

Start list 100m Time: 17:54

Lane	Athlete	Nat	NR	PB	SB
1	Mark Otieno ODHIAMBO	KEN	9.77	10.05	10.32
2	Emmanuel MATADI	LBR	9.97	9.97	
3	Pablo MATEO	FRA	9.86	10.15	10.17
4	Kenneth BEDNAREK	USA	9.69	9.89	10.01
5	Ferdinand OMANYALA	KEN	9.77	9.77	
6	Arthur CISSÉ	CIV	9.93	9.93	
7	Jeremiah AZU	GBR	9.83	10.04	
8	Chituru ALI	ITA	9.80	10.12	

Records

WR	9.58	Usain BOLT	JAM	Berlin	16.08.09
AR	9.77	Ferdinand OMANYALA	KEN	Nairobi	18.09.21
NR	9.77	Ferdinand OMANYALA	KEN	Nairobi	18.09.21
WJR*	9.89	Issamade ASINGA	SUR	São Paulo	28.07.23
WJR	9.91	Letsile TEBOGO	BOT	Cali	02.08.22
MR	9.76	Trayvon BROMELL	USA		18.09.21
WL	9.99	Favour Oghene Tejiri ASHE	NGR	Gainesville, FL	30.03.24

2024 World list

9.99	+0.7	Favour Oghene Tejiri ASHE	NGR	Gainesville, FL (USA)	30.03.24
10.01	+1.7	Noah LYLES	USA	Gainesville, FL (USA)	13.04.24
10.01	+1.7	Kenneth BEDNAREK	USA	Gainesville, FL (USA)	13.04.24
10.01	-0.5	Akani SIMBINE	RSA	Pietermaritzburg (RSA)	19.04.24
10.02	+0.5	Abdul Hakim SANI BROWN	JPN	Coral Gables, FL (USA)	23.03.24
10.02	+1.8	Pjai AUSTIN	USA	Gainesville, FL (USA)	30.03.24
10.02	+1.7	Kyree KING	USA	Gainesville, FL (USA)	13.04.24
10.03	+1.9	Fred KERLEY	USA	Coral Gables, FL (USA)	16.03.24
10.06	+0.5	Zhenye XIE	CHN	Coral Gables, FL (USA)	23.03.24
10.07	+1.7	Joseph FAHNBULEH	LBR	Gainesville, FL (USA)	13.04.24
10.08	+0.8	Jiapeng CHEN	CHN	Gainesville, FL (USA)	13.04.24
10.08	+1.1	Omari LEWIS	TTO	Charlottesville, VA (USA)	13.04.24
10.09	+1.9	Taymir BURNET	NED	Potchefstroom (RSA)	14.02.24
10.09	+2.0	Kalen WALKER	USA	Tampa, FL (USA)	16.03.24
10.09	+1.4	Elijah HALL	USA	Houston, TX (USA)	06.04.24
10.10	+0.9	Emmanuel Ekanem CONSIDER	NGR	Lagos (NGR)	27.01.24
10.12	+1.9	Andrew HUDSON	USA	Coral Gables, FL (USA)	16.03.24
10.12	+0.1	Shaun MASWANGANYI	RSA	Gainesville, FL (USA)	13.04.24
10.12	+1.7	Ryiem FORDE	JAM	Gainesville, FL (USA)	13.04.24
10.13	+0.7	Claude Emmanuel ITOUNGUE BOGOGNIE	CMR	Yaoundé (CMR)	06.01.24

All-Time World list

9.58	+0.9	Usain BOLT	JAM	Berlin (GER)	16.08.09
9.69	+2.0	Tyson GAY	USA	Shanghai (CHN)	20.09.09
9.69	-0.1	Yohan BLAKE	JAM	Lausanne (SUI)	23.08.12
9.72	+0.2	Asafa POWELL	JAM	Lausanne (SUI)	02.09.08
9.74	+0.9	Justin GATLIN	USA	Doha (QAT)	15.05.15
9.76	+0.6	Christian COLEMAN	USA	Doha (QAT)	28.09.19
9.76	+1.2	Trayvon BROMELL	USA	Nairobi (KEN)	18.09.21
9.76	+1.4	Fred KERLEY	USA	Eugene, OR (USA)	24.06.22
9.77	+1.2	Ferdinand OMANYALA	KEN	Nairobi (KEN)	18.09.21
9.78	+0.9	Nesta CARTER	JAM	Rieti (ITA)	29.08.10
9.79	+0.1	Maurice GREENE	USA	Athina (GRE)	16.06.99
9.80	+1.3	Steve MULLINGS	JAM	Eugene, OR (USA)	04.06.11
9.80	+0.1	Lamont Marcell JACOBS	ITA	Tokyo (JPN)	01.08.21
9.82	+1.7	Richard THOMPSON	TTO	Port-of-Spain (TTO)	21.06.14
9.83	+0.9	Bingtian SU	CHN	Tokyo (JPN)	01.08.21
9.83	+0.9	Ronnie BAKER	USA	Tokyo (JPN)	01.08.21
9.83	+1.3	Zhamel HUGHES	GBR	New York, NY (USA)	24.06.23
9.83	0.0	Noah LYLES	USA	Budapest (HUN)	20.08.23
9.84	+0.7	Donovan BAILEY	CAN	Atlanta, GA (USA)	27.07.96
9.84	+0.2	Bruny SURIN	CAN	Sevilla (ESP)	22.08.99

WR progression

9.58	+0.9	Usain BOLT	JAM	Berlin (GER)	16.08.09
9.69	0.0	Usain BOLT	JAM	Beijing (CHN)	16.08.08
9.72	+1.7	Usain BOLT	JAM	New York, NY (USA)	31.05.08
9.74	+1.7	Asafa POWELL	JAM	Rieti (ITA)	09.09.07
9.77	+1.0	Asafa POWELL	JAM	Zürich (SUI)	18.08.06
9.77	+1.5	Asafa POWELL	JAM	Gateshead (GBR)	11.06.06
9.77	+1.6	Asafa POWELL	JAM	Athina (GRE)	14.06.05
9.79	+0.1	Maurice GREENE	USA	Athina (GRE)	16.06.99
9.84	+0.7	Donovan BAILEY	CAN	Atlanta, GA (USA)	27.07.96
9.85	+1.2	Leroy BURRELL	USA	Lausanne (SUI)	06.07.94
9.86	+1.2	Carl LEWIS	USA	Tokyo (JPN)	25.08.91
9.90	+1.9	Leroy BURRELL	USA	New York, NY (USA)	14.06.91
9.92	+1.1	Carl LEWIS	USA	Seoul (KOR)	24.09.88
9.93	+1.0	Carl LEWIS	USA	Roma (ITA)	30.08.87
9.93	+1.4	Calvin SMITH	USA	Air Force Academy (USA)	03.07.83
9.95	+0.3	Jim HINES	USA	Ciudad de México (MEX)	14.10.68
9.9h	+0.9	Charlie GREENE	USA	Sacramento, CA (USA)	20.06.68
9.9h	+0.8	Ronnie Ray SMITH	USA	Sacramento, CA (USA)	20.06.68

Medal Winners

2024 - African Games

1.	Emmanuel ESEME (CMR)	10.14
2.	Usheoritse ITSEKIRI (NGR)	10.23
3.	Gilbert HAINUCA (NAM)	10.29

2023 - World Athletics Ch., Budapest 2023

1.	Noah LYLES (USA)	9.83
2.	Letsile TEBOGO (BOT)	9.88
3.	Zhamel HUGHES (GBR)	9.88

2022 - World Athletics Ch., Oregon 2022

1.	Fred KERLEY (USA)	9.86
2.	Marvin BRACY-WILLIAMS (USA)	9.88
3.	Trayvon BROMELL (USA)	9.88

2022 - African Athletics Ch.

1.	Ferdinand OMANYALA (KEN)	9.93
2.	Akani SIMBINE (RSA)	9.93
3.	Henricho BRUINJIES (RSA)	10.01

2021 - The XXXII Olympic Games

1.	Lamont Marcell JACOBS (ITA)	9.80
2.	Fred KERLEY (USA)	9.84
3.	Andre DE GRASSE (CAN)	9.89

2019 - IAAF World Ch. in Athletics

1.	Christian COLEMAN (USA)	9.76
2.	Justin GATLIN (USA)	9.89
3.	Andre DE GRASSE (CAN)	9.90

2019 - African Games

1.	Raymond EKEVVO (NGR)	9.96
2.	Arthur CISSÉ (CIV)	9.97
3.	Usheoritse ITSEKIRI (NGR)	10.02

2017 - IAAF World Ch. in Athletics

1.	Justin GATLIN (USA)	9.92
2.	Christian COLEMAN (USA)	9.94
3.	Usain BOLT (JAM)	9.95

2016 - The XXXI Olympic Games

1.	Usain BOLT (JAM)	9.81
2.	Justin GATLIN (USA)	9.89
3.	Andre DE GRASSE (CAN)	9.91

2016 - Durban African Ch.

1.	Ben Youssef MEITÉ (CIV)	9.95
2.	Mosito LEHATA (LES)	10.04
3.	Akani SIMBINE (RSA)	10.05

Previous Winners

23	Ferdinand OMANYALA (KEN)	9.84
22	Ferdinand OMANYALA (KEN)	9.85
21	Trayvon BROMELL (USA)	9.76

Men's 100 Metres

Final

20.04.2024

1	Mark Otieno ODHIAMBO (KEN)	30y	SB: 10.32 Nairobi (KEN) 26.01	PB: 10.05 Nairobi (KEN) 17.06.2021
GENERAL: IAAF World Relays Silver medallist 4x200m (21) 3 times National champion 100m (18, 17), 200m (17) WA World Rankings: 319th				
OTHER PBs: 6.68 60m(24) - 6.68 60m(24) - 20.41 200m(17)				
HONOURS: NCH (3xWin)				
2024: 100m Nairobi (KEN) h 10.41w - 100m Nairobi (KEN) sf 10.32 - 60m Miramas (FRA) h 6.78 - 60m Beograd (SRB) h 6.68 - 60m Beograd (SRB) 5. 6.68 - 100m Pretoria (RSA) 3. 10.51 - 100m Johannesburg (RSA) 5. 10.38 - 100m Nairobi (KEN) 1. 10.35				
INFO: Based in Nairobi. Earlier played football. Also a Human Resources associate.				
2	Emmanuel MATADI (LBR)	33y	PB: 9.97 Memphis, TN (USA) 04.08.2023	
GENERAL: African Championships Bronze medallist 200m (16) All-African Games Bronze medallist 4x100m (24) WA World Rankings: 20th				
OTHER PBs: 6.52 60m(22) - 20.07 200m(23) - 21.13 200m sh(16)				
HONOURS: Afr. Ch. (1xBronze)				
2024: 60m Lubbock, TX (USA) 1. 6.63 - 60m Düsseldorf (GER) 1. 6.57 - 60m Düsseldorf (GER) h 6.56 - 60m Mondeville (FRA) h 6.62 - 60m Mondeville (FRA) 1. 6.53 - 60m Paris (FRA) h 6.62 - 60m Paris (FRA) 2. 6.57 - 60m Beograd (SRB) h 6.62 - 60m Beograd (SRB) 1. 6.54 - 60m Glasgow (GBR) h 6.60 - 60m Glasgow (GBR) sf 6.58 - 100m Austin, TX (USA) 2. 10.04w				
INFO: Born in Monrovia. To escape the Liberian civil war his family moved to the U.S. when he was a child; has two sisters. Studies: Minnesota State University. Major in Exercise Science. Earlier played American football. Established his own clothing brand. His idol is LBR footballer George Weah. Was the flag bearer of LBR at the opening ceremony of the Rio Olympics.				
3	Pablo MATEO (FRA)	23y	SB: 10.17 Tucson, AZ (USA) 16.03	PB: 10.15 Montreuil (FRA) 31.05.2023
GENERAL: European Championships Silver medallist 4x100m (22) World Championships finalist WA World Rankings: 64th				
OTHER PBs: 6.62 60m(24) - 20.03 200m(24) - 20.89 200m sh(24)				
HONOURS: Eur. U23 Ch. (1xBronze)				
2024: 200m sh Albuquerque, NM (USA) 1. 20.89 - 60m Albuquerque, NM (USA) h 6.65 - 60m Albuquerque, NM (USA) 3. 6.62 - 100m Tucson, AZ (USA) 1. 10.17 - 200m Tucson, AZ (USA) 1. 20.25 - 200m Austin, TX (USA) 1. 20.03 - 100m Austin, TX (USA) 1. 9.92w				
INFO: Born in Évry.				
4	Kenneth BEDNAREK (USA)	25y	SB: 10.01 Gainesville, FL (USA) 13.04	PB: 9.89 Eugene, OR (USA) 20.06.2021
GENERAL: Olympic Games Silver medallist 200m (21) Diamond League Final winner 200m (21)				
OTHER PBs: 19.68 200m(21) - 19.49ww 200m(19) - 20.30 200m sh(19)				
HONOURS: OG (1xSilver): 2. 200m Tokyo(21) 19.68 World Ch. (1xSilver): 2. 200m Eugene, OR(22) 19.77 - 5. 200m Budapest(23) 20.07 DF (1xWin)				
2024: 400m Orlando, FL (USA) 1. 46.00 - 400m Gainesville, FL (USA) 3. 46.20 - 200m Miramar, FL (USA) 1. 20.35 - 100m Gainesville, FL (USA) 1. 10.01				
INFO: Born in Tulsa, Oklahoma. Also played football at Rice Lake, was a wild receiver. Studies: Indian Hills Community College. So far only he and Isaac Makwala have ever run sub-20 and sub-45 on the same day; the 5th athlete to run sub 10 sec in the 100m, sub 20 sec in the 200m, and sub 45 sec in the 400m. Has a husky dog named Rambo and a goldendoodle, Coco. Interested in bobsledding. Nickname: Kung Fu Kenny; has a fraternal twin brother. Likes the music of Kendrick Lamar.				
5	Ferdinand OMANYALA (KEN)	28y	PB: 9.77 Nairobi (KEN) 18.09.2021	
GENERAL: 2 times African champion 100m (22), 4x100m (22) Commonwealth Games winner 100m (22) WA World Rankings: 3rd				
OTHER PBs: 6.51 60m(24) - 20.33 200m(22) Current Records: 1xAR: AR 9.77 100m Nairobi(21)				
HONOURS: World Ch. (1xFinal): 7. 100m Budapest(23) 10.07 Afr. Ch. (1xGold) CWG (1xGold)				
2024: 400m Nairobi (KEN) h 49.06 - 200m Nairobi (KEN) h 20.46 - 60m Miramas (FRA) h 6.62 - 60m Miramas (FRA) 1. 6.52 - 60m Paris (FRA) h 6.57 - 60m Paris (FRA) 1. 6.51 - 60m Glasgow (GBR) 4. 6.56 - 60m Glasgow (GBR) h 6.52 - 60m Glasgow (GBR) sf 6.52 - 200m Nairobi (KEN) 1. 20.80				
INFO: Born in Nairobi. In Tokyo, he became the first Kenyan to qualify for the Olympic 100m SF (2021) Nickname: Ferdi. Earlier played rugby. Chemistry studies at University of Nairobi. Member of Kenya Police. His sporting hero is Yohan Blake. Has a child Quinton Finn. Also does modeling. Motto: "You should never give up. Keep up the hard work, it will pay off".				
6	Arthur CISSÉ (CIV)	27y	PB: 9.93 Leverkusen (GER) 24.07.2019	
GENERAL: All-African Games winner 4x100m (15) 2 times Francophone Games winner 4x100m (23, 17) WA World Rankings: 48th				
OTHER PBs: 6.53 60m(19) - 6.53 60m(22) - 15.15 150m(20) Current Records: 1xNBP: NBP 15.15 150m Ostrava(20)				
HONOURS: All-Afr. G. (1xSilver) Franc. G. (2xSilver, 1xBronze)				
2024: 60m Łódź (POL) h 6.63 - 60m Łódź (POL) 4. 6.62 - 60m Miramas (FRA) h 6.66 - 60m Miramas (FRA) 3. 6.62 - 60m Düsseldorf (GER) 6. 6.69 - 60m Düsseldorf (GER) h 6.60 - 200m Nairobi (KEN) 3. 21.36				
INFO: Born in Man. 131st man to break the 10-sec barrier in the 100m. Earlier played football. His idol is Tyson Gay. Has trained with Marie-Josée Ta Lou. Advice: Always be humble and respect the opponents.				
7	Jeremiah AZU (GBR)	22y	PB: 10.04 Espoo (FIN) 13.07.2023	
GENERAL: European champion 4x100m (22) European Championships Bronze medallist 100m (22) WA World Rankings: 24th				
OTHER PBs: 6.56 60m(22) - 15.33 150m(24) - 21.25 200m sh(19)				
HONOURS: Eur. Ch. (1xBronze): 3. 100m München(22) 10.13 Eur. Team Ch. (1xBronze)				
2024: 60m Ostrava (CZE) h 6.66 - 60m Ostrava (CZE) 4. 6.64 - 60m Düsseldorf (GER) 4. 6.62 - 60m Düsseldorf (GER) h 6.59 - 60m Toruń (POL) h 6.58 - 60m Toruń (POL) 1. 6.57 - 60m Paris (FRA) h 6.59 - 60m Paris (FRA) 3. 6.59 - 60m Birmingham (GBR) sf 6.62 - 60m Birmingham (GBR) 1. 6.60 - 60m Berlin (GER) h 6.60 - 150m Milano (ITA) 1. 15.33				
INFO: Hometown: Cardiff. In 2022 he became the 1st Welsh 100m UK champion for 53 years. Loves football; his sporting heroes are Usain Bolt and Christian Coleman. On Sundays, he sings in his family's church. Likes Netflix and PlayStation. He is of Ghanaian descent. Nickname: Jez.				
8	Chituru ALI (ITA)	25y	PB: 10.12 München (GER) 16.08.2022	
GENERAL: World Indoor Championships finalist European Championships finalist				
OTHER PBs: 6.53 60m(24) - 15.17 150m(22) - 20.64 200m(22)				
HONOURS: NICH (1xWin)				
2024: 60m Łódź (POL) h 6.63 - 60m Łódź (POL) 5. 6.63 - 60m Ancona (ITA) h 6.67 - 60m Ancona (ITA) 1. 6.57 - 60m Glasgow (GBR) 8. 8.00 - 60m Glasgow (GBR) h 6.59 - 60m Glasgow (GBR) sf 6.53 - 150m Firenze (ITA) 2. 15.20				
INFO: Born in Como. Finance and Marketing studies. Likes listening to music and martial arts.				

Start list

Lane	Athlete	Nat	NR	PB	SB
1	Samuel Chege WAWERU	KEN	20.14	20.73	20.73
2	Eseosa Fostine DESALU	ITA	19.72	20.13	20.40
3	Claude Emmanuel ITOUNGUE BOGOGNIE	CMR	20.31	20.31	20.31
4	William REAIS	SUI	19.98	20.24	
5	Micaiah HARRIS	USA	19.31	20.09	20.84
6	Letsile TEBOGO	BOT	19.50	19.50	19.94
7	Courtney LINDSEY	USA	19.31	19.85	19.88
8	Dorian CAMEL	USA	19.31	20.00	21.36

Medal Winners

2024 - African Games

1.	Joseph Paul AMOAH (GHA)	20.70
2.	Claude Emmanuel ITOUNGUE BOGOGNIE (CMR)	20.74
3.	Emmanuel Ekanem CONSIDER (NGR)	20.80

2023 - World Athletics Ch., Budapest 2023

1.	Noah LYLES (USA)	19.52
2.	Erriyon KNIGHTON (USA)	19.75
3.	Letsile TEBOGO (BOT)	19.81

2022 - World Athletics Ch., Oregon 2022

1.	Noah LYLES (USA)	19.31
2.	Kenneth BEDNAREK (USA)	19.77
3.	Erriyon KNIGHTON (USA)	19.80

2022 - African Athletics Ch.

1.	Letsile TEBOGO (BOT)	20.26
2.	Emmanuel ESEME (CMR)	20.61
3.	Clarence MUNYAI (RSA)	20.69

2021 - The XXXII Olympic Games

1.	Andre DE GRASSE (CAN)	19.62
2.	Kenneth BEDNAREK (USA)	19.68
3.	Noah LYLES (USA)	19.74

2019 - IAAF World Ch. in Athletics

1.	Noah LYLES (USA)	19.83
2.	Andre DE GRASSE (CAN)	19.95
3.	Alex QUIÑÓNEZ (ECU)	19.98

2019 - African Games

1.	Sydney SIAME (ZAM)	20.35
2.	Divine ODUDURU (NGR)	20.54
3.	Anaso JOBODWANA (RSA)	20.56

2017 - IAAF World Ch. in Athletics

1.	Ramil GULIYEV (TUR)	20.09
2.	Wayde VAN NIEKERK (RSA)	20.11
3.	Jereem RICHARDS (TTO)	20.11

2016 - The XXXI Olympic Games

1.	Usain BOLT (JAM)	19.78
2.	Andre DE GRASSE (CAN)	20.02
3.	Christophe LEMAITRE (FRA)	20.12

2016 - Durban African Ch.

1.	Wayde VAN NIEKERK (RSA)	20.02
2.	Adama JAMMEH (GAM)	20.45
3.	Emmanuel MATADI (LBR)	20.55

Previous Winners

23	Aaron BROWN (CAN)	20.12
22	Aaron BROWN (CAN)	20.05
21	Fred KERLEY (USA)	19.76
20	Sinespho DAMBILE (RSA)	20.44

Records

WR	19.19	Usain BOLT	JAM	Berlin	20.08.09
AR	19.50	Letsile TEBOGO	BOT	London	23.07.23
NR	20.14	Carvin NKANATA	KEN	Clermont, FL	18.04.15
WJR	19.69	Erriyon KNIGHTON	USA	Eugene, OR	26.06.22
MR	19.76	Fred KERLEY	USA		18.09.21
WL	19.88	Courtney LINDSEY	USA	Gainesville, FL	12.04.24

2024 World list

19.88	+1.6	Courtney LINDSEY	USA	Gainesville, FL (USA)	12.04.24
19.90	+1.9	Tarsis Gracious OROGOT	UGA	Gainesville, FL (USA)	12.04.24
19.94	-1.2	Letsile TEBOGO	BOT	Johannesburg (RSA)	27.03.24
20.03	+2.0	Pablo MATEO	FRA	Austin, TX (USA)	30.03.24
20.06	+1.6	Joseph FAHNBULLEH	LBR	Gainesville, FL (USA)	12.04.24
20.15	+1.6	Zhenye XIE	CHN	Gainesville, FL (USA)	12.04.24
20.17	+1.9	Oblique SEVILLE	JAM	Kingston (JAM)	16.03.24
20.18	+2.0	Ryan ZEZE	FRA	Austin, TX (USA)	30.03.24
20.21		Erriyon KNIGHTON	USA	Liévin (FRA) (i)	10.02.24
20.21		Terrence JONES	BAH	Lubbock, TX (USA) (i)	24.02.24
20.23	+1.1	Makanakaisha CHARAMBA	ZIM	Tallahassee, FL (USA)	22.03.24
20.23	+1.1	Cheickna TRAORE	CIV	Gainesville, FL (USA)	29.03.24
20.25	+1.7	Jordan WARE	USA	Coral Gables, FL (USA)	16.03.24
20.26	+1.6	Alexander OGANDO	DOM	Gainesville, FL (USA)	29.03.24
20.29		Tapiwanashe MAKARAWU	ZIM	Lubbock, TX (USA) (i)	13.01.24
20.29		Wanya MCCOY	BAH	Fayetteville, AR (USA) (i)	24.02.24
20.29	+1.4	Benjamin RICHARDSON	RSA	Pretoria (RSA)	23.03.24
20.29	+1.6	Robert GREGORY	USA	Gainesville, FL (USA)	12.04.24
20.30	0.0	Taymir BURNET	NED	Potchefstroom (RSA)	14.02.24
20.30	+1.8	Kennedy LIGHTNER	USA	Gainesville, FL (USA)	12.04.24

All-Time World list

19.19	-0.3	Usain BOLT	JAM	Berlin (GER)	20.08.09
19.26	+0.7	Yohan BLAKE	JAM	Bruxelles (BEL)	16.09.11
19.31	+0.4	Noah LYLES	USA	Eugene, OR (USA)	21.07.22
19.32	+0.4	Michael JOHNSON	USA	Atlanta, GA (USA)	01.08.96
19.49	+1.4	Erriyon KNIGHTON	USA	Baton Rouge, LA (USA)	30.04.22
19.50	+1.6	Letsile TEBOGO	BOT	London (GBR)	23.07.23
19.53	+0.7	Walter DIX	USA	Bruxelles (BEL)	16.09.11
19.57	+0.4	Justin GATLIN	USA	Eugene, OR (USA)	28.06.15
19.58	+1.3	Tyson GAY	USA	New York, NY (USA)	30.05.09
19.62	-0.5	Andre DE GRASSE	CAN	Tokyo (JPN)	04.08.21
19.63	+0.4	Xavier CARTER	USA	Lausanne (SUI)	11.07.06
19.63	+1.2	Reynier MENA	CUB	La Chaux-de-Fonds (SUI)	03.07.22
19.65	0.0	Wallace SPEARMON	USA	Daegu (KOR)	28.09.06
19.68	+0.4	Frank FREDERICKS	NAM	Atlanta, GA (USA)	01.08.96
19.68	-0.5	Kenneth BEDNAREK	USA	Tokyo (JPN)	04.08.21
19.69	-0.5	Clarence MUNYAI	RSA	Pretoria (RSA)	16.03.18
19.70	+0.7	Michael NORMAN	USA	Roma (ITA)	06.06.19
19.72	+1.8	Pietro MENNEA	ITA	Ciudad de México (MEX)	12.09.79
19.73	-0.2	Michael MARSH	USA	Barcelona (ESP)	05.08.92
19.73	+0.8	Divine ODUDURU	NGR	Austin, TX (USA)	07.06.19

WR progression

19.19	-0.3	Usain BOLT	JAM	Berlin (GER)	20.08.09
19.30	-0.9	Usain BOLT	JAM	Beijing (CHN)	20.08.08
19.32	+0.4	Michael JOHNSON	USA	Atlanta, GA (USA)	01.08.96
19.66	+1.7	Michael JOHNSON	USA	Atlanta, GA (USA)	23.06.96
19.72	+1.8	Pietro MENNEA	ITA	Ciudad de México (MEX)	12.09.79
19.8h	+1.3	Don QUARRIE	JAM	Eugene, OR (USA)	07.06.75
19.86	+1.0	Don QUARRIE	JAM	Calí (COL)	03.08.71
19.83	+0.9	Tommie SMITH	USA	Ciudad de México (MEX)	16.10.68
20.0h	0.0	Tommie SMITH	USA	Sacramento, CA (USA)	11.06.66
20.2h	+0.5	Henry CARR	USA	Tempe, AZ (USA)	04.04.64
20.3h	-0.1	Henry CARR	USA	Tempe, AZ (USA)	23.03.63
20.5h	-1.1	Otis Paul DRAYTON	USA	Walnut, CA (USA)	23.06.62
20.5h	0.0	Livio BERRUTI	ITA	Roma (ITA)	03.09.60
20.5h		Livio BERRUTI	ITA	Roma (ITA)	03.09.60
20.5h	0.0	Ray NORTON	USA	Palo Alto, CA (USA)	02.07.60
20.5h		Stone JOHNSON	USA	Palo Alto, CA (USA)	02.07.60
20.5h		Peter RADFORD	GBR	Wolverhampton (GBR)	28.05.60
20.6h		Ray NORTON	USA	Philadelphia, PA (USA)	23.04.60
20.6h	-1.6	Ray NORTON	USA	Berkeley, CA (USA)	19.03.60

Men's 200 Metres

Final

20.04.2024

1	Samuel Chege WAWERU (KEN)	26y	SB and PB: 20.73 Nairobi (KEN) 06.03
GENERAL: 2 times All-African Games finalist WA World Rankings: 194th			
OTHER PBs: 10.39 100m(19) - 10.54 100m(24) - 10.2h 100m(22)			
HONOURS:			
2024: 100m Nairobi (KEN) sf 10.54 - 200m Nairobi (KEN) h 21.04 - 200m Nairobi (KEN) 1. 21.07 - 200m Nairobi (KEN) h 20.75 - 200m Nairobi (KEN) sf 20.79 - 200m Nairobi (KEN) 1. 20.64w - 200m Nairobi (KEN) h 20.77w - 200m Nairobi (KEN) 1. 20.73 - 200m Accra (GHA) AfG h 21.14 - 200m Accra (GHA) AfG sf 21.02 - 200m Accra (GHA) AfG 8. 21.35 - 200m Nairobi (KEN) 1. 21.01			
INFO: Motto: "Dream it. Believe it."			
2	Eseosa Fostine DESALU (ITA)	30y	SB: 20.40 Potchefstroom (RSA) 14.02 PB: 20.13 Berlin (GER) 09.08.2018
GENERAL: Olympic champion 4x100m (21) IAAF World Relays winner 4x100m (21) WA World Rankings: 72nd			
OTHER PBs: 10.21 100m(22) - 15.07 150m(22) - 32.28 300m(14) Current Records: 1xNBP: NBP 15.07 150m Milano(22)			
HONOURS: Eur. Team Ch. (1xGold, 1xSilver) World Mil. G. (1xWin) NCH (3xWin)			
2024: 100m Potchefstroom (RSA) 2. 10.33 - 200m Potchefstroom (RSA) 2. 20.40 - 200m Potchefstroom (RSA) 2. 20.70			
INFO: Born in Casalmaggiore. Family has Nigerian origin. Member of the sports club of Italy's Police Force. 1st Italian to win a 200m race event of the DL (2020) Earlier played football. Looks up to Andrew Howe. Nickname: Fausto.			
3	Claude Emmanuel ITOUNGUE BOGOGNIE (CMR)	20y	SB and PB: 20.31 Yaoundé (CMR) 07.01
GENERAL: All-African Games Silver medallist 200m (24) WA World Rankings: 91st			
OTHER PBs: 10.13 100m(24) Current Records: 1x=NR: =NR= 20.31 200m Yaoundé(24)			
HONOURS: All-Afr. G. (1xSilver)			
2024: 100m Yaoundé (CMR) h 10.23 - 100m Yaoundé (CMR) 1. 10.13 - 200m Yaoundé (CMR) h 20.54 - 200m Yaoundé (CMR) 1. 20.31 - 100m Yaoundé (CMR) 2. 10.40 - 100m Yaoundé (CMR) h 10.39 - 100m Bafoussam (CMR) 2. 10.50 - 100m Accra (GHA) AfG h 10.37 - 200m Accra (GHA) AfG h 20.97 - 200m Accra (GHA) AfG sf 20.82 - 200m Accra (GHA) AfG 2. 20.74 - 100m Yaoundé (CMR) 1. 10.30			
4	William REAIS (SUI)	24y	PB: 20.24 Basel (SUI) 12.09.2020
GENERAL: European U23 champion 200m (21) European Championships finalist WA World Rankings: 34th			
OTHER PBs: 10.20 100m(21) - 15.28 150m(20) - 20.97 200m sh(21)			
HONOURS: Eur. U23 Ch. (1xGold) NCH (4xWin) NICH (4xWin)			
INFO: Based in Graubünden. Earlier played football.			
5	Micaiah HARRIS (USA)	25y	SB: 20.84 Lynchburg, VA (USA) 10.02 PB: 20.09 Austin, TX (USA) 05.06.2019
GENERAL: NACAC U23 Championships Bronze medallist 200m (19)			
OTHER PBs: 9.93ww 100m(22) - 10.18 100m(22) - 20.38 200m sh(21)			
HONOURS: NACAC U23 Ch. (1xBronze)			
2024: 60m Lynchburg, VA (USA) sf 6.80 - 60m Lynchburg, VA (USA) 3. 6.75 - 200m sh Lynchburg, VA (USA) 1. 20.84 - 200m Austin, TX (USA) 4. 20.55w - 100m Austin, TX (USA) 5. 10.17w			
INFO: Hometown: Virginia Beach. Studies: University of Texas at Austin. Major in African & African Diaspora studies. Has been owning and operating a clothing company too.			
6	Letsile TEBOGO (BOT)	20y	SB: 19.94 Johannesburg (RSA) 27.03 PB: 19.50 London (GBR) 23.07.2023
GENERAL: World Championships Silver medallist 100m (23) World Championships Bronze medallist 200m (23) WA World Rankings: 3rd			
OTHER PBs: 9.88 100m(23) - 30.69 300m(24) - 44.29 400m(24) Current Records: 1xWU20R: WU20R 9.91 100m Cali(22) 1xAR: AR 19.50 200m London(23) 1xAU20R: AU20R 19.96 200m Cali(22) 1xWBP: WBP 30.69 300m Pretoria(24)			
HONOURS: World Ch. (1xSilver, 1xBronze): 2. 100m Budapest(23) 9.88 - 3. 200m Budapest(23) 19.81 World U20 Ch. (2xGold, 2xSilver) Afr. Ch. (1xGold)			
2024: 300m Pretoria (RSA) 1. 30.69 - 400m Pretoria (RSA) 1. 44.29 - 200m Johannesburg (RSA) 1. 19.94			
INFO: Born in Kanye. Nickname: Schoolboy. Earlier played football. Botswana's first U20 world champion in the 100m. In 2022 became the youngest African champion in the 200m ever. Likes listening to traditional BOT songs. Admires Usain Bolt.			
7	Courtney LINDSEY (USA)	25y	SB: 19.88 Gainesville, FL (USA) 12.04 PB: 19.85 Eugene, OR (USA) 09.07.2023
GENERAL: NCAA champion 100m (23) WA World Rankings: 14th			
OTHER PBs: 6.58 60m(23) - 9.89 100m(23) - 20.13 200m sh(23)			
HONOURS: NCAA Ch. (1xWin)			
2024: 100m Miramar, FL (USA) h 10.32 - 100m Miramar, FL (USA) 1. 10.28 - 200m Gainesville, FL (USA) 1. 19.88			
INFO: Hometown: Rock Island. Studies: Texas Tech University. Earlier was involved in boxing.			
8	Dorian CAMEL (USA)	25y	SB: 21.36 Miramar, FL (USA) 06.04 PB: 20.00 Baton Rouge, LA (USA) 30.04.2022
GENERAL: NCAA champion 4x100m (23) WA World Rankings: 106th			
OTHER PBs: 6.62 60m(22) - 10.11 100m(22) - 20.90 200m sh(22)			
2024: 60m Baton Rouge, LA (USA) h 6.81 - 60m Baton Rouge, LA (USA) 5. 6.80 - 300m Coral Gables, FL (USA) 4. 33.09 - 100m Coral Gables, FL (USA) 6. 10.34 - 200m Baton Rouge, LA (USA) 6. 21.12w - 200m Baton Rouge, LA (USA) 2. 21.10w - 100m Baton Rouge, LA (USA) 9. 10.37 - 100m Miramar, FL (USA) h 10.80 - 200m Miramar, FL (USA) 6. 21.36			
INFO: Hometown: Baton Rouge. Studies: Louisiana State University.			

