 2:18:10 - Half Marathon Berlin (GER) d 65. 1:05:35 - 10,000m Marsa (MLT) NCH 1. 30:34.65 - 10,000m Marsa (MLT) 1. 30:34.65 - 10,000m La Spezia (ITA) E10KC 16. 30:30.39 - 5000m Volos (GRE) BalCH 4. 14:41.02 - 3000mSC Volos (GRE) BalCH 7. 9:12.64 - 5000m Marsa (MLT) 1. 14:40.24 - 3000mSC Marsa (MLT) NCH 1. 9:27.07 - Half Marathon Taranto (ITA) MedG 6. 1:07:16 INFO: Athlete from Pembroke. Club: Dingli Swallows FC.		
Simon SPITERI (MLT)	34y	SB and PB: 1:05:45 Berlin (GER) 29.03
GENERAL: 5 times National champion 1500m (21), 3000m (25, 21), 10,000m (23), 10km Road (25) WA World Rankings: 1071st HONOURS: NCH (5xWin) 2026: Half Marathon Sevilla (ESP) 21. 1:06:28 - Marathon Sevilla (ESP) 62. 2:20:35 - Half Marathon Berlin (GER) d 67. 1:05:45 - 10km Road Lille (FRA) 88. 29:41 - 5 km Road Ta' Qali (MLT) NCH 2. 14:33 - 5000m Monaco (MON) 4. 14:37.63 INFO: Also an accountant. Club: Qala Saints FC.		
Tristan BOETTI (MON)	25y	
2026: 10km Road Cannes (FRA) 26. 32:21 - 10km Road Troyes (FRA) NCH 134. 31:52		
Filmon TESFU (NED)	33y	SB and PB: 1:00:38 Lisboa (POR) 08.03
WA World Rankings: 86th OTHER PB'S: 27:45 10km Road(25) - 47:06 10 Miles Road(23) - 2:06:40 Marathon(26) 2026: Half Marathon Lisboa (POR) 13. 1:00:38 - Marathon Rotterdam (NED) d 7. 2:06:40 - 10km Road Manchester (GBR) 9. 28:29 - 10km Road Cluj-Napoca (ROU) 7. 30:02 - 10km Road Praha (CZE) 13. 28:27		
Jacob BOUTERA (NOR)	30y	SB and PB: 1:02:08 Berlin (GER) 29.03
GENERAL: 2 times National champion 3000mSC (25, 24) WA World Rankings: 281st OTHER PB'S: 3:41.69 1500m sh(21) - 7:46.31 3000m sh(25) - 8:15.69 3000mSC(25) HONOURS: NCH (2xWin) 2026: 10km Road Castellón (ESP) 30. 28:34 - Half Marathon Berlin (GER) d 25. 1:02:08 - 3000mSC Birmingham (GBR) ECH h 8:49.44 INFO: Born in Aurskog.		
Zerei Kbrom MEZNGI (NOR)	40y	SB: 1:04:37 Göteborg (SWE) 23.05 PB: 1:00:01 København (DEN) 18.09.2022
GENERAL: European Championships silver medallist 10,000m (22) 5 times National champion 10,000m (23, 22, 21, 20, 17) WA World Rankings: 459th OTHER PB'S: 27:41.44 10,000m(23) - 27:39 10km Road(21) - 2:07:00 Marathon(26) HONOURS: Eur. Ch. (1xSilver) : 2. 10,000m München(22) 27:46.94 NCH (5xWin) 2026: 10km Road Valencia (ESP) 82. 28:47 - 10km Road Castellón (ESP) 31. 28:45 - Marathon Paris (FRA) d 10. 2:07:00 - Half Marathon Göteborg (SWE) 3. 1:04:37 - 10,000m Trondheim (NOR) NCH 2. 29:13.22 - 5000m Espoo (FIN) 8. 14:13.54 INFO: Born in Eritrea. Height: 1.89 / 6'2".		

Sjur PRESTSÆTER (NOR)	35y	SB and PB: 1:03:16 Barcelona (ESP) 15.02
GENERAL: National champion Half Marathon (25) WA World Rankings: 609th OTHER PB'S: 13:57.36 5000m(23) - 29:15 10km Road(25) - 2:13:45 Marathon(26) HONOURS: NCH (1xWin) 2026: Half Marathon Barcelona (ESP) 39. 1:03:16 - Marathon Tokyo (JPN) MajMAR 51. 2:13:45 - 10km Road Oslo (NOR) 1. 29:47 - Half Marathon Grue (NOR) 2. 1:04:44 - Marathon Birmingham (GBR) ECH 30. 2:17:02 INFO: Represents the club SK Vidar, Oslo;. Works in medical research at the University of Oslo's Department of Neurology; . Previously competed internationally in cross-country skiing;.		
Fredrik SANDVIK (NOR)	28y	SB and PB: 1:05:12 Stockholm (SWE) 29.08
WA World Rankings: 227th OTHER PB'S: 7:48.42 3000m(24) - 8:27.46 3000mSC(23) - 28:06 10km Road(26) 2026: 10km Road Valencia (ESP) 48. 28:14 - 10km Road Lille (FRA) 29. 28:06 - 10km Road Åmot (NOR) 4. 28:26 - 1500m Jessheim (NOR) 6. 3:43.20 - 5 km Road Kjeller (NOR) 1. 14:22 - 5000m Hengelo (NED) WC 12. 13:41.26 - 5000m Oslo (NOR) 3. 14:00.60 - 10,000m Trondheim (NOR) NCH 4. 29:26.17 - Half Marathon Stockholm (SWE) 6. 1:05:12 INFO: Athlete of Ullensaker.		
Per SVELA (NOR)	34y	SB and PB: 1:02:20 Barcelona (ESP) 15.02
GENERAL: 2 times National Indoor champion 3000m sh (22, 19) WA World Rankings: 298th OTHER PB'S: 7:47.86 3000m sh(24) - 13:18.61 5000m(24) - 13:32.68 5000m sh(25) HONOURS: NICH (2xWin) 2026: 10km Road Valencia (ESP) 62. 28:27 - Half Marathon Barcelona (ESP) 26. 1:02:20 - 3000m sh Bergen (NOR) NICH 2. 7:57.77 - Half Marathon Göteborg (SWE) 4. 1:07:06 - 5000m Dublin (IRL) 14. 13:54.92 - 5000m Trondheim (NOR) NCH 5. 13:49.93 INFO: Athlete of Vikesa. Training partner of Narve Gilje Nordas. Club: IL Norna Salhus.		
Toby GUALTER (NZL)	25y	SB and PB: 1:03:01 Gold Coast (AUS) 04.07
GENERAL: 5 times National champion 5000m (26), 10,000m (25), 5 km Road (25), 10km Road (26, 25) Oceania champion 5000m (26) WA World Rankings: 411th OTHER PB'S: 7:58.26 3000m sh(23) - 13:41.90 5000m(25) - 28:51 10km Road(25) HONOURS: Oce. Ch. (1xWin): 1. 5000m Darwin(26) 14:29.83 NCH (5xWin) 2026: 3000m Wellington (NZL) 1. 8:19.81 - 5000m Wellington (NZL) 1. 14:26.88 - 5000m Auckland (NZL) NCH 1. 13:59.58 - 10km Road Devonport Tasmania (AUS) 3. 28:55 - 5000m Darwin (AUS) OceCH 1. 14:29.83 - Half Marathon Gold Coast (AUS) NCH 14. 1:03:01 - 10km Road New Plymouth (NZL) NCH 1. 29:44 INFO: Hometown: Wellington. Studies: North Carolina State University.		
William LITTLE (NZL)	26y	SB and PB: 1:03:37 Launceston (AUS) 31.05
GENERAL: 2 times National champion 5000m (24), 10km Road (24) OTHER PB'S: 7:57.40 3000m(25) - 13:49.55 5000m(24) - 28:47 10km Road(25) HONOURS: NCH (2xWin) 2026: 3000m Christchurch (NZL) 1. 8:36.40 - 5000m Auckland (NZL) NCH 3. 14:11.40 - Half Marathon Launceston (AUS) 11. 1:03:37 INFO: Based in Christchurch.		
Taonga MBAMBO (NZL)	25y	PB: 1:03:45 Christchurch (NZL) 13.04.2025
WA World Rankings: 934th OTHER PB'S: 8:06.63 3000m(25) - 13:50.05 5000m(24) - 29:16.98 10,000m(24)		
Connor MELTON (NZL)	27y	SB and PB: 1:03:25 Launceston (AUS) 31.05
OTHER PB'S: 4:04.27 Mile(22) - 8:03.63 3000m(25) - 13:59.17 5000m(24) 2026: Half Marathon Launceston (AUS) 10. 1:03:25		
Ferdinand CERECEDA (PER)	31y	SB and PB: 1:01:50 Lima (PER) 23.08
GENERAL: In top 8 at South American Marathon Championships OTHER PB'S: 28:56.52 10,000m(25) - 2:12:12 Marathon(26) HONOURS: 2026: Marathon Lima (PER) 5. 2:12:12 - Half Marathon Lima (PER) 2. 1:01:50 INFO: Also competes in mountain running.		
Adam NOWICKI (POL)	36y	SB: 1:03:35 Gdynia (POL) 25.04 PB: 1:02:51 Verona (ITA) 01.05.2022
GENERAL: 3 times National champion Half Marathon (26, 20), Marathon (24) WA World Rankings: 360th OTHER PB'S: 29:12.85 10,000m(18) - 28:44 10km Road(22) - 2:08:42 Marathon(25) HONOURS: NCH (3xWin) 2026: 10km Road Poznan (POL) 2. 28:58 - Half Marathon Gdynia (POL) NCH 1. 1:03:35 - 5 km Road Warszawa (POL) NCH 3. 14:07 INFO: Based in Szczecin. Member of the Armed Forces. Also a dad.		
Samuel BARATA (POR)	33y	SB: 1:00:36 Lisboa (POR) 08.03 PB: 59:40 Valencia (ESP) 22.10.2023
GENERAL: 8 times National champion 3000m (20), 5000m (18, 17), 10,000m (24, 21, 20, 15), 10km Road (20) WA World Rankings: 87th OTHER PB'S: 27:48.62 10,000m(24) - 27:54 10km Road(26) - 2:07:35 Marathon(23) HONOURS: NCH (8xWin) 2026: 10km Road Figueira da Foz (POR) NCH 4. 28:23 - Half Marathon Lisboa (POR) 12. 1:00:36 - 10km Road Lille (FRA) 18. 27:54 INFO: Born in Switzerland. Chemistry studies at University of Lisbon. Height: 1.75 / 5'9". Club: Sport Lisboa e Benfica.		
Miguel BORGES (POR)	31y	PB: 1:01:54 Barcelona (ESP) 16.02.2025
GENERAL: 3 times National champion 10,000m (26), 3000mSC (15), Half Marathon (24) WA World Rankings: 795th OTHER PB'S: 8:38.18 3000mSC(22) - 28:46 10km Road(25) - 2:12:39 Marathon(24) HONOURS: NCH (3xWin) 2026: 10km Road Figueira da Foz (POR) NCH 12. 29:08 - 10km Road Póvoa de Lanhoso (POR) 1. 29:44 - 10,000m Lisboa (POR) NCH 1. 29:06.09 - 10,000m La Spezia (ITA) E10KC 19. 28:56.05 INFO: Based in Lisbon. Club: Sporting CP.		
Rui PINTO (POR)	33y	SB: 1:02:43 Barcelona (ESP) 15.02 PB: 1:01:52 Barcelona (ESP) 16.02.2025
GENERAL: 3 times National champion 5000m (15, 14), 10km Road (19) National Indoor champion 3000m sh (13) WA World Rankings: 243rd OTHER PB'S: 3:44.34 1500m(17) - 28:21 10km Road(26) - 2:11:23 Marathon(23) HONOURS: NCH (3xWin) NICH (1xWin) 2026: 10km Road Figueira da Foz (POR) NCH 2. 28:21 - Half Marathon Barcelona (ESP) 28. 1:02:43 - Half Marathon Lisboa (POR) 30. 1:03:10 - 10,000m La Spezia (ITA) E10KC 3. 29:13.86 INFO: Based in Lisbon. Club: Sporting Clube de Portugal (SCP) .		
Arnaldo MARTINEZ (PUR)	25y	SB and PB: 1:02:27 Osaka (JPN) 25.01
GENERAL: In top 8 at NACAC Championships 10,000m (22) WA World Rankings: 740th HONOURS: 2026: Half Marathon Osaka (JPN) 31. 1:02:27 - 10km Road Toa Baja (PUR) 1. 30:41 - 10,000m Lima (PER) IbAMCH 6. 29:59.28 - Half Marathon Santo Domingo (DOM) CACG 4. 1:06:13 - 10,000m Santo Domingo (DOM) CACG 10. 31:59.53		

Hector PAGAN (PUR)	24y	SB and PB: 1:01:55 Valley Cottage, NY (USA) 21.03
GENERAL: 2 times NACAC U23 Championships silver medallist 1500m (23), 5000m (23) 2 times In top 8 at Pan American Games WA World Rankings: 600th OTHER PB'S: 3:41.24 1500m(24) - 3:41.24 1500m(23) - 28:23.26 10,000m(26) HONOURS: NACAC Ch. (1xBronze): 3. 5000m Freeport(25) 14:40.60 CAC G. (1xWin) NACAC U23 Ch. (2xSilver) PanAm U23 G. (1xGold) NCH (2xWin) 2026: Half Marathon Valley Cottage, NY (USA) 1. 1:01:55 - 10,000m Azusa, CA (USA) 12. 28:23.26 - Half Marathon Santo Domingo (DOM) CACG 3. 1:05:33 - 10,000m Santo Domingo (DOM) CACG 2. 29:33.79		
Nicolae Alexandru SOARE (ROU)	35y	SB: 1:03:19 București (ROU) 26.04 PB: 1:03:14 Gdynia (POL) 17.10.2020
GENERAL: 24 times National champion 5000m (22, 21, 20, 19, 18, 17, 14, 13, 12, 11), 10,000m (22, 21, 20, 19, 18, 17, 16, 15, 13, 12, 12), 10km Road (22), Half Marathon (15), Marathon (23) 2 times World University Games silver medallist 10,000m (17, 15) WA World Rankings: 443rd OTHER PB'S: 28:25.38 10,000m(18) - 28:41 10km Road(22) - 2:11:58 Marathon(25) Current Records: 1xNBP: NBP 13:32 5 km Road Brasov(19) HONOURS: WUG (2xSilver) Eur. U23 Ch. (1xSilver) Balkan Ch. (3xWin) NCH (24xWin) NICH (1xWin) 2026: Half Marathon București (ROU) NCH 2. 1:03:19 - Half Marathon București (ROU) 2. 1:03:51 - 10km Road Cluj-Napoca (ROU) 6. 29:49		
Elroy GELANT (RSA)	40y	SB: 1:02:30 Heerenberg (NED) 18.01 PB: 1:00:22 Gentbrugge (BEL) 09.03.2025
GENERAL: African Championships silver medallist 5000m (16) In top 8 at World Indoor Championships WA World Rankings: 199th OTHER PB'S: 7:39.55 3000m sh(14) - 13:04.88 5000m(16) - 2:05:36 Marathon(25) HONOURS: World Ind. Ch. (1xFinal): 7. 3000m sh Sopot(14) 7:57.31 Afr. Ch. (1xSilver): 2. 5000m Durban(16) 13:15.13 - 8. 10,000m St Pierre(22) 29:41.40 - 7. 5000m Porto Novo(12) 13:54.93 WUG (1xBronze) NCH (4xWin) 2026: Half Marathon Heerenberg (NED) 2. 1:02:30 - Marathon Osaka (JPN) d 22. 2:08:20 INFO: Grew up in Western Cape. Human Resources studies at North-West University. His idol is Donovan Wright. Started running at the age of 9 with cross country. Has had a full-time job at North-West University. Height: 1.75 / 5'9".		
Ngconde MATWEBU (RSA)	26y	SB and PB: 1:01:57 Gqeberha (RSA) 27.06
WA World Rankings: 370th OTHER PB'S: 8:08.28 3000m(23) - 28:27 10km Road(26) 2026: 5000m Pretoria (RSA) 2. 14:15.26 - 10km Road Gqeberha (RSA) 19. 29:41 - 5000m Stellenbosch (RSA) NCH 13. 14:35.28 - Half Marathon Gqeberha (RSA) NCH 2. 1:01:57 - 10km Road Durban (RSA) 13. 28:27		
Cwenga NOSE (RSA)	26y	SB and PB: 1:02:16 Gqeberha (RSA) 27.06
WA World Rankings: 401st OTHER PB'S: 29:07.01 10,000m(26) - 29:00 10km Road(26) 2026: 10km Road Gqeberha (RSA) 10. 29:07 - 10,000m Stellenbosch (RSA) NCH 3. 29:07.01 - 10km Road Cape Town (RSA) 3. 29:00 - Half Marathon Gqeberha (RSA) NCH 3. 1:02:16		
Yong HE (SGP)	44y	PB: 1:11:00 Valencia (ESP) 26.10.2025
Fang Zhou HOO (SGP)	23y	SB and PB: 1:13:19 Gold Coast (AUS) 04.07
2026: Half Marathon Gold Coast (AUS) NCH 168. 1:13:19		
Timothy Ke Qin LIAU (SGP)	26y	SB and PB: 1:12:10 Marugame (JPN) 01.02
2026: Half Marathon Marugame (JPN) 390. 1:12:10		
Joshua YEOW (SGP)	25y	SB and PB: 1:13:38 Gold Coast (AUS) 04.07
2026: 3000mSC Singapore (SGP) NCH 2. 9:49.33 - Half Marathon Gold Coast (AUS) NCH 179. 1:13:38		
Jan KOKALJ (SLO)	29y	PB: 1:02:59 Ljubljana (SLO) 19.10.2025
GENERAL: 13 times National champion 1500m (20, 17), 3000m (26, 20, 19, 17, 16), 5000m (24, 21, 19), 5 km Road (25, 24), 10km Road (25) 4 times National Indoor champion 1500m sh (20, 18), 3000m sh (24, 17) WA World Rankings: 413th OTHER PB'S: 8:04.71 3000m(26) - 13:48.53 5000m(25) - 28:45 10km Road(26) HONOURS: NCH (13xWin) NICH (4xWin) 2026: 10km Road Muggia (ITA) 1. 29:10 - 10km Road Trieste (ITA) 1. 28:45 - 10,000m La Spezia (ITA) E10KC 9. 29:59.15 - 5 km Road Zdenci Brdovečki (CRO) 1. 14:13 - 3000m Celje (SLO) 2. 8:17.08 - 3000m Maribor (SLO) NCH 1. 8:04.71 - 5000m Maribor (SLO) 1. 14:42.94 - 3000m Maribor (SLO) 2. 8:31.49 INFO: Athlete of Celje. Club: Atletski Klub Velenje.		
Abeich Wol AKOON (SSD)	23y	SB: 1:08:37 Djibouti (DJI) 23.01 PB: 1:07:57 Jerusalem (ISR) 04.04.2025
WA World Rankings: 1811th OTHER PB'S: 29:00 10km Road(25) 2026: Half Marathon Djibouti (DJI) 17. 1:08:37		
Andreas ALMGREN (SWE)	31y	PB: 58:41 Valencia (ESP) 26.10.2025
GENERAL: European champion 10,000m (26) World Championships bronze medallist 10,000m (25) WA World Rankings: 6th OTHER PB'S: 7:26.48 3000m(26) - 12:44.27 5000m(25) - 26:45 10km Road(26) Current Records: 1xNBP: NBP 8:11.12 2 Miles Eugene, OR(26) 3xAR: AR 12:44.27 5000m Stockholm(25) - AR 26:45 10km Road Valencia(26) - AR 58:41 Half Marathon Valencia(25) 1x=NR: =NR= 26:45 10km Road Castellón(26) HONOURS: World Ch. (1xBronze): 3. 10,000m Tokyo(25) 28:56.02 World U20 Ch. (1xBronze): 3. 800m Eugene, OR(14) 1:45.65 Eur. Ch. (1xGold): 1. 10,000m Birmingham(26) 27:23.44 - 4. 10,000m Roma(24) 28:01.16 - 4. 5000m München(22) 13:26.48 Eur. Team Ch. (1xSilver) NCH (8xWin) 2026: 10km Road Valencia (ESP) 1. 26:45 - 10km Road Castellón (ESP) 3. 26:45 - 3000m Shaoxing/Keqiao (CHN) DL 3. 7:26.48 - 1500m Stockholm (SWE) DL 14. 3:36.81 - 5000m Oslo (NOR) DL 3. 12:48.61 - 5000m Paris (FRA) DL 3. 12:55.38 - 3000m Eugene, OR (USA) 7:42.18 - 2 Miles Eugene, OR (USA) DL 4. 8:11.12 - 10,000m Uppsala (SWE) NCH 1. 28:49.73 - 10,000m Birmingham (GBR) ECH 1. 27:23.44 - 10,000m Helsinki (FIN) 1. 29:09.87 INFO: Born in Sollentuna. Studies: KTH Royal Institute of Technology. Also a consultant data scientist. Earlier played football; his idol is Wilson Kipketer. Height: 1.77 / 5'10".		
Bernard EMANUEL (TAN)	28y	
OTHER PB'S: 2:15:47 Marathon(26) 2026: Marathon Daegu (KOR) 13. 2:15:47		
Jummanne NGOYA (TAN)	29y	PB: 1:03:16 Yangzhou (CHN) 30.03.2025
WA World Rankings: 255th OTHER PB'S: 13:34 5 km Road(25) - 27:50 10km Road(25)		
Inyasi Nicodemus SULLEY (TAN)	27y	SB: 1:02:37 Lisboa (POR) 08.03 PB: 1:00:31 Lisboa (POR) 09.03.2025
OTHER PB'S: 28:32 10km Road(22) - 47:44 10 Miles Road(24) - 2:14:09 Marathon(26) 2026: Half Marathon Lisboa (POR) 27. 1:02:37 - Marathon Hamburg (GER) 21. 2:14:09		
John Nahhay WELE (TAN)	19y	
GENERAL: In top 8 at World U20 Championships WA World Rankings: 444th OTHER PB'S: 13:33.98 5000m(24) - 28:14 10km Road(24) - 27:53dh 10km Road(24) HONOURS: 2026: 10km Road Durban (RSA) 15. 28:29 - 10km Road Cali (COL) 4. 29:25		
Mande BUSHENDICH (UGA)	29y	PB: 1:00:14 Barcelona (ESP) 16.02.2020
OTHER PB'S: 27:24dh 10km Road(18) - 33:55 12 km Road(18) - 2:06:08 Marathon(25) 2026: Half Marathon Roma (ITA) 5. 59:23 - Marathon Paris (FRA) d 14. 2:10:45		
Feb CHELEGOI (UGA)	21y	SB: 1:01:22 Lisboa (POR) 08.03 PB: 1:00:42 Roma (ITA) 19.10.2025
OTHER PB'S: 13:40.30 5000m(23) - 29:06.90 10,000m(25) 2026: Half Marathon Lisboa (POR) 20. 1:01:22		

Joshua CHEPTEGEI (UGA)	30y	SB: 59:26 Dubai (UAE) 08.02	PB: 59:21 Gdynia (POL) 17.10.2020
GENERAL: 2 times Olympic champion 5000m (21), 10,000m (24) 3 times World champion 10,000m (23, 22, 19) WA World Rankings: 31st OTHER PB'S: 12:35.36 5000m(20) - 26:11.00 10,000m(20) - 26:38 10km Road(19) Current Records: 2xNBP: NBP 8:07.54 2 Miles Palo Alto, CA(19) - NBP 45:15 10 Miles Road Amsterdam(18) 2xWR: WR 12:35.36 5000m Monaco(20) - WR 26:11.00 10,000m Valencia(20) HONOURS: OG (2xGold, 1xSilver): 1. 10,000m Paris(24) 26:43.14 - 1. 5000m Tokyo(21) 12:58.15 - 2. 10,000m Tokyo(21) 27:43.63 - 6. 10,000m Rio de Janeiro(16) 27:10.06 - 8. 5000m Rio de Janeiro(16) 13:09.17 World Ch. (3xGold, 1xSilver): 1. 10,000m Budapest(23) 27:51.42 - 1. 10,000m Eugene, OR(22) 27:27.43 - 1. 10,000m Doha(19) 26:48.36 - 2. 10,000m London(17) 26:49.94 DF (1xWin): 1. 5000m Zürich(19) 12:57.41 World XC Ch. (1xGold, 1xBronze): 1. XC Senior Race Århus(19) 31:40 - 3. XC Senior Race Bathurst(23) 29:37 - 6. XC Senior Race Beograd(24) 28:24 - 11. XC U20 Race Guiyang(15) 24:11 World U20 Ch. (1xGold): 1. 10,000m Eugene, OR(14) 28:32.86 - 4. 5000m Eugene, OR(14) 13:32.84 2026: Half Marathon Dubai (UAE) 1. 59:26 - Marathon London (GBR) MajMAR 12. 2:06:39 - 10km Road Durban (RSA) 1. 27:19 INFO: Born in Kapchorwa; trains in Uganda and Kenya. Won Uganda's 1st senior gold at the WA (IAAF) World Cross Country Champs and he led the team to win the gold too and it was another 1st for the country (2019) Studies: Kampala University. An avid Manchester United fan; earlier played football. Motto: "Everything starts in the mind". Member of the Uganda Police. Likes Literature; looks up to Kenenisa Bekele. Height: 1.79 / 5'10".			
Martin KIPROTICH (UGA)	23y	SB: 1:02:10 Nanjing (CHN) 12.04	PB: 1:01:30 Lille (FRA) 16.03.2025
WA World Rankings: 136th OTHER PB'S: 13:21.85 5000m(22) - 27:41 10km Road(25) - 27:28dh 10km Road(24) 2026: 10km Road Saint Gregoire (FRA) 5. 28:31 - Half Marathon Roma (ITA) 11. 1:01:36 - Half Marathon Nanjing (CHN) 4. 1:02:10 - 10,000m Kampala (UGA) 5. 28:52.10 INFO: Based in Kapchorwa. Member of Uganda Police Forces.			
Mykola MEVSHA (UKR)	31y	SB: 1:03:33 Olomouc (CZE) 13.06	PB: 1:02:51 Warszawa (POL) 06.09.2025
WA World Rankings: 422nd OTHER PB'S: 29:25 10km Road(26) - 2:16:38 Marathon(23) 2026: 10km Road Poznan (POL) 6. 29:25 - Half Marathon Warszawa (POL) 10. 1:05:26 - Half Marathon České Budějovice (CZE) 2. 1:03:53 - Half Marathon Olomouc (CZE) 2. 1:03:33 - Half Marathon Warszawa (POL) 1. 1:03:39			
Cristhian ZAMORA (URU)	35y	PB: 1:02:03 Valencia (ESP) 27.10.2024	
GENERAL: 3 times National champion 5000m (19, 16), 10,000m (19) In top 8 at South American Championships WA World Rankings: 705th OTHER PB'S: 13:52.89 5000m(22) - 29:13 10km Road(25) - 2:09:04 Marathon(24) HONOURS: NCH (3xWin) 2026: 10km Road Albacete (ESP) 8. 29:14 INFO: Based in León, Spain.			
Hillary BOR (USA)	36y	SB: 1:00:04 Houston, TX (USA) 11.01	PB: 59:55 New York, NY (USA) 16.03.2025
GENERAL: 2 times In top 8 at World Championships In top 8 at Olympic Games WA World Rankings: 40th OTHER PB'S: 13:10.98 5000m sh(22) - 8:08.41 3000mSC(19) - 56:32 20km Road(25) HONOURS: OG (1xFinal): 7. 3000mSC Rio de Janeiro(16) 8:22.74 World Ch. (2xFinal): 8. 3000mSC Eugene, OR(22) 8:29.77 - 8. 3000mSC Doha(19) 8:09.33 NCH (6xWin) 2026: Half Marathon Houston, TX (USA) 9. 1:00:04 - Half Marathon Atlanta, GA (USA) NCH 2. 1:01:30 - Marathon Rotterdam (NED) d 10. 2:08:40 - 10km Road Boston, MA (USA) 14. 29:00 - 15 km Road Utica, NY (USA) 5. 43:41 INFO: Born in Eldoret, Kenya. Studies: Iowa State University. Degree in Accounting. Member of the U.S. Army.			
Wesley KIPTOO (USA)	27y	SB: 1:01:15 Atlanta, GA (USA) 01.03	PB: 1:00:34 Houston, TX (USA) 19.01.2025
GENERAL: NCAA Indoor champion 5000m sh (21) WA World Rankings: 82nd OTHER PB'S: 7:43.61 3000m sh(22) - 13:14.74 5000m sh(21) - 42:10 15 km Road(25) HONOURS: NCAA Ind. Ch. (1xWin) 2026: Half Marathon Atlanta, GA (USA) NCH 1. 1:01:15 - Marathon Boston, MA (USA) MajMAR 20. 2:07:55 - 10km Road Atlanta, GA (USA) 12. 28:40 INFO: Hometown: Marakwet. Studies: Iowa State University. Major in Criminal Justice.			
Conner MANTZ (USA)	29y	PB: 59:15 New York, NY (USA) 16.03.2025	
GENERAL: In top 8 at Olympic Games 2 times National champion 20km Road (25), Marathon (24) WA World Rankings: 20th OTHER PB'S: 13:10.24 5000m sh(22) - 56:16 20km Road(25) - 2:04:43 Marathon(25) Current Records: 3xAR: AR 27:26 10km Road Cape Elizabeth, ME(25) - AR 59:15 Half Marathon New York, NY(25) - AR 2:04:43 Marathon Chicago, IL(25) 1xABP: ABP 56:16 20km Road New Haven, CT(25) HONOURS: OG (1xFinal): 8. Marathon Paris(24) 2:08:12 NCH (2xWin) INFO: Hometown: Smithfield. Studies: Brigham Young University. Likes hiking and playing the guitar. Major in Mechanical Engineering. Height: 1.72 / 5'8".			
Ahmed MUHUMED (USA)	28y	SB: 1:01:51 Atlanta, GA (USA) 01.03	PB: 1:01:03 Atlanta, GA (USA) 02.03.2025
GENERAL: 3 times National champion 5 km Road (24), 4 Miles Road (26), 8 km Road (24) WA World Rankings: 181st OTHER PB'S: 13:07.49 5000m(25) - 13:16.99 5000m sh(24) - 27:03.19 10,000m(25) HONOURS: NCH (3xWin) 2026: Half Marathon Atlanta, GA (USA) NCH 3. 1:01:51 - 10,000m San Juan Capistrano, CA (USA) 5. 27:22.93 - 1500m Los Angeles, CA (USA) 10. 3:46.88 - 5000m Los Angeles, CA (USA) 11. 13:26.95 - 10km Road Boston, MA (USA) 5. 28:20 INFO: Hometown: Salem. Studies: Boise State University.			

