

**DAY 1 Sat 13/09**

**MORNING SESSION**

08:00	35km Race Walk	M	Final 🏆
08:00	35km Race Walk	W	Final 🏆
09:00	Discus Throw	W	Q A
10:55	Shot Put	M	Q A+B
10:55	Discus Throw	W	Q A
11:08	100m	M	Prelim
11:40	4 x 400m Relay	X	R1



**DAY 1 Sat 13/09**

**EVENING SESSION**

18:05	3000m SC	M	R1
18:15	Long Jump	W	Q A+B
18:50	Pole Vault	M	Q A+B
18:55	100m	W	R1
19:50	1500m	W	R1
20:35	100m	M	R1
21:10	Shot Put	M	Final 🏆
21:30	10,000m	W	Final 🏆
22:20	4 x 400m Relay	X	Final 🏆



**DAY 2 Sun 14/09**

**MORNING SESSION**

08:00	Marathon	W	Final 🏆
09:00	Hammer Throw	W	Q A
09:35	1500m	M	R1
10:45	Hammer Throw	W	Q B
11:20	100m H	W	R1



**DAY 2 Sun 14/09**

**EVENING SESSION**

18:35	400m	M	R1
18:40	High Jump	M	Q A+B
19:10	Discus Throw	W	Final 🏆
19:25	400m	W	R1
20:20	100m	W	SF
20:40	Long Jump	W	Final 🏆
20:43	100m	M	SF
21:05	1500m	W	SF
21:30	10,000m	M	Final 🏆
22:13	100m	W	Final 🏆
22:20	100m	M	Final 🏆



**DAY 3 Mon 15/09**

**MORNING SESSION**

08:00	Marathon	M	Final 🏆
09:00	Hammer Throw	M	Q A
09:05	Pole Vault	W	Q A+B
09:15	3000m SC	W	R1
10:45	Hammer Throw	M	Q B
11:20	400m H	W	R1



**DAY 3 Mon 15/09**

**EVENING SESSION**

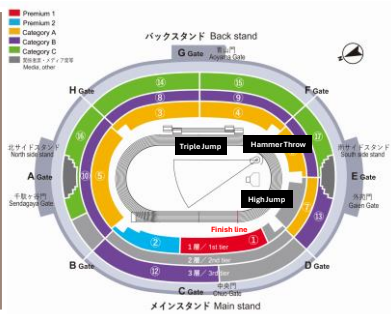
19:35	400m H	M	R1
19:40	Long Jump	M	Q A+B
20:10	Pole Vault	M	Final 🏆
20:20	110m H	M	R1
21:00	Hammer Throw	W	Final 🏆
21:05	100m H	W	SF
21:30	1500m	M	SF
21:55	3000m SC	M	Final 🏆
22:20	100m H	W	Final 🏆



**DAY 4 Tue 16/09**

**EVENING SESSION**

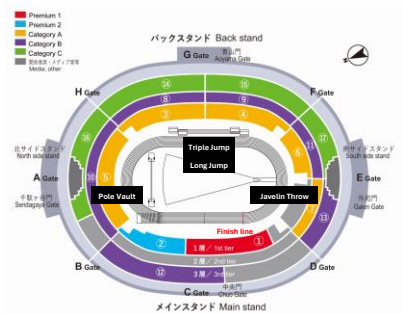
19:35	800m	M	R1
19:40	Triple Jump	W	Q A+B
20:35	High Jump	M	Final 🏆
20:40	110m H	M	SF
21:00	Hammer Throw	M	Final 🏆
21:05	400m	W	SF
21:35	400m	M	SF
22:05	1500m	W	Final 🏆
22:20	110m H	M	Final 🏆



**DAY 5 Wed 17/09**

**EVENING SESSION**

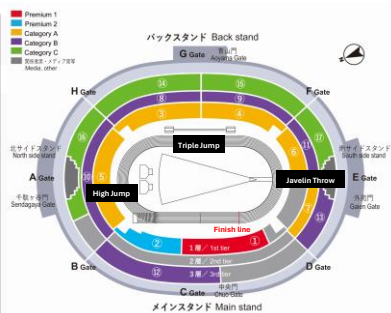
19:05	Triple Jump	M	Q A+B
19:10	Javelin Throw	M	Q A
19:30	200m	W	R1
20:10	Pole Vault	W	Final 🏆
20:15	200m	M	R1
20:45	Javelin Throw	M	Q B
20:50	Long Jump	M	Final 🏆
21:00	400m H	W	SF
21:30	400m H	M	SF
21:57	3000m SC	W	Final 🏆
22:20	1500m	M	Final 🏆



