

GLOBAL SUMMIT ON ATHLETICS SCIENCE & MEDICINE

WASEDA UNIVERSITY, TOKYO | SEPTEMBER 19, 2025

8:00 – 8:30	Registration
8:30 – 8:45	Introduction and Welcome - Waseda University, World Athletics
8:45 – 9:15	KEYNOTE 1 – Gender Diverse Athletes in Athletics - Stéphane BERMON
9:15 – 10:15	Hot Topic In Athletics: Interactive Poll Session – 3 Topics
10:15 – 10:45	Coffee Break
10:45 – 11:15	KEYNOTE 2 – New Perspectives on EHS prevention & treatment – Yuri HOSOKAWA/Doug CASA
11:15 – 12:15	Hot Topic In Athletics: Interactive Poll Session – 3 Topics
12:15 – 12:45	KEYNOTE 3 – MSK injury diagnosis -tbc (Siemens-related or WA expert)
12:45 – 13:45	Lunch Break
14:00 – 14:30	KEYNOTE 4 – Pre Participation Medical Examination – Paolo Emilio ADAMI
14:30 – 15:30	Hot Topic In Athletics: Interactive Poll Session – 3 Topics
15:30 – 16:00	KEYNOTE 5 – Tomohiro MANABE tbc
16:00 – 16:15	Wrap-Up

LIST OF TOPICS FOR POLL SESSIONS

1. RED-S

What factors and thresholds determine when to stop an endurance athlete from competing?

Paolo Emilio ADAMI

2. EHS

An endurance athlete with previous history of EHS reaches core temperature of 41.1degrees during a marathon, do you stop him before the end of the race?

Yuri HOSOKAWA/ Doug CASA

3. PPME female athlete

Would you include a gynaecological assessment in the yearly health examination of elite female athlete?

Stephane BERMON

4. Cardio

What would you include in the yearly cardiac screening of elite athlete?

Paolo Emilio ADAMI

5. New technologies: connected devices in Athletics

Would you allow public live display of the glucose values of your athlete during an endurance competition?

Fred GARRANDES

6. Inclusion

Should gender variant athletes being eligible to compete in the female category?

Stéphane BERMON

7. Baking Soda in Athletics

Is it hype?

Robert CHAPMAN

8. Needle policy

Do you agree having a no needle policy in international athletics competition?

Kyle BARBER

9. Reserve

Carsten HOLLENDER