Sarah BILLINGS (AUS)	28y	PB: 4:38.97 Riga (LAT) 01.10.2023
GENERAL: Commonwealth Games bronze medallist 800m (26) WA World Rankings: 14th OTHER PB'S: 1:57.01 800m(26) - 3:56.73 1500m(26) - 4:01.79 1500m sh(26) Current Records: 1xAR: AR 1:57.01 800m Paris(26) HONOURS: CWG (1xBronze) 2026: 1500m Melbourne (AUS) 3. 4:03.67 - 800m Sydney (AUS) NCH 3. 1:59.23 - 1500m Shaoxing/Keqiao (CHN) DL 8. 3:58.81 - 1500m Xiamen (CHN) DL 11. 4:02.00 - 800m Rabat (MAR) DL 7. 1:57.61 - 800m Paris (FRA) DL 6. 1:57.01 - 800m London (GBR) DL 4. 1:58.16 - 1500m Chorzów (POL) WC 7. 3:56.73 - 800m Zürich (SUI) DL 9. 1:59.67 - 800m Brescia (ITA) 7. 1:59.79 - 800m Budapest (HUN) WAUC sf 1:58.37 - 800m Budapest (HUN) WAUC 7. 1:58.89 INFO: Studies: University of Melbourne. Degree in Architecture. Also an office manager;. Coached by Nic Bideau; . Represents Box Hill Athletics Club .		
Linden HALL (AUS)	35y	PB: 4:32.0h Darwin (AUS) 16.09.2018
GENERAL: In top 8 at Olympic Games World Cross Country champion Mixed XC Relay (26) WA World Rankings: 16th OTHER PB'S: 3:56.33 1500m(25) - 4:21.45 Mile sh(26) - 8:27.03 3000m sh(26) Current Records: 1xNBP: NBP 4:32.0h Mile Road Darwin(18) HONOURS: OG (1xFinal): 6. 1500m Tokyo(21) 3:59.01 World Ind. Ch. (1xFinal): 6. 1500m sh Beograd(22) 4:06.34 World XC Ch. (1xGold): 1. Mixed XC Relay Tallahassee, FL(26) 22:23 NCH (2xWin) 2026: 3000m sh Boston, MA (USA) 2. 8:27.03 - 1500m Melbourne (AUS) 4. 4:03.79 - 5000m Sydney (AUS) NCH 2. 15:15.33 - 1500m Shaoxing/Keqiao (CHN) DL 10. 3:58.96 - 1500m Xiamen (CHN) DL 8. 4:00.55 - 5000m Roma (ITA) DL 15. 14:40.81 - 3000m Oslo (NOR) DL 6. 8:28.06 - 1500m Paris (FRA) DL 8. 4:00.00 - 3000m London (GBR) DL 6. 8:27.16 - 5000m Glasgow (GBR) CWG 7. 14:55.28 - 1500m Chorzów (POL) WC 13. 4:01.44 - 1500m Zürich (SUI) DL 5. 4:04.32 - 5000m Bruxelles (BEL) DF 10. 14:40.62 INFO: Born in Sunbury. Studies: Florida State University. Hobbies are dogs, coffee shops, and cooking; nickname: Lindy. Also a dietitian; always jogs for eight minutes 4.5 hours before the race; her idol is Aussie Sarah Jamieson. Height: 1.67 / 5'6".		
Marie BILO (BEL)	22y	
GENERAL: 2 times National champion 1500m (26, 24) National Indoor champion 1500m sh (25) WA World Rankings: 197th OTHER PB'S: 2:05.41 800m sh(25) - 4:12.00 1500m(26) - 4:35.14 Mile sh(24) HONOURS: NCH (2xWin) NICH (1xWin) 2026: 1500m Gentbrugge (BEL) 1. 4:29.30 - 1500m Bruxelles (BEL) 3. 4:13.75 - 1500m Karlsruhe (GER) 3. 4:12.00 - 1500m Lahti (FIN) 3. 4:20.88 - 1500m Leuven (BEL) 16. 4:20.45 - 1500m Heusden-Zolder (BEL) 16. 4:15.76 - 1500m Kessel-Lo (BEL) NCH h 4:29.85 - 1500m Kessel-Lo (BEL) NCH 1. 4:22.44 - 800m Oordegem (BEL) 11. 2:05.41 INFO: Hometown: Ellezelles. Studies: Boston College.		
Mariska PAREWYCK (BEL)	37y	
GENERAL: 5 times National champion 800m (26, 12), 1500m (25), 4x800m (24, 23) 2 times National Indoor champion 800m sh (12), 1500m sh (23) OTHER PB'S: 2:00.40 800m(25) - 2:01.81 800m sh(26) - 4:10.05 1500m sh(26) HONOURS: NCH (5xWin) NICH (2xWin) 2026: 1500m sh Luxembourg (LUX) 5. 4:10.05 - 800m sh Gent (BEL) 1. 2:02.40 - 800m sh Louvain-La-Neuve (BEL) 1. 2:01.81 - 800m sh Metz (FRA) 4. 2:02.62 - 800m Oordegem (BEL) 2. 2:00.47 - 800m Pfungstadt (GER) 4. 2:01.31 - 800m Montgeron (FRA) 2. 2:00.92 - 800m Nivelles (BEL) 1. 2:01.00 - 800m Luzern (SUI) 6. 2:04.03 - 800m Heusden-Zolder (BEL) 4. 2:02.77 - 800m Kessel-Lo (BEL) NCH 1. 2:00.78 - 800m Birmingham (GBR) ECH h 2:01.35		
July FERREIRA DA SILVA (BRA)	31y	PB: 4:41.13 Rio de Janeiro (BRA) 17.08.2025
GENERAL: 2 times South American Championships bronze medallist 1500m (25, 19) South American Championships silver medallist 1500m (23) WA World Rankings: 242nd OTHER PB'S: 2:03.55 800m(23) - 4:10.87 1500m(24) - 4:22.24 1500m sh(25) HONOURS: Sam. Ch. (1xSilver, 2xBronze): 2. 1500m São Paulo(23) 4:16.11 - 3. 1500m Mar del Plata(25) 4:28.39 - 3. 1500m Lima(19) 4:27.93 - 6. 800m Lima(19) 2:07.63 Sam. Ind. Ch. (1xBronze) Sam. HM Ch. (1xGold) IberoAM Ch. (1xBronze) NCH (4xWin) 2026: 1500m São Caetano do Sul (BRA) 1. 4:20.84 - 1500m Lima (PER) IbAMCH 3. 4:29.94 - 800m São Paulo (BRA) 1. 2:06.64 - 1500m Ordizia (ESP) 14. 4:16.50 - 1500m Barcelona (ESP) 9. 4:17.44 - 1500m Braga (POR) 9. 4:16.60 - 800m São Paulo (BRA) NCH h 2:08.77 - 800m São Paulo (BRA) NCH 8. 2:08.70 - 1500m São Paulo (BRA) NCH 2. 4:21.46 INFO: Based in Sao Paulo. Studies: Paulista University.		
Jaqueline Beatriz WEBER (BRA)	31y	PB: 4:50.11 Riga (LAT) 01.10.2023
GENERAL: South American Games silver medallist 800m (22) South American Indoor champion 800m sh (25) WA World Rankings: 456th OTHER PB'S: 2:01.54 800m(23) - 2:05.17 800m sh(24) - 4:14.46 1500m(23) HONOURS: Sam. Ind. Ch. (1xGold, 1xSilver, 1xBronze) IberoAM Ch. (1xSilver) NCH (1xWin) Sam. G. (1xSilver, 1xBronze) 2026: 1500m Buenos Aires (ARG) 5. 4:27.47 - 1500m Lima (PER) IbAMCH 4. 4:30.00 - 1500m São Paulo (BRA) 1. 4:23.9h - 800m São Paulo (BRA) 2. 2:07.13 - 800m São Paulo (BRA) NCH h 2:07.97 - 800m São Paulo (BRA) NCH 5. 2:05.94 - 1500m São Paulo (BRA) NCH 3. 4:22.59 - Mile Road Rio de Janeiro (BRA) NCH 1. 4:49.53 INFO: Born in Teutonia. Studies: Federal University of Santa Maria. Major in Gerontology.		
Gabriela DEBUES-STAFFORD (CAN)	31y	
GENERAL: In top 8 at Olympic Games In top 8 at World Championships WA World Rankings: 23rd OTHER PB'S: 3:56.12 1500m(19) - 4:19.73 Mile sh(20) - 14:31.38 5000m sh(22) Current Records: 1xAR: AR 14:31.38 5000m sh Boston, MA(22) HONOURS: OG (1xFinal): 5. 1500m Tokyo(21) 3:58.93 World Ch. (1xFinal): 6. 1500m Doha(19) 3:56.12 World Ind. Ch. (1xFinal): 4. 3000m sh Beograd(22) 8:42.89 NACAC Ch. (1xBronze): 3. 1500m Toronto(18) 4:07.36 WUG (1xSilver) NCH (8xWin) 2026: 3000m sh Karlsruhe (GER) 1. 8:35.94 - 1500m sh Liévin (FRA) 5. 4:02.17 - 1500m Turku (FIN) 1. 4:04.40 - 5000m Ottawa (CAN) NCH 1. 15:23.26 - 3000m Eugene, OR (USA) 8:52.26 - 2 Miles Eugene, OR (USA) DL 10. 9:28.76 - 5000m Glasgow (GBR) CWG 14. 15:09.66 - 1500m Twickenham (GBR) 5. 4:03.53 INFO: Hometown: Toronto. Psychology studies at University of Toronto. Volunteer musician at Belmont House retirement home. Favourite TV show is Doctor Who. Favorite food is guacamole.		
Lucia STAFFORD (CAN)	28y	
GENERAL: In top 8 at World Indoor Championships Pan American U20 champion 1500m (17) WA World Rankings: 21st OTHER PB'S: 2:33.75 1000m sh(23) - 4:21.74 Mile sh(25) - 5:32.68 2000m sh(26) Current Records: 1xAR: AR 2:33.75 1000m sh Boston, MA(23) 1xABP: ABP 5:32.68 2000m sh Liévin(26) HONOURS: World Ind. Ch. (1xFinal): 8. 1500m sh Beograd(22) 4:06.41 NACAC Ch. (1xBronze): 3. 1500m Freeport(25) 4:11.11 PanAm. U20 Ch. (1xGold) NCH (4xWin) 2026: 3000m sh Metz (FRA) 4. 8:42.87 - 2000m sh Liévin (FRA) 4. 5:32.68 - 1500m sh Glasgow (GBR) 2. 4:03.58 - 1500m Rabat (MAR) DL 6. 4:00.83 - 1500m Stockholm (SWE) DL 2. 4:01.93 - 1500m Ottawa (CAN) NCH 1. 4:08.66 - 1500m Eugene, OR (USA) DL 9. 4:07.14 - Mile Glasgow (GBR) CWG 4. 4:40.46 - 1500m Twickenham (GBR) 2. 4:02.23 - 1500m Zürich (SUI) DL 4. 4:04.12 - 1500m Bellinzona (SUI) 8. 4:02.54 - 1500m Rovereto (ITA) 6. 4:03.88 INFO: Hometown: Toronto. Studies: University of Toronto. Major in Civil Engineering. Likes the music of Coldplay and Enrique Iglesias; plays the guitar; helps fundraise for cancer research; favorite movie is Scooby Doo. Nickname: Lu. Height: 1.70 / 5'7".		
Kristiina SASÍNEK MÁKI (CZE)	34y	PB: 4:52.0h Wien (AUT) 15.09.2018
GENERAL: European Cross Country Championships silver medallist Mixed XC Relay (17) 11 times National champion 800m (19), 1500m (25, 24, 23, 19, 17, 15, 14), 5000m (18, 15, 13) WA World Rankings: 49th OTHER PB'S: 4:01.23 1500m(21) - 4:08.41 1500m sh(20) - 4:23.38 Mile(21) HONOURS: Eur. XC Ch. (1xSilver) Eur. Team Ch. (2xBronze) WUG (1xGold, 1xBronze) NCH (11xWin) NICH (8xWin) 2026: 1500m Nerja (ESP) 4. 4:09.46 - 1500m Rehlingen (GER) 4. 4:13.33 - 1500m Bydgoszcz (POL) 7. 4:11.25 - 1500m Turku (FIN) 5. 4:06.04 - 1500m Montreuil (FRA) 4. 4:04.22 - 800m Plzeň (CZE) 1. 2:05.50 - 1500m Poznań (POL) 5. 4:07.56 - 1500m Madrid (ESP) WC 6. 4:07.03 - 1500m Birmingham (GBR) ECH h 4:10.84 - 1500m Birmingham (GBR) ECH 7. 4:11.06 - 1500m Bellinzona (SUI) 11. 4:03.58 - 1500m Rovereto (ITA) 8. 4:04.28 INFO: Born in Lapua Finland; based in Prague. Her mother is Czech and her father is Finnish; both parents are former runners. 1st Finnish woman to break the 6-min limit in the 2000m. Architecture studies at Czech Technical University. Partner is Filip Sasínek, the pair has a son Kaapo; likes drawing. Height: 1.70 / 5'7". Club: PSK Olymp Praha.		

Mia Helene MØRCK (DEN)	26y	PB: 4:54.95 Riga (LAT) 01.10.2023
GENERAL: 6 times National champion 400m (17), 800m (26, 22, 21, 17, 15) 2 times National Indoor champion 800m sh (18, 17) WA World Rankings: 807th OTHER PB'S: 2:04.77 800m(18) - 2:06.06 800m sh(21) - 4:18.57 1500m(26) Current Records: 1xNBP: NBP 4:54.95 Mile Road Riga(23) HONOURS: NCH (6xWin) NICH (2xWin) 2026: 1500m sh Karlstad (SWE) 7. 4:32.06 - 800m Bagsvaerd (DEN) 1. 2:06.80 - 1500m Nijmegen (NED) 10. 4:34.39 - 800m Copenhagen (DEN) 5. 2:06.49 - 1500m Jessheim (NOR) 12. 4:18.57 - 1500m Stockholm (SWE) 6. 4:25.57 - 800m Oslo (NOR) 6. 2:10.02 - 800m Copenhagen (DEN) NCH 1. 2:08.98 - 1500m Pfungstadt (GER) 19. 4:46.24 INFO: Hometown: Bagsvaerd. Studies: University of Oregon.		
Annemarie NISSEN (DEN)	32y	
GENERAL: 6 times National champion 400m (19), 800m (25, 24, 23), 1500m (26), 400mH (22) 6 times National Indoor champion 400m sh (23, 22, 20), 800m sh (25, 23, 22) WA World Rankings: 88th OTHER PB'S: 2:00.10 800m(23) - 2:02.15 800m sh(25) - 4:08.12 1500m(26) Current Records: 2xNBP: NBP 1:27.07 600m Liège(23) - NBP 1:31.65 600m sh Randers(21) HONOURS: NCH (6xWin) NICH (6xWin) 2026: 1500m Belfast (GBR) 7. 4:10.54 - 1500m Bergen (NOR) 8. 4:11.22 - 1500m Copenhagen (DEN) 2. 4:13.68 - 800m Stockholm (SWE) 9. 2:03.85 - 1500m Copenhagen (DEN) 5. 4:11.82 - 1500m Poznan (POL) 7. 4:08.52 - 1500m Heusden-Zolder (BEL) 10. 4:08.51 - 1500m Copenhagen (DEN) NCH 1. 4:12.14 - 1500m Birmingham (GBR) ECH h 4:10.77 - 1500m Pfungstadt (GER) 4. 4:08.90 - 1500m Smederevo (SRB) 7. 4:08.12 INFO: Based in Copenhagen. Law studies. Club: Sparta Atletik & Løb.		
Kanari ESTIFANOS (ERI)	16y	
2026: 1500m Accra (GHA) AFC 9. 4:29.20		
Kelly NEVOLIHHIN (EST)	33y	SB and PB: 4:51.88 Narva (EST) 05.06
GENERAL: 12 times National champion 800m (26, 25, 21, 20, 19, 15), 1500m (26, 25, 21, 20, 15), 3000mSC (13) 6 times National Indoor champion 800m sh (21, 17), 1500m sh (21, 20, 18, 17) OTHER PB'S: 2:05.79 800m(21) - 2:45.56 1000m(16) - 4:23.75 1500m(19) HONOURS: NCH (12xWin) NICH (6xWin) 2026: 600m sh Tallinn (EST) 1. 1:35.00 - 600m sh Tartu (EST) 2. 1:35.01 - 800m Kohila (EST) 1. 2:12.47 - Mile Road Narva (EST) NCH 2. 4:51.88 - 800m Rakvere (EST) 1. 2:10.93 - 800m Sollentuna (SWE) 3. 2:08.49 - 800m Jõhvi (EST) 1. 2:09.16 - 800m Jõhvi (EST) 2. 2:13.35 - 1500m Joensuu (FIN) 4. 4:24.68 - 600m Kohila (EST) 1. 1:31.52 - 1500m Pärnu (EST) NCH 1. 4:38.51 - 800m Pärnu (EST) NCH 1. 2:08.77 INFO: Also a mother. Studies: Estonian National Defense Academy. Club: Tartu SS Kalev.		
Freweyni HAILU (ETH)	25y	PB: 4:23.06 Riga (LAT) 01.10.2023
GENERAL: 2 times World Indoor champion 1500m sh (24), 3000m sh (25) Diamond League Final winner 5000m (26) WA World Rankings: 6th OTHER PB'S: 3:54.16 1500m(24) - 3:55.28 1500m sh(24) - 8:19.98 3000m sh(25) HONOURS: OG (1xFinal): 4. 1500m Tokyo(21) 3:57.60 World Ch. (3xFinal): 4. 1500m Eugene, OR(22) 4:01.28 - 6. 1500m Tokyo(25) 3:57.33 - 7. 5000m Budapest(23) 14:58.31 DF (1xWin): 1. 5000m Bruxelles(26) 14:35.20 World Ind. Ch. (2xGold, 1xSilver): 1. 3000m sh Nanjing(25) 8:37.21 - 1. 1500m sh Glasgow(24) 4:01.46 - 2. 800m sh Beograd(22) 2:00.54 - 6. 3000m sh Toruń(26) 9:02.41 World RR Ch. (1xSilver): 2. Mile Road Riga(23) 4:23.06 2026: 3000m sh Liévin (FRA) 1. 8:24.59 - 1500m sh Toruń (POL) 2. 4:00.67 - 3000m sh Toruń (POL) WICH 6. 9:02.41 - 1500m Rabat (MAR) DL 1. 3:58.25 - 5000m Roma (ITA) DL 3. 14:18.94 - 3000m Oslo (NOR) DL 1. 8:24.22 - 1500m Paris (FRA) DL 2. 3:55.92 - 3000m Monaco (MON) DL 5. 8:25.77 - 5000m Chorzów (POL) WC 2. 14:54.62 - 5000m Bruxelles (BEL) DF 1. 14:35.20 - 1500m Budapest (HUN) WAUC 4. 3:58.44 - 5000m Budapest (HUN) WAUC 4. 14:32.76 INFO: Born in Werie Lehe, Tigray region of Ethiopia.		
Birke HAYLOM (ETH)	20y	
GENERAL: 2 times In top 8 at World Indoor Championships World Cross Country Championships silver medallist Mixed XC Relay (23) WA World Rankings: 8th OTHER PB'S: 3:53.22 1500m(24) - 3:58.43 1500m sh(24) - 8:25.37 3000m sh(25) Current Records: 1xAU20R: AU20R 3:53.22 1500m Xiamen(24) 1xAU18R: AU18R 3:54.93 1500m Chorzów(23) HONOURS: World Ind. Ch. (2xFinal): 5. 1500m sh Toruń(26) 4:01.34 - 5. 3000m sh Nanjing(25) 8:39.28 World XC Ch. (1xSilver): 2. Mixed XC Relay Bathurst(23) 23:21 2026: 1500m sh Ostrava (CZE) 1. 4:00.62 - 1500m sh Karlsruhe (GER) 2. 4:00.88 - 1500m sh Liévin (FRA) 2. 4:01.17 - 1500m sh Toruń (POL) 3. 4:00.92 - 1500m Shaoxing/Keqiao (CHN) DL 1. 3:55.56 - 1500m Xiamen (CHN) DL 2. 3:57.79 - 1500m Stockholm (SWE) DL 1. 4:00.68 - 1500m Doha (QAT) DL 1. 3:59.89 - 3000m Monaco (MON) DL 14. 8:40.90 - 1500m Chorzów (POL) WC 8. 3:56.76 - 1500m Bruxelles (BEL) DF 9. 4:02.79 - 1500m Budapest (HUN) WAUC 11. 4:03.75 INFO: Born in Alaje, Tigray region of Ethiopia like her teammate Lemlem Hailu. Height: 1.78 / 5'10".		
Agathe GUILLEMOT (FRA)	27y	PB: 4:43.49 Nice (FRA) 30.05.2025
GENERAL: European Indoor champion 1500m sh (25) European Championships bronze medallist 1500m (24) WA World Rankings: 9th OTHER PB'S: 3:56.24 1500m(26) - 3:59.71 1500m sh(26) - 5:32.18 2000m sh(26) Current Records: 1xNBP: NBP 5:32.18 2000m sh Liévin(26) HONOURS: World Ind. Ch. (2xFinal): 4. 1500m sh Toruń(26) 3:59.71 - 7. 1500m sh Glasgow(24) 4:04.94 World XC Ch. (1xSilver): 2. Mixed XC Relay Tallahassee, FL(26) 22:26 Eur. Ch. (1xBronze): 3. 1500m Roma(24) 4:05.69 - 4. 1500m Birmingham(26) 4:09.62 Eur. Ind. Ch. (1xGold): 1. 1500m sh Apeldoorn(25) 4:07.23 Eur. XC Ch. (1xSilver) Eur. Team Ch. (1xGold) 2026: 1500m sh Toruń (POL) WICH 4. 3:59.71 - 1500m Rabat (MAR) DL 3. 3:59.60 - 1500m Roma (ITA) DL 4. 4:00.46 - 800m Montreuil (FRA) 2. 1:59.05 - 1500m Paris (FRA) DL 3. 3:56.24 - 1500m Albi (FRA) NCH 1. 4:23.05 - 1500m Birmingham (GBR) ECH h 4:08.17 - 1500m Birmingham (GBR) ECH 4. 4:09.62 - 1500m Chorzów (POL) WC 6. 3:56.34 - 800m Bellinzona (SUI) 2. 1:58.65 - 1500m Bruxelles (BEL) DF 6. 3:57.12 - 1500m Budapest (HUN) WAUC 8. 3:59.40 INFO: Based in Bretagne. Civil and Urban Engineering studies at INSA Rennes. Likes cycling. Height: 1.72 / 5'8". Club: Haute Bretagne Athletisme.		
Augustine HAQUET (FRA)	23y	
GENERAL: National Indoor champion 3000m sh (26) WA World Rankings: 54th OTHER PB'S: 4:03.56 1500m(26) - 9:01.35 3000m sh(26) - 15:20.45 5000m(26) HONOURS: NICH (1xWin) 2026: 3000m sh Metz (FRA) 2. 9:01.35 - 3000m sh Aubière (FRA) NICH 1. 9:17.23 - 1500m Chartres (FRA) 1. 4:14.47 - 5000m Bruxelles (BEL) 14. 15:20.45 - 800m Strasbourg (FRA) 1. 2:02.77 - 1500m Marseille (FRA) 1. 4:09.08 - 1500m Troyes (FRA) 1. 4:04.17 - 1500m Tomblaine (FRA) 4. 4:06.13 - 1500m Heusden-Zolder (BEL) 1. 4:03.56 - 1500m Albi (FRA) NCH 4. 4:24.86 - 1500m Birmingham (GBR) ECH h 4:08.98 - 1500m Birmingham (GBR) WAUC 8. 3:59.41 INFO: Hometown: Versailles. Studies: Cornell University. Club: Ua Versailles.		
Kate AXFORD (GBR)	27y	
OTHER PB'S: 4:03.76 1500m(26) - 8:55.03 3000m(26) - 15:19.40 5000m(24) 2026: 3000m Watford (GBR) 1. 8:55.03 - 1500m Oordegem (BEL) 11. 4:07.93 - 1500m Twickenham (GBR) 6. 4:03.76 - 1500m London (GBR) 3. 4:07.67 - 1500m Smederevo (SRB) 8. 4:10.30 INFO: Athlete of Belgrave. Studies: University of Exeter. Earlier played field hockey.		
Sarah CALVERT (GBR)	25y	PB: 4:50.23 Boston, MA (USA) 16.06.2019
GENERAL: World University Games silver medallist 1500m (25) In top 8 at Commonwealth Games WA World Rankings: 46th OTHER PB'S: 2:00.00 800m(25) - 4:02.25 1500m(26) - 4:27.30 Mile(25) HONOURS: WUG (1xSilver) NCH (2xWin) 2026: 1500m sh Boston, MA (USA) 9. 4:12.16 - 800m Belfast (GBR) 1. 2:01.90 - 1500m Rehlingen (GER) 1. 4:12.01 - 1500m Bergen (NOR) 2. 4:08.70 - 1500m Birmingham (GBR) NCH 1. 4:07.82 - 1500m Poznan (POL) 3. 4:07.20 - 1500m Budapest (HUN) 8. 4:04.58 - 800m Banská Bystrica (SVK) 8. 2:02.54 - Mile Glasgow (GBR) CWG h 4:32.04 - Mile Glasgow (GBR) CWG 7. 4:40.90 - 1500m Twickenham (GBR) 3. 4:02.25 - Mile Road New York, NY (USA) 12. 4:24.8h INFO: Hometown: Linlithgow. Started athletics at the age of 9. Medical Science studies at University of Edinburgh.		
Katie SNOWDEN (GBR)	32y	SB and PB: 4:29.54 Düsseldorf (GER) 06.09
GENERAL: In top 8 at World Championships In top 8 at World Indoor Championships WA World Rankings: 33rd OTHER PB'S: 1:58.00 800m(23) - 3:56.72 1500m(23) - 4:21.19 Mile sh(23) HONOURS: World Ch. (1xFinal): 8. 1500m Budapest(23) 3:59.65 World Ind. Ch. (1xFinal): 8. 3000m sh Toruń(26) 9:03.79 NCH (1xWin) 2026: 1500m sh Boston, MA (USA) 4:05.00 - Mile sh Boston, MA (USA) 1. 4:22.37 - 3000m sh Boston, MA (USA) 1. 8:39.89 - 3000m sh Birmingham (GBR) NICH 2. 8:46.09 - 3000m sh Toruń (POL) WICH 8. 9:03.79 - 1500m Concord, MA (USA) 2. 4:10.79 - 1500m Los Angeles, CA (USA) 2. 4:00.97 - 1500m Birmingham (GBR) NCH 2. 4:08.22 - 1500m Paris (FRA) DL 10. 4:00.91 - 1500m Birmingham (GBR) ECH h 4:11.49 - 1500m Zürich (SUI) DL 9. 4:08.21 - Mile Road Düsseldorf (GER) 4. 4:29.54 INFO: Born in London. Geography studies at University of Nottingham. Also a coach. Club: Herne Hill Harriers.		