**DAY 6 Thu 18/09**

**EVENING SESSION**

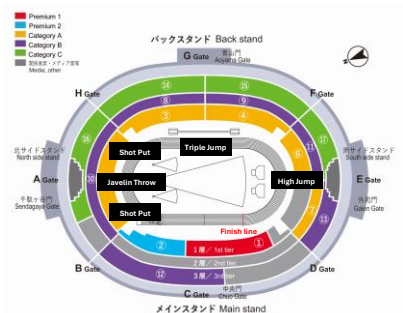
19:05	5000m	W	R1
19:15	High Jump	W	Q A+B
19:55	800m	W	R1
19:45	Javelin Throw	M	Final 🏆
21:00	Triple Jump	W	Final 🏆
21:02	200m	M	SF
21:24	200m	W	SF
21:45	800m	M	SF
22:14	400m	M	Final 🏆
22:24	400m	W	Final 🏆



**DAY 7 Fri 19/09**

**EVENING SESSION**

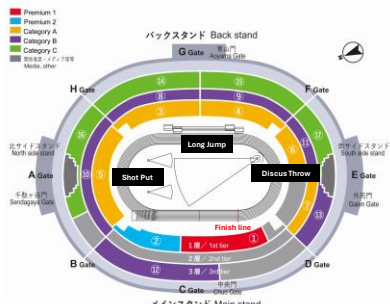
17:33	100m H Hep	W	Heats
19:30	Javelin Throw	W	Q A
18:20	High Jump Hep	W	A+B
20:05	5000m	M	R1
20:30	Shot Put Hep	W	A+B
20:45	800m	W	SF
20:50	Triple Jump	M	Final 🏆
21:00	Javelin Throw	W	Q B
21:15	400m H	M	Final 🏆
21:27	400m H	W	Final 🏆
21:38	200m Hep	W	Heats
22:06	200m	M	Final 🏆
22:22	200m	W	Final 🏆



DAY 8 Sat 20/09

MORNING SESSION

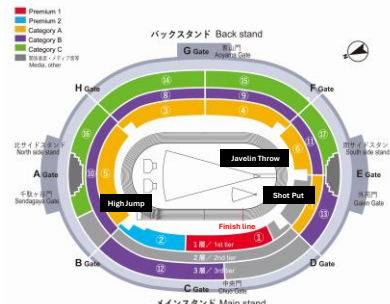
07:30	20km Race Walk	W	Final
09:20	100m Dec	M	Heats
09:25	Discus Throw	M	Q A
09:45	20km Race Walk	M	Final
10:05	Long Jump Dec	M	A+B
10:10	Shot Put	W	Q A+B
10:55	Discus Throw	M	Q B
11:30	Long Jump Hep	W	A+B
11:45	Shot Put Dec	M	A+B



DAY 8 Sat 20/09

EVENING SESSION

19:05	High Jump Dec	M	A+B
19:10	Javelin Throw Hep	W	A+B
19:35	4 x 400m Relay	M	R1
20:00	4 x 400m Relay	W	R1
20:05	Shot Put	W	Final
20:25	4 x 100m Relay	M	R1
20:45	4 x 100m Relay	W	R1
21:05	Javelin Throw	W	Final
21:08	800m Hep	W	Final
21:26	400m Dec	M	Heats
21:50	800m	M	Final
22:05	5000m	W	Final



DAY 9 Sun 21/09

MORNING SESSION

09:05	110m H Dec	M	Heats
09:55	Discus Throw Dec	M	A
11:05	Discus Throw Dec	M	B
11:35	Pole Vault Dec	M	A
12:20	Pole Vault Dec	M	B



DAY 9 Sun 21/09

EVENING SESSION

17:40	Javelin Throw Dec	M	A
18:45	Javelin Throw Dec	M	B
19:30	High Jump	W	Final
19:35	800m	W	Final
19:50	5000m	M	Final
20:00	Discus Throw	M	Final
20:25	4 x 400m Relay	M	Final
20:40	4 x 400m Relay	W	Final
20:55	1500m Dec	M	Final
21:10	4 x 100m Relay	W	Final
21:20	4 x 100m Relay	M	Final



\*The location of each competition may be subject to change in the future due to changes in the competition management plan.

\*The seating area is subject to change depending on future venue set-up plans.