Start list

400m

Time: 15:30

Lane	Athlete	Nat	NR	PB	SB
1	Kennedy Kimeu MUTHOKI	KEN	44.18	45.51	45.84
2	Daegwan BUTLER	USA	43.18	45.53	46.49
3	Leungo SCOTCH	BOT	43.72	44.82	45.39
4	Bayapo NDORI	BOT	43.72	44.61	45.16
5	Zablon Ekhal EKWAM	KEN	44.18	45.19	45.19
6	Bryce DEADMON	USA	43.18	44.22	45.20
7	Gilles BIRON	FRA	44.46	45.05	
8	Tumo Statago VAN WYK	BOT	43.72	45.79	45.79

Records

WR	43.03	Wayde VAN NIEKERK	RSA	Rio de Janeiro	14.08.16
AR	43.03	Wayde VAN NIEKERK	RSA	Rio de Janeiro	14.08.16
NR	44.18	Samson KITUR	KEN	Barcelona	03.08.92
WJR	43.87	Steve LEWIS	USA	Seoul	28.09.88
MR	44.25	Muzala SAMUKONGA	ZAM		13.05.23
WL	44.29	Letsile TEBOGO	BOT	Pretoria	18.03.24

2024 World list

44.29	Letsile TEBOGO	BOT	Pretoria (RSA)	18.03.24
44.49	Christopher MORALES-WILLIAMS	CAN	Fayetteville, AR (USA) (i)	24.02.24
44.52	Matheus LIMA	BRA	São Paulo (BRA)	02.03.24
44.91	Auhmad ROBINSON	USA	Boston, MA (USA) (i)	07.03.24
45.02	Khaleb MCRAE	USA	Albuquerque, NM (USA) (i)	03.02.24
45.06	Chidi OKEZIE	NGR	Accra (GHA)	20.03.24
45.13	Lythe PILLAY	RSA	Pretoria (RSA)	22.03.24
45.16	Bayapo NDORI	BOT	Pretoria (RSA)	10.02.24
45.16	Lucas CARVALHO	BRA	Bragança Paulista (BRA)	06.04.24
45.18	Eugene OMALLA	UGA	Lubbock, TX (USA) (i)	23.02.24
45.19	Wilson QUINCY	USA	Gainesville, FL (USA)	29.03.24
45.19	Zablon Ekhal EKWAM	KEN	Nairobi (KEN)	06.04.24
45.20	Busang Collen KEBINATSHIPI	BOT	Pretoria (RSA)	24.02.24
45.20	Bryce DEADMON	USA	Gainesville, FL (USA)	13.04.24
45.20	Judson LINCORN	USA	Gainesville, FL (USA)	13.04.24
45.21	Jevaughn POWELL	JAM	Gainesville, FL (USA)	13.04.24
45.23	Brian HERRON	USA	Lubbock, TX (USA) (i)	23.02.24
45.23	Matthew BOLING	USA	Gainesville, FL (USA)	13.04.24
45.24	William JONES	USA	Fayetteville, AR (USA) (i)	27.01.24
45.25	Alexander DOOM	BEL	Glasgow (GBR) (i)	02.03.24

All-Time World list

43.03	Wayde VAN NIEKERK	RSA	Rio de Janeiro (BRA)	14.08.16
43.18	Michael JOHNSON	USA	Sevilla (ESP)	26.08.99
43.29	Butch REYNOLDS	USA	Zürich (SUI)	17.08.88
43.45	Jeremy WARINER	USA	Osaka (JPN)	31.08.07
43.45	Michael NORMAN	USA	Torrance, CA (USA)	20.04.19
43.48	Steven GARDINER	BAH	Doha (QAT)	04.10.19
43.50	Quincy WATTS	USA	Barcelona (ESP)	05.08.92
43.64	Fred KERLEY	USA	Des Moines, IA (USA)	27.07.19
43.65	LaShawn MERRITT	USA	Beijing (CHN)	26.08.15
43.70	Champion ALLISON	USA	Eugene, OR (USA)	25.06.22
43.72	Isaac MAKWALA	BOT	La Chau-de-Fonds (SUI)	05.07.15
43.74	Kirani JAMES	GRN	Lausanne (SUI)	03.07.14
43.81	Danny EVERETT	USA	New Orleans, LA (USA)	26.06.92
43.85	Randolph ROSS	USA	Eugene, OR (USA)	11.06.21
43.86	Lee EVANS	USA	Ciudad de México (MEX)	18.10.68
43.87	Steve LEWIS	USA	Seoul (KOR)	28.09.88
43.91	Muzala SAMUKONGA	ZAM	Gaborone (BOT)	29.04.23
43.93	Youssef Ahmed MASRAHI	KSA	Beijing (CHN)	23.08.15
43.93	Rusheen MCDONALD	JAM	Beijing (CHN)	23.08.15
43.93	Anthony José ZAMBRANO	COL	Tokyo (JPN)	02.08.21

WR progression

43.03	Wayde VAN NIEKERK	RSA	Rio de Janeiro (BRA)	14.08.16
43.18	Michael JOHNSON	USA	Sevilla (ESP)	26.08.99
43.29	Butch REYNOLDS	USA	Zürich (SUI)	17.08.88
43.86	Lee EVANS	USA	Ciudad de México (MEX)	18.10.68
44.1h	Larry JAMES	USA	Echo Summit (USA)	14.09.68
44.5h	Tommie SMITH	USA	San José (USA)	20.05.67
44.9h	Mike LARRABEE	USA	Los Angeles, CA (USA)	12.09.64
44.9h	Adolph PLUMMER	USA	Tempe, AZ (USA)	25.05.63
44.9h	Carl KAUFMANN	FRG	Roma (ITA)	06.09.60
44.9h	Otis DAVIS	USA	Roma (ITA)	06.09.60
45.2h	Lou JONES	USA	Los Angeles, CA (USA)	30.06.56
45.4h	Lou JONES	USA	Ciudad de México (MEX)	18.03.55
45.8h	George RHODEN	JAM	Eskilstuna (SWE)	22.08.50
45.9h	Herb MCKENLEY	JAM	Milwaukee, WI (USA)	02.07.48
46.0h	Herb MCKENLEY	JAM	Berkeley, CA (USA)	05.06.48
46.0h	Grover KLEMMER	USA	Philadelphia, PA (USA)	29.06.41
46.0h	Rudolf HARBIG	GER	Frankfurt (GER)	12.08.39
46.1h	Archie WILLIAMS	USA	Chicago, IL (USA)	19.06.36
46.2h	Bill CARR	USA	Los Angeles, CA (USA)	05.08.32

Medal Winners

2024 - African Games

- Chidi OKEZIE (NGR) 45.06
- Muzala SAMUKONGA (ZAM) 45.37
- Cheikh Tidiane DIOUF (SEN) 45.49

2023 - World Athletics Ch., Budapest 2023

- Antonio WATSON (JAM) 44.22
- Matthew HUDSON-SMITH (GBR) 44.31
- Quincy HALL (USA) 44.37

2022 - World Athletics Ch., Oregon 2022

- Michael NORMAN (USA) 44.29
- Kirani JAMES (GRN) 44.48
- Matthew HUDSON-SMITH (GBR) 44.66

2022 - African Athletics Ch.

- Muzala SAMUKONGA (ZAM) 45.31
- Bayapo NDORI (BOT) 45.35
- Mohamed Fares JLASSI (TUN) 45.54

2021 - The XXXII Olympic Games

- Steven GARDINER (BAH) 43.85
- Anthony José ZAMBRANO (COL) 44.08
- Kirani JAMES (GRN) 44.19

2019 - IAAF World Ch. in Athletics

- Steven GARDINER (BAH) 43.48
- Anthony José ZAMBRANO (COL) 44.15
- Fred KERLEY (USA) 44.17

2019 - African Games

- Leungo SCOTCH (BOT) 45.27
- Thapelo PHORA (RSA) 45.59
- Chidi OKEZIE (NGR) 45.61

2017 - IAAF World Ch. in Athletics

- Wayde VAN NIEKERK (RSA) 43.98
- Steven GARDINER (BAH) 44.41
- Abdalelah HAROUN (QAT) 44.48

2016 - The XXXI Olympic Games

- Wayde VAN NIEKERK (RSA) 43.03
- Kirani JAMES (GRN) 43.76
- LaShawn MERRITT (USA) 43.85

2016 - Durban African Ch.

- Baboloki THEBE (BOT) 44.69
- Karabo SIBANDA (BOT) 45.42
- Chidi OKEZIE (NGR) 45.76

Previous Winners

- 23 Muzala SAMUKONGA (ZAM) 44.25
- 20 Jared Nyambweke MOMANYI (KEN) 46.12

1	Kennedy Kimeu MUTHOKI (KEN)	21y	SB: 45.84 Nairobi (KEN) 05.03	PB: 45.51 Nairobi (KEN) 08.07.2023
GENERAL: All-African Games Bronze medallist 4x400m (24) World U20 Championships Bronze medallist 4x400m (21) WA World Rankings: 140th				
HONOURS:				
2024: 400m Potchefstroom (RSA) 3. 46.26 - 400m Nairobi (KEN) h 45.84 - 400m Nairobi (KEN) 1. 45.87 - 400m Accra (GHA) AfG h 46.30 - 400m Accra (GHA) AfG sf 46.39 - 400m Nairobi (KEN) 1. 47.16				
2	Daeqwan BUTLER (USA)		SB: 46.49 Miramar, FL (USA) 06.04	PB: 45.53 Gainesville, FL (USA) 16.04.2022
WA World Rankings: 306th				
OTHER PBs: 21.71 200m sh(19) - 33.52 300m sh(17) - 46.45 400m sh(23)				
2024: 400m Miramar, FL (USA) 6. 46.49				
INFO: Hometown: Fort Lauderdale. Studies: Florida State University. Interested in Computer Science.				
3	Leungo SCOTCH (BOT)	28y	SB: 45.39 Gaborone (BOT) 17.02	PB: 44.82 Genève (SUI) 10.06.2023
GENERAL: 2 times All-African Games winner 400m (19), 4x400m (19) 2 times All-African Games Silver medallist 4x400m (24), 4x400m (24) WA World Rankings: 13th				
OTHER PBs: 10.49 100m(22) - 20.95 200m(20) - 1:50.09 800m(22)				
HONOURS: All-Afr. G. (1xGold) NCH (2xWin)				
2024: 400m Pretoria (RSA) 1. 46.25 - 400m Gaborone (BOT) 1. 45.39				
INFO: Hometown: Gaborone. Former BOT Male Sports Person of the Year. Earlier played football.				
4	Bayapo NDORI (BOT)	24y	SB: 45.16 Pretoria (RSA) 10.02	PB: 44.61 Gaborone (BOT) 04.03.2023
GENERAL: Olympic Games Bronze medallist 4x400m (21) 2 times World Championships finalist WA World Rankings: 15th				
OTHER PBs: 20.85 200m(22) - 31.95 300m(24) Current Records: 1xAR: AR 2:57.27 4x400m Tokyo(21)				
HONOURS: World Ch. (1xFinal): 6. 400m Eugene, OR(22) 45.29 Afr. Ch. (1xSilver)				
2024: 400m Pretoria (RSA) 1. 45.16 - 300m Pretoria (RSA) 3. 31.95				
INFO: Hometown: Gaborone.				
5	Zablon Ekhal EKWAM (KEN)	26y	SB and PB: 45.19 Nairobi (KEN) 06.04	
GENERAL: World Indoor Championships finalist 4x400m (i) (24) National champion 400m (23) WA World Rankings: 106th				
OTHER PBs: 20.75 200m(24) Current Records: 1xAR: AR 3:06.71 4x400m sh Glasgow(24)				
HONOURS: NCH (1xWin)				
2024: 200m Nairobi (KEN) h 21.41 - 200m Nairobi (KEN) 1. 20.93 - 200m Nairobi (KEN) h 20.75 - 200m Nairobi (KEN) sf 20.97 - 400m Nairobi (KEN) 1. 45.19				
6	Bryce DEADMON (USA)	27y	SB: 45.20 Gainesville, FL (USA) 13.04	PB: 44.22 Eugene, OR (USA) 08.07.2023
GENERAL: Olympic champion 4x400m (21) World champion 4x400m (22) WA World Rankings: 10th				
OTHER PBs: 20.92 200m sh(24) - 32.73 300m sh(21) - 45.22 400m sh(21)				
HONOURS: NACAC Ch. (1xBronze) NCH (1xWin)				
2024: 60m College Station, TX (USA) h 6.74 - 60m College Station, TX (USA) 4. 6.72 - 200m sh College Station, TX (USA) 1. 20.92 - 400m sh Albuquerque, NM (USA) h 45.64 - 400m sh Albuquerque, NM (USA) 6. 46.60 - 200m Houston, TX (USA) 2. 21.11 - 100m Waco, TX (USA) 3. 10.52 - 200m Gainesville, FL (USA) 1. 20.97 - 400m Gainesville, FL (USA) 1. 45.20				
INFO: Hometown: Missouri City. Marketing studies at Texas A&M University. Likes reading and drawing. One of the proudest moments: participation at the Tokyo Olympics.				
7	Gilles BIRON (FRA)	29y	PB: 45.05 San Salvador (ESA) 04.07.2023	
GENERAL: World Championships Silver medallist 4x400m (23) European Championships Bronze medallist 4x400m (22) WA World Rankings: 20th				
OTHER PBs: 21.20 200m sh(22) - 33.26 300m(20) - 46.11 400m sh(23)				
HONOURS: NCH (1xWin) NICH (1xWin)				
INFO: Born in Schoelcher. Geography studies at University of the French Antilles. Earlier has been a swimmer. Likes cooking and reading.				
8	Tumo Statago VAN WYK (BOT)	21y	SB and PB: 45.79 Potchefstroom (RSA) 14.03	
GENERAL: National champion 100m (22) WA World Rankings: 197th				
OTHER PBs: 20.58ww 200m(24) - 20.88 200m(23) - 32.66 300m(24)				
HONOURS: NCH (1xWin)				
2024: 100m Pretoria (RSA) 2. 10.68 - 400m Pretoria (RSA) 1. 47.39 - 300m Pretoria (RSA) 8. 32.66 - 100m Potchefstroom (RSA) 2. 10.61 - 200m Potchefstroom (RSA) 2. 21.19 - 400m Pretoria (RSA) 1. 45.95 - 100m Potchefstroom (RSA) 1. 10.41 - 200m Potchefstroom (RSA) 1. 20.58w - 400m Potchefstroom (RSA) 1. 45.79 - 400m Pretoria (RSA) 3. 46.05 - 100m Johannesburg (RSA) 2. 10.52 - 400m Johannesburg (RSA) 4. 46.67				

Start list

800m

Time: 17:31

Lane	Athlete	Nat	NR	PB	SB
1	Nicholas Kiplangat KEBENEI	KEN	1:40.91	1:44.84	1:46.84
2-1	Tumo NKAPE	BOT	1:41.73	1:46.04	1:46.04
2-2	Tom DRADRIGA	UGA	1:43.72	1:44.74	1:46.14
3	Collins KIPRUTO	KEN	1:40.91	1:43.95	1:46.88
4-1	Timothy CHERUIYOT	KEN	1:40.91	1:43.11	
4-2	Aaron Kemei CHEMININGWA	KEN	1:40.91	1:44.24	1:44.24
5	Ferguson Cheruiyot ROTICH	KEN	1:40.91	1:42.54	1:48.88
6	Emmanuel WANYONYI	KEN	1:40.91	1:42.80	
7	Khaled BENMAHDI (PM)	ALG	1:42.61	1:46.06	
8-1	Abel KIPSANG	KEN	1:40.91	1:45.14	
8-2	Kethobogile HAINGURA	BOT	1:41.73	1:43.94	1:43.94

Pace: 400m - 49.5 until 500m | Target: 1:44.0

Medal Winners

2024 - African Games

1.	Aaron Kemei CHEMININGWA (KEN)	1:45.72
2.	Alex Ngeno KIPNGETICH (KEN)	1:45.73
3.	Tumo NKAPE (BOT)	1:46.04

2023 - World Athletics Ch., Budapest 2023

1.	Marco AROP (CAN)	1:44.24
2.	Emmanuel WANYONYI (KEN)	1:44.53
3.	Ben PATTISON (GBR)	1:44.83

2022 - World Athletics Ch., Oregon 2022

1.	Emmanuel Kipkurui KORIR (KEN)	1:43.71
2.	Djamel SEDJATI (ALG)	1:44.14
3.	Marco AROP (CAN)	1:44.28

2022 - African Athletics Ch.

1.	Slimane MOULA (ALG)	1:45.59
2.	Nicholas Kiplangat KEBENEI (KEN)	1:46.43
3.	Tshepiso MASALELA (BOT)	1:46.65

2021 - The XXXII Olympic Games

1.	Emmanuel Kipkurui KORIR (KEN)	1:45.06
2.	Ferguson Cheruiyot ROTICH (KEN)	1:45.23
3.	Patryk DOBEK (POL)	1:45.39

2019 - IAAF World Ch. in Athletics

1.	Donavan BRAZIER (USA)	1:42.34
2.	Amel TUKA (BIH)	1:43.47
3.	Ferguson Cheruiyot ROTICH (KEN)	1:43.82

2019 - African Games

1.	Abdessalem AYOUNI (TUN)	1:45.17
2.	Cornelius TUWEI (KEN)	1:45.41
3.	Oussama NABIL (MAR)	1:45.42

2017 - IAAF World Ch. in Athletics

1.	Pierre-Ambroise BOSSE (FRA)	1:44.67
2.	Adam KSZCZOT (POL)	1:44.95
3.	Kipyegon BETT (KEN)	1:45.21

2016 - The XXXI Olympic Games

1.	David RUDISHA (KEN)	1:42.15
2.	Taoufik MAKHLOUFI (ALG)	1:42.61
3.	Clayton MURPHY (USA)	1:42.93

2016 - Durban African Ch.

1.	Nijel AMOS (BOT)	1:45.11
2.	Jacob ROZANI (RSA)	1:45.38
3.	Rynhardt VAN RENSBURG (RSA)	1:46.15

Previous Winners

23	Emmanuel WANYONYI (KEN)	1:43.32
22	Emmanuel WANYONYI (KEN)	1:45.01
21	Noah KIBET (KEN)	1:44.97
20	Ferguson Cheruiyot ROTICH (KEN)	1:44.78

Records

WR	1:40.91	David RUDISHA	KEN	London	09.08.12
AR	1:40.91	David RUDISHA	KEN	London	09.08.12
NR	1:40.91	David RUDISHA	KEN	London	09.08.12
WJR	1:41.73	Nijel AMOS	BOT	London	09.08.12
MR	1:43.32	Emmanuel WANYONYI	KEN		13.05.23
WL	1:43.94	Kethobogile HAINGURA	BOT	Pretoria	18.03.24

2024 World list

1:43.94	Kethobogile HAINGURA	BOT	Pretoria (RSA)	18.03.24
1:44.07	Alex Ngeno KIPNGETICH	KEN	Nairobi (KEN)	06.03.24
1:44.24	Aaron Kemei CHEMININGWA	KEN	Nairobi (KEN)	06.03.24
1:44.46	Sam WHITMARSH	USA	Baton Rouge, LA (USA)	30.03.24
1:44.52	Wycliffe KINYAMAL	KEN	Nairobi (KEN)	06.03.24
1:44.73	Luke BOYES	AUS	Adelaide (AUS)	14.04.24
1:44.79	Elias NGENY	KEN	Nairobi (KEN)	06.03.24
1:44.87	James PRESTON	NZL	Wellington (NZL)	15.03.24
1:44.92	Bryce HOPPEL	USA	Glasgow (GBR) (i)	03.03.24
1:45.00	Catalin TECUCEANU	ITA	Madrid (ESP) (i)	23.02.24
1:45.06	Peter BOL	AUS	Adelaide (AUS)	14.04.24
1:45.08	Elliott CRESTAN	BEL	Glasgow (GBR) (i)	02.03.24
1:45.14	Jesus Tonatiu LOPEZ	MEX	Azusa, CA (USA)	12.04.24
1:45.27	Andreas KRAMER	SWE	Glasgow (GBR) (i)	03.03.24
1:45.28	Abdelati EL GUESSE	MAR	Lyon (FRA) (i)	09.02.24
1:45.28	Benjamin ROBERT	FRA	Glasgow (GBR) (i)	02.03.24
1:45.35	Mohamed Ali GOUANED	ALG	Liévin (FRA) (i)	10.02.24
1:45.41	Peyton CRAIG	AUS	Adelaide (AUS)	10.02.24
1:45.47	Oussama CHERRAD	ALG	Potchefstroom (RSA)	14.03.24
1:45.49	Mohamed ATTAOUI	ESP	Lyon (FRA) (i)	09.02.24

All-Time World list

1:40.91	David RUDISHA	KEN	London (GBR)	09.08.12
1:41.11	Wilson KIPKETER	DEN	Köln (GER)	24.08.97
1:41.73	Sebastian COE	GBR	Firenze (ITA)	10.06.81
1:41.73	Nijel AMOS	BOT	London (GBR)	09.08.12
1:41.77	Joaquim CRUZ	BRA	Köln (GER)	26.08.84
1:42.05	Emmanuel Kipkurui KORIR	KEN	London (GBR)	22.07.18
1:42.23	Abubaker KAKI	SUD	Oslo (NOR)	04.06.10
1:42.28	Sammy KOSKEI	KEN	Köln (GER)	26.08.84
1:42.34	Wilfred BUNGEI	KEN	Rieti (ITA)	08.09.02
1:42.34	Donavan BRAZIER	USA	Doha (QAT)	01.10.19
1:42.37	Mohammed AMAN	ETH	Bruxelles (BEL)	06.09.13
1:42.47	Yuriy BORZAKOVSKIY	RUS	Bruxelles (BEL)	24.08.01
1:42.51	Amel TUKA	BIH	Monaco (MON)	17.07.15
1:42.53	Timothy KITUM	KEN	London (GBR)	09.08.12
1:42.53	Pierre-Ambroise BOSSE	FRA	Monaco (MON)	18.07.14
1:42.54	Ferguson Cheruiyot ROTICH	KEN	Monaco (MON)	12.07.19
1:42.55	André BUCHER	SUI	Zürich (SUI)	17.08.01
1:42.58	Vebjørn RODAL	NOR	Atlanta, GA (USA)	31.07.96
1:42.60	Johnny GRAY	USA	Koblenz (GER)	28.08.85
1:42.61	Taoufik MAKHLOUFI	ALG	Rio de Janeiro (BRA)	15.08.16

WR progression

1:40.91	David RUDISHA	KEN	London (GBR)	09.08.12
1:41.01	David RUDISHA	KEN	Rieti (ITA)	29.08.10
1:41.09	David RUDISHA	KEN	Berlin (GER)	22.08.10
1:41.11	Wilson KIPKETER	DEN	Köln (GER)	24.08.97
1:41.24	Wilson KIPKETER	DEN	Zürich (SUI)	13.08.97
1:41.73	Wilson KIPKETER	DEN	Stockholm (SWE)	07.07.97
1:41.73	Sebastian COE	GBR	Firenze (ITA)	10.06.81
1:42.33	Sebastian COE	GBR	Oslo (NOR)	05.07.79
1:43.4h	Alberto JUANTORENA	CUB	Sofia (BUL)	21.08.77
1:43.50	Alberto JUANTORENA	CUB	Montréal (CAN)	25.07.76
1:43.7h	Marcello FIASCONARO	ITA	Milano (ITA)	27.06.73
1:44.3h	David WOTTLE	USA	Eugene, OR (USA)	01.07.72
1:44.40	Ralph DOUBELL	AUS	Ciudad de México (MEX)	15.10.68
1:44.3h	Peter SNELL	NZL	Christchurch (NZL)	03.02.62
1:45.7h	Roger MOËNS	BEL	Oslo (NOR)	03.08.55
1:46.6h	Rudolf HARBIG	GER	Milano (ITA)	15.07.39
1:48.4h	Sydney WOODERSON	GBR	Motspur Park (GBR)	20.08.38
1:49.6h	Elroy ROBINSON	USA	New York, NY (USA)	11.07.37
1:49.7h	Glenn CUNNINGHAM	USA	Stockholm (SWE)	20.08.36

Men's 800 Metres

Final

20.04.2024

Pace: 400m - 49.5 until 500m | Target: 1:44.0

1	Nicholas Kiplangat KEBENEI (KEN)	28y	SB: 1:46.84 Nairobi (KEN) 05.03	PB: 1:44.84 Nairobi (KEN) 25.06.2022
GENERAL: African Championships Silver medallist 800m (22) WA World Rankings: 110th				
OTHER PBs: 1:48.52 800m sh(23)				
HONOURS: Afr. Ch. (1xSilver)				
2024: 800m Nairobi (KEN) h 1:46.84				
2-1	Tumo NKAPE (BOT)	25y	SB and PB: 1:46.04 Accra (GHA) 20.03	
GENERAL: 2 times African U20 Championships Silver medallist 400m (17), 4x400m (17) All-African Games Bronze medallist 800m (24) WA World Rankings: 126th				
OTHER PBs: 46.49 400m(19) - 1:14.90 600m(24)				
HONOURS: All-Afr. G. (1xBronze) Afr. U20 Ch. (1xSilver)				
2024: 800m Pretoria (RSA) h 1:47.82 - 800m Pretoria (RSA) 1. 1:46.93 - 600m Pretoria (RSA) 1. 1:14.90 - 800m Accra (GHA) AfG h 1:47.19 - 800m Accra (GHA) AfG sf 1:46.73 - 800m Accra (GHA) AfG 3. 1:46.04				
2-2	Tom DRADRIGA (UGA)	27y	SB: 1:46.14 Accra (GHA) 20.03	PB: 1:44.74 Madrid (ESP) 22.07.2023
GENERAL: 2 times National champion 800m (22, 19) All-African Games finalist 800m (24) WA World Rankings: 31st				
OTHER PBs: 1:47.91 800m sh(24)				
HONOURS: NCH (2xWin)				
2024: 800m sh Sabadell (ESP) 9. 1:49.56 - 800m sh Madrid (ESP) 1. 1:47.91 - 800m Accra (GHA) AfG h 1:47.55 - 800m Accra (GHA) AfG sf 1:48.89 - 800m Accra (GHA) AfG 4. 1:46.14				
INFO: Athlete from West Nile sub-region. In 2023 he moved to Spain.				
3	Collins KIPRUTO (KEN)	30y	SB: 1:46.88 Nairobi (KEN) 06.01	PB: 1:43.95 Marseille (FRA) 09.06.2021
WA World Rankings: 55th				
OTHER PBs: 1:16.03 600m(23) - 1:45.39 800m sh(22) - 2:16.92 1000m(19)				
2024: 400m Nairobi (KEN) h 47.91 - 800m Nairobi (KEN) 1. 1:46.88 - 800m sh Bratislava (SVK) 1. 1:47.95 - 800m sh Stockholm (SWE) 1. 1:48.53 - 800m sh Liévin (FRA) 4. 1:48.15 - 800m sh Glasgow (GBR) h 1:46.89				
INFO: Hometown: Nyahururu. Also a Kenya Wildlife Service officer.				
4-1	Timothy CHERUIYOT (KEN)	28y	PB: 1:43.11 Nairobi (KEN) 22.08.2019	
GENERAL: 5 times Diamond League Final winner 1500m (21, 19, 18, 17, 16) World champion 1500m (19)				
OTHER PBs: 3:28.28 1500m(21) - 3:49.64 Mile(17) - 7:36.72 3000m(23)				
HONOURS: OG (1xSilver): 2. 1500m Tokyo(21) 3:29.01 World Ch. (1xGold, 1xSilver): 1. 1500m Doha(19) 3:29.26 - 2. 1500m London(17) 3:33.99 - 6. 1500m Eugene, OR(22) 3:30.69 - 7. 1500m Beijing(15) 3:36.05 DF (5xWin) Afr. Ch. (1xSilver)				
INFO: Born in Singorwet. After the Tokyo OG final he gifted his bracelet to record-breaking champion Jakob Ingebrigtsen (2021) In 2020 he was a member of an exclusive rivalry at the Impossible Games: the 'newly formed' Team Cheruiyot raced against Team Ingebrigtsen. In 2017, after his first international medal he bought a house and a tractor for his parents and helped his brothers and sisters to go to school; owns real estate and does farming. His idol is Allyson Felix. Likes listening and watching gospel; Emmy Kosgei is his favourite musician; likes playing pool.				
4-2	Aaron Kemei CHEMININGWA (KEN)	25y	SB and PB: 1:44.24 Nairobi (KEN) 06.03	
GENERAL: All-African Games winner 800m (24) WA World Rankings: 66th				
HONOURS: All-Afr. G. (1xGold)				
2024: 800m Nairobi (KEN) 1. 1:47.18 - 400m Nairobi (KEN) h 48.14 - 800m Nairobi (KEN) h 1:47.51 - 800m Nairobi (KEN) 4. 1:48.30 - 800m Nairobi (KEN) h 1:46.38 - 800m Nairobi (KEN) 2. 1:44.24 - 800m Accra (GHA) AfG h 1:46.69 - 800m Accra (GHA) AfG sf 1:46.53 - 800m Accra (GHA) AfG 1. 1:45.72				
5	Ferguson Cheruiyot ROTICH (KEN)	34y	SB: 1:48.88 Nairobi (KEN) 05.03	PB: 1:42.54 Monaco (MON) 12.07.2019
GENERAL: Olympic Games Silver medallist 800m (21) World Championships Bronze medallist 800m (19) WA World Rankings: 44th				
OTHER PBs: 1:15.28 600m(23) - 2:14.88 1000m(18) - 3:33.21 1500m(18) Current Records: 1xABP: ABP 3:41.79 2x2x400m Chorzów(21)				
HONOURS: OG (1xSilver): 2. 800m Tokyo(21) 1:45.23 - 5. 800m Rio de Janeiro(16) 1:43.55 World Ch. (1xBronze): 3. 800m Doha(19) 1:43.82 - 4. 800m Beijing(15) 1:46.35				
2024: 800m Nairobi (KEN) h 1:48.88				
INFO: Born in Kericho. Goodwill Ambassador of Kericho County. He changed his name to honor Manchester United's famous manager, Sir Alex Ferguson. Why the name change? "Because they can't stop winning," he said once. Before competitions he has been praying to God to remember him during races.				
6	Emmanuel WANYONYI (KEN)	19y	PB: 1:42.80 Eugene, OR (USA) 17.09.2023	
GENERAL: Diamond League Final winner 800m (23) World Championships Silver medallist 800m (23) WA World Rankings: 1st				
OTHER PBs: 3:43.19 1500m(22)				
HONOURS: World Ch. (1xSilver): 2. 800m Budapest(23) 1:44.53 - 4. 800m Eugene, OR(22) 1:44.54 DF (1xWin) World U20 Ch. (1xGold)				
INFO: Born in Saboti. Has 10 siblings. 2023 WA Men's Rising Star Award winner.				
7	Khaled BENMAHDI (ALG)	35y	PB: 1:46.06 Oordegem (BEL) 30.05.2015	
GENERAL: National champion 800m (12) WA World Rankings: 369th				
OTHER PBs: 48.04 400m sh(14) - 1:19.77 600m sh(20) - 1:47.89 800m sh(19)				
HONOURS: NCH (1xWin)				
INFO: Born in Batna.				
8-1	Abel KIPSANG (KEN)	27y	PB: 1:45.14 Tomblaine (FRA) 05.07.2021	
GENERAL: 2 times World Championships finalist 1500m (23) World Indoor Championships Bronze medallist 1500m (i) (22)				
OTHER PBs: 3:29.11 1500m(23) - 3:33.36 1500m sh(22) - 4:50.68 2000m(23)				
HONOURS: OG (1xFinal): 4. 1500m Tokyo(21) 3:29.56 World Ch. (2xFinal): 4. 1500m Budapest(23) 3:29.89 - 7. 1500m Eugene, OR(22) 3:31.21 World Ind. Ch. (1xBronze): 3. 1500m (i) Beograd(22) 3:33.36 Afr. Ch. (1xGold)				
2024: 1500m Nairobi (KEN) 2. 3:38.57 - 1500m Accra (GHA) AfG h 3:41.20 - 1500m Accra (GHA) AfG 3. 3:39.45				
INFO: At the Tokyo Olympics he set new Olympic record in the SF of the 1500m, this record was later broken by Jakob Ingebrigtsen in the final (2021)				
8-2	Kethobogile HAINGURA (BOT)	25y	SB and PB: 1:43.94 Pretoria (RSA) 18.03	
WA World Rankings: 75th				
OTHER PBs: 1:14.96 600m(24)				
2024: 800m Pretoria (RSA) 1. 1:47.36 - 600m Pretoria (RSA) 2. 1:14.96 - 800m Pretoria (RSA) 1. 1:45.53 - 800m Potchefstroom (RSA) 1. 1:45.14 - 800m Pretoria (RSA) 1. 1:43.94				
INFO: Athlete of Gaborone.				

Start list 1500m Time: 16:50

Lane	Athlete	Nat	NR	PB	SB
1	Ali Idow HASSAN	SOM	3:30.55	3:41.46	
2	Johannes MOREPE	RSA	3:31.93	3:43.96	3:44.43
3	Jacob SANDE	UGA	3:30.58	3:39.69	
4	Kenneth KIMUTAI	KEN	3:26.34		
5	Silas KIPKORIR	KEN	3:26.34	3:42.94	3:42.94
6	Hayimro YELE	ETH	3:29.51	3:39.09	
7	Mosisa SIYOU	ETH	3:29.51	3:36.52	
8	Ermias GIRMA	ETH	3:29.51	3:36.28	3:39.40
9	Ashenafi EMANA	ETH	3:29.51	3:35.38	
10	Daniel MUNGUTI	KEN	3:26.34	3:34.02	3:40.89
11	Brian KOMEN	KEN	3:26.34	3:33.84	3:37.42
12	Kamar ETIANG	KEN	3:26.34	3:33.12	3:40.27
13	Charles Cheboi SIMOTWO	KEN	3:26.34	3:30.30	3:43.28
14	Reynold Kipkorir CHERUIYOT	KEN	3:26.34	3:30.30	
15	Vincent Kibet KETER	KEN	3:26.34	3:31.28	3:34.44
16	Shem SIMATWO (PM)	KEN	3:26.34		
17	Boaz KIPRUGUT (PM)	KEN	3:26.34	3:35.26	3:42.01

Pace: 800m - 1:53.0 (Simatwo) | 1000m - 2:21.0 (Kiprugut) | 56-57 per lap
Target: sub 3:33.0

Medal Winners

2024 - African Games

1.	Brian KOMEN (KEN)	3:39.19
2.	Ermias GIRMA (ETH)	3:39.40
3.	Abel KIPSANG (KEN)	3:39.45

2023 - World Athletics Ch., Budapest 2023

1.	Josh KERR (GBR)	3:29.38
2.	Jakob INGEBRIGTSEN (NOR)	3:29.65
3.	Narve Gilje NORDÅS (NOR)	3:29.68

2022 - World Athletics Ch., Oregon 2022

1.	Jake WIGHTMAN (GBR)	3:29.23
2.	Jakob INGEBRIGTSEN (NOR)	3:29.47
3.	Mohamed KATIR (ESP)	3:29.90

2022 - African Athletics Ch.

