

**LIST OF WORLD ATHLETICS CERTIFIED STANDARD-DISTANCE ROAD RACES (As per Technical Rule 55.1)**  
**Updated 16 May 2023**

\* Race Course expected to be re-certified prior to 2023 Race

Country	City/Place	Name of Race	Distance	Drop and Separation	
ALB	Pogradec	Night Half Marathon Enkelana	Half Marathon	Separation >50%	2026
ALB	Tirana	Tirana 10KM	10KM	Comp. Rule 31.21 compliant	2023
ALB	Tirana	Tirana Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ALB	Tirana	Tirana Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ALG	Algier	Semi Marathon des Jeux Méditerranéens	Half Marathon	Comp. Rule 31.21 compliant	2026
ALG	Algier	Semi Marathon des Jeux Méditerranéens	Half Marathon	Comp. Rule 31.21 compliant	2026
ALG	Bejaia	Semi marathon international de la ville de Bejaia	Half Marathon	Comp. Rule 31.21 compliant	2026
ALG	Jijel	Semi Marathon de la Corriche de Jijel	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Luanada	5KM de Paz	5KM	Separation >50%	2026
ARG	Luanada	Mesa maratona internacional de Paz	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	21K Buenos Aires	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	21K New Balance	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	Corré por Racing - 10KM (5km lap)	10KM	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	Corré por Racing - 5KM	5KM	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	Maratón INT de la Ciudad de Buenos Aires	Marathon	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	Puerto Atlético 10K Ciudad de Palermo	10KM	Comp. Rule 31.21 compliant	2026
ARG	Ciudad de Florencio Varela	Maratón Nocturna "Ricardo Castro" 10KM	10KM	Comp. Rule 31.21 compliant	2024
ARG	Garin, Buenos Aires	Milla Urbana Garin 2021	10KM	Comp. Rule 31.21 compliant	2026
ARG	General Pico	10K de General Pico	10KM	Comp. Rule 31.21 compliant	2026
ARG	General Pico	Media Maratón de General Pico	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	General Rodriguez	Maratón Atiba 10 KM	10KM	Comp. Rule 31.21 compliant	2026
ARG	General Rodriguez	Nacional Master Milla Urbana General Rodriguez 2021	10KM	Comp. Rule 31.21 compliant	2026
ARG	La Pedrera	Media Maratón La Pedrera	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	La Pedrera	Media Maratón La Pedrera - 10KM	10KM	Comp. Rule 31.21 compliant	2026
ARG	La Pedrera	Media Maratón La Pedrera - 5KM	5KM	Comp. Rule 31.21 compliant	2026
ARG	Mar del Plata City	21K Mar del Plata	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	10K Ciudad de Rosario 2022	10KM	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	10K Mercedes Benz by Stern	10KM	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	21K Mercedes Benz by Stern	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	42K Ciudad de Rosario 2022 - 20th Maratón INT de la Bandera	Marathon	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	XI Medio Maratón Asics 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	XII Medio Maratón Asics 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	San Juan	Maratón Internacional de San Juan	Marathon	D downhill (1.6 m/m), Separation >50%	2026
ARG	Santa Rosa	5K Santa Rosa 2021	5KM	Comp. Rule 31.21 compliant	2026
ARG	Santa Rosa	Maratón INT "A Paripa Taviera"	Marathon	Comp. Rule 31.21 compliant	2026
ARG	Santa Rosa	21K Complejo Nacional de Ruta 10 km	10KM	Comp. Rule 31.21 compliant	2023
ARG	Santiago del Estero City	10K SDE "la Ciudad Corre Mc"	10KM	Comp. Rule 31.21 compliant	2026
ARG	Santiago del Estero City	Medio Maratón SDE "La Ciudad Corre Mc"	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Trenque Lauquen	10K de Trenque Lauquen	10KM	Comp. Rule 31.21 compliant	2026
ARG	Trenque Lauquen	Media Maratón de Trenque Lauquen	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Vincente López	10K Vincenle López	10KM	Comp. Rule 31.21 compliant	2027
ARM	Yerevan	Yerevan Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ARU	Aruba	Cadet Aruba 5KM	5KM	Comp. Rule 31.21 compliant	2027
ARU	Aruba	Hilton Aruba Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ARU	Aruba	KLM Aruba Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ARU	Aruba	Power Ride Aruba 100KM	100KM	Comp. Rule 31.21 compliant	2027
AUS	Adelaide	Adelaide 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Adelaide	Adelaide Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Adelaide	Adelaide Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Adelaide	Adelaide Westpac City-Bay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Adelaide	City Bay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Airle Beach, Queensland	Airle Beach Marathon Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Airle Beach, Queensland	Airle Beach Marathon Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Airle Beach, Queensland	Airle Beach Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Airle Beach, Queensland	Airle Beach Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Albury	Murrumbidgee River Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Albury	Murrumbidgee River Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Albury	Murrumbidgee River Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Bibra Lake	Bibra Lake Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Bibra Lake	Bibra Lake Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Bibra Lake	Bibra Lake Running Festival - Ultra Marathon	50KM	Comp. Rule 31.21 compliant	2023
AUS	Blacktown	Westlink M7 Backdown Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Blacktown	Westlink M7 Backdown Running Festival 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Blacktown	Westlink M7 Backdown Running Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Blacktown	Westlink M7 Backdown Running Festival Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Australian Masters Athletics Walks Championships	10KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane's Great South Run 10KM	10KM	Comp. Rule 31.21 compliant	2022*
AUS	Brisbane	Brisbane's Great South Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane's Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Brisbane	River Run 10 KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run 5 KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run 50KM	50KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run 50KM	50KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Run Army 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Brisbane	Run Army 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Broadbeach	Gold Coast 30KM	30KM	Comp. Rule 31.21 compliant	2022*
AUS	Bunbury	Bunbury 3 Waters Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Bunbury	Bunbury 3 Waters Running Festival 50KM	50KM	Comp. Rule 31.21 compliant	2026
AUS	Bunbury	Bunbury 3 Waters Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Bunbury	Bunbury 3 Waters Running Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Bunbury	Bunbury 3 Waters Running Festival Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Burnie	The Heritage Burnie 10	10KM	Comp. Rule 31.21 compliant	2023
AUS	Burnie	The Heritage Burnie 5	5KM	Comp. Rule 31.21 compliant	2024
AUS	Busselton	Busselton Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Busselton	Busselton 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Busselton	Busselton 5KM	5KM	Comp. Rule 31.21 compliant	2024
AUS	Busselton	Busselton Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Cairns	Cairns 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Cairns	Cairns 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Cairns	Cairns Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Cairns	Cairns Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Canberra	Canberra Marathon Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Canberra	Canberra Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Canberra	Canberra Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Clontarf	JettyJetty 10k	10KM	Comp. Rule 31.21 compliant	2026
AUS	Clontarf	JettyJetty 5k	5KM	Comp. Rule 31.21 compliant	2026
AUS	Clontarf	JettyJetty Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Cooolangatta	Gold Coast 50KM	50KM	Comp. Rule 31.21 compliant	2024
AUS	Devonport	Bluff to Boat Ramp - 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Devonport	Bluff to Boat Ramp - 5KM	5KM	Comp. Rule 31.21 compliant	2027
AUS	Fremantle	Fremantle Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Fremantle	Fremantle Running Festival 5KM	5KM	Comp. Rule 31.21 compliant	2024
AUS	Fremantle	Fremantle Running Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Geofford	Bay to Bay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Greater Springfield	Greater Springfield Half Marathon	Half Marathon	D downhill (-1.6 m/m)	2022*
AUS	Greater Springfield	Greater Springfield Half Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Hobart	Cadbury Half 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Cadbury Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Cadbury Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Hobart Airport 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Airport 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Airport Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Airport Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Run the Bridge 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Hobart Run the Bridge 5KM	5KM	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Hobart Run the Bridge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Hobart Run the Bridge Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Robt Hobart Fun Run	5KM	D downhill, Separation >50%	2026
AUS	Hornsea	Sydney Half Marathon (ANZSW)	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Ipswich	Park 2 Park 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Ipswich	Park 2 Park 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Ipswich	Park 2 Park Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Jondalup	Jondalup Running Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Jondalup	Jondalup Running Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2027
AUS	Jondalup	Jondalup Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Langford	Canning River Runnings Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Langford	Canning River Runnings Festival Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Launceston	Launceston Five	5KM	Comp. Rule 31.21 compliant	2026
AUS	Launceston	Launceston Mile	Mile	Comp. Rule 31.21 compliant	2024
AUS	Launceston	Launceston Mile	Mile	Comp. Rule 31.21 compliant	2024
AUS	Launceston	Launceston Ten	10KM	Comp. Rule 31.21 compliant	2026
AUS	Launceston	Launceston Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Launceston	Launceston Mile	Mile	Comp. Rule 31.21 compliant	2024
AUS	Lovedale	Winery Run Hunter Valley - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Lovedale	Winery Run Hunter Valley - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Mackay, QLD	Oceania Masters Athletics Championships 2019 / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Main Beach, Gold Coast	Pan Pacific Masters Games 5KM	5KM	Comp. Rule 31.21 compliant	2022*
AUS	Mandurah	APES Games Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Marilyn	The Sun Run	10KM	Comp. Rule 31.21 compliant	2026
AUS	McLaren Vale	Richard Hamilton Wines Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	McLaren Vale	Richard Hamilton Wines Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Melbourne	Masters Melbourne Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Melbourne	Melbourne Marathon Festival - Asics 10K	10KM	Comp. Rule 31.21 compliant	2022*