Sarah HEALY (IRL)		25y
GENERAL: European Indoor champion 3000m sh (25) 3 times In top 8 at European Championships 5000m (26) WA World Rankings: 19th		
OTHER PB'S: 3:57.15 1500m(25) - 8:25.63 3000m(26) - 8:30.79 3000m sh(25)		
HONOURS: World Ind. Ch. (1xFinal): 6. 3000m sh Nanjing(25) 8:40.00 Eur. Ind. Ch. (1xGold): 1. 3000m sh Apeldoorn(25) 8:52.86 Eur. U23 Ch. (1xSilver) Eur. U20 Ch. (1xSilver) Eur. U18 Ch. (2xGold)		
2026: 5000m Roma (ITA) DL 17. 14:48.88 - 1500m Paris (FRA) DL 11. 4:01.50 - 1500m Eugene, OR (USA) 4:02.71 - Mile Eugene, OR (USA) DL 7. 4:18.49 - 3000m London (GBR) DL 3. 8:25.63 - 5000m Birmingham (GBR) ECH 4. 15:40.95 - 1500m Birmingham (GBR) ECH h 4:08.12 - 1500m Birmingham (GBR) ECH 5. 4:10.76 - 1500m Chorzów (POL) WC 9. 3:57.42 - 1500m Bellinzona (SUI) 7. 4:01.18 - 1500m Rovereto (ITA) 4. 4:02.72		
INFO: Born in Monkstown. Law studies at University College Dublin. Earlier played tennis and hockey; her idols are Usain Bolt and Sonia O'Sullivan. One of the proudest moments: winning 2 gold medals in Hungary at the 2018 U18 ECH. Height: 1.62 / 5'4".		
Laura NICHOLSON (IRL)		26y
GENERAL: National champion 1500m (25) WA World Rankings: 70th		
OTHER PB'S: 2:01.70 800m(26) - 4:05.68 1500m(26) - 4:30.85 Mile sh(25)		
HONOURS: NCH (1xWin)		
2026: 1500m Perth (AUS) 4. 4:07.52 - 3000m Hobart (AUS) 8. 8:59.74 - 1500m Melbourne (AUS) 6. 4:10.74 - 1500m Hiroshima (JPN) 1. 4:11.38 - 800m Fukuroi (JPN) 2. 2:02.01 - 1500m Rehlingen (GER) 9. 4:14.62 - 1500m Bergen (NOR) 11. 4:12.36 - 1500m Jessheim (NOR) 8. 4:15.04 - 800m Cork (IRL) 5. 2:01.70 - 1500m Dublin (IRL) 6. 4:09.58 - 1500m Dublin (IRL) NCH 2. 4:08.27 - 1500m Oordegem (BEL) 9. 4:05.68		
INFO: Hometown: Cork. Studies: University of Toledo. Major in Recreational Therapy. Club: Bandon, Cork, University of Toledo, OH.		
Ludovica CAVALLI (ITA)		25y
GENERAL: 8 times National Indoor champion 1500m sh (26, 25, 23), 3000m sh (26, 25, 24, 23, 22) Diamond League meeting winner 1500m (26) WA World Rankings: 24th		
OTHER PB'S: 4:01.64 1500m(26) - 4:06.38 1500m sh(26) - 8:44.40 3000m sh(23)		
HONOURS: NCH (1xWin) NICH (8xWin)		
2026: 1500m sh Madrid (ESP) 4. 4:06.38 - 3000m sh Liévin (FRA) 12. 8:45.49 - 5000m Bruxelles (BEL) 4. 15:05.39 - 1500m Bydgoszcz (POL) 5. 4:04.64 - 1500m Roma (ITA) DL 6. 4:01.64 - 1500m Stockholm (SWE) DL 8. 4:05.15 - 1500m Budapest (HUN) 11. 4:05.73 - 800m Luzern (SUI) 7. 2:04.09 - 1500m Birmingham (GBR) ECH h 4:10.32 - 1500m Birmingham (GBR) ECH 12. 4:18.91 - 1500m Zürich (SUI) DL 1. 4:03.27 - 1500m Taranto (ITA) MedG 6. 4:18.37		
INFO: Born in Genova. Chemistry studies at University of Modena. Likes reading and Literature. Height: 1.65 / 5'5".		
Adelle TRACEY (JAM)		33y PB: 4:35.0h London (GBR) 28.05.2017
GENERAL: In top 8 at World Championships In top 8 at European Championships 800m (18) WA World Rankings: 72nd		
OTHER PB'S: 1:58.41 800m(23) - 2:00.23 800m sh(20) - 3:58.77 1500m(23)		
HONOURS: World Ch. (1xFinal): 7. 800m Budapest(23) 1:58.41 NACAC Ch. (1xSilver, 1xBronze): 2. 1500m Freeport(22) 4:08.42 - 3. 800m Freeport(22) 1:59.54 NCH (3xWin) NICH (2xWin)		
2026: 1500m sh Erfurt (GER) 2. 4:11.44 - 1500m Los Angeles, CA (USA) 5. 4:07.32 - 800m College Station, TX (USA) 5. 1:59.24 - 1500m Los Angeles, CA (USA) 7. 4:07.69 - 1500m Kingston (JAM) NCH 1. 4:40.08 - 800m Kingston (JAM) NCH 2. 2:03.93 - 800m Glasgow (GBR) CWG h 2:02.58 - 800m Glasgow (GBR) CWG sf 2:01.54 - 1500m Twickenham (GBR) 8. 4:04.32 - 800m London (GBR) 2. 2:01.38 - 800m Trier (GER) 3. 1:59.61 - Mile Road New York, NY (USA) 7. 4:20.4h		
INFO: Born in Seattle, USA. Studies: St. Mary's University - make-up. Was one of the torchbearers at the 2012 Olympic Games Opening Ceremony. Occupation: hair and make-up artist. Has been the make-up artist of Doctor Who. Height: 1.70 / 5'7".		
Miriam CHEROP (KEN)		27y PB: 4:22.54 Honolulu, HI (USA) 08.12.2018
GENERAL: World Cross Country champion Mixed XC Relay (23) World U20 Championships silver medallist 1500m (18)		
OTHER PB'S: 4:02.15 1500m(26) - 14:50.34 5000m(26) - 30:59 10km Road(26)		
HONOURS: World XC Ch. (1xGold): 1. Mixed XC Relay Bathurst(23) 23:14 World U20 Ch. (1xSilver): 2. 1500m Tampere(18) 4:10.73		
2026: 5 km Road Sevilla (ESP) 1. 15:21 - 10km Road Cannes (FRA) 1. 31:24 - 1500m Nairobi (KEN) 1. 4:08.49 - 1500m Nerja (ESP) 2. 4:02.44 - 5000m Bruxelles (BEL) 1. 14:50.34 - 800m Santa Cruz de Tenerife (ESP) 4. 2:04.59 - 10km Road Abbeville (FRA) 2. 30:59 - 5000m Nairobi (KEN) NCH h 16:00.74 - 5000m Nairobi (KEN) NCH 8. 15:33.40 - 1500m Budapest (HUN) 3. 4:02.15 - 1500m Madrid (ESP) WC 1. 4:04.56		
INFO: Based in Nairobi.		
Naomi KORIR (KEN)		28y
GENERAL: African Championships silver medallist 4x400m (22) World Athletics Relays silver medallist 2x2x400m (21)		
OTHER PB'S: 1:59.19 800m(24) - 2:00.66 800m sh(22) - 4:08.57 1500m(26) Current Records: 1xABP: ABP 3:41.79 2x2x400m Chorzów(21)		
HONOURS: World Relays (1xSilver): 2. 2x2x400m Chorzów(21) 3:41.79 Afr. Ch. (1xSilver): 2. 4x400m St Pierre(22) 3:35.55 - 8. 800m St Pierre(22) 2:06.39 NCH (1xWin)		
2026: 800m Nairobi (KEN) 4. 1:59.94 - 1500m Nairobi (KEN) NCH h 4:13.5h - 800m Nairobi (KEN) NCH h 2:04.33 - 1500m Nairobi (KEN) NCH 1. 4:08.57 - 800m Nairobi (KEN) NCH 2. 2:00.85 - Mile Glasgow (GBR) CWG h 4:31.80 - Mile Glasgow (GBR) CWG 5. 4:40.62		
Līga VELVERE-KRŪMIŅA (LAT)		36y PB: 4:54.0h Riga (LAT) 14.05.2022
GENERAL: 13 times National champion 800m (22, 21, 20, 19, 18), 1500m (22), 400mH (16, 15, 14, 13, 09), Mile Road (23, 24) 7 times National Indoor champion 400m sh (17, 10), 800m sh (25, 22, 20), 1500m sh (24, 22)		
OTHER PB'S: 2:00.75 800m(18) - 2:01.10 800m sh(19) - 56.77 400mH(15)		
HONOURS: Eur. Team Ch.- 2L/3D (1xWin) NCH (13xWin) NICH (7xWin)		
INFO: Born in Saldus. Studies: University of Idaho. Major in General Studies.		
Vera BERTEMES-HOFFMANN (LUX)		29y SB and PB: 4:34.91 Düsseldorf (GER) 06.09
GENERAL: 15 times National Indoor champion 800m sh (23, 20, 19, 15), 1500m sh (26, 25, 24, 23, 22, 20, 15), 3000m sh (26, 25, 23, 22) 11 times National champion 800m (16), 1500m (26, 25, 24, 23, 22, 20, 16), 5000m (26, 25), 3x800m (23) WA World Rankings: 81st		
OTHER PB'S: 4:05.58 1500m(25) - 4:08.73 1500m sh(23) - 8:48.84 3000m(25) Current Records: 1xNBP: NBP 4:34.91 Mile Road Düsseldorf(26)		
HONOURS: Eur. Team Ch.- 3L (3xWin) WUG (1xSilver) NCH (11xWin) NICH (15xWin)		
2026: 3000m sh Metz (FRA) 11. 9:04.66 - 1500m sh Erfurt (GER) 1. 4:11.42 - 1500m Tokyo (JPN) WC 3. 4:17.00 - 1500m Rehlingen (GER) 12. 4:16.12 - 3000m Marseille (FRA) 2. 9:01.32 - 1500m Troyes (FRA) 4. 4:08.70 - 1500m Madrid (ESP) WC 10. 4:14.36 - 1500m Luxembourg (LUX) NCH 1. 4:12.04 - 5000m Luxembourg (LUX) NCH 1. 15:57.54 - 5000m Birmingham (GBR) ECH 22. 16:38.90 - 1500m Birmingham (GBR) ECH h 4:14.63 - 1500m Trier (GER) 7. 4:06.04		
INFO: Born in Minden. Studies: German Sport University Cologne. Earlier played volleyball. Height: 1.70 / 5'7".		
Marine JOBLIN (LUX)		24y
WA World Rankings: 257th		
OTHER PB'S: 4:14.44 1500m(26) - 4:35.1h Mile(26) - 9:10.23 3000m(26)		
2026: 1500m sh Luxembourg (LUX) NICH OC 4:25.14 - 1500m Bruxelles (BEL) 4. 4:14.44 - 800m Oordegem (BEL) 8. 2:10.39 - Mile Utrecht (NED) 1. 4:35.1h - 3000m Ciney (BEL) 1. 9:10.23 - 1500m Decines (FRA) 5. 4:14.45 - 1500m Pfungstadt (GER) 17. 4:19.07		
Fatima Ezzahra BIRDAHA (MAR)		22y
GENERAL: 2 times Mediterranean Games winner 5000m (26), Half Marathon (26) National champion 5000m (26)		
OTHER PB'S: 15:07.40 5000m(26) - 31:58 10km Road(25) - 1:09:29 Half Marathon(26)		
HONOURS: Medit. G. (2xWin) NCH (1xWin)		
2026: Half Marathon Marrakech (MAR) 1. 1:09:40 - Half Marathon Warszawa (POL) 2. 1:10:13 - 5000m Taroudant (MAR) 1. 16:21.19 - 1500m Benguerir (MAR) 1. 4:20.95 - 1500m Guelmim (MAR) 1. 4:16.01 - Half Marathon Rabat (MAR) 3. 1:09:29 - 1500m Rabat (MAR) 2. 4:16.90 - 5000m Sale (MAR) NCH 1. 15:43.26 - 5000m Taranto (ITA) MedG 1. 15:07.40 - Half Marathon Taranto (ITA) MedG 1. 1:09:59		
Soukaina HAJJI (MAR)		29y
GENERAL: 2 times Francophone Games silver medallist 800m (23), 1500m (23) African Championships bronze medallist 800m (24) WA World Rankings: 43rd		
OTHER PB'S: 1:59.98 800m(26) - 2:36.68 1000m(26) - 4:00.62 1500m(26)		
HONOURS: Afr. Ch. (1xBronze): 3. 800m Douala(24) 2:00.91 Franc. G. (2xSilver) NCH (5xWin)		
2026: 1500m Rabat (MAR) DL 15. 4:04.79 - 1500m Warszawa (POL) 2. 4:06.24 - 800m Sopot (POL) 1. 2:00.28 - 1500m Montreuil (FRA) 2. 4:02.09 - 1500m Dessau (GER) 1. 4:08.55 - 800m Oslo (NOR) 1. 1:59.98 - 1500m Paris (FRA) DL 9. 4:00.62 - 1500m Sale (MAR) NCH 1. 4:21.76 - 800m Sale (MAR) NCH 1. 2:07.09 - 1500m Budapest (HUN) 9. 4:05.47 - 1500m Madrid (ESP) WC 7. 4:07.60 - 1000m Göteborg (SWE) 2. 2:36.68		
INFO:		

Mia Ivana CABRERA (MEX)		24y
GENERAL: 2 times In top 8 at NACAC Championships 1500m (25) OTHER PB'S: 4:15.57 1500m(26) - 4:17.35 1500m sh(26) - 4:37.27 Mile sh(26) HONOURS: 2026: 3000m sh Boston, MA (USA) 14. 9:20.41 - 1500m sh Winston Salem, NC (USA) 4:17.35 - Mile sh Winston Salem, NC (USA) 2. 4:37.27 - 1500m Durham, NC (USA) 7. 4:15.57 - 800m Durham, NC (USA) 1. 2:07.23 - 800m Ciudad Victoria Tamaulipas (MEX) NCH 3. 2:07.53 - 10km Road Guadalajara (MEX) 4. 34:57		
Agathe JULIEN (MON)		38y
Alison ANDREWS-PAUL (NZL)		28y
GENERAL: 2 times National champion 800m (24, 23) Oceania champion 800m (24) OTHER PB'S: 2:00.63 800m(25) - 2:00.81 800m sh(25) - 2:38.67 1000m(24) HONOURS: Oce. Ch. (1xWin): 1. 800m Suva(24) 2:03.94 NCH (2xWin) 2026: 800m sh Boston, MA (USA) 3. 2:01.42 - 800m sh Toruń (POL) WICH h 2:01.46 - 800m sh Toruń (POL) WICH sf 2:01.38 - 800m Tucson, AZ (USA) 1. 2:02.44 - 1500m London (CAN) 3. 4:17.66 - 800m Guelph (CAN) 2. 2:01.40 - 800m Concord, MA (USA) 3. 2:02.33 - 800m Edmonton (CAN) 3. 2:01.53 - 1500m Burnaby (CAN) 9. 4:17.80 INFO: Hometown: Masterton. CAN-NZL dual citizen. Public Health studies at Simon Fraser University.		
Kimberley MAY (NZL)		23y
GENERAL: World University Games bronze medallist 1500m (25) OTHER PB'S: 4:04.40 1500m(25) - 4:27.36 Mile sh(24) - 8:44.73 3000m sh(25) Current Records: 1xAU20R: AU20R 2:48.76 1000m sh Boston, MA(22) HONOURS: WUG (1xBronze) 2026: 1500m Los Angeles, CA (USA) 8. 4:12.78 - 1500m Los Angeles, CA (USA) 6. 4:11.67 - 1500m West Long Branch, NJ (USA) 1. 4:22.13 - Mile Road New York, NY (USA) 23. 4:41.5h INFO: Hometown: Auckland. Studies: Providence College.		
Weronika LIZAKOWSKA (POL)		27y PB: 4:37.04 Riga (LAT) 01.10.2023
GENERAL: 3 times National Indoor champion 1500m sh (25), 3000m sh (25, 24) In top 8 at European Indoor Championships WA World Rankings: 40th OTHER PB'S: 3:57.31 1500m(24) - 4:03.72 1500m sh(25) - 4:20.19 Mile(25) Current Records: 1xNBP: NBP 4:37.04 Mile Road Riga(23) HONOURS: NCH (1xWin) NICH (3xWin) 2026: 1500m Warszawa (POL) 1. 4:06.23 - 1500m Montreuil (FRA) 3. 4:03.69 - 1500m Poznan (POL) 1. 4:05.20 - 1500m Madrid (ESP) WC 5. 4:05.71 - 800m Białystok (POL) NCH h 2:02.08 - 800m Białystok (POL) NCH 3. 2:01.50 - 1500m Białystok (POL) NCH 2. 4:08.67 - 1500m Birmingham (GBR) ECH h 4:08.43 - 1500m Birmingham (GBR) ECH 9. 4:11.81 - 1500m Chorzów (POL) WC 14. 4:02.95 - 1500m Zürich (SUI) DL 6. 4:04.38 INFO: Hometown: Kosciierzyna. Mathematics and Pedagogy studies. Height: 1.68 / 5'6". Club: KUKS Remus Kosciierzyna.		
Alessandra RODRIGUEZ (PUR)		25y
GENERAL: National champion 1500m (25) WA World Rankings: 364th OTHER PB'S: 2:07.99 800m(26) - 4:18.58 1500m(26) - 4:44.89 Mile sh(25) HONOURS: NCH (1xWin) 2026: 800m Villalba (PUR) 1. 2:07.99 - 1500m sh Boston, MA (USA) 11. 4:32.43 - Mile sh Boston, MA (USA) 12. 4:53.30 - 1500m Carolina (PUR) 1. 4:28.27 - 1500m Gainesville, FL (USA) 1. 4:19.05 - 1500m Durham, NC (USA) 7. 4:23.00 - 800m Gurabo (PUR) 1. 2:08.41 - 1500m London (CAN) 4. 4:18.58 - 1500m Guelph (CAN) 6. 4:22.05		
Karabo MORE (RSA)		24y
GENERAL: African champion 1500m (26) 2 times National champion 1500m (26), 5 km Road (25) WA World Rankings: 64th OTHER PB'S: 2:04.03 800m(26) - 4:05.90 1500m(26) - 32:34 10km Road(26) HONOURS: Afr. Ch. (1xGold): 1. 1500m Accra(26) 4:15.40 NCH (2xWin) 2026: 1500m Pretoria (RSA) 3. 4:15.44 - 800m Pretoria (RSA) 2. 2:04.03 - 1500m Pretoria (RSA) 1. 4:14.37 - 10km Road Cape Town (RSA) 4. 32:34 - 1500m Stellenbosch (RSA) 1. 4:05.90 - 1500m Stellenbosch (RSA) NCH 1. 4:11.54 - 1500m Pretoria (RSA) 2. 4:11.90 - 1500m Accra (GHA) AfC 1. 4:15.40 - 1500m Moskva (RUS) 3. 4:06.01 - 1500m Marseille (FRA) 2. 4:13.74 - 10km Road Durban (RSA) 5. 32:43 - Mile Glasgow (GBR) CWG 12. 4:50.96		
Carina VILJOEN (RSA)		29y PB: 4:37.87 Parys (RSA) 25.10.2025
GENERAL: 2 times In top 8 at African Championships In top 8 at World Cross Country Championships WA World Rankings: 127th OTHER PB'S: 4:07.11 1500m(23) - 4:12.90 1500m sh(22) - 4:29.03 Mile(22) HONOURS: 2026: Mile sh Fayetteville, AR (USA) 3. 4:33.96 - 1500m sh Boston, MA (USA) 4:16.00 - Mile sh Boston, MA (USA) 5. 4:34.68 - 800m Johannesburg (RSA) 1. 2:06.86 - 3000m Stellenbosch (RSA) 1. 9:07.64 - 1500m Johannesburg (RSA) 1. 4:20.86 - 1500m Stellenbosch (RSA) NCH 4. 4:17.07 - 1500m Pretoria (RSA) 3. 4:17.02 - 10km Road Cape Town (RSA) 5. 33:25 - 1500m Portland, OR (USA) 2. 4:10.14 - 1500m Los Angeles, CA (USA) 3. 4:11.03 - Mile Road Cleveland, OH (USA) 2. 4:20.49 INFO: Hometown: Johannesburg. Studies: University of Arkansas. Major in Accounting.		
Claire UWITONZE (RWA)		20y
GENERAL: 2 times National champion 800m (25), 1500m (25) OTHER PB'S: 2:00.32 800m(25) - 4:08.76 1500m(26) - 4:17.33 1500m sh(25) HONOURS: NCH (2xWin) 2026: 1500m Leuven (BEL) 1. 4:08.76 - 800m Glasgow (GBR) CWG h 2:06.95 - 1500m Trier (GER) 13. 4:09.00		
Romaine Rui-Min SOH (SGP)		31y PB: 5:24.19 Riga (LAT) 01.10.2023
GENERAL: 4 times National champion 800m (26, 25, 24), 1500m (24) HONOURS: NCH (4xWin) 2026: 800m Singapore (SGP) 1. 2:20.80 - 800m Singapore (SGP) NCH 1. 2:17.04 - 400m Singapore (SGP) NCH 3. 60.21 - 400m Singapore (SGP) NCH h 59.74 - 800m Hong Kong (HKG) NCH OC 2:16.92 - 1500m New Taipei City (TPE) 4. 4:49.16 - 800m New Taipei City (TPE) 5. 2:16.36 - 1500m Singapore (SGP) 1. 4:48.27		
Delia SCLABAS (SUI)		25y
GENERAL: 2 times European U18 champion 1500m (16), 3000m (16) 2 times European U20 champion 1500m (19), 3000m (17) WA World Rankings: 59th OTHER PB'S: 2:01.93 800m sh(20) - 4:04.50 1500m(26) - 4:08.67 1500m sh(26) Current Records: 1xAU20R: AU20R 2:41.79 1000m sh Magglingen(19) HONOURS: World U20 Ch. (2xBronze): 3. 1500m Tampere(18) 4:11.98 - 3. 800m Tampere(18) 2:01.29 Eur. U20 Ch. (2xGold, 1xSilver) Eur. U18 Ch. (2xGold) NCH (3xWin) NICH (5xWin) 2026: 1500m sh Lyon (FRA) 1. 4:08.67 - 1500m Bruxelles (BEL) 4. 4:07.58 - 1500m Bergen (NOR) 16. 4:19.83 - 1500m Warszawa (POL) 5. 4:12.22 - 1500m Troyes (FRA) 5. 4:08.97 - 1500m Tomblaine (FRA) 6. 4:07.19 - 1500m Heusden-Zolder (BEL) 4. 4:06.98 - 1500m Zürich (SUI) NCH 2. 4:09.91 - 1500m Birmingham (GBR) ECH h 4:09.09 - 800m Lausanne (SUI) DL 5. 2:01.25 - 1500m Zürich (SUI) DL 10. 4:08.44 - 1500m Bellinzona (SUI) 12. 4:04.50 INFO: Hometown: Kirchberg. Also competes in duathlon.		
Joceline WIND (SUI)		26y SB and PB: 4:34.44 Düsseldorf (GER) 06.09
GENERAL: World University Games winner 1500m (25) 4 times National champion 1500m (26, 25, 23, 21) WA World Rankings: 26th OTHER PB'S: 1:59.87 800m(26) - 3:59.79 1500m(26) - 4:06.55 1500m sh(26) Current Records: 1xNBP: NBP 5:44.88 2000m sh Liévin(26) HONOURS: WUG (1xGold) NCH (4xWin) NICH (2xWin) 2026: 1500m sh Ostrava (CZE) 6. 4:06.55 - 1500m sh Beograd (SRB) 1. 4:08.87 - 1500m Shaoxing/Keqiao (CHN) DL 14. 4:07.04 - 1500m Xiamen (CHN) DL 10. 4:01.41 - 1500m Turku (FIN) 2. 4:05.45 - 1500m Stockholm (SWE) DL 5. 4:04.66 - 1500m Poznan (POL) 2. 4:05.27 - 1500m Zürich (SUI) NCH 1. 4:07.83 - 1500m Birmingham (GBR) ECH h 4:10.95 - 800m Lausanne (SUI) DL 2. 1:59.87 - 1500m Zürich (SUI) DL 7. 4:05.41 - 1500m Bellinzona (SUI) 4. 3:59.79 INFO: Hometown: Sonceboz-Sombeval. Studies: Boston University. Earlier was a figure skater. Club: Bienne Athletics, Boston Univ.		

Wilma NIELSEN (SWE)		25y
GENERAL: 3 times NCAA Indoor champion Mile sh (26, 25), Distance Medley sh (26) 3 times National champion 800m (25, 24, 22) WA World Rankings: 38th		
OTHER PB'S: 2:01.27 800m sh(25) - 4:01.60 1500m sh(26) - 4:21.04 Mile sh(26)		
HONOURS: Eur. U23 Ch. (1xBronze) NCH (3xWin) NICH (1xWin) NCAA Ind. Ch. (3xWin)		
2026: Mile sh New York, NY (USA) 1. 4:26.74 - 1500m sh New York, NY (USA) 4:05.94 - Mile sh New York, NY (USA) 8. 4:23.56 - Mile sh Boston, MA (USA) 3. 4:21.04 - 1500m sh Boston, MA (USA) 2. 4:01.60 - Mile sh Fayetteville, AR (USA) NCAAICH h 4:28.26 - 1500m Eugene, OR (USA) NCAAACH sf 4:06.78 - 1500m Eugene, OR (USA) NCAAACH 4. 4:13.40 - 1500m Eugene, OR (USA) DL 1. 4:05.60 - 1500m Birmingham (GBR) ECH h 4:10.50 - 1000m Göteborg (SWE) 5. 2:37.44 - 1500m Rovereto (ITA) 7. 4:04.19		
INFO: Hometown: Gothenburg. Studies: Bradley University. Major in Business.		
Vera SJÖBERG (SWE)		25y
GENERAL: In top 8 at World Indoor Championships 2 times National champion 1500m (25), 5000m (25) WA World Rankings: 76th		
OTHER PB'S: 4:04.91 1500m(26) - 4:28.12 Mile sh(25) - 8:43.06 3000m sh(25)		
HONOURS: World Ind. Ch. (1xFinal) : 7. 3000m sh Toruń(26) 9:03.57 NCH (2xWin)		
2026: 1500m sh Winston Salem, NC (USA) 4:10.76 - Mile sh Winston Salem, NC (USA) 1. 4:29.14 - 3000m sh Boston, MA (USA) 4. 8:56.87 - 3000m sh Fayetteville, AR (USA) NCAAICH 6. 8:48.70 - 1500m Durham, NC (USA) 1. 4:10.36 - 5000m Eugene, OR (USA) NCAAACH 14. 15:42.42 - 1500m Karlstad (SWE) 4. 4:08.29 - 5000m Liège (BEL) 9. 15:24.87 - 1500m Uppsala (SWE) NCH 5. 4:13.50 - 5000m Uppsala (SWE) NCH 2. 17:01.90 - 1500m Oordegem (BEL) 4. 4:04.91 - 5000m Birmingham (GBR) ECH 10. 15:48.80		
INFO: Hometown: Stockholm. Studies: Boston University; major in English. Club: Täby IS.		
Felister CHEKWEMOI (UGA)		19y
WA World Rankings: 196th		
OTHER PB'S: 4:11.66 1500m(26) - 9:07.77 3000m(26) - 16:18.27 5000m(25)		
2026: 1500m Kampala (UGA) 1. 4:15.39 - 3000m Namboole (UGA) 2. 9:07.77 - 1500m Addis Ababa (ETH) 4. 4:19.25 - 1500m Kampala (UGA) 1. 4:13.98 - 1500m Nijmegen (NED) 1. 4:21.54 - 1500m Bruxelles (BEL) 7. 4:11.66 - 1500m Eugene, OR (USA) WU20CH h 4:26.70		
INFO: Member of Sebei College Tegeres Athletics Club.		
Scalet CHEMUTAI (UGA)		22y
GENERAL: National champion 1500m (24)		
OTHER PB'S: 4:12.79 1500m(25) - 16:23.40 5000m(26)		
HONOURS: NCH (1xWin)		
2026: 5000m Kampala (UGA) 6. 16:23.40		
Patience CHEROP (UGA)		20y
OTHER PB'S: 4:14.63 1500m(26)		
2026: 1500m Kampala (UGA) 5. 4:30.24 - 1500m Kampala (UGA) 2. 4:14.63		
Julieta FIRPO (URU)		22y PB: 5:02.64 Rio de Janeiro (BRA) 17.08.2025
2026: 8 km Road 6. 31:14 - 1500m Buenos Aires (ARG) 9. 4:40.31 - 800m Buenos Aires (ARG) OC 2:17.01 - 1500m Montevideo (URU) 2. 4:38.56 - 800m Montevideo (URU) 4. 2:16.68 - 1500m Montevideo (URU) NCH 2. 4:44.08 - 800m Montevideo (URU) NCH 3. 2:16.80 - 1500m Montevideo (URU) 3. 4:38.50 - 3000m Montevideo (URU) 2. 10:22.56		
Gracie HYDE (USA)		26y SB and PB: 4:25.64 Des Moines, IA (USA) 21.04
OTHER PB'S: 4:01.93 1500m(26) - 8:46.24 3000m sh(26) - 9:16.61 3000mSC(26)		
2026: 3000m sh Boston, MA (USA) 3. 8:46.24 - Mile Road Des Moines, IA (USA) NCH 2. 4:25.64 - 3000mSC Des Moines, IA (USA) 1. 9:22.19 - 5 km Road Indianapolis, IN (USA) NCH 3. 15:04 - 3000mSC Turku (FIN) 2. 9:16.61 - 3000mSC Stockholm (SWE) DL 9. 9:24.19 - 3000mSC Eugene, OR (USA) DL 14. 9:25.19 - 3000mSC New York, NY (USA) NCH 6. 9:22.10 - 3000mSC Zürich (SUI) DL 12. 9:20.75 - 1500m Trier (GER) 2. 4:01.93 - Mile Road Düsseldorf (GER) 2. 4:26.10		
INFO: From Jonesboro, Arkansas; . Represents PUMA as a professional runner based in Alamosa, Colorado; . Her father, Steve, competed in cross country, track and field at Arkansas State; . Competed collegiately for Central Arkansas, Arkansas, and Adams State; . Earned a master's degree in Kinesiology; Exercise Science from the University of Arkansas; . Medically retired from collegiate running in 2023 to recover from an eating disorder before making a successful comeback the following year; . Self-proclaimed coffee enthusiast; . Favorite athlete is Colleen Quigley; . Likes to cook, hike, watch basketball and play with her dog.		
Addison WILEY (USA)		22y SB and PB: 4:25.42 Des Moines, IA (USA) 21.04
GENERAL: World Indoor Championships bronze medallist 800m sh (26) NACAC U23 champion 1500m (23) WA World Rankings: 37th		
OTHER PB'S: 1:56.83 800m(24) - 2:30.71 1000m(25) - 3:58.96 1500m(26) Current Records: 1xAR: AR 2:30.71 1000m Monaco(25) 1xWR*: WR* 4:25.42 Mile Road Des Moines, IA(26)		
HONOURS: World Ind. Ch. (1xBronze) : 3. 800m sh Toruń(26) 1:58.36 NACAC U23 Ch. (1xGold) NCH (1xWin) NICH (1xWin)		
2026: 800m sh Toruń (POL) WICH 3. 1:58.36 - Mile Des Moines, IA (USA) 2. 4:25.96 - 800m Rabat (MAR) DL 12. 2:00.19 - 800m Doha (QAT) DL 1. 1:57.98 - 800m Eugene, OR (USA) DL 3. 1:57.70 - 800m London (GBR) DL 7. 2:00.01 - 1500m New York, NY (USA) NCH 2. 4:06.96 - 800m New York, NY (USA) NCH 2. 1:59.40 - 800m Lausanne (SUI) DL 6. 1:59.22 - 1500m Bellinzona (SUI) 2. 3:58.96 - 800m Bruxelles (BEL) DF 6. 2:01.29 - 800m Budapest (HUN) WAUC sf 1:58.14 - 800m Budapest (HUN) WAUC 4. 1:57.54		
INFO: Hometown: Huntington;. Studies: Huntington University;. Major in History and Political Science Pre-Law;. Earlier played softball;. Has a cat and a dog;. At age 10, she survived a rare lung tumor and now advocates for children battling cancer .		