1.	Abel KIPSANG (KEN)	3:36.57
2.	Ryan MPHAAHELE (RSA)	3:36.74
3.	Adehena KASAYE (ETH)	3:38.27

2021 - The XXXII Olympic Games

1.	Jakob INGEBRIGTSEN (NOR)	3:28.32
2.	Timothy CHERUIYOT (KEN)	3:29.01
3.	Josh KERR (GBR)	3:29.05

2019 - IAAF World Ch. in Athletics

1.	Timothy CHERUIYOT (KEN)	3:29.26
2.	Taoufik MAKHLOUFI (ALG)	3:31.38
3.	Marcin LEWANDOWSKI (POL)	3:31.46

2019 - African Games

1.	George Meitamei MANANGOI (KEN)	3:38.27
2.	Ayanleh SOULEIMAN (DJI)	3:38.44
3.	Charles Cheboi SIMOTWO (KEN)	3:38.51

2017 - IAAF World Ch. in Athletics

1.	Elijah Motonei MANANGOI (KEN)	3:33.61
2.	Timothy CHERUIYOT (KEN)	3:33.99
3.	Filip INGEBRIGTSEN (NOR)	3:34.53

2016 - The XXXI Olympic Games

1.	Matthew CENTROWITZ (USA)	3:50.00
2.	Taoufik MAKHLOUFI (ALG)	3:50.11
3.	Nick WILLIS (NZL)	3:50.24

2016 - Durban African Ch.

1.	Fouad EL KAAM (MAR)	3:39.49
2.	Timothy CHERUIYOT (KEN)	3:39.71
3.	Vincent LETTING (KEN)	3:40.78

Previous Winners

23	Reynold Kipkorir CHERUIYOT (KEN)	3:32.01
22	Abel KIPSANG (KEN)	3:31.01
21	Vincent Kibet KETER (KEN)	3:35.99
20	Timothy CHERUIYOT (KEN)	3:34.31

Records

WR	3:26.00	Hicham EL GUERROUJ	MAR	Roma	14.07.98
AR	3:26.00	Hicham EL GUERROUJ	MAR	Roma	14.07.98
NR	3:26.34	Bernard LAGAT	KEN	Bruxelles	24.08.01
WJR	3:28.81	Ronald KWEMOI	KEN	Monaco	18.07.14
MR	3:31.01	Abel KIPSANG	KEN		07.05.22
WL	3:33.30	Cameron MYERS	AUS	Sydney	22.02.24

2024 World list

3:33.30	Cameron MYERS	AUS	Sydney (AUS)	22.02.24
3:33.43	Yared NUGUSE	USA	New York, NY (USA) (i)	11.02.24
3:33.64	Jesse HUNT	AUS	Sydney (AUS)	22.02.24
3:33.66	Hobbs KESSLER	USA	Boston, MA (USA) (i)	04.02.24
3:33.86	George MILLS	GBR	New York, NY (USA) (i)	11.02.24
3:33.96	Colin SAHLMAN	USA	Azusa, CA (USA)	13.04.24
3:34.06	Jake WIGHTMAN	GBR	Boston, MA (USA) (i)	04.02.24
3:34.23	Isaac NADER	POR	Ostrava (CZE) (i)	30.01.24
3:34.37	Adam FOGG	GBR	New York, NY (USA) (i)	11.02.24
3:34.39	Azeddine HABZ	FRA	Liévin (FRA) (i)	10.02.24
3:34.42	Jye EDWARDS	AUS	Sydney (AUS)	22.02.24
3:34.44	Vincent Kibet KETER	KEN	Liévin (FRA) (i)	10.02.24
3:34.51	Robert FARKEN	GER	Erfurt (GER) (i)	02.02.24
3:34.61	Samuel TEFERA	ETH	Toruń (POL) (i)	06.02.24
3:34.79	Nathan GREEN	USA	Azusa, CA (USA)	13.04.24
3:34.83	Biniyam MEHARY	ETH	Toruń (POL) (i)	06.02.24
3:35.06	Tshepo TSHITE	RSA	Toruń (POL) (i)	06.02.24
3:35.14	Callum DAVIES	AUS	Sydney (AUS)	22.02.24
3:35.46	Craig ENGELS	USA	Azusa, CA (USA)	13.04.24
3:35.47	Samuel PHLSTRÖM	SWE	Ostrava (CZE) (i)	30.01.24

All-Time World list

3:26.00	Hicham EL GUERROUJ	MAR	Roma (ITA)	14.07.98
3:26.34	Bernard LAGAT	KEN	Bruxelles (BEL)	24.08.01
3:26.69	Asbel KIPROP	KEN	Monaco (MON)	17.07.15
3:27.14	Jakob INGEBRIGTSEN	NOR	Chorzów (POL)	16.07.23
3:27.37	Noureddine MORCELI	ALG	Nice (FRA)	12.07.95
3:27.64	Silas KIPLAGAT	KEN	Monaco (MON)	18.07.14
3:28.12	Noah NGENY	KEN	Zürich (SUI)	11.08.00
3:28.28	Timothy CHERUIYOT	KEN	Monaco (MON)	09.07.21
3:28.75	Taoufik MAKHLOUFI	ALG	Monaco (MON)	17.07.15
3:28.76	Mohamed KATIR	ESP	Monaco (MON)	09.07.21
3:28.79	Abdelaati IGUIDER	MAR	Monaco (MON)	17.07.15
3:28.80	Elijah Motonei MANANGOI	KEN	Monaco (MON)	21.07.17
3:28.81	Mo FARAH	GBR	Monaco (MON)	19.07.13
3:28.81	Ronald KWEMOI	KEN	Monaco (MON)	18.07.14
3:28.95	Fermin CACHO	ESP	Zürich (SUI)	13.08.97
3:28.98	Mehdi BAALA	FRA	Bruxelles (BEL)	05.09.03
3:29.02	Daniel Kipchirchir KOMEN	KEN	Roma (ITA)	14.07.06
3:29.02	Yared NUGUSE	USA	Oslo (NOR)	15.06.23
3:29.05	Josh KERR	GBR	Tokyo (JPN)	07.08.21
3:29.11	Abel KIPSANG	KEN	Chorzów (POL)	16.07.23

WR progression

3:26.00	Hicham EL GUERROUJ	MAR	Roma (ITA)	14.07.98
3:27.37	Noureddine MORCELI	ALG	Nice (FRA)	12.07.95
3:28.86	Noureddine MORCELI	ALG	Rieti (ITA)	06.09.92
3:29.46	Said AOUITA	MAR	Berlin (GER)	23.08.85
3:29.67	Steve CRAM	GBR	Nice (FRA)	16.07.85
3:30.77	Steve OVETT	GBR	Rieti (ITA)	04.09.83
3:31.24	Sydney MAREE	USA	Köln (GER)	28.08.83
3:31.36	Steve OVETT	GBR	Koblenz (GER)	27.08.80
3:32.1h	Steve OVETT	GBR	Oslo (NOR)	15.07.80
3:32.1h	Sebastian COE	GBR	Zürich (SUI)	15.08.79
3:32.2h	Filbert BAYI	TAN	Christchurch (NZL)	02.02.74
3:33.1h	Jim RYUN	USA	Los Angeles, CA (USA)	08.07.67
3:35.6h	Herb ELLIOTT	AUS	Roma (ITA)	06.09.60
3:36.0h	Herb ELLIOTT	AUS	Göteborg (SWE)	28.08.58
3:38.1h	Stanislav JUNGWIRTH	TCH	Stará Boleslav (TCH)	12.07.57
3:40.2h	Olavi SALONEN	FIN	Turku (FIN)	11.07.57
3:40.2h	Olavi SALSOLA	FIN	Turku (FIN)	11.07.57
3:40.6h	István RÖZSAVÖLGYI	HUN	Tata (HUN)	03.08.56
3:40.8h	Gunnar NIELSEN	DEN	Oslo (NOR)	06.09.55

Men's 1500 Metres

Final

20.04.2024

Pace: 800m - 1:53.0 (Simatwo) | 1000m - 2:21.0 (Kiprugut) | 56-57 per lap Target: sub 3:33.0

1	Ali Idow HASSAN (SOM)	25y	PB: 3:41.46 Djibouti (DJI) 17.03.2023
OTHER PBs: 1:49.03 800m(22) INFO: Based in Addis Ababa, Ethiopia.			
2	Johannes MOREPE (RSA)	19y	SB: 3:44.43 Pretoria (RSA) 22.03 PB: 3:43.96 Stellenbosch (RSA) 28.03.2022
WA World Rankings: 395th OTHER PBs: 4:03.95 Mile(23) 2024: 5000m Pretoria (RSA) 5. 15:17.97 - 1500m Pretoria (RSA) 1. 3:45.37 - 800m Potchefstroom (RSA) 3. 1:51.75 - 1500m Pretoria (RSA) h 3:55.22 - 1500m Pretoria (RSA) 1. 3:44.43 - 3000m Pretoria (RSA) 1. 8:22.54 INFO: Athlete of Avoca Hills, Newlands East.			
3	Jacob SANDE (UGA)	17y	PB: 3:39.69 Port-of-Spain (TTO) 08.08.2023
4	Kenneth KIMUTAI (KEN)	20y	
OTHER PBs: 1:47.36 800m(22) INFO: Athlete of Kapkitony.			
5	Silas KIPKORIR (KEN)	25y	SB and PB: 3:42.94 Nairobi (KEN) 27.01
2024: 1500m Nairobi (KEN) h 3:44.45 - 1500m Nairobi (KEN) 3. 3:42.94 - 1500m Nairobi (KEN) 10. 3:44.86			
6	Hayimro YELE (ETH)	26y	PB: 3:39.09 Nairobi (KEN) 13.05.2023
OTHER PBs: 1:47.9h 800m(17) - 1:49.24 800m(16)			
7	Mosisa SIYOU (ETH)	24y	PB: 3:36.52 Lignano Sabbiadoro (ITA) 14.07.2023
OTHER PBs: 47.08 400m(18) - 1:46.58 800m(23)			
8	Ermias GIRMA (ETH)	19y	SB: 3:39.40 Accra (GHA) 22.03 PB: 3:36.28 Oordegem (BEL) 28.05.2022
GENERAL: All-African Games Silver medallist 1500m (24) World U20 champion 800m (22) OTHER PBs: 1:44.36 800m(22) - 3:39.77 1500m sh(23) - 7:41.94 3000m sh(24) HONOURS: World U20 Ch. (1xGold, 1xSilver) All-Afr. G. (1xSilver) NCH (1xWin) 2024: 3000m sh Madrid (ESP) 2. 7:41.94 - 1500m Accra (GHA) AfG h 3:40.97 - 1500m Accra (GHA) AfG 2. 3:39.40			
9	Ashenafi EMANA (ETH)	19y	PB: 3:35.38 Huelva (ESP) 06.06.2023
GENERAL: African U20 Championships Silver medallist 1500m (23) African U20 Championships Bronze medallist 800m (23) WA World Rankings: 122nd OTHER PBs: 1:47.89 800m(23) - 13:57 5 km Road(23) HONOURS: Afr. U20 Ch. (1xSilver, 1xBronze)			
10	Daniel MUNGUTI (KEN)	29y	SB: 3:40.89 Miramas (FRA) 02.02 PB: 3:34.02 Dessau (GER) 17.06.2023
GENERAL: 2 times World Cross Country champion Mixed XC Relay (24, 23) National champion 1500m (23) WA World Rankings: 41st OTHER PBs: 1:46.96 800m(19) - 3:40.89 1500m sh(24) - 7:44.93 3000m sh(24) HONOURS: NCH (1xWin) 2024: 3000m sh Val-de-Reuil (FRA) 1. 7:44.93 - 1500m sh Miramas (FRA) 7. 3:40.89 - 1500m Nairobi (KEN) 9. 3:44.08 INFO: Member of Kenya Defence Forces.			
11	Brian KOMEN (KEN)	25y	SB: 3:37.42 Metz (FRA) 03.02 PB: 3:33.84 Poznan (POL) 18.06.2023
GENERAL: All-African Games winner 1500m (24) WA World Rankings: 35th OTHER PBs: 3:37.42 1500m sh(24) - 5:07.31 2000m sh(24) HONOURS: All-Afr. G. (1xGold) 2024: 1500m sh Dortmund (GER) 2. 3:44.06 - 1500m sh Ostrava (CZE) 8. 3:40.90 - 1500m sh Metz (FRA) 4. 3:37.42 - 2000m sh Liévin (FRA) 9. 5:07.31 - 1500m Nairobi (KEN) 1. 3:38.36 - 1500m Accra (GHA) AfG h 3:47.58 - 1500m Accra (GHA) AfG 1. 3:39.19			
12	Kamar ETIANG (KEN)	21y	SB: 3:40.27 Nairobi (KEN) 06.03 PB: 3:33.12 Nairobi (KEN) 19.06.2021
WA World Rankings: 72nd 2024: 1500m Nairobi (KEN) 3. 3:40.27 INFO: Grew up in Turkana County. Played volleyball at school.			
13	Charles Cheboi SIMOTWO (KEN)	28y	SB: 3:43.28 Nairobi (KEN) 06.03 PB: 3:30.30 Monaco (MON) 09.07.2021
GENERAL: All-African Games Bronze medallist 1500m (19) WA World Rankings: 93rd OTHER PBs: 1:46.20 800m(17) - 3:49.40 Mile(21) HONOURS: All-Afr. G. (1xBronze) 2024: 1500m Nairobi (KEN) 8. 3:43.28 INFO: Member of the Kenyan Defence Forces.			
14	Reynold Kipkorir CHERUIYOT (KEN)	19y	PB: 3:30.30 Chorzów (POL) 16.07.2023
GENERAL: World Championships finalist World Cross Country champion Mixed XC Relay (24) WA World Rankings: 6th OTHER PBs: 3:48.06 Mile(23) - 4:48.14 2000m(23) - 13:04 5 km Road(23) Current Records: 1xWU20R: WU20R 3:48.06 Mile Eugene, OR(23) 1xWU20B: WU20B 4:48.14 2000m Bruxelles(23) HONOURS: World Ch. (1xFinal): 8. 1500m Budapest(23) 3:30.78 World CC Ch. (1xSilver) World U20 Ch. (1xGold) Afr. U20 Ch. (1xGold) INFO: Native of Bomet County. His idol is Timothy Cheruiyot.			
15	Vincent Kibet KETER (KEN)	22y	SB: 3:34.44 Liévin (FRA) 10.02 PB: 3:31.28 Chorzów (POL) 16.07.2023
GENERAL: World U20 champion 1500m (21) WA World Rankings: 16th OTHER PBs: 1:47.33 800m(24) - 3:34.44 1500m sh(24) - 3:55.41 Mile(22) HONOURS: World U20 Ch. (1xGold) 2024: 1500m Nairobi (KEN) h 3:44.06 - 1500m Nairobi (KEN) 2. 3:38.72 - 800m Nairobi (KEN) h 1:47.33 - 800m Nairobi (KEN) 3. 1:47.43 - 1500m sh Metz (FRA) 1. 3:34.80 - 1500m sh Liévin (FRA) 2. 3:34.44 - 1500m sh Glasgow (GBR) h 3:38.96 - 1500m sh Glasgow (GBR) 10. 3:40.04 INFO:			
16	Shem SIMATWO (KEN)		
17	Boaz KIPRUGUT (KEN)	25y	SB: 3:42.01 Nairobi (KEN) 06.03 PB: 3:35.26 Praha (CZE) 07.06.2021
GENERAL: African U20 Championships Silver medallist 1500m (17) All-African Games finalist WA World Rankings: 209th OTHER PBs: 1:44.64 800m(16) - 3:39.55 1500m sh(23) HONOURS: Afr. U20 Ch. (1xSilver) 2024: 1500m Nairobi (KEN) 6. 3:42.01 INFO: Athlete of Nyanza.			

Start list

Lane	Athlete	Nat	NR	PB	SB
1	Titus MUSAU	UGA	12:35.36	14:33.33	
2	Titus KIPROTICH	KEN	12:39.74	14:03.1h	14:03.1h
3	Abdisa FAYISA	ETH	12:37.35	14:07.12	
4	Ismail LOUKMAN	DJI	13:04.39		
5	Kibet NDIWA	KEN	12:39.74	13:53.70	
6	Amos Kiptoo BIRGEN	KEN	12:39.74	13:49.85	
7	Charles ROTICH	KEN	12:39.74	13:39.40	
8	Felix KIBET	KEN	12:39.74	13:37.53	
9	Ayele TADESSE	ETH	12:37.35	13:30.52	
10	Melesse BIRHAN	ETH	12:37.35	13:29.74	
11	Vincent KIMAIYO	KEN	12:39.74	13:24.70	
12	Levy KIBET	KEN	12:39.74	13:01.32	
13	Evans KIPCHUMBA (PM)	KEN	12:39.74	14:52.24	
14	Simon MAYWA (PM)	KEN	12:39.74		

Pace: 1000m - 2:38.0 (Kipchumba) | 2000m - 5:16.0 | 3000m - 7:55.0 (Maywa)
Target: 13:10.0

Medal Winners

2024 - African Games

- Hagos GEBRHIWET (ETH) 13:38.12
- Abdullahi JAMA MOHAMED (SOM) 13:38.64
- Cornelius KEMBOI (KEN) 13:40.61

2023 - World Athletics Ch., Budapest 2023

- Jakob INGEBRIGTSEN (NOR) 13:11.30
- Mohamed KATIR (ESP) 13:11.44
- Jacob KROP (KEN) 13:12.28

2022 - World Athletics Ch., Oregon 2022

- Jakob INGEBRIGTSEN (NOR) 13:09.24
- Jacob KROP (KEN) 13:09.98
- Oscar CHELIMO (UGA) 13:10.20

2022 - African Athletics Ch.

- Hailemariam AMARE (ETH) 13:36.79
- Daniel Simiu EBENYO (KEN) 13:38.79
- Hicham AKANKAM (MAR) 13:40.39

2021 - The XXXII Olympic Games

- Joshua CHEPTEGEI (UGA) 12:58.15
- Mohammed AHMED (CAN) 12:58.61
- Paul CHELIMO (USA) 12:59.05

2019 - IAAF World Ch. in Athletics

- Muktar EDRIS (ETH) 12:58.85
- Selemon BAREGA (ETH) 12:59.70
- Mohammed AHMED (CAN) 13:01.11

2019 - African Games

- Robert Kiprof KOECH (KEN) 13:30.96
- Edward Zakayo PINGUA (KEN) 13:31.40
- Richard YATOR (KEN) 13:31.41

2017 - IAAF World Ch. in Athletics

- Muktar EDRIS (ETH) 13:32.79
- Mo FARAH (GBR) 13:33.22
- Paul CHELIMO (USA) 13:33.30

2016 - The XXXI Olympic Games

- Mo FARAH (GBR) 13:03.30
- Paul CHELIMO (USA) 13:03.90
- Hagos GEBRHIWET (ETH) 13:04.35

2016 - Durban African Ch.

- Douglas KIPSEREM (KEN) 13:13.35
- Elroy GELANT (RSA) 13:15.13
- Mang'ata Kimai NDIWA (KEN) 13:16.85

Previous Winners

- 23 Teddese LEMI (ETH) 13:26.58
- 22 Jacob KROP (KEN) 13:12.19
- 21 Jacob KROP (KEN) 13:23.50
- 20 Nicholas KIPKORIR (KEN) 13:08.32

Records

WR	12:35.36	Joshua CHEPTEGEI	UGA	Monaco	14.08.20
AR	12:35.36	Joshua CHEPTEGEI	UGA	Monaco	14.08.20
NR	12:39.74	Daniel KOMEN	KEN	Bruxelles	22.08.97
WJR	12:43.02	Selemon BAREGA	ETH	Bruxelles	31.08.18
MR	13:08.32	Nicholas KIPKORIR	KEN		03.10.20
WL	12:51.84	Grant FISHER	USA	Boston, MA	16.02.24

2024 World list

12:51.84	Grant FISHER	USA	Boston, MA (USA) (i)	16.02.24
12:56.76	Adriaan WILDSCUTT	RSA	Boston, MA (USA) (i)	26.01.24
12:57.14	Nico YOUNG	USA	Boston, MA (USA) (i)	26.01.24
12:57.52	Edwin KURGAT	KEN	Boston, MA (USA) (i)	26.01.24
12:58.68	George MILLS	GBR	Boston, MA (USA) (i)	26.01.24
12:58.73	Sam ATKIN	GBR	Boston, MA (USA) (i)	26.01.24
13:02.09	Yared NUGUSE	USA	Boston, MA (USA) (i)	26.01.24
13:03.17	Abdihamid NUR	USA	Boston, MA (USA) (i)	26.01.24
13:03.46	John HEYMANS	BEL	Boston, MA (USA) (i)	26.01.24
13:03.57	Morgan BEADLESCOMB	USA	Boston, MA (USA) (i)	26.01.24
13:04.05	Patrick DEVER	GBR	Boston, MA (USA) (i)	16.02.24
13:04.33	Geordie BEAMISH	NZL	Boston, MA (USA) (i)	26.01.24
13:04.62	Benjamin FLANAGAN	CAN	Boston, MA (USA) (i)	26.01.24
13:04.75	Jack ROWE	GBR	Boston, MA (USA) (i)	16.02.24
13:06.02	Joe KLECKER	USA	Boston, MA (USA) (i)	26.01.24
13:06.30	Amon KEMBOI	KEN	Boston, MA (USA) (i)	16.02.24
13:06.32	Mohammed AHMED	CAN	Boston, MA (USA) (i)	16.02.24
13:07.30	Morgan MCDONALD	AUS	Boston, MA (USA) (i)	26.01.24
13:08.60	Mike FOPPEN	NED	Boston, MA (USA) (i)	26.01.24
13:08.76	Olin HACKER	USA	Boston, MA (USA) (i)	26.01.24

All-Time World list

12:35.36	Joshua CHEPTEGEI	UGA	Monaco (MON)	14.08.20
12:37.35	Kenenisa BEKELE	ETH	Hengelo (NED)	31.05.04
12:39.36	Haile GEBRSELASSIE	ETH	Helsinki (FIN)	13.06.98
12:39.74	Daniel KOMEN	KEN	Bruxelles (BEL)	22.08.97
12:40.45	Berihu AREGAWI	ETH	Lausanne (SUI)	30.06.23
12:41.73	Yomif KEJELCHA	ETH	Oslo (NOR)	15.06.23
12:41.73	Jacob KIPLIMO	UGA	Oslo (NOR)	15.06.23
12:42.18	Hagos GEBRHIWET	ETH	Monaco (MON)	21.07.23
12:42.70	Telahun Haile BEKELE	ETH	Monaco (MON)	21.07.23
12:43.02	Selemon BAREGA	ETH	Bruxelles (BEL)	31.08.18
12:45.01	Mohamed KATIR	ESP	Monaco (MON)	21.07.23
12:45.71	Jacob KROP	KEN	Bruxelles (BEL)	02.09.22
12:46.33	Nicholas KIPKORIR	KEN	Roma (ITA)	09.06.22
12:46.53	Eliud KIPCHOGE	KEN	Roma (ITA)	02.07.04
12:46.81	Dejen GEBREMESKEL	ETH	Paris-St-Denis (FRA)	06.07.12
12:46.96	Grant FISHER	USA	Bruxelles (BEL)	02.09.22
12:47.04	Sileshi SIHINE	ETH	Roma (ITA)	02.07.04
12:47.20	Mohammed AHMED	CAN	Portland, OR (USA)	10.07.20
12:48.45	Jakob INGEBRIGTSEN	NOR	Firenze (ITA)	10.06.21
12:48.64	Isiah Kiplangat KOECH	KEN	Paris-St-Denis (FRA)	06.07.12

WR progression

12:35.36	Joshua CHEPTEGEI	UGA	Monaco (MON)	14.08.20
12:37.35	Kenenisa BEKELE	ETH	Hengelo (NED)	31.05.04
12:39.36	Haile GEBRSELASSIE	ETH	Helsinki (FIN)	13.06.98
12:39.74	Daniel KOMEN	KEN	Bruxelles (BEL)	22.08.97
12:41.86	Haile GEBRSELASSIE	ETH	Zürich (SUI)	13.08.97
12:44.39	Haile GEBRSELASSIE	ETH	Zürich (SUI)	16.08.95
12:55.30	Moses KIPTANUI	KEN	Roma (ITA)	08.06.95
12:56.96	Haile GEBRSELASSIE	ETH	Hengelo (NED)	04.06.94
12:58.39	Saïd AOUITA	MAR	Roma (ITA)	22.07.87
13:00.40	Saïd AOUITA	MAR	Oslo (NOR)	27.07.85
13:00.41	David MOORCROFT	GBR	Oslo (NOR)	07.07.82
13:06.20	Henry RONO	KEN	Knarvik (NOR)	13.09.81
13:08.4h	Henry RONO	KEN	Berkeley, CA (USA)	08.04.78
13:12.87	Dick QUAX	NZL	Stockholm (SWE)	05.07.77
13:13.0h	Emiel PUTTEMANS	BEL	Bruxelles (BEL)	20.09.72
13:16.3h	Lasse VIREN	FIN	Helsinki (FIN)	14.09.72
13:16.6h	Ron CLARKE	AUS	Stockholm (SWE)	05.07.66
13:24.2h	Kipchoke KEINO	KEN	Auckland (NZL)	30.11.65
13:25.8h	Ron CLARKE	AUS	Los Angeles, CA (USA)	04.06.65

Men's 5000 Metres

Final

20.04.2024

Pace: 1000m - 2:38.0 (Kipchumba) | 2000m - 5:16.0 | 3000m - 7:55.0 (Maywa) Target: 13:10.0

1	Titus MUSAU (UGA)	17y	PB: 14:33.33 Namboole (UGA) 01.07.2023
2	Titus KIPROTICH (KEN)	19y	SB and PB: 14:03.1h Nairobi (KEN) 06.01
2024: 5000m Nairobi (KEN) 3. 14:03.1h - 5000m Wichita, KS (USA) 3. 14:50.60			
3	Abdisa FAYISA (ETH)	18y	PB: 14:07.12 Nairobi (KEN) 13.05.2023
OTHER PBs: 3:36.12 1500m(23) - 7:39.63 3000m(22) - 7:40.35 3000m sh(23)			
4	Ismail LOUKMAN (DJI)	21y	
OTHER PBs: 3:47.36 1500m(21) - 29:08 10km Road(23)			
5	Kibet NDIWA (KEN)	19y	PB: 13:53.70 Nairobi (KEN) 22.06.2023
6	Amos Kiptoo BIRGEN (KEN)	28y	PB: 13:49.85 Nairobi (KEN) 15.05.2021
WA World Rankings: 567th OTHER PBs: 2:13:09 Marathon(23)			
7	Charles ROTICH (KEN)	18y	PB: 13:39.40 Nairobi (KEN) 07.05.2022
GENERAL: World Cross Country Championships finalist WA World Rankings: 244th OTHER PBs: 8:03.87 3000m(21) HONOURS:			
8	Felix KIBET (KEN)	22y	PB: 13:37.53 Nairobi (KEN) 29.04.2023
WA World Rankings: 242nd OTHER PBs: 29:04.80 10,000m(23) - 27:27 10km Road(23)			
9	Ayele TADESSE (ETH)		PB: 13:30.52 Djibouti (DJI) 17.03.2023
GENERAL: African U20 Championships Silver medallist 5000m (23) HONOURS: Afr. U20 Ch. (1xSilver)			
10	Melesse BIRHAN (ETH)	24y	PB: 13:29.74 SV 03 Stadion, Tübingen (GER) 16.06.2018
OTHER PBs: 7:44.66 3000m(18) - 7:47.57 3000m sh(18)			
11	Vincent KIMAIYO (KEN)		PB: 13:24.70 Montesson (FRA) 10.06.2023
GENERAL: African U20 Championships Bronze medallist 5000m (23) OTHER PBs: 27:50 10km Road(23) - 1:03:18 Half Marathon(23) HONOURS: Afr. U20 Ch. (1xBronze) 2024: 10km Road Lille (FRA) 5. 28:02 - 10km Road Drammen (NOR) 2. 28:47			
12	Levy KIBET (KEN)	20y	PB: 13:01.32 Roma (ITA) 09.06.2022
GENERAL: World U20 Championships Bronze medallist 5000m (21) OTHER PBs: 3:45.7h 1500m(21) - 13:02 5 km Road(22) - 27:14 10km Road(23) HONOURS: World U20 Ch. (1xBronze) INFO: Hometown: Kabarnet.			
13	Evans KIPCHUMBA (KEN)		PB: 14:52.24 Auburn, AL (USA) 15.04.2022
INFO: Hometown: Eldoret. Studies: Tulane University. Major in Biology; interested in science.			
14	Simon MAYWA (KEN)	19y	

Start list

3000mSC

Time: 16:13

Lane	Athlete	Nat	NR	PB	SB
1	Matthew KOSGEI	KEN	7:53.64	8:57.34	
2	Elphas Toroitich NDIWA	UGA	8:03.81	8:37.3h	
3	Dinka FIKADU	ETH	7:52.11	8:47.7h	
4	Hirko HAILU	ETH	7:52.11		
5	Obsa Feyisa MENGISTU	ETH	7:52.11		
6	Naibei Kiplimo MAYEBEI	KEN	7:53.64		
7	Wesley LANGAT	KEN	7:53.64	8:32.08	8:32.95
8	Edmund SEREM	KEN	7:53.64	8:31.21	8:31.21
9	Milkesa FIKADU	ETH	7:52.11	8:27.55	8:27.55
10	Samuel DUGUNA	ETH	7:52.11	8:17.27	
11	Lawrence Kemboi KIPSANG	KEN	7:53.64	8:11.26	8:55.56
12	Amos SEREM	KEN	7:53.64	8:09.93	8:22.72
13	Amos KIRUI	KEN	7:53.64	8:08.37	
14	Abraham KIBIWOT	KEN	7:53.64	8:05.51	
15	Benjamin KIGEN	KEN	7:53.64	8:05.12	
16	Wilberforce Chemiat KONES (PM)	KEN	7:53.64	8:21.42	8:55.39
17	Justine KWAMBALI (PM)	KEN	7:53.64		

Pace: 1000m - 2.45.0 (Kwambai) | 2000m - 5:30.0 (Kones) | 66 per lap
Target : 8:15.0

Medal Winners

2024 - African Games

1.	Samuel FIREWU (ETH)	8:24.30
2.	Amos SEREM (KEN)	8:25.77
3.	Simon Kiprop KOECH (KEN)	8:26.19

2023 - World Athletics Ch., Budapest 2023

1.	Soufiane EL BAKKALI (MAR)	8:03.53
2.	Lamecha GIRMA (ETH)	8:05.44
3.	Abraham KIBIWOT (KEN)	8:11.98

2022 - World Athletics Ch., Oregon 2022

1.	Soufiane EL BAKKALI (MAR)	8:25.13
2.	Lamecha GIRMA (ETH)	8:26.01
3.	Conseslus KIPRUTO (KEN)	8:27.92

2022 - African Athletics Ch.

1.	Hailemariam AMARE (ETH)	8:27.38
2.	Tadese TAKELE (ETH)	8:28.31
3.	Geoffrey Kipkemai KIRWA (KEN)	8:29.74

2021 - The XXXII Olympic Games

1.	Soufiane EL BAKKALI (MAR)	8:08.90
2.	Lamecha GIRMA (ETH)	8:10.38
3.	Benjamin KIGEN (KEN)	8:11.45

2019 - IAAF World Ch. in Athletics

1.	Conseslus KIPRUTO (KEN)	8:01.35
2.	Lamecha GIRMA (ETH)	8:01.36
3.	Soufiane EL BAKKALI (MAR)	8:03.76

2019 - African Games

1.	Benjamin KIGEN (KEN)	8:12.39
2.	Getnet WALE (ETH)	8:14.06
3.	Soufiane EL BAKKALI (MAR)	8:19.45

2017 - IAAF World Ch. in Athletics

1.	Conseslus KIPRUTO (KEN)	8:14.12
2.	Soufiane EL BAKKALI (MAR)	8:14.49
3.	Evan JAGER (USA)	8:15.53

2016 - The XXXI Olympic Games

1.	Conseslus KIPRUTO (KEN)	8:03.28
2.	Evan JAGER (USA)	8:04.28
3.	Mahiedine MEKHISSI (FRA)	8:11.52

2016 - Durban African Ch.