AUS	Melbourne	Nike Melbourne Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Melbourne	Run Melbourne 10KM	10KM	Comp. Rule 31.21 compliant	2022*
AUS	Melbourne	Run Melbourne 5KM	5KM	Comp. Rule 31.21 compliant	2022*
AUS	Mooloolaba	Sunshine Coast 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Mooloolaba	Sunshine Coast 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Mooloolaba	Sunshine Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Mooloolaba	Sunshine Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Mosman	Minimex Community Fun Run - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Mosman	Minimex Community Fun Run - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Narraberen, NSW	Sydney International 100KM	100KM	Comp. Rule 31.21 compliant	2026
AUS	Newcastle	Newcastle Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Newcastle	Newcastle Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Noosa	Asics Noosa 5K	5KM	Comp. Rule 31.21 compliant	2026
AUS	Noosa	Runaway Noosa 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Noosa	Runaway Noosa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Noosa	Runaway Noosa Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Orange	Orange Running Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Orange	Orange Running Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2027
AUS	Orange	Orange Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Orange	Orange Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Orange	Orange Running Festival - Mile	Mile	Comp. Rule 31.21 compliant	2027
AUS	Palera, Queensland	Running CEOs 10KM	10KM	Comp. Rule 31.21 compliant	2022*
AUS	Palera, Queensland	Running CEOs 5KM	5KM	Comp. Rule 31.21 compliant	2022*
AUS	Palera, Queensland	Running CEOs Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Penguin	Penguin Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Penguin	Penguin Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Perth	Southern Cross Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Perth	Sydney International 100KM	100KM	Comp. Rule 31.21 compliant	2026
AUS	Perth	Wattle 50KM	50KM	Comp. Rule 31.21 compliant	2026
AUS	Perth	Tokyo Olympic Marathon Qualifier	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Perth	APES Games 10KM	10KM	Comp. Rule 31.21 compliant	2022*
AUS	Perth	Asics Bridges 100k Fun Run	100KM	Comp. Rule 31.21 compliant	2027
AUS	Perth	Asics Bridges 5KM Fun Run	5KM	Comp. Rule 31.21 compliant	2027
AUS	Perth	Fremantle Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2022*
AUS	Perth	Fremantle Running Festival 5KM	5KM	Comp. Rule 31.21 compliant	2022*
AUS	Perth	HBR Run for a Reason Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Perth	Perth City to Surf Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*

Country	City/Place	Name of Race	Distance	Drop and Separation	
AUS	Perth	Perth City to Surf Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Perth	Perth Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Perth	Perth Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	Perth Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	Perth Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Perth	Rottnest Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	Rottnest Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	Ultra Perth 50KM	50KM	Comp. Rule 31.21 compliant	2026
AUS	Perth	Ultra Perth Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Perth	WAMC Bridges 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Perth	WAMC Bridges 5KM Run Run	5KM	Comp. Rule 31.21 compliant	2023
AUS	Perth	WAMC Peninsula Run 10KM	10KM	Comp. Rule 31.21 compliant	2022*
AUS	Perth	WAMC Peninsula Run 5KM	5KM	Comp. Rule 31.21 compliant	2022*
AUS	Perth	World Half Marathon Challenge - Australian Leg	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	World Marathon Challenge - Australian Leg	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Pokolbin, NSW	Hunter Moon Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Pokolbin, NSW	Hunter Winery 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Pokolbin, NSW	Hunter Winery Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Port Fairy	Port Fairy Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Port Fairy	Port Fairy Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Quorn	Pichi Richi Half Marathon	Half Marathon	Separation >50%	2023
AUS	Quorn	Pichi Richi Marathon	Marathon	Separation >50%	2023
AUS	Richmond NSW	TRT 50KM Classic	50KM	Comp. Rule 31.21 compliant	2024
AUS	Richmond NSW	TRT Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Richmond NSW	TRT Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Rottnest Island, West Australia	RunFun Travel Rottnest Running Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Rottnest Island, West Australia	RunFun Travel Rottnest Running Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Shepparton	Shepparton Running Festival / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Shepparton	Shepparton Running Festival / Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Shepparton VIC	Shepparton Running Festival / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Southport	Commonwealth Games Community Fun Run	5KM	Comp. Rule 31.21 compliant	2022*
AUS	Southport	Commonwealth Games Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
AUS	Southport	Gold Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Southport	Gold Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Southport (Gold Coast)	Gold Coast 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Southport (Gold Coast)	Gold Coast Airport Fun Run	5KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Australia Day 5k	5KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	BlackMoors Sydney Running Festival - 10KM	10KM	Downhill (-1.23m/km)	2026
AUS	Sydney	BlackMoors Sydney Running Festival - Half Marathon	Half Marathon	Downhill (-2.60m/km)	2026
AUS	Sydney	BlackMoors Sydney Running Festival - Marathon	Marathon	Downhill (-2.60m/km)	2026
AUS	Sydney	Run2Cure 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Sydney	Run2Cure 5KM	5KM	Comp. Rule 31.21 compliant	2027
AUS	Sydney	Run2Cure Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Sydney	Runway Sydney 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUS	Sydney	Runway Sydney Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Sydney	Sydney 10	10KM	Comp. Rule 31.21 compliant	2027
AUS	Sydney	Sydney Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Sydney Harbour 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Sydney	Sydney Harbour 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Sydney	Sydney Morning Herald Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Western Sydney 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Western Sydney 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Tanunda	Barossa Marathon Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Tanunda	Barossa Marathon Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Tanunda	Barossa Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Tanunda	Barossa Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	The Entrance	Central Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	The Entrance, NSW	Central Coast 10K	10KM	Comp. Rule 31.21 compliant	2023
AUS	Townsville	Townsville Running Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Townsville	Townsville Running Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Townsville	Townsville Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Townsville	Townsville Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUS	Townsville	Townsville's Magic: 30 Marathons in 30 Days	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Tumbarumba	Tumbarumba to Rosewood Rail Trail 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Tumbarumba	Tumbarumba to Rosewood Rail Trail Half Marathon	Half Marathon	Separation >50%	2026
AUS	Tumbarumba	Tumbarumba to Rosewood Rail Trail Marathon	Marathon	Separation >50%	2026
AUS	Wangarratta	Neel Kelly 100KM	100KM	Comp. Rule 31.21 compliant	2023
AUS	Wangarratta	Neel Kelly 50KM	50KM	Comp. Rule 31.21 compliant	2023
AUS	Wangarratta	Neel Kelly Half Marathon Wangarratta	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Wangarratta	Neel Kelly Marathon Wangarratta	Marathon	Comp. Rule 31.21 compliant	2023
AUT	Altshang	Altshanger Sparskassen Stadtlaufl 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Altshang	Altshanger Sparskassen Stadtlaufl 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Bad Ischl	Bad Ischl Keiserlauf 2021	Half Marathon	Comp. Rule 31.21 compliant	2023
AUT	Bad Vöslau	Baldossobrunn Lauf Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUT	Bad Wadersdorf	ORF Radio Steiermark Halbmarathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUT	Budenz	Half marathon Lauff Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUT	Bregenz	3-Länder Skifitt Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Bregenz	3-Länder Sparskassen Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUT	Eberseesee	Transee Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
AUT	Furtenfeld	ST Half Marathon - Your final call to Tokyo	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Furtenfeld	ST Marathon - Your final call to Tokyo	Marathon	Comp. Rule 31.21 compliant	2025
AUT	Graz	'Die Woche' Halfmarathon Graz	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Graz	Graz Spring Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUT	Graz	Graz Winter Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Graz	Graz Winter Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Graz	Graz Winter Run 5KM Lap	5KM	Comp. Rule 31.21 compliant	2026
AUT	Innsbruck	Innsbruck City Run 10KM	10KM	Comp. Rule 31.21 compliant	2027
AUT	Innsbruck	Innsbruck City Run 5KM	5KM	Comp. Rule 31.21 compliant	2027
AUT	Isenfurt	International Halfmarathon Karnten Lauff	Half Marathon	Separation >50%	2026
AUT	Linz	Borealis Linz Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Linz	Oberbank Linz Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUT	Puchheim	International Atshang-Puchheim 'Spitz' One Mile race	Mile	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Internationale Austria Half Marathon Championships 2020	Half Marathon	Comp. Rule 31.21 compliant	2024
AUT	Salzburg	Obendorfer Inklusions Friedenslauf - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Obendorfer Inklusions Friedenslauf - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Salzburg 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Salzburg 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Salzburg Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUT	Salzburg	Salzburg Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUT	St. Veit an der Glan	Sonnenlauf St. Veit an der Glan - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUT	St. Veit an der Glan	Sonnenlauf St. Veit an der Glan - 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUT	St. Veit an der Glan	Sonnenlauf St. Veit an der Glan - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Stoersdorf	Austrian Championships 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUT	Stoersdorf	Austrian U18 Championships	5KM	Comp. Rule 31.21 compliant	2024
AUT	Tattendorf	St. Laurent Run 10KM - Tattendorf	10KM	Comp. Rule 31.21 compliant	2027