Farida ABAROGÉ (ART)			32y	
WA World Rankings: 469th				
OTHER PB'S: 16:02.60 5000m(26) - 33:54.07 10,000m(26) - 32:26 10km Road(26)				
2026: 10km Road Nice (FRA) 22. 36:16 - 10km Road Saint Gregoire (FRA) 2. 32:38 - 10km Road Lille (FRA) 14. 32:26 - 10,000m Aix-les-Bains (FRA) NCH OC 34:30.15 - 10,000m La Spezia (ITA) E10KC 27. 33:54.07 - 5000m Stadtallendorf (GER) 5. 16:02.60 - 5000m Decines (FRA) 10. 16:05.48 - 5000m Blois (FRA) 1. 16:28.45				
INFO: Born in Jimma, Ethiopia. Likes football and karate. Has been training and living in France.				
Rose DAVIES (AUS)			26y	PB: 16:06 Noosa (AUS) 02.11.2019
GENERAL: 2 times Commonwealth Games winner 5000m (26), 10,000m (26) 3 times National champion 3000m (22), 5000m (24), 10,000m (24) WA World Rankings: 7th				
OTHER PB'S: 8:25.38 3000m(26) - 14:31.45 5000m(25) - 30:34.11 10,000m(25) Current Records: 2xAR: AR 14:31.45 5000m London(25) - AR 30:34.11 10,000m Oslo(25)				
HONOURS: CWG (2xGold) NCH (3xWin)				
2026: 3000m Hobart (AUS) 4. 8:41.61 - 3000m Melbourne (AUS) 1. 8:45.13 - 5000m Sydney (AUS) NCH 4. 15:20.81 - 5000m Shaoxing/Keqiao (CHN) DL 14. 14:53.28 - 3000m Oslo (NOR) DL 8. 8:29.63 - 3000m London (GBR) DL 2. 8:25.38 - 10,000m Glasgow (GBR) CWG 1. 31:39.32 - 5000m Glasgow (GBR) CWG 1. 14:44.53 - 5000m Chorzów (POL) WC 3. 14:55.39 - 5000m Bruxelles (BEL) DF 4. 14:37.47 - 5000m Budapest (HUN) WAUC 6. 14:35.64				
INFO: Born in Newcastle, New South Wales. Admires Eloise Wellings. Motto: "Be patient and enjoy the ride.". Height: 1.71 / 5'7".				
Georgia GRIFFITH (AUS)			29y	
GENERAL: World Indoor Championships bronze medallist 1500m sh (25) World University Games silver medallist 1500m (19) WA World Rankings: 17th				
OTHER PB'S: 3:58.25 1500m(25) - 4:00.80 1500m sh(25) - 8:24.20 3000m(24) Current Records: 1xAR: AR 8:24.20 3000m Oslo(24)				
HONOURS: World Ind. Ch. (1xBronze): 3. 1500m sh Nanjing(25) 4:00.80 Oce. Ch. (1xWin): 1. 1500m Townsville(19) 4:12.53 WUG (1xSilver)				
2026: 3000m Hobart (AUS) 3. 8:40.71 - 3000m Melbourne (AUS) 3. 8:48.00 - 1500m Sydney (AUS) NCH 4. 4:18.18 - 5000m Sydney (AUS) NCH 6. 15:35.02 - 3000m Oslo (NOR) DL 16. 8:40.75 - 1500m Budapest (HUN) 6. 4:04.08 - 3000m London (GBR) DL 7. 8:27.94 - 5000m Oordegem (BEL) 1. 14:44.64 - 800m Twickenham (GBR) 3. 2:00.68 - 5000m Chorzów (POL) WC 16. 14:59.02 - 1500m Trier (GER) 1. 4:01.74 - 5000m Bruxelles (BEL) DF 6. 14:38.69				
INFO: Born in Canberra. Communication, Design, and Business studies at Monash University. Likes drawing and reading; impressed by Laura Muir. Height: 1.72 / 5'8".				
Maudie SKYRING (AUS)			29y	SB and PB: 15:40 Düsseldorf (GER) 06.09
WA World Rankings: 36th				
OTHER PB'S: 4:04.51 1500m(25) - 8:42.82 3000m(25) - 14:49.47 5000m(26)				
2026: 5000m Melbourne (AUS) 3. 15:24.53 - 3000m Hobart (AUS) 5. 8:45.00 - 3000m Melbourne (AUS) 2. 8:47.05 - 5000m Sydney (AUS) NCH 3. 15:18.27 - 5000m Shaoxing/Keqiao (CHN) DL 16. 15:10.82 - 5000m Los Angeles, CA (USA) 6. 15:03.81 - 1500m Lignano Sabbiadoro (ITA) 5. 4:05.14 - 5000m Liège (BEL) 11. 15:28.35 - 5000m Oordegem (BEL) 4. 14:49.47 - 1500m London (GBR) 4. 4:09.72 - 1500m Pfungstadt (GER) 11. 4:12.58 - 5 km Road Düsseldorf (GER) 4. 15:40				
INFO: Hometown: Wollongong. Studies: Florida State University. Major in Exercise Physiology.				
Lisa REDLINGER (AUT)			23y	SB and PB: 15:34 Wien (AUT) 18.04
WA World Rankings: 79th				
OTHER PB'S: 9:12.24 3000m sh(26) - 15:12.03 5000m(26) - 32:29 10km Road(26)				
2026: 3000m sh München (GER) 1. 9:24.06 - 3000m sh Wien (AUT) NICH 2. 9:12.24 - 10km Road Oberriet (SUI) NCH 2. 33:04 - 10km Road Zürich (SUI) 1. 32:29 - 5 km Road Wien (AUT) 1. 15:34 - 5 km Road Wien (AUT) 4. 15:37 - 5000m Stadtallendorf (GER) 3. 15:19.02 - 5000m Wien (AUT) NCH 9. 15:12.03 - 5000m Tübingen (GER) 1. 15:16.05 - 5000m Birmingham (GBR) ECH 17. 15:57.19				
INFO: Hometown: Lustenau. Studies: Academy of Art University. Major in Interaction and UI/UX Design. Favorite food is rice with vegetables. Likes reading.				
Francine NIYOMUKUNZI (BDI)			27y	SB and PB: 15:13 Lille (FRA) 04.04
GENERAL: In top 8 at All-African Games In top 8 at World Road Running Championships WA World Rankings: 29th				
OTHER PB'S: 8:33.27 3000m(26) - 14:41.46 5000m(26) - 30:42 10km Road(24)				
HONOURS:				
2026: 10km Road Castellón (ESP) 9. 31:04 - 10km Road Bilbao (ESP) 3. 31:37 - 5 km Road Lille (FRA) 8. 15:13 - 5000m Busto Arsizio (ITA) 1. 15:54.46 - 5000m Shaoxing/Keqiao (CHN) DL 15. 14:58.77 - 5000m Roma (ITA) DL 16. 14:41.46 - 1500m Rieti (ITA) 1. 4:18.52 - 5000m Rieti (ITA) 1. 15:57.29 - 3000m Monaco (MON) DL 9. 8:33.27 - 5000m Chorzów (POL) WC 10. 14:57.34				
INFO: Born in Bururi. Club: CUS Pro Patria Milano.				
Febe TRIEST (BEL)			26y	SB and PB: 15:32 Lille (FRA) 04.04
GENERAL: National champion 5000m (21) WA World Rankings: 167th				
OTHER PB'S: 4:12.69 1500m(26) - 9:19.45 3000m(26) - 15:24.40 5000m(26)				
HONOURS: NCH (1xWin)				
2026: 5 km Road Lille (FRA) 16. 15:32 - 3000m Kessel-Lo (BEL) 3. 9:19.45 - 5000m Kessel-Lo (BEL) 2. 16:02.59 - 5000m Bruxelles (BEL) 25. 15:42.07 - 1500m Oordegem (BEL) 1. 4:17.43 - 1500m Leuven (BEL) 5. 4:12.69 - 5000m Kessel-Lo (BEL) NCH 3. 15:52.79 - 5000m Oordegem (BEL) 18. 15:24.40				
Nubia DE OLIVEIRA SILVA (BRA)			24y	
GENERAL: South American champion 10,000m (25) 2 times South American U23 Championships bronze medallist 5000m (22), 10,000m (22)				
OTHER PB'S: 32:17 10km Road(26) - 51:32 15 km Road(26) - 1:11:13 Half Marathon(26)				
HONOURS: Sam. Ch. (1xGold): 1. 10,000m Mar del Plata(25) 34:06.56 Sam. U23 Ch. (2xBronze) NCH (4xWin)				
2026: 10km Road Laredo (ESP) 9. 32:17 - Half Marathon São Paulo (BRA) 4. 1:23:27 - 10km Road São Paulo (BRA) 1. 34:31 - 15 km Road Petrolina (BRA) 3. 51:32 - 10,000m São Paulo (BRA) NCH 1. 35:17.37 - 5000m São Paulo (BRA) NCH 2. 16:31.22 - Half Marathon Rio de Janeiro (BRA) NCH 1. 1:16:54 - Half Marathon Buenos Aires (ARG) 8. 1:11:13				
Simone FERRAZ (BRA)			36y	SB: 16:40 Rio de Janeiro (BRA) 16.08 PB: 16:39 Riga (LAT) 01.10.2023
GENERAL: 2 times South American Championships silver medallist 3000mSC (23, 21) 3 times In top 8 at South American Championships 5000m (23) WA World Rankings: 1098th				
OTHER PB'S: 15:43.20 5000m(24) - 6:25.82 2000mSC(21) - 9:31.59 3000mSC(24)				
HONOURS: Sam. Ch. (2xSilver, 1xBronze): 2. 3000mSC São Paulo(23) 9:59.44 - 2. 3000mSC Guayaquil(21) 9:45.15 - 3. 3000mSC Lima(19) 10:05.88 - 4. 5000m São Paulo(23) 16:31.53 - 7. 5000m Lima(19) 16:37.06 - 8. 5000m Guayaquil(21) 16:41.63 Sam. Mar. Ch. (1xBronze) IberoAM Ch. (1xSilver) NCH (5xWin)				
2026: 3000mSC Jaraguá (BRA) 1. 10:51.07 - 3000mSC Azusa, CA (USA) 12. 10:30.58 - 5000m Azusa, CA (USA) 23. 17:14.78 - 3000mSC Des Moines, IA (USA) 9. 10:40.34 - 5 km Road Florianópolis (BRA) 1. 17:05 - 5000m Jaraguá (BRA) 1. 18:17.38 - 10km Road São Paulo (BRA) 4. 35:49 - 10km Road Boulder, CO (USA) 17. 37:08 - 3000mSC Lima (PER) IbAMCH 4. 10:26.70 - 3000mSC São Paulo (BRA) NCH 2. 10:15.60 - 5000m São Paulo (BRA) NCH 7. 17:37.02 - 5 km Road Rio de Janeiro (BRA) NCH 1. 16:40				
INFO: Hometown: Jaragua do Sul. Also does coaching.				
Simone PLOURDE (CAN)			26y	SB and PB: 15:30 Carlsbad, CA (USA) 12.04
OTHER PB'S: 4:04.07 1500m sh(25) - 4:22.47 Mile sh(25) - 15:01.21 5000m sh(25)				
2026: 5 km Road Carlsbad, CA (USA) 1. 15:30 - 800m Concord, MA (USA) 6. 2:05.65 - 1500m Los Angeles, CA (USA) 8. 4:13.72 - 5000m Ottawa (CAN) NCH 3. 15:40.03 - 1500m Dublin (IRL) 9. 4:10.23 - 1500m Heusden-Zolder (BEL) 2. 4:10.49 - Mile Glasgow (GBR) CWG h 4:38.50 - Mile Glasgow (GBR) CWG 11. 4:46.45 - Mile Road New York, NY (USA) 16. 4:27.5h				
INFO: Hometown: Montreal. Studies: University of Utah. Major in Kinesiology. Likes music, yoga and traveling. Height: 1.65 / 5'5".				
Regan YEE (CAN)			31y	PB: 16:28 Moncton (CAN) 11.09.2022
GENERAL: NACAC U23 champion 3000mSC (16) 10 times National Indoor champion 800m sh (24, 23), 1500m sh (26, 25, 24, 23), 3000m sh (26, 25, 24, 23) WA World Rankings: 49th				
OTHER PB'S: 4:24.95 Mile sh(24) - 8:38.94 3000m sh(24) - 9:24.82 3000mSC(23)				
HONOURS: NACAC Ch. (2xBronze): 3. 5000m Freeport(25) 15:39.56 - 3. 3000mSC Freeport(22) 9:54.92 - 4. 1500m Freeport(22) 4:12.54 NACAC U23 Ch. (1xGold, 1xBronze) NCH (2xWin) NICH (10xWin)				
2026: 3000m Seattle, WA (USA) 2. 8:51.20 - 3000m sh Winston Salem, NC (USA) 11. 8:54.80 - 3000m sh Boston, MA (USA) 6. 8:57.57 - 1500m Palo Alto, CA (USA) 1. 4:11.29 - 5000m Los Angeles, CA (USA) 9. 15:08.26 - 5000m Los Angeles, CA (USA) 2. 15:02.84 - 3000mSC Ottawa (CAN) NCH 3. 9:53.48 - 5000m Liège (BEL) 7. 15:21.81 - 5000m Oordegem (BEL) 8. 15:02.45 - 1500m Pfungstadt (GER) 12. 4:14.00 - 1500m Trier (GER) 3. 4:14.97 - Mile Road Düsseldorf (GER) 7. 4:33.74				
INFO: Born in South Hazelton. Studies: Trinity Western University. The University's Former Female Athlete of the Year. Nickname: Yeezy. Height: 1.63 / 5'4".				

Juliane HVID (DEN)	28y	SB and PB: 15:13 Århus (DEN) 21.05
GENERAL: 6 times National champion 5000m (25), 3000mSC (25, 23, 22), 5 km Road (26), 10km Road (26) OTHER PB'S: 6:17.78 2000mSC(23) - 9:23.12 3000mSC(26) - 32:22 10km Road(26) HONOURS: NCH (6xWin) 2026: 10km Road Valencia (ESP) 40. 32:22 - Half Marathon Barcelona (ESP) 26. 1:13:22 - 5 km Road Copenhagen (DEN) 1. 15:34 - 10km Road Århus (DEN) NCH 1. 32:42 - 5 km Road Nijmegen (NED) NCH 9. 15:38 - 5 km Road Århus (DEN) 1. 15:13 - 3000mSC Copenhagen (DEN) 1. 9:37.17 - 3000mSC Turku (FIN) 5. 9:23.12 - 3000mSC Stockholm (SWE) DL 10. 9:25.46 - 3000mSC Copenhagen (DEN) 3. 9:30.92 - 3000mSC Birmingham (GBR) ECH h 9:37.27 - 2000mSC Berlin (GER) WC 11. 6:24.68 INFO: Based in Copenhagen. Studies: Technical University of Denmark. Club: Sparta Atletik & Løb.		
Anna Emilie MØLLER (DEN)	29y	SB: 16:04 Copenhagen (DEN) 21.03 PB: 15:36 Monaco (MON) 17.02.2019
GENERAL: 3 times European U23 champion 5000m (19), 3000mSC (19, 17) In top 8 at World Championships OTHER PB'S: 8:47.83 3000m(16) - 15:07.70 5000m(19) - 9:13.46 3000mSC(19) HONOURS: World Ch. (1xFinal): 7. 3000mSC Doha(19) 9:13.46 Eur. Team Ch.- 2L/3D (2xWin) Eur. U23 Ch. (3xGold) 2026: 5 km Road Copenhagen (DEN) 2. 16:04 - 10km Road Århus (DEN) NCH 5. 34:16 - 5 km Road Herning (DEN) NCH 3. 16:40 - 5000m Copenhagen (DEN) 1. 16:15.44 INFO: Born in Copenhagen. Sports Science studies at St. Mary's University. Earlier played basketball.		
Samiya HASSAN NOUR (DJI)	26y	SB and PB: 14:38 Lille (FRA) 04.04
GENERAL: African Championships silver medallist 5000m (26) African Championships bronze medallist 5000m (24) WA World Rankings: 59th OTHER PB'S: 14:45.93 5000m(25) - 32:17.72 10,000m(25) - 30:40 10km Road(25) HONOURS: Afr. Ch. (1xSilver, 1xBronze): 2. 5000m Accra(26) 15:47.05 - 3. 5000m Douala(24) 15:42.63 - 6. 10,000m Accra(26) 32:50.90 Franc. G. (1xBronze) 2026: 5 km Road Lille (FRA) 4. 14:38 - 5000m Djibouti (DJI) 1. 15:43.12 - 5000m Accra (GHA) AfC 2. 15:47.05 - 10,000m Accra (GHA) AfC 6. 32:50.90 - 10km Road Abbeville (FRA) 5. 31:32 - 10km Road Langueux (FRA) 5. 31:37 INFO: Member of the Armed Forces.		
Diana SHISHAY (ERI)	20y	
OTHER PB'S: 34:16.97 10,000m(26) 2026: 5000m Accra (GHA) AfC 9. 16:30.05 - 10,000m Accra (GHA) AfC 12. 34:16.97		
Marta GARCÍA (ESP)	28y	PB: 15:50 Zürich (SUI) 07.09.2022
GENERAL: European Championships silver medallist 5000m (26) European Championships bronze medallist 5000m (24) WA World Rankings: 15th OTHER PB'S: 8:34.28 3000m sh(26) - 14:33.40 5000m(25) - 14:46.37 5000m sh(24) HONOURS: World Ch. (1xFinal): 7. 5000m Tokyo(25) 15:01.02 World Ind. Ch. (1xFinal): 7. 3000m sh Nanjing(25) 8:40.80 Eur. Ch. (1xSilver, 1xBronze): 2. 5000m Birmingham(26) 15:39.98 - 3. 5000m Roma(24) 14:44.04 Eur. Team Ch. (1xSilver) NCH (5xWin) 2026: 10km Road Valencia (ESP) 16. 31:17 - 1500m sh Madrid (ESP) 6. 4:07.18 - 3000m sh Liévin (FRA) 4. 8:34.28 - 1500m sh Toruń (POL) 10. 4:04.92 - 3000m sh Valencia (ESP) NICH 1. 9:04.99 - 3000m London (GBR) DL 15. 8:34.80 - 5000m Málaga (ESP) NCH 1. 16:08.02 - 5000m Birmingham (GBR) ECH 2. 15:39.98 - 5000m Chorzów (POL) WC 9. 14:56.48 - 1500m Zürich (SUI) DL 3. 4:03.86 - 1500m Taranto (ITA) MedG 4. 4:10.87 - 5000m Budapest (HUN) WAUC 10. 14:43.94 INFO: Born in Leon. Medicine studies at University of Valladolid. Also a doctor. Height: 1.62 / 5'4". Club: OAC Europe - On Running.		
Likina AMEBAW (ETH)	28y	PB: 14:23 Barcelona (ESP) 31.12.2025
GENERAL: World Athletics Ultimate champion 5000m (26) Diamond League meeting winner 5000m (26) WA World Rankings: 1st OTHER PB'S: 14:18.41 5000m(26) - 29:29 10km Road(26) - 1:04:44 Half Marathon(25) HONOURS: World Ultimate Ch. (1xWin) 2026: 10km Road Valencia (ESP) 2. 29:29 - Half Marathon Berlin (GER) d 1. 1:05:07 - 5000m Shaoxing/Keqiao (CHN) DL 2. 14:24.21 - 1500m Rabat (MAR) DL 7. 4:01.56 - 5000m Roma (ITA) DL 1. 14:18.41 - 3000m Oslo (NOR) DL 2. 8:25.15 - 5000m Doha (QAT) DL 2. 14:54.37 - 5000m Chorzów (POL) WC 8. 14:56.42 - 5000m Bruxelles (BEL) DF 2. 14:36.31 - 5000m Budapest (HUN) WAUC 1. 14:30.36 INFO: Based in Spain;. Announced in 2025 her intention to represent Qatar at the 2028 Olympics after facing difficulties obtaining Spanish citizenship.		
Aleshign BAWEKE (ETH)	20y	PB: 14:43 Lille (FRA) 16.03.2025
GENERAL: World U20 champion 3000m (24) In top 8 at World Indoor Championships 3000m sh (26) WA World Rankings: 3rd OTHER PB'S: 8:23.81 3000m(26) - 8:26.29 3000m sh(26) - 14:18.54 5000m(26) HONOURS: World Ind. Ch. (1xFinal): 4. 3000m sh Toruń(26) 9:00.26 World U20 Ch. (1xGold): 1. 3000m Lima(24) 8:50.32 2026: 3000m sh Liévin (FRA) 2. 8:26.29 - 3000m sh Toruń (POL) WICH 4. 9:00.26 - 5000m Roma (ITA) DL 2. 14:18.54 - 3000m Eugene, OR (USA) 8:48.76 - 2 Miles Eugene, OR (USA) DL 1. 9:20.02 - 3000m Monaco (MON) DL 2. 8:23.81 - 5000m Chorzów (POL) WC 5. 14:55.49 - 5000m Budapest (HUN) WAUC 5. 14:32.95 INFO: Involved in a bib mix-up at the 2025 Diamond League Final in Zurich when teammate Fantaye Belayneh accidentally wore her bib and won the race .		
Nathalie BLOMQVIST (FIN)	25y	PB: 17:11 Helsinki (FIN) 02.10.2021
GENERAL: In top 8 at European Championships 4 times National Indoor champion 800m (20), 1500m (20), 1500m sh (23), 3000m (24) WA World Rankings: 106th OTHER PB'S: 8:32.23 3000m(24) - 14:44.72 5000m(24) - 31:26 10km Road(24) HONOURS: NCH (2xWin) NICH (4xWin) 2026: 5000m sh Boston, MA (USA) 8. 15:31.58 - 3000m sh Espoo (FIN) NICH 2. 8:58.33 - 10km Road Turku (FIN) 2. 32:10 - 5000m Bruxelles (BEL) 11. 15:15.06 - 1500m Turku (FIN) 10. 4:10.50 - Mile Nice (FRA) 4. 4:37.49 - 5000m Wien (AUT) NCH 11. 15:18.35 - 5000m Birmingham (GBR) ECH 18. 15:58.36 - 1500m Helsinki (FIN) 5. 4:15.98 - 5000m Helsinki (FIN) 4. 15:30.14 INFO: Born in Pietarsaari. Health Science studies at Abo Akademi University. Her idol is Faith Kipyegon. Height: 1.71 / 5'7".		
Megan KEITH (GBR)	24y	PB: 17:00 Edinburgh (GBR) 29.11.2020
GENERAL: European Championships bronze medallist 10,000m (24) European Cross Country Championships silver medallist XC Senior Race (25) WA World Rankings: 21st OTHER PB'S: 8:28.35 3000m(26) - 30:36.84 10,000m(24) - 30:07 10km Road(26) HONOURS: Eur. Ch. (1xBronze): 3. 10,000m Roma(24) 31:04.77 - 8. 10,000m Birmingham(26) 32:04.81 CWG (1xBronze) Eur. XC Ch. (1xSilver) Eur. U23 Ch. (1xGold) NCH (1xWin) 2026: 10km Road Castellón (ESP) 4. 30:07 - Half Marathon New York, NY (USA) 3. 1:07:13 - 5000m Bruxelles (BEL) 2. 14:54.92 - 3000m Oslo (NOR) DL 7. 8:28.35 - 5000m London (GBR) 1. 14:49.22 - 3000m London (GBR) DL 14. 8:32.58 - 10,000m Glasgow (GBR) CWG 9. 32:22.11 - 5000m Glasgow (GBR) CWG 3. 14:49.10 - 10,000m Birmingham (GBR) ECH 8. 32:04.81 INFO: Athlete of Inverness. Sports Science studies at University of Edinburgh. Height: 1.71 / 5'7".		
Hannah NUTTALL (GBR)	29y	PB: 16:18 Kirkby (GBR) 18.10.2020
GENERAL: European Cross Country Championships winner Mixed XC Relay (21) In top 8 at World Championships WA World Rankings: 14th OTHER PB'S: 8:26.48 3000m(26) - 8:32.94 3000m sh(26) - 14:39.48 5000m(25) HONOURS: World Ch. (1xFinal): 8. 5000m Tokyo(25) 15:01.25 Eur. XC Ch. (1xGold) Eur. Team Ch. (1xSilver) 2026: 3000m sh Boston, MA (USA) 5. 8:38.96 - 3000m sh New York, NY (USA) 2. 8:32.94 - 3000m sh Birmingham (GBR) NICH 1. 8:41.75 - 3000m sh Toruń (POL) WICH 9. 9:04.20 - 3000m Oslo (NOR) DL 12. 8:35.20 - 5000m Birmingham (GBR) NCH 1. 15:15.03 - 3000m London (GBR) DL 4. 8:26.48 - 5000m Glasgow (GBR) CWG 5. 14:51.34 - 5000m Birmingham (GBR) ECH 5. 15:41.27 - 5000m Chorzów (POL) WC 11. 14:57.63 - 5000m Budapest (HUN) WAUC 11. 15:00.04 INFO: Hometown: Loughborough. Coached by Helen Clitheroe; . Represents Charnwood AC; . Both of her parents were international athletes, with her mother being Olympian Alison Wyeth and her late father being John Nuttall; . Her brother Luke Nuttall is also an athlete, as is her stepsister Eilish McColgan; . Completed a bachelor's degree in Human Biology and a master's degree at Loughborough University; . Also studied and competed in the NCAA for the University of New Mexico; . Works as a qualified nutritionist; . Co-founder of Wizzard Coaching, an online running coaching platform.		
Eloise WALKER (GBR)	25y	SB and PB: 15:27 Düsseldorf (GER) 06.09
WA World Rankings: 60th OTHER PB'S: 8:34.80 3000m(26) - 8:42.88 3000m sh(26) - 15:13.15 5000m(26) 2026: 3000m sh Boston, MA (USA) 1. 8:42.90 - 3000m sh New York, NY (USA) 7. 8:42.88 - 3000m sh Birmingham (GBR) NICH 3. 8:48.45 - 5000m Karlsruhe (GER) 3. 15:17.51 - 5000m Birmingham (GBR) NCH 3. 15:19.34 - 3000m Zagreb (CRO) WC 5. 8:47.47 - 3000m London (GBR) DL 15. 8:34.80 - 5000m Glasgow (GBR) CWG 15. 15:13.15 - 5 km Road Düsseldorf (GER) 3. 15:27 INFO: Hometown: Edinburgh. Studies: University of Glasgow.		