1.	Chala BEYO (ETH)	8:21.02
2.	Tolosa NURGI (ETH)	8:22.79
3.	Abraham KIBIWOT (KEN)	8:24.19

Previous Winners

23	Amos KIRUI (KEN)	8:18.45
22	Abraham KIBIWOT (KEN)	8:21.92
21	Soufiane EL BAKKALI (MAR)	8:21.20
20	Abraham KIBIWOT (KEN)	8:17.60

Records

WR	7:52.11	Lamecha GIRMA	ETH	Paris	09.06.23
AR	7:52.11	Lamecha GIRMA	ETH	Paris	09.06.23
NR	7:53.64	Brimin Kiprop KIPRUTO	KEN	Monaco	22.07.11
WJR	7:58.66	Stephen CHERONO	KEN	Bruxelles	24.08.01
MR	8:17.60	Abraham KIBIWOT	KEN		03.10.20
WL	8:22.72	Amos SEREM	KEN	Nairobi	06.03.24

2024 World list

8:22.72	Amos SEREM	KEN	Nairobi (KEN)	06.03.24
8:24.30	Samuel FIREWU	ETH	Accra (GHA)	18.03.24
8:24.41	Simon Kiprop KOECH	KEN	Nairobi (KEN)	06.03.24
8:24.41	Derek JOHNSON	USA	Raleigh, NC (USA)	28.03.24
8:24.86	Benard KETER	USA	Azusa, CA (USA)	11.04.24
8:25.20	John GAY	CAN	Azusa, CA (USA)	11.04.24
8:25.37	Abdelhakim ABOUZOUHAIR	MAR	Azusa, CA (USA)	11.04.24
8:25.48	Victor KIBIEGO	KEN	Azusa, CA (USA)	11.04.24
8:27.17	Mason FERLIC	USA	Walnut, CA (USA)	18.04.24
8:27.30	Abrham SIME	ETH	Accra (GHA)	18.03.24
8:27.55	Milkesa FIKADU	ETH	Accra (GHA)	18.03.24
8:27.75	Christian NOBLE	USA	Raleigh, NC (USA)	28.03.24
8:27.81	Zak SEDDON	GBR	Walnut, CA (USA)	18.04.24
8:28.11	Emil BLOMBERG	SWE	Walnut, CA (USA)	18.04.24
8:28.33	Kenneth ROOKS	USA	Walnut, CA (USA)	18.04.24
8:29.58	Rob MCMANUS	USA	Azusa, CA (USA)	11.04.24
8:29.79	Carlos SAN MARTIN	COL	Azusa, CA (USA)	11.04.24
8:30.09	Travis MAHONEY	USA	Raleigh, NC (USA)	28.03.24
8:30.43	Levi TAYLOR	USA	Azusa, CA (USA)	11.04.24
8:30.47	Clement DUIGOU	FRA	Azusa, CA (USA)	11.04.24

All-Time World list

7:52.11	Lamecha GIRMA	ETH	Paris (FRA)	09.06.23
7:53.63	Saif Saaed SHAHEEN	QAT	Bruxelles (BEL)	03.09.04
7:53.64	Brimin Kiprop KIPRUTO	KEN	Monaco (MON)	22.07.11
7:54.31	Paul Kipsiele KOECH	KEN	Roma (ITA)	31.05.12
7:55.28	Brahim BOULAMI	MAR	Bruxelles (BEL)	24.08.01
7:55.72	Bernard BARMASAI	KEN	Köln (GER)	24.08.97
7:55.76	Ezekiel KEMBOI	KEN	Monaco (MON)	22.07.11
7:56.16	Moses KIPTANUI	KEN	Köln (GER)	24.08.97
7:56.68	Soufiane EL BAKKALI	MAR	Rabat (MAR)	28.05.23
7:56.81	Richard Kipkemboi MATEELONG	KEN	Doha (QAT)	11.05.12
7:57.29	Reuben KOSGEI	KEN	Bruxelles (BEL)	24.08.01
7:58.41	Jairus Kipchoge BIRECH	KEN	Bruxelles (BEL)	05.09.14
7:59.08	Wilson Boit KIPKETER	KEN	Zürich (SUI)	13.08.97
8:00.09	Mahiedine MEKHISSI	FRA	Paris-St-Denis (FRA)	06.07.13
8:00.12	Conseslus KIPRUTO	KEN	Birmingham (GBR)	05.06.16
8:00.45	Evan JAGER	USA	Paris-St-Denis (FRA)	04.07.15
8:01.18	Bouabdellah TAHRI	FRA	Berlin (GER)	18.08.09
8:01.67	Abel Kiprop MUTAI	KEN	Roma (ITA)	31.05.12
8:01.69	Kipkurui MISOI	KEN	Bruxelles (BEL)	24.08.01
8:03.41	Patrick SANG	KEN	Köln (GER)	24.08.97

WR progression

7:52.11	Lamecha GIRMA	ETH	Paris (FRA)	09.06.23
7:53.63	Saif Saaed SHAHEEN	QAT	Bruxelles (BEL)	03.09.04
7:55.28	Brahim BOULAMI	MAR	Bruxelles (BEL)	24.08.01
7:55.72	Bernard BARMASAI	KEN	Köln (GER)	24.08.97
7:59.08	Wilson Boit KIPKETER	KEN	Zürich (SUI)	13.08.97
7:59.18	Moses KIPTANUI	KEN	Zürich (SUI)	16.08.95
8:02.08	Moses KIPTANUI	KEN	Zürich (SUI)	19.08.92
8:05.35	Peter KOECH	KEN	Stockholm (SWE)	03.07.89
8:05.4h	Henry RONO	KEN	Seattle, WA (USA)	13.05.78
8:08.02	Anders GÄRDERUD	SWE	Montréal (CAN)	28.07.76
8:09.70	Anders GÄRDERUD	SWE	Stockholm (SWE)	01.07.75
8:10.4h	Anders GÄRDERUD	SWE	Oslo (NOR)	25.06.75
8:13.91	Benjamin JIPCHO	KEN	Helsinki (FIN)	27.06.73
8:19.8h	Benjamin JIPCHO	KEN	Helsinki (FIN)	19.06.73
8:20.8h	Anders GÄRDERUD	SWE	Helsinki (FIN)	14.09.72
8:21.98	Kerry O'BRIEN	AUS	Berlin (GER)	04.07.70
8:22.2h	Vladimir DUDIN	URS	Kiev (URS)	19.08.69
8:24.2h	Jouko KUHA	FIN	Stockholm (SWE)	17.07.68
8:26.4h	Gaston ROELANTS	BEL	Bruxelles (BEL)	07.08.65

Men's 3000 Metres Steeplechase

Final

20.04.2024

Pace: 1000m - 2:45.0 (Kwambai) | 2000m - 5:30.0 (Kones) | 66 per lap Target : 8:15.0

1	Matthew KOSGEI (KEN)		PB: 8:57.34 Nairobi (KEN) 03.07.2021
2	Elphas Toroitich NDIWA (UGA)	20y	PB: 8:37.3h Kampala (UGA) 25.06.2022
GENERAL: 2 times World U20 Championships finalist National champion 3000mSC (22) OTHER PBs: 3:48.13 1500m(23) - 28:47 10km Road(22) HONOURS: NCH (1xWin)			
3	Dinka FIKADU (ETH)		PB: 8:47.7h Hawassa (ETH) 31.03.2022
4	Hirko HAILU (ETH)		
5	Obsa Feyisa MENGISTU (ETH)		
6	Naibei Kiplimo MAYEBEI (KEN)	24y	
OTHER PBs: 3:38.82 1500m(23) - 27:54.43 10,000m(24) 2024: 10,000m Rishon Letzion (ISR) 1. 27:54.43			
7	Wesley LANGAT (KEN)	29y	SB: 8:32.95 Nairobi (KEN) 06.03 PB: 8:32.08 Nairobi (KEN) 21.06.2018
WA World Rankings: 125th 2024: 10,000m Nairobi (KEN) 22. 29:53.39 - 3000mSC Nairobi (KEN) 1. 8:38.36 - 3000mSC Nairobi (KEN) 4. 8:32.95			
8	Edmund SEREM (KEN)	16y	SB and PB: 8:31.21 Accra (GHA) 18.03
GENERAL: All-African Games finalist WA World Rankings: 93rd HONOURS: 2024: 3000mSC Nairobi (KEN) 3. 8:31.37 - 3000mSC Accra (GHA) AfG 6. 8:31.21			
9	Milkesa FIKADU (ETH)	19y	SB and PB: 8:27.55 Accra (GHA) 18.03
GENERAL: All-African Games finalist OTHER PBs: 7:42.66 3000m sh(24) - 13:32 5 km Road(23) HONOURS: 2024: 3000m sh Lyon (FRA) 1. 7:42.66 - 3000m sh Madrid (ESP) 4. 7:43.73 - 3000mSC Accra (GHA) AfG 5. 8:27.55			
10	Samuel DUGUNA (ETH)	20y	PB: 8:17.27 Zagreb (CRO) 10.09.2023
GENERAL: World U20 champion 3000mSC (22) WA World Rankings: 63rd HONOURS: World U20 Ch. (1xGold)			
11	Lawrence Kemboi KIPSANG (KEN)	30y	SB: 8:55.56 Nairobi (KEN) 06.03 PB: 8:11.26 Nanjing (CHN) 21.05.2019
WA World Rankings: 35th OTHER PBs: 8:01.43 3000m(16) 2024: 3000mSC Nairobi (KEN) 7. 8:55.56			
12	Amos SEREM (KEN)	21y	SB: 8:22.72 Nairobi (KEN) 06.03 PB: 8:09.93 Roma (ITA) 09.06.2022
GENERAL: All-African Games Silver medallist 3000mSC (24) World U20 champion 3000mSC (21) WA World Rankings: 13th OTHER PBs: 13:49 5 km Road(23) - 43:07 15 km Road(23) HONOURS: World U20 Ch. (1xGold) All-Afr. G. (1xSilver) CWG (1xBronze) 2024: 3000mSC Nairobi (KEN) 1. 8:22.72 - 3000mSC Accra (GHA) AfG 2. 8:25.77			
13	Amos KIRUI (KEN)	26y	PB: 8:08.37 Roma (ITA) 08.06.2017
GENERAL: World U20 champion 3000mSC (16) Commonwealth Games Bronze medallist 3000mSC (18) WA World Rankings: 26th OTHER PBs: 13:25.91 5000m(16) - 28:08.98 10,000m(16) - 27:48dh 10km Road(17) HONOURS: World U20 Ch. (1xGold) CWG (1xBronze) Youth OG (1xSilver) INFO: Born in Molo.			
14	Abraham KIBIWOT (KEN)	28y	PB: 8:05.51 Rabat (MAR) 28.05.2023
GENERAL: 2 times World Championships finalist World Championships Bronze medallist 3000mSC (23) WA World Rankings: 4th OTHER PBs: 7:56.05 3000m(21) - 13:49 5 km Road(21) HONOURS: World Ch. (1xBronze): 3. 3000mSC Budapest(23) 8:11.98 - 5. 3000mSC Eugene, OR(22) 8:28.95 - 7. 3000mSC Doha(19) 8:08.52 Afr. Ch. (1xBronze) CWG (1xGold, 1xSilver) Afr. U20 Ch. (1xGold) INFO: Born in Uasin Gishu. Member of the Armed Forces.			
15	Benjamin KIGEN (KEN)	30y	PB: 8:05.12 Monaco (MON) 12.07.2019
GENERAL: Diamond League Final winner 3000mSC (21) Olympic Games Bronze medallist 3000mSC (21) WA World Rankings: 12th OTHER PBs: 3:36.36 1500m(17) - 7:44.77 3000m sh(18) - 5:18.67 2000mSC(17) HONOURS: OG (1xBronze): 3. 3000mSC Tokyo(21) 8:11.45 World Ch. (1xFinal): 6. 3000mSC Doha(19) 8:06.95 DF (1xWin) INFO: Native of Baringo County. Started to run 3000m SC only in 2017. Member of Kenyan Defence Forces.			
16	Wilberforce Chemiat KONES (KEN)	30y	SB: 8:55.39 Nairobi (KEN) 06.01 PB: 8:21.42 Huelva (ESP) 03.06.2021
WA World Rankings: 290th OTHER PBs: 3:43.98 1500m(22) 2024: 3000mSC Nairobi (KEN) 2. 8:55.39			
17	Justine KWAMBAI (KEN)		

Start list Hammer Throw Time: 16:15

Order	Athlete	Nat	NR	PB	SB
1	Dominic Ongidi ABUNDA	KEN	62.57	62.57	60.77
2	Hilmar Örn JÓNSSON	ISL	77.10	77.10	75.79
3	Mykhaylo KOKHAN	UKR	86.74	80.78	78.13
4	Mostafa ELGAMEL	EGY	81.27	81.27	73.92
5	Paweł FAJDEK	POL	83.93	83.93	
6	Wojciech NOWICKI	POL	83.93	82.52	
7	Ethan KATZBERG	CAN	81.25	81.25	

Records

WR	86.74	Yuriy SEDYKH	URS	Stuttgart	30.08.86
AR	81.27	Mostafa ELGAMEL	EGY	Cairo	21.03.14
NR	62.57	Dominic Ongidi ABUNDA	KEN	Asaba	04.08.18
WJB	78.33	Olli-Pekka KARJALAINEN	FIN	Seinäjoki	05.08.99
MR	81.43	Wojciech NOWICKI	POL		07.05.22
WL	80.11	Aliaksandr SHYMANOVICH	BLR	Brest	21.02.24

2024 World list

80.11	Aliaksandr SHYMANOVICH	BLR	Brest (BLR)	21.02.24
79.03	Daniel HAUGH	USA	Ramona, OK (USA)	14.04.24
78.27	Valeriy PRONKIN	RUS	Sochi (RUS)	18.02.24
78.21	Yann CHAUSSINAND	FRA	St-Denis-Réunion (FRA)	27.01.24
78.13	Mykhaylo KOKHAN	UKR	Leiria (POR)	09.03.24
77.73	Denzel COMENENTIA	NED	Ramona, OK (USA)	14.04.24
76.85	Gabriel KEHR	CHI	Santiago de Chile (CHI)	31.03.24
76.36	Trey KNIGHT	USA	Los Angeles, CA (USA)	22.03.24
76.31	Joaquin GÓMEZ	ARG	Mar del Plata (ARG)	14.04.24
76.22	Bence HALÁSZ	HUN	Leiria (POR)	09.03.24
75.98	Jerome VEGA	PUR	Carolina (PUR)	15.03.24
75.79	Hilmar Örn JÓNSSON	ISL	Hafnarfjörður (ISL)	29.02.24
75.67	Humberto MANSILLA	CHI	Mar del Plata (ARG)	10.04.24
75.45	Merlin HUMMEL	GER	Halle (GER)	24.02.24
75.40	Qi WANG	CHN	Chengdu (CHN)	03.04.24
75.30	Volodymyr MYSLYVCHUK	UKR	Pardubice (CZE)	16.03.24
75.07	Jake NORRIS	GBR	Loughborough (GBR)	17.02.24
74.96	Christos FRANTZESKAKIS	GRE	Leiria (POR)	09.03.24
74.90	Matija GREGURIĆ	CRO	Domžale (SLO)	17.02.24
74.88	Ragnar CARLSSON	SWE	Falun (SWE)	05.02.24

All-Time World list

86.74	Yuriy SEDYKH	URS	Stuttgart (GER)	30.08.86
86.04	Sergey LITVINOV	URS	Dresden (GER)	03.07.86
84.90	Vadim DEVIYATOVSKIY	BLR	Minsk (BLR)	21.07.05
84.86	Koji MURFUSHI	JPN	Praha (CZE)	29.06.03
84.62	Igor ASTAPKOVICH	BLR	Sevilla (ESP)	06.06.92
84.51	Ivan TIKHON	BLR	Grodno (BLR)	09.07.08
84.48	Igor NIKULIN	URS	Lausanne (SUI)	12.07.90
84.40	Jüri TAMM	URS	Banská Bystrica (TCH)	09.09.84
84.19	Adrián ANNUS	HUN	Szombathely (HUN)	10.08.03
83.93	Paweł FAJDEK	POL	Szczecin (POL)	09.08.15
83.68	Tibor GÉCSEK	HUN	Zalaegerszeg (HUN)	19.09.98
83.46	Andrey ABDUALIYEV	URS	Adler (URS)	26.05.90
83.43	Aleksey ZAGORNIY	RUS	Sochi (RUS)	10.02.02
83.40	Ralf HABER	GDR	Athina (GRE)	16.05.88
83.38	Szymon ZIÓŁKOWSKI	POL	Edmonton (CAN)	05.08.01
83.30	Olli-Pekka KARJALAINEN	FIN	Lahti (FIN)	14.07.04
83.04	Heinz WEIS	GER	Frankfurt (GER)	29.06.97
83.00	Balázs KISS	HUN	St-Denis (FRA)	04.06.98
82.78	Karsten KOBBS	GER	Dortmund (GER)	26.06.99
82.71	Rudy WINKLER	USA	Eugene, OR (USA)	20.06.21

WR progression

86.74	Yuriy SEDYKH	URS	Stuttgart (GER)	30.08.86
86.66	Yuriy SEDYKH	URS	Tallinn (EST)	22.06.86
86.34	Yuriy SEDYKH	URS	Cork (IRL)	03.07.84
84.14	Sergey LITVINOV	URS	Moskva (URS)	21.06.83
83.98	Sergey LITVINOV	URS	Moskva (URS)	04.06.82
81.80	Yuriy SEDYKH	URS	Moskva (URS)	31.07.80
81.66	Sergey LITVINOV	URS	Sochi (URS)	24.05.80
80.64	Yuriy SEDYKH	URS	Leselidze (URS)	16.05.80
80.46	Jüri TAMM	URS	Leselidze (URS)	16.05.80
80.38	Yuriy SEDYKH	URS	Leselidze (URS)	16.05.80
80.32	Karl-Hans RIEHM	FRG	Heidenheim (GER)	06.08.78
80.14	Boris ZAYCHUK	URS	Moskva (URS)	09.07.78
79.30	Walter SCHMIDT	FRG	Frankfurt (GER)	14.08.75
78.50	Karl-Hans RIEHM	FRG	Rehlingen (GER)	19.05.75
77.56	Karl-Hans RIEHM	FRG	Rehlingen (GER)	19.05.75
76.70	Karl-Hans RIEHM	FRG	Rehlingen (GER)	19.05.75
76.66	Aleksey SPIRIDONOV	URS	München (GER)	11.09.74
76.60	Reinhard THEIMER	GDR	Leipzig (GER)	04.07.74
76.40	Walter SCHMIDT	FRG	Lahr (FRG)	04.09.71

Medal Winners

2024 - African Games

1.	Mostafa ELGAMEL (EGY)	73.65
2.	Mohsen ANANI (TUN)	67.71
3.	Alan CUMMING (RSA)	67.57

2023 - World Athletics Ch., Budapest 2023

1.	Ethan KATZBERG (CAN)	81.25
2.	Wojciech NOWICKI (POL)	81.02
3.	Bence HALÁSZ (HUN)	80.82

2022 - World Athletics Ch., Oregon 2022

1.	Paweł FAJDEK (POL)	81.98
2.	Wojciech NOWICKI (POL)	81.03
3.	Eivind HENRIKSEN (NOR)	80.87

2022 - African Athletics Ch.

1.	Alan CUMMING (RSA)	69.13
2.	Tshepang MAKHETHE (RSA)	68.75
3.	Alaa EL ASHRY (EGY)	68.24

2021 - The XXXII Olympic Games

1.	Wojciech NOWICKI (POL)	82.52
2.	Eivind HENRIKSEN (NOR)	81.58
3.	Paweł FAJDEK (POL)	81.53

2019 - IAAF World Ch. in Athletics

1.	Paweł FAJDEK (POL)	80.50
2.	Quentin BIGOT (FRA)	78.19
3.	Wojciech NOWICKI (POL)	77.69
3.	Bence HALÁSZ (HUN)	78.18

2019 - African Games

1.	Mostafa ELGAMEL (EGY)	72.50
2.	Alaa EL ASHRY (EGY)	72.04
3.	Eslam Moussad SERIA (EGY)	71.36

2018 - African Ch.

1.	Mostafa ELGAMEL (EGY)	73.50
2.	Eslam Moussad SERIA (EGY)	70.32
3.	Hassan Mohamed MAHMOUD (EGY)	69.90

2017 - IAAF World Ch. in Athletics

1.	Paweł FAJDEK (POL)	79.81
2.	Valeriy PRONKIN (ANA)	78.16
3.	Wojciech NOWICKI (POL)	78.03

2016 - The XXXI Olympic Games

1.	Dilshod NAZAROV (TJK)	78.68
2.	Ivan TIKHON (BLR)	77.79
3.	Wojciech NOWICKI (POL)	77.73

Previous Winners

23	Wojciech NOWICKI (POL)	79.78
22	Wojciech NOWICKI (POL)	81.43
21	Paweł FAJDEK (POL)	79.19
20	Marco LINGUA (ITA)	70.20

Men's Hammer Throw

Final

20.04.2024

1	Dominic Ongidi ABUNDA (KEN)	30y	SB: 60.77 Accra (GHA) 21.03	PB: 62.57 Asaba (NGR) 04.08.2018
GENERAL: 6 times National champion Hammer Throw (23, 19, 18, 17, 16, 15) 2 times All-African Games finalist WA World Rankings: 293rd				
HONOURS: NCH (6xWin)				
2024: Hammer Throw Nairobi (KEN) 1. 56.96 - Hammer Throw Nairobi (KEN) 1. 59.63 - Hammer Throw Nairobi (KEN) 1. 57.65 - Hammer Throw Accra (GHA) AfG 5. 60.77				
INFO:				
2	Hilmar Örn JÓNSSON (ISL)	27y	SB: 75.79 Hafnarfjörður (ISL) 29.02	PB: 77.10 Hafnarfjörður (ISL) 27.08.2020
GENERAL: 10 times National champion Hammer Throw (23, 22, 21, 20, 19, 18, 17, 16, 15, 13) WA World Rankings: 26th				
OTHER PBs: 79.81 Hammer Throw (6kg)(15) - 74.45 Hammer Throw (5kg)(13) - 21.96 Weight Throw(22)				
HONOURS: NCH (10xWin)				
2024: Hammer Throw Falun (SWE) 1. 66.47 - Hammer Throw Falun (SWE) 2. 71.95 - Hammer Throw Hafnarfjörður (ISL) 1. 75.79 - Hammer Throw Leiria (POR) 12. 69.22				
INFO: Born in Reykjavik. Studies: University of Virginia.				
3	Mykhaylo KOKHAN (UKR)	23y	SB: 78.13 Leiria (POR) 09.03	PB: 80.78 Székesfehérvár (HUN) 05.07.2021
GENERAL: 3 times World Championships finalist Olympic Games finalist Hammer Throw (21) WA World Rankings: 5th				
OTHER PBs: 84.73 Hammer Throw (6kg)(19) - 87.82 Hammer Throw (5kg)(18) Current Records: 1xAU20R: AU20R 84.73 Hammer Throw (6kg) Borás(19) 1xWU18B: WU18B 87.82 Hammer Throw (5kg) Győr(18)				
HONOURS: OG (1xFinal): 4. Hammer Throw Tokyo(21) 80.39 World Ch. (3xFinal): 5. Hammer Throw Budapest(23) 79.59 - 5. Hammer Throw Doha(19) 77.39 - 7. Hammer Throw Eugene, OR(22) 78.83 World U20 Ch. (1xSilver) World Youth Ch. (1xGold)				
2024: Hammer Throw Bois d'Arcy (FRA) 1. 77.06 - Hammer Throw Leiria (POR) 1. 78.13				
INFO: Hometown: Zaporozhye. Nickname: Misha. Former UKR Male Athlete and Rising Star of the Year. Likes working on his car. Earlier played football. His sporting hero is Hungarian hammer thrower Bence Halász.				
4	Mostafa ELGAMEL (EGY)	35y	SB: 73.92 Cairo (EGY) 29.02	PB: 81.27 Cairo (EGY) 21.03.2014
GENERAL: 4 times All-African Games winner Hammer Throw (15, 11, 24, 19) 2 times African champion Hammer Throw (18, 14) WA World Rankings: 22nd				
Current Records: 1xAR: AR 81.27 Hammer Throw Cairo(14)				
HONOURS: World Ch. (1xFinal): 6. Hammer Throw Beijing(15) 76.81 World (Cont.) Cup (2xSilver) Afr. Ch. (2xGold, 1xSilver, 2xBronze) All-Afr. G. (4xGold)				
2024: Hammer Throw Cairo (EGY) 1. 73.92 - Hammer Throw Accra (GHA) AfG 1. 73.65				
INFO: Born in El-Giza. Studies: Helwan University. Likes drawing. Earlier was involved in swimming.				
5	Paweł FAJDEK (POL)	34y	PB: 83.93 Szczecin (POL) 09.08.2015	
GENERAL: 5 times World champion Hammer Throw (22, 19, 17, 15, 13) 2 times European Championships Silver medallist Hammer Throw (18, 14) WA World Rankings: 6th				
OTHER PBs: 75.31 Hammer Throw (6kg)(08) - 23.22 Weight Throw(14)				
HONOURS: OG (1xBronze): 3. Hammer Throw Tokyo(21) 81.53 World Ch. (5xGold): 1. Hammer Throw Eugene, OR(22) 81.98 - 1. Hammer Throw Doha(19) 80.50 - 1. Hammer Throw London(17) 79.81 - 1. Hammer Throw Beijing(15) 80.88 - 1. Hammer Throw Moskva(13) 81.97 - 4. Hammer Throw Budapest(23) 80.00 World (Cont.) Cup (1xBronze)				
INFO: Born in Swiebozdice. Studies: Academy in Sports Education in Warsaw. First thrower in history to win 5 successive gold medals at the WCH. Has a daughter Laila. Likes playing video games. His idols are Szymon Ziolkowski and Kamila Skolimowska. Hit the headlines in August 2015 when he was said to have paid with his gold medal for the taxi in Beijing.				
6	Wojciech NOWICKI (POL)	35y	PB: 82.52 Tokyo (JPN) 04.08.2021	
GENERAL: Olympic champion Hammer Throw (21) 2 times World Championships Silver medallist Hammer Throw (23, 22) WA World Rankings: 1st				
OTHER PBs: 22.72 Weight Throw(14)				
HONOURS: OG (1xGold, 1xBronze): 1. Hammer Throw Tokyo(21) 82.52 - 3. Hammer Throw Rio de Janeiro(16) 77.73 World Ch. (2xSilver, 3xBronze): 2. Hammer Throw Budapest(23) 81.02 - 2. Hammer Throw Eugene, OR(22) 81.03 - 3. Hammer Throw Doha(19) 77.69 - 3. Hammer Throw London(17) 78.03 - 3. Hammer Throw Beijing(15) 78.55 Eur. Ch. (2xGold, 1xBronze): 1. Hammer Throw München(22) 82.00 - 1. Hammer Throw Berlin(18) 80.12 - 3. Hammer Throw Amsterdam(16) 77.53				
INFO: Born in Białystok. Mechanical Engineering studies at Białystok University of Technology. Member of the Armed Forces. Likes shooting. Has two daughters, Amelia and Izabela. His idols are Szymon Ziolkowski and Kamila Skolimowska. Former Polish Leading Male Athlete of the Year; he was honored with the Silver Cross of Merit by the Polish president. One of the proudest moments: winning an Olympic medal in Rio.				
7	Ethan KATZBERG (CAN)	22y	PB: 81.25 Budapest (HUN) 20.08.2023	
GENERAL: World champion Hammer Throw (23) Pan American Games winner Hammer Throw (23) WA World Rankings: 2nd				
OTHER PBs: 77.97 Hammer Throw (6kg)(21)				
HONOURS: World Ch. (1xGold): 1. Hammer Throw Budapest(23) 81.25 PanAm G. (1xGold) CWG (1xSilver) NCH (1xWin)				
INFO: Native of Nanaimo, British Columbia. In 2023 he became the youngest-ever world champion in the men's hammer throw. 1st Canadian male athlete to reach the WCH podium in the hammer throw.				

Start list

Javelin Throw

Time: 12:30

Order	Athlete	Nat	NR	PB	SB
1	Alex TOROITICH KIPROTICH	KEN	92.72	78.84	75.45
2	Jaroslav JÍLEK	CZE	98.48	83.19	75.27
3	Patriks GAILUMS	LAT	90.73	84.05	78.69
4	Gatis ČAKŠS	LAT	90.73	87.57	
5	Manu QUIJERA	ESP	84.80	83.28	79.88
6	Ihab ABDELRAHMAN	EGY	89.21	89.21	76.68
7	Timothy HERMAN	BEL	87.35	87.35	74.79
8	Thomas RÖHLER	GER	97.76	93.90	
9	Julius YEGO	KEN	92.72	92.72	81.74

Records

WR	98.48	Jan ŽELEZNY	CZE	Jena	25.05.96
AR	92.72	Julius YEGO	KEN	Beijing	26.08.15
NR	92.72	Julius YEGO	KEN	Beijing	26.08.15
WJR	86.48	Neeraj CHOPRA	IND	Bydgoszcz	23.07.16
MR	87.35	Timothy HERMAN	BEL		13.05.23
WL	90.20	Max DEHNING	GER	Halle	25.02.24

2024 World list

90.20	Max DEHNING	GER	Halle (GER)	25.02.24
87.00	Jakub VADLEJCH	CZE	Potchefstroom (RSA)	14.03.24
84.04	Alexandru Mihaita NOVAC	ROU	București (ROU)	24.02.24
83.77	Jordan DAVIS	USA	Austin, TX (USA)	29.03.24
83.37	Ryohei ARAI	JPN	Auckland (NZL)	10.03.24
82.80	Chinecherem NNAMDI	NGR	Accra (GHA)	22.03.24
82.32	Marc Anthony MINICHELLO	USA	Coral Gables, FL (USA)	23.03.24
81.89	Artur FELFNER	UKR	Leiria (POR)	10.03.24
81.74	Julius YEGO	KEN	Accra (GHA)	22.03.24
81.68	Vikrant MALIK	IND	Patiala (IND)	22.03.24
81.67	Hiroya KIYOKAWA	JPN	Hiratsuka (JPN)	29.03.24
81.09	Curtis THOMPSON	USA	Austin, TX (USA)	29.03.24
80.69	Anderson PETERS	GRN	St. George's (GRN)	03.03.24
80.56	Haoran HU	CHN	Chengdu (CHN)	30.03.24
80.52	Ioannis KYRIAZIS	GRE	Leiria (POR)	10.03.24
80.47	Shivpal SINGH	IND	Patiala (IND)	22.03.24
80.30	Sindri Hrafn GUDMUNDSSON	ISL	Tuscaloosa, AL (USA)	06.04.24
80.02	Pedro Henrique RODRIGUES	BRA	Bragança Paulista (BRA)	06.04.24
79.88	Manu QUIJERA	ESP	Hueska (ESP)	13.04.24
79.66	György HERCZEG	HUN	Budapest (HUN)	28.02.24

All-Time World list

98.48	Jan ŽELEZNY	CZE	Jena (GER)	25.05.96
97.76	Johannes VETTER	GER	Chorzów (POL)	06.09.20
93.90	Thomas RÖHLER	GER	Doha (QAT)	05.05.17
93.09	Aki PARVAINEN	FIN	Kuortane (FIN)	26.06.99
93.07	Anderson PETERS	GRN	Doha (QAT)	13.05.22
92.72	Julius YEGO	KEN	Beijing (CHN)	26.08.15
92.61	Sergey MAKAROV	RUS	Sheffield (GBR)	30.06.02
92.60	Raymond HECHT	GER	Oslo (NOR)	21.07.95
92.06	Andreas HOFMANN	GER	Offenburg (GER)	02.06.18
91.69	Konstantinos GATSILOUDIS	GRE	Kuortane (FIN)	24.06.00
91.59	Andreas THORKILDSEN	NOR	Oslo (NOR)	02.06.06
91.53	Tero PITKÄMÄKI	FIN	Kuortane (FIN)	26.06.05
91.46	Steve BACKLEY	GBR	Auckland (NZL)	25.01.92
91.36	Chao-Tsun CHENG	TPE	Taipei City (TPE)	26.08.17
91.29	Breaux GREER	USA	Indianapolis, IN (USA)	21.06.07
90.88	Jakub VADLEJCH	CZE	Doha (QAT)	13.05.22
90.82	Kimmo KINNUNEN	FIN	Tokyo (JPN)	26.08.91
90.73	Vadims VASIJEVSKIS	LAT	Tallinn (EST)	22.07.07
90.61	Magnus KIRT	EST	Kuortane (FIN)	22.06.19
90.60	Seppo RÄTY	FIN	Nurmijärvi (FIN)	20.07.92

WR progression

98.48	Jan ŽELEZNY	CZE	Jena (GER)	25.05.96
95.66	Jan ŽELEZNY	CZE	Sheffield (GBR)	29.08.93
95.54	Jan ŽELEZNY	CZE	Pietersburg (RSA)	06.04.93
91.46	Steve BACKLEY	GBR	Auckland (NZL)	25.01.92
89.58	Steve BACKLEY	GBR	Stockholm (SWE)	02.07.90
89.10	Patrik BODÉN	SWE	Austin, TX (USA)	24.03.90
87.66	Jan ŽELEZNY	TCH	Nitra (TCH)	31.05.87
85.74	Klaus TAFELMEIER	FRG	Como (ITA)	21.09.86
104.80	Uwe HOHN	GDR	Berlin (GDR)	20.07.84
99.72	Tom PETRANOFF	USA	Westwood, CA (USA)	15.05.83
96.72	Ferenc PARAGI	HUN	Tata (HUN)	23.04.80
94.58	Miklós NÉMETH	HUN	Montréal (CAN)	26.07.76
94.08	Klaus WOLFFERMANN	FRG	Leverkusen (GER)	05.05.73
93.80	Jānis LUSIS	URS	Stockholm (SWE)	06.07.72
92.70	Jorma KINNUNEN	FIN	Tampere (FIN)	18.06.69
91.98	Jānis LUSIS	URS	Saarjärvi (FIN)	23.06.68
91.72	Terje PEDERSEN	NOR	Oslo (NOR)	02.09.64
87.12	Terje PEDERSEN	NOR	Oslo (NOR)	01.07.64
86.74	Carlo LIEVORE	ITA	Milano (ITA)	01.06.61

Medal Winners

2024 - African Games

1.	Chinecherem NNAMDI (NGR)	82.80
2.	Julius YEGO (KEN)	81.74
3.	Mustafa Mahmoud ABDEL KHALIQ (EGY)	78.10

2023 - World Athletics Ch., Budapest 2023

1.	Neeraj CHOPRA (IND)	88.17
2.	Arshad NADEEM (PAK)	87.82
3.	Jakub VADLEJCH (CZE)	86.67

2022 - World Athletics Ch., Oregon 2022

1.	Anderson PETERS (GRN)	90.54
2.	Neeraj CHOPRA (IND)	88.13
3.	Jakub VADLEJCH (CZE)	88.09

2022 - African Athletics Ch.

1.	Julius YEGO (KEN)	79.62
2.	Ihab ABDELRAHMAN (EGY)	77.12
3.	Phil-Mar VAN RENSBURG (RSA)	74.10

2021 - The XXXII Olympic Games

1.	Neeraj CHOPRA (IND)	87.58
2.	Jakub VADLEJCH (CZE)	86.67
3.	Vítězslav VESELY (CZE)	85.44

2019 - IAAF World Ch. in Athletics

1.	Anderson PETERS (GRN)	86.89
2.	Magnus KIRT (EST)	86.21
3.	Johannes VETTER (GER)	85.37

2019 - African Games

1.	Julius YEGO (KEN)	87.73
2.	Alex TOROITICH KIPROTICH (KEN)	77.50
3.	Chinecherem NNAMDI (NGR)	73.24

2018 - African Ch.