AUT	Tattendorf	St. Laurent Run 5KM - Tattendorf	5KM	Comp. Rule 31.21 compliant	2027
AUT	Vienna	26 Wiener Feuerbräuf	5KM	Comp. Rule 31.21 compliant	2027
AUT	Vienna	Austrian Women's Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Vienna	Österreichischer Frauenlauf	5KM	Comp. Rule 31.21 compliant	2025
AUT	Vienna	VCM 21KM	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Vienna	VCM 5KM Ringrunde	5KM	Comp. Rule 31.21 compliant	2027
AUT	Vienna	VCM Winterläufserie - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Vienna	VCM Winterläufserie - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Vienna	Vienna City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Vienna	Vienna City Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUT	Vienna	Vienna City Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUT	Vienna	Wien Donauzentrum Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUT	Vorchdorf	Vorchdorfer Pfingstlauf 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Vorchdorf	Vorchdorfer Pfingstlauf 5KM	5KM	Comp. Rule 31.21 compliant	2026
BAH	Nassau	Bahamas Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
BAH	Nassau	Bahamas Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
BAN	Dhaka	Bangabandhu Sheikh Mujib Dhaka 10KM	10KM	Comp. Rule 31.21 compliant	2027
BAN	Dhaka	Bangabandhu Sheikh Mujib Dhaka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BAN	Dhaka	Bangabandhu Sheikh Mujib Dhaka Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BAN	Dhaka	RunBangla - CCCL International 10KM	10KM	Comp. Rule 31.21 compliant	2024
BAN	Dhaka	RunBangla - CCCL International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
BEL	Antwerp	Antwerp Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Antwerp	Liker Devert 10K	10KM	Comp. Rule 31.21 compliant	2022*
BEL	Antwerp	Liker Devert Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
BEL	Antwerp	Liker Devert Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
BEL	Brussels	Brussels Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BEL	Brussels	Brussels Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Brussels	DHL Brussels Ekiden 2022	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Buggenhout	Bosmarathon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BEL	Gent	Road 2 Tokyo - Gent Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
BEL	Gent	Sofico Gent Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BEL	Gent	Sofico Gent Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BEL	Hanne	Endurance Day Hanne - 10KM	10KM	Comp. Rule 31.21 compliant	2027
BEL	Hanne	Endurance Day Hanne - 5KM	5KM	Comp. Rule 31.21 compliant	2027
BEL	Hanne	Endurance Day Hanne - Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BEL	Hanne	Endurance Day Hanne 100 KM	100KM	Comp. Rule 31.21 compliant	2027
BEL	Hanne	Endurance Day Hanne 50KM	50KM	Comp. Rule 31.21 compliant	2027
BEL	Tongere	Runners Lab Ekiden	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Torhout	Torhout Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BEL	Torhout	Torhout Marathon	Marathon	Comp. Rule 31.21 compliant	2023
BEL	Zwevelede	VZW metad Pilsbierlopen 100KM	100KM	Comp. Rule 31.21 compliant	2026
BER	Hamilton	Bermuda 10KM	10KM	Comp. Rule 31.21 compliant	2023
BER	Hamilton	Bermuda Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
BER	Hamilton	Bermuda Marathon	Marathon	Comp. Rule 31.21 compliant	2024
BH	Banja Luka	Banja Luka 10KM	10KM	Comp. Rule 31.21 compliant	2026
BH	Banja Luka	Banja Luka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BH	Banja Luka	Banja Luka Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BH	Brcko	Brcko Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Brcko	Vidvođen 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2023
BH	Brod	Brod	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Brod	Brod 10KM	10KM	Comp. Rule 31.21 compliant	2023
BH	Brod	Brod 5KM	5KM	Comp. Rule 31.21 compliant	2023
BH	Gradiska	Gradiska 10KM	10KM	Comp. Rule 31.21 compliant	2023
BH	Gradiska	Gradiska Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Jablanica	Jablanica Polumaraton	Half Marathon	Downhill (-22.5 m/km), Separation >50%	2025
BH	Modrica	Road Race Modrica 10KM	10KM	Comp. Rule 31.21 compliant	2026
BH	Mostar	Mostar Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BH	Reka	Ranski Polumaraton	Half Marathon	Downhill (-28.8 m/km), Separation >50%	2025
BH	Sarajevo	Memorijalna utrka "Osman Jusupović"	5KM	Downhill Separation >50%	2025
BH	Sarajevo	Polumaraton Sarajevo (Sarajevo Marathon)	Half Marathon	Comp. Rule 31.21 compliant	2027
BH	Sarajevo	Sarajevski Centar	Marathon	Comp. Rule 31.21 compliant	2027
BH	Sarajevo	Sarajevski Centar - Team Run 5KM	5KM	Comp. Rule 31.21 compliant	2027
BH	Sarajevo	TCM Sarajevo 21K	Half Marathon	Comp. Rule 31.21 compliant	2026
BH	Sarajevo	Trn Ovisi Marathon	Marathon	Comp. Rule 31.21 compliant	2024
BH	Srebrenica	Staza Bojne Srebrenice	10KM	Comp. Rule 31.21 compliant	2025
BH	Tomislavgrad	Duvanska Desetka	10KM	Comp. Rule 31.21 compliant	2026
BH	Travnik	Travnik Night Race	5KM	Comp. Rule 31.21 compliant	2023
BH	Tuzla	Tuzla Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Tuzla	Tuzlanska Desetka	10KM	Comp. Rule 31.21 compliant	2025
BH	Tuzla	Tuzlanska Petica	5KM	Comp. Rule 31.21 compliant	2026
BH	Tuzla	Tuzlanski Maraton	Marathon	Comp. Rule 31.21 compliant	2025
BH	Tuzla	Tuzlanski Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2025
BH	Zenica	Zenica 10KM Night Race	10KM	Comp. Rule 31.21 compliant	2023
BOL	Cochabamba	10K de la Concordia	10KM	Comp. Rule 31.21 compliant	2025
BOL	Santa Cruz	10K Corrida Internacional Santa Cruz de la Sierra	10KM	Comp. Rule 31.21 compliant	2026
BOL	Santa Cruz	Meda Maraton de Cotoca	Half Marathon	Separation >50%	2025
BOL	Santa Cruz	Milla Urbana New Balance	Marathon	Comp. Rule 31.21 compliant	2026
BOT	Francistown	Bubungano Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BOT	Francistown	Francistown 10KM	10KM	Comp. Rule 31.21 compliant	2027
BOT	Francistown	Francistown 5KM	5KM	Comp. Rule 31.21 compliant	2027
BOT	Francistown	Francistown Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BOT	Francistown	Francistown Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BOT	Francistown	Gubungano 10KM	10KM	Comp. Rule 31.21 compliant	2027
BOT	Francistown	Gubungano 5KM	5KM	Comp. Rule 31.21 compliant	2027
BOT	Francistown	Gubungano Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027

Country	City/Place	Name of Race	Distance	Drop and Separation	Year
BOT	Gaborone	Gaborone Striders 10KM	10KM	Comp. Rule 31.21 compliant	2027
BOT	Gaborone	Gaborone Striders Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BOT	Gaborone	Gaborone Striders Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge 10KM	10KM	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge 5KM	5KM	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BRA	Brasilia	BSB City Half Marathon Brasilia	Half Marathon	Downhill (-4.3 m/km)	2023
BRA	Guiba	Corrida de Res	10KM	Downhill (-6.40 m/km), Separation >50%	2026
BRA	Parque do Mirim Indaiatuba	LH Transmons Indaiatuba	5KM	Comp. Rule 31.21 compliant	2024
BRA	Porto Seguro	Meia Maratona do Descobrimento 2023	Half Marathon	Comp. Rule 31.21 compliant	2027
BRA	Rio de Janeiro	Corrida de Sao Sebastiao	10KM	Comp. Rule 31.21 compliant	2027
BRA	Rio de Janeiro	Maratona da Cidade do Rio de Janeiro	Marathon	Comp. Rule 31.21 compliant	2026
BRA	Rio de Janeiro	Maratona da Cidade do Rio de Janeiro - 10 KM	10KM	Comp. Rule 31.21 compliant	2026
BRA	Rio de Janeiro	Meia Maratona da Cidade do Rio de Janeiro	Half Marathon	Comp. Rule 31.21 compliant	2027
BRA	Rio de Janeiro	Rio City Half Marathon	Half Marathon	Separation >50%	2026
BRA	Rio de Janeiro	Rio de Janeiro International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BRA	Santos	Corrida 10KM Tribuna FM 2023	10KM	Comp. Rule 31.21 compliant	2027
BRA	Santos	Meia de Santos VIVSBOT	Half Marathon	Comp. Rule 31.21 compliant	2027
BRA	Sao Carlos	Corrida UNICED Sao Carlos 2023 - 5KM	5KM	Comp. Rule 31.21 compliant	2027
BRA	Sao Paulo	Meia Maratona Asics Golden Run Sao Paulo 2023	Half Marathon	Comp. Rule 31.21 compliant	2027
BRA	Sao Paulo	Meia Maratona Interacional da Cidade de Sao Paulo	Half Marathon	Comp. Rule 31.21 compliant	2026
BRA	Sao Paulo	Sao Paulo International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BRA	Sao Paulo	Seven Run - Sao Paulo 2023 Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BRA	Vitoria	Corrida Capaba de Ferro - 10KM	10KM	Comp. Rule 31.21 compliant	2027
BRA	Vitoria	Corrida Capaba de Ferro - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BRA	Vitoria	Corrida Capaba de Ferro - Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BRN	Manama	Bahrain Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BUL	Plovdiv	Plovdiv Marathon	Marathon	Comp. Rule 31.21 compliant	2024
BUL	Sofia	Sri Chinnov 100KM Sofia	100KM	Comp. Rule 31.21 compliant	2025
BUL	Sofia	Sri Chinnov 50KM Sofia	50KM	Comp. Rule 31.21 compliant	2025
BUL	Sofia	Wax Air Sofia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BUL	Sofia	Wax Air Sofia Marathon	Marathon	Comp. Rule 31.21 compliant	2023
BUL	Stara Zagora	Stara Zagora Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BUL	Stara Zagora	Stara Zagora Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BUL	Varna	Half Marathon Varna	Half Marathon	Comp. Rule 31.21 compliant	2027
BUL	Varna	Marathon Varna	Marathon	Comp. Rule 31.21 compliant	2027
CAM	Phnom Penh	Phnom Penh International 10KM	10KM	Comp. Rule 31.21 compliant	2023
CAM	Phnom Penh	Phnom Penh International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
CAM	Shanoukville	Shanoukville 10KM	10KM	Comp. Rule 31.21 compliant	2027
CAM	Shanoukville	Shanoukville Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
CAN	Calgary	Calgary 10KM	10KM	Comp. Rule 31.21 compliant	2027
CAN	Calgary	RUN 50KM Ultra	50KM	Comp. Rule 31.21 compliant	2023
CAN	Calgary	Calgary Marathon	Marathon	Comp. Rule 31.21 compliant	2023
CAN	Edmonton	Edmonton 10 KM	10KM	Comp. Rule 31.21 compliant	2027
CAN	Edmonton	Edmonton 5KM	5KM	Comp. Rule 31.21 compliant	2027
CAN	Edmonton	Edmonton Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CAN	Liverpool, Nova Scotia	Run Our Shore Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022
CAN	London, Ontario	Run for Retina Research Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022
CAN	Montreal	Madava Canadian 5K Champlainite	5KM	Comp. Rule 31.21 compliant	2026
CAN	Montreal	10KM du Marathon Beneva de Montreal	10KM	Comp. Rule 31.21 compliant	2026
CAN	Montreal	5KM du Marathon Beneva de Montreal	5KM	Comp. Rule 31.21 compliant	2026
CAN	Montreal	Demarathon du Marathon Beneva de Montreal	Half Marathon	Comp. Rule 31.21 compliant	2026
CAN	Niagara Falls	Niagara Falls Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022
CAN	Ottawa	MCC Spring Flyer Half Marathon Ottawa	Half Marathon	Comp. Rule 31.21 compliant	2022
CAN	Ottawa	Ottawa Marathon	Marathon	Comp. Rule 31.21 compliant	2023
CAN	Ottawa, ON	Ottawa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022
CAN	Ottawa, ON	Ottawa Marathon	Marathon	Comp. Rule 31.21 compliant	2022
CAN	Port Egan	Canadian Paralympic Marathon Qualifier	Marathon	Comp. Rule 31.21 compliant	2025
CAN	Quebec City	Half Marathon SSO de Quebec	Half Marathon	Comp. Rule 31.21 compliant	2026
CAN	Quebec City	Marathon SSO de Quebec	Marathon	Comp. Rule 31.21 compliant	2022
CAN	Quebec City	Marathon SSO de Quebec - 10 KM	10KM	Comp. Rule 31.21 compliant	2022
CAN	Sidney, BC	Brian Day 5K	5KM	Comp. Rule 31.21 compliant	2026