Micol MAJORI (ITA)		28y	PB: 15:42 Oderzo (ITA) 01.05.2025	
GENERAL: European Championships bronze medallist 5000m (26) National champion 5000m (22) WA World Rankings: 62nd OTHER PB'S: 8:47.00 3000m(26) - 8:51.50 3000m sh(26) - 15:04.32 5000m(25) HONOURS: Eur. Ch. (1xBronze): 3. 5000m Birmingham(26) 15:40.65 NCH (1xWin) 2026: 10km Road Valencia (ESP) 41. 32:24 - 3000m sh Valencia (ESP) 1. 8:51.50 - 1500m sh Erfurt (GER) 3. 4:11.82 - 3000m sh Ancona (ITA) NICH 2. 8:54.51 - 5000m Bruxelles (BEL) 10. 15:14.03 - 5000m Karlsruhe (GER) 1. 15:15.24 - 3000m Marseille (FRA) 1. 8:47.00 - 1500m Modena (ITA) 2. 4:07.33 - 5000m Firenze (ITA) NICH 2. 15:20.81 - 1500m Firenze (ITA) NCH 3. 4:19.31 - 5000m Birmingham (GBR) ECH 3. 15:40.65 - 5000m Taranto (ITA) MedG 2. 15:21.86 INFO: Born in Milan. Civil Engineering studies at Polytechnic University of Milan. Earlier was involved in alpine skiing and swimming. Likes sailing and reading.				
Rina KUSU (JPN)		32y		
GENERAL: 3 times National champion 5000m (18, 17), 10,000m (19) In top 8 at Asian Games 5000m (18) WA World Rankings: 137th OTHER PB'S: 8:48.21 3000m(18) - 15:10.91 5000m(18) - 31:28.81 10,000m(18) HONOURS: NCH (3xWin) 2026: 10km Road Yamaguchi (JPN) 3. 32:47 - 5000m Kumamoto (JPN) 6. 16:08.56 - 5000m Hiroshima (JPN) 5. 15:39.86 - 5000m Nobeoka (JPN) 5. 15:33.15 - 10,000m Tendo (JPN) 4. 32:29.52 - 5000m Nagoya (JPN) NCH 4. 15:14.01 - 10,000m Chitose (JPN) 8. 32:06.82 INFO: Pronunciation: Ree-Na Koo-Soo.				
Kana MIZUMOTO (JPN)		21y		
GENERAL: Asian U20 champion 3000m (23) OTHER PB'S: 8:57.09 3000m(25) - 15:06.98 5000m(25) - 31:07.21 10,000m(25) HONOURS: Asi. U20 Ch. (1xGold) 2026: 5000m Nagoya (JPN) NCH 5. 15:14.25 - 5000m Chitose (JPN) 5. 15:15.81 - 10,000m Ordos (CHN) 1. 33:24.87 INFO: Pronunciation: Kah-Na Miz-Mo-Toe.				
Caroline Makandi GITONGA (KEN)		30y	SB and PB: 14:26 Utrecht (NED) 13.06	
OTHER PB'S: 14:47.41 5000m(25) - 29:34 10km Road(26) - 1:06:16 Half Marathon(26) 2026: 10km Road Castellón (ESP) 1. 29:34 - Half Marathon Praha (CZE) 1. 1:06:16 - 5 km Road Utrecht (NED) 1. 14:26 - 5000m Wien (AUT) NCH 2. 14:53.92 INFO: Has a twin sister.				
Caroline NYAGA (KEN)		32y	PB: 14:19 Tokyo (JPN) 03.05.2025	
GENERAL: African champion 10,000m (22) African Championships silver medallist 1500m (24) WA World Rankings: 24th OTHER PB'S: 8:30.99 3000m(24) - 14:30.14 5000m(24) - 30:48 10km Road(23) HONOURS: Afr. Ch. (1xGold, 1xSilver, 1xBronze): 1. 10,000m St Pierre(22) 32:12.61 - 2. 1500m Douala(24) 4:06.76 - 3. 5000m St Pierre(22) 15:05.34 2026: 5000m Shaoxing/Keqiao (CHN) DL 9. 14:36.55 - 800m Nairobi (KEN) h 2:14.62 - 800m Nairobi (KEN) 2. 2:09.53 - 1500m Nairobi (KEN) 2. 4:16.80 - 5000m Roma (ITA) DL 12. 14:38.10 - 5000m Nairobi (KEN) NCH h 16:03.44 - 5000m Nairobi (KEN) NCH 2. 15:17.18 - 5000m Glasgow (GBR) CWG 6. 14:54.00 INFO: In 2022 at the African Championships in Mauritius she did not have proper shoes before the 10 000m final. Faith Kipyegon sent her shoes that she used to win gold medal. Member of Kenyan Police. Height: 1.60 / 5'3".				
Danielė ŠATIKAITĖ (LTU)		18y		
GENERAL: National champion 10km Road (26) WA World Rankings: 953rd HONOURS: NCH (1xWin) 2026: 1500m sh Vilnius (LTU) 2. 4:46.89 - 800m sh Vilnius (LTU) 4. 2:22.47 - 3000m sh Kaunas (LTU) 1. 9:46.70 - 1500m sh Kaunas (LTU) NICH 2. 4:43.47 - 800m sh Kaunas (LTU) NICH 6. 2:21.51 - 10km Road Riga (LAT) 2. 35:39 - 5000m Karlsruhe (GER) 12. 16:54.47 - 5000m Vilnius (LTU) 6. 17:09.24 - 10km Road Birstonas (LTU) NCH 1. 35:00 - 3000m Vėru (EST) 1. 9:58.74 - 1500m Palanga (LTU) NCH 3. 4:36.65 - 3000m Riga (LAT) 2. 9:37.10				
Arian Iveth CHIA HERNÁNDEZ (MEX)		25y		
GENERAL: National champion 3000mSC (24) OTHER PB'S: 9:59.83 3000mSC(26) - 1:15:09 Half Marathon(25) HONOURS: NCH (1xWin) 2026: 10,000m León (MEX) 1. 36:17.54 - 3000mSC León (MEX) 1. 10:39.87 - 5000m León (MEX) 1. 17:20.35 - 3000mSC Monterrey (MEX) 2. 10:05.10 - 3000mSC Palo Alto, CA (USA) 5. 10:05.42 - 3000mSC Azusa, CA (USA) 3. 9:59.83 - 5000m Walnut, CA (USA) 2. 16:33.72 - 1500m Azusa, CA (USA) 1. 4:33.89 - Half Marathon León (MEX) 5. 1:17:07 - 3000mSC Ciudad Victoria Tamaulipas (MEX) NCH 2. 10:18.15 - 3000mSC Medellín (COL) 4. 10:43.36 - 3000mSC Santo Domingo (DOM) CACG 3. 10:06.68				
Marla Elena VALTIERRA (MEX)		34y		
OTHER PB'S: 1:12:17 Half Marathon(26) - 2:31:48 Marathon(25) 2026: 5000m Monterrey (MEX) 5. 16:50.01 - Half Marathon Istanbul (TUR) NCH 15. 1:14:25 - Half Marathon Buenos Aires (ARG) 11. 1:12:17				
Darija KRSTEVSKA (MKD)		19y		
GENERAL: National champion 800m (26) HONOURS: NCH (1xWin) 2026: 10,000m Skopje (MKD) 1. 40:14.11 - 3000mSC Skopje (MKD) 1. 12:26.51 - 5000m Skopje (MKD) 1. 19:18.40 - 1500m Skopje (MKD) 2. 5:03.47 - 800m Skopje (MKD) NCH 1. 2:39.78				
Diane VAN ES (NED)		27y	SB and PB: 14:33 Monaco (MON) 15.02	
GENERAL: European Championships silver medallist 10,000m (24) 3 times National champion 5000m (24, 22, 20) WA World Rankings: 34th OTHER PB'S: 14:43.80 5000m(25) - 30:57.24 10,000m(24) - 30:29 10km Road(23) Current Records: 1xNBP: NBP 5:45.20 2000m sh Liévin(26) 1xAR*: AR* 14:39 5 km Road Monaco(25) 1xAR: AR 14:33 5 km Road Monaco(26) HONOURS: Eur. Ch. (1xSilver): 2. 10,000m Roma(24) 30:57.24 Eur. Team Ch. (1xBronze) Eur. U23 Ch. (1xBronze) NCH (3xWin) 2026: 5 km Road Monaco (MON) 1. 14:33 - 2000m sh Liévin (FRA) 9. 5:45.20 - Half Marathon New York, NY (USA) 4. 1:08:21 - 1500m Melbourne (AUS) 9. 4:14.43 - 5000m Los Angeles, CA (USA) 8. 15:04.51 - 1500m Turku (FIN) 8. 4:08.64 - 1500m Stockholm (SWE) DL 17. 4:12.64 - 10,000m Leiden (NED) NCH 1. 31:39.28 - 5000m Oordegem (BEL) 2. 14:48.61 INFO: Hometown: Rotterdam. Sport studies at The Hague University of Applied Sciences. Has been coaching children in Rotterdam. Her idol is Almaz Ayana. Height: 1.70 / 5'7". Club: PAC Rotterdam.				
Maiken Homlung PRØITZ (NOR)		22y	SB: 16:07 Monaco (MON) 15.02	PB: 15:58 Lille (FRA) 15.11.2025
WA World Rankings: 212th OTHER PB'S: 4:17.50 1500m(26) - 9:15.19 3000m sh(26) - 15:35.58 5000m(26) 2026: 5 km Road Monaco (MON) 13. 16:07 - 3000m sh Bergen (NOR) NICH 7. 9:15.19 - 3000m Tønsberg (NOR) 7. 9:15.76 - 1500m Jessheim (NOR) 11. 4:17.50 - 1500m Oslo (NOR) 12. 4:21.77 - 3000m Göteborg (SWE) 1. 9:17.01 - 5000m Trondheim (NOR) NCH 6. 15:56.82 - 5000m Oordegem (BEL) 9. 15:35.58 - 3000m Jessheim (NOR) 2. 9:20.81 INFO: Athlete of Sarpsborg. Club: IK Tjelve.				
Anna Marie Nordengen SIREVÅG (NOR)		22y		
GENERAL: National champion 10,000m (26) WA World Rankings: 94th OTHER PB'S: 15:19.19 5000m(26) - 31:52.53 10,000m(26) - 32:35 10km Road(26) HONOURS: NCH (1xWin) 2026: 10km Road Castellón (ESP) 18. 32:43 - 10km Road Laredo (ESP) 17. 32:35 - 3000m Tønsberg (NOR) 3. 9:00.50 - 10,000m La Spezia (ITA) E10KC 6. 34:30.81 - 10,000m Stadtallendorf (GER) 1. 31:52.53 - 3000m Sollentuna (SWE) 5. 8:59.52 - 5000m Wien (AUT) NCH 12. 15:23.39 - 5000m Braga (POR) 3. 15:19.19 - 5000m Trondheim (NOR) NCH 2. 15:23.38 - 10,000m Trondheim (NOR) NCH 1. 32:26.16 - 5000m Birmingham (GBR) ECH 15. 15:55.26 - 10,000m Birmingham (GBR) ECH 17. 32:41.21 INFO: Also competes in cross-country skiing. Club: Sportsklubben Vidar.				
Hannah GAPES (NZL)		22y		
WA World Rankings: 142nd OTHER PB'S: 4:07.44 1500m(26) - 8:48.96 3000m sh(25) - 15:25.93 5000m(26) 2026: 3000m sh Lynchburg, VA (USA) 2. 9:04.56 - 3000m sh Winston Salem, NC (USA) 1. 9:02.69 - 3000m sh Boston, MA (USA) 5. 8:57.95 - 5000m Raleigh, NC (USA) 8. 15:48.62 - 1500m Palo Alto, CA (USA) 7. 4:11.37 - 5000m Louisville, KY (USA) 5. 15:42.04 - 5000m Lexington, KY (USA) NCAAACH h 15:38.62 - 5000m Eugene, OR (USA) NCAAACH 11. 15:25.93 - 1500m Portland, OR (USA) 4. 4:07.44				

Elżbieta GLINKA (POL)	32y	SB and PB: 15:57 Warszawa (POL) 21.06
GENERAL: European Cup 10,000m winner 10,000m (26) 4 times National champion 5000m (26), 10,000m (26), 5 km Road (26), Half Marathon (24) WA World Rankings: 134th		
OTHER PB'S: 15:08.19 5000m(26) - 31:45.36 10,000m(26) - 31:47 10km Road(26)		
HONOURS: Eur. Cup 10,000 (1xGold) NCH (4xWin)		
2026: 10km Road Valencia (ESP) 26. 31:47 - 10km Road Poznan (POL) 2. 32:22 - Half Marathon Warszawa (POL) 1. 1:09:25 - 10,000m Augustów (POL) NCH 1. 32:18.90 - 10,000m La Spezia (ITA) E10KC 1. 31:45.36 - 5 km Road Warszawa (POL) NCH 1. 15:57 - 5000m Białystok (POL) NCH 1. 15:41.58 - 10,000m Birmingham (GBR) ECH 12. 32:16.65 - 5000m Chorzów (POL) WC 20. 15:08.19		
INFO: Based in Warsaw. Has worked in the construction industry. Club: Passion First Warsaw.		
Alondra NEGRON (PUR)	28y	PB: 15:32 Barcelona (ESP) 31.12.2025
GENERAL: 4 times National champion 1500m (24), 3000mSC (23, 22, 21) Pan American U20 Championships silver medallist 3000mSC (17)		
OTHER PB'S: 6:18.21 2000mSC(25) - 9:40.68 3000mSC(25) - 32:26 10km Road(26) Current Records: 2xNBP: NBP 6:18.21 2000mSC Pliezhausen(25) - NBP 32:26 10km Road Laredo(26)		
HONOURS: NACAC Ch. (1xBronze): 3. 3000mSC Freeport(25) 10:31.96 - 5. 3000mSC Freeport(22) 10:35.96 IberoAM Ch. (1xBronze) CAC G. (1xWin) PanAm. U20 Ch. (1xSilver) NCH (4xWin)		
2026: 10km Road Valencia (ESP) 47. 32:39 - 10km Road Ibiza (ESP) NCH 18. 34:31 - 10km Road Laredo (ESP) 13. 32:26 - 3000mSC Santo Domingo (DOM) CACG 4. 10:17.42		
Tayla KAVANAGH (RSA)	25y	PB: 15:50 Riga (LAT) 01.10.2023
GENERAL: 5 times National champion 5000m (26), 10,000m (26), 5 km Road (23), 10km Road (25, 21) In top 8 at Commonwealth Games WA World Rankings: 43rd		
OTHER PB'S: 8:46.86 3000m(26) - 14:58.49 5000m(26) - 31:26 10km Road(26)		
HONOURS: NCH (5xWin)		
2026: 10km Road Cape Town (RSA) 1. 31:33 - 3000m Stellenbosch (RSA) 1. 8:46.86 - 5000m Stellenbosch (RSA) NCH 1. 14:58.52 - 10,000m Stellenbosch (RSA) NCH 1. 32:05.59 - 10km Road Cape Town (RSA) 1. 31:26 - 10km Road Durban (RSA) 1. 31:31 - 10km Road Durban (RSA) 4. 31:28 - 5000m Glasgow (GBR) CWG 8. 14:58.49		
INFO: Athlete of Durban.		
Zanthe TALJAARD (RSA)	22y	SB and PB: 16:15 Gqeberha (RSA) 27.06
OTHER PB'S: 4:23.87 1500m(25) - 9:22.09 3000m(25) - 33:49 10km Road(26)		
2026: 1500m Pretoria (RSA) 5. 4:25.95 - 10km Road Cape Town (RSA) 8. 34:23 - 1500m Johannesburg (RSA) 1. 4:34.74 - 5000m Stellenbosch (RSA) NCH 3. 16:27.33 - 10,000m Stellenbosch (RSA) NCH 4. 34:23.73 - 5 km Road Gqeberha (RSA) NCH 1. 16:15 - 10km Road Durban (RSA) 6. 34:11 - 10km Road Durban (RSA) 8. 33:49 - 10km Road Tshwane (RSA) 8. 35:58		
Vanessa Ying Zhuang LEE (SGP)	28y	PB: 16:57 Gold Coast (AUS) 05.07.2025
GENERAL: 3 times National champion 1500m (25), 3000mSC (25, 24)		
OTHER PB'S: 1:16:04 Half Marathon(26)		
HONOURS: NCH (3xWin)		
2026: 1500m sh Tianjin (CHN) AsICH 10. 5:09.76 - 3000m sh Tianjin (CHN) AsICH 9. 10:29.87 - Half Marathon Gold Coast (AUS) NCH 29. 1:16:04		
Nicole LOW (SGP)	28y	
GENERAL: 2 times National champion 5000m (24), 10,000m (26) WA World Rankings: 1674th		
HONOURS: NCH (2xWin)		
2026: 10,000m Singapore (SGP) NCH 1. 36:59.41 - Half Marathon Gold Coast (AUS) NCH 64. 1:21:10 - 1500m Singapore (SGP) 2. 4:50.90		
Martha CHEMUTAI (UGA)	22y	
OTHER PB'S: 15:43.51 5000m(25) - 31:27 10km Road(26)		
2026: 10km Road Schoorl (NED) 7. 33:13 - 5000m Kampala (UGA) 3. 15:52.17 - 10km Road Abbeville (FRA) 4. 31:27 - 10km Road Langueux (FRA) 6. 31:43		
Charity CHEROP (UGA)	19y	PB: 15:41 Nijmegen (NED) 20.04.2024
GENERAL: World U20 champion 5000m (26) World U20 Championships silver medallist 5000m (24) WA World Rankings: 42nd		
OTHER PB'S: 8:39.22 3000m(26) - 14:39.38 5000m(26) - 32:19 10km Road(25)		
HONOURS: World U20 Ch. (1xGold, 1xSilver, 1xBronze): 1. 5000m Eugene, OR(26) 15:03.88 - 2. 5000m Lima(24) 15:25.02 - 3. 3000m Eugene, OR(26) 8:45.59		
2026: 5000m Kampala (UGA) 1. 15:17.35 - 5000m Shaoxing/Keqiao (CHN) DL 12. 14:39.38 - 3000m Oslo (NOR) DL 14. 8:39.22 - 5000m Eugene, OR (USA) WU20CH 1. 15:03.88 - 3000m Eugene, OR (USA) WU20CH 3. 8:45.59		
Rispa CHEROP (UGA)	30y	
GENERAL: In top 8 at World Cross Country Championships		
OTHER PB'S: 15:34.67 5000m(25) - 31:15 10km Road(25) - 1:08:53 Half Marathon(23)		
HONOURS:		
Viktoriia SHKURKO (UKR)	28y	SB and PB: 15:55 Kyiv (UKR) 04.04
GENERAL: 5 times National Indoor champion 1500m sh (26), 3000m sh (26, 25, 24, 18) 2 times National champion 10,000m (26), 5 km Road (26) WA World Rankings: 238th		
OTHER PB'S: 15:44.14 5000m(26) - 33:06.86 10,000m(25) - 33:22 10km Road(25)		
HONOURS: NCH (2xWin) NICH (5xWin)		
2026: 3000m sh Kyiv (UKR) 1. 9:30.30 - 1500m sh Kyiv (UKR) 1. 4:24.76 - 1500m sh Kyiv (UKR) NICH 1. 4:23.23 - 3000m sh Kyiv (UKR) NICH 1. 9:21.12 - 5 km Road Kyiv (UKR) NCH 1. 15:55 - 10,000m Lutsk (UKR) NCH 1. 33:35.29 - 10,000m La Spezia (ITA) E10KC 26. 33:50.32 - 5000m Lviv (UKR) 1. 15:57.40 - 1500m Kyiv (UKR) 1. 4:18.24 - 5000m Oulu (FIN) 2. 15:44.14 - 1500m Lviv (UKR) NCH 2. 4:20.43 - 5000m Lviv (UKR) NCH 3. 16:23.64		
INFO: Athlete of Kyiv.		
Courtney FRERICHs (USA)	33y	SB and PB: 15:07 Indianapolis, IN (USA) 02.05
GENERAL: Olympic Games silver medallist 3000mSC (21) World Championships silver medallist 3000mSC (17)		
OTHER PB'S: 14:48.75 5000m sh(22) - 31:23.13 10,000m(22) - 8:57.77 3000mSC(21) Current Records: 1xAR: AR 8:57.77 3000mSC Eugene, OR(21)		
HONOURS: OG (1xSilver): 2. 3000mSC Tokyo(21) 9:04.79 World Ch. (1xSilver): 2. 3000mSC London(17) 9:03.77 - 6. 3000mSC Eugene, OR(22) 9:10.59 - 6. 3000mSC Doha(19) 9:11.27 World (Cont.) Cup (1xSilver) NCAA Ch. (1xWin)		
2026: 3000m sh Fayetteville, AR (USA) 4. 8:49.87 - 5000m sh Winston Salem, NC (USA) 4. 15:33.66 - 3000m sh New York, NY (USA) NICH 13. 8:57.60 - 5 km Road Indianapolis, IN (USA) NCH 4. 15:07 - 3000mSC Los Angeles, CA (USA) 5. 9:40.95 - 5000m New York, NY (USA) NCH 6. 15:13.80 - 1500m Portland, OR (USA) 4. 4:12.14 - Mile Road New York, NY (USA) 15. 4:27.0h		
INFO: Born in Mundelein, Illinois. First she ran cross country in high school in order to stay in shape for football; grew up doing also gymnastics; national record holder. Community Health Education Studies at University of Nex Mexico. Her idol is Terin Humphrey.		
Allie OSTRANDER (USA)	29y	SB and PB: 15:17 Indianapolis, IN (USA) 02.05
GENERAL: 3 times NCAA champion 3000mSC (19, 18, 17)		
OTHER PB'S: 8:48.94 3000m sh(20) - 15:16.38 5000m sh(18) - 9:21.82 3000mSC(24)		
HONOURS: NCAA Ch. (3xWin)		
2026: Half Marathon Houston, TX (USA) 18. 1:10:11 - Half Marathon Atlanta, GA (USA) NCH 8. 1:11:26 - 5 km Road Misano Adriatico (ITA) 1. 16:50 - Mile Road Des Moines, IA (USA) NCH 6. 4:30.27 - 5 km Road Indianapolis, IN (USA) NCH 5. 15:17 - 8 km Road Kingsport, TN (USA) 2. 25:42		
INFO: Hometown: Kenai. Studies: Boise State University.		

Ariadna FENES (AND)	36y	SB and PB: 1:15:46 Málaga (ESP) 15.03	
GENERAL: 3 times National champion 1500m (26), 5000m (23), 10,000m (25) WA World Rankings: 648th OTHER PB'S: 34:06 10km Road(26) HONOURS: NCH (3xWin) 2026: Half Marathon Málaga (ESP) 9. 1:15:46 - 10km Road Laredo (ESP) 31. 34:17 - 5000m Monaco (MON) 3. 16:55.41 - 10km Road Langueux (FRA) 17. 34:06 - 1500m Andorra La Vella (AND) NCH 1. 4:43.74 - Half Marathon Taranto (ITA) MedG 10. 1:20:05 INFO: Has also competed in skiing.			
Lúcia CAPINGALA (ANG)	36y	PB: 1:21:51 Luanda (ANG) 03.04.2022	
Maria Luz TESURI (ARG)	33y	PB: 1:12:52 Valencia (ESP) 26.10.2025	
GENERAL: In top 8 at South American Championships National champion 5000m (18) WA World Rankings: 423rd OTHER PB'S: 33:29.51 10,000m(23) - 32:47 10km Road(23) - 1:09:00 20km Road(25) HONOURS: NCH (1xWin) 2026: 10km Road Valencia (ESP) 61. 33:13 - 5000m Calvia (ESP) 1. 17:29.32 - 1500m Calvia (ESP) 1. 4:31.32			
Rebecca LOWE (AUS)	38y	SB and PB: 1:12:28 Gold Coast (AUS) 04.07	
WA World Rankings: 437th OTHER PB'S: 15:50.73 5000m(08) - 32:24.70 10,000m(09) - 2:30:50 Marathon(25) 2026: Half Marathon Marugame (JPN) 16. 1:15:24 - 10km Road Launceston (AUS) 4. 33:29 - Half Marathon Gold Coast (AUS) NCH 13. 1:12:28 - Half Marathon Sunshine Coast (AUS) 3. 1:14:46			
Ruby SMEE (AUS)	25y	SB and PB: 1:11:24 Gold Coast (AUS) 04.07	
WA World Rankings: 266th OTHER PB'S: 15:36.04 5000m(22) - 32:30.60 10,000m(23) - 32:45 10km Road(26) 2026: 1500m Hobart (AUS) 1. 4:31.82 - 3000m Hobart (AUS) 1. 9:27.94 - Mile Hobart (AUS) 1. 4:49.73 - 800m Hobart (AUS) 3. 2:12.11 - 3000m Hobart (AUS) 11. 9:07.48 - 1500m Melbourne (AUS) 3. 4:22.08 - 5000m Adelaide (AUS) 1. 15:52.28 - 3000m Melbourne (AUS) 5. 9:09.32 - 5000m Sydney (AUS) NCH 10. 16:18.34 - 10km Road Launceston (AUS) 3. 32:45 - Half Marathon Gold Coast (AUS) NCH 9. 1:11:24 INFO: Grew up in Hobart, Tasmania; . Majored in English Literature at the University of San Francisco; . Also competed for Northern Arizona University; . Returned to Australia in 2024 to her high school coach Susan Andrews, . Being with Team Tempo remotely; . Hobbies include beach, cycling, hiking, baking and art.			
Donve VILJOEN (AUS)	27y	SB and PB: 1:12:31 Gold Coast (AUS) 04.07	
WA World Rankings: 416th OTHER PB'S: 16:07 5 km Road(26) - 33:26 10km Road(25) - 51:47 15 km Road(26) 2026: Marathon Ballarat (AUS) 2. 2:41:19 - 5 km Road Melbourne (AUS) 1. 16:07 - Half Marathon Gold Coast (AUS) NCH 14. 1:12:31 - 10km Road Melbourne (AUS) 1. 33:28 - Half Marathon Ballarat (AUS) 1. 1:14:51 - 15 km Road Melbourne (AUS) 1. 51:47			
Julia MAYER (AUT)	33y	SB: 1:12:22 Wien (AUT) 29.03	PB: 1:11:09 Barcelona (ESP) 11.02.2024
GENERAL: 11 times National champion 5000m (19, 17), 10,000m (20, 18), 10km Road (25, 24, 23, 22, 21), Half Marathon (20), Marathon (23) 2 times National Indoor champion 3000m sh (21, 20) WA World Rankings: 323rd OTHER PB'S: 15:46 5 km Road(21) - 32:28 10km Road(24) - 2:26:08 Marathon(25) HONOURS: NCH (11xWin) NICH (2xWin) 2026: Half Marathon Wien (AUT) 1. 1:12:22 - Marathon Linz (AUT) NCH 3. 2:29:48 - Marathon Birmingham (GBR) ECH 10. 2:28:23 INFO: Born in Bad Fischau-Brunn. Earlier played football. Height: 1.59 / 5'3".			
Anna YUSUPOVA (AZE)	39y	PB: 1:17:05 Riga (LAT) 01.10.2023	
GENERAL: 7 times National champion 1500m (25, 23, 19), 3000m (23, 21, 19), 5000m (25) 6 times National Indoor champion 1500m sh (22, 20), 3000m sh (23, 22, 20, 19) OTHER PB'S: 2:42:32 Marathon(24) Current Records: 1xNBP: NBP 1:17:05 Half Marathon Riga(23) HONOURS: NCH (7xWin) NICH (6xWin) INFO: Based in Baku. Also competes in trail running.			
Chloé HERBIET (BEL)	27y	SB and PB: 1:07:32 Berlin (GER) 29.03	
GENERAL: European Running Championships winner Half Marathon (25) European Cup 10,000m bronze medallist 10,000m (25) WA World Rankings: 66th OTHER PB'S: 31:12 10km Road(25) - 47:58 15 km Road(26) - 2:20:38 Marathon(25) Current Records: 1xNBP: NBP 47:58 15 km Road Jacksonville, FL(26) HONOURS: Eur. Run. Ch. (1xGold) Eur. Cup 10,000 (1xBronze) NCH (1xWin) 2026: 15 km Road Jacksonville, FL (USA) 1. 47:58 - Half Marathon Berlin (GER) d 6. 1:07:32 - 5000m Liège (BEL) 6. 15:17.77 - 5000m Kessel-Lo (BEL) NCH 2. 15:48.79 - 10,000m Birmingham (GBR) ECH 11. 32:11.71 INFO: Hometown: Huy. Midwifery studies. Likes cooking and reading. Enjoys playing basketball. Height: 1.60 / 5'3".			
Lisa ROOMS (BEL)	30y	SB and PB: 1:08:40 Berlin (GER) 29.03	
GENERAL: 5 times National champion 5000m (24, 23, 22, 19), 10,000m (22) WA World Rankings: 86th OTHER PB'S: 8:47.74 3000m sh(25) - 15:07.18 5000m(26) - 31:32 10km Road(26) HONOURS: NCH (5xWin) 2026: 10km Road Valencia (ESP) 22. 31:32 - 10km Road Schoorl (NED) 2. 31:34 - Half Marathon Berlin (GER) d 12. 1:08:40 - 3000m Belfast (GBR) 2. 8:58.99 - 3000m Kessel-Lo (BEL) 2. 9:18.67 - 5000m Bruxelles (BEL) 9. 15:10.63 - 5 km Road Wien (AUT) 3. 15:34 - 5000m Wien (AUT) NCH 13. 15:32.44 - 1500m Kessel-Lo (BEL) NCH h 4:18.53 - 5000m Oordegem (BEL) 12. 15:07.18 - 10,000m Birmingham (GBR) ECH 10. 32:10.22 - 10km Road Rotterdam (NED) NCH 2. 31:35 INFO: Based in Dendermonde. Studies: University of Leuven. Also a pediatric physiotherapist. Height: 1.76 / 5'9".			
Gabriela MAMANI (BOL)	27y	SB and PB: 1:18:37 Santa Cruz de la Sierra (BOL) 19.07	
GENERAL: 2 times South American Indoor Championships silver medallist 1500m sh (26), 3000m sh (26) South American Indoor Championships bronze medallist 3000m sh (25) HONOURS: Sam. Ind. Ch. (2xSilver, 1xBronze) 2026: 3000m sh Cochabamba (BOL) NICH 2. 10:35.29 - 1500m sh Cochabamba (BOL) NICH 2. 4:49.28 - 800m sh Cochabamba (BOL) 3. 2:24.43 - 1500m sh Cochabamba (BOL) SamICH 2. 4:50.65 - 3000m sh Cochabamba (BOL) SamICH 2. 10:36.07 - 5000m Cochabamba (BOL) 1. 18:18.28 - 1500m Cochabamba (BOL) 1. 4:52.80 - 1500m Cochabamba (BOL) 2. 4:47.82 - 800m Cochabamba (BOL) 4. 2:27.93 - 3000m Cochabamba (BOL) 3. 11:02.03 - Half Marathon Santa Cruz de la Sierra (BOL) 1. 1:18:37			
Maria Lucineida DA SILVA (BRA)	24y	SB: 1:15:45 Rio de Janeiro (BRA) 06.06 (ARG) 24.08.2025	PB: 1:14:20 Buenos Aires
GENERAL: 3 times South American U23 champion 5000m (22, 21), 10,000m (21) South American U23 Championships silver medallist 10,000m (22) WA World Rankings: 636th OTHER PB'S: 16:22.29 5000m(23) - 34:02.61 10,000m(22) HONOURS: Sam. U23 Ch. (3xGold, 1xSilver) PanAm U23 G. (1xSilver, 1xBronze) NCH (1xWin) 2026: 10,000m Bragança Paulista (BRA) 1. 36:14.38 - 5000m Bragança Paulista (BRA) 1. 16:57.61 - 10,000m Bragança Paulista (BRA) 2. 36:05.97 - 10,000m Lima (PER) NCH OC 34:36.70 - 5000m Lima (PER) NCH OC 16:37.51 - 10km Road São Paulo (BRA) 2. 34:45 - 10,000m Lima (PER) IbAMCH 7. 34:45.06 - 5000m Lima (PER) IbAMCH 6. 16:39.91 - Half Marathon Rio de Janeiro (BRA) 4. 1:15:45 - 10,000m São Paulo (BRA) NCH 3. 35:18.97 - 5000m São Paulo (BRA) NCH 3. 16:35.27 - Half Marathon Rio de Janeiro (BRA) NCH 5. 1:17:19			
Nubia DE OLIVEIRA SILVA (BRA)	24y	SB and PB: 1:11:13 Buenos Aires (ARG) 23.08	
GENERAL: South American champion 10,000m (25) 2 times South American U23 Championships bronze medallist 5000m (22), 10,000m (22) WA World Rankings: 241st OTHER PB'S: 34:06.56 10,000m(25) - 32:17 10km Road(26) - 51:32 15 km Road(26) HONOURS: Sam. Ch. (1xGold): 1. 10,000m Mar del Plata(25) 34:06.56 Sam. U23 Ch. (2xBronze) NCH (4xWin) 2026: 10km Road Laredo (ESP) 9. 32:17 - Half Marathon São Paulo (BRA) 4. 1:23:27 - 10km Road São Paulo (BRA) 1. 34:31 - 15 km Road Petrolina (BRA) 3. 51:32 - 10,000m São Paulo (BRA) NCH 1. 35:17.37 - 5000m São Paulo (BRA) NCH 2. 16:31.22 - Half Marathon Rio de Janeiro (BRA) NCH 1. 1:16:54 - Half Marathon Buenos Aires (ARG) 8. 1:11:13			