1.	Julius YEGO (KEN)	77.34
2.	Phil-Mar VAN RENSBURG (RSA)	76.57
3.	Samuel KURE (NGR)	75.69

2017 - IAAF World Ch. in Athletics

1.	Johannes VETTER (GER)	89.89
2.	Jakub VADLEJCH (CZE)	89.73
3.	Petr FRYDRYCH (CZE)	88.32

2016 - The XXXI Olympic Games

1.	Thomas RÖHLER (GER)	90.30
2.	Julius YEGO (KEN)	88.24
3.	Keshorn WALCOTT (TTO)	85.38

Previous Winners

23	Timothy HERMAN (BEL)	87.35
22	Ihab ABDELRAHMAN (EGY)	83.79
21	Aliaksei KATKAVETS (BLR)	82.65
20	Alex TOROITICH KIPROTICH (KEN)	76.71

Men's Javelin Throw

Final

20.04.2024

1	Alex Toroitich KIPROTICH (KEN)	29y	SB: 75.45 Accra (GHA) 22.03	PB: 78.84 Eldoret (KEN) 22.05.2015
GENERAL: All-African Games Silver medallist Javelin Throw (19) African Championships Bronze medallist Javelin Throw (16) WA World Rankings: 73rd				
HONOURS: Afr. Ch. (1xBronze) All-Afr. G. (1xSilver) Afr. U20 Ch. (1xGold)				
2024: Javelin Throw Potchefstroom (RSA) 1. 67.45 - Javelin Throw Nairobi (KEN) 2. 75.37 - Javelin Throw Accra (GHA) AfG 6. 75.45				
INFO: Born in Mt Elgon.				
2	Jaroslav JÍLEK (CZE)	34y	SB: 75.27 Johannesburg (RSA) 27.03	PB: 83.19 Kawasaki (JPN) 08.05.2016
WA World Rankings: 80th				
2024: Javelin Throw Johannesburg (RSA) 1. 75.27				
INFO: Athlete of Prague. Coached by Jan Zelezny.				
3	Patriks GAILUMS (LAT)	25y	SB: 78.69 Leiria (POR) 10.03	PB: 84.05 Bergamo (ITA) 10.06.2023
GENERAL: European Championships finalist European (Winter) Throwing Cup Silver medallist Javelin Throw (22) WA World Rankings: 22nd				
OTHER PBs: 77.15 Javelin Throw (700g)(15)				
HONOURS: Eur. Throw. Cup (1xSilver)				
2024: Javelin Throw Leiria (POR) 6. 78.69				
INFO: Based in Riga. Electrical Power Engineering studies at Riga Technical University.				
4	Gatis ČAKŠS (LAT)	28y	PB: 87.57 Eisenstadt (AUT) 09.06.2021	
GENERAL: World U20 champion Javelin Throw (14) 3 times National champion Javelin Throw (21, 20, 19) WA World Rankings: 47th				
HONOURS: World U20 Ch. (1xGold) NCH (3xWin)				
2024: Shot Put Valmiera (LAT) 3. 15.06 - Shot Put Valmiera (LAT) 4. 15.41				
INFO: Born in Livani. Studies: Latvian Academy of Sport Education. Motto: "Without optimism, nothing can be achieved".				
5	Manu QUIJERA (ESP)	26y	SB: 79.88 Hueska (ESP) 13.04	PB: 83.28 La Nucia (ESP) 12.06.2022
GENERAL: 2 times National champion Javelin Throw (22, 19) European (Winter) Throwing Cup Bronze medallist Javelin Throw (23) WA World Rankings: 52nd				
OTHER PBs: 77.26 Javelin Throw (700g)(15)				
HONOURS: Eur. Throw. Cup (1xBronze) NCH (2xWin)				
2024: Javelin Throw Jaén (ESP) 1. 78.65 - Javelin Throw Leiria (POR) 3. 76.16 - Javelin Throw Hueska (ESP) 1. 79.88				
INFO: Born in Pamplona.				
6	Ihab ABDELRAHMAN (EGY)	34y	SB: 76.68 Accra (GHA) 22.03	PB: 89.21 Shanghai (CHN) 18.05.2014
GENERAL: World Championships Silver medallist Javelin Throw (15) 2 times African Championships Silver medallist Javelin Throw (22, 14) WA World Rankings: 15th				
HONOURS: World Ch. (1xSilver); 2. Javelin Throw Beijing(15) 88.99 - 7. Javelin Throw Moskva(13) 80.94 World (Cont.) Cup (1xGold) World U20 Ch. (1xSilver) Afr. Ch. (1xGold, 2xSilver)				
2024: Javelin Throw Accra (GHA) AfG 4. 76.68				
INFO: Born in Al Sharqia Governorate. Studies: Helwan University. His first name Ihab means gift in Arabic. Favorite football club is Real Madrid. First played football. His idols are Andreas Thorkildsen and Tero Pitkamaki.				
7	Timothy HERMAN (BEL)	33y	SB: 74.79 Leiria (POR) 10.03	PB: 87.35 Nairobi (KEN) 13.05.2023
GENERAL: 9 times National champion Javelin Throw (23, 22, 21, 20, 19, 18, 16, 15, 14) European Team Championships Silver medallist Javelin Throw (23) WA World Rankings: 13th				
HONOURS: Eur. Team Ch. (1xSilver) NCH (9xWin)				
2024: Javelin Throw Leiria (POR) 8. 74.79				
INFO: Born in Oudenaarde. His favorite javelin is Nemeth Classic 95. His idol is Andreas Thorkildsen.				
8	Thomas RÖHLER (GER)	32y	PB: 93.90 Doha (QAT) 05.05.2017	
GENERAL: Olympic champion Javelin Throw (16) Diamond League Final winner Javelin Throw (14) WA World Rankings: 67th				
HONOURS: OG (1xGold); 1. Javelin Throw Rio de Janeiro(16) 90.30 World Ch. (2xFinal); 4. Javelin Throw London(17) 88.26 - 4. Javelin Throw Beijing(15) 87.41 DF (1xWin) World (Cont.) Cup (1xGold)				
INFO: Born and raised in Jena. Studies: Friedrich-Schiller-Universität, Jena. Former Sports Person of the city Jena. As a youth he competed in the triple and high jump.				
9	Julius YEGO (KEN)	35y	SB: 81.74 Accra (GHA) 22.03	PB: 92.72 Beijing (CHN) 26.08.2015
GENERAL: World champion Javelin Throw (15) Olympic Games Silver medallist Javelin Throw (16) WA World Rankings: 20th				
Current Records: 1xAR: AR 92.72 Javelin Throw Beijing(15)				
HONOURS: OG (1xSilver); 2. Javelin Throw Rio de Janeiro(16) 88.24 World Ch. (1xGold); 1. Javelin Throw Beijing(15) 92.72 - 4. Javelin Throw Moskva(13) 85.40 Afr. Ch. (4xGold, 1xBronze)				
2024: Javelin Throw Nairobi (KEN) 1. 77.81 - Javelin Throw Accra (GHA) AfG 2. 81.74				
INFO: Born in Cheptonon. Studies: Kajaani University, Finland. 1st Kenyan athlete to win field gold medal in a major event and also 1st African javelin thrower to reach the Olympic final. Became interested in the javelin throw as a youth; watched videos of athletes such as Zelezny or Thorkildsen to help with his technique; when he left school he worked as a policeman. Loves football and a passionate Arsenal fan. Former KEN Male Athlete of the Year.				

Start list 100m Time: 16:05

Lane	Athlete	Nat	NR	PB	SB
1	Viktória FORSTER	SVK	11.26	11.26	11.57
2	Shannon RAY	USA	10.49	11.09	11.31
3	Christine MBOMA	NAM	10.97	10.97	
4	Bassant HEMIDA	EGY	11.02	11.02	
5	Gina Mariam BASS BITTAYE	GAM	11.05	11.05	11.35
6	Rani ROSIUS	BEL	11.04	11.18	
7	Lilly KADEN	GER	10.81	11.28	
8	Esther MBAGARI	KEN	11.19	11.60	11.60

Records

WR	10.49	Florence GRIFFITH-JOYNER	USA	Indianapolis, IN	16.07.88
AR	10.72	Marie-Josée TA LOU	CIV	Monaco	10.08.22
NR	11.19	Maximila IMALI	KEN	Nairobi	25.06.22
WJR	10.88	Marlies OELSNER	GDR	Dresden	01.07.77
MR	10.67	Shelly-Ann FRASER-PRYCE	JAM		07.05.22
WL	10.77	Jacious SEARS	USA	Gainesville, FL	13.04.24

2024 World list

10.77	+1.6	Jacious SEARS	USA	Gainesville, FL (USA)	13.04.24
10.94	+1.2	Tamari DAVIS	USA	Gainesville, FL (USA)	13.04.24
10.94	+1.2	Melissa JEFFERSON	USA	Gainesville, FL (USA)	13.04.24
11.01	+1.2	Talitha DIGGS	USA	Gainesville, FL (USA)	13.04.24
11.04	+1.1	Gémima JOSEPH	FRA	Remire-Montjoly (FRA)	13.04.24
11.05	+1.1	Abby STEINER	USA	Gainesville, FL (USA)	13.04.24
11.08	+0.3	Audrey LEDUC	CAN	Gainesville, FL (USA)	30.03.24
11.09	+1.2	Alana REID	JAM	Gainesville, FL (USA)	13.04.24
11.10	+1.6	Torrie LEWIS	AUS	Canberra (AUS)	27.01.24
11.10	+1.6	Kaila JACKSON	USA	Gainesville, FL (USA)	13.04.24
11.12	+1.1	Tia CLAYTON	JAM	Kingston (JAM)	16.03.24
11.12	+1.6	Rosemary CHUKWUMA	NGR	Gainesville, FL (USA)	13.04.24
11.13	+0.8	Zoe HOBBS	NZL	Wellington (NZL)	15.03.24
11.13	+1.6	Alyssa COLBERT	USA	Austin, TX (USA)	30.03.24
11.13	+1.1	Kiara PARKER	USA	Gainesville, FL (USA)	13.04.24
11.14	+0.1	Dajaz DEFRAND	USA	Tuscaloosa, AL (USA)	06.04.24
11.15	+1.2	Kemba NELSON	JAM	Gainesville, FL (USA)	13.04.24
11.15	-0.2	Jahniya BOWERS	USA	Gainesville, FL (USA)	13.04.24
11.16	+1.0	Shashalee FORBES	JAM	Kingston (JAM)	16.03.24
11.16	+1.3	Jada BAYLARK	USA	Gainesville, FL (USA)	13.04.24

All-Time World list

10.49	0.0	Florence GRIFFITH-JOYNER	USA	Indianapolis, IN (USA)	16.07.88
10.54	+0.9	Elaine THOMPSON-HERAH	JAM	Eugene, OR (USA)	21.08.21
10.60	+1.7	Shelly-Ann FRASER-PRYCE	JAM	Lausanne (SUI)	26.08.21
10.64	+1.2	Carmelita JETER	USA	Shanghai (CHN)	20.09.09
10.65	+1.1	Marion JONES	USA	Johannesburg (RSA)	12.09.98
10.65	+1.0	Shericka JACKSON	JAM	Kingston (JAM)	07.07.23
10.65	-0.2	Sha'Carri RICHARDSON	USA	Budapest (HUN)	21.08.23
10.72	+0.4	Marie-Josée TA LOU	CIV	Monaco (MON)	10.08.22
10.73	+2.0	Christine ARRON	FRA	Budapest (HUN)	19.08.98
10.74	+1.3	Merlene OTTEY	JAM	Milano (ITA)	07.09.96
10.74	+1.0	English GARDNER	USA	Eugene, OR (USA)	03.07.16
10.75	+0.4	Kerron STEWART	JAM	Roma (ITA)	10.07.09
10.76	+1.7	Evelyn ASHFORD	USA	Zürich (SUI)	22.08.84
10.76	+1.1	Veronica CAMPBELL-BROWN	JAM	Ostrava (CZE)	31.05.11
10.77	+0.9	Irina PRIVALOVA	RUS	Lausanne (SUI)	06.07.94
10.77	+0.7	Ivet LALOVA-COLLIO	BUL	Plovdiv (BUL)	19.06.04
10.77	+1.6	Jacious SEARS	USA	Gainesville, FL (USA)	13.04.24
10.78	+1.0	Dawn SOWELL	USA	Provo, UT (USA)	03.06.89
10.78	+1.8	Tom Edwards	USA	Eugene, OR (USA)	28.06.08
10.78	+1.6	Murielle AHOURÉ	CIV	Montverde, FL (USA)	11.06.16

WR progression

10.49	0.0	Florence GRIFFITH-JOYNER	USA	Indianapolis, IN (USA)	16.07.88
10.76	+1.7	Evelyn ASHFORD	USA	Zürich (SUI)	22.08.84
10.79	+0.6	Evelyn ASHFORD	USA	Colorado Springs, CO (USA)	03.07.83
10.81	+1.7	Marlies GÖHR	GDR	Berlin (GER)	08.06.83
10.88	+1.9	Marlies GÖHR	GDR	Karl Marx Stadt (GDR)	09.07.82
10.88	+2.0	Marlies OELSNER	GDR	Dresden (GER)	01.07.77
11.01	+0.6	Annegret RICHTER	FRG	Montréal (CAN)	25.07.76
11.04	+0.6	Ingeborg HELTEN	FRG	Fürth (GER)	13.06.76
11.07	-0.2	Renate STECHER	GDR	München (GER)	02.09.72
11.08	+1.2	Wyomia TYUS	USA	Ciudad de México (MEX)	15.10.68
11.20	+1.8	Irena SZEWINSKA	POL	Ciudad de México (MEX)	14.10.68
11.1h	0.0	Lyudmila SAMOTYOSOVA	URS	Leninakan (URS)	15.08.68
11.1h	+0.3	Barbara FERRELL	USA	Santa Barbara, CA (USA)	02.07.67
11.1h	+0.2	Wyomia TYUS	USA	Kiev (URS)	31.07.65
11.1h	+2.0	Irena KIRSZENSTEIN	POL	Praha (TCH)	09.07.65
11.2h	+0.3	Wyomia TYUS	USA	Tokyo (JPN)	15.10.64
11.2h	+0.7	Wilma RUDOLPH	USA	Stuttgart (GER)	19.07.61
11.3h	+0.8	Wilma RUDOLPH	USA	Roma (ITA)	02.09.60
11.3h	+1.4	Vera KREPINA	URS	Kiev (URS)	13.09.58

Medal Winners

2024 - African Games

1.	Gina Mariam BASS BITTAYE (GAM)	11.36
2.	Maia MCCOY (USA)	11.49
3.	Olayinka OLAJIDE (NGR)	11.55

2023 - World Athletics Ch., Budapest 2023

1.	Sha'Carri RICHARDSON (USA)	10.65
2.	Shericka JACKSON (JAM)	10.72
3.	Shelly-Ann FRASER-PRYCE (JAM)	10.77

2022 - World Athletics Ch., Oregon 2022

1.	Shelly-Ann FRASER-PRYCE (JAM)	10.67
2.	Shericka JACKSON (JAM)	10.73
3.	Elaine THOMPSON-HERAH (JAM)	10.81

2022 - African Athletics Ch.

1.	Gina BASS (GAM)	11.06
2.	Aminatou SEYNI (NIG)	11.09
3.	Carina HORN (RSA)	11.14

2021 - The XXXII Olympic Games

1.	Elaine THOMPSON-HERAH (JAM)	10.61
2.	Shelly-Ann FRASER-PRYCE (JAM)	10.74
3.	Shericka JACKSON (JAM)	10.76

2019 - IAAF World Ch. in Athletics

1.	Shelly-Ann FRASER-PRYCE (JAM)	10.71
2.	Dina ASHER-SMITH (GBR)	10.83
3.	Marie-Josée TA LOU (CIV)	10.90

2019 - African Games

1.	Marie-Josée TA LOU (CIV)	11.09
2.	Gina BASS (GAM)	11.13
3.	Bassant HEMIDA (EGY)	11.31

2017 - IAAF World Ch. in Athletics

1.	Tori BOWIE (USA)	10.85
2.	Marie-Josée TA LOU (CIV)	10.86
3.	Dafne SCHIPPERS (NED)	10.96

2016 - The XXXI Olympic Games

1.	Elaine THOMPSON (JAM)	10.71
2.	Tori BOWIE (USA)	10.83
3.	Shelly-Ann FRASER-PRYCE (JAM)	10.86

2016 - Durban African Ch.

1.	Murielle AHOURÉ (CIV)	10.99
2.	Carina HORN (RSA)	11.07
3.	Marie-Josée TA LOU (CIV)	11.15

Previous Winners

23	Twanisha TERRY (USA)	10.86
22	Shelly-Ann FRASER-PRYCE (JAM)	10.67

Women's 100 Metres

Final

20.04.2024

1	Viktória FORSTER (SVK)	22y	SB: 11.57 Johannesburg (RSA) 27.03 (SVK) 20.07.2023	PB: 11.26 Banská Bystrica (SVK) 20.07.2023
GENERAL: 8 times National Indoor champion 60m (23, 22), 200m (i) (20), 60mH (24, 23, 22), 4x200m (i) (21, 20) World University Games winner 100mH (23) WA World Rankings: 77th				
OTHER PBs: 7.26 60m(24) - 8.03 60mH(23) - 12.72 100mH(23)				
HONOURS: WUG (1xGold, 1xSilver) NCH (3xWin) NICH (6xWin)				
2024: 60mH Bratislava (SVK) h 8.16 - 60mH Bratislava (SVK) 1. 8.05 - 60m Ostrava (CZE) 4. 7.26 - 60mH Ostrava (CZE) 6. 8.07 - 60mH Ostrava (CZE) h 8.06 - 60mH Düsseldorf (GER) 4. 8.15 - 60mH Paris (FRA) h 8.14 - 60mH Paris (FRA) 5. 8.09 - 60mH Bratislava (SVK) 1. 8.11 - 60mH Madrid (ESP) h 8.15 - 60mH Glasgow (GBR) h 8.10 - 60mH Glasgow (GBR) sf 8.04				
INFO: Grew up in Hronec. Also tried biathlon. Sport and Recreation studies at University of Constantine the Philosopher in Nitra.				
2	Shannon RAY (USA)	28y	SB: 11.31 Gainesville, FL (USA) 13.04	PB: 11.09 Memphis, TN (USA) 30.07.2022
GENERAL: Pan American Games finalist WA World Rankings: 50th				
OTHER PBs: 7.24 60m(22) - 22.82 200m(23) - 22.77ww 200m(22)				
2024: 60m Baton Rouge, LA (USA) 5. 7.43 - 60m Fayetteville, AR (USA) h 7.44 - 60m Boston, MA (USA) h 7.39 - 60m Boston, MA (USA) 7. 7.34 - 60m New York, NY (USA) 8. 7.38 - 60m Baton Rouge, LA (USA) 3. 7.41 - 200m Coral Gables, FL (USA) 2. 23.43 - 100m Baton Rouge, LA (USA) 2. 11.32 - 200m Baton Rouge, LA (USA) 2. 23.43 - 100m Baton Rouge, LA (USA) 1. 11.09w - 200m Gainesville, FL (USA) 6. 23.44 - 100m Gainesville, FL (USA) 5. 11.31				
INFO: Hometown: New Orleans. Studies: University of Mississippi.				
3	Christine MBOMA (NAM)	20y	PB: 10.97 Gaborone (BOT) 30.04.2022	
GENERAL: Olympic Games Silver medallist 200m (21) Diamond League Final winner 200m (21)				
OTHER PBs: 21.78 200m(21) - 49.22 400m(21) - 2:03.27 800m(21) Current Records: 1xAU20R: AU20R 10.97 100m Gaborone(22) 1xWU20R: WU20R 21.81 200m Tokyo(21) 1xAR: AR 21.78 200m Zürich(21)				
HONOURS: OG (1xSilver): 2. 200m Tokyo(21) 21.81 DF (1xWin) World U20 Ch. (1xGold) CWG (1xBronze)				
INFO: Born in Divundu. In Tokyo she became the first ever Namibian female athlete to win an Olympic medal (2021) Her idol is Namibian para-athlete Johanna Benson. Former African Female Hope Athlete Award winner.				
4	Bassant HEMIDA (EGY)	27y	PB: 11.02 Nairobi (KEN) 07.05.2022	
GENERAL: 12 times National champion 100m (22, 21, 20, 19, 18, 16), 200m (22, 21, 20, 19, 18, 16) All-African Games Silver medallist 200m (19) WA World Rankings: 30th				
OTHER PBs: 7.31 60m(22) - 22.41 200m(23) - 52.84 400m(21) Current Records: 1xNBP: NBP 37.69 300m El Maadi(21)				
HONOURS: All-Afr. G. (1xSilver, 1xBronze) Medit. G. (2xWin) NCH (12xWin)				
INFO: Born in Alexandria. In 2022 she became the 1st Egyptian female athlete to win gold medal in the 100m at the Mediterranean Games.				
5	Gina Mariam BASS BITTAYE (GAM)	28y	SB: 11.35 Accra (GHA) 18.03	PB: 11.05 La Chau-de-Fonds (SUI) 02.07.2023
GENERAL: 3 times All-African Games winner 100m (24), 200m (24, 19) World Championships finalist WA World Rankings: 23rd				
OTHER PBs: 7.11 60m(20) - 22.58 200m(19)				
HONOURS: World Ch. (1xFinal): 6. 200m Doha(19) 22.71 Afr. Ch. (1xGold, 1xBronze) All-Afr. G. (3xGold, 1xSilver)				
2024: 60m Paris (FRA) h 7.29 - 60m Glasgow (GBR) sf 7.21 - 60m Glasgow (GBR) h 7.15 - 100m Accra (GHA) AfG sf 11.37 - 100m Accra (GHA) AfG h 11.35 - 100m Accra (GHA) AfG 1. 11.36 - 200m Accra (GHA) AfG h 23.35 - 200m Accra (GHA) AfG sf 23.42 - 200m Accra (GHA) AfG 1. 23.13				
INFO: Born in Touba Couta, Senegal. First-ever Gambian qualifier for the WCH final (2019) Flagbearer for Gambia at the Rio Olympics. Her idol is Marie Josee Ta Lou.				
6	Rani ROSIUS (BEL)	23y	PB: 11.18 Budapest (HUN) 20.08.2023	
GENERAL: World Indoor Championships finalist European Championships finalist WA World Rankings: 27th				
OTHER PBs: 7.12 60m(24) - 7.12 60m(24) - 23.46 200m(23)				
HONOURS: Eur. Team Ch. (1xSilver) Eur. U23 Ch. (1xSilver)				
2024: 60m Łódź (POL) h 7.28 - 60m Łódź (POL) 3. 7.17 - 60m Ostrava (CZE) 3. 7.23 - 60m Gent (BEL) 1. 7.29 - 60m Gent (BEL) h 7.21 - 60m Düsseldorf (GER) h 7.27 - 60m Toruń (POL) 5. 7.24 - 60m Louvain-La-Neuve (BEL) h 7.22 - 60m Louvain-La-Neuve (BEL) 1. 7.20 - 60m Glasgow (GBR) 6. 7.14 - 60m Glasgow (GBR) h 7.12 - 60m Glasgow (GBR) sf 7.12				
INFO: Born in Genk.				
7	Lilly KADEN (GER)	22y	PB: 11.28 Tallinn (EST) 08.07.2021	
GENERAL: 2 times European U23 champion 100m (21), 4x100m (21) WA World Rankings: 402nd				
OTHER PBs: 7.36 60m(22) - 23.21 200m(22) - 23.47 200m sh(22)				
HONOURS: Eur. U23 Ch. (1xGold)				
INFO: Athlete of Dortmund. Law studies.				
8	Esther MBAGARI (KEN)	23y	SB and PB: 11.60 Nairobi (KEN) 27.01	
GENERAL: 2 times National champion 100m (23), 200m (23) WA World Rankings: 288th				
OTHER PBs: 23.53 200m(23)				
HONOURS: NCH (2xWin)				
2024: 100m Nairobi (KEN) h 11.83 - 100m Nairobi (KEN) sf 11.87 - 200m Nairobi (KEN) 1. 24.04 - 100m Nairobi (KEN) 2. 11.77 - 100m Nairobi (KEN) h 11.73w - 200m Nairobi (KEN) h 24.02 - 100m Nairobi (KEN) sf 11.61w - 100m Nairobi (KEN) 1. 11.60 - 200m Nairobi (KEN) 1. 23.62 - 100m Nairobi (KEN) h 11.79 - 100m Nairobi (KEN) 1. 11.63 - 100m Nairobi (KEN) 1. 11.75				

Start list

400m

Time: 14:55

Lane	Athlete	Nat	NR	PB	SB
1	Jackline NANJALA	KEN	50.38	53.40	53.40
2	Astri ERTZGAARD	NOR	51.03	52.70	54.09
3	Kemi ADEKOYA	BRN	48.14	50.53	
4	Obakeng KAMBERUKA	BOT	49.33	52.60	52.60
5	Leni SHIDA	UGA	51.47	51.47	53.23
6	Galefele MOROKO	BOT	49.33	50.59	53.31
7	Mercy CHEBET	KEN	50.38	53.35	53.38
8	Maureen Nyatichi THOMAS	KEN	50.38	52.09	53.43

Records

WR	47.60	Marita KOCH	GDR	Canberra	06.10.85
AR	49.10	Falilat OGUNKOYA-OSHEKU	NGR	Atlanta, GA	29.07.96
NR	50.38	Mary MORAA	KEN	Nairobi	07.07.23
WJR	49.42	Grit BREUER	GER	Tokyo	27.08.91
MR	50.99	Beatrice MASILINGI	NAM		03.10.20
WL	49.17	Femke BOL	NED	Glasgow	02.03.24

2024 World list

49.17	Femke BOL	NED	Glasgow (GBR) (i)	02.03.24
49.95	Kaylyn BROWN	USA	Gainesville, FL (USA)	13.04.24
50.05	Aaliyah BUTLER	USA	Gainesville, FL (USA)	13.04.24
50.08	Amber ANNING	GBR	Gainesville, FL (USA)	13.04.24
50.10	Lieke KLAVER	NED	Apeldoorn (NED) (i)	18.02.24
50.13	Nickisha PRYCE	JAM	Gainesville, FL (USA)	13.04.24
50.24	Alexis HOLMES	USA	Glasgow (GBR) (i)	02.03.24
50.57	Mary MORAA	KEN	Accra (GHA)	20.03.24
50.71	Stacey Ann WILLIAMS	JAM	Gainesville, FL (USA)	13.04.24
50.74	Britton WILSON	USA	Gainesville, FL (USA)	13.04.24
50.78	Polina TKALICH	RUS	Moskva (RUS) (i)	24.02.24
50.81	JaMeesia FORD	USA	Gainesville, FL (USA)	13.04.24
50.86	Jermaisha ARNOLD	USA	Gainesville, FL (USA)	13.04.24
50.89	Lavai NIELSEN	GBR	Glasgow (GBR) (i)	02.03.24
51.00	Rosey EFFIONG	USA	Fayetteville, AR (USA) (i)	24.02.24
51.00	Gabby SCOTT	PUR	Gainesville, FL (USA)	13.04.24
51.05	Henriette JÄGER	NOR	Toruń (POL) (i)	06.02.24
51.11	Andrea MIKLÓS	ROU	Madrid (ESP) (i)	23.02.24
51.12	Rhasidat ADELEKE	IRL	Albuquerque, NM (USA) (i)	03.02.24
51.14	Isabella WHITTAKER	USA	Gainesville, FL (USA)	13.04.24

All-Time World list

47.60	Marita KOCH	GDR	Canberra (AUS)	06.10.85
47.99	Jarmila KRATOCHVÍLOVÁ	TCH	Helsinki (FIN)	10.08.83
48.14	Salwa Eid NASER	BRN	Doha (QAT)	03.10.19
48.25	Marie-José PÉREC	FRA	Atlanta, GA (USA)	29.07.96
48.27	Olga BRYZGINA	URS	Canberra (AUS)	06.10.85
48.36	Shaunae MILLER-UIBO	BAH	Tokyo (JPN)	06.08.21
48.59	Tatána KOCEMBOVÁ	TCH	Helsinki (FIN)	10.08.83
48.63	Cathy FREEMAN	AUS	Atlanta, GA (USA)	29.07.96
48.70	Sanya RICHARDS-ROSS	USA	Athina (GRE)	16.09.06
48.74	Sydney MCLAUGHLIN-LEVRONE	USA	Eugene, OR (USA)	08.07.23
48.76	Marileidy PAULINO	DOM	Budapest (HUN)	23.08.23
48.83	Valerie BRISCO-HOOKS	USA	Los Angeles, CA (USA)	06.08.84
48.89	Ana Gabriela GUEVARA	MEX	Paris-St-Denis (FRA)	27.08.03
49.05	Chandra CHEESEBOROUGH	USA	Los Angeles, CA (USA)	06.08.84
49.07	Tonique WILLIAMS-DARLING	BAH	Berlin (GER)	12.09.04
49.10	Falilat OGUNKOYA-OSHEKU	NGR	Atlanta, GA (USA)	29.07.96
49.11	Olga NAZAROVA	URS	Seoul (KOR)	25.09.88
49.13	Britton WILSON	USA	Baton Rouge, LA (USA)	13.05.23
49.16	Antonina KRIVOSHAPKA	RUS	Cheboksary (RUS)	05.07.12
49.17	Femke BOL	NED	Glasgow (GBR) (i)	02.03.24

WR progression

47.60	Marita KOCH	GDR	Canberra (AUS)	06.10.85
47.99	Jarmila KRATOCHVÍLOVÁ	TCH	Helsinki (FIN)	10.08.83
48.16	Marita KOCH	GDR	Athina (GRE)	08.09.82
48.60	Marita KOCH	GDR	Torino (ITA)	04.08.79
48.89	Marita KOCH	GDR	Potsdam (GDR)	29.07.79
48.94	Marita KOCH	GDR	Praha (TCH)	31.08.78
49.03	Marita KOCH	GDR	Potsdam (GDR)	19.08.78
49.19	Marita KOCH	GDR	Leipzig (GER)	02.07.78
49.29	Irena SZEWIŃSKA	POL	Montréal (CAN)	29.07.76
49.75	Irena SZEWIŃSKA	POL	Bydgoszcz (POL)	22.06.76
49.77	Christina BREHMER	GDR	Dresden (GER)	09.05.76
50.14	Riitta SALLIN	FIN	Roma (ITA)	04.09.74
49.9h	Irena SZEWIŃSKA	POL	Warszawa (POL)	22.06.74
51.0h	Monika ZEHRT	GDR	Colombes (FRA)	04.07.72
51.0h	Marilyn NEUFVILLE	GBR	Edinburgh (GBR)	23.07.70
51.7h	Colette BESSON	FRA	Athina (GRE)	18.09.69
51.7h	Nicole DUCLOS	FRA	Athina (GRE)	18.09.69
51.9h	Geum-Dan SHIN	PRK	Pyongyang (PRK)	23.10.62
53.4h	Mariya ITKINA	URS	Beograd (YUG)	14.09.62

Medal Winners

2024 - African Games

1.	Mary MORAA (KEN)	50.57
2.	Esther Elo JOSEPH (NGR)	51.61
3.	Sita SIBIRI (BUR)	51.74

2023 - World Athletics Ch., Budapest 2023

1.	Marileidy PAULINO (DOM)	48.76
2.	Natalia KACZMAREK (POL)	49.57
3.	Sada WILLIAMS (BAR)	49.60

2022 - World Athletics Ch., Oregon 2022

1.	Shaunae MILLER-UIBO (BAH)	49.11
2.	Marileidy PAULINO (DOM)	49.60
3.	Sada WILLIAMS (BAR)	49.75

2022 - African Athletics Ch.

1.	Miranda Charlene COETZEE (RSA)	51.82
2.	Niddy MINGILISHI (ZAM)	52.36
3.	Veronica Kamumbe MUTUA (KEN)	52.76

2021 - The XXXII Olympic Games

1.	Shaunae MILLER-UIBO (BAH)	48.36
2.	Marileidy PAULINO (DOM)	49.20
3.	Allyson FELIX (USA)	49.46

2019 - IAAF World Ch. in Athletics

1.	Salwa Eid NASER (BRN)	48.14
2.	Shaunae MILLER-UIBO (BAH)	48.37
3.	Shericka JACKSON (JAM)	49.47

2019 - African Games

1.	Galefele MOROKO (BOT)	51.30
2.	Favour OFILI (NGR)	51.68
3.	Grace OBOUR (GHA)	51.86

2017 - IAAF World Ch. in Athletics

1.	Phyllis FRANCIS (USA)	49.92
2.	Salwa Eid NASER (BRN)	50.06
3.	Allyson FELIX (USA)	50.08

2016 - The XXXI Olympic Games

1.	Shaunae MILLER (BAH)	49.44
2.	Allyson FELIX (USA)	49.51
3.	Shericka JACKSON (JAM)	49.85

2016 - Durban African Ch.

1.	Kabange MUPOPO (ZAM)	51.56
2.	Margaret Nyairera WAMBUI (KEN)	52.24
3.	Patience Okon GEORGE (NGR)	52.33

Previous Winners

22	Miranda Charlene COETZEE (RSA)	51.50
20	Beatrice MASILINGI (NAM)	50.99

Women's 400 Metres

Final

20.04.2024

1	Jackline NANJALA (KEN)	22y	SB and PB: 53.40 Nairobi (KEN) 06.03
WA World Rankings: 409th			
2024: 400m Nairobi (KEN) h 55.29 - 400m Nairobi (KEN) 1. 54.44 - 400m Nairobi (KEN) h 54.87 - 400m Nairobi (KEN) 6. 54.93 - 400m Nairobi (KEN) h 53.73 - 400m Nairobi (KEN) 2. 53.40 - 400m Accra (GHA) AfG h 54.11 - 400m Accra (GHA) AfG sf 54.99 - 400m Nairobi (KEN) 2. 54.07			
2	Astri ERTZGAARD (NOR)	22y	SB: 54.09 Steinkjer (NOR) 17.02 PB: 52.70 Szczecin (POL) 06.09.2023
GENERAL: 3 times National Indoor champion 400m (i) (24), 4x200m (i) (20, 19) WA World Rankings: 129th			
OTHER PBs: 38.20 300m(22) - 38.98 300m sh(21) - 54.06 400m sh(22)			
HONOURS: NICH (1xWin)			
2024: 400m sh Hvam (NOR) 1. 55.06 - 400m sh Steinkjer (NOR) 1. 54.09			
INFO: Athlete of Oslo.			
3	Kemi ADEKOYA (BRN)	31y	PB: 50.53 Hangzhou (CHN) 29.09.2023
GENERAL: 6 times Asian Games winner 400m (14, 23), 400mH (14, 23), 4x400m (23), 4x400m (23) World Indoor champion 400m (i) (16) WA World Rankings: 51st			
OTHER PBs: 11.55 100m(14) - 51.45 400m sh(16) - 53.09 400mH(23) Current Records: 3xAR: AR 51.45 400m sh Portland, OR(16) - AR 53.09 400mH Budapest(23) - AR 3:35.07 4x400m sh Doha(16)			
HONOURS: World Ch. (1xFinal): 4. 400mH Budapest(23) 53.09 World Ind. Ch. (1xGold): 1. 400m (i) Portland, OR(16) 51.45 World (Cont.) Cup (1xBronze) Asi. Ch. (1xGold)			
INFO: Born in Lagos, Nigeria. Gained Bahraini citizenship in August 2013, IAAF (now WA) confirmation of transfer was made in September 2014. <i>"I am happy with my decision to run for Bahrain. I don't have any problem with the Nigerian federation, they are like my parents"</i> , she said. Also a personal trainer. Has trained mostly in Nigeria.			
4	Obakeng KAMBERUKA (BOT)	20y	SB and PB: 52.60 Pretoria (RSA) 24.02
GENERAL: All-African Games Silver medallist 4x400m (24) All-African Games Bronze medallist 4x400m (24) WA World Rankings: 274th			
OTHER PBs: 23.59 200m(24)			
2024: 400m Pretoria (RSA) 1. 54.84 - 200m Pretoria (RSA) 1. 24.11 - 400m Gaborone (BOT) 2. 53.38 - 200m Gaborone (BOT) 1. 23.59 - 100m Potchefstroom (RSA) 3. 12.17 - 400m Pretoria (RSA) 1. 52.60 - 200m Accra (GHA) AfG sf 24.12 - 200m Accra (GHA) AfG h 23.90			
5	Leni SHIDA (UGA)	29y	SB: 53.23 Accra (GHA) 19.03 PB: 51.47 Kampala (UGA) 26.07.2019
GENERAL: 13 times National champion 200m (19, 17), 400m (23, 22, 19, 17, 16), 4x100m (23, 22, 19, 17), 4x400m (22, 17) All-African Games Bronze medallist 4x400m (19) WA World Rankings: 106th			
OTHER PBs: 23.43 200m(19)			
HONOURS: WUG (1xSilver) NCH (7xWin)			
2024: 400m Nairobi (KEN) h 53.71 - 400m Accra (GHA) AfG h 53.42 - 400m Accra (GHA) AfG sf 53.23			
INFO: Born in Arua. Social Work studies at Ndejje University. Her idol is Christine Ohuruogu.			
6	Galefele MOROKO (BOT)	27y	SB: 53.31 Pretoria (RSA) 18.03 PB: 50.59 Doha (QAT) 30.09.2019
GENERAL: 2 times All-African Games winner 400m (19), 4x400m (15) World Championships finalist WA World Rankings: 497th			
HONOURS: All-Afr. G. (1xGold)			
2024: 400m Pretoria (RSA) 4. 55.22 - 400m Gaborone (BOT) 1. 55.36 - 400m Potchefstroom (RSA) 1. 55.16 - 400m Potchefstroom (RSA) 1. 54.02 - 400m Pretoria (RSA) 2. 53.31			
INFO: Born in Maun. Has a son.			
7	Mercy CHEBET (KEN)	22y	SB: 53.38 Nairobi (KEN) 06.04 PB: 53.35 Nairobi (KEN) 13.05.2023
WA World Rankings: 285th			
OTHER PBs: 24.27 200m(22)			
2024: 400m Nairobi (KEN) h 54.93 - 400m Nairobi (KEN) 3. 54.39 - 400m Nairobi (KEN) h 56.06 - 400m Nairobi (KEN) 8. 56.27 - 400m Nairobi (KEN) h 53.90 - 400m Nairobi (KEN) 4. 54.05 - 400m Nairobi (KEN) 1. 53.38			
8	Maureen Nyatichi THOMAS (KEN)	26y	SB: 53.43 Nairobi (KEN) 06.03 PB: 52.09 Bydgoszcz (POL) 21.07.2016
GENERAL: 2 times All-African Games Bronze medallist 4x100m (19), 4x400m (24) All-African Games Silver medallist 4x400m (15) WA World Rankings: 264th			
OTHER PBs: 23.82 200m(15) - 23.5h 200m(15)			
HONOURS: NCH (1xWin)			
2024: 400m Nairobi (KEN) h 55.38 - 400m Nairobi (KEN) h 55.05 - 400m Nairobi (KEN) 7. 55.12 - 400m Nairobi (KEN) h 53.89 - 400m Nairobi (KEN) 3. 53.43 - 400m Nairobi (KEN) 5. 55.29			
INFO: Training partner of Mary Moraa.			

