

**WORLD ATHLETICS INDOOR CHAMPIONSHIPS
GLASGOW, GBR - 1-3
MARCH 2024**

DAY 1 - Friday, Morning, 1 March			
10:05	60m H Pen	W	Heats
10:20	400m	W	R1
10:55	High Jump Pen	W	
11:00	400m	M	R1
11:06	Shot Put	W	F
11:40	60m	M	R1
12:40	800m	W	R1
13:20	Shot Put Pen	W	
13:25	800m	M	R1
DAY 1 - Friday, Afternoon, 1 March			
18:40	<i>Opening Ceremony</i>		
19:05	1500m	W	R1
19:15	Long Jump Pen	W	
19:41	High Jump	W	F
19:45	60m	M	SF
20:10	1500m	M	R1
20:20	Shot Put	M	F
20:50	400m	W	SF
21:10	400m	M	SF
21:30	800m Pen	W	F
21:45	60m	M	F
	<i>Shot Put</i>	<i>W</i>	<i>MC</i>
	<i>High Jump</i>	<i>W</i>	<i>MC</i>
	<i>Pentathlon</i>	<i>W</i>	<i>MC</i>

DAY 2 - Saturday, Morning, 2 March			
10:00	Long Jump	M	F
10:10	60m H	M	R1
11:00	60m H Hep	M	Heats
11:20	60m	W	R1
12:10	800m	W	SF
12:15	Long Jump Hep	M	
12:30	800m	M	SF
13:35	Shot Put Hep	M	
DAY 2 - Saturday, Afternoon, 2 March			
	<i>Shot Put</i>	<i>M</i>	<i>MC</i>
	<i>60m</i>	<i>M</i>	<i>MC</i>
	<i>Long Jump</i>	<i>M</i>	<i>MC</i>
19:05	Pole Vault	W	F
19:10	60m H	M	SF
19:30	High Jump Hep	M	
19:40	Triple Jump	M	F
19:45	60m	W	SF
20:15	3000m	W	F
20:40	3000m	M	F
21:00	400m	W	F
21:10	400m	M	F
21:30	60m H	M	F
21:45	60m	W	F
	<i>3000m</i>	<i>W</i>	<i>MC</i>
	<i>3000m</i>	<i>M</i>	<i>MC</i>
	<i>400m</i>	<i>W</i>	<i>MC</i>
	<i>400m</i>	<i>M</i>	<i>MC</i>

DAY 3 - Sunday, Morning, 3 March			
10:05	60m Hep	M	Heats
10:18	Triple Jump	W	F
10:25	60m H	W	R1
11:10	4 x 400m Relay	M	R1
11:15	Pole Vault Hep	M	
11:38	4 x 400m Relay	W	R1
11:50	High Jump	M	F
DAY 3 - Sunday, Afternoon, 3 March			
	<i>Triple Jump</i>	<i>M</i>	<i>MC</i>
	<i>60m H</i>	<i>M</i>	<i>MC</i>
	<i>60m</i>	<i>W</i>	<i>MC</i>
	<i>Pole Vault</i>	<i>W</i>	<i>MC</i>
	<i>High Jump</i>	<i>M</i>	<i>MC</i>
	<i>Triple Jump</i>	<i>W</i>	<i>MC</i>
19:00	Pole Vault	M	F
19:15	Long Jump	W	F
19:40	60m H	W	SF
20:15	4 x 400m Relay	M	F
20:30	4 x 400m Relay	W	F
20:45	1000m Hep	M	F
21:00	60m H	W	F
21:10	800m	M	F
21:20	800m	W	F
21:30	1500m	M	F
21:45	1500m	W	F
	<i>4 x 400m Relay</i>	<i>M</i>	<i>MC</i>
	<i>4 x 400m Relay</i>	<i>W</i>	<i>MC</i>
	<i>Heptathlon</i>	<i>M</i>	<i>MC</i>
	<i>60m H</i>	<i>W</i>	<i>MC</i>
	<i>Long Jump</i>	<i>W</i>	<i>MC</i>
	<i>800m</i>	<i>M</i>	<i>MC</i>
	<i>800m</i>	<i>W</i>	<i>MC</i>
	<i>Pole Vault</i>	<i>M</i>	<i>MC</i>
	<i>1500m</i>	<i>M</i>	<i>MC</i>
	<i>1500m</i>	<i>W</i>	<i>MC</i>