Jessica LADEIRA SOARES (BRA)		32y	SB and PB: 1:16:01 Florianópolis (BRA) 29.08	
WA World Rankings: 704th OTHER PB'S: 2:37:32 Marathon(26) 2026: Marathon Porto Alegre (BRA) 6. 2:37:32 - 5000m Juiz de Fora (BRA) 1. 16:53.83 - Half Marathon Rio de Janeiro (BRA) 2. 1:16:52 - Half Marathon São Paulo (BRA) 2. 1:17:07 - Half Marathon Rio de Janeiro (BRA) NCH 3. 1:16:58 - Half Marathon Florianópolis (BRA) 2. 1:16:01				
Devora AVRAMOVA (BUL)		26y	SB: 1:14:21 Madrid (ESP) 22.03	PB: 1:12:52 Beograd (SRB) 23.11.2025
GENERAL: 5 times National champion 1500m (26), 5000m (26), 10,000m (26), 10km Road (25), Half Marathon (23) 4 times National Indoor champion 1500m sh (21), 3000m sh (26, 25, 24) WA World Rankings: 497th OTHER PB'S: 16:06.31 5000m(26) - 33:52.91 10,000m(25) - 34:03 10km Road(24) HONOURS: NCH (5xWin) NICH (4xWin) 2026: 3000m sh Beograd (SRB) BallCH 2. 9:31.74 - 3000m sh Sofia (BUL) NICH 1. 9:29.48 - Half Marathon Madrid (ESP) 5. 1:14:21 - 10,000m Hisarya (BUL) NCH 1. 34:52.1h - 5000m Stadtallendorf (GER) 6. 16:06.31 - 1500m Kruševac (SRB) 2. 4:32.53 - 5000m Wien (AUT) NCH 3. 16:25.17 - 10km Road Cluj-Napoca (ROU) 12. 34:10 - 1500m Sofia (BUL) NCH 1. 4:30.38 - 5000m Sofia (BUL) NCH 1. 16:48.92 - 10km Road Plovdiv (BUL) 1. 34:57 - 5 km Road Plovdiv (BUL) 1. 16:24 INFO: Has a dog. Athlete of Beroe (Stara Zagora)				
Marinela NINEVA (BUL)		33y	SB: 1:18:14 Stara Zagora (BUL) 29.03	PB: 1:14:00 Stara Zagora (BUL) 31.03.2024
GENERAL: 8 times National champion 5000m (21, 18), 10,000m (21), 5 km Road (25), Marathon (20, 24, 23, 22) 2 times Balkan Championships winner Marathon (24, 23) WA World Rankings: 646th OTHER PB'S: 34:41 10km Road(24) - 2:37:31 Marathon(24) HONOURS: Balkan Ch. (2xWin) NCH (8xWin) NICH (1xWin) 2026: 3000m sh Sofia (BUL) 2. 10:04.64 - 3000m sh Sofia (BUL) NICH 2. 9:39.71 - Half Marathon Stara Zagora (BUL) NCH 1. 1:18:14 - 10,000m Hisarya (BUL) NCH 4. 35:53.5h - Marathon Varna (BUL) NCH 1. 2:42:10 - 5 km Road Plovdiv (BUL) 3. 16:55 - 10km Road Plovdiv (BUL) 2. 35:13 - Marathon Birmingham (GBR) ECH 37. 2:40:58 - Half Marathon NCH 3. 1:19:59				
Florence CARON (CAN)		25y	SB and PB: 1:11:49 Valley Cottage, NY (USA) 21.03	
WA World Rankings: 217th OTHER PB'S: 4:33.39 Mile sh(25) - 15:25.83 5000m sh(25) - 32:23.71 10,000m(25) 2026: Half Marathon Valley Cottage, NY (USA) 3. 1:11:49 - 10km Road Ottawa (CAN) NCH 1. 32:32 - 10,000m Guelph (CAN) 1. 32:44.73 - 10,000m Glasgow (GBR) CWG 13. 32:59.51 - Half Marathon Edmonton (CAN) NCH 2. 1:14:26				
Jadyn KEELER (CAN)		23y	SB and PB: 1:12:12 Edmonton (CAN) 16.08	
OTHER PB'S: 8:50.45 3000m sh(26) - 15:14.76 5000m sh(25) - 31:56.03 10,000m(26) 2026: 3000m sh Boston, MA (USA) 7. 8:50.45 - 5000m sh Fayetteville, AR (USA) NCAAICH 12. 15:40.81 - 10,000m Palo Alto, CA (USA) 4. 31:56.03 - 5000m Azusa, CA (USA) 13. 15:26.98 - 1500m Azusa, CA (USA) 4. 4:19.41 - 3000mSC Fargo, ND (USA) 1. 10:00.45 - 10,000m Fayetteville, AR (USA) NCAACH h 32:11.14 - 5000m Fayetteville, AR (USA) NCAACH h 15:26.87 - 10,000m Eugene, OR (USA) NCAACH 6. 32:04.97 - 5000m Eugene, OR (USA) NCAACH 12. 15:27.43 - 5000m Ottawa (CAN) NCH 2. 15:30.49 - Half Marathon Edmonton (CAN) NCH 1. 1:12:12				
Élissa LEGAULT (CAN)		32y	SB and PB: 1:11:25 Valley Cottage, NY (USA) 21.03	
GENERAL: National champion Half Marathon (23) WA World Rankings: 388th OTHER PB'S: 33:19.94 10,000m(22) - 33:26 10km Road(26) - 2:29:05 Marathon(25) HONOURS: NCH (1xWin) 2026: Half Marathon Valley Cottage, NY (USA) 2. 1:11:25 - Marathon Ottawa (CAN) 8. 2:29:13 - 10km Road Boston, MA (USA) 16. 33:26 - Half Marathon Edmonton (CAN) NCH 3. 1:14:58 INFO: Native of Montréal.				
Natasha WODAK (CAN)		44y	SB: 1:10:56 Berlin (GER) 29.03	PB: 1:09:41 Houston, TX (USA) 19.01.2020
GENERAL: Pan American Games winner 10,000m (19) 6 times National champion 10,000m (23, 13), 5 km Road (15), 10km Road (23, 22), Half Marathon (24) WA World Rankings: 244th OTHER PB'S: 31:41.59 10,000m(15) - 25:28 8 km Road(13) - 2:23:12 Marathon(22) HONOURS: PanAm G. (1xGold) NCH (6xWin) 2026: Half Marathon Vancouver (CAN) 1. 1:11:51 - Half Marathon Berlin (GER) d 24. 1:10:56 - 10km Road Vancouver (CAN) 4. 32:47 - 10km Road Victoria (CAN) 3. 34:11 - Half Marathon Vancouver (CAN) 1. 1:12:01 - Marathon Ottawa (CAN) 11. 2:33:15 - Half Marathon Vancouver (CAN) 1. 1:14:48 - Half Marathon Edmonton (CAN) NCH 4. 1:15:28 INFO: Born in Surrey. Studies: University of Arkansas. Nickname: Tash. Her idol is Lanni Marchant.				
Margarita MASÍAS (CHI)		35y	PB: 1:14:26 Berlin (GER) 06.04.2025	
GENERAL: 7 times National champion 3000m (18), 5000m (15), 10,000m (19), 3000mSC (21, 18, 16, 15) WA World Rankings: 681st OTHER PB'S: 2:36:49 Marathon(26) HONOURS: NCH (7xWin) 2026: Marathon Sevilla (ESP) 19. 2:36:49				
Wuga HE (CHN)		28y	SB: 1:09:07 Meishan (CHN) 15.03	PB: 1:08:31 Meishan (CHN) 23.02.2025
GENERAL: Asian Indoor Championships silver medallist 3000m sh (23) 2 times In top 8 at Asian Championships 5000m (25), 10,000m (25) WA World Rankings: 146th OTHER PB'S: 8:52.19 3000m(22) - 14:56.62 5000m(26) - 31:14.94 10,000m(23) HONOURS: Asi. Ind. Ch. (1xSilver) NCH (2xWin) 2026: Half Marathon Meishan (CHN) 3. 1:09:07 - Marathon Rotterdam (NED) d 14. 2:39:30 - 5000m Los Angeles, CA (USA) 4. 14:56.62 - 10km Road New York, NY (USA) 15. 32:31 - 5000m Los Angeles, CA (USA) 4. 15:05.64 - 10,000m Portland, OR (USA) 1. 31:53.38 - 5000m Los Angeles, CA (USA) 1. 15:22.23 - 10km Road Cape Elizabeth, ME (USA) 5. 32:22 - 5000m Quzhou (CHN) NCH 1. 15:53.77 - 10,000m Quzhou (CHN) NCH 1. 33:54.33				
Tiantian LIANG (CHN)		22y	SB and PB: 1:08:33 Meishan (CHN) 15.03	
GENERAL: 2 times National champion 5000m (25), 10,000m (25) National Indoor champion 3000m sh (23) OTHER PB'S: 8:57.65 3000m(25) - 15:09.85 5000m(25) - 32:23.40 10,000m(25) HONOURS: NCH (2xWin) NICH (1xWin) 2026: Half Marathon Meishan (CHN) 2. 1:08:33 - Half Marathon Yangzhou (CHN) 1. 1:10:03 - 5000m Zhengzhou (CHN) 1. 15:59.74 - 5000m Qinhuangdao (CHN) 1. 16:25.02 - 10,000m Qinhuangdao (CHN) 1. 33:06.12 - 10,000m Jiaxing (CHN) 1. 33:21.81 - 5000m Rizhao (CHN) 1. 15:27.54 - 10,000m Rizhao (CHN) 1. 33:52.28				
Yuyu XIA (CHN)		28y	SB and PB: 1:10:07 Beijing (CHN) 12.04	
GENERAL: Asian Championships bronze medallist 10,000m (19) World University Games winner 10,000m (23) OTHER PB'S: 15:32.84 5000m(26) - 32:38.13 10,000m(21) - 2:25:45 Marathon(24) HONOURS: Asi. Ch. (1xBronze): 3. 10,000m Doha(19) 33:02.31 WUG (1xGold, 1xSilver) NCH (1xWin) 2026: Marathon Tokyo (JPN) MajMAR 16. 2:29:14 - Half Marathon Meishan (CHN) 13. 1:11:18 - Half Marathon Beijing (CHN) 2. 1:10:07 - 5000m Zhengzhou (CHN) 2. 16:00.34 - 10,000m Zhengzhou (CHN) 2. 33:08.12 - 5000m Taian (CHN) 3. 16:10.97 - 10,000m Taian (CHN) 3. 33:09.03 - 5000m Rizhao (CHN) 4. 15:32.84 - 10,000m Rizhao (CHN) 5. 34:09.34 - 5000m Quzhou (CHN) NCH 2. 15:54.51 - 10,000m Quzhou (CHN) NCH 3. 33:58.16 INFO: Born in Bijie. Studies: Tsinghua University.				
Yiting YANG (CHN)		22y	SB and PB: 1:10:27 Shanghai (CHN) 15.03	
GENERAL: In top 8 at Asian Indoor Championships 3000m sh (26) OTHER PB'S: 9:12.49 3000m sh(26) - 15:32.94 5000m(25) - 9:45.11 3000mSC(26) HONOURS: 2026: 3000m sh Tianjin (CHN) AsiCH 4. 9:18:07 - Half Marathon Shanghai (CHN) 4. 1:10:27 - 3000m sh Jinan (CHN) NICH 2. 9:12.49 - 10,000m Wuhan (CHN) 3. 33:30.97 - 3000mSC Wuhan (CHN) 1. 10:08.41 - 3000mSC Taizhou (CHN) 1. 9:52.74 - 3000mSC Rizhao (CHN) 2. 9:48.39 - 3000mSC Ordos (CHN) 1. 10:14.68 - 10,000m Ordos (CHN) 2. 33:43.54 - 5000m Quzhou (CHN) NCH 5. 16:05.51 - 3000mSC Quzhou (CHN) NCH 2. 9:45.11 - 10,000m Quzhou (CHN) NCH 4. 34:02.81				
Nancy LAYU (CMR)		22y		

Leydy Yolanda ROMERO DURAN (COL)		33y	PB: 1:21:12 Bogotá (COL) 30.07.2023
GENERAL: 3 times National champion 5000m (24), 10,000m (25, 22) OTHER PB'S: 10:26.18 3000mSC(21) - 34:02 10km Road(25) - 2:30:37 Marathon(24) HONOURS: NCH (3xWin)			
Diana BOGANTES (CRC)		37y	SB: 1:22:54 Santo Domingo (DOM) 02.08 PB: 1:12:46 Boston, MA (USA) 10.11.2024
GENERAL: National champion 10,000m (21) WA World Rankings: 873rd OTHER PB'S: 34:35.74 10,000m(21) - 33:52 10km Road(26) - 2:32:08 Marathon(23) Current Records: 1xNBP: NBP 1:12:46 Half Marathon Boston, MA(24) HONOURS: NCH (1xWin) 2026: Marathon Boston, MA (USA) MajMAR 23. 2:33:17 - 10km Road Boston, MA (USA) 20. 33:52 - Half Marathon Santo Domingo (DOM) CACG 7. 1:22:54			
Matea PARLOV KOŠTRO (CRO)		34y	SB: 1:11:58 Taranto (ITA) 03.09 PB: 1:09:53 Barcelona (ESP) 19.02.2023
GENERAL: European Championships silver medallist Marathon (22) 15 times National champion 1500m (14), 3000m (19, 17, 16, 15, 14), 5000m (19, 16, 15), 10,000m (20, 18), 10km Road (23, 22, 20), Half Marathon (21) OTHER PB'S: 9:08.49 3000m(15) - 31:54 10km Road(22) - 2:25:45 Marathon(23) Current Records: 1xNBP: NBP 6:37.94 2000mSC Novo Mesto(15) HONOURS: Eur. Ch. (1xSilver): 2. Marathon München(22) 2:28:42 NCH (15xWin) NICH (2xWin) 2026: Half Marathon Praha (CZE) 10. 1:12:12 - Half Marathon Taranto (ITA) MedG 3. 1:11:58 - 5000m Zagreb (CRO) 1. 16:14.22 INFO: Based in Zagreb. Kinesiology studies at University of Zagreb. Earlier played handball. Likes reading. Her idol is boxer Mate Parlov. Height: 1.60 / 5'3".			
Nanna BOVÉ (DEN)		31y	SB: 1:15:12 Milano (ITA) 03.05 PB: 1:11:34 Copenhagen (DEN) 14.09.2025
GENERAL: 7 times National champion 5000m (23, 22), 10,000m (21), 10km Road (25, 23), Half Marathon (22), Cross Country (22) WA World Rankings: 372nd OTHER PB'S: 9:03.11 3000m(23) - 9:12.07 3000m sh(23) - 32:35 10km Road(23) HONOURS: NCH (7xWin) 2026: Half Marathon Milano (ITA) 6. 1:15:12 INFO: Based in Copenhagen. Medicine studies. Club: Sparta Atletik.			
Anna HOLM JØRGENSEN (DEN)		38y	SB: 1:13:25 Berlin (GER) 29.03 PB: 1:12:56 København (DEN) 17.09.2017
GENERAL: 3 times National Indoor champion 3000m sh (07, 04, 03) National champion 10,000m (13) OTHER PB'S: 9:13.92 3000m(15) - 33:56.55 10,000m(15) - 2:33:02 Marathon(17) HONOURS: NCH (1xWin) NICH (3xWin) 2026: Half Marathon Berlin (GER) d 34. 1:13:25 INFO: Hometown: Broenshoej. Also a marketing and communications expert. Studies: Iona University. Major in Public Relations.			
Sophie JUNGE (DEN)		34y	SB and PB: 1:16:03 Berlin (GER) 29.03
OTHER PB'S: 2:39:50 Marathon(26) 2026: Half Marathon Berlin (GER) d 49. 1:16:03 - Marathon Copenhagen (DEN) 14. 2:39:50			
Carolien MILLENAAR (DEN)		29y	SB and PB: 1:11:48 Barcelona (ESP) 15.02
GENERAL: 4 times National champion 10,000m (26), Half Marathon (26, 23, 25) WA World Rankings: 337th OTHER PB'S: 16:14.12 5000m sh(23) - 33:36.59 10,000m(24) - 32:41 10km Road(24) Current Records: 1xNBP: NBP 16:14.12 5000m sh Boston, MA(23) HONOURS: NCH (4xWin) 2026: 10km Road Saint Gregoire (FRA) 4. 33:44 - 3000m sh Sollentuna (SWE) 12. 9:42.53 - 3000m sh Karlstad (SWE) 7. 9:35.42 - Half Marathon Barcelona (ESP) 20. 1:11:48 - 10km Road Århus (DEN) NCH 2. 33:16 - 5 km Road Århus (DEN) 4. 16:17 - Half Marathon Kolding (DEN) NCH 1. 1:15:25 - 5 km Road Herning (DEN) NCH 6. 17:00 - 10,000m Herning (DEN) NCH 1. 35:50.32 INFO: Hometown: Sorvad. Studies: Wake Forest University. Major in Biology. Likes swimming and climbing.			
Dolshi TESFU (ERI)		27y	PB: 1:10:59 Lisboa (POR) 17.10.2021
GENERAL: 3 times National champion 5000m (18), 10,000m (21), Half Marathon (22) In top 8 at World U20 Championships OTHER PB'S: 31:12.86 10,000m(21) - 32:41 10km Road(22) - 2:20:40 Marathon(22) HONOURS: NCH (3xWin) INFO: Based in Asmara.			
Nazret WELDU (ERI)		36y	PB: 1:09:46 Yangzhou (CHN) 31.03.2024
GENERAL: 2 times In top 8 at World Championships Marathon (22) 2 times National champion 1500m (14), Half Marathon (21) OTHER PB'S: 4:09.34 1500m(12) - 15:33.28 5000m(17) - 2:20:29 Marathon(22) HONOURS: World Ch. (2xFinal): 4. Marathon Eugene, OR(22) 2:20:29 - 8. Marathon Budapest(23) 2:27:23 NCH (2xWin) 2026: Marathon Cali (COL) 6. 2:37:49 INFO: Athlete from Gash-Barka.			
Idelma Lizeth DELGADO (ESA)		36y	PB: 1:21:01 Gdynia (POL) 17.10.2020
GENERAL: 6 times National champion 5000m (25), 10,000m (25), Half Marathon (25, 24, 23, 22) 2 times In top 8 at NACAC Championships 10,000m (25) HONOURS: NCH (6xWin) 2026: Marathon Madrid (ESP) 9. 2:47:32 - 5000m Managua (NCA) 3. 18:21.20 - 10,000m Managua (NCA) 2. 38:27.17 - 10,000m Santo Domingo (DOM) CACG 8. 38:03.29			
Marta GALIMANY (ESP)		40y	SB and PB: 1:09:22 Málaga (ESP) 15.03
GENERAL: Ibero-American Championships bronze medallist Half Marathon (22) WA World Rankings: 128th OTHER PB'S: 33:11.41 10,000m(21) - 31:36 10km Road(25) - 2:26:14 Marathon(22) HONOURS: IberoAM Ch. (1xBronze) 2026: Half Marathon Sevilla (ESP) 5. 1:09:57 - Half Marathon Málaga (ESP) 5. 1:09:22 - Marathon London (GBR) MajMAR 10. 2:27:38 - 10,000m La Spezia (ITA) E10KC 5. 34:10.56 - 10km Road Berlin (GER) 6. 32:35 INFO: Born in Valls.			
Meselech ALEMAYEHU (ETH)		20y	
WA World Rankings: 214th OTHER PB'S: 16:22.8h 5000m(22) - 32:20 10km Road(25) - 1:20:48 25 km Road(25) 2026: 10km Road Bengaluru (IND) 11. 32:22 - 10km Road Cluj-Napoca (ROU) 3. 32:33			
Tsigie GEBRESELAMA (ETH)		25y	SB: 1:04:48 Lisboa (POR) 08.03 PB: 1:04:21 Lisboa (POR) 09.03.2025
GENERAL: World Cross Country Championships silver medallist XC Senior Race (23) World Cross Country Championships bronze medallist XC U20 Race (19) WA World Rankings: 10th OTHER PB'S: 8:24.40 3000m(24) - 14:18.76 5000m(24) - 29:48.34 10,000m(24) Current Records: 1xWU20B: WU20B 47:29 15 km Road Heerenberg(19) HONOURS: World XC Ch. (1xSilver, 1xBronze): 2. XC Senior Race Bathurst(23) 33:56 - 3. XC U20 Race Århus(19) 20:50 World U20 Ch. (1xBronze): 3. 3000m Tampere(18) 8:59.20 NCH (2xWin) 2026: Half Marathon Houston, TX (USA) 2. 1:04:52 - Half Marathon Lisboa (POR) 1. 1:04:48 - 10,000m Addis Ababa (ETH) NCH 1. 32:40.16 - 10km Road New York, NY (USA) 2. 30:53 - 10km Road Atlanta, GA (USA) 1. 31:02 - 15 km Road Utica, NY (USA) 1. 47:29 INFO: Based in Maychew. Height: 1.60 / 5'3".			
Baraky REDAE (ETH)		20y	SB and PB: 1:07:31 Istanbul (TUR) 19.04
WA World Rankings: 221st OTHER PB'S: 33:14 10km Road(25) 2026: Half Marathon Istanbul (TUR) NCH 5. 1:07:31			