Start list

800m
Time: 16:30

Lane	Athlete	Nat	NR	PB	SB
1	Fikre Birane GEBEYEHU	ETH	1:56.67	2:05.67	
2-1	Nelly JEPKOSGEI	BRN	1:57.80	1:58.96	
2-2	Netsanet DESTA	ETH	1:56.67	1:59.39	
3	Halimah NAKAAYI	UGA	1:57.62	1:57.62	1:58.59
4-1	Vivian Chebet KIPROTICH	KEN	1:54.01	1:58.80	1:59.65
4-2	Charline MATHIAS	LUX	2:00.35	2:00.35	2:01.82
5	Mary MORAA	KEN	1:54.01	1:56.03	
6	Sarah MORAA (PM)	KEN	1:54.01	2:03.86	2:03.86
7-1	Nelly CHEPCHIRCHIR	KEN	1:54.01	1:58.23	
7-2	Oratile NOWE	BOT	2:00.22	2:00.22	2:00.22
8	Naomi KORIR	KEN	1:54.01	2:00.06	2:02.79

Pace: 400m - 57.0 | Until 450m
Target : 1:58.0

Medal Winners

2024 - African Games

1.	Tsige DUGUMA (ETH)	1:57.73
2.	Halimah NAKAAYI (UGA)	1:58.59
3.	Vivian Chebet KIPROTICH (KEN)	2:00.27

2023 - World Athletics Ch., Budapest 2023

1.	Mary MORAA (KEN)	1:56.03
2.	Keely HODGKINSON (GBR)	1:56.34
3.	Athing MU (USA)	1:56.61

2022 - World Athletics Ch., Oregon 2022

1.	Athing MU (USA)	1:56.30
2.	Keely HODGKINSON (GBR)	1:56.38
3.	Mary MORAA (KEN)	1:56.71

2022 - African Athletics Ch.

1.	Jarinter Mawia MWASYA (KEN)	2:02.80
2.	Netsanet DESTA (ETH)	2:02.99
3.	Prudence SEKGODISO (RSA)	2:03.46

2021 - The XXXII Olympic Games

1.	Athing MU (USA)	1:55.21
2.	Keely HODGKINSON (GBR)	1:55.88
3.	Raevyn ROGERS (USA)	1:56.81

2019 - IAAF World Ch. in Athletics

1.	Halimah NAKAAYI (UGA)	1:58.04
2.	Raevyn ROGERS (USA)	1:58.18
3.	Ajee WILSON (USA)	1:58.84

2019 - African Games

1.	Hirut MESHESHA (ETH)	2:03.16
2.	Rababe ARAFI (MAR)	2:03.20
3.	Halimah NAKAAYI (UGA)	2:03.55

2017 - IAAF World Ch. in Athletics

1.	Caster SEMENYA (RSA)	1:55.16
2.	Francine NIYONSABA (BDI)	1:55.92
3.	Ajee WILSON (USA)	1:56.65

2016 - The XXXI Olympic Games

1.	Caster SEMENYA (RSA)	1:55.28
2.	Francine NIYONSABA (BDI)	1:56.49
3.	Margaret Nyairera WAMBUI (KEN)	1:56.89

2016 - Durban African Ch.

1.	Caster SEMENYA (RSA)	1:58.20
2.	Malika AKKAOUI (MAR)	2:00.24
3.	Emily Cherotich TUEI (KEN)	2:00.70

Previous Winners

23	Mary MORAA (KEN)	1:58.83
22	Prudence SEKGODISO (RSA)	1:58.41
21	Mary MORAA (KEN)	2:00.11
20	Eunice Jepkoech SUM (KEN)	2:03.73

Records

WR	1:53.28	Jarmila KRATOCHVÍLOVÁ	TCH	München	26.07.83
AR	1:54.01	Pamela JELIMO	KEN	Zürich	29.08.08
NR	1:54.01	Pamela JELIMO	KEN	Zürich	29.08.08
WJR	1:54.01	Pamela JELIMO	KEN	Zürich	29.08.08
MR	1:58.41	Prudence SEKGODISO	RSA		07.05.22
WL	1:57.73	Tsige DUGUMA	ETH	Accra	19.03.24

2024 World list

1:57.73	Tsige DUGUMA	ETH	Accra (GHA)	19.03.24
1:57.86	Habitam ALEMU	ETH	Toruń (POL) (i)	06.02.24
1:58.05	Prudence SEKGODISO	RSA	Pretoria (RSA)	02.03.24
1:58.24	Jemma REEKIE	GBR	Birmingham (GBR) (i)	18.02.24
1:58.27	Nia AKINS	USA	Seattle, WA (USA) (i)	24.02.24
1:58.37	Michaela ROSE	USA	Azusa, CA (USA)	12.04.24
1:58.40	Claudia HOLLINGSWORTH	AUS	Adelaide (AUS)	14.04.24
1:58.59	Halimah NAKAAYI	UGA	Accra (GHA)	19.03.24
1:58.69	Shafiqua MALONEY	VIN	Fayetteville, AR (USA) (i)	10.02.24
1:59.01	Bendere OBOYA	AUS	Canberra (AUS)	02.03.24
1:59.01	Abbey CALDWELL	AUS	Adelaide (AUS)	14.04.24
1:59.45	Noélie YARIGO	BEN	Glasgow (GBR) (i)	02.03.24
1:59.53	Juliette WHITTAKER	USA	Boston, MA (USA) (i)	09.03.24
1:59.65	Vivian Chebet KIPROTICH	KEN	Glasgow (GBR) (i)	02.03.24
1:59.76	Eloisa COIRO	ITA	Glasgow (GBR) (i)	01.03.24
1:59.87	Catriona BISSET	AUS	Adelaide (AUS)	14.04.24
1:59.93	Worknesh MESELE	ETH	Toruń (POL) (i)	06.02.24
2:00.06	Lore HOFFMANN	SUI	Glasgow (GBR) (i)	02.03.24
2:00.16	Audrey WERRO	SUI	Glasgow (GBR) (i)	02.03.24
2:00.21	Tigist GIRMA	ETH	Beograd (SRB) (i)	13.02.24

All-Time World list

1:53.28	Jarmila KRATOCHVÍLOVÁ	TCH	München (GER)	26.07.83
1:53.43	Nadezhda OLIZARENKO	URS	Moskva (URS)	27.07.80
1:54.01	Pamela JELIMO	KEN	Zürich (SUI)	29.08.08
1:54.25	Caster SEMENYA	RSA	Paris (FRA)	30.06.18
1:54.44	Ana Fidelia QUIROT	CUB	Barcelona (ESP)	09.09.89
1:54.81	Olga MINEYEVA	URS	Moskva (URS)	27.07.80
1:54.94	Tatyana KAZANKINA	URS	Montréal (CAN)	26.07.76
1:54.97	Athing MU	USA	Eugene, OR (USA)	17.09.23
1:55.05	Doina MELINTE	ROU	Bucureşti (ROU)	01.08.82
1:55.19	Maria de Lurdes MUTOLA	MOZ	Zürich (SUI)	17.08.94
1:55.19	Jolanda ČEPLAK	SLO	Heusden-Zolder (BEL)	20.07.02
1:55.19	Keely HODGKINSON	GBR	Eugene, OR (USA)	17.09.23
1:55.26	Sigrun WODARS	GDR	Roma (ITA)	31.08.87
1:55.32	Christine WACHTEL	GDR	Roma (ITA)	31.08.87
1:55.42	Nikolina SHTEREVA	BUL	Montréal (CAN)	26.07.76
1:55.46	Tatyana PROVIDOKHINA	URS	Moskva (URS)	27.07.80
1:55.47	Francine NIYONSABA	BDI	Monaco (MON)	21.07.17
1:55.54	Ellen VAN LANGEN	NED	Barcelona (ESP)	03.08.92
1:55.54	Dong LIU	CHN	Beijing (CHN)	09.09.93
1:55.56	Lyubov GURINA	URS	Roma (ITA)	31.08.87

WR progression

1:53.28	Jarmila KRATOCHVÍLOVÁ	TCH	München (GER)	26.07.83
1:53.43	Nadezhda OLIZARENKO	URS	Moskva (URS)	27.07.80
1:54.85	Nadezhda OLIZARENKO	URS	Moskva (URS)	12.06.80
1:54.94	Tatyana KAZANKINA	URS	Montréal (CAN)	26.07.76
1:56.0h	Valentina GERASIMOVA	URS	Kiev (URS)	12.06.76
1:57.48	Svetla ZLATEVA	BUL	Athina (GRE)	24.08.73
1:58.5h	Hildegard FALCK	FRG	Stuttgart (GER)	11.07.71
2:00.5h	Vera NIKOLIĆ	YUG	London (GBR)	20.07.68
2:01.0h	Judy POLLOCK	AUS	Heisinki (FIN)	28.06.67
2:01.1h	Ann PACKER	GBR	Tokyo (JPN)	20.10.64
2:01.2h	Dixie WILLIS	AUS	Perth (AUS)	03.03.62
2:04.3h	Lyudmila SHEVTSOVA	URS	Roma (ITA)	07.09.60
2:04.3h	Lyudmila SHEVTSOVA	URS	Moskva (URS)	03.07.60
2:05.0h	Nina OTKALENKO	URS	Zagreb (CRO)	24.09.55
2:06.6h	Nina OTKALENKO	URS	Kiev (URS)	16.09.54
2:07.3h	Nina OTKALENKO	URS	Moskva (URS)	27.08.53
2:08.5h	Nina PLETNYOVA	URS	Kiev (URS)	15.06.52
2:12.0h	Nina PLETNYOVA	URS	Minsk (BLR)	26.08.51
2:12.2h	Valentina POMOGAYEVA	URS	Moskva (URS)	26.07.51

Women's 800 Metres

Final

20.04.2024

Pace: 400m - 57.0 | Until 450m Target : 1:58.0

1	Fikre Birane GEBEYEHU (ETH)	PB: 2:05.67 Hengelo (NED) 17.07.2019
2-1	Nelly JEPKOSGEI (BRN) 32y	PB: 1:58.96 Oslo (NOR) 07.06.2018
<p>GENERAL: 3 times Diamond League meeting winner 800m (19, 19), 1000m (13) All-African Games finalist 800m (11) OTHER PBs: 2:01.68 800m sh(18) - 2:35.30 1000m(18) - 4:00.99 1500m(18) Current Records: 1xAR: AR 2:35.30 1000m Berlin(18) HONOURS: INFO: Born in Kabirirsang. Sister of the "Eldoret Express", Janeth Jepkosgei.</p>		
2-2	Netsanet DESTA (ETH) 23y	PB: 1:59.39 Hengelo (NED) 08.06.2021
<p>GENERAL: African Championships Silver medallist 800m (22) WA World Rankings: 60th OTHER PBs: 4:00.84 1500m(22) - 4:04.24 1500m sh(24) - 4:24.80 Mile sh(24) HONOURS: Afr. Ch. (1xSilver) 2024: 1500m sh Ostrava (CZE) 4:06.38 - Mile sh Ostrava (CZE) 4. 4:24.80 - 1500m sh Stockholm (SWE) 3. 4:10.45 - 1500m sh Liévin (FRA) 6. 4:04.24</p>		
3	Halimah NAKAAYI (UGA) 29y	SB: 1:58.59 Accra (GHA) 19.03 PB: 1:57.62 London (GBR) 23.07.2023
<p>GENERAL: World champion 800m (19) World Indoor Championships Bronze medallist 800m (i) (22) WA World Rankings: 6th OTHER PBs: 1:58.58 800m sh(22) - 2:32.12 1000m(20) - 4:02.78 1500m sh(24) HONOURS: World Ch. (1xGold): 1. 800m Doha(19) 1:58.04 - 8. 800m Budapest(23) 1:59.18 World Ind. Ch. (1xBronze): 3. 800m (i) Beograd(22) 2:00.66 - 6. 800m (i) Glasgow(24) 2:05.53 All-Afr. G. (1xSilver, 1xBronze) 2024: 800m Nairobi (KEN) h 2:02.52 - 800m sh Metz (FRA) 1. 1:59.15 - 1500m sh Toruń (POL) 6. 4:02.78 - 800m sh Liévin (FRA) 4. 2:01.46 - 800m sh Glasgow (GBR) h 2:02.42 - 800m sh Glasgow (GBR) sf 1:58.91 - 800m sh Glasgow (GBR) 6. 2:05.53 - 800m Accra (GHA) AfG h 2:03.59 - 800m Accra (GHA) AfG 2. 1:58.59 - 1500m Accra (GHA) AfG h 4:18.95 - 1500m Accra (GHA) AfG 5. 4:09.40 INFO: Born in Mukono. Degree in Computer Science and Information Technology. 1st Ugandan athlete to win WCH medal in the 800m. Was the flag bearer for UGA at the closing ceremony of OG in Rio (2016) Admires Faith Kipyegon.</p>		
4-1	Vivian Chebet KIPROTICH (KEN) 28y	SB: 1:59.65 Glasgow (GBR) 02.03 PB: 1:58.80 Huelva (ESP) 06.06.2023
<p>GENERAL: World Indoor Championships finalist 800m (i) (24) All-African Games Bronze medallist 800m (24) WA World Rankings: 23rd OTHER PBs: 1:59.65 800m sh(24) - 4:14.35 1500m sh(23) - 4:32.0h Mile Road(23) HONOURS: All-Afr. G. (1xBronze) 2024: 1500m Nairobi (KEN) h 4:22.88 - 1500m Nairobi (KEN) 2. 4:15.71 - 800m Nairobi (KEN) h 2:04.76 - 800m Nairobi (KEN) 1. 2:04.08 - 800m sh Glasgow (GBR) h 2:00.86 - 800m sh Glasgow (GBR) sf 1:59.65 - 800m sh Glasgow (GBR) 4. 2:03.76 - 800m Nairobi (KEN) 1. 2:02.01 - 800m Accra (GHA) AfG h 2:02.36 - 800m Accra (GHA) AfG 3. 2:00.27</p>		
4-2	Charline MATHIAS (LUX) 31y	SB: 2:01.82 Luxembourg (LUX) 18.02 PB: 2:00.35 Heusden-Zolder (BEL) 21.07.2018
<p>GENERAL: 11 times National Indoor champion 400m (i) (22, 18), 800m (i) (24, 22, 18, 17, 13, 10), 1500m (i) (18, 17, 14) 6 times National champion 400m (12), 800m (23, 22, 21, 12), 1500m (21) WA World Rankings: 154th OTHER PBs: 2:01.82 800m sh(24) - 2:40.09 1000m(18) - 4:12.57 1500m(17) Current Records: 1xNBP: NBP 1:29.58 600m sh Luxembourg(23) HONOURS: NCH (6xWin) NICH (11xWin) 2024: 800m sh Luxembourg (LUX) 4. 2:03.80 - 800m sh Metz (FRA) 2. 2:04.01 - 800m sh Lyon (FRA) 2. 2:04.95 - 800m sh Luxembourg (LUX) 1. 2:01.82 INFO: Studies: Lille Catholic University.</p>		
5	Mary MORAA (KEN) 23y	PB: 1:56.03 Budapest (HUN) 27.08.2023
<p>GENERAL: World champion 800m (23) Diamond League Final winner 800m (22) WA World Rankings: 1st OTHER PBs: 50.38 400m(23) - 2:00.61 800m sh(23) - 2:34.71 1000m(21) HONOURS: World Ch. (1xGold, 1xBronze): 1. 800m Budapest(23) 1:56.03 - 3. 800m Eugene, OR(22) 1:56.71 DF (1xWin) World Youth Ch. (1xSilver) 2024: 400m Nairobi (KEN) h 53.00 - 400m Nairobi (KEN) 1. 51.97 - 400m Nairobi (KEN) h 51.47 - 400m Nairobi (KEN) 1. 51.25 - 400m Accra (GHA) AfG h 52.18 - 400m Accra (GHA) AfG sf 51.55 - 400m Accra (GHA) AfG 1. 50.57 INFO: Hometown: Kisii. 1st Kenyan girl to win silver at a major world event in the 400m final. Has trained in Elgeyo Marakwet in the same camp as Faith Kipyegon. Member of Kenyan Police.</p>		
6	Sarah MORAA (KEN) 18y	SB and PB: 2:03.86 Nairobi (KEN) 06.03
<p>WA World Rankings: 366th 2024: 1500m Nairobi (KEN) h 4:29.52 - 800m Nairobi (KEN) 1. 2:06.26 - 800m Nairobi (KEN) h 2:05.59 - 800m Nairobi (KEN) 3. 2:05.07 - 800m Nairobi (KEN) 3. 2:03.86 INFO: Hometown: Kisii. Sister of Mary Moraa.</p>		
7-1	Nelly CHEPCHIRCHIR (KEN) 20y	PB: 1:58.23 Grosseto (ITA) 27.05.2023
<p>GENERAL: World Championships finalist World U20 Championships finalist 800m (22) OTHER PBs: 3:56.72 1500m(23) - 4:31.18 Mile Road(23) - 15:33 5 km Road(23) HONOURS: World Ch. (1xFinal): 5. 1500m Budapest(23) 3:57.90</p>		
7-2	Oratile NOWE (BOT) 23y	SB and PB: 2:00.22 Pretoria (RSA) 02.03
<p>GENERAL: All-African Games Silver medallist 4x400m (19) All-African Games Bronze medallist 4x400m (24) WA World Rankings: 58th OTHER PBs: 53.22 400m(20) - 2:40.87 1000m(24) - 4:23.93 1500m(22) HONOURS: NCH (4xWin) 2024: 1500m Pretoria (RSA) 1. 4:24.53 - 1000m Pretoria (RSA) 1. 2:40.87 - 800m Pretoria (RSA) 2. 2:00.22 - 800m Accra (GHA) AfG h 2:04.35 - 800m Accra (GHA) AfG 5. 2:01.62 INFO:</p>		
8	Naomi KORIR (KEN) 25y	SB: 2:02.79 Luxembourg (LUX) 21.01 PB: 2:00.06 Nairobi (KEN) 07.05.2022
<p>GENERAL: African Championships Silver medallist 4x400m (22) IAAF World Relays Silver medallist 2x2x400m (21) WA World Rankings: 44th OTHER PBs: 54.78 400m(22) - 2:00.66 800m sh(22) Current Records: 1xABP: ABP 3:41.79 2x2x400m Chorzów(21) HONOURS: 2024: 800m sh Luxembourg (LUX) 1. 2:02.79 - 800m sh Gent (BEL) 2. 2:04.06 - 800m sh Glasgow (GBR) h 2:03.31</p>		

Start list

1500m

Time: 17:40

Lane	Athlete	Nat	NR	PB	SB
1	Kadra MOHAMED DEMBIL	DJI	4:12.53	4:24.07	
2	Nowel CHERUTO	UGA	3:59.56		
3	Asayech ADMASU	ETH	3:50.07	4:21.8h	
4	Mary Nyaboke OGWOKA	KEN	3:49.11	4:16.00	4:16.00
5	Dahdi DUBE	ETH	3:50.07	4:07.05	
6	Lydia Jeruto LAGAT	KEN	3:49.11	4:07.02	4:14.14
7	Josephine Chelangat KIPLANGAT	KEN	3:49.11	4:07.45	
8	Mary EKIRU	KEN	3:49.11	4:06.22	4:06.22
9	Hawi ABERA	ETH	3:50.07	4:06.09	4:06.09
10	Purity CHEPKIRUI	KEN	3:49.11	4:04.51	
11	Mebriht MEKONEN	ETH	3:50.07	4:03.29	
12	Edinah JEBITOK	KEN	3:49.11	4:02.00	
13	Winnie CHEBET	KEN	3:49.11	3:58.20	4:15.10
14	Lilian ODIRA (PM)	KEN	3:49.11		

Pace: 800m - 2:08.0 | 1000m - 2:40.0 | 64 per lap

Target : sub 4:02.0

Medal Winners

2024 - African Games

1.	Hirut MESHESHA (ETH)	4:05.71
2.	Hawi ABERA (ETH)	4:06.09
3.	Mary EKIRU (KEN)	4:06.22

2023 - World Athletics Ch., Budapest 2023

1.	Faith KIPYEGON (KEN)	3:54.87
2.	Diribe WELTEJI (ETH)	3:55.69
3.	Sifan HASSAN (NED)	3:56.00

2022 - World Athletics Ch., Oregon 2022

1.	Faith KIPYEGON (KEN)	3:52.96
2.	Gudaf TSEGAY (ETH)	3:55.69
3.	Laura MUIR (GBR)	3:55.28

2022 - African Athletics Ch.

1.	Winnie CHEBET (KEN)	4:16.10
2.	Purity CHEPKIRUI (KEN)	4:16.28
3.	Ayal DAGNACHEW (ETH)	4:16.45

2021 - The XXXII Olympic Games

1.	Faith KIPYEGON (KEN)	3:53.11
2.	Laura MUIR (GBR)	3:54.50
3.	Sifan HASSAN (NED)	3:55.86

2019 - IAAF World Ch. in Athletics

1.	Sifan HASSAN (NED)	3:51.95
2.	Faith KIPYEGON (KEN)	3:54.22
3.	Gudaf TSEGAY (ETH)	3:54.38

2019 - African Games

1.	Quailyne Jebiwott KIPROP (KEN)	4:19.33
2.	Mary KURIA (KEN)	4:20.19
3.	Lemlem HAILU (ETH)	4:20.60

2017 - IAAF World Ch. in Athletics

1.	Faith KIPYEGON (KEN)	4:02.59
2.	Jenny SIMPSON (USA)	4:02.76
3.	Caster SEMENYA (RSA)	4:02.90

2016 - The XXXI Olympic Games

1.	Faith KIPYEGON (KEN)	4:08.92
2.	Genzebe DIBABA (ETH)	4:10.27
3.	Jenny SIMPSON (USA)	4:10.53

2016 - Durban African Ch.

1.	Caster SEMENYA (RSA)	4:01.99
2.	Rababe ARAFI (MAR)	4:03.95
3.	Adanech ANBESA (ETH)	4:05.22

Previous Winners

23	Nelly CHEPCHIRCHIR (KEN)	4:04.56
22	Diribe WELTEJI (ETH)	4:01.50
21	Faith KIPYEGON (KEN)	4:02.40
20	Lemlem HAILU (ETH)	4:06.42

Records

WR	3:49.11	Faith KIPYEGON	KEN	Firenze	02.06.23
AR	3:49.11	Faith KIPYEGON	KEN	Firenze	02.06.23
NR	3:49.11	Faith KIPYEGON	KEN	Firenze	02.06.23
WJR	3:51.34	Yinglai LANG	CHN	Shanghai	18.10.97
MR	4:01.50	Diribe WELTEJI	ETH		07.05.22
WL	3:55.28	Freweyni HAILU	ETH	Toruń	06.02.24

2024 World list

3:55.28	Freweyni HAILU	ETH	Toruń (POL) (i)	06.02.24
3:55.47	Diribe WELTEJI	ETH	Toruń (POL) (i)	06.02.24
3:56.47	Hirut MESHESHA	ETH	Toruń (POL) (i)	06.02.24
3:58.11	Gudaf TSEGAY	ETH	Boston, MA (USA) (i)	04.02.24
3:58.43	Birke HAYLOM	ETH	Boston, MA (USA) (i)	04.02.24
3:58.79	Tigist GIRMA	ETH	Toruń (POL) (i)	06.02.24
4:00.34	Elle ST. PIERRE	USA	New York, NY (USA) (i)	11.02.24
4:00.97	Habitam ALEMU	ETH	Liévin (FRA) (i)	10.02.24
4:01.17	Beatrice CHEPKOECH	KEN	Toruń (POL) (i)	06.02.24
4:01.19	Jessica HULL	AUS	New York, NY (USA) (i)	11.02.24
4:02.32	Nikki HILTZ	USA	Glasgow (GBR) (i)	03.03.24
4:02.69	Emily MACKAY	USA	Glasgow (GBR) (i)	03.03.24
4:02.78	Halimah NAKAAYI	UGA	Toruń (POL) (i)	06.02.24
4:02.96	Claudia HOLLINGSWORTH	AUS	Melbourne (AUS)	04.04.24
4:03.22	Georgia BELL	GBR	Stockholm (SWE) (i)	03.02.24
4:03.39	Susan Lokayo EJOE	KEN	New York, NY (USA) (i)	11.02.24
4:03.68	Georgia GRIFFITH	AUS	Adelaide (AUS)	13.04.24
4:03.83	Sarah HEALY	IRL	Liévin (FRA) (i)	10.02.24
4:03.93	Revee WALCOTT-NOLAN	GBR	Dortmund (GER) (i)	20.01.24
4:04.24	Netsanet DESTA	ETH	Liévin (FRA) (i)	10.02.24

All-Time World list

3:49.11	Faith KIPYEGON	KEN	Firenze (ITA)	02.06.23
3:50.07	Genzebe DIBABA	ETH	Monaco (MON)	17.07.15
3:50.46	Yunxia QU	CHN	Beijing (CHN)	11.09.93
3:50.98	Jiang BO	CHN	Shanghai (CHN)	18.10.97
3:51.34	Yinglai LANG	CHN	Shanghai (CHN)	18.10.97
3:51.92	Junxia WANG	CHN	Beijing (CHN)	11.09.93
3:51.95	Sifan HASSAN	NED	Doha (QAT)	05.10.19
3:52.47	Tatyana KAZANKINA	URS	Zürich (SUI)	13.08.80
3:53.09	Gudaf TSEGAY	ETH	Liévin (FRA) (i)	09.02.21
3:53.91	Lili YIN	CHN	Shanghai (CHN)	18.10.97
3:53.93	Diribe WELTEJI	ETH	Eugene, OR (USA)	16.09.23
3:53.96	Paula IVAN	ROU	Seoul (KOR)	01.10.88
3:53.97	Lixin LAN	CHN	Shanghai (CHN)	18.10.97
3:54.23	Olga DVIRNA	URS	Kiev (URS)	27.07.82
3:54.50	Laura MUIR	GBR	Tokyo (JPN)	06.08.21
3:54.52	Ling ZHANG	CHN	Shanghai (CHN)	18.10.97
3:54.87	Hirut MESHESHA	ETH	Chorzów (POL)	16.07.23
3:54.93	Birke HAYLOM	ETH	Chorzów (POL)	16.07.23
3:54.99	Shelby HOULIHAN	USA	Doha (QAT)	05.10.19
3:55.07	Yanmei DONG	CHN	Shanghai (CHN)	18.10.97

WR progression

3:49.11	Faith KIPYEGON	KEN	Firenze (ITA)	02.06.23
3:50.07	Genzebe DIBABA	ETH	Monaco (MON)	17.07.15
3:50.46	Yunxia QU	CHN	Beijing (CHN)	11.09.93
3:52.47	Tatyana KAZANKINA	URS	Zürich (SUI)	13.08.80
3:55.0h	Tatyana KAZANKINA	URS	Moskva (URS)	06.07.80
3:56.0h	Tatyana KAZANKINA	URS	Podolsk (URS)	28.06.76
4:01.38	Lyudmila BRAGINA	URS	München (GER)	09.09.72
4:05.07	Lyudmila BRAGINA	URS	München (GER)	07.09.72
4:06.47	Lyudmila BRAGINA	URS	München (GER)	04.09.72
4:06.9h	Lyudmila BRAGINA	URS	Moskva (URS)	18.07.72
4:09.62	Karin BURNELEIT	GDR	Helsinki (FIN)	15.08.71
4:10.7h	Jaroslava JEHLÍČKOVÁ	TCH	Athina (GRE)	20.09.69
4:12.4h	Paola PIGNI	ITA	Milano (ITA)	02.07.69
4:15.6h	Maria GOMMERS	NED	Sittard (NED)	24.10.67
4:17.3h	Anne SMITH	GBR	London (GBR)	03.06.67

Women's 1500 Metres

Final

20.04.2024

Pace: 800m - 2:08.0 | 1000m - 2:40.0 | 64 per lap Target : sub 4:02.0

1	Kadra MOHAMED DEMBIL (DJI)	26y	PB: 4:24.07 Djibouti (DJI) 25.01.2020
OTHER PBs: 9:11.33 3000m(20) Current Records: 1xNBP: NBP 7:07.33 2000mSC Nanjing(14) INFO: Born in Ali Sabieh.			
2	Nowel CHERUTO (UGA)	17y	
INFO: Based in Kampala.			
3	Asayech ADMASU (ETH)		PB: 4:21.8h Hawassa (ETH) 02.04.2022
4	Mary Nyaboke OGWOKA (KEN)	16y	SB and PB: 4:16.00 Nairobi (KEN) 27.01
WA World Rankings: 339th 2024: 1500m Nairobi (KEN) h 4:22.89 - 1500m Nairobi (KEN) 3. 4:18.31 - 1500m Nairobi (KEN) h 4:21.18 - 1500m Nairobi (KEN) 2. 4:16.00 - 1500m Nairobi (KEN) 5. 4:29.99			
5	Dahdi DUBE (ETH)	19y	PB: 4:07.05 Nairobi (KEN) 13.05.2023
GENERAL: World Cross Country Championships Silver medallist Mixed XC Relay (24) OTHER PBs: 2:03.9h 800m(22) - 4:27.06 Mile sh(24) - 15:38 5 km Road(23) 2024: Mile sh Astana (KAZ) 4. 4:27.06			
6	Lydia Jeruto LAGAT (KEN)	23y	SB: 4:14.14 Accra (GHA) 22.03 PB: 4:07.02 Nairobi (KEN) 13.05.2023
GENERAL: World U18 Championships Silver medallist 800m (17) 2 times All-African Games finalist WA World Rankings: 57th OTHER PBs: 2:01.58 800m(18) - 8:49.28 3000m sh(24) - 15:28.1h 5000m(19) HONOURS: World Youth Ch. (1xSilver) Afr. U20 Ch. (1xBronze) 2024: 3000m sh Val-de-Reuil (FRA) 3. 8:49.28 - 1500m sh Miramas (FRA) 7. 4:15.24 - 3000m sh Mondeville (FRA) 2. 9:08.81 - 1500m Nairobi (KEN) 2. 4:27.92 - 1500m Accra (GHA) AfG h 4:17.04 - 1500m Accra (GHA) AfG 7. 4:14.14			
7	Josephine Chelangat KIPLANGAT (KEN)	25y	PB: 4:07.45 Nairobi (KEN) 17.06.2021
GENERAL: African U20 Championships Silver medallist 800m (17) OTHER PBs: 2:01.21 800m(22) - 4:09.40 1500m sh(21) - 5:45.36 2000m(19) HONOURS: Afr. U20 Ch. (1xSilver) 2024: 800m Nairobi (KEN) 6. 2:09.56 INFO: Hometown: Kericho.			
8	Mary EKIRU (KEN)	23y	SB and PB: 4:06.22 Accra (GHA) 22.03
GENERAL: All-African Games Bronze medallist 1500m (24) WA World Rankings: 91st OTHER PBs: 2:03.81 800m(23) HONOURS: All-Afr. G. (1xBronze) 2024: 1500m Nairobi (KEN) h 4:14.78 - 1500m Nairobi (KEN) 1. 4:11.66 - 800m Nairobi (KEN) h 2:05.48 - 800m Nairobi (KEN) 4. 2:06.08 - 1500m Nairobi (KEN) 1. 4:27.82 - 1500m Accra (GHA) AfG h 4:15.02 - 1500m Accra (GHA) AfG 3. 4:06.22 INFO: Based and trains in Nyahururu.			
9	Hawi ABERA (ETH)	17y	SB and PB: 4:06.09 Accra (GHA) 22.03
GENERAL: All-African Games Silver medallist 1500m (24) World Cross Country Championships Silver medallist Mixed XC Relay (23) OTHER PBs: 15:06 5 km Road(23) HONOURS: All-Afr. G. (1xSilver) 2024: 1500m Accra (GHA) AfG h 4:16.51 - 1500m Accra (GHA) AfG 2. 4:06.09			
10	Purity CHEPKIRUI (KEN)	21y	PB: 4:04.51 Budapest (HUN) 19.08.2023
GENERAL: World Cross Country champion Mixed XC Relay (24) World U20 champion 1500m (21) WA World Rankings: 50th OTHER PBs: 2:03.33 800m(22) HONOURS: World U20 Ch. (1xGold, 1xBronze) Afr. Ch. (1xSilver) NCH (1xWin)			
11	Mebriht MEKONEN (ETH)	19y	PB: 4:03.29 Ostrava (CZE) 31.05.2022
GENERAL: World U20 Championships finalist 1500m (22) OTHER PBs: 2:01.92 800m(22) - 4:28.39 Mile(21) HONOURS:			
12	Edinah JEBITOK (KEN)	22y	PB: 4:02.00 Tomblaine (FRA) 18.06.2023
GENERAL: African Youth Games Silver medallist 1500m (18) African U20 Championships Silver medallist 1500m (19) WA World Rankings: 29th OTHER PBs: 8:45.46 3000m sh(22) - 14:52.28 5000m(23) - 14:38 5 km Road(24) HONOURS: World Youth Ch. (1xBronze) Afr. U20 Ch. (1xSilver) 2024: 5 km Road Lille (FRA) 1. 14:38 INFO: Grew up in Keringet. Her role model is Faith Chepng'etich.			
13	Winnie CHEBET (KEN)	33y	SB: 4:15.10 Nairobi (KEN) 27.01 PB: 3:58.20 Doha (QAT) 05.10.2019
GENERAL: World Championships finalist African champion 1500m (22) WA World Rankings: 74th OTHER PBs: 1:58.13 800m(17) - 4:05.81 1500m sh(18) - 4:19.55 Mile(17) HONOURS: World Ch. (1xFinal): 7. 1500m Doha(19) 3:58.20 World (Cont.) Cup (1xGold) World U20 Ch. (1xSilver) 2024: 1500m Nairobi (KEN) h 4:22.73 - 5000m Nairobi (KEN) 7. 16:11.95 - 1500m Nairobi (KEN) h 4:19.99 - 1500m Nairobi (KEN) 1. 4:15.10 - 1500m Nairobi (KEN) 3. 4:28.21 INFO: Born in Kericho. Member of the Armed Forces. Nickname: Silver Girl.			
14	Lilian ODIRA (KEN)	25y	
GENERAL: All-African Games finalist 800m (24) OTHER PBs: 2:00.81 800m(24) HONOURS: 2024: 800m Nairobi (KEN) 2. 2:09.70 - 800m Nairobi (KEN) h 2:06.20 - 800m Nairobi (KEN) 2. 2:04.73 - 800m Nairobi (KEN) 2. 2:02.51 - 800m Accra (GHA) AfG h 2:04.86 - 800m Accra (GHA) AfG 4. 2:00.81			

Start list

5000m

Time: 15:05

Lane	Athlete	Nat	NR	PB	SB
1	Yvone CHEPCHIRCHIR	KEN	14:05.20	15:44.46	
2	Shito GUMI	ETH	14:00.21		
3	Yenenesh SHIMKET	ETH	14:00.21		
4	Kokeb ABERA	ETH	14:00.21		
5	Elsabet AMARE	ETH	14:00.21	15:54.3h	
6	Faith CHEPKOECH	KEN	14:05.20	15:30.47	15:30.47
7	Maureen CHEROTICH	KEN	14:05.20	15:41.26	17:08.41
8	Tsiyon ABEBE	ETH	14:00.21	15:07.45	
9	Vicky CHEKWEMBOI	UGA	14:40.88	17:00.28	
10	Margaret Chelimo KIPKEMBOI	KEN	14:05.20	14:23.67	
11	Marta ALEMAYO	ETH	14:00.21		
12	Lemlem NIBRET	ETH	14:00.21	14:56.00	
13	Peninnah Wangari WACHIRA (PM)	KEN	14:05.20		
14	Millicent KEMBOI (PM)	KEN	14:05.20		

Pace: 1000m - 2:56.0 (Wachira) | 2000m - 5:52.0 | 3000m - 8:50.0 (Kemboi)
Target : sub 14:45.0 | 70 per lap

Medal Winners

2024 - African Games

1.	Medina EISA (ETH)	15:04.32
2.	Birtukan MOLLA (ETH)	15:05.32
3.	Melknat WUDU (ETH)	15:07.04

2023 - World Athletics Ch., Budapest 2023

1.	Faith KIPYEGON (KEN)	14:53.88
2.	Sifan HASSAN (NED)	14:54.11
3.	Beatrice CHEBET (KEN)	14:54.33

2022 - World Athletics Ch., Oregon 2022

1.	Gudaf TSEGAY (ETH)	14:46.29
2.	Beatrice CHEBET (KEN)	14:46.75
3.	Dawit SEYAUM (ETH)	14:47.36

2022 - African Athletics Ch.