CAN	Toronto	Toronto Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
CAN	Toronto	Toronto Marathon - 5KM	5KM	Comp. Rule 31.21 compliant	2026
CAN	Toronto	Toronto Marathon - Half Marathon	Half Marathon	Downhill (-4.4 m/km), Separation >50%	2026
CAN	Toronto	Toronto Marathon - Marathon	Marathon	Downhill (-2.2 m/km)	2026
CAN	Vancouver	First Half Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CAN	Vancouver	BMO Vancouver Half Marathon	Half Marathon	Downhill (-2.75 m/km)	2026
CAN	Vancouver	BMO Vancouver Marathon	Marathon	Downhill (-3.7 m/km)	2026
CAN	Vancouver	Canada Running Series Vancouver Half Marathon	Half Marathon	Downhill (-3.74 m/km)	2026
CAN	Vancouver	Vancouver Sun Run 10 KM Alternate	10KM	Downhill (-2.6 m/km)	2026
CAN	Victoria	LDK	10KM	Comp. Rule 31.21 compliant	2026
CAN	Winnipeg	2022 Canadian Half Marathon Championships	Half Marathon	Comp. Rule 31.21 compliant	2026
CAY	Georgetown	Cayman Islands Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
CAY	Georgetown	Cayman Islands Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CHI	Chilian	10K de Chilian	10KM	Comp. Rule 31.21 compliant	2026
CHI	Chilian	Meia Maratón de Chilian	Half Marathon	Comp. Rule 31.21 compliant	2026
CHI	San Fernando	LDK San Fernando	10KM	Comp. Rule 31.21 compliant	2027
CHI	Santiago	Maraton de Santiago	Marathon	Comp. Rule 31.21 compliant	2026
CHI	Santiago	Meia Maratón de Santiago	Half Marathon	Comp. Rule 31.21 compliant	2026
CHI	Santiago de Chile	LDK SER Runner	10KM	Comp. Rule 31.21 compliant	2023
CHI	Santiago de Chile	SK SER Runner	5KM	Downhill (-2.0 m/km)	2023
CHI	Temuco	Maraton de Temuco 2023	Marathon	Comp. Rule 31.21 compliant	2027
CHI	Vina del Mar	Maraton de Vina del Mar	Marathon	Comp. Rule 31.21 compliant	2026
CHI	Vina del Mar	Meia Maratón de Vina del Mar	Half Marathon	Comp. Rule 31.21 compliant	2026
CHN	Beijing	CFLD Beijing Marathon	Marathon	Comp. Rule 31.21 compliant	2024
CHN	Beijing	China Unionsp Beijing Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
CHN	Beijing	China Unionsp Beijing Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Beijing	Great Wall Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CHN	Changde	Half Maraton Changde International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
CHN	Changde	Changde International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
CHN	Changsha	Changsha International Marathon	Marathon	Comp. Rule 31.21 compliant	2023
CHN	Chengdu	Chengdu Half Marathon	Half Marathon	Separation >50%	2025
CHN	Chengdu	Chengdu Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Chongqing	Chongqing Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Dalian	Dalian International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
CHN	Dalian	Dalian International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Dongguan	Dongguan International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Dongguan	Dongguan International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
CHN	Dongding	Yellow River Estuary International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Duolin	Duolin International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
CHN	Fuzhou	Fuzhou Marathon	Marathon	Comp. Rule 31.21 compliant	2024
CHN	Guangzhou	Hesou 10K Guangzhou	10KM	Comp. Rule 31.21 compliant	2027
CHN	Guangzhou	Guangzhou Marathon	Marathon	Comp. Rule 31.21 compliant	2024
CHN	Hangzhou	Hangzhou International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CHN	Hangzhou	The 13th Asian Games Hangzhou 2022 Athletics Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CHN	Harbin	Harbin Marathon	Marathon	Comp. Rule 31.21 compliant	2023
CHN	Huanan	Huanan Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Jin City	Jin City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
CHN	Kunming	SCO Kunming Marathon	Marathon	Comp. Rule 31.21 compliant	2022
CHN	Lanzhou	Lanzhou Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Lanzhou	Lanzhou Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CHN	Lihu	Round/Lihu Lake Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
CHN	Nanchang	Nanchang Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Nanjing	Nanjing Marathon	Marathon	Comp. Rule 31.21 compliant	2022
CHN	Nanjing	Nanjing Marathon & Nanjing Marathon Championships 2020	Marathon	Comp. Rule 31.21 compliant	2024
CHN	Nanjing	Nanjing Putou Women's Half Marathon (National Women's Half Marathon Championships)	Half Marathon	Comp. Rule 31.21 compliant	2027
CHN	Qingdao	Qingdao Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CHN	Qingdao	Qingdao Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Renshou	Renshou International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CHN	Shanghai	Shanghai International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CHN	Shangyu	Saif River Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
CHN	Shaoying	Siemen Shaoying Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
CHN	Shaoying	Siemen Shaoying Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Shenzhen	Shenzhen International Marathon	Marathon	Comp. Rule 31.21 compliant	2022
CHN	Shijiazhuang	Shijiazhuang Half Marathon	Half Marathon	Separation >50%	2027
CHN	Shijiazhuang	Shijiazhuang Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Suzhou	Suzhou Jini Lake Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CHN	Taiyuan	Taiyuan Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Wangjiang	Wangjiang Half Marathon	Half Marathon	Separation >50%	2022
CHN	Wuhan	Wuhan International Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Wuzing	Wuzing International Marathon	Marathon	Comp. Rule 31.21 compliant	2023
CHN	Wuxi	Wuxi Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Xian	Shaanxi 2021 National Games for Persons with Disabilities & Special Olympic Games	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Xian	The 14th Game of People's Republic of China Athletics Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Xian	Xian Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CHN	Xiamen	Xiamen International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Xuzhou	Xuzhou Marathon & National Championships Olympic Marathon Trials	Marathon	Comp. Rule 31.21 compliant	2025
CHN	Yancheng City	Yancheng Wetlands 100KM Ultra Marathon	100KM	Separation >50%	2023
CHN	Yangling	Yangling Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Yangzhou	Yangzhou Jianren International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
CHN	Yantai	2020 Welcome to the New Year Yantai 50K Ultramarathon	50KM	Comp. Rule 31.21 compliant	2025
CHN	Yantai	2020-2021 Run Across the Years for Yantai Ultramarathon	100KM	Comp. Rule 31.21 compliant	2025
CHN	Zhengzhou	Zheng-Kai Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CHN	Zhengzhou	Zhengzhou Longhui Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CHN	Zhouzhan	Zhouzhan Headlands Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CMR	Douala	Handy Roundabout Marathon Series Douala - 10K	10KM	Comp. Rule 31.21 compliant	2022
CMR	Yaounde	Handy Roundabout Marathon Series Yaounde - 10K	10KM	Comp. Rule 31.21 compliant	2022
COL	Bogotá	Meia Maratona de Bogotá	Half Marathon	Comp. Rule 31.21 compliant	2026
COL	Bogotá	Carrera de la Mujer Colombia	10KM	Comp. Rule 31.21 compliant	2023
COL	Bogotá	Carrera por la Policía	10KM	Comp. Rule 31.21 compliant	2023
COL	Bogotá	Run Tour Avianca	10KM	Comp. Rule 31.21 compliant	2022
COL	Bogotá	XX Campeonato Sudamericano de Atletismo Máster - 10KM	10KM	Comp. Rule 31.21 compliant	2026
COL	Bogotá	XX Campeonato Sudamericano de Atletismo Máster - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
COL	San Jose de Cúcuta	Meia Maratón de Cúcuta 2016	Half Marathon	Comp. Rule 31.21 compliant	2022
COL	Tunel de la Línea	Meia Maratón Tunel de la Línea	Half Marathon	Comp. Rule 31.21 compliant	2026
COL	Valledupar	Half Marathon XXX Juegos Deportivos Bolivarianos Valledupar 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
CPV	Santa Maria Sal	African Beach Games 2019 / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
CRC	Cartago	Clásica Carrera Internacional El Candelero	10KM	Downhill Separation >50%	2024
CRC	Cartago	Maraton de Cartago	Marathon	Downhill (-7.44 m/km)	2026
CRC	Cartago	Meia Maratón de Cartago	Half Marathon	Downhill Separation >50%	2026
CRC	Guacacaste	Panamá Beach Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CRC	Guacacaste	Maraton III Maratón Guacacaste	Marathon	Comp. Rule 31.21 compliant	2023
CRC	San Jose	Maraton Municipalidad de San Jose	Marathon	Comp. Rule 31.21 compliant	2025
CRC	San Jose	Meia Maratón Municipalidad de San Jose	Half Marathon	Comp. Rule 31.21 compliant	2025
CRC	Calvo	Ziraki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CRO	Orkvenica	Adi Advent 5KM	5KM	Comp. Rule 31.21 compliant	2025
CRO	Orkvenica	Adi Advent Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
CRO	Orkvenica	Adi Advent Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CRO	Dubrovnik	Du Motion Dubrovnik Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CRO	Gina	Gina 10KM	10KM	Comp. Rule 31.21 compliant	2026
CRO	Gina	Gina 5KM	5KM	Comp. Rule 31.21 compliant	2026
CRO	Jastrebarsko	Jastranski Polmaraton Memorijal Predrag Bosnjak	Half Marathon	Comp. Rule 31.21 compliant	2026
CRO	Karlovac	Heineken GD Karlovacki Cener	10KM	Comp. Rule 31.21 compliant	2025
CRO	Korenica	Pitvice noća u trije 10KM			

Country	City/Place	Name of Race	Distance	Drop and Separation	
CRO	Slavonska Brod	Slavonska trika 10KM	10KM	Comp. Rule 31.21 compliant	2026
CRO	Slavonska Brod	Slavonska trika 5KM	5KM	Comp. Rule 31.21 compliant	2026
CRO	Slavonska Brod	Slavonska trika Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
CRO	Split	Split Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
CRO	Split	Split Marathon	Marathon	Comp. Rule 31.21 compliant	2024
CRO	Stržovišnica	Nocna Petica Stržovišnica SKM	SKM	Comp. Rule 31.21 compliant	2026
CRO	Stržovišnica	Nocni Centar Stržovišnica 10KM	10KM	Comp. Rule 31.21 compliant	2026
CRO	Varaždin	Brooks Varaždinski Polumarathon	Half Marathon	Comp. Rule 31.21 compliant	2023
CRO	Vukovar	Bauder Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2027
CRO	Vukovar	Vukovar Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CRO	Zadar	Nin-Zadar Polumarathon	Half Marathon	Separation >50%	2026
CRO	Zadar	Zadaršće 5-ICE	5KM	Comp. Rule 31.21 compliant	2026
CRO	Zagreb	QRVW Home Track	Half Marathon	Comp. Rule 31.21 compliant	2024
CRO	Zagreb	Half Marathon Ivan Starek	Half Marathon	Comp. Rule 31.21 compliant	2026
CRO	Zagreb	Hojevica	10KM	Comp. Rule 31.21 compliant	2026
CRO	Zagreb	Jarunski Desetilo 10KM	10KM	Comp. Rule 31.21 compliant	2026
CRO	Zagreb	Jarunski Petica 5KM	5KM	Comp. Rule 31.21 compliant	2026
CRO	Zagreb	Nocna 10KM Zagreb	10KM	Comp. Rule 31.21 compliant	2023
CRO	Zagreb	Utrka Garin 10KM	10KM	Comp. Rule 31.21 compliant	2025
CRO	Zagreb	Zagreb Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
CRO	Zagreb	Zagreb Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CRO	Zagreb	Zagreb Spring Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
CRO	Zagreb	Zagreb Spring Half Marathon 10KM Split	10KM	Comp. Rule 31.21 compliant	2023
CRO	Zagreb	Zagreb Spring Half Marathon powered by Heineken D.O	Half Marathon	Comp. Rule 31.21 compliant	2025
CRO	Zagreb	Zagrebacni nocni cener	10KM	Comp. Rule 31.21 compliant	2025
CRO	Zagrebac	Atletika utrka za grn grada Zagrebca 10KM	10KM	Comp. Rule 31.21 compliant	2024
CRO	Zagrebac	Atletika utrka za grn grada Zagrebca SKM	SKM	Comp. Rule 31.21 compliant	2024
