

RACE EMERGENCY MEDICINE COURSE RIO DE JANEIRO

Rio de Janeiro Marathon
1 - 2 June 2024

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Saturday, 1 June

Workshops and Simulation Exercises

8:30 - 8:40	Welcome
8:40 - 8:50	Group Formation for Working Session
8:50 - 10:30	Event Medical Planning Working Session: <ul style="list-style-type: none">◦ Map Distribution◦ Medical Service Planning / Mass Casualty Prevention Planning / Rescue Procedures

Coffee break

10:50 - 12:00	Simulation with Select Scenarios and Case Studies
12:00 - 12:30	How to Prepare Event Medical Services

Lunch break

13:30 - 15:10	Practical Learning <ul style="list-style-type: none">◦ Round I: Exertional Heat Stroke & Heat-Related Illness◦ Round II: Exercise-Associated Collapse & Cardiac Arrest◦ Round III: Exertional Hyponatremia Management
15:10 - 15:40	Activity debrief and discussion
15:40 - 16:30	Evaluation of practical learning and preparation for Race Day

Sunday, 2 June

Race Day Observation

Attendees of the course will be organized into small groups, and take turns moving between different medical stations to observe, each for a duration of one hour.

This rotation will continue until each group has spent a total of three hours observing.

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