1.	Beatrice CHEBET (KEN)	15:00.82
2.	Fantaye BELAYNEH (ETH)	15:01.89
3.	Caroline NYAGA (KEN)	15:05.34

2021 - The XXXII Olympic Games

1.	Sifan HASSAN (NED)	14:36.79
2.	Hellen OBIRI (KEN)	14:38.36
3.	Gudaf TSEGAY (ETH)	14:38.87

2019 - IAAF World Ch. in Athletics

1.	Hellen OBIRI (KEN)	14:26.72
2.	Margaret Chelimo KIPKEMBOI (KEN)	14:27.49
3.	Konstanze KLOSTERHALFEN (GER)	14:28.43

2019 - African Games

1.	Lilian Kasait RENGERUK (KEN)	15:33.63
2.	Hawi FEYSA (ETH)	15:33.99
3.	Alemitu TARIKU (ETH)	15:37.15

2017 - IAAF World Ch. in Athletics

1.	Hellen OBIRI (KEN)	14:34.86
2.	Almaz AYANA (ETH)	14:40.35
3.	Sifan HASSAN (NED)	14:42.73

2016 - The XXXI Olympic Games

1.	Vivian Jepkemei CHERUIYOT (KEN)	14:26.17
2.	Hellen OBIRI (KEN)	14:29.77
3.	Almaz AYANA (ETH)	14:33.59

2016 - Durban African Ch.

1.	Sheila CHEPKIRUI (KEN)	15:05.45
2.	Margaret Chelimo KIPKEMBOI (KEN)	15:07.56
3.	Dera DIDA (ETH)	15:15.26

Previous Winners

23	Beatrice CHEBET (KEN)	15:15.82
22	Girmawit GEBRZIHAI (ETH)	14:49.97
21	Margaret Chelimo KIPKEMBOI (KEN)	14:55.27
20	Hellen OBIRI (KEN)	15:06.36

Records

WR	14:00.21	Gudaf TSEGAY	ETH	Eugene, OR	17.09.23
AR	14:00.21	Gudaf TSEGAY	ETH	Eugene, OR	17.09.23
NR	14:05.20	Faith KIPYEGON	KEN	Paris	09.06.23
WJR	14:30.88	Tirunesh DIBABA	ETH	Bergen	11.06.04
MR	14:49.97	Girmawit GEBRZIHAI	ETH		07.05.22
WL	14:42.94	Senayet GETACHEW	ETH	Boston, MA	27.01.24

2024 World list

14:42.94	Senayet GETACHEW	ETH	Boston, MA (USA) (i)	27.01.24
14:43.25	Fantaye BELAYNEH	ETH	Boston, MA (USA) (i)	27.01.24
14:44.94	Aynadis MEBRATU	ETH	Boston, MA (USA) (i)	27.01.24
14:46.37	Marta GARCIA	ESP	Boston, MA (USA) (i)	27.01.24
14:46.51	Josette ANDREWS	USA	Boston, MA (USA) (i)	27.01.24
14:49.78	Courtney WAYMENT	USA	Boston, MA (USA) (i)	27.01.24
14:52.79	Parker VALBY	USA	Boston, MA (USA) (i)	08.03.24
14:55.35	Susan Lokayo EJOORE	KEN	Seattle, WA (USA) (i)	23.02.24
14:57.54	Rose DAVIES	AUS	Melbourne (AUS)	15.02.24
14:57.67	Lauren RYAN	AUS	Seattle, WA (USA) (i)	23.02.24
14:59.18	Isobel BATT-DOYLE	AUS	Melbourne (AUS)	15.02.24
15:01.06	Courtney FRERICHS	USA	Boston, MA (USA) (i)	09.02.24
15:01.84	Regan YEE	CAN	Seattle, WA (USA) (i)	23.02.24
15:03.00	Allie BUCHALSKI	USA	Seattle, WA (USA) (i)	23.02.24
15:03.39	Hannah NUTTALL	GBR	Boston, MA (USA) (i)	09.02.24
15:04.32	Medina EISA	ETH	Accra (GHA)	18.03.24
15:04.71	Doris LEMNGOLE	KEN	Boston, MA (USA) (i)	09.02.24
15:05.32	Birtukan MOLLA	ETH	Accra (GHA)	18.03.24
15:05.96	Kayley DELAY	USA	Seattle, WA (USA) (i)	23.02.24
15:06.20	Ella DONAGHU	USA	Boston, MA (USA) (i)	09.02.24

All-Time World list

14:00.21	Gudaf TSEGAY	ETH	Eugene, OR (USA)	17.09.23
14:05.20	Faith KIPYEGON	KEN	Paris (FRA)	09.06.23
14:05.92	Beatrice CHEBET	KEN	Eugene, OR (USA)	17.09.23
14:06.62	Letesenbet GIDEY	ETH	Valencia (ESP)	07.10.20
14:11.15	Tirunesh DIBABA	ETH	Oslo (NOR)	06.06.08
14:12.59	Almaz AYANA	ETH	Roma (ITA)	02.06.16
14:12.88	Meseret DEFAR	ETH	Stockholm (SWE)	22.07.08
14:12.98	Ejgayehu TAYE	ETH	Eugene, OR (USA)	27.05.22
14:13.42	Sifan HASSAN	NED	London (GBR)	23.07.23
14:15.24	Senbere TEFERI	ETH	Hengelo (NED)	08.06.21
14:15.41	Genzebe DIBABA	ETH	Paris-St-Denis (FRA)	04.07.15
14:16.54	Medina EISA	ETH	London (GBR)	23.07.23
14:18.37	Hellen OBIRI	KEN	Roma (ITA)	08.06.17
14:19.45	Alicia MONSON	USA	London (GBR)	23.07.23
14:20.68	Agnes Jebet TIROP	KEN	London (GBR)	21.07.19
14:20.87	Vivian Jepkemei CHERUIYOT	KEN	Stockholm (SWE)	29.07.11
14:23.05	Lilian Kasait RENGERUK	KEN	Paris (FRA)	09.06.23
14:23.45	Frewyni HAILU	ETH	Paris (FRA)	09.06.23
14:23.67	Margaret Chelimo KIPKEMBOI	KEN	Paris (FRA)	09.06.23
14:23.75	Liliya SHOBUKHOVA	RUS	Kazan (RUS)	19.07.08

WR progression

14:00.21	Gudaf TSEGAY	ETH	Eugene, OR (USA)	17.09.23
14:05.20	Faith KIPYEGON	KEN	Paris (FRA)	09.06.23
14:06.62	Letesenbet GIDEY	ETH	Valencia (ESP)	07.10.20
14:11.15	Tirunesh DIBABA	ETH	Oslo (NOR)	06.06.08
14:16.63	Meseret DEFAR	ETH	Oslo (NOR)	15.06.07
14:24.53	Meseret DEFAR	ETH	New York, NY (USA)	03.06.06
14:24.68	Elvan ABEYLEGESSE	TUR	Bergen (NOR)	11.06.04
14:28.09	Jiang BO	CHN	Shanghai (CHN)	23.10.97
14:31.27	Yanmei DONG	CHN	Shanghai (CHN)	21.10.97
14:36.45	Fernanda RIBEIRO	POR	Hechtel (BEL)	22.07.95
14:37.33	Ingrid KRISTIANSEN	NOR	Stockholm (SWE)	05.08.86
14:48.07	Zola BUDD	GBR	London (GBR)	26.08.85
14:58.89	Ingrid KRISTIANSEN	NOR	Oslo (NOR)	28.06.84
15:08.26	Mary TABB	USA	Eugene, OR (USA)	05.06.82
15:13.22	Anne AUDAIN	NZL	Auckland (NZL)	17.03.82
15:14.51	Paula FUDGE	GBR	Knarvik (NOR)	13.09.81

Women's 5000 Metres

Final

20.04.2024

Pace: 1000m - 2:56.0 (Wachira) | 2000m - 5:52.0 | 3000m - 8:50.0 (Kemboi) Target : sub 14:45.0 | 70 per lap

1	Yvone CHEPCHIRCHIR (KEN)		PB: 15:44.46 Nairobi (KEN) 24.06.2023
2	Shito GUMI (ETH)	17y	
3	Yenenesh SHIMKET (ETH)	17y	
OTHER PBs: 9:21.1h 3000m(22)			
4	Kokeb ABERA (ETH)		
5	Elsabet AMARE (ETH)		PB: 15:54.3h Hawassa (ETH) 02.04.2022
6	Faith CHEPKOECH (KEN)	20y	SB and PB: 15:30.47 Nairobi (KEN) 06.01
OTHER PBs: 4:14.21 1500m(22)			
2024: 5000m Nairobi (KEN) 1. 15:30.47			
7	Maureen CHEROTICH (KEN)	20y	SB: 17:08.41 Nairobi (KEN) 27.01 PB: 15:41.26 Nairobi (KEN) 01.07.2022
GENERAL: 2 times World U20 Championships finalist			
OTHER PBs: 4:19.63 1500m(21)			
HONOURS:			
2024: 5000m Nairobi (KEN) 6. 17:08.41			
INFO: Hometown: Kericho. Studies: Kalyet High School.			
8	Tsiyon ABEBE (ETH)	17y	PB: 15:07.45 Stockholm (SWE) 02.07.2023
GENERAL: World U20 Championships Silver medallist 3000m (22) WA World Rankings: 93rd			
OTHER PBs: 4:08.15 1500m(22) - 8:44.82 3000m(22) - 9:00.55 3000m sh(23)			
HONOURS: World U20 Ch. (1xSilver)			
9	Vicky CHEKWEMBOI (UGA)	18y	PB: 17:00.28 Namboole (UGA) 01.07.2023
INFO: Hometown: Kapchorwa.			
10	Margaret Chelimo KIPKEMBOI (KEN)	31y	PB: 14:23.67 Paris (FRA) 09.06.2023
GENERAL: World Championships Silver medallist 5000m (19) 3 times World Championships finalist 5000m (23, 22) WA World Rankings: 9th			
OTHER PBs: 8:21.53 3000m(21) - 29:50 10km Road(21) - 1:04:46 Half Marathon(23)			
HONOURS: World Ch. (1xSilver, 1xBronze) : 2. 5000m Doha(19) 14:27.49 - 3. 10,000m Eugene, OR(22) 30:10.07 - 4. 5000m Budapest(23) 14:56.62 - 4. 5000m Eugene, OR(22) 14:47.71 - 5. 5000m London(17) 14:48.74 World RR Ch. (1xSilver) World CC Ch. (1xBronze) Afr. Ch. (1xSilver)			
2024: Half Marathon Ras Al Khaimah (UAE) 4. 1:06:31			
INFO: Born in Nandi County.			
11	Marta ALEMAYO (ETH)	16y	
12	Lemlem NIBRET (ETH)	19y	PB: 14:56.00 Montesson (FRA) 10.06.2023
GENERAL: World Cross Country Championships finalist			
OTHER PBs: 8:50.95 3000m(23) - 14:57 5 km Road(23) - 1:11:55 Half Marathon(22)			
HONOURS:			
13	Peninnah Wangari WACHIRA (KEN)	31y	
OTHER PBs: 2:01.30 800m(22) - 4:23.26 1500m(23)			
14	Millicent KEMBOI (KEN)	25y	
OTHER PBs: 4:19.59 1500m(22) - 31:55 10km Road(23)			

Start list		400mH		Time: 17:23		
Lane	Athlete	Nat	NR	PB	SB	
1	Adelina ZEMS	KAZ	54.50	57.16		
2	Alexandra Ștefania UȚĂ	ROU	53.25	56.31		
3	Daniela LEDECKÁ	SVK	54.28	56.01	58.49	
4	Paulien COUCKUYT	BEL	54.33	54.47		
5	Amalie IUDEL	NOR	53.91	54.68		
6	Elisabeth SLETTUM	NOR	53.91	55.77		
7	Bianca STUBLER	USA	50.68	56.20	57.56	
8	Vanice Kerubo NYAGISERA	KEN	55.82	56.95	58.21	

Records

WR	50.68	Sydney MCLAUGHLIN	USA	Eugene, OR	22.07.22
AR	52.90	Nezha BIDOUANE	MAR	Sevilla	25.08.99
NR	55.82	Francisca Koki MANUNGA	KEN	Nairobi	11.07.15
WJR	53.60	Sydney MCLAUGHLIN	USA	Fayetteville, AR	27.04.18
MR	59.05	Vanice Kerubo NYAGISERA	KEN		18.09.21
WL	54.72	Zenény GELDENHUYS	RSA	Pietermaritzburg	19.04.24

2024 World list

54.72	Zenény GELDENHUYS	RSA	Pietermaritzburg (RSA)	19.04.24
54.84	Rogail JOSEPH	RSA	Pietermaritzburg (RSA)	19.04.24
54.86	Savannah SUTHERLAND	CAN	Gainesville, FL (USA)	12.04.24
54.91	Rachel GLENN	USA	Gainesville, FL (USA)	12.04.24
54.96	Sarah CARLI	AUS	Adelaide (AUS)	14.04.24
55.50	Jiadie MO	CHN	Zhaoqing (CHN)	10.04.24
55.70	Chastity PICKETT	USA	Gainesville, FL (USA)	29.03.24
55.85	Noura ENNADI	MAR	Accra (GHA)	22.03.24
55.98	Kyla ROBINSON-HUBBARD	USA	Gainesville, FL (USA)	12.04.24
56.06	Michelle SMITH	ISV	Carolina (PUR)	16.03.24
56.11	Mari WILKINSON	AUS	Adelaide (AUS)	14.04.24
56.19	Akala GARRETT	USA	Austin, TX (USA)	29.03.24
56.20	Chayenne DA SILVA	BRA	Bragança Paulista (BRA)	07.04.24
56.23	Shani'a BELLAMY	USA	Gainesville, FL (USA)	12.04.24
56.28	Brooke OVERHOLT	CAN	Gainesville, FL (USA)	29.03.24
56.36	Sydni TOWNSEND	USA	Austin, TX (USA)	29.03.24
56.38	Grace CLAXTON	PUR	Carolina (PUR)	16.03.24
56.39	Lauren HOFFMAN	PHI	Coral Gables, FL (USA)	23.03.24
56.41	Linda ANGOUNOU	CMR	Accra (GHA)	22.03.24
56.50	Leah PHILLIPS	USA	Baton Rouge, LA (USA)	29.03.24

All-Time World list

50.68	Sydney MCLAUGHLIN	USA	Eugene, OR (USA)	22.07.22
51.45	Femke BOL	NED	London (GBR)	23.07.23
51.58	Dalilah MUHAMMAD	USA	Tokyo (JPN)	04.08.21
52.34	Yulia PECHONKINA	RUS	Tula (RUS)	08.08.03
52.39	Shamier LITTLE	USA	Stockholm (SWE)	04.07.21
52.42	Melaine WALKER	JAM	Berlin (GER)	20.08.09
52.47	Lashinda DEMUS	USA	Daegu (KOR)	01.09.11
52.61	Kim BATTEN	USA	Göteborg (SWE)	11.08.95
52.62	Tonja BUFORD-BAILEY	USA	Göteborg (SWE)	11.08.95
52.74	Sally GUNNELL	GBR	Stuttgart (GER)	19.08.93
52.77	Fani CHALKIA	GRE	Athina (GRE)	22.08.04
52.79	Sandra FARMER-PATRICK	USA	Stuttgart (GER)	19.08.93
52.79	Kaliese SPENCER	JAM	London (GBR)	05.08.11
52.81	Rushell CLAYTON	JAM	Budapest (HUN)	24.08.23
52.82	Deon HEMMINGS	JAM	Atlanta, GA (USA)	31.07.96
52.83	Zuzana HEJNOVÁ	CZE	Moskva (RUS)	15.08.13
52.89	Daimí PERNÍA	CUB	Sevilla (ESP)	25.08.99
52.90	Nezha BIDOUANE	MAR	Sevilla (ESP)	25.08.99
52.92	Natalya ANTYUKH	RUS	Barcelona (ESP)	30.07.10
52.94	Marina STEPANOVA	URS	Tashkent (UZB)	17.09.86

WR progression

50.68	Sydney MCLAUGHLIN	USA	Eugene, OR (USA)	22.07.22
51.41	Sydney MCLAUGHLIN	USA	Eugene, OR (USA)	25.06.22
51.46	Sydney MCLAUGHLIN	USA	Tokyo (JPN)	04.08.21
51.90	Sydney MCLAUGHLIN	USA	Eugene, OR (USA)	27.06.21
52.16	Dalilah MUHAMMAD	USA	Doha (QAT)	04.10.19
52.20	Dalilah MUHAMMAD	USA	Des Moines, IA (USA)	28.07.19
52.34	Yulia PECHONKINA	RUS	Tula (RUS)	08.08.03
52.61	Kim BATTEN	USA	Göteborg (SWE)	11.08.95
52.74	Sally GUNNELL	GBR	Stuttgart (GER)	19.08.93
52.94	Marina STEPANOVA	URS	Tashkent (UZB)	17.09.86
53.32	Marina STEPANOVA	URS	Stuttgart (GER)	30.08.86
53.55	Sabine BUSCH	GDR	Berlin (GDR)	22.09.85
53.58	Margarita PONOMARYOVA	URS	Kiev (URS)	22.06.84
54.02	Ana AMBRAZIENÉ	URS	Moskva (URS)	11.06.83
54.28	Karin ROSSLEY	GDR	Jena (GDR)	18.05.80
54.78	Marina MAKEYEVA	URS	Moskva (URS)	27.07.79
54.89	Tatyana ZELENTOVA	URS	Praha (TCH)	02.09.78
55.31	Tatyana ZELENTOVA	URS	Podolsk (URS)	19.08.78
55.44	Krystyna KACPERCZYK	POL	Berlin (GER)	18.08.78

Medal Winners

2024 - African Games

1.	Rogail JOSEPH (RSA)	55.39
2.	Noura ENNADI (MAR)	55.85
3.	Linda ANGOUNOU (CMR)	56.41

2023 - World Athletics Ch., Budapest 2023

1.	Femke BOL (NED)	51.70
2.	Shamier LITTLE (USA)	52.80
3.	Rushell CLAYTON (JAM)	52.81

2022 - World Athletics Ch., Oregon 2022

1.	Sydney MCLAUGHLIN (USA)	50.68
2.	Femke BOL (NED)	52.27
3.	Dalilah MUHAMMAD (USA)	53.13

2022 - African Athletics Ch.

1.	Zenény VAN DER WALT (RSA)	56.00
2.	Taylon BIELDT (RSA)	56.67
3.	Noura ENNADI (MAR)	58.06

2021 - The XXXII Olympic Games

1.	Sydney MCLAUGHLIN (USA)	51.46
2.	Dalilah MUHAMMAD (USA)	51.58
3.	Femke BOL (NED)	52.03

2019 - IAAF World Ch. in Athletics

1.	Dalilah MUHAMMAD (USA)	52.16
2.	Sydney MCLAUGHLIN (USA)	52.23
3.	Rushell CLAYTON (JAM)	53.74

2019 - African Games

1.	Vanice Kerubo NYAGISERA (KEN)	56.95
2.	Lamiaie LHABZ (MAR)	56.97
3.	Abasiono AKPAN (NGR)	57.66

2017 - IAAF World Ch. in Athletics

1.	Kori CARTER (USA)	53.07
2.	Dalilah MUHAMMAD (USA)	53.50
3.	Ristananna TRACEY (JAM)	53.74

2016 - The XXXI Olympic Games

1.	Dalilah MUHAMMAD (USA)	53.13
2.	Sara Slott PETERSEN (DEN)	53.55
3.	Ashley SPENCER (USA)	53.72

2016 - Durban African Ch.

1.	Wenda NEL (RSA)	54.86
2.	Maureen Jelagat MAIYO (KEN)	56.12
3.	Tameka JAMESON (NGR)	57.17

Previous Winners

Women's 400 Metres Hurdles

Final

20.04.2024

1	Adelina ZEMS (KAZ)	25y	PB: 57.16 Hangzhou (CHN) 02.10.2023
GENERAL: 3 times Asian Indoor champion 4x400m (i) (24, 23, 18) 4 times Asian Championships finalist 400mH (23) WA World Rankings: 110th			
OTHER PBs: 55.21 400m sh(23)			
HONOURS: NCH (3xWin) NICH (2xWin)			
2024: 400m sh Astana (KAZ) h 56.85 - 400m sh Ust-Kamenogorsk (KAZ) h 57.52 - 400m sh Ust-Kamenogorsk (KAZ) 3. 56.81 - 400m sh Astana (KAZ) 4. 56.55			
INFO: Born in Karaganda.			
2	Alexandra Ștefania UȚĂ (ROU)	16y	PB: 56.31 Maribor (SLO) 27.07.2023
GENERAL: European U20 Championships Bronze medallist 400mH (23) National champion 400mH (23) WA World Rankings: 87th			
OTHER PBs: 52.42 400m(23) - 54.43 400m sh(24) - 43.72 300mH(21) Current Records: 1xAU18B: AU18B 2:06.13 Sprint Medley 1000m Maribor(23)			
HONOURS: Eur. U20 Ch. (1xBronze) Balkan Ind. Ch. (1xWin) NCH (1xWin)			
2024: 400m sh Nyiregyháza (HUN) 2. 54.89 - 400m sh Beograd (SRB) 1. 54.43 - 400m sh Istanbul (TUR) 1. 54.6h - 60mH (0.76) București (ROU) h 8.72 - 400m sh București (ROU) 1. 55.85 - 400mH Antalya (TUR) 1. 59.0h			
INFO: Hometown: Ramnicu Valcea.			
3	Daniela LEDECKÁ (SVK)	27y	SB: 58.49 Johannesburg (RSA) 27.03 PB: 56.01 Praha (CZE) 06.06.2022
GENERAL: European Championships finalist 4 times National champion 400mH (22, 19, 18, 17) WA World Rankings: 64th			
OTHER PBs: 53.24 400m(20) - 54.13 400m sh(20) - 41.87 300mH(20) Current Records: 1xNBP: NBP 3:54.01 2x2x400m Chorzów(21)			
HONOURS: NCH (4xWin)			
2024: 400m sh Bratislava (SVK) 1. 54.43 - 400mH Johannesburg (RSA) 2. 58.49			
INFO: Hometown: Banska Bystrica. Studies: Matej Bel University.			
4	Paulien COUCKUYT (BEL)	26y	PB: 54.47 Tokyo (JPN) 02.08.2021
GENERAL: 2 times World Championships finalist Olympic Games finalist			
OTHER PBs: 52.98 400m(21) - 52.98 400m(20) - 53.57 400m sh(21)			
HONOURS: Eur. U23 Ch. (1xGold) NCH (2xWin)			
2024: 400m sh Gent (BEL) 3. 55.45 - 400m sh Louvain-La-Neuve (BEL) 3. 55.55			
INFO: Hometown: Antwerp. Physiotherapy studies at Catholic University of Leuven.			
5	Amalie IUEL (NOR)	30y	PB: 54.68 München (GER) 18.08.2022
GENERAL: 2 times European Championships finalist 9 times National champion 400m (21, 19, 18, 17), 400mH (22, 20, 19, 17, 16)			
OTHER PBs: 51.64 400m(21) - 52.25 400m sh(20) - 39.35 300mH(18) Current Records: 1xNBP: NBP 37.51 300m sh Bærum(21)			
HONOURS: Eur. Team Ch./1st (1xWin) WUG (1xBronze) NCH (9xWin)			
INFO: Born in Denmark. Represents Norway since 2015. Studies: University of Southern California. Major in Human Biology. Likes playing the guitar and singing. Favourite food is sushi. Her idol is Carolina Klüft. Has 4 siblings. Her partner is Aksel Lund Svindal.			
6	Elisabeth SLETTUM (NOR)	37y	PB: 55.77 Oslo (NOR) 30.06.2022
GENERAL: 10 times National champion 200m (21, 19, 15, 14, 09, 08, 07, 06, 05), Sprint Medley 1000m (22) 9 times National Indoor champion 60m (05, 04), 200m (i) (22, 14, 13, 08, 06, 05, 04) WA World Rankings: 68th			
OTHER PBs: 23.39 200m sh(22) - 37.80 300m sh(21) - 40.60 300mH(18)			
HONOURS: NCH (9xWin) NICH (9xWin)			
INFO: Based in Oslo. Studies: Oslo University College. Has trained with Karsten Warholm and Amalie Iuel.			
7	Bianca STUBLER (USA)	24y	SB: 57.56 Austin, TX (USA) 29.03 PB: 56.20 Nashville, TN (USA) 03.06.2023
WA World Rankings: 80th			
OTHER PBs: 38.97 300m sh(22) - 53.42 400m(22) - 53.56 400m sh(24)			
2024: 400m sh Lubbock, TX (USA) 1. 53.86 - 400m sh Fayetteville, AR (USA) 3. 54.39 - 400m sh College Station, TX (USA) 2. 54.01 - 400m sh Albuquerque, NM (USA) h 53.56 - 400mH Waco, TX (USA) 4. 57.76 - 400mH Austin, TX (USA) 3. 57.56			
INFO: Hometown: Menomonee Falls. Studies: University of Wisconsin. Major in Interior Architecture.			
8	Vanice Kerubo NYAGISERA (KEN)	23y	SB: 58.21 Accra (GHA) 21.03 PB: 56.95 Rabat (MAR) 30.08.2019
GENERAL: All-African Games winner 400mH (19) African Youth Games Bronze medallist 100mH (0.76/8.50) (18) WA World Rankings: 241st			
OTHER PBs: 55.00 400m(24) - 2:07.61 800m(23)			
HONOURS: All-Afr. G. (1xGold) All-Afr. U18 G. (1xBronze) NCH (1xWin)			
2024: 400mH Nairobi (KEN) 1. 58.85 - 400mH Nairobi (KEN) 1. 59.05 - 400mH Accra (GHA) AfG h 58.21 - 400mH Accra (GHA) AfG 5. 58.35 - 400m Nairobi (KEN) 4. 55.00			
INFO: 1st Kenyan ever to win the 400 m H in a continental meet (2019 All Africa Games) She started off as a high jumper. Loves football. Admires Dalilah Muhammad.			

Start list

3000mSC

Time: 17:02

Lane	Athlete	Nat	NR	PB	SB
1	Naomi CHEMTAI	KEN	8:44.32	11:13.11	11:13.11
2	Wesene ASSEFA	ETH	8:54.61	10:57.3h	
3	Judith CHEPKOECH	KEN	8:44.32	10:36.0h	
4	Bizunesh GETAHUN	ETH	8:54.61	10:09.0h	
5	Alemnet WALE	ETH	8:54.61	9:54.5h	
6	Leah JERUTO	KEN	8:44.32	9:32.8h	
7	Loice CHEKWEMOI	UGA	9:01.45	10:07.79	
8	Pamela KOSGEI	KEN	8:44.32	9:35.25	
9	Purity KIRUI	KEN	8:44.32	9:16.91	9:51.01
10	Nancy CHEPKWURUI	UGA	9:01.45		
11	Meseret YESHANEH	ETH	8:54.61	9:33.34	
12	Daisy JEPKEMEI	KAZ	8:53.02	9:06.66	
13	Caren CHEBET	KEN	8:44.32	9:30.42	9:43.05
14	Sharon CHEPKIRUI (PM)	KEN	8:44.32		
15	Stella RUTTO	ROU	9:16.85	9:32.90	

Pace: 1000m - 3:06.0 | 74 per lap
Target : 9:20.0

Medal Winners

2024 - African Games

1.	Beatrice CHEPKOECH (KEN)	9:15.61
2.	Peruth CHEMUTAI (UGA)	9:16.07
3.	Lomi MULETA (ETH)	9:26.63

2023 - World Athletics Ch., Budapest 2023

1.	Winfred Mutile YAVI (BRN)	8:54.29
2.	Beatrice CHEPKOECH (KEN)	8:58.98
3.	Faith CHEROTICH (KEN)	9:00.69

2022 - World Athletics Ch., Oregon 2022

1.	Norah JERUTO (KAZ)	8:53.02
2.	Werkuha GETACHEW (ETH)	8:54.61
3.	Mekides ABEBE (ETH)	8:56.08

2022 - African Athletics Ch.

1.	Werkuha GETACHEW (ETH)	9:36.81
2.	Zerfe WONDEMAGEGN (ETH)	9:41.37
3.	Caren CHEBET (KEN)	9:43.64

2021 - The XXXII Olympic Games

1.	Peruth CHEMUTAI (UGA)	9:01.45
2.	Courtney FRERICH (USA)	9:04.79
3.	Hyvin KIYENG (KEN)	9:05.39

2019 - IAAF World Ch. in Athletics

1.	Beatrice CHEPKOECH (KEN)	8:57.84
2.	Emma COBURN (USA)	9:02.35
3.	Gesa Felicitas KRAUSE (GER)	9:03.30

2019 - African Games

1.	Mekides ABEBE (ETH)	9:35.18
2.	Mercy Wanjiru GITAH (KEN)	9:37.53
3.	Weynshet ANSA (ETH)	9:38.56

2017 - IAAF World Ch. in Athletics

1.	Emma COBURN (USA)	9:02.58
2.	Courtney FRERICH (USA)	9:03.77
3.	Hyvin KIYENG (KEN)	9:04.03

2016 - The XXXI Olympic Games

1.	Ruth JEBET (BRN)	8:59.75
2.	Hyvin KIYENG (KEN)	9:07.12
3.	Emma COBURN (USA)	9:07.63

2016 - Durban African Ch.