Ftaw ZERAY (ETH)	29y	SB and PB: 1:05:12 Paris (FRA) 08.03
GENERAL: In top 8 at World Road Running Championships WA World Rankings: 12th OTHER PB'S: 31:55 10km Road(23) - 1:27:38 25 km Road(18) - 2:29:15 Marathon(19) HONOURS: 2026: Half Marathon Dubai (UAE) 3. 1:07:01 - Half Marathon Paris (FRA) 1. 1:05:12 - Half Marathon Yangzhou (CHN) 2. 1:07:02 - Half Marathon Istanbul (TUR) NCH 2. 1:06:57		
Clémence CALVIN (FRA)	36y	SB: 1:10:10 Lisboa (POR) 08.03 PB: 1:09:52 Olomouc (CZE) 23.06.2018
GENERAL: 2 times European Championships silver medallist 10,000m (14), Marathon (18) European Cup 10,000m winner 10,000m (14) WA World Rankings: 280th OTHER PB'S: 15:07.58 5000m(14) - 31:20 10km Road(18) - 2:25:24 Marathon(26) Current Records: 1xNBP: NBP 9:30.39 2 Miles Birmingham(14) HONOURS: Eur. Ch. (2xSilver): 2. Marathon Berlin(18) 2:26:28 - 2. 10,000m Zürich(14) 32:23.58 Eur. Team Ch. (1xBronze) Eur. Cup 10,000 (1xGold) Eur. U23 Ch. (1xBronze) NCH (2xWin) 2026: 10km Road Cannes (FRA) 7. 33:06 - Half Marathon Lisboa (POR) 10. 1:10:10 - Marathon Rotterdam (NED) d 5. 2:25:24 - Half Marathon Taranto (ITA) MedG 4. 1:12:11 INFO: Born in Vichy. Eco-Management studies. Has a son.		
Mélody JULIEN (FRA)	27y	SB: 1:09:38 Barcelona (ESP) 15.02 PB: 1:09:15 Bordeaux (FRA) 09.11.2025
GENERAL: 5 times National champion 10,000m (24, 21), Half Marathon (22, 23, 21) WA World Rankings: 143rd OTHER PB'S: 32:35.92 10,000m(24) - 32:18 10km Road(26) - 2:25:01 Marathon(23) HONOURS: NCH (5xWin) 2026: Half Marathon Sevilla (ESP) 6. 1:10:14 - Half Marathon Barcelona (ESP) 10. 1:09:38 - 10km Road Castellón (ESP) 15. 32:18 - Half Marathon Taranto (ITA) MedG 6. 1:14:38 INFO: Born in Castres. Studies: University of Montpellier. Her idol is Marta Galimany. Height: 1.68 / 5'6".		
Margaux SIERACKI (FRA)	27y	SB and PB: 1:09:37 Zwolle (NED) 13.06
GENERAL: National champion Cross Country (22) National Indoor champion 3000m sh (22) WA World Rankings: 130th OTHER PB'S: 31:49 10km Road(25) - 1:07:06 20km Road(23) - 2:25:50 Marathon(25) HONOURS: NCH (1xWin) NICH (1xWin) 2026: Half Marathon Les Sables d'Olonne (FRA) 1. 1:12:12 - Half Marathon Zwolle (NED) 2. 1:09:37 INFO: Born in Croix.		
Mekdes WOLDU (FRA)	33y	SB and PB: 1:08:20 Lisboa (POR) 08.03
GENERAL: In top 8 at European Championships In top 8 at All-African Games WA World Rankings: 56th OTHER PB'S: 31:23.45 10,000m(25) - 30:56 10km Road(26) - 2:23:13 Marathon(25) Current Records: 2xNBP: NBP 4:44.25 Mile Road Roma(17) - NBP 1:08:54 20km Road Paris(17) 1x=NR: =NR= 1:08:20 Half Marathon Lisboa(26) HONOURS: NCH (1xWin) 2026: Half Marathon Barcelona (ESP) 8. 1:08:36 - Half Marathon Lisboa (POR) 7. 1:08:20 - Marathon Paris (FRA) d 8. 2:26:25 - 3000m Montreuil (FRA) 1. 9:09.59 - 10km Road Langueux (FRA) 2. 30:56 - 10km Road Cluj-Napoca (ROU) 1. 32:31 INFO: Born in Eritrea. Earlier played football. Her idol is Zersenay Tadese. Height: 1.64 / 5'5".		
Alessia ZARBO (FRA)	25y	PB: 1:08:20 Valencia (ESP) 26.10.2025
GENERAL: 2 times European Cup 10,000m silver medallist 10,000m (26, 25) 3 times National champion 5000m (20), 10,000m (26), Half Marathon (25) WA World Rankings: 59th OTHER PB'S: 14:58.59 5000m(25) - 31:50.62 10,000m(25) - 31:00 10km Road(25) HONOURS: Eur. Cup 10,000 (2xSilver) Eur. U18 Ch. (1xBronze) NCH (3xWin) 2026: 10km Road Nice (FRA) 2. 31:12 - 5 km Road Monaco (MON) 7. 15:26 - 10km Road Cannes (FRA) 4. 32:24 - 10,000m Aix-les-Bains (FRA) NCH 1. 33:09.62 - 10km Road Nice (FRA) 1. 32:07 - 3000m Grenoble (FRA) 1. 9:12.97 - 10,000m La Spezia (ITA) E10KC 2. 31:56.18 - 5000m Nice (FRA) 3. 15:16.83 - 1500m Montreuil (FRA) 15. 4:22.21 - 5000m Wien (AUT) NCH 10. 15:16.56 - 10,000m Birmingham (GBR) ECH 21. 33:13.10 INFO: Born in Antibes. Studies: University of Oregon. Height: 1.57 / 5'2". Club: Racing Multi Athlon, Paris / Oregon.		
Alexandra BELL (GBR)	33y	SB and PB: 1:09:35 Dubai (UAE) 08.02
GENERAL: 2 times European Cross Country Championships winner Mixed XC Relay (21, 19) In top 8 at Olympic Games WA World Rankings: 118th OTHER PB'S: 1:57.66 800m(21) - 4:07.06 1500m(21) - 30:57 10km Road(26) HONOURS: OG (1xFinal): 7. 800m Tokyo(21) 1:57.66 Eur. XC Ch. (2xGold) 2026: 10km Road Valencia (ESP) 11. 30:57 - Half Marathon Dubai (UAE) 5. 1:09:35 - 5 km Road London (GBR) 1. 15:32 INFO: Based in Leeds. Studies: University of Leeds, Arts and Geography. Hobbies are holidays, dog walks. Former footballer and grade 4 ballerina. Her goal is to become Yorkshire's fastest female 800m runner of all time.		
Samantha HARRISON (GBR)	31y	SB: 1:08:38 Berlin (GER) 29.03 PB: 1:07:10 Valencia (ESP) 22.10.2023
GENERAL: In top 8 at European Championships In top 8 at Commonwealth Games WA World Rankings: 108th OTHER PB'S: 31:11.40 10,000m(23) - 30:51 10km Road(23) - 2:25:59 Marathon(23) HONOURS: NCH (1xWin) 2026: 10km Road Valencia (ESP) 25. 31:40 - Half Marathon Barcelona (ESP) 9. 1:09:00 - Half Marathon Berlin (GER) d 11. 1:08:38 INFO: Based in Nottingham. Loves football and cycling. Also a dental nurse.		
Melissa Chelena ANASTASAKIS (GRE)	28y	SB and PB: 1:14:57 Athina (GRE) 08.03
GENERAL: 3 times National champion 5000m (26, 25), 10,000m (26) 2 times National Indoor champion 1500m sh (24), 3000m sh (25) WA World Rankings: 537th OTHER PB'S: 4:17.68 1500m(21) - 9:22.09 3000m sh(24) - 15:58 5 km Road(25) HONOURS: Balkan Ch. (1xWin) NCH (3xWin) NICH (2xWin) 2026: Half Marathon Athina (GRE) NCH 2. 1:14:57 - 10,000m Egio (GRE) NCH 1. 34:52.50 - 1500m Thessaloniki (GRE) 1. 4:33.97 - 5000m Thessaloniki (GRE) 1. 16:45.14 - 5000m Karlsruhe (GER) 11. 16:09.83 - 3000m Volos (GRE) BalCH 3. 9:38.68 - 3000m Leuven (BEL) 11. 9:31.46 - 5000m Volos (GRE) NCH 1. 16:23.80 INFO: Hometown: Hillsdale, Ontario, Canada. Studies: Elon University. Represents GRE since July 2023. Club: ASS Alexandros Makedonias, Thessaloniki.		
Viviana AROCHE LOPEZ (GUA)	28y	SB and PB: 1:11:27 Barcelona (ESP) 15.02
GENERAL: 3 times National champion 5000m (25, 21), 10,000m (22) In top 8 at Pan American Games WA World Rankings: 407th OTHER PB'S: 4:17.24 1500m(23) - 15:26.60 5000m(26) - 32:35.19 10,000m(26) Current Records: 1xNBP: NBP 33:19 10km Road Laredo(25) HONOURS: NCH (3xWin) 2026: Half Marathon Barcelona (ESP) 17. 1:11:27 - 10,000m San Juan Capistrano, CA (USA) 3. 32:35.19 - 5000m Azusa, CA (USA) 1. 15:26.60 - Half Marathon Coban (GUA) 1. 1:17:16 - 10,000m Medellín (COL) 1. 34:41.95 - Half Marathon Santo Domingo (DOM) CACG 3. 1:14:30 - 10,000m Santo Domingo (DOM) CACG 2. 34:26.12		
Valeria Jazmin AMAYA MEIJA (HON)	28y	
Íris Anna SKÚLADÓTTIR (ISL)	37y	PB: 1:19:22 København (DEN) 18.09.2022
GENERAL: 9 times National champion 800m (08), 1500m (22, 08), 5000m (26, 22), 10,000m (26, 24), 3000mSC (26), 4x400m (24) 4 times National Indoor champion 1500m sh (06), 3000m sh (26, 22, 06) HONOURS: NCH (9xWin) NICH (4xWin) 2026: 1500m sh Reykjavík (ISL) 1. 4:42.30 - 1500m sh Reykjavík (ISL) NICH 2. 4:41.49 - 3000m sh Reykjavík (ISL) NICH 1. 10:11.85 - 1500m sh Hafnarfjörður (ISL) 2. 4:42.61 - 5 km Road Reykjavík (ISL) NCH 3. 17:29 - 1500m Reykjavík (ISL) NCH 3. 4:45.52 - 3000mSC Reykjavík (ISL) NCH 1. 11:01.05 - 5000m Reykjavík (ISL) NCH 1. 17:30.81 - 10,000m Reykjavík (ISL) NCH 1. 36:15.49		
Íris Dóra SNORRADÓTTIR (ISL)	35y	PB: 1:20:40 Valencia (ESP) 27.10.2024
GENERAL: 3 times National champion 5000m (25), 10,000m (25), 10km Road (26) 3 times National Indoor champion 1500m sh (25), 3000m sh (25, 23) HONOURS: NCH (3xWin) NICH (3xWin) 2026: 1500m sh Reykjavík (ISL) 2. 4:42.42 - 3000m sh Karlstad (SWE) 8. 10:11.10 - 800m sh Reykjavík (ISL) 1. 2:18.72 - 1500m sh Reykjavík (ISL) 1. 4:37.56 - 800m sh Hafnarfjörður (ISL) 1. 2:19.82 - 800m sh Reykjavík (ISL) NICH 2. 2:24.87 - 1500m sh Hafnarfjörður (ISL) 1. 4:42.48 - 5 km Road Reykjavík (ISL) NCH 4. 17:47 - 5000m Selfoss (ISL) 1. 17:32.05 - 5000m Monaco (MON) 8. 17:50.70 - 10km Road Reykjavík (ISL) NCH 1. 37:16 - 1500m Reykjavík (ISL) NCH 4. 4:52.20		
Bridget KLEIN (ISV)	42y	

Elvanie NIMBONA (ITA)		28y	SB and PB: 1:08:38 Berlin (GER) 29.03	
GENERAL: 2 times In top 8 at African Championships WA World Rankings: 160th OTHER PB'S: 32:55.35 10,000m(22) - 32:11 10km Road(26) - 2:30:25 Marathon(22) HONOURS: 2026: 10km Road Valencia (ESP) 34. 32:11 - Half Marathon Berlin (GER) d 10. 1:08:38 - 10,000m Sulmona (ITA) NCH 2. 34:35.36 - 10,000m La Spezia (ITA) E10KC 13. 32:57.13 INFO: Originally from Burundi, she fled the civil war and arrived in Italy in 2018; . Acquired Italian citizenship in December 2025.; . Her club is Caivano Runners.; . Coached by Mario Caratozzolo.; . Lives in Pomigliano d'Arco, near Naples; . Started running in 2013 at the age of 15; . Took a break from her career for maternity in 2023.; . She is married to Luigi Romano and they have a daughter.				
Sofiia YAREMCHUK (ITA)		32y	PB: 1:08:27 Napoli (ITA) 25.02.2024	
GENERAL: In top 8 at European Championships 3 times National champion 10km Road (22, 21, 19) WA World Rankings: 239th OTHER PB'S: 15:37.43 5000m(23) - 31:39 10km Road(25) - 2:23:14 Marathon(25) Current Records: 1x=NR: =NR= 1:08:27 Half Marathon Napoli(24) HONOURS: NCH (3xWin) 2026: Marathon Birmingham (GBR) ECH 7. 2:28:02 INFO: Born in Lviv, Ukraine. Earlier was involved in table tennis. Italian citizen since 2021. Height: 1.70 / 5'7".				
Wakana KABASAWA (JPN)		27y	SB and PB: 1:09:20 Yamaguchi (JPN) 08.02	
OTHER PB'S: 15:18.76 5000m(23) - 31:03.14 10,000m(25) - 2:27:20 Marathon(26) 2026: Half Marathon Yamaguchi (JPN) 1. 1:09:20 - Marathon Nagoya (JPN) d 13. 2:27:20 - 5000m Hiroshima (JPN) 2. 15:19.50 - 10,000m Osaka (JPN) 2. 32:08.39 - 1500m Tendo (JPN) 2. 4:15.49 - 10,000m Tendo (JPN) 7. 33:03.03 - 5000m Nagoya (JPN) NCH 18. 15:38.52 - 1500m Nagoya (JPN) NCH 5. 4:16.91 - 3000m Yokohama (JPN) 2. 9:00.80 - 10,000m Chitose (JPN) 7. 31:59.28 - 5000m Kyoto (JPN) 9. 15:41.96 - 1500m Kyoto (JPN) 3. 4:13.13 INFO: Pronunciation: Wa-Ka-Na Ka-Ba-Sa-Wa. Height: 1.64 / 5'5".				
Rina SHIMIZU (JPN)		26y	SB and PB: 1:09:22 Osaka (JPN) 25.01	
WA World Rankings: 233rd OTHER PB'S: 9:12.01 3000m(26) - 15:23.23 5000m(25) - 31:51.95 10,000m(25) 2026: Half Marathon Osaka (JPN) 2. 1:09:22 - Half Marathon Yamaguchi (JPN) 9. 1:11:21 - 5000m Kobe (JPN) 4. 15:58.64 - 5000m Hiroshima (JPN) 25. 16:11.66 - 10,000m Osaka (JPN) 4. 32:32.27 - 3000m Tokyo (JPN) WC 12. 9:12.01 - 1500m Kyoto (JPN) 3. 4:21.86 - 5000m Nagoya (JPN) NCH 29. 16:36.36 - 5000m Kyoto (JPN) 24. 16:32.13				
Yuna TAKAHASHI (JPN)		27y	SB and PB: 1:09:23 Osaka (JPN) 25.01	
OTHER PB'S: 9:11.39 3000m(23) - 15:35.69 5000m(25) - 2:25:58 Marathon(26) 2026: Half Marathon Osaka (JPN) 3. 1:09:23 - Marathon Nagoya (JPN) d 10. 2:25:58 - 5000m Hiroshima (JPN) 23. 15:58.93 - 5000m Nobeoka (JPN) 16. 16:13.39 - 3000m Chitose (JPN) 10. 9:21.15 - 5000m Kitami (JPN) 13. 16:01.43 - 5000m Kyoto (JPN) 10. 15:42.07				
Yumi YOSHIKAWA (JPN)		35y	SB and PB: 1:09:14 Osaka (JPN) 25.01	
WA World Rankings: 149th OTHER PB'S: 15:24.36 5000m(23) - 31:58.65 10,000m(23) - 2:25:20 Marathon(23) 2026: Half Marathon Osaka (JPN) 1. 1:09:14 - Marathon Tokyo (JPN) MajMAR 14. 2:27:21 - 1500m Oita (JPN) h 4:29.05 - 1500m Oita (JPN) 1. 4:21.11 - 5000m Hiroshima (JPN) 17. 15:48.75 - 5000m Kitakyushu (JPN) 2. 15:51.39 - Half Marathon Launceston (AUS) 3. 1:12:03 - 5000m Nagoya (JPN) NCH 11. 15:30.22 - 5000m Chitose (JPN) 17. 15:48.92				
Daisilah JERONO (KEN)		23y	SB and PB: 1:05:21 Berlin (GER) 29.03	
WA World Rankings: 28th OTHER PB'S: 4:13.49 1500m(26) - 15:28.8h 5000m(25) - 31:29 10km Road(26) 2026: Half Marathon Santa Pola (ESP) 1. 1:07:27 - Half Marathon Dubai (UAE) 2. 1:06:59 - Half Marathon Berlin (GER) d 2. 1:05:21 - 5000m Nairobi (KEN) 3. 15:49.04 - 1500m Nairobi (KEN) 3. 4:13.49 - 5000m Nairobi (KEN) NCH h 16:05.23 - 10km Road Boston, MA (USA) 5. 31:44 - 10km Road Cape Town (RSA) 1. 31:29				
Veronica LOLEO (KEN)		28y	SB and PB: 1:05:35 Berlin (GER) 29.03	
WA World Rankings: 15th OTHER PB'S: 30:53 10km Road(23) - 38:02 12 km Road(25) - 49:37 15 km Road(25) 2026: Half Marathon Berlin (GER) d 3. 1:05:35 - 10km Road Bengaluru (IND) 9. 32:04 - 10km Road Boston, MA (USA) 3. 31:33				
Agnes Jebet NGETICH (KEN)		25y	SB: 1:10:25 New York, NY (USA) 15.03	PB: 1:03:04 Valencia (ESP) 27.10.2024
GENERAL: 2 times In top 8 at World Championships 10,000m (25) World Cross Country champion XC Senior Race (26) WA World Rankings: 1st OTHER PB'S: 8:08.95 3000m(26) - 14:01.29 5000m(25) - 28:46 10km Road(24) Current Records: 2xWR: WR 29:27 10km Road Herzogenaurach(25) - WR 28:46 10km Road Valencia(24) HONOURS: World Ch. (2xFinal): 4. 10,000m Tokyo(25) 30:42.66 - 6. 10,000m Budapest(23) 31:34.83 World XC Ch. (1xGold, 1xBronze): 1. XC Senior Race Tallahassee, FL(26) 31:28 - 3. XC Senior Race Bathurst(23) 34:00 - 4. XC Senior Race Beograd(24) 31:27 2026: Half Marathon New York, NY (USA) 13. 1:10:25 - 10km Road Lille (FRA) 1. 28:58 - 10km Road New York, NY (USA) 1. 30:07 - 3000m Monaco (MON) DL 1. 8:08.95				
Lilian Kasait RENGERUK (KEN)		29y	PB: 1:03:32 Valencia (ESP) 27.10.2024	
GENERAL: In top 8 at Olympic Games In top 8 at World Championships WA World Rankings: 27th OTHER PB'S: 14:23.05 5000m(23) - 29:26.89 10,000m(24) - 29:32 10km Road(24) Current Records: 1xAU18B: AU18B 5:53.1h 2000m Doha(14) HONOURS: OG (1xFinal): 5. 10,000m Paris(24) 30:45.04 World Ch. (1xFinal): 5. 5000m Doha(19) 14:36.05 World RR Ch. (1xSilver): 2. 5 km Road Riga(23) 14:39 World XC Ch. (1xSilver, 1xBronze): 2. XC Senior Race Beograd(24) 31:08 - 3. XC Senior Race Kampala(17) 32:12 - 12. XC Senior Race Århus(19) 37:35 World U20 Ch. (1xSilver): 2. 3000m Eugene, OR(14) 9:00.53 World Youth Ch. (1xGold) 2026: Marathon Daegu (KOR) 1. 2:19:35 - 10,000m Nairobi (KEN) 1. 33:28.5h - 10,000m Nairobi (KEN) NCH 8. 32:32.94 INFO: Studies: Kenya Prisons College. Height: 1.58 / 5'2".				
Agate CAUNE (LAT)		22y	SB and PB: 1:15:42 Barcelona (ESP) 15.02	
GENERAL: 2 times European U20 champion 3000m (23), 5000m (23) 11 times National champion 1500m (24, 23), 5000m (26, 22, 21), 10,000m (26, 23, 22), 5 km Road (26, 24), 10km Road (26) WA World Rankings: 387th OTHER PB'S: 8:39.78 3000m(23) - 15:00.48 5000m(23) - 31:55.79 10,000m(22) Current Records: 1xAU20B: AU20B 5:55.29 2000m sh Valmiera(23) HONOURS: World U20 Ch. (1xSilver): 2. 5000m Cali(22) 15:43.56 - 5. 3000m Cali(22) 9:25.92 - 6. 3000m Nairobi(21) 9:45.26 Eur. Team Ch.- 1L/2D (1xWin) Eur. U20 Ch. (2xGold, 1xSilver) NCH (11xWin) NICH (3xWin) 2026: Half Marathon Barcelona (ESP) 40. 1:15:42 - 10km Road Riga (LAT) 1. 33:21 - 5000m Vilnius (LTU) 1. 16:09.85 - 10,000m Valmiera (LAT) NCH 1. 34:13.57 - 3000m Riga (LAT) 1. 9:43.59 - 5 km Road Liepaja (LAT) NCH 1. 16:34 - 10km Road Piltene (LAT) NCH 1. 34:11 - 5000m Valmiera (LAT) NCH 1. 16:50.55 - Half Marathon Jelgava (LAT) NCH 1. 1:15:45 INFO: Born in Valmiera. Studies: Valmieras Sports School. Former LAT Rising Star of the Year and U20 Athlete of the Year. Height: 1.60 / 5'3". Club: Running Club Napoli,, ITA.				
Agata STRAUSA (LAT)		36y	SB: 1:17:00 Berlin (GER) 29.03	PB: 1:13:13 Bad Liebenzell (GER) 23.04.2016
GENERAL: 2 times National champion 1500m (19), 3000m (19) WA World Rankings: 786th OTHER PB'S: 2:04.59 800m(10) - 4:11.27 1500m(13) - 4:36.91 Mile sh(13) HONOURS: NCH (2xWin) 2026: 10km Road Wien (AUT) 3. 35:43 - 800m sh Wien (AUT) 3. 2:13.91 - 800m sh Linz (AUT) 1. 2:12.49 - Half Marathon Berlin (GER) d 54. 1:17:00 - 10km Road Zürich (SUI) 3. 35:11 - Marathon Hamburg (GER) 14. 2:43:59 - 10km Road Riga (LAT) 3. 35:56 - 5 km Road Wien (AUT) 13. 16:58 - 800m St. Pölten (AUT) 3. 2:11.29 - 1500m Salzburg (AUT) 1. 4:29.27 - 10km Road Berlin (GER) 39. 36:00 INFO: Born in Riga; based in Berlin. Studies: University of Florida.				
Laura JEGELEVIČIŪTĖ (LTU)		36y	SB and PB: 1:18:51 Kaunas (LTU) 26.04	
GENERAL: 3 times National champion 10,000m (26), 10km Road (26), Half Marathon (26) WA World Rankings: 916th OTHER PB'S: 2:37:25 Marathon(26) HONOURS: NCH (3xWin) 2026: 10km Road Mažeikiai (LTU) NCH 1. 36:31 - Marathon Barcelona (ESP) 13. 2:37:25 - Half Marathon Kaunas (LTU) NCH 1. 1:18:51 - 5000m Vilnius (LTU) 9. 17:37.30 - 10km Road Birštonas (LTU) NCH 2. 35:41 - 10,000m Palanga (LTU) NCH 1. 35:36.10				

Loreta KANČYTĖ (LTU)	32y	SB: 1:17:11 Berlin (GER) 29.03	PB: 1:13:26 Copenhagen (DEN) 15.09.2024
GENERAL: 5 times National champion 1500m (12), 5000m (19, 18, 13), Half Marathon (21) 3 times National Indoor champion 1500m sh (18), 3000m sh (18, 17) OTHER PB'S: 4:23.40 1500m(18) - 4:27.03 1500m sh(19) - 2:30:48 Marathon(21) HONOURS: NCH (5xWin) NICH (3xWin) 2026: Half Marathon Berlin (GER) d 57. 1:17:11 - Half Marathon Birstonas (LTU) 1. 1:18:17 INFO: Based in Kaunas.			
Vaida ŽŪSINAITĖ-NEKRIOŠIENĖ (LTU)	38y	SB: 1:22:03 Alytus (LTU) 30.08	PB: 1:15:35 Riga (LAT) 01.10.2023
GENERAL: 13 times National champion 1500m (25), 5000m (25, 20, 14, 12, 09, 08, 07, 06), 10,000m (23, 22, 20), 3000mSC (06) 3 times National Indoor champion 1500m sh (15), 3000m sh (15, 12) WA World Rankings: 921st OTHER PB'S: 9:16.94 3000m(12) - 9:54.36 3000mSC(12) - 2:32:50 Marathon(16) HONOURS: NCH (13xWin) NICH (3xWin) 2026: Marathon Wien (AUT) NCH 8. 2:35:29 - 10,000m La Spezia (ITA) E10KC 9. 34:33.00 - 5000m Vilnius (LTU) 2. 16:17.17 - Marathon Birmingham (GBR) ECH 29. 2:37:47 - Half Marathon Alytus (LTU) 1. 1:22:03 - 5 km Road Vilnius (LTU) 1. 16:56 INFO: Born in Alytus. Club: Alytus.			
San-San WONG (MAC)	33y	SB and PB: 1:26:58 Yangzhou (CHN) 29.03	
2026: Half Marathon Yangzhou (CHN) 13. 1:26:58			
Fatima Ezzahra BIRDAHA (MAR)	22y	SB and PB: 1:09:29 Rabat (MAR) 10.05	
GENERAL: 2 times Mediterranean Games winner 5000m (26), Half Marathon (26) National champion 5000m (26) WA World Rankings: 135th OTHER PB'S: 4:16.01 1500m(26) - 15:07.40 5000m(26) - 31:58 10km Road(25) HONOURS: Medit. G. (2xWin) NCH (1xWin) 2026: Half Marathon Marrakech (MAR) 1. 1:09:40 - Half Marathon Warszawa (POL) 2. 1:10:13 - 5000m Taroudant (MAR) 1. 16:21.19 - 1500m Benguerir (MAR) 1. 4:20.95 - 1500m Guelmim (MAR) 1. 4:16.01 - Half Marathon Rabat (MAR) 3. 1:09:29 - 1500m Rabat (MAR) 2. 4:16.90 - 5000m Sale (MAR) NCH 1. 15:43.26 - 5000m Taranto (ITA) MedG 1. 15:07.40 - Half Marathon Taranto (ITA) MedG 1. 1:09:59			
Ecaterina CERNAT (MDA)	25y	PB: 1:17:21 Bochum (GER) 26.07.2025	
GENERAL: 9 times National champion 1500m (22, 20), 3000m (22, 21, 20), 5000m (26, 25, 24), 6km Road (21) 5 times National Indoor champion 1500m sh (22), 3000m sh (26, 22, 21, 20) HONOURS: NCH (9xWin) NICH (5xWin) 2026: 2000m sh Chisinau (MDA) 1. 6:32.80 - 3000m sh Chisinau (MDA) NICH 1. 10:16.23 - 5000m Chisinau (MDA) NCH 1. 18:07.41 INFO: Club: Scoala Sportiva Raionala Ungheni.			
Brenda FLORES (MEX)	35y	SB: 1:13:02 Barcelona (ESP) 15.02	PB: 1:10:36 Gdynia (POL) 17.10.2020
GENERAL: Pan American Games winner 10,000m (15) Pan American Games silver medallist 5000m (15) WA World Rankings: 483rd OTHER PB'S: 15:30.87 5000m(14) - 31:45.16 10,000m(15) - 32:48 10km Road(19) HONOURS: PanAm G. (1xGold, 1xSilver) CAC Ch. (1xGold, 1xSilver) CAC G. (2xWin) NCH (4xWin) 2026: Half Marathon Sevilla (ESP) 11. 1:14:09 - Half Marathon Barcelona (ESP) 24. 1:13:02 - 10km Road Castellón (ESP) 29. 33:44 - 10,000m Azusa, CA (USA) 25. 34:45.95 - 5000m Azusa, CA (USA) 18. 17:07.18			
Laura GALVÁN (MEX)	34y	SB and PB: 1:07:31 Houston, TX (USA) 11.01	
GENERAL: Pan American Games winner 5000m (19) Pan American Games silver medallist 10,000m (23) WA World Rankings: 114th OTHER PB'S: 8:28.05 3000m(23) - 8:40.45 3000m sh(23) - 14:43.94 5000m(23) Current Records: 1xNBP: NBP 9:15.74 2 Miles Eugene, OR(22) HONOURS: PanAm G. (1xGold, 1xSilver) CAC G. (3xWin) NCH (5xWin) 2026: Half Marathon Houston, TX (USA) 8. 1:07:31 - 10 Miles Road Washington, DC (USA) NCH 11. 52:18 - Half Marathon Chicago, IL (USA) 1. 1:10:11 - 10km Road Atlanta, GA (USA) 12. 32:31 - Half Marathon Santo Domingo (DOM) CACG 1. 1:13:43 - 10,000m Santo Domingo (DOM) CACG 1. 34:26.06 INFO: Hometown: Guanajuato. Studies: Kansas State University. Likes listening to podcasts. Height: 1.62 / 5'4".			
Adela HONORATO (MEX)	21y	SB and PB: 1:11:16 Houston, TX (USA) 11.01	
GENERAL: National champion 10,000m (23) WA World Rankings: 344th OTHER PB'S: 34:21.06 10,000m(23) - 33:45 10km Road(26) - 2:32:40 Marathon(24) Current Records: 2xAU20B: AU20B 34:11 10km Road Guadalajara(23) - AU20B 2:33:59 Marathon Monterrey(23) HONOURS: NCH (1xWin) 2026: Half Marathon Houston, TX (USA) 21. 1:11:16 - Half Marathon Guadalajara (MEX) 4. 1:13:35 - Half Marathon Los Mochis (MEX) 1. 1:13:32 - Half Marathon León (MEX) 3. 1:15:09 - Half Marathon Zapopán (MEX) 1. 1:12:47 - 10km Road Boulder, CO (USA) 8. 33:45 - Half Marathon Santo Domingo (DOM) CACG 2. 1:14:05 - 10km Road Guadalajara (MEX) 1. 33:46 INFO: Hometown: San Gregorio Atlapulco. Interested in Health Sciences.			
Daniela TORRES (MEX)	32y	SB: 1:13:14 Warszawa (POL) 22.03	PB: 1:10:22 Gdynia (POL) 17.10.2020
GENERAL: National champion 5000m (21) OTHER PB'S: 15:32.91 5000m(22) - 33:12 10km Road(21) - 2:28:55 Marathon(21) HONOURS: NCH (1xWin) 2026: Half Marathon Warszawa (POL) 12. 1:13:14			
Marie PERRIER (MRI)	31y	PB: 1:11:13 Valencia (ESP) 22.10.2023	
WA World Rankings: 449th OTHER PB'S: 33:12 10km Road(25) - 2:26:19 Marathon(23) Current Records: 1xNBP: NBP 34:43.31 10,000m Pacé(19) 2026: 10km Road Cannes (FRA) 9. 33:21 - 10km Road Genève (SUI) 4. 35:00 - 3000m Montpellier (FRA) 1. 9:50.47 INFO: Based in Toulouse, France. Degree in Digital Communication. Has competed in trail running. Height: 1.68 / 5'6".			
Aghazu AKUCHUKWU (NGR)	48y		
Karoline Bjerkeli GRØVDAL (NOR)	36y	PB: 1:06:55 Copenhagen (DEN) 15.09.2024	
GENERAL: 3 times European Cross Country Championships winner XC Senior Race (23, 22, 21) 2 times European Championships bronze medallist 10,000m (16), 3000mSC (18) OTHER PB'S: 8:27.02 3000m(24) - 14:31.07 5000m(22) - 30:32 10km Road(20) Current Records: 2xNBP: NBP 5:41.04 2000m Florø(18) - NBP 6:21.39 2000mSC Stavanger(08) 1xAU18B: AU18B 9:33.19 3000mSC Neerpelt(07) HONOURS: OG (2xFinal): 7. 5000m Rio de Janeiro(16) 14:57.53 - 8. 5000m Paris(24) 14:43.21 World Ch. (1xFinal): 8. 5000m Eugene, OR(22) 14:57.62 World Youth Ch. (1xBronze) Eur. Ch. (1xGold, 1xSilver, 2xBronze): 1. Half Marathon Roma(24) 1:08:09 - 2. 5000m Roma(24) 14:38.62 - 3. 3000mSC Berlin(18) 9:24.46 - 3. 10,000m Amsterdam(16) 31:23.45 INFO: Born in Alesund. Graduation from Norwegian elite sports high school in Lillehammer; then studied Sociology. She became the first Norwegian athlete to win a medal at the European Cross Country Championships; earlier competed in cross-country skiing. Her sporting heroes are Grete Waitz and Ingrid Kristiansen. Nickname: Karo. Height: 1.71 / 5'7".			
Katherine CAMP (NZL)	34y	SB and PB: 1:13:24 Gold Coast (AUS) 04.07	
GENERAL: 8 times National champion 800m (21, 20, 19), 1500m (19), 10km Road (26, 25), 4x400m (20, 19) WA World Rankings: 552nd OTHER PB'S: 1:28.33 600m(17) - 2:02.63 800m(19) - 4:15.09 1500m(20) HONOURS: NCH (8xWin) 2026: Marathon Nagoya (JPN) d 52. 2:59:29 - Half Marathon Gold Coast (AUS) NCH 16. 1:13:24 - 10km Road New Plymouth (NZL) NCH 1. 35:30 INFO: Hometown: Hamilton. Studies: University of Tulsa. Major in Exercise and Sports Science. Also a Sports Massage Therapist.			

