

RACE EMERGENCY MEDICINE COURSE BERLIN

BMW Berlin Marathon
Expo-Area, former City-Airport Berlin-Tempelhof
28 - 29 September 2024

Faculty

Paolo Emilio Adami, MD, PhD, Head of World Athletics Health & Science Department
Frédéric Garrandes, PhD, Scientific Manager of World Athletics Health & Science Department
Hugh Singe, Medical Director of Standard Chartered Singapore Marathon and Blackmores Sydney Marathon.
Chris Troyanos, ATC, Former Medical Director of Boston Marathon.

Saturday, 28 September

Workshops and Simulation Exercises

8:30 - 8:40	Welcome
8:40 - 8:50	Group Formation for Working Session
8:50 - 10:30	Event Medical Planning Working Session: <ul style="list-style-type: none">◦ Map Distribution◦ Medical Service Planning / Mass Casualty Prevention Planning / Rescue Procedures

Coffee break

11:00 - 12:00	Simulation with Select Scenarios and Case Studies
12:00 - 12:30	How to Prepare Event Medical Services

Lunch break

13:30 - 15:10	Practical Learning <ul style="list-style-type: none">◦ Round I: Exertional Heat Stroke & Heat-Related Illness◦ Round II: Exercise-Associated Collapse & Cardiac Arrest◦ Round III: Exertional Hyponatremia Management
15:10 - 15:40	Activity debrief and discussion
15:40 - 16:30	Evaluation of practical learning and preparation for Race Day

Sunday, 29 September

Race Day Observation

8:00 - 12:00 Schedule to be confirmed.
Course participants are invited to observe the Race Operations Center and the Medical Tents.
Special credentials will be provided.
This rotation will continue until each group has spent a total of three hours observing.

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