CRO	Zagrebac	Bužina Utrka SKM	5KM	Comp. Rule 31.21 compliant	2023
CUB	Havana	Maratón 10K	10KM	Comp. Rule 31.21 compliant	2026
CUB	Havana	Maratón Maratón	Marathon	Comp. Rule 31.21 compliant	2026
CUB	Havana	Maratón Media Maratón	Half Marathon	Comp. Rule 31.21 compliant	2026
CUB	Varadero	Maratón de Varadero	Marathon	Comp. Rule 31.21 compliant	2026
CUB	Varadero	Maratón y Media Maratón de Varadero 10KM	10KM	Comp. Rule 31.21 compliant	2026
CUB	Varadero	Media Maratón de Varadero	Half Marathon	Comp. Rule 31.21 compliant	2026
CYP	Ajiá Napa	Run for Autism - 10KM	10KM	Comp. Rule 31.21 compliant	2027
CYP	Ajiá Napa	Run for Autism - 5KM	5KM	Comp. Rule 31.21 compliant	2027
CYP	Larnaka	KOEAŞ Larnaka Grand Prix 10KM	10KM	Comp. Rule 31.21 compliant	2027
CYP	Larnaka	KOEAŞ Larnaka Grand Prix 5KM	5KM	Comp. Rule 31.21 compliant	2027
CYP	Larnaka	Rafson B/Larnaka International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
CYP	Larnaka	Rafson B/Larnaka International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
CYP	Limassol	Limessa - Maros Agathangelou 10KM Race	10KM	Comp. Rule 31.21 compliant	2026
CYP	Limassol	Makta Limassol Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CYP	Limassol	MAP Limassol Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CYP	Nicosia	Cyprus National Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
CYP	Nicosia	Nicosia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
CYP	Nicosia	Nicosia Marathon	Marathon	Comp. Rule 31.21 compliant	2024
CYP	Nicosia	Quantum Nicosia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
CYP	Nicosia	Quantum Nicosia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
CYP	Paphos	Lagon Cypriot Marathon	Marathon	Separation >50%	2025
CYP	Protaras	KOEAŞ Protaras Grand Prix 10KM	10KM	Comp. Rule 31.21 compliant	2027
CYP	Protaras	KOEAŞ Protaras Grand Prix 5KM	5KM	Comp. Rule 31.21 compliant	2027
CZE	České Budějovice	Mattoni Half Marathon České Budějovice	Half Marathon	Comp. Rule 31.21 compliant	2025
CZE	Karlovy Vary	Mattoni Half Marathon Karlovy Vary	Half Marathon	Comp. Rule 31.21 compliant	2025
CZE	Olomouc	Mattoni Half Marathon Olomouc	Half Marathon	Comp. Rule 31.21 compliant	2025
CZE	Paroubice	Paroubice Wine Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
CZE	Prague	Prague 10KM Race	10KM	Comp. Rule 31.21 compliant	2023
CZE	Prague	Prague Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
CZE	Prague	Prague International Marathon	Marathon	Comp. Rule 31.21 compliant	2027
CZE	Prague	Volkswagen Prague Marathon - Battle of the Teams	Marathon	Comp. Rule 31.21 compliant	2025
DEN	Aarhus	Danish Championships 10KM	10KM	Comp. Rule 31.21 compliant	2026
DEN	Copenhagen	Copenhagen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
DEN	Copenhagen	Nike Spring 10KM	10KM	Comp. Rule 31.21 compliant	2027
DEN	Copenhagen	Nike Spring 5KM	5KM	Comp. Rule 31.21 compliant	2027
DEN	Copenhagen	Nike Spring Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
DEN	Copenhagen	Copenhagen Marathon	Marathon	Comp. Rule 31.21 compliant	2027
DEN	Odense	Danish Athletics Winter Tournament SKM	SKM	Comp. Rule 31.21 compliant	2027
DEN	Odense	H C Andersen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
DEN	Odense	H C Andersen Marathon	Marathon	Comp. Rule 31.21 compliant	2025
DEN	Torshavn	Torshavn Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
DEN	Torshavn	Torshavn Marathon	Marathon	Comp. Rule 31.21 compliant	2026
DJ	Djibouti	10KM Air Djibouti	10KM	Comp. Rule 31.21 compliant	2025
DJ	Djibouti	10KM Djibouti Telecom	10KM	Comp. Rule 31.21 compliant	2025
DJ	Djibouti	10KM International Gateway to Africa	10KM	Comp. Rule 31.21 compliant	2025
DJ	Djibouti	SKM International Gateway to Africa	SKM	Comp. Rule 31.21 compliant	2025
DJ	Djibouti	Semi Marathon International Gateway to Africa	Half Marathon	Comp. Rule 31.21 compliant	2025
DOM	Santiago	Maratón Monumental Primer Santiago de América - Maratón	Marathon	Comp. Rule 31.21 compliant	2026
DOM	Santiago	Maratón Monumental Primer Santiago de América - Media Maratón	Half Marathon	Comp. Rule 31.21 compliant	2026
DOM	Santiago	Maratón Santiago de América	Marathon	Comp. Rule 31.21 compliant	2022*
DOM	Santo Domingo	10 KM Claro de Santo Domingo	10KM	Comp. Rule 31.21 compliant	2024
DOM	Santo Domingo	Maratón Ciudad Santo Domingo	Marathon	Comp. Rule 31.21 compliant	2024
DOM	Santo Domingo	Media Maratón Claro de Santo Domingo	Half Marathon	Comp. Rule 31.21 compliant	2022*
ECU	Ambato	Ruta de Los Tres Jueves 10K	10KM	Comp. Rule 31.21 compliant	2026
ECU	Guayaquil	H 1 Expo Oportio Guayaquil	10KM	Comp. Rule 31.21 compliant	2026
ECU	Guayaquil	Media Maratón de Salinas	Half Marathon	Comp. Rule 31.21 compliant	2024
ECU	Guayaquil	Media Maratón Expo Deporte Guayaquil	Half Marathon	Comp. Rule 31.21 compliant	2026
ECU	Guayaquil	Media Maratón Guayaquil	Half Marathon	Comp. Rule 31.21 compliant	2026
ECU	Manta	Maratón Ciudad de Manta	Marathon	Comp. Rule 31.21 compliant	2026
ECU	Manta	Media Maratón Ciudad de Manta	Half Marathon	Comp. Rule 31.21 compliant	2026
ECU	Portoviejo	Media Maratón Portoviejo	Half Marathon	Comp. Rule 31.21 compliant	2026
ECU	Quito	Liga 10K Race	10KM	Downhill Separation >50%	2026
ECU	Quito	Maratón de Quito	Marathon	Comp. Rule 31.21 compliant	2026
ECU	Salinas	Media Maratón Alcaldía de Salinas	Half Marathon	Comp. Rule 31.21 compliant	2026
EGY	El Gouna	El Gouna Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
EGY	El Shorouk City	Great Egyptian River Nile 10KM Run	10KM	Comp. Rule 31.21 compliant	2026
EGY	El Shorouk City	Great Egyptian River Nile 5KM Run	5KM	Comp. Rule 31.21 compliant	2026
EGY	El Shorouk City	Great Egyptian River Nile Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
EGY	El Shorouk City	Great Egyptian River Nile Marathon	Marathon	Comp. Rule 31.21 compliant	2025
EGY	El Shorouk City	Great Freedom Run Egnet's Fastest Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
EGY	El Shorouk City	Great Victory Run	10KM	Comp. Rule 31.21 compliant	2025
EGY	Giza	Marakez Pyramids 10KM	10KM	Comp. Rule 31.21 compliant	2027
EGY	Giza	Marakez Pyramids Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ESA	San Salvador	Media Maratón Juegos CAC San Salvador 2023	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Alicante	10KM Nocturna Alicante	10KM	Comp. Rule 31.21 compliant	2026
ESP	Alicobendas	10KM Alicobendas	10KM	Downhill (-9.50m/run)	2026
ESP	Alicante	10KM Internacional Aguas de Alicante	10KM	Comp. Rule 31.21 compliant	2027
ESP	Alicante	Media Maratón Internacional de Aguas de Alicante	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Barcelona	Curso dels Nassos 2021 5KM	5KM	Comp. Rule 31.21 compliant	2025
ESP	Barcelona	Curso dels Nassos	10KM	Comp. Rule 31.21 compliant	2024
ESP	Barcelona	Els Nassos més jolis Barcelona	Half Marathon	Comp. Rule 31.21 compliant	2023
ESP	Barcelona	Zürich Marató de Barcelona	Marathon	Comp. Rule 31.21 compliant	2023
ESP	Bendorn	10KM de Bendorn	10KM	Comp. Rule 31.21 compliant	2024
ESP	Bendorn	Media Maratón de Bendorn	Half Marathon	Comp. Rule 31.21 compliant	2026
ESP	Bilbao	Bilbao Bizkaia 10 KM	10KM	Downhill (-11.6m/run)	2026
ESP	Bilbao	Bilbao Bizkaia Maratón	Marathon	Comp. Rule 31.21 compliant	2026
ESP	Bilbao	EDP Bilbao Night 10KM 2022	10KM	Downhill (-2.20 m/mi)	2026
ESP	Bilbao	EDP Bilbao Night Marathon 2022	Marathon	Comp. Rule 31.21 compliant	2026
ESP	Castellón	10K Fasca	10KM	Comp. Rule 31.21 compliant	2026
ESP	Castellón	Maratón BP Castellón	Marathon	Comp. Rule 31.21 compliant	2026
ESP	El Vendrell	Gran Prix de Maria del Vendrell	50KM	Comp. Rule 31.21 compliant	2023
ESP	Eliche	Media Maratón Internacional ciudad de Eliche	Half Marathon	Comp. Rule 31.21 compliant	2024
ESP	Gipón	Media Maratón Gipón	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Granada	Media Maratón Ciudad de Granada	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Granollers	Miça Marató Internacional de Granollers	Half Marathon	Comp. Rule 31.21 compliant	2023
ESP	Huelva	10KM Puerta del Descubrimiento	10KM	Comp. Rule 31.21 compliant	2024
ESP	Huelva	21KM Ciudad de Huelva	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	La Roda	Miça UltraMaratón Loozoo Jareno	MI	Comp. Rule 31.21 compliant	2027
ESP	Larodo	10KM en ruta Larodo	10KM	Comp. Rule 31.21 compliant	2026
ESP	Madrid	EDP Rock 'n' Roll Madrid 10KM	10KM	Downhill (-1.13 m/mi)	2022*
ESP	Madrid	Maratón Zürich Rock'n'Roll Madrid	Marathon	Comp. Rule 31.21 compliant	2027
ESP	Madrid	Media Maratón de la Mujer	Half Marathon	Comp. Rule 31.21 compliant	2023
ESP	Madrid	Media Maratón Zürich Rock'n'Roll Madrid	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Madrid	Downhill Media Maratón de Madrid	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Madrid	NN San Silvestre Vallecana	10KM	Comp. Rule 31.21 compliant	2024
ESP	Malaga	General Maratón de Malaga 2022	Marathon	Comp. Rule 31.21 compliant	2026
ESP	Malaga	Total Energies Medio Maratón Malaga	Half Marathon	Comp. Rule 31.21 compliant	2026
ESP	Mexicothlan	Gran Carrera Mapathon	Marathon	Comp. Rule 31.21 compliant	2026
ESP	O Barco de Valdeorras	Campeonato de España de 10KM en ruta	10KM	Comp. Rule 31.21 compliant	2026
ESP	San Sebastián	Zürich Maratón Internacional de San Sebastián	Marathon	Comp. Rule 31.21 compliant	2026
ESP	San Sebastián	Zürich Media Maratón de San Sebastián	Half Marathon	Comp. Rule 31.21 compliant	2026
ESP	Santa Pola	Media Maratón Internacional de Santa Pola	Half Marathon	Comp. Rule 31.21 compliant	2024
ESP	Santander	SKM de Santander	SKM	Comp. Rule 31.21 compliant	2027
ESP	Santander	Media maraton de Santander	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Santander	Miça de Santander	MI	Comp. Rule 31.21 compliant	2027
ESP	Santander	10KM Ciudad de Santander	10KM	Comp. Rule 31.21 compliant	2026
ESP	Seville	EDP Medio Maratón de Sevilla	Half Marathon	Comp. Rule 31.21 compliant	2027
ESP	Seville	Zürich Maratón de Sevilla	Marathon	Comp. Rule 31.21 compliant	2027
ESP	Torreveja	Campeonato de España de Medio Maratón	Half Marathon	Comp. Rule 31.21 compliant	2024
ESP	Torreveja	Media Maratón Popular Torreveja Alicante	Half Marathon	Comp. Rule 31.21 compliant	2026
ESP	Valencia	10K Valencia Trinidad Alfonso	10KM	Comp. Rule 31.21 compliant	2024
ESP	Valencia	10KM Valencia bercaic	10KM	Comp. Rule 31.21 compliant	2024
ESP	Valencia	Maratón Valencia Trinidad Alfonso EDP	Marathon	Comp. Rule 31.21 compliant	2026
ESP	Valencia	Media Maratón Valencia Trinidad Alfonso EDP	Half Marathon	Comp. Rule 31.21 compliant	2026
ESP	Vitoria	Total Energies Maratón de Vitoria	Marathon	Comp. Rule 31.21 compliant	2027
ESP	Zaragoza	Manifilmar Maratón de Zaragoza 2023	Marathon	Comp. Rule 31.21 compliant	2027
EST	Kuressaare	Ultima True Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
EST	Kuressaare	Ultima True Marathon	Marathon	Comp. Rule 31.21 compliant	2026
EST	Narva	Narva Energiajooks Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
EST	Tallinn	Estonian Marathon Championships	Marathon	Comp. Rule 31.21 compliant	2024
EST	Tallinn	Tallinn 10KM	10KM	Comp. Rule 31.21 compliant	2026
EST	Tallinn	Tallinn Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
EST	Tallinn	Tallinn Marathon	Marathon	Comp. Rule 31.21 compliant	2026
EST	Tallinn	Viking Line Eesti Ojooks-Ulemiste 5K 10KM	10KM	Comp. Rule 31.21 compliant	2024
EST	Tallinn	Viking Line Eesti Ojooks-Ulemiste 5K 5KM	5KM	Comp. Rule 31.21 compliant	2024
EST	Tartu	Tartu Linamaratón	Marathon	Comp. Rule 31.21 compliant	2022*
EST	Tartu	Tartu Linamaratón Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