1.	Norah JERUTO (KEN)	9:25.07
2.	Agnes JESANG (KEN)	9:27.22
3.	Weynshet ANSA (ETH)	9:39.89

Previous Winners

23	Beatrice CHEPKOECH (KEN)	9:13.51
22	Norah JERUTO (KAZ)	9:04.95
21	Celliphine Chepteek CHESPOL (KEN)	9:30.55
20	Beatrice CHEPKOECH (KEN)	9:29.05

Records

WR	8:44.32	Beatrice CHEPKOECH	KEN	Monaco	20.07.18
AR	8:44.32	Beatrice CHEPKOECH	KEN	Monaco	20.07.18
NR	8:44.32	Beatrice CHEPKOECH	KEN	Monaco	20.07.18
WJR	8:58.78	Celliphine Chepteek CHESPOL	KEN	Eugene, OR	26.05.17
MR	9:04.95	Norah JERUTO	KAZ		07.05.22
WL	9:15.61	Beatrice CHEPKOECH	KEN	Accra	20.03.24

2024 World list

9:15.61	Beatrice CHEPKOECH	KEN	Accra (GHA)	20.03.24
9:16.07	Peruth CHEMUTAI	UGA	Accra (GHA)	20.03.24
9:26.55	Lexy HALLADAY	USA	Azusa, CA (USA)	11.04.24
9:26.63	Lomi MULETA	ETH	Accra (GHA)	20.03.24
9:28.17	Gracie HYDE	USA	Azusa, CA (USA)	11.04.24
9:28.49	Elise THORNER	GBR	Azusa, CA (USA)	11.04.24
9:30.19	Sembo ALMAYEW	ETH	Accra (GHA)	20.03.24
9:30.71	Angelina ELLIS	USA	Azusa, CA (USA)	11.04.24
9:31.59	Simone FERRAZ	BRA	Azusa, CA (USA)	11.04.24
9:33.26	Belén CASETTA	ARG	Mar del Plata (ARG)	13.04.24
9:35.32	Frehiwot GESESE	ETH	Accra (GHA)	20.03.24
9:37.31	Greta KARINAUSKAITE	LTU	Azusa, CA (USA)	11.04.24
9:39.53	Amy CASHIN	AUS	Adelaide (AUS)	12.04.24
9:42.26	Stella RADFORD	AUS	Adelaide (AUS)	12.04.24
9:42.71	Cara FEAIN-RYAN	AUS	Adelaide (AUS)	10.02.24
9:43.05	Caren CHEBET	KEN	Nairobi (KEN)	06.03.24
9:45.52	Brielle ERBACHER	AUS	Adelaide (AUS)	12.04.24
9:48.20	Janette SCHRAFT	USA	Palo Alto, CA (USA)	29.03.24
9:48.22	Katelyn STEWART-BARNETT	CAN	Azusa, CA (USA)	11.04.24
9:50.88	Jessica FURLAN	CAN	Walnut, CA (USA)	18.04.24

All-Time World list

8:44.32	Beatrice CHEPKOECH	KEN	Monaco (MON)	20.07.18
8:50.66	Winfred Mutile YAVI	BRN	Eugene, OR (USA)	16.09.23
8:52.78	Ruth JEBET	BRN	Paris-St-Denis (FRA)	27.08.16
8:53.02	Norah JERUTO	KAZ	Eugene, OR (USA)	20.07.22
8:54.61	Werkuha GETACHEW	ETH	Eugene, OR (USA)	20.07.22
8:56.08	Mekides ABEBE	ETH	Eugene, OR (USA)	20.07.22
8:57.35	Jackline CHEPKOECH	KEN	London (GBR)	23.07.23
8:57.77	Courtney FRERICH	USA	Eugene, OR (USA)	21.08.21
8:58.78	Celliphine Chepteek CHESPOL	KEN	Eugene, OR (USA)	26.05.17
8:58.81	Gu'nara SAMITOVA-GALKINA	RUS	Beijing (CHN)	17.08.08
8:59.65	Faith CHEROTICH	KEN	Eugene, OR (USA)	16.09.23
9:00.01	Hyvin KIYENG	KEN	Eugene, OR (USA)	28.05.16
9:00.71	Sembo ALMAYEW	ETH	Firenze (ITA)	02.06.23
9:01.45	Peruth CHEMUTAI	UGA	Tokyo (JPN)	04.08.21
9:02.35	Emma COBURN	USA	Doha (QAT)	30.09.19
9:03.30	Gesa Felicitas KRAUSE	GER	Doha (QAT)	30.09.19
9:04.61	Zerfe WONDEMAGEGN	ETH	Firenze (ITA)	02.06.23
9:05.36	Habiba GHRIBI	TUN	Bruxelles (BEL)	11.09.15
9:06.15	Alice FINOT	FRA	Budapest (HUN)	27.08.23
9:06.37	Maruša MIŠMAŠ ZRIMŠEK	SLO	Budapest (HUN)	27.08.23

WR progression

8:44.32	Beatrice CHEPKOECH	KEN	Monaco (MON)	20.07.18
8:52.78	Ruth JEBET	BRN	Paris-St-Denis (FRA)	27.08.16
8:58.81	Gu'nara SAMITOVA-GALKINA	RUS	Beijing (CHN)	17.08.08
9:01.59	Gu'nara SAMITOVA	RUS	Herakleion (GRE)	04.07.04
9:08.33	Gu'nara SAMITOVA	RUS	Tula (RUS)	10.08.03
9:16.51	Alesia TURAVA	BLR	Gdansk (POL)	27.07.02
9:21.72	Alesia TURAVA	BLR	Ostrava (CZE)	12.06.02
9:22.29	Justyna BAK	POL	Milano (ITA)	05.06.02
9:25.31	Justyna BAK	POL	Nice (FRA)	09.07.01
9:40.20	Cristina ILOC-CASANDRA	ROU	Reims (FRA)	30.08.00
9:43.64	Cristina ILOC-CASANDRA	ROU	Bucuresti (ROU)	07.08.00
9:48.88	Yelena MOTALOVA	RUS	Tula (RUS)	31.07.99

Women's 3000 Metres Steeplechase

Final

20.04.2024

Pace: 1000m - 3:06.0 | 74 per lap Target : 9:20.0

1	Naomi CHEMTAI (KEN)	17y	SB and PB: 11:13.11 Nairobi (KEN) 27.01
2024: 3000mSC Nairobi (KEN) 8. 11:13.11			
2	Wesene ASSEFA (ETH)		PB: 10:57.3h Addis Abeba (ETH) 22.12.2021
3	Judith CHEPKOECH (KEN)		PB: 10:36.0h Nakuru (KEN) 03.04.2009
4	Bizunesh GETAHUN (ETH)		PB: 10:09.0h Hawassa (ETH) 31.03.2022
5	Alemnet WALE (ETH)		PB: 9:54.5h Hawassa (ETH) 31.03.2022
6	Leah JERUTO (KEN)	23y	PB: 9:32.8h Nairobi (KEN) 18.06.2021
WA World Rankings: 92nd			
7	Loice CHEKWEMOI (UGA)	17y	PB: 10:07.79 Cali (COL) 04.08.2022
GENERAL: World U20 Championships finalist National champion 3000mSC (22) OTHER PBs: 6:31.12 2000mSC(23) HONOURS: NCH (1xWin)			
8	Pamela KOSGEI (KEN)	19y	PB: 9:35.25 Nairobi (KEN) 24.06.2023
GENERAL: World Cross Country Championships Bronze medallist XC U20 Race (23) African U20 champion 3000mSC (23) WA World Rankings: 69th OTHER PBs: 16:20.86 5000m(22) HONOURS: World CC Ch. (1xBronze) Afr. U20 Ch. (1xGold) NCH (1xWin) INFO: Sister of Brigid Kosgei. Her idol is her sister.			
9	Purity KIRUI (KEN)	32y	SB: 9:51.01 Accra (GHA) 20.03 PB: 9:16.91 Stockholm (SWE) 04.07.2021
GENERAL: Commonwealth Games winner 3000mSC (14) World U20 champion 3000mSC (10) WA World Rankings: 68th OTHER PBs: 2:06.8h 800m(17) - 16:13.42 5000m(11) - 32:34 10km Road(23) HONOURS: World U20 Ch. (1xGold) All-Afr. G. (1xBronze) CWG (1xGold, 1xBronze) 2024: 3000mSC Nairobi (KEN) 1. 10:06.23 - 3000mSC Nairobi (KEN) 2. 9:55.56 - 3000mSC Accra (GHA) AfG 6. 9:51.01 INFO: Born in Kericho.			
10	Nancy CHEPKWURUI (UGA)	16y	
11	Meseret YESHANEH (ETH)	18y	PB: 9:33.34 Nairobi (KEN) 07.05.2022
GENERAL: World U20 Championships Bronze medallist 3000mSC (22) World Cross Country Championships finalist OTHER PBs: 15:14 5 km Road(24) HONOURS: World U20 Ch. (1xBronze) 2024: 5 km Road Leicester (GBR) 3. 15:14			
12	Daisy JEPKEMEI (KAZ)	28y	PB: 9:06.66 Zürich (SUI) 29.08.2019
GENERAL: World U20 champion 3000mSC (12) World U18 Championships Silver medallist 2000mSC (13) WA World Rankings: 85th OTHER PBs: 14:45.69 5000m(22) - 31:01dh 10km Road(19) - 32:05 10km Road(18) HONOURS: World U20 Ch. (1xGold, 1xBronze) World Youth Ch. (1xSilver) INFO: Born in Kenya. Represents Kazakhstan since 2022.			
13	Caren CHEBET (KEN)	23y	SB: 9:43.05 Nairobi (KEN) 06.03 PB: 9:30.42 Nairobi (KEN) 07.05.2022
GENERAL: African Championships Bronze medallist 3000mSC (22) World Youth champion 2000mSC (17) WA World Rankings: 31st OTHER PBs: 4:13.2h 1500m(22) - 6:24.80 2000mSC(17) - 51:02 15 km Road(19) HONOURS: World Youth Ch. (1xGold) Afr. Ch. (1xBronze) Afr. U20 Ch. (1xSilver) 2024: 1500m Nairobi (KEN) h 4:28.50 - 3000mSC Nairobi (KEN) 1. 9:43.57 - 3000mSC Nairobi (KEN) 1. 9:43.05 - 3000mSC Accra (GHA) AfG 7. 10:03.31			
14	Sharon CHEPKIRUI (KEN)		
15	Stella RUTTO (ROU)	27y	PB: 9:32.90 Cluj-Napoca (ROU) 04.09.2020
GENERAL: African U20 champion 3000mSC (15) World U20 Championships Bronze medallist 3000mSC (12) OTHER PBs: 8:47.36 3000m(22) - 15:06.93 5000m(22) - 1:07:45 Half Marathon(21) HONOURS: World U20 Ch. (1xBronze) Afr. U20 Ch. (1xGold) NICH (1xWin) INFO: Born in Kenya; represented the country until 2021.			

Start list

High Jump

Time: 15:45

Order	Athlete	Nat	NR	PB	SB
1	Marithe-Thérèse ENGONDO	SUI	1.97	1.90	1.84
2	Kimberly WILLIAMSON	JAM	2.00	1.93	1.85
3	Solène GICQUEL	FRA	1.97	1.92	1.87
4	Yelizaveta MATVEYEVA	KAZ	2.01	1.92	1.88
5	Michaela HRUBÁ	CZE	2.00	1.95	1.89
6	Maja NILSSON	SWE	2.06	1.96	1.90
7	Urtė BAIKŠTYTĖ	LTU	2.01	1.92	1.92
8	Elena VALLORTIGARA	ITA	2.03	2.02	

Heights: 1.70 - 1.74 - 1.78 - 1.82 - 1.86 - 1.90 - 1.94 - 1.97 - 1.99 - 2.01 +2cm

Medal Winners

2024 - African Games

1.	Rose Amoanimaa YEBOAH (GHA)	1.90
2.	Fatoumata BALLEY (GUI)	1.81
3.	Darina Hadil REZIK (ALG)	1.78

2023 - World Athletics Ch., Budapest 2023

1.	Yaroslava MAHUCHIKH (UKR)	2.01
2.	Eleanor PATTERSON (AUS)	1.99
3.	Nicola OLYSLAGERS (AUS)	1.99

2022 - World Athletics Ch., Oregon 2022

1.	Eleanor PATTERSON (AUS)	2.02
2.	Yaroslava MAHUCHIKH (UKR)	2.02
3.	Elena VALLORTIGARA (ITA)	2.00

2022 - African Athletics Ch.

1.	Rose Amoanimaa YEBOAH (GHA)	1.79
2.	Temitope Simbiat ADESHINA (NGR)	1.79
3.	Yvonne ROBSON (RSA)	1.79

2021 - The XXXII Olympic Games

1.	Mariya LASITSKENE (ANA)	2.04
2.	Nicola MCDERMOTT (AUS)	2.02
3.	Yaroslava MAHUCHIKH (UKR)	2.00

2019 - IAAF World Ch. in Athletics

1.	Mariya LASITSKENE (ANA)	2.04
2.	Yaroslava MAHUCHIKH (UKR)	2.04
3.	Vashti CUNNINGHAM (USA)	2.00

2019 - African Games

1.	Rose Amoanimaa YEBOAH (GHA)	1.84
2.	Rhizlane SIBA (MAR)	1.81
3.	Ariyat DIBOW UBANG (ETH)	1.81

2018 - African Ch.

1.	Nonhlanhla Erikah SEYAMA (SWZ)	1.80
2.	Hoda HAGRAS (EGY)	1.80
3.	Ariyat DIBOW UBANG (ETH)	1.80

2017 - IAAF World Ch. in Athletics

1.	Mariya LASITSKENE (ANA)	2.03
2.	Yuliia LEVCHENKO (UKR)	2.01
3.	Kamila LIĆWINKO (POL)	1.99

2016 - The XXXI Olympic Games

1.	Ruth BEITIA (ESP)	1.97
2.	Mirela DEMIREVA (BUL)	1.97
3.	Blanka VLAŠIĆ (CRO)	1.97

Previous Winners

23	Yaroslava MAHUCHIKH (UKR)	2.00
22	Laura ZIALOR (GBR)	1.91

Records

WR	2.09	Stefka KOSTADINOVA	BUL	Roma	30.08.87
AR	2.06	Hestrie CLOETE	RSA	Paris-St-Denis	31.08.03
NR	1.75	Caroline CHEROTICH	KEN	Nairobi	13.05.14
=NR	1.75	Zeddy Jesire CHONGWO	KEN	Nairobi	22.06.23
=NR	1.75	Faith Jepkemoi KIPSANG	KEN	Nairobi	22.06.23
=NR	1.75	Zeddy Jesire CHONGWO	KEN	Nairobi	05.01.24
WJR	2.04	Yaroslava MAHUCHIKH	UKR	Doha	30.09.19
MR	2.00	Yaroslava MAHUCHIKH	UKR		13.05.23
WL	2.04	Yaroslava MAHUCHIKH	UKR	Cottbus	31.01.24

2024 World list

2.04	Yaroslava MAHUCHIKH	UKR	Cottbus (GER) (i)	31.01.24
2.03	Nicola OLYSLAGERS	AUS	Canberra (AUS)	27.01.24
2.00	Lamara DISTIN	JAM	Fayetteville, AR (USA) (i)	24.02.24
2.00	Natalya SPIRIDONOVA	RUS	Moskva (RUS) (i)	25.02.24
2.00	Rachel GLENN	USA	Boston, MA (USA) (i)	09.03.24
1.97	Vashti CUNNINGHAM	USA	New York, NY (USA) (i)	11.02.24
1.97	Angelina TOPIC	SRB	Banská Bystrica (SVK) (i)	13.02.24
1.97	Mariya ZHODZIK	BLR	Toruń (POL) (i)	18.02.24
1.96	Temitope Simbiat ADESHINA	NGR	Lubbock, TX (USA) (i)	19.01.24
1.95	Christina HONSEL	BLR	Wuppertal (GER) (i)	26.01.24
1.95	Lia APOSTOLOVSKI	SLO	Banská Bystrica (SVK) (i)	13.02.24
1.95	Eleanor PATTERSON	AUS	Adelaide (AUS)	14.04.24
1.94	Imke ONNEN	GER	Cottbus (GER) (i)	31.01.24
1.93	Mirela DEMIREVA	BUL	Wuppertal (GER) (i)	26.01.24
1.93	Karyna DEMIDIK	BLR	Moskva (RUS) (i)	26.01.24
1.93	Safina SADULLAYEVA	UZB	Banská Bystrica (SVK) (i)	13.02.24
1.93	Mariya LASITSKENE	RUS	Moskva (RUS) (i)	25.02.24
1.93	Darya SLEPOVA	RUS	Moskva (RUS) (i)	25.02.24
1.93	Elena KULICHENKO	CYP	Baton Rouge, LA (USA)	30.03.24
1.92	Urtė BAIKŠTYTĖ	LTU	Astana (KAZ) (i)	27.01.24

All-Time World list

2.09	Stefka KOSTADINOVA	BUL	Roma (ITA)	30.08.87
2.08	Kajsa BERGQVIST	SWE	Arnstadt (GER) (i)	04.02.06
2.08	Blanka VLAŠIĆ	CRO	Zagreb (CRO)	31.08.09
2.07	Lyudmila ANDONOVA	BUL	Berlin (GDR)	20.07.84
2.07	Heike HENKEL	GER	Karlsruhe (GER) (i)	08.02.92
2.07	Anna CHICHEROVA	RUS	Cheboksary (RUS)	22.07.11
2.06	Hestrie CLOETE	RSA	Paris-St-Denis (FRA)	31.08.03
2.06	Yelena SLESARENKO	RUS	Athina (GRE)	28.08.04
2.06	Ariane FRIEDRICH	GER	Berlin (GER)	14.06.09
2.06	Mariya LASITSKENE	ANA	Lausanne (SUI)	06.07.17
2.06	Yaroslava MAHUCHIKH	UKR	Banská Bystrica (SVK) (i)	02.02.21
2.05	Tamara BYKOVA	URS	Kiev (URS)	22.06.84
2.05	Inga BABAKOVA	UKR	Tokyo (JPN)	15.09.95
2.05	Tia HELLEBAUT	BEL	Birmingham (GBR) (i)	03.03.07
2.05	Chaunte LOWE	USA	Des Moines, IA (USA)	26.06.10
2.04	Silvia COSTA	CUB	Barcelona (ESP)	09.09.89
2.04	Alina ASTAFEI	GER	Berlin (GER) (i)	03.03.95
2.04	Venelina VENEVA-MATEEVA	BUL	Kalamata (GRE)	02.06.01
2.04	Antonietta DI MARTINO	ITA	Banská Bystrica (SVK) (i)	09.02.11
2.04	Irina GORDEYEVA	RUS	Eberstadt (GER)	19.08.12

WR progression

2.09	Stefka KOSTADINOVA	BUL	Roma (ITA)	30.08.87
2.08	Stefka KOSTADINOVA	BUL	Sofia (BUL)	31.05.86
2.07	Stefka KOSTADINOVA	BUL	Sofia (BUL)	25.05.86
2.07	Lyudmila ANDONOVA	BUL	Berlin (GDR)	20.07.84
2.05	Tamara BYKOVA	URS	Kiev (URS)	22.06.84
2.04	Tamara BYKOVA	URS	Pisa (ITA)	25.08.83
2.03	Tamara BYKOVA	URS	London (GBR)	21.08.83
2.03	Ulrike MEYFARTH	FRG	London (GBR)	21.08.83
2.02	Ulrike MEYFARTH	FRG	Athina (GRE)	08.09.82
2.01	Sara SIMEONI	ITA	Praha (TCH)	31.08.78
2.01	Sara SIMEONI	ITA	Brescia (ITA)	04.08.78
2.00	Rosemarie ACKERMANN	GDR	Berlin (GER)	26.08.77
1.97	Rosemarie ACKERMANN	GDR	Berlin (GER)	26.08.77
1.97	Rosemarie ACKERMANN	GDR	Helsinki (FIN)	14.08.77
1.96	Rosemarie ACKERMANN	GDR	Dresden (GER)	03.07.77
1.96	Rosemary WITSCHAS-ACKERMANN	GDR	Dresden (GER)	08.05.76

Women's High Jump

Final

20.04.2024

Heights: 1.70 - 1.74 - 1.78 - 1.82 - 1.86 - 1.90 - 1.94 - 1.97 - 1.99 - 2.01 +2cm

1	Marithe-Thérèse ENGONDO (SUI)	21y	SB: 1.84 Weinheim (GER) 02.02	PB: 1.90 Weinheim (GER) 11.02.2022
GENERAL: World U20 Championships Silver medallist High Jump (21) 2 times National Indoor champion High Jump (23, 22) WA World Rankings: 117th				
HONOURS: World U20 Ch. (1xSilver) NCH (1xWin) NICH (2xWin)				
2024: High Jump Magglingen (SUI) 1. 1.80 - High Jump Weinheim (GER) 9. 1.84 - High Jump Beograd (SRB) 4. 1.82 - High Jump St. Gallen (SUI) 2. 1.82				
2	Kimberly WILLIAMSON (JAM)	30y	SB: 1.85 Coral Gables, FL (USA) 06.04	PB: 1.93 Nashville, TN (USA) 05.06.2022
GENERAL: Commonwealth Games Bronze medallist High Jump (22) Pan American Games Bronze medallist High Jump (19) WA World Rankings: 62nd				
OTHER PBs: 14.19 Triple Jump(21)				
HONOURS: PanAm G. (1xBronze) CWG (1xBronze) PanAm. U20 Ch. (1xBronze)				
2024: High Jump Louisville, KY (USA) 5. 1.78 - High Jump Coral Gables, FL (USA) 1. 1.85				
INFO: Born in Frankfield. Studies: Kansas State University.				
3	Solène GICQUEL (FRA)	29y	SB: 1.87 Hustopeče (CZE) 10.02	PB: 1.92 Aubiére (FRA) 18.02.2023
GENERAL: 4 times National champion High Jump (23, 22, 20, 19) 3 times National Indoor champion High Jump (23, 21, 20) WA World Rankings: 25th				
HONOURS: NCH (4xWin) NICH (3xWin)				
2024: High Jump Val-de-Reuil (FRA) 4. 1.83 - High Jump Třinec (CZE) 5. 1.82 - High Jump Hustopeče (CZE) 5. 1.87 - High Jump Miramas (FRA) 1. 1.86 - High Jump Madrid (ESP) 6. 1.85				
INFO: Born in Rennes.				
4	Yelizaveta MATVEYEVA (KAZ)	22y	SB: 1.88 Astana (KAZ) 05.02	PB: 1.92 Almaty (KAZ) 25.06.2022
GENERAL: Asian Indoor champion High Jump (24) Asian Championships Silver medallist High Jump (23) WA World Rankings: 29th				
OTHER PBs: 54.61 400m(18)				
HONOURS: Asi. Ch. (1xSilver) Asi. Ind. Ch. (1xGold, 1xBronze) Asi. YOG. Q (1xBronze) NCH (1xWin)				
2024: High Jump Astana (KAZ) 1. 1.84 - High Jump Ust-Kamenogorsk (KAZ) 2. 1.84 - High Jump Astana (KAZ) 8. 1.84 - High Jump Astana (KAZ) 1. 1.88 - High Jump Tehran (IRI) 1. 1.86				
5	Michaela HRUBÁ (CZE)	26y	SB: 1.89 Miramas (FRA) 02.02	PB: 1.95 Praha (CZE) 20.02.2016
GENERAL: World U20 champion High Jump (16) World U20 Championships Silver medallist High Jump (14) WA World Rankings: 26th				
OTHER PBs: 6.02 Long Jump(18) - 13.38 Triple Jump(23)				
HONOURS: World U20 Ch. (1xGold, 1xSilver) World Youth Ch. (1xGold)				
2024: High Jump Praha (CZE) 1. 1.84 - High Jump Astana (KAZ) 3. 1.87 - High Jump Miramas (FRA) 2. 1.89 - High Jump Udine (ITA) 4. 1.85 - High Jump Hustopeče (CZE) 6. 1.87 - High Jump Banská Bystrica (SVK) 10. 1.85 - High Jump Ostrava (CZE) 2. 1.86 - High Jump Madrid (ESP) 10. 1.80				
INFO: Born in Boritov.				
6	Maja NILSSON (SWE)	24y	SB: 1.90 Banská Bystrica (SVK) 13.02	PB: 1.96 Halmstad (SWE) 29.06.2021
GENERAL: European U18 champion High Jump (16) European U23 Championships Silver medallist High Jump (21)				
HONOURS: Eur. U23 Ch. (1xSilver) Eur. U20 Ch. (1xBronze) Eur. U18 Ch. (1xGold)				
2024: High Jump Banská Bystrica (SVK) 6. 1.90				
INFO: Born in Motala.				
7	Urtė BAIKŠTYTĖ (LTU)	24y	SB and PB: 1.92 Astana (KAZ) 27.01	
GENERAL: European U18 Championships Silver medallist High Jump (16) 3 times National Indoor champion High Jump (22, 20, 18) WA World Rankings: 32nd				
HONOURS: Eur. U18 Ch. (1xSilver) NCH (2xWin) NICH (3xWin)				
2024: High Jump Astana (KAZ) 1. 1.92 - High Jump Miramas (FRA) 3. 1.89 - High Jump Heist-op-den-Berg (BEL) 4. 1.78				
8	Elena VALLORTIGARA (ITA)	32y	PB: 2.02 London (GBR) 22.07.2018	
GENERAL: World Championships Bronze medallist High Jump (22) World Indoor Championships finalist WA World Rankings: 50th				
HONOURS: World Ch. (1xBronze): 3. High Jump Eugene, OR(22) 2.00 World U20 Ch. (1xBronze) World Youth Ch. (1xBronze)				
INFO: Born in Schio. Degree in Psychology. Likes watching volleyball, reading and knitting. First she was involved in swimming and artistic gymnastics. Nickname: Elly.				

Start list

Hammer Throw

Time: 14:12

Order	Athlete	Nat	NR	PB	SB
1	Roseline Nyachama RAKAMBA	KEN	60.80	55.59	54.85
2	Kaila BUTLER	CAN	78.62	69.35	66.25
3	Vanessa STERCKENDRIES	BEL	69.91	69.91	68.41
4	Janeah STEWART	USA	80.31	75.43	69.75
5	Beatrice Nedberge LLANO	NOR	72.10	72.10	
6	Bianca Florentina GHELBER	ROU	76.07	74.18	73.28
7	Janee' KASSANAVOID	USA	80.31	78.00	

Records

WR	82.98	Anita WŁODARCZYK	POL	Warszawa	28.08.16
AR	75.49	Annette Nneka ECHIKUNWOKE	NGR	Tucson, AZ	22.05.21
NR	60.80	Linda Ngendo OSESO	KEN	Austin, TX	26.05.12
WJR	73.43	Silja KOSONEN	FIN	Vaasa	28.06.21
MR	78.06	Anita WŁODARCZYK	POL		07.05.22
WL	76.57	DeAnna PRICE	USA	Champaign, IL	13.04.24

2024 World list

76.57	DeAnna PRICE	USA	Champaign, IL (USA)	13.04.24
75.24	Jie ZHAO	CHN	Chengdu (CHN)	02.04.24
73.69	Jiangyan LI	CHN	Chengdu (CHN)	30.03.24
73.28	Bianca Florentina GHELBER	ROU	București (ROU)	24.02.24
72.46	Xinying XU	CHN	Zhaoqing (CHN)	10.04.24
72.44	Anastasiya MASLOVA	BLR	Brest (BLR)	21.02.24
72.01	Rose LOGA	FRA	St-Denis-Réunion (FRA)	27.01.24
71.95	Katrine Koch JACOBSEN	DEN	Leiria (POR)	10.03.24
71.89	Sofiya PALKINA	RUS	Sochi (RUS)	27.02.24
71.86	Annette Nneka ECHIKUNWOKE	USA	Cincinnati, OH (USA)	29.03.24
71.34	Iryna KLYMETS	UKR	Kyiv (UKR)	14.02.24
71.29	Anastasiya GRIGORYEVA	RUS	Sochi (RUS)	18.02.24
71.21	Erin REESE	USA	Oxford, MS (USA)	22.03.24
70.94	Zheng WANG	CHN	Chengdu (CHN)	30.03.24
70.93	Li JI	CHN	Chengdu (CHN)	30.03.24
70.64	Rachel TANCZOS	USA	Louisville, KY (USA)	05.04.24
70.59	Lauren BRUCE	NZL	Christchurch (NZL)	24.02.24
70.58	Sara FANTINI	ITA	Leiria (POR)	10.03.24
70.54	Thea LÖFMAN	SWE	Uppsala (SWE)	10.04.24
70.51	Joy MCARTHUR	JPN	Los Angeles, CA (USA)	22.03.24

All-Time World list

82.98	Anita WŁODARCZYK	POL	Warszawa (POL)	28.08.16
80.31	DeAnna PRICE	USA	Eugene, OR (USA)	26.06.21
80.17	Brooke ANDERSEN	USA	Tucson, AZ (USA)	20.05.23
79.42	Betty HEIDLER	GER	Halle (GER)	21.05.11
78.62	Camryn ROGERS	CAN	Los Angeles, CA (USA)	26.05.23
78.51	Tatyana LYSENKO	RUS	Cheboksary (RUS)	05.07.12
78.00	Janee' KASSANAVOID	USA	Tucson, AZ (USA)	21.05.22
77.78	Gwen BERRY	USA	Chorzów (POL)	08.06.18
77.68	Zheng WANG	CHN	Chengdu (CHN)	29.03.14
77.33	Wenxiu ZHANG	CHN	Incheon (KOR)	28.09.14
77.32	Oksana MIANKOVA	BLR	Minsk (BLR)	29.06.08
77.26	Gulfiya KHANAFYEVA	RUS	Tula (RUS)	12.06.06
77.13	Oksana KONDRATYEVA	RUS	Zhukovskiy (RUS)	30.06.13
77.10	Hanna SKYDAN	AZE	Budapest (HUN)	23.08.23
76.90	Martina HRAŠNOVÁ	SVK	Trnava (SVK)	16.05.09
76.85	Malwina KOPRON	POL	Taipei City (TPE)	26.08.17
76.83	Kamila SKOLIMOWSKA	POL	Doha (QAT)	11.05.07
76.72	Mariya BESPALOVA	RUS	Zhukovskiy (RUS)	23.06.12
76.66	Olga TSANDER	BLR	Minsk (BLR)	21.07.05
76.63	Yekaterina KHOROSHIKH	RUS	Zhukovskiy (RUS)	24.06.06

WR progression

82.98	Anita WŁODARCZYK	POL	Warszawa (POL)	28.08.16
82.29	Anita WŁODARCZYK	POL	Rio de Janeiro (BRA)	15.08.16
81.08	Anita WŁODARCZYK	POL	Władysławowo (POL)	01.08.15
79.58	Anita WŁODARCZYK	POL	Berlin (GER)	31.08.14
79.42	Betty HEIDLER	GER	Halle (GER)	21.05.11
78.30	Anita WŁODARCZYK	POL	Bydgoszcz (POL)	06.06.10
77.96	Anita WŁODARCZYK	POL	Berlin (GER)	22.08.09
77.80	Tatyana LYSENKO	RUS	Tallinn (EST)	15.08.06
77.41	Tatyana LYSENKO	RUS	Zhukovskiy (RUS)	24.06.06
77.26	Gulfiya KHANAFYEVA	RUS	Tula (RUS)	12.06.06
77.06	Tatyana LYSENKO	RUS	Moskva (RUS)	15.07.05
76.07	Mihaela MELINTE	ROU	Rüdlingen (SUI)	29.08.99
76.05	Mihaela MELINTE	ROU	Rüdlingen (SUI)	29.08.99
75.97	Mihaela MELINTE	ROU	Clermont-Ferrand (FRA)	13.05.99
75.29	Mihaela MELINTE	ROU	Clermont-Ferrand (FRA)	13.05.99
73.14	Mihaela MELINTE	ROU	Poiana Brasov (ROU)	16.07.98
73.10	Olga KUZENKOVA	RUS	München (GER)	22.06.97
71.22	Olga KUZENKOVA	RUS	München (GER)	22.06.97
69.58	Mihaela MELINTE	ROU	București (ROU)	08.03.97

Medal Winners

2024 - African Games

1.	Zahra TATAR (ALG)	69.65
2.	Zouina BOUZE BRA (ALG)	68.97
3.	Oyesade OLATOYE (NGR)	68.92

2023 - World Athletics Ch., Budapest 2023

1.	Camryn ROGERS (CAN)	77.22
2.	Janee' KASSANAVOID (USA)	76.36
3.	DeAnna PRICE (USA)	75.41

2022 - World Athletics Ch., Oregon 2022

1.	Brooke ANDERSEN (USA)	78.96
2.	Camryn ROGERS (CAN)	75.52
3.	Janee' KASSANAVOID (USA)	74.86

2022 - African Athletics Ch.

1.	Oyesade OLATOYE (NGR)	63.67
2.	Zouina BOUZE BRA (ALG)	63.48
3.	Rawan AYMAN IBRAHIM BARAKAT (EGY)	62.67

2021 - The XXXII Olympic Games

1.	Anita WŁODARCZYK (POL)	78.48
2.	Zheng WANG (CHN)	77.03
3.	Malwina KOPRON (POL)	75.49

2019 - IAAF World Ch. in Athletics

1.	DeAnna PRICE (USA)	77.54
2.	Joanna FIODOROW (POL)	76.35
3.	Zheng WANG (CHN)	74.76

2019 - African Games

1.	Laetitia BAMBARA (BUR)	65.28
2.	Temilola Olatoke OGUNRINDE (NGR)	64.68
3.	Zouina BOUZE BRA (ALG)	63.34

2018 - African Ch.

1.	Soukaina ZAKKOUR (MAR)	68.28
2.	Temilola Olatoke OGUNRINDE (NGR)	67.39
3.	Jennifer BATU (CGO)	66.43

2017 - IAAF World Ch. in Athletics

1.	Anita WŁODARCZYK (POL)	77.90
2.	Zheng WANG (CHN)	75.98
3.	Malwina KOPRON (POL)	74.76

2016 - The XXXI Olympic Games

1.	Anita WŁODARCZYK (POL)	82.29
2.	Wenxiu ZHANG (CHN)	76.75
3.	Sophie HITCHON (GBR)	74.54

Previous Winners

23	Janee' KASSANAVOID (USA)	74.25
22	Anita WŁODARCZYK (POL)	78.06
21	Katrine Koch JACOBSEN (DEN)	71.09
20	Rosa Andreina RODRIGUEZ (VEN)	69.55

1	Roseline Nyachama RAKAMBA (KEN)	33y	SB: 54.85 Nairobi (KEN) 26.01	PB: 55.59 Nairobi (KEN) 22.06.2023
GENERAL: 6 times National champion Discus Throw (22, 19, 18, 14), Hammer Throw (23, 18) 2 times All-African Games finalist WA World Rankings: 266th				
HONOURS: NCH (6xWin)				
2024: Discus Throw Nairobi (KEN) 1. 46.30 - Hammer Throw Nairobi (KEN) 1. 50.98 - Hammer Throw Nairobi (KEN) 1. 54.85 - Discus Throw Nairobi (KEN) 1. 50.28 - Hammer Throw Nairobi (KEN) 1. 54.11 - Discus Throw Nairobi (KEN) 2. 49.01 - Hammer Throw Accra (GHA) AfG 6. 54.28 - Discus Throw Accra (GHA) AfG 9. 50.90				
2	Kaila BUTLER (CAN)	25y	SB: 66.25 San Diego, CA (USA) 22.03	PB: 69.35 MI (USA) 07.05.2022
GENERAL: Pan American Games Bronze medallist Hammer Throw (23) Commonwealth Games finalist WA World Rankings: 64th				
HONOURS: PanAm G. (1xBronze)				
2024: Hammer Throw San Diego, CA (USA) 1. 66.25				
INFO: Hometown: Port Coquitlam. Studies: Bowling Green State University.				
3	Vanessa STERCKENDRIES (BEL)	28y	SB: 68.41 Canberra (AUS) 01.03	PB: 69.91 Leverkusen (GER) 23.08.2020
GENERAL: 6 times National champion Hammer Throw (23, 22, 21, 20, 19, 18) World U20 Championships finalist WA World Rankings: 49th				
HONOURS: NCH (6xWin)				
2024: Hammer Throw Christchurch (NZL) 2. 67.54 - Hammer Throw Canberra (AUS) 1. 68.41 - Hammer Throw Leiria (POR) 5. 64.73				
INFO: Based and trains in Halle. Motto: "Success is not given, it is earned".				
4	Janeah STEWART (USA)	27y	SB: 69.75 Oxford, MS (USA) 22.03	PB: 75.43 Bloomington, IN (USA) 22.06.2019
GENERAL: 2 times National Indoor champion Weight Throw (20, 19) NCAA champion Hammer Throw (18) WA World Rankings: 13th				
OTHER PBs: 18.03 Shot Put(18) - 56.39 Discus Throw(17) - 25.08 Weight Throw(19)				
HONOURS: NICH (2xWin) NCAA Ch. (1xWin)				
2024: Weight Throw Fayetteville, AR (USA) 1. 23.90 - Weight Throw Nashville, TN (USA) 2. 24.80 - Weight Throw Albuquerque, NM (USA) 3. 24.29 - Hammer Throw Oxford, MS (USA) 2. 69.75 - Hammer Throw Oxford, MS (USA) 3. 68.38				
INFO: Born in Calumet City. Studies: University of Mississippi. Major in Exercise Science. Her father played professional basketball in Angola, Portugal and the Netherlands.				
5	Beatrice Nedberge LLANO (NOR)	26y	PB: 72.10 Eugene, OR (USA) 09.06.2022	
GENERAL: World U20 champion Hammer Throw (16) 7 times National champion Hammer Throw (23, 21, 20, 19, 17, 16, 15) WA World Rankings: 43rd				
OTHER PBs: 70.00 Hammer Throw (3kg)(14) - 21.67 Weight Throw(23)				
HONOURS: World U20 Ch. (1xGold) Eur. U23 Ch. (1xBronze) Eur. U20 Ch. (1xSilver) NCH (7xWin)				
2024: Weight Throw State College, PA (USA) 2. 21.34				
INFO: Born in Bergen. Studies: University of Georgia.				
6	Bianca Florentina GHELBER (ROU)	33y	SB: 73.28 București (ROU) 24.02	PB: 74.18 Tokyo (JPN) 03.08.2021
GENERAL: 4 times World Championships finalist European champion Hammer Throw (22) WA World Rankings: 5th				
OTHER PBs: 69.66 Hammer Throw (3kg)(05)				
HONOURS: OG (1xFinal): 6. Hammer Throw Tokyo(21) 74.18 World Ch. (4xFinal): 6. Hammer Throw Eugene, OR(22) 72.26 - 6. Hammer Throw Daegu(11) 72.04 - 7. Hammer Throw Budapest(23) 73.70 - 8. Hammer Throw Moskva(13) 71.25 World U20 Ch. (2xGold) World Youth Ch. (2xGold)				
2024: Hammer Throw București (ROU) 1. 73.28 - Hammer Throw Leiria (POR) 1. 67.87 - Hammer Throw Leiria (POR) 2. 71.66				
INFO: Born in Roman. Studies: Vasile Alecsandri University. Her idols are Usain Bolt and Asafa Powell. Former ROU Athlete of the Year.				
7	Janee' KASSANAVOID (USA)	29y	PB: 78.00 Tucson, AZ (USA) 21.05.2022	
GENERAL: World Championships Silver medallist Hammer Throw (23) World Championships Bronze medallist Hammer Throw (22) WA World Rankings: 3rd				
OTHER PBs: 24.28 Weight Throw(22)				
HONOURS: World Ch. (1xSilver, 1xBronze): 2. Hammer Throw Budapest(23) 76.36 - 3. Hammer Throw Eugene, OR(22) 74.86 NACAC Ch. (1xGold) NICH (1xWin)				
INFO: Hometown: Lawson. Studies: Kansas State University. Major in Dietetics. Aspires to become a registered dietician and personal chef.				