

RACE EMERGENCY MEDICINE COURSE COPENHAGEN

WORLD ATHLETICS ROAD RUNNING CHAMPIONSHIP

2026

18 - 20 September 2026

Course location: Admiral Hotel, Toldbodgade 24, 28, 1253 København,
Denmark

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Faculty

Stéphane Bermon, MD, PhD, Director of World Athletics Health & Science Department

Frédéric Garrandes, PhD, Scientific Manager of World Athletics Health & Science Department

Paolo Emilio Adami, Head of Medical Operations, World Athletics Health & Science Department

Friday, 18 September

Workshops and Simulation Exercises

8:30 - 8:40

Welcome

8:40 - 10:30

Event Medical Planning Working Session:

- Map Distribution
- Medical Service Planning / Mass Casualty Prevention Planning / Rescue Procedures

Coffee break

11:00 - 12:00

Simulation with Select Scenarios and Case Studies

12:00 - 12:30

Medical Services Planning for the World Athletics Road Running Championship

Lunch break

13:30 - 15:30

Practical Learning

- Round I: Exertional Heat Stroke & Heat-Related Illness
- Round II: Exercise-Associated Collapse & Cardiac Arrest
- Round III: Exertional Hyponatremia Management

15:30 - 16:00

Activity debrief and discussion

16:00 - 17:00

Evaluation of practical learning and preparation for Race Day

Sunday, 20 September

Race Day Observation

8:00 - 11:00

Course participants are invited to observe the Race Operations Center and the Medical Tents.
Special credentials will be provided.

This rotation will continue until each group has spent a total of three hours observing.

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