

RACE EMERGENCY MEDICINE COURSE TOKYO

TOKYO Marathon 2025

VENUE TBD

1 - 2 March 2025

[REGISTER](#)

Faculty

Stéphane Bermon, MD, PhD, Director of World Athletics Health & Science Department

Paolo Emilio Adami, MD, PhD, Head of World Athletics Health & Science Department

Frédéric Garrandes, PhD, Scientific Manager of World Athletics Health & Science Department

Guest to be announced - stay tuned!

Saturday, 1 March

Workshops and Simulation Exercises

8:30 - 8:40

Welcome

8:40 - 10:30

Event Medical Planning Working Session:

- Map Distribution
- Medical Service Planning / Mass Casualty Prevention Planning / Rescue Procedures

Coffee break

11:00 - 12:00

Simulation with Select Scenarios and Case Studies

12:00 - 12:30

How to organise Medical Services for the Tokyo Marathon

Lunch break

13:30 - 15:30

Practical Learning

- Round I: Exertional Heat Stroke & Heat-Related Illness
- Round II: Exercise-Associated Collapse & Cardiac Arrest
- Round III: Exertional Hyponatremia Management

15:30 - 16:00

Activity debrief and discussion

16:00 - 17:00

Evaluation of practical learning and preparation for Race Day

Sunday, 2 March

Race Day Observation

8:00 - 12:00

Schedule to be confirmed.

Course participants are invited to observe the Race Operations Center and the Medical Tents.

Special credentials will be provided.

This rotation will continue until each group has spent a total of three hours observing.

**WORLD
ACADEMY**

FOR ENDURANCE MEDICINE



**WORLD
ATHLETICS**