Georgie GRGEC (NZL)		32y	SB: 1:09:14 Sunshine Coast (AUS) 02.08	PB: 1:09:13 Berlin (GER) 06.04.2025
WA World Rankings: 117th OTHER PB'S: 8:52.33 3000m(25) - 15:03.37 5000m(25) - 31:57 10km Road(25) 2026: 5 km Road Ballarat (AUS) NCH 1. 16:08 - 10km Road Launceston (AUS) 2. 32:15 - Half Marathon Gold Coast (AUS) NCH 5. 1:09:34 - Half Marathon Sunshine Coast (AUS) 2. 1:09:14 INFO: Born in Auckland; based in London, UK. Studies: University of Auckland. Degree in Geography and Statistics. Also a business analyst.				
Nicole WOOD NIELLA (PAR)		32y	SB and PB: 1:17:37 Rio de Janeiro (BRA) 06.06	
2026: Marathon Boston, MA (USA) MajMAR 62. 2:44:14 - Half Marathon Rio de Janeiro (BRA) 7. 1:17:37				
Sheyla EULOGIO PAUCAR (PER)		28y	SB and PB: 1:10:03 Berlin (GER) 29.03	
GENERAL: South American champion 5000m (25) 2 times South American U23 Championships silver medallist 5000m (18), 10,000m (18) WA World Rankings: 179th OTHER PB'S: 33:08.67 10,000m(25) - 32:02 10km Road(26) - 2:27:32 Marathon(26) HONOURS: Sam. Ch. (1xGold): 1. 5000m Mar del Plata(25) 15:51.27 Sam. U23 Ch. (2xSilver) NCH (2xWin) 2026: 10km Road Castellón (ESP) 13. 32:02 - Half Marathon Berlin (GER) d 18. 1:10:03 - 5000m Lima (PER) NCH 3. 15:59.66 - Marathon Lima (PER) 2. 2:27:32				
Zarita SUÁREZ (PER)		32y	SB: 1:11:01 Berlin (GER) 29.03	PB: 1:10:19 Berlin (GER) 06.04.2025
GENERAL: In top 8 at South American Half Marathon Championships WA World Rankings: 245th OTHER PB'S: 16:10.99 5000m(25) - 33:35.57 10,000m(25) - 2:30:39 Marathon(25) HONOURS: 2026: Half Marathon Berlin (GER) d 26. 1:11:01 - 10,000m Lima (PER) NCH 5. 35:02.79 - Half Marathon Lima (PER) 3. 1:13:11 - Half Marathon Lima (PER) 2. 1:11:38				
Salomé ROCHA (POR)		36y	SB: 1:13:56 Cortegaca (POR) 10.05	PB: 1:11:42 Roma (ITA) 09.06.2024
GENERAL: 5 times National champion 5000m (16, 13), 10,000m (21), 3000mSC (13), 10km Road (20) 2 times In top 8 at Major Marathon OTHER PB'S: 32:05.82 10,000m(16) - 32:22 10km Road(15) - 2:24:47 Marathon(19) HONOURS: NCH (5xWin) 2026: Half Marathon Cortegaca (POR) 1. 1:13:56 INFO: Born in Vizela. Sports Science studies at University of Porto. Ritual: has a small amulet stone.				
Susana SANTOS (POR)		34y	SB: 1:11:34 Lisboa (POR) 08.03	PB: 1:10:47 Valencia (ESP) 27.10.2024
GENERAL: National champion 5000m (19) National Indoor champion 3000m sh (19) WA World Rankings: 246th OTHER PB'S: 33:23.31 10,000m(19) - 32:57 10km Road(26) - 2:24:46 Marathon(24) HONOURS: NCH (1xWin) NICH (1xWin) 2026: 10km Road Figueira da Foz (POR) NCH 5. 32:57 - Half Marathon Lisboa (POR) 12. 1:11:34 - Marathon Rotterdam (NED) d 7. 2:26:26 - 10km Road Aveiro (POR) 1. 34:01 INFO: Born in Oliveira do Douro. Also a physiotherapist. Height: 1.64 / 5'5". Club: Recreio Desportivo de Águeda.				
Monica SILVA (POR)		42y	SB: 1:14:30 České Budějovice (CZE) 30.05	PB: 1:11:37 Valencia (ESP) 27.10.2024
GENERAL: National champion 10,000m (10) National Indoor champion 3000m sh (05) WA World Rankings: 490th OTHER PB'S: 33:32.55 10,000m(11) - 33:05 10km Road(16) - 2:34:02 Marathon(15) HONOURS: NCH (1xWin) NICH (1xWin) 2026: Half Marathon České Budějovice (CZE) 6. 1:14:30 - Half Marathon Porto (POR) 1. 1:20:53 INFO: Athlete of Braganca.				
Karabo MAILULA (RSA)		24y	SB and PB: 1:15:15 Gqeberha (RSA) 27.06	
WA World Rankings: 361st OTHER PB'S: 33:06.34 10,000m(25) - 32:43 10km Road(25) 2026: 5000m Pretoria (RSA) 1. 16:46.97 - 10km Road Gqeberha (RSA) 6. 33:20 - 10,000m Pretoria (RSA) 2. 33:11.43 - 10km Road Cape Town (RSA) 6. 33:28 - 10,000m Stellenbosch (RSA) NCH 2. 33:26.15 - 10,000m Accra (GHA) AfC 11. 33:47.38 - Half Marathon Gqeberha (RSA) NCH 4. 1:15:15 - 10km Road Durban (RSA) 9. 34:51 - 10km Road Tshwane (RSA) 5. 34:52 - 10km Road Tshwane (RSA) 8. 34:19 INFO: Based in Pretoria. Studies: University of Pretoria. Coached by Caster Semenya.				
Cacisile SOSIBO (RSA)		29y	SB: 1:12:37 Gqeberha (RSA) 27.06	PB: 1:09:31 Riga (LAT) 01.10.2023
GENERAL: In top 8 at World Road Running Championships WA World Rankings: 235th OTHER PB'S: 16:27.4h 5000m(24) - 33:15.20 10,000m(25) - 32:16 10km Road(26) HONOURS: 2026: 1500m Johannesburg (RSA) 1. 4:32.33 - 1500m Johannesburg (RSA) 1. 4:34.42 - 10km Road Gqeberha (RSA) 8. 33:28 - 10,000m Johannesburg (RSA) 1. 34:49.54 - 10km Road Cape Town (RSA) 5. 32:42 - 10,000m Stellenbosch (RSA) NCH 3. 33:28.90 - 10km Road Cape Town (RSA) 4. 33:03 - Half Marathon Gqeberha (RSA) NCH 2. 1:12:37 - 10km Road Durban (RSA) 4. 32:16 - 10km Road Durban (RSA) 6. 32:36 - 10km Road Tshwane (RSA) 4. 34:39 - 10km Road Tshwane (RSA) 9. 34:58 INFO: Grew up in Kilmon.				
Glenrose XABA (RSA)		31y	SB and PB: 1:07:03 Istanbul (TUR) 19.04	
GENERAL: 14 times National champion 5000m (25, 24), 10,000m (24, 23, 22, 21, 19, 17, 16), 10km Road (24, 19), Half Marathon (22, 21, 24) In top 8 at African Championships WA World Rankings: 65th OTHER PB'S: 31:26.78 10,000m(24) - 31:12 10km Road(24) - 2:22:22 Marathon(24) HONOURS: NCH (14xWin) 2026: 1500m Pretoria (RSA) 2. 4:13.50 - 10km Road Gqeberha (RSA) 3. 32:13 - 10,000m Pretoria (RSA) 1. 31:43.49 - 5000m Pretoria (RSA) 1. 15:26.89 - 10km Road Cape Town (RSA) 2. 31:38 - Half Marathon Istanbul (TUR) NCH 3. 1:07:03 - 10km Road Atlanta, GA (USA) 10. 32:20 - 10km Road Tshwane (RSA) 1. 32:28 - 10km Road Tshwane (RSA) 2. 31:38 INFO: Trained by Caster Semenya.				
Angelique IBISHATSE (RWA)		25y	PB: 1:19:33 Kigali (RWA) 11.06.2023	
OTHER PB'S: 33:26.24 10,000m(25)				
Emeline IMANIZABAYO (RWA)		30y	SB and PB: 1:07:35 Lisboa (POR) 08.03	
GENERAL: African champion 5000m (26) In top 8 at All-African Games WA World Rankings: 60th OTHER PB'S: 14:59.92 5000m(26) - 15:07 5 km Road(26) - 30:39 10km Road(26) HONOURS: Afr. Ch. (1xGold): 1. 5000m Accra(26) 15:46.62 NCH (1xWin) 2026: Half Marathon Lisboa (POR) 6. 1:07:35 - 10km Road Lille (FRA) 6. 30:39 - 5 km Road Nijmegen (NED) NCH 1. 15:07 - 5000m Accra (GHA) AfC 1. 15:46.62 - 5000m Glasgow (GBR) CWG 9. 14:59.92				
Florence NIYONKURU (RWA)		25y	SB and PB: 1:07:22 Berlin (GER) 29.03	
GENERAL: African Championships silver medallist 10,000m (26) Commonwealth Games bronze medallist 10,000m (26) WA World Rankings: 52nd OTHER PB'S: 31:43.73 10,000m(26) - 30:45 10km Road(26) - 52:31 10 Miles Road(25) Current Records: 1xNBP: NBP 52:31 10 Miles Road Amsterdam(25) HONOURS: Afr. Ch. (1xSilver): 2. 10,000m Accra(26) 31:43.73 CWG (1xBronze) NCH (1xWin) 2026: Half Marathon Berlin (GER) d 4. 1:07:22 - 10km Road Bengaluru (IND) 1. 30:45 - 10,000m Accra (GHA) AfC 2. 31:43.73 - 10,000m Glasgow (GBR) CWG 3. 31:55.47				
Qinfei HAN (SGP)		33y	PB: 1:26:21 Huangshi (CHN) 14.12.2025	
2026: Marathon Shijiazhuang (CHN) 38. 3:00:08				
Jasmine TEO (SGP)		34y	SB: 1:23:18 Gold Coast (AUS) 04.07	PB: 1:20:02 Gold Coast (AUS) 05.07.2025
WA World Rankings: 1463rd 2026: Half Marathon Gold Coast (AUS) NCH 94. 1:23:18				

Serena TEOH (SGP)		38y	SB: 1:25:18 Hong Kong (HKG) 18.01 (AUS) 11.08.2024	PB: 1:23:40 Sunshine Coast
2026: Half Marathon Hong Kong (HKG) 7. 1:25:18 - 10km Road Gold Coast (AUS) 15. 38:47				
Klara LUKAN (SLO)		26y	SB and PB: 1:06:43 Málaga (ESP) 15.03	
GENERAL: European Running Championships bronze medallist 10km Road (25) World University Games winner 10,000m (25) WA World Rankings: 16th				
OTHER PB'S: 14:50.40 5000m(25) - 14:45 5 km Road(25) - 29:51 10km Road(26) Current Records: 1xAR: AR 29:51 10km Road Laredo(26)				
HONOURS: Eur. Run. Ch. (1xBronze) Eur. Team Ch.- 1L/2D (1xWin) Eur. Team Ch.- 2L/3D (1xWin) WUG (1xGold)				
2026: 5 km Road Monaco (MON) 3. 15:04 - Half Marathon Málaga (ESP) 2. 1:06:43 - 10km Road Laredo (ESP) 1. 29:51 - 3000m Maribor (SLO) 1. 8:57.80 - 10km Road Manchester (GBR) 1. 30:58 - 10km Road New York, NY (USA) 5. 31:38 - 10,000m Birmingham (GBR) ECH 13. 32:18.16 - Half Marathon Taranto (ITA) MedG 2. 1:11:22				
INFO: Born in Novo Mesto. Biotechnology studies at University of Ljubljana. Height: 1.63 / 5'4". Club: AD Kladivar, Celje.				
Liza ŠAJN (SLO)		24y	SB: 1:12:51 Riga (LAT) 17.05	PB: 1:10:39 Valencia (ESP) 26.10.2025
GENERAL: 5 times National champion 10,000m (24, 23), 5 km Road (25), 10km Road (24), Half Marathon (25) WA World Rankings: 188th				
OTHER PB'S: 32:56.40 10,000m(25) - 31:56 10km Road(25) - 2:29:33 Marathon(25)				
HONOURS: NCH (5xWin)				
2026: Half Marathon Riga (LAT) 7. 1:12:51 - 10km Road Manchester (GBR) 7. 32:49 - Marathon Birmingham (GBR) ECH 17. 2:31:22				
INFO: Hometown: Logatec. Studies: Portland State University. Likes cycling and cooking.				
Atalena Napule Gaspore LOLIHA (SSD)		29y	PB: 1:11:19 Dodoma (TAN) 23.07.2023	
GENERAL: All-African Games winner Half Marathon (24)				
OTHER PB'S: 2:33:22 Marathon(25)				
HONOURS: All-Afr. G. (1xGold)				
2026: Marathon Lagos (NGR) 4. 2:39:10				
INFO: Born in South Sudan.				
Oria LIACI (SUI)		24y	SB and PB: 1:10:31 Barcelona (ESP) 15.02	
WA World Rankings: 205th				
OTHER PB'S: 16:18 5 km Road(25) - 32:13 10km Road(26) - 57:05 10 Miles Road(24)				
2026: 10km Road Valencia (ESP) 35. 32:13 - Half Marathon Barcelona (ESP) 13. 1:10:31 - 10km Road Laredo (ESP) 12. 32:19 - 5000m Zofingen (SUI) 1. 16:32.65				
INFO: Hometown: Martigny. Also competes in trail running; earlier participated in triathlon.				
Carolina WIKSTRÖM (SWE)		33y	SB: 1:10:34 Berlin (GER) 29.03	PB: 1:09:39 Valencia (ESP) 22.10.2023
GENERAL: 6 times National champion 10km Road (23), Half Marathon (23), Marathon (20, 24, 23, 21) WA World Rankings: 196th				
OTHER PB'S: 32:31.62 10,000m(23) - 32:05 10km Road(26) - 2:24:30 Marathon(24)				
HONOURS: NCH (6xWin)				
2026: 10km Road Castellón (ESP) 14. 32:17 - Half Marathon Berlin (GER) d 22. 1:10:34 - 10km Road Laredo (ESP) 6. 32:05 - Marathon Stockholm (SWE) NCH 8. 2:34:06 - 10km Road Berlin (GER) 5. 32:33 - 10km Road Stockholm (SWE) 2. 33:45				
INFO: Born in Hudiksvall. Medicine studies at Uppsala University. Has been an assistant doctor at oncology clinic. Height: 1.70 / 5'7".				
Esther CHEBET (UGA)		28y	SB and PB: 1:06:33 Málaga (ESP) 15.03	
GENERAL: African Championships bronze medallist 1500m (24) 2 times In top 8 at Commonwealth Games 5000m (26), 10,000m (26) WA World Rankings: 51st				
OTHER PB'S: 4:02.90 1500m(19) - 14:50.70 5000m(26) - 47:05 15 km Road(25) Current Records: 1xNBP: NBP 47:05 15 km Road Nijmegen(25)				
HONOURS: Afr. Ch. (1xBronze) : 3. 1500m Douala(24) 4:06.90 - 4. 10,000m Accra(26) 32:23.44 - 5. 5000m Accra(26) 15:51.91 - 5. 5000m Douala(24) 16:01.75 NCH (1xWin)				
2026: Half Marathon Santa Pola (ESP) 2. 1:08:13 - Half Marathon Málaga (ESP) 1. 1:06:33 - 10km Road Bengaluru (IND) 10. 32:08 - 5000m Accra (GHA) AfC 5. 15:51.91 - 10,000m Accra (GHA) AfC 4. 32:23.44 - 10,000m Glasgow (GBR) CWG 4. 31:55.70 - 5000m Glasgow (GBR) CWG 4. 14:50.70				
INFO: Based in Kapchorwa.				
Esther Yeko CHEKWEMOI (UGA)		25y	SB and PB: 1:10:38 București (ROU) 26.04	
GENERAL: African Youth Games bronze medallist 2000mSC (18)				
OTHER PB'S: 15:24.64 5000m(26) - 33:28.2h 10,000m(25) - 6:41.23 2000mSC(18)				
HONOURS: All-Afr. U18 G. (1xBronze)				
2026: 5000m Kampala (UGA) 2. 15:24.64 - Half Marathon București (ROU) NCH 1. 1:10:38 - Half Marathon Milano (ITA) 3. 1:11:28				
Annet Chemengich CHELANGAT (UGA)		33y	SB: 1:11:10 Gifu (JPN) 26.04	PB: 1:08:12 Sevilla (ESP) 26.01.2025
WA World Rankings: 110th				
OTHER PB'S: 31:47.89 10,000m(25) - 31:03 10km Road(25) - 30:38dh 10km Road(24)				
2026: Half Marathon Gifu (JPN) 11. 1:11:10				
Rebecca CHELANGAT (UGA)		24y	PB: 1:07:18 Sevilla (ESP) 26.01.2025	
GENERAL: In top 8 at Commonwealth Games 2 times National champion 5000m (24), 10,000m (25) WA World Rankings: 45th				
OTHER PB'S: 15:07.20 5000m(26) - 31:21.74 10,000m(25) - 30:59 10km Road(25)				
HONOURS: NCH (2xWin)				
2026: 10km Road Bengaluru (IND) 12. 32:29 - 10,000m Accra (GHA) AfC 7. 32:55.59 - Half Marathon Zhenning (CHN) 2. 1:11:27 - 10,000m Glasgow (GBR) CWG 8. 32:16.28 - 5000m Glasgow (GBR) CWG 12. 15:07.20				
Rispa CHEROP (UGA)		30y	PB: 1:08:53 Rabat (MAR) 30.04.2023	
GENERAL: In top 8 at World Cross Country Championships				
OTHER PB'S: 15:34.67 5000m(25) - 31:15 10km Road(25)				
HONOURS:				
Mariia MAZURENKO (UKR)		29y	PB: 1:11:35 Valencia (ESP) 27.10.2024	
GENERAL: National champion 5000m (26) WA World Rankings: 298th				
OTHER PB'S: 32:49.19 10,000m(25) - 16:06 5 km Road(26) - 33:10 10km Road(24)				
HONOURS: NCH (1xWin)				
2026: 5 km Road Korschenbroich (GER) 3. 16:38 - 5000m Busto Arsizio (ITA) 2. 16:26.98 - 10,000m La Spezia (ITA) E10KC 24. 33:31.46 - 5 km Road Wien (AUT) 7. 16:06 - 10,000m Städtallendorf (GER) 9. 32:57.91 - 5000m Lviv (UKR) NCH 1. 16:12.67 - 10km Road Praha (CZE) 16. 33:37				
INFO: Born in Kyiv; based in Berlin, Germany. Law studies. Club: KMSHVSM Kyiv.				
Olga NYZHNYK (UKR)		35y	SB and PB: 1:11:29 Warszawa (POL) 22.03	
GENERAL: European Championships bronze medallist 10,000m (12) 4 times National champion 5000m (11), 10,000m (15), 10km Road (25), Half Marathon (23) WA World Rankings: 273rd				
OTHER PB'S: 31:51.32 10,000m(12) - 31:51.32 10,000m(15) - 2:27:58 Marathon(19)				
HONOURS: Eur. Ch. (1xBronze) : 3. 10,000m Helsinki(12) 31:51.32 NCH (4xWin)				
2026: Half Marathon Warszawa (POL) 7. 1:11:29 - Marathon Linz (AUT) NCH 6. 2:32:14 - 10,000m Lutsk (UKR) NCH 5. 34:55.47 - Half Marathon České Budějovice (CZE) 4. 1:14:04 - 5000m Lviv (UKR) 5. 16:54.81				
INFO: Her husband, Mykola is also a runner.				

STREBKOVA (UKR)		31y	SB and PB: 1:11:18 Warszawa (POL) 22.03
GENERAL: 7 times National champion 3000mSC (24, 23, 22, 21, 20, 18), Half Marathon (26) European U23 Championships silver medallist 3000mSC (17) WA World Rankings: 316th			
OTHER PB'S: 8:54.18 3000m sh(21) - 6:27.89 2000mSC sh(16) - 9:24.54 3000mSC(22)			
HONOURS: Eur. U23 Ch. (1xSilver) Balkan Ch. (1xWin) NCH (7xWin) NICH (4xWin)			
2026: Half Marathon Warszawa (POL) 5. 1:11:18 - Half Marathon Kyiv (UKR) NCH 1. 1:13:14 - 10,000m Lutsk (UKR) NCH 2. 33:36.20 - 10,000m La Spezia (ITA) E10KC 15. 33:00.43 - Half Marathon Olomouc (CZE) 4. 1:12:43			
INFO: Born in Kalus'kyi. Studies: Ternopil Volodymyr Hnatiuk National Pedagogical University. Likes reading and dancing. Her idol is Emma Coburn.			
Julia PATERNAIN (URU)		26y	PB: 1:10:16 Indianapolis, IN (USA) 09.11.2024
GENERAL: World Championships bronze medallist Marathon (25) In top 8 at Major Marathon			
OTHER PB'S: 32:57 10km Road(26) - 53:26dh 10 Miles Road(24) - 2:25:47 Marathon(26)			
HONOURS: World Ch. (1xBronze): 3. Marathon Tokyo(25) 2:27:23			
2026: 10km Road Mesa, AZ (USA) 4. 33:04 - Marathon London (GBR) MajMAR 8. 2:25:47 - 10km Road Cape Elizabeth, ME (USA) 10. 32:57			
INFO: Hometown: Cambridge. Represented GBR until January 2025. Studies: University of Arkansas; major in Sociology. Speaks Spanish.			
Carrie ELLWOOD (USA)		32y	SB: 1:09:47 Atlanta, GA (USA) 01.03 (USA) 08.11.2025 PB: 1:08:34 Indianapolis, IN
GENERAL: In top 8 at Major Marathon WA World Rankings: 112th			
OTHER PB'S: 31:37.26 10,000m(22) - 1:22:27 25 km Road(25) - 2:22:53dh Marathon(26) Current Records: 1xWBP: WBP 1:22:27 25 km Road Grand Rapids, MI(25)			
HONOURS:			
2026: Half Marathon Atlanta, GA (USA) NCH 2. 1:09:47 - Marathon Boston, MA (USA) MajMAR 10. 2:22:53 - 10km Road Atlanta, GA (USA) 11. 32:28			
Emma Grace HURLEY (USA)		28y	SB: 1:11:38 Atlanta, GA (USA) 01.03 PB: 1:07:35 Atlanta, GA (USA) 02.03.2025
GENERAL: National champion 25 km Road (26) WA World Rankings: 50th			
OTHER PB'S: 15:01 5 km Road(26) - 31:00 10km Road(25) - 50:42 10 Miles Road(26)			
HONOURS: NCH (1xWin)			
2026: Half Marathon Atlanta, GA (USA) NCH 12. 1:11:38 - 10 Miles Road Washington, DC (USA) NCH 3. 50:42 - 5 km Road Indianapolis, IN (USA) NCH 2. 15:01 - 25 km Road Grand Rapids, MI (USA) NCH 1. 1:22:52 - 10km Road New York, NY (USA) 11. 32:13			
INFO: Hometown: Roswell. Studies: Furman University.			
Weini KELATI FREZGHI (USA)		29y	SB and PB: 1:06:04 Barcelona (ESP) 15.02
GENERAL: In top 8 at Olympic Games 2 times National champion 10,000m (24), 5 km Road (22) WA World Rankings: 34th			
OTHER PB'S: 8:33.72 3000m sh(22) - 14:35.43 5000m(24) - 30:33.82 10,000m(24) Current Records: 2xNBP: NBP 10:00.38 2 Miles Greensboro, NC(16) - NBP 10:02.71 2 Miles sh New York, NY(16) 1xAR: AR 1:06:04 Half Marathon Barcelona(26)			
HONOURS: OG (1xFinal): 8. 10,000m Paris(24) 30:49.98 NCH (2xWin) NCAA Ch. (1xWin)			
2026: Half Marathon Barcelona (ESP) 2. 1:06:04 - 10 Miles Road Washington, DC (USA) NCH 4. 50:46 - 10km Road Manchester (GBR) 2. 31:17			
INFO: Born in Eritrea. Hometown: Leesburg. Studies: University of New Mexico Lobos. Her favourite athlete is Usain Bolt. Music is her hobby. Height: 1.52 / 4'12".			
Ednah KURGAT (USA)		35y	SB and PB: 1:08:25 Praha (CZE) 28.03
GENERAL: Pan American Games bronze medallist 10,000m (23) In top 8 at World Cross Country Championships WA World Rankings: 107th			
OTHER PB'S: 15:14.78 5000m sh(18) - 31:12.10 10,000m(23) - 31:44dh 10km Road(26)			
HONOURS: PanAm G. (1xBronze)			
2026: Half Marathon Atlanta, GA (USA) NCH 13. 1:11:50 - Half Marathon Praha (CZE) 5. 1:08:25 - 10 Miles Road Washington, DC (USA) NCH 12. 52:18 - 10km Road New York, NY (USA) 6. 31:44			
INFO: Born in Kenya. Studies: University of New Mexico Lobos.			
Jessica MCCLAIN (USA)		34y	SB: 1:11:27 Atlanta, GA (USA) 01.03 PB: 1:08:37 Atlanta, GA (USA) 02.03.2025
GENERAL: In top 8 at World Championships 3 times In top 8 at Major Marathon WA World Rankings: 154th			
OTHER PB'S: 30:59.71 10,000m(25) - 31:13dh 10km Road(26) - 2:20:49dh Marathon(26)			
HONOURS: World Ch. (1xFinal): 8. Marathon Tokyo(25) 2:29:20			
2026: 10km Road Mesa, AZ (USA) 1. 31:13 - Half Marathon Atlanta, GA (USA) NCH 9. 1:11:27 - 10,000m San Juan Capistrano, CA (USA) 2. 31:15.49 - Marathon Boston, MA (USA) MajMAR 5. 2:20:49 - 10km Road New York, NY (USA) 8. 31:53			
INFO: Born in Paradise Valley. Studies: Stanford University. Height: 1.73 / 5'8".			
Annie RODENFELS (USA)		30y	SB and PB: 1:10:12 Atlanta, GA (USA) 01.03
GENERAL: 2 times National champion 5 km Road (24, 23) WA World Rankings: 165th			
OTHER PB'S: 8:46.07 3000m sh(22) - 15:00.64 5000m sh(25) - 9:22.66 3000mSC(24)			
HONOURS: NCH (2xWin)			
2026: 5000m sh Winston Salem, NC (USA) 1. 15:13.72 - Half Marathon Atlanta, GA (USA) NCH 3. 1:10:12 - 10km Road New York, NY (USA) 9. 32:02 - 10km Road Cape Elizabeth, ME (USA) 4. 32:20			
INFO: Hometown: Centerville. Studies: Centre College. Also an assistant coach.			