EST	Tartu	Vaig Window Paide-Türi Rahnajooks (start on road)	SKM	Comp. Rule 31.21 compliant	2026
EST	Turt	Vaig Window Paide-Türi Rahnajooks (start on track)	SKM	Comp. Rule 31.21 compliant	2026
ETH	Adisa Ababa	Great Ethiopian Run (elite course)	10KM	Comp. Rule 31.21 compliant	2023
ETH	Adisa Ababa	Great Ethiopian Run (mass course)	10KM	Comp. Rule 31.21 compliant	2023
FIN	Helsinki	FIN-SWE Athletics International Road Race	10KM	Comp. Rule 31.21 compliant	2026
FIN	Helsinki	Helsinki City Running Day - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
FIN	Helsinki	Helsinki City Running Day - Marathon	Marathon	Comp. Rule 31.21 compliant	2027
FIN	Helsinki	Helsinki City Running Day 5KM	5KM	Comp. Rule 31.21 compliant	2027
FIN	Helsinki	Helsinki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
FIN	Helsinki	Helsinki Marathon	Marathon	Comp. Rule 31.21 compliant	2024
FIN	Helsinki	Helsinki Marathon / 10KM	10KM	Comp. Rule 31.21 compliant	2024
FIN	Helsinki	Helsinki Marathon / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
FIN	Joutseno	Kulervo Puidumaraton	Half Marathon	Comp. Rule 31.21 compliant	2022*
FIN	Joutseno	Kulervo Puidumaraton - Finnish National Marathon Championships	Marathon	Comp. Rule 31.21 compliant	2022*
FIN	Pyhäntä	Finnish Road Running Championships 10KM	10KM	Comp. Rule 31.21 compliant	2025
FIN	Pyhäntä	Finnish Road Running Championships Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
FIN	Rauma	National Road Running Championships 10KM	10KM	Comp. Rule 31.21 compliant	2026
FIN	Rauma	National Road Running Championships Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
FIN	Turku	Paveo Nurmi 10KM	10KM	Comp. Rule 31.21 compliant	2024
FIN	Turku	Paveo Nurmi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
FIN	Turku	Paveo Nurmi Marathon	Marathon	Comp. Rule 31.21 compliant	2026
FIN	Vantaa	Vantaa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
FIN	Vantaa	Vantaa Marathon	Marathon	Comp. Rule 31.21 compliant	2023
FLK	Shetland, Falkland Islands	Standard Chartered Stanley Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
FRA	Albi	Championnats de France 2022 des SKM	SKM	Comp. Rule 31.21 compliant	2026

Country	City/Place	Name of Race	Distance	Drop and Separation	
FRA	Anancy	Marathon d'Anancy	Marathon	Comp. Rule 31.21 compliant	2027
FRA	Anancy	Semi Marathon d'Anancy	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Arras	10KM d'Arras	10KM	Comp. Rule 31.21 compliant	2027
FRA	Arras	5KM d'Arras	5KM	Comp. Rule 31.21 compliant	2027
FRA	Bas Maubault	10KM Chrono Univers	10KM	Comp. Rule 31.21 compliant	2024
FRA	Bas Maubault	5 KM des Foulées de Noël	5KM	Comp. Rule 31.21 compliant	2023
FRA	Basse Terre	10KM Association Espoir EOT	10KM	Downhill (-3.60 m/km)	2024
FRA	Basse Terre	La Jogger's de Basse Terre	5KM	Comp. Rule 31.21 compliant	2027
FRA	Basgonne	100KM du Pays Basque	100KM	Comp. Rule 31.21 compliant	2026
FRA	Belfort	10KM du Pays Basque	10KM	Comp. Rule 31.21 compliant	2026
FRA	Belfort	"La Lion" Semi marathon (Belfort-Montbéliard, odd-numbered years)	Half Marathon	Downhill (-2.5 m/km), Separation >50%	2022*
FRA	Belfort	"La Lion" Semi marathon (Montbéliard-Belfort, even-numbered years)	Half Marathon	Separation >50%	2025
FRA	Biarritz	Marathon de Biarritz	Marathon	Comp. Rule 31.21 compliant	2027
FRA	Biarritz	Semi Marathon de Biarritz	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Blagnac	10KM de Blagnac	10KM	Comp. Rule 31.21 compliant	2027
FRA	Blagnac	Semi Marathon de Blagnac	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Boulogne Bilancourt	Semi Marathon de Boulogne Bilancourt	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Cabries	Semi Marathon de Cabries	Half Marathon	Comp. Rule 31.21 compliant	2022*
FRA	Caen	10 KM Crédit Agricole Normandie	10KM	Comp. Rule 31.21 compliant	2026
FRA	Caen	Marathon de la Liberté	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Caen	Marathon de la Liberté	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Caen	Semi Marathon Pegasus	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Cancale	La 10K Cancale	10KM	Downhill (-2.40 m/km)	2023
FRA	Cannes	10KM de Cannes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Caudbec Les Elbeuf	Semi Marathon des boucles de la Seine	Half Marathon	Comp. Rule 31.21 compliant	2023
FRA	Cavalière Sur Mer	Marathon du Golfe de St Tropez	Marathon	Comp. Rule 31.21 compliant	2023
FRA	Chiron	10KM de Chiron	10KM	Comp. Rule 31.21 compliant	2027
FRA	Chollet	Les Foulées Choletaises 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	Colin (Guedeboue)	SKM Delfi Market	5KM	Comp. Rule 31.21 compliant	2024
FRA	Deauville	10 KM de Deauville	10KM	Comp. Rule 31.21 compliant	2023
FRA	Deauville	5 KM de Deauville	5KM	Comp. Rule 31.21 compliant	2025
FRA	Deauville	Marathon de Deauville	Marathon	Comp. Rule 31.21 compliant	2025
FRA	Deauville	Semi Marathon de Deauville	Half Marathon	Comp. Rule 31.21 compliant	2025
FRA	Elbeuf	10 KM des boucles de la Seine	10KM	Comp. Rule 31.21 compliant	2024
FRA	Elbeuf	Semi Marathon des boucles de la Seine	Half Marathon	Comp. Rule 31.21 compliant	2024
FRA	Heurbaix	10KM de Heurbaix	10KM	Comp. Rule 31.21 compliant	2027
FRA	Fondettes	Les Foulées de Fondettes	10KM	Comp. Rule 31.21 compliant	2027
FRA	Fort de France	Les Foulées Fogalaises	10KM	Comp. Rule 31.21 compliant	2026
FRA	Fort de France	Semi Marathon de Fort de France	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Houlès	Tour de Houlès - Championnat de France 10KM	10KM	Comp. Rule 31.21 compliant	2027
FRA	Hyères	SKM From Hyères	5KM	Comp. Rule 31.21 compliant	2026
FRA	Issy les Mouligneux	Corrida 10KM d'Issy les Mouligneux	10KM	Comp. Rule 31.21 compliant	2026
FRA	Jaumay Marigny	Marathon Poitiers Futuroscope	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Jaumay Marigny	Semi Marathon de Poitiers Futuroscope	Half Marathon	Downhill (-1.32 m/km)	2026
FRA	La Rochelle	Marathon de La Rochelle - Serge Viot	Marathon	Comp. Rule 31.21 compliant	2027
FRA	La Rochelle	Semi Marathon de La Rochelle	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	La Ville aux Dames	Courir Santé 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	La Ville aux Dames	Courir Santé 5KM	5KM	Comp. Rule 31.21 compliant	2026
FRA	Lacq	10KM de Lacq	10KM	Comp. Rule 31.21 compliant	2027
FRA	Langueux	Corrida de Langueux	10KM	Comp. Rule 31.21 compliant	2026
FRA	Le Puy en Velay	SKM du Puy en Velay	5KM	Comp. Rule 31.21 compliant	2025
FRA	Les Abymes	10KM des Abymes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Les Abymes	Course des Guépées - 10KM	10KM	Comp. Rule 31.21 compliant	2027
FRA	Les Abymes	La Jogger's - SKM	5KM	Comp. Rule 31.21 compliant	2027
FRA	Les Abymes	Les Foulées du Crédit Agricole - 10KM	10KM	Comp. Rule 31.21 compliant	2027
FRA	Les Abymes	Les Foulées du Crédit Agricole - SKM	5KM	Comp. Rule 31.21 compliant	2027
FRA	Les Abymes	Semi Marathon des Abymes	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Les Sabes d'Ornonne	10KM Les Sabes d'Ornonne	10KM	Comp. Rule 31.21 compliant	2027
FRA	Les Sabes d'Ornonne	SKM Les Sabes d'Ornonne	5KM	Comp. Rule 31.21 compliant	2027
FRA	Les Sabes d'Ornonne	Semi Marathon Hierapolis Les Sabes d'Ornonne	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Leusaint	10KM Grand Paris Sud	10KM	Comp. Rule 31.21 compliant	2027
FRA	Leusaint	Semi Marathon Grand Paris Sud	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Lille	10KM de Lille Métropole	10KM	Comp. Rule 31.21 compliant	2027
FRA	Lille	10KM Kiprun Race de Lille 2022	10KM	Comp. Rule 31.21 compliant	2026
FRA	Lille	SKM de l'UT de Lille	5KM	Comp. Rule 31.21 compliant	2023
FRA	Lille	SKM Kiprun Race de Lille 2022	5KM	Comp. Rule 31.21 compliant	2026
FRA	Lille	Semi Marathon de Lille Métropole	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Lyon	Run in Lyon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	Lyon	Run in Lyon Marathon	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Lyon	Run in Lyon Semi Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Malakoff	Foulées de Malakoff - 10KM	10KM	Comp. Rule 31.21 compliant	2027
FRA	Malakoff	Foulées de Malakoff - SKM	5KM	Comp. Rule 31.21 compliant	2027
FRA	Mont Saint Michel	Marathon Mont Saint Michel	Marathon	Separation >50%	2025
FRA	Morton	Asics beat your personal best 10KM	10KM	Comp. Rule 31.21 compliant	2027
FRA	Morton	Asics beat your personal best SKM	5KM	Comp. Rule 31.21 compliant	2026
FRA	Nancy	Semi Marathon de la Métropole du Grand Nancy	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Neuville de Poitou	Foulées Neuvilleaises 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	Neuville de Poitou	Foulées Neuvilleaises SKM	5KM	Comp. Rule 31.21 compliant	2026
FRA	Nice	10KM de Nice	10KM	Comp. Rule 31.21 compliant	2026
FRA	Nice	SKM Chrono de Nice	5KM	Comp. Rule 31.21 compliant	2026
FRA	Nice	French Riviera Marathon Nice Cannes	Marathon	Separation >50%	2025
FRA	Nice	NiceRunning Day 10 KM	10KM	Comp. Rule 31.21 compliant	2022*
FRA	Nice	Prox Classic	10KM	Comp. Rule 31.21 compliant	2027
FRA	Nice	Semi Marathon International de Nice	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Paris	10KM Adidas Paris	10KM	Comp. Rule 31.21 compliant	2026
FRA	Paris	Gay Games - Semi Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
FRA	Paris	Harmonie Mutuelle Semi de Paris	Half Marathon	Comp. Rule 31.21 compliant	2024
FRA	Paris	MAF Ekiden Paris	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Paris	Schneider Electric Marathon de Paris	Marathon	Comp. Rule 31.21 compliant	2027
FRA	Poissy-la-Pître	10KM de la Ville de Poissy-la-Pître	10KM	Comp. Rule 31.21 compliant	2023
FRA	Poissy-la-Pître	5 KM Chrono Univers de Poissy-la-Pître	5KM	Comp. Rule 31.21 compliant	2023
FRA	Portonroz	Harmonie mutuelle Run in Mont Saint Michel Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
FRA	Porto Vecchio	Run in Mont Saint Michel 10 KM	10KM	Comp. Rule 31.21 compliant	2023
FRA	Porto Vecchio	Semi Marathon de Porto Vecchio	Half Marathon	Comp. Rule 31.21 compliant	2022*
FRA	Redon	10KM Les Maronnaises	10KM	Comp. Rule 31.21 compliant	2026
FRA	Redon	SKM Les Maronnaises	5KM	Comp. Rule 31.21 compliant	2026
FRA	Reims	Run in Reims 10KM	10KM	Comp. Rule 31.21 compliant	2025
FRA	Reims	Run in Reims Marathon	Marathon	Comp. Rule 31.21 compliant	2025
FRA	Reims	Run in Reims Semi Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
FRA	Rennes	10KM CMB Rennes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	10KM Lannote Rennes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	10KM Match Sobri Rennes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	SKM Franco Bleue Sécurité Routière Rennes	5KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	Marathon Vert de Rennes	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Rennes	Semi Ouest France Rennes	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Royan	10KM de Royan	10KM	Comp. Rule 31.21 compliant	2026
FRA	Royan	Marathon de Royan	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Royan	Semi Marathon de Royan	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Saint Denis	10KM de la Voie Royale	10KM	Comp. Rule 31.21 compliant	2022*
FRA	Saint Denis	Saint Denis Semi Marathon la Voie Royale	Half Marathon	Comp. Rule 31.21 compliant	2022*
FRA	Saint Gregoire	10 KM Biot de Saint Gregoire	10KM	Comp. Rule 31.21 compliant	2027
FRA	Saint Jacques de la Lande	Les Foulées Jacquelandaises 10 KM	10KM	Comp. Rule 31.21 compliant	2022*
FRA	Saint Jacques de la Lande	Les Foulées Jacquelandaises 5 KM	5KM	Comp. Rule 31.21 compliant	2022*
