

# RACE EMERGENCY MEDICINE COURSE MADRID

**Zurich Rock' n' Roll Running Series Madrid 2026**

NOVOTEL MADRID CENTER, Calle de O'Donnell, 53, 28009 Madrid, Spain

**25-26 April 2026**

**REGISTER**

## Faculty

Stéphane Bermon, Health & Science Department Director, World Athletics

Frédéric Garrandes, Scientific Manager, World Athletics Health & Science Department

Luis Cort, World Academy for Endurance Medicine Board Member

Paolo Emilio Adami, Head of Medical Operations, World Athletics Health & Science Department

**Saturday, 25 April**

## Workshops and Simulation Exercises

8:30 - 8:40

Welcome

8:40 - 10:30

Event Medical Planning Working Session:

- Map Distribution
- Medical Service Planning / Mass Casualty Prevention Planning / Rescue Procedures

### Coffee break

11:00 - 12:00

Simulation with Select Scenarios and Case Studies

12:00 - 12:30

How to organise Medical Services for the Madrid Marathon

### Lunch break

13:30 - 15:30

Practical Learning

- Round I: Exertional Heat Stroke & Heat-Related Illness
- Round II: Exercise-Associated Collapse & Cardiac Arrest
- Round III: Exertional Hyponatremia Management

15:30 - 16:00

Activity debrief and discussion

16:00 - 17:00

Evaluation of practical learning and preparation for Race Day

**Sunday, 26 April**

## Race Day Observation

8:00 - 12:00 Schedule to be confirmed.

Course participants are invited to observe the Race Operations Center and the Medical Tents.

Special credentials will be provided.

This rotation will continue until each group has spent a total of three hours observing.