FRA	Saint Jean de Luz	Semi Marathon Saint Jean de Luz Hondarribia	Half Marathon	Separation >50%	2026
FRA	Saint Malo	EKIDEN de Bretagne	Marathon	Comp. Rule 31.21 compliant	2024
FRA	Saint Medard en Jalles	10KM de Saint Medard en Jalles	10KM	Comp. Rule 31.21 compliant	2023
FRA	Saint Omer	10KM de Saint Omer	10KM	Comp. Rule 31.21 compliant	2026
FRA	Saint Omer	SKM de Saint Omer	5KM	Comp. Rule 31.21 compliant	2025
FRA	Saint Omer	Semi Marathon de Saint Omer - Championnat de France 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Saint Pierre des Corps	Corrida de Saint Pierre des Corps	5KM	Comp. Rule 31.21 compliant	2026
FRA	Saint Pol de Leon	La Sarrapollaine 10KM	10KM	Comp. Rule 31.21 compliant	2027
FRA	Saint Pol de Leon	La Sarrapollaine SKM	5KM	Comp. Rule 31.21 compliant	2027
FRA	Saumur	Marathon de la Loire	Marathon	Comp. Rule 31.21 compliant	2027
FRA	Saumur	Semi Marathon de la Loire	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Sfsc	SCOPAL Sfsc 5KM des Oliviers	5KM	Comp. Rule 31.21 compliant	2023
FRA	Strasbourg	100KM championnats de France 2023	100KM	Comp. Rule 31.21 compliant	2027
FRA	Strasbourg	10KM Strasbourg Europe	10KM	Comp. Rule 31.21 compliant	2025
FRA	Strasbourg	SKM Strasbourg Europe	5KM	Comp. Rule 31.21 compliant	2025
FRA	Strasbourg	Semi Marathon Strasbourg Europe	Half Marathon	Comp. Rule 31.21 compliant	2025
FRA	Toulouse	10KM de Toulouse Métropole	10KM	Comp. Rule 31.21 compliant	2023
FRA	Toulouse	Marathon de Toulouse métropole	Marathon	Comp. Rule 31.21 compliant	2022*
FRA	Toulouse	Semi Marathon de Toulouse métropole	Half Marathon	Comp. Rule 31.21 compliant	2022*
FRA	Tours	Les Foulées de l'Arche 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	Tours	Les Foulées de l'Arche SKM	5KM	Comp. Rule 31.21 compliant	2026
FRA	Troyes	10KM de Troyes	10KM	Comp. Rule 31.21 compliant	2027
FRA	Troyes	Semi Marathon de Troyes	Half Marathon	Comp. Rule 31.21 compliant	2027
FRA	Valenciennes	10KM de Valenciennes	10KM	Comp. Rule 31.21 compliant	2023
FRA	Vannes	Arradon Vannes	10KM	Downhill (-3.00 m/km)	2023
FRA	Vannes	Bataillon Vannes	5KM	Downhill Separation >50%	2023
FRA	Vannes	Les Foulées du Golfe	10KM	Comp. Rule 31.21 compliant	2022*
FRA	Vannes	Marathon de Vannes	Marathon	Comp. Rule 31.21 compliant	2025
FRA	Vichy	10KM des Foulées Vichystaises	10KM	Comp. Rule 31.21 compliant	2027
FRA	Vichy	Semi Marathon des Foulées Vichystaises	Half Marathon	Comp. Rule 31.21 compliant	2027
GAB	Libreville	Run in Masuku 10K	10KM	Comp. Rule 31.21 compliant	2022*
GAB	Libreville	10KM de Libreville	10KM	Comp. Rule 31.21 compliant	2026
GAB	Libreville	Marathon du Gabon	Marathon	Comp. Rule 31.21 compliant	2026
GAB	Libreville	Semi Marathon du Gabon	Half Marathon	Comp. Rule 31.21 compliant	2026
GAB	Port Gentil	10KM de Port Gentil	10KM	Comp. Rule 31.21 compliant	2027
GBR	Belfast	Math Direct Belfast City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GBR	Birmingham	XXI Commonwealth Games Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GBR	Boddington	British 100KM Championships	100KM	Comp. Rule 31.21 compliant	2024
GBR	Boddington	British 50KM Championships	50KM	Comp. Rule 31.21 compliant	2024
GBR	Brighton	Brighton 10KM	10KM	Comp. Rule 31.21 compliant	2025
GBR	Brighton	Brighton Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GBR	Cardiff	Cardiff University Cardiff Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Chester	Chester Elite Marathon	Marathon	Comp. Rule 31.21 compliant	2027
GBR	Dorney	Dorney Lake Marathon	Marathon	Comp. Rule 31.21 compliant	2024
GBR	Edinburgh	Edinburgh Marathon	Marathon	Downhill (-1.86 m/km)	2026
GBR	Glasgow	East Glasgow Run	Marathon	Comp. Rule 31.21 compliant	2026
GBR	Inverness	Loch Ness Marathon	Marathon	Downhill (-8.80 m/km), Separation >50%	2026
GBR	Islay	Andbeg Islay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GBR	Larne	Antrom Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Liverpool	Rock 'n' Roll Liverpool Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GBR	Llanelw	Great Welsh Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GBR	Llanelw	Great Welsh Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GBR	London	The Big Half	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	London	Virgin Money London Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GBR	London	Virality 10000m	10KM	Comp. Rule 31.21 compliant	2026
GBR	London	UKA Classic Marathon Trials 2021	Marathon	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Addax Manchester Marathon	Marathon	Comp. Rule 31.21 compliant	2027
GBR	Manchester	Great Manchester Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Greater Manchester Run 10KM	10KM	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Manchester Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Tommy's Manchester Half	Half Marathon	Comp. Rule 31.21 compliant	2024
GBR	Milton Keynes	Milton Keynes Marathon	Marathon	Comp. Rule 31.21 compliant	2027
GBR	Newcastle-Upon-Tyne	Great North Run	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Saffron Walden	Carver Barracks	Marathon	Comp. Rule 31.21 compliant	2023
GBR	Swansea	Swansea Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	Wigan	Fat 5KM	5KM	Comp. Rule 31.21 compliant	2024
GBR	Wrexham	Wrexham Elite Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GEO	Batumi	Great Batumi Night Race 10KM	10KM	Comp. Rule 31.21 compliant	2024
GEO	Batumi	Great Batumi Night Race Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GER	Bensheim	Joandrock Bensheim 10KM	10KM	Comp. Rule 31.21 compliant	2025
GER	Bensheim	Joandrock Bensheim SKM	5KM	Comp. Rule 31.21 compliant	2025
GER	Berlin	30th addax Runners City Night Berlin 10KM	10KM	Comp. Rule 31.21 compliant	2026
GER	Berlin	Berlin Invitational V 10KM	10KM	Comp. Rule 31.21 compliant	2026
GER	Berlin	Berlin Invitational V 5KM	5KM	Comp. Rule 31.21 compliant	2026
GER	Berlin	BMW Berlin Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Berlin	Generali Berlin Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Chemnitz	Invitational RUN Chemnitz 10KM	10KM	Comp. Rule 31.21 compliant	2025

Country	City/Place	Name of Race	Distance	Drop and Separation	
GER	Chemnitz	Invitational RUN Chemnitz SKM	5KM	Comp. Rule 31.21 compliant	2025
GER	Dresden	Internationaler Citylauf Invitational RUN Dresden - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Dresden	Internationaler Citylauf Invitational RUN Dresden - Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GER	Dresden	Lairfzene Invitational Run Dresden - 10KM	10KM	Comp. Rule 31.21 compliant	2024
GER	Dresden	NTT DATA Citylauf Dresden	10KM	Comp. Rule 31.21 compliant	2026
GER	Düsseldorf	KD-Laufit SKM	5KM	Comp. Rule 31.21 compliant	2026
GER	Düsseldorf	KD-Laufit Meile	5KM	Comp. Rule 31.21 compliant	2026
GER	Düsseldorf	METRO Marathon Düsseldorf	Marathon	Comp. Rule 31.21 compliant	2023
GER	Essen	Westenergie Marathon "Rund Um den Baldeneysee"	Marathon	Comp. Rule 31.21 compliant	2026
GER	Frankfurt	Frankfurt Manova Halbmarathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GER	Frankfurt	German SKM Road Walk Championship	SKM	Comp. Rule 31.21 compliant	2025
GER	Frankfurt	Manova Frankfurt Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GER	Freiburg	Freiburg Half Marathon (German Championships)	Half Marathon	Comp. Rule 31.21 compliant	2023
GER	Freiburg	Freiburg Marathon	Marathon	Comp. Rule 31.21 compliant	2027
GER	Hamburg	Ahterlauf 1.0KM	1.0KM	Comp. Rule 31.21 compliant	2026
GER	Hamburg	Haga Half Marathon Hamburg	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Hamburg	Haza Marathon Hamburg	Marathon	Comp. Rule 31.21 compliant	2026
GER	Hamburg	Hella Hamburg Halbmarathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Hamburg	NN Mission Marathon Hamburg	Marathon	Comp. Rule 31.21 compliant	2025
GER	Hamburg	RO Bess Half Marathon Hamburg	Half Marathon	Comp. Rule 31.21 compliant	2023
GER	Hamburg	REWE Women's Run 10KM	10KM	Comp. Rule 31.21 compliant	2027
GER	Hamburg	REWE Women's Run 5KM	5KM	Comp. Rule 31.21 compliant	2027
GER	Hannover	ADAC Hannover 10KM	10KM	Comp. Rule 31.21 compliant	2027
GER	Hannover	ADAC Hannover Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GER	Hannover	ADAC Hannover Marathon	Marathon	Comp. Rule 31.21 compliant	2027
GER	Herbergen	Nacht von Herbergen - 10KM	10KM	Comp. Rule 31.21 compliant	2026
GER	Herbergen	Nacht von Herbergen - SKM	SKM	Comp. Rule 31.21 compliant	2026
GER	Herzogenaurach	Adzaro Road to Records 10KM	10KM	Comp. Rule 31.21 compliant	2027
GER	Herzogenaurach	Adzaro Road to Records 5KM	5KM	Comp. Rule 31.21 compliant	2027
GER	Herzogenaurach	Adzaro Road to Records Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GER	Herzogenaurach	Ready for the Restart 1.0KM (1.8SKM lap)	1.0KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart 1.0KM (2.5KM lap)	1.0KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart 1.0KM (1.5SKM lap)	1.0KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart 5KM (2.5KM lap)	5KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart Half Marathon (1.8SKM lap)	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart Half Marathon (2.5KM lap)	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Hockenheim	Ring Running Series 2021	Marathon	Comp. Rule 31.21 compliant	2025
GER	Hockenheim	Ring Running Series Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Köln	General Köln Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Köln	Run in Beith	SKM	Comp. Rule 31.21 compliant	2027
GER	Leverkusen	Rund um das Bauernkreuz	10KM	Comp. Rule 31.21 compliant	2027
GER	Manz	Gutenberg Halbmarathon Manz	Half Marathon	Comp. Rule 31.21 compliant	2027
GER	Manz	Marathonberg Marathon Manz	Marathon	Comp. Rule 31.21 compliant	2027
GER	Mannheim	Daemmer 1.0KM Mannheim	1.0KM	Comp. Rule 31.21 compliant	2023
GER	Mannheim	Daemmer Half Marathon Mannheim	Half Marathon	Comp. Rule 31.21 compliant	2023
GER	Mannheim	Daemmer Marathon Mannheim	Marathon	Comp. Rule 31.21 compliant	2023
GER	Munich	European Championships Munich 2022 Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Munich	European Championships Munich 2022 Triathlon - Elite Individual Run Course	10KM	Comp. Rule 31.21 compliant	2026
GER	Munich	General München Half Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Munich	General München Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Münster	Volksbank Münster Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GER	Osnabrück	BLN2 1998 Benne in Osnabrück	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Osnabrück	BLN24315 Benne in Osnabrück	Marathon	Comp. Rule 31.21 compliant	2025
GER	Osterode	Paderborner Osterlauf	Half Marathon	Comp. Rule 31.21 compliant	2027
GER	Osterode	Paderborner Osterlauf - 10KM	10KM	Comp. Rule 31.21 compliant	2027
GER	Osterode	Paderborner Osterlauf - SKM	SKM	Comp. Rule 31.21 compliant	2027
GER	Ubstadt-Wehner	HalfW100 German Championships (SKM lap)	10KM	Comp. Rule 31.21 compliant	2027
GER	Wurzburg	Weit 1.0KM Wurzburg	1.0KM	Comp. Rule 31.21 compliant	2026
GER	Wurzburg	Weit Halfmarathon Wurzburg	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Wurzburg	Weit Marathon Wurzburg	Marathon	Comp. Rule 31.21 compliant	2026
GER	Wurzburg	Residenzlauf Wurzburg	10KM	Comp. Rule 31.21 compliant	2026
GMB	Banjul	Banjul 10KM	10KM	Comp. Rule 31.21 compliant	2024
GMB	Banjul	Banjul SKM	SKM	Comp. Rule 31.21 compliant	2024
GMB	Banjul	Banjul Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GMB	Banjul	Banjul Marathon	Marathon	Comp. Rule 31.21 compliant	2024
GRE	Aegina	Kapodistrias Aegina 10k Run	10KM	Comp. Rule 31.21 compliant	2026
GRE	Aegina	Kapodistrias Aegina 5k run	5KM	Comp. Rule 31.21 compliant	2026
GRE	Aegio	Half Marathon of Aegia	Half Marathon	Separation >50%	2026
GRE	Agriou	Kozas Half Marathon	Half Marathon	Separation >50%	2026
GRE	Alexandroupolis	Race Walking BALKAN Championship	10KM	n/a (race walk loop)	2023
GRE	Alexandroupolis	Race Walking BALKAN Championship	5KM	n/a (race walk loop)	2023
GRE	Alexandroupolis	Va Egnatia Run SKM	SKM	Separation >50%	2023
GRE	Alexandroupolis	Va Egnatia Run Half Marathon	Half Marathon	Separation >50%	2023
GRE	Alykes Drosias Chalkida	Sea Run Chalkida SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Alykes Drosias Chalkida	Sea Run Chalkida 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Amfissa	Amfissa Marathon	Marathon	Separation >50%	2023
GRE	Amfissa	Amfissa Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Amfissa	Amfissa Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Amfissa	Amfissa Race SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Amfissa	Inihos Race Half Marathon	Half Marathon	Downhill [-3.10 m/km], Separation >50%	2026
GRE	Ano Dolina	Dolana Mountain SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Arkitira Vriass	Xenodimos Dromos Arkitiras SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Arkalochori	Crete Arkalochori 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Arkalochori	Crete Arkalochori SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Arkalochori	Crete Arkalochori Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Ara	Dromos tou Galaktoy ARA Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Athens	10KM "Athens Marathon the Authentic"	10KM	Comp. Rule 31.21 compliant	2022*
GRE	Athens	SKM "Athens Marathon the Authentic"	SKM	Comp. Rule 31.21 compliant	2022*
GRE	Athens	Athens SKM Ergo	SKM	Comp. Rule 31.21 compliant	2026
GRE	Athens	Athens Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Athens	Athens Marathon The Authentic	Marathon	Separation >50%	2026
GRE	Athens	Ennodimos Ag Dimitrios 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	Ennodimos Ag Dimitrios 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	No Finish the Mile	5KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	Poseidon Athens 5 KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	Poseidon Athens Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Chalkida	Lladios 10KM Vasilko Chalkida	10KM	Downhill [-3.2 m/km], Separation >50%	2026
GRE	Chalkida	Lladios Half Marathon Eretna Chalkida	Half Marathon	Separation >50%	2026
GRE	Chalkidona	Axios Running Festival - 10KM	10KM	Downhill [-1.2 m/km], Separation >50%	2027
GRE	Chalkidona	Axios Running Festival - 5KM	5KM	Separation >50%	2027
GRE	Chalkidona	Axios Running Festival - Mile	1.6KM	Separation >50%	2027
GRE	Chania	Crete 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Chania	Crete SKM	SKM	Comp. Rule 31.21 compliant	2027
GRE	Chania	Crete Marathon	Marathon	Separation >50%	2027
GRE	Elefthia	Sta Ichni Ite Ieras Odou Elefthia Half Marathon	Half Marathon	Downhill [-2.23 m/km], Separation >50%	2026
GRE	Farala	Kalithes Athina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Filothet	Kyriahida Filothet 10K Road Race	10KM	Comp. Rule 31.21 compliant	2024
GRE	Gallatas Trizinas	Trizina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Gianthia	Phia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GRE	Heraklion	Run Greece Heraklion 10K	10KM	Comp. Rule 31.21 compliant	2027
GRE	Heraklion	Run Greece Heraklion SK	SKM	Comp. Rule 31.21 compliant	2027
GRE	Irakletra	Coast to Coast Race SKM	SKM	Comp. Rule 31.21 compliant	2027
GRE	Irakletra	Coast to Coast Race Half Marathon	Half Marathon	Separation >50%	2026
GRE	Isoinnia	Isoinnia Lake Run - 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Isoinnia	Isoinnia Lake Run - 30KM	30KM	Comp. Rule 31.21 compliant	2026
GRE	Isoinnia	Isoinnia Lake Run - SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Isoinnia	Isoinnia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GRE	Isoinnia	Isoinnia Half Marathon - SKM	SKM	Comp. Rule 31.21 compliant	2027
GRE	Isoinnia	Isoinnia Half Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Isoinnia	Run Greece Isoinnia 10K	10KM	Comp. Rule 31.21 compliant	2027
GRE	Isoinnia	Run Greece Isoinnia SK	SKM	Comp. Rule 31.21 compliant	2027
GRE	Iraklio	Run Greece Iraklio 10K	10KM	Comp. Rule 31.21 compliant	2027
GRE	Iraklio	Run Greece Iraklio SK	SKM	Comp. Rule 31.21 compliant	2027*
GRE	Kalamaria	Kalamaria Coast 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Kalamaria	Kalamaria Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Kalamaria	Kalamaria Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Kalamaria	Kalamaria Coast Road Race 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Kalamata	Kalamata Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Kalithes	Kalithes Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Kalithes	Kalithes night run 10KM2022	10KM	Comp. Rule 31.21 compliant	2026
GRE	Kalithes	Kalithes night run 5k	5KM	Comp. Rule 31.21 compliant	2026
GRE	Kalithes	Kalithes run 10k	10KM	Comp. Rule 31.21 compliant	2026
GRE	Kalithes	Kalithes Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Karpenisi	Karpenisi Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Karpenisi	Karpenisi Night Run SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Karteros Irakleou	Karteros Run 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Karteros Irakleou	Karteros Run SKM	SKM	Comp. Rule 31.21 compliant	2027
GRE	Katerini	Katerini run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Kavala	Saint Pauli Path Half Marathon	Half Marathon	Separation >50%	2022*
GRE	Kiato	Klithenios Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Kiato	Klithenios Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Kifissia	Kifissia Run 10KM	10KM	Comp. Rule 31.21 compliant	2024
GRE	Kifissia	Kifissia Run SKM	SKM	Comp. Rule 31.21 compliant	2024
GRE	Krya Vrysi	"Sta Mupika tou Valtoy" Krya Vrysi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Lagadas	Run in Lagadas 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Lagadas	Run in Lagadas SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Lamia	Lamia Night Run 10 KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Lamia	Lamia Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Larissa	Agios Stefanos Race	10KM	Comp. Rule 31.21 compliant	2026
GRE	Larissa	Pelepagos Larissa 10KM	10KM	Comp. Rule 31.21 compliant	2024
GRE	Larissa	Run Greece Panellenic Road Championship 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Larissa	Tafirovos Larissa Half Marathon	Half Marathon	Separation >50%	2024
GRE	Livadia	Livadia Night Run - 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Livadia	Livadia Night Run - SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Livadia	Trofionos SKM	SKM	Comp. Rule 31.21 compliant	2026
GRE	Livadia	Trofionos Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Marathon	Marathon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Megalopolis	Run the theatre Megalopolis 10k	10KM	Comp. Rule 31.21 compliant	2022*
GRE	Messini	Messini Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Messolonghi	The Sacred Town of Messolonghi's SK Lagoon Run	SKM	Comp. Rule 31.21 compliant	2024
GRE	Messolonghi	The Sacred Town of Messolonghi's Half Marathon Lagoon Run	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Metanastros Attiki	Arvaniti SKM	SKM	Comp. Rule 31.21 compliant	2027
GRE	Moraiti	Neratis Run 10K	10KM	Comp. Rule 31.21 compliant	2022*
GRE	Moraiti	Neratis Run SK	SKM	Comp. Rule 31.21 compliant	2022*
GRE	Mylonos	Mylonos Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Mylonos	Mylonos Running Festival Half Marathon	Half Marathon	Downhill [-4.17 m/km]	2026
GRE	Nafplio	Naflio Castle Run 10k	10KM	Comp. Rule 31.21 compliant	2025
GRE	Nafplio	Naflio Castle Run SK	SKM	Comp. Rule 31.21 compliant	2025
GRE	Nafplio	Naflio Castle Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GRE	Nafplio	Naflio Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Nafplio	Nafplio Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Nea Ionia	10KM Nea Ionia "Stida Katagazeas"	10KM	Comp. Rule 31.21 compliant	2023
GRE	Olusmpia	Olusmpia Half Marathon	Half Marathon	Separation >50%	2023
GRE	Patra	Patras Night SKM	SKM	Comp. Rule 31.21 compliant	2027
GRE	Patra	Patras Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GRE	Rachis Styliadas	Rachis Run 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Rachis Styliadas	Rachis Run SKM	SKM	Comp. Rule 31.21 compliant	2027
GRE	Rhodes	Rhodes 10 KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Rhodes	Rhodes 5 KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Rhodes	Rhodes Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Rhodes	Rhodes Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Serres	Circuit Series Run - 30.47m Lap for Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GRE	Serres	Kri Kri Supersport Series Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Shiras	Half Marathon National Championships 2020	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Shiras	Marathon National Championships 2020	Marathon	Comp. Rule 31.21 compliant	2024
GRE	Spercheida	Spercheida Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GRE	Stymfalida	Stymfalida Lake Run 10KM	10KM	Comp. Rule 31.21 compliant	2023
GRE	Stymfalida	Stymfalida Lake Run SKM	SKM	Comp. Rule 31.21 compliant	2023
GRE	Stymfalida	Stymfalida Lake Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Syros Empospoli	Syros Run 10KM	10KM	Comp. Rule 31.21 compliant	2026

Country	City/Place	Name of Race	Distance	Drop and Separation	
GRE	Syros Emvoulas	Syros Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Thermopyles	Dromos Elaftheros Thermopyles	Half Marathon	Separation >50%	2023
GRE	Thessaloniki	Alexander the Great 10KM	10KM	Not compliant	2026
GRE	Thessaloniki	Alexander the Great 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	Alexander the Great Marathon	Marathon	Separation >50%	2026
GRE	Thessaloniki	International Thessaloniki Night 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	International Thessaloniki Night 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	International Thessaloniki Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	International Thessaloniki Night Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	Clumpk Day Run 10 KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Thessaloniki	Clumpk Day Run 5 KM	5KM	Comp. Rule 31.21 compliant	2027
GRE	Trikala	Trikala Follow the Tiver 10K	10KM	Comp. Rule 31.21 compliant	2023
GRE	Trikala	Trikala Follow the Tiver 5K	5KM	Comp. Rule 31.21 compliant	2023
GRE	Volos	Volos 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Volos	Volos Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Vrachati Korinthias	Vrachati Run - 5KM	5KM	Comp. Rule 31.21 compliant	2027
GRE	Vrachati Korinthias	Vrachati Run - 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Volissia	Floceos Volissia 10KM	10KM	Comp. Rule 31.21 compliant	2023
GRE	Volissia	Floceos Volissia 5KM	5KM	Comp. Rule 31.21 compliant	2023
GRE	Xanthi	Xanthi Democritus Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Zografou	Zografou City Run 5k	5KM	Comp. Rule 31.21 compliant	2023
GUA	Escuintla	La Maraton de Guatemala	Marathon	Comp. Rule 31.21 compliant	2024
HKG	Hong Kong	Garmon China Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
HKG	Hong Kong	Garmon China Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2023
HKG	Hong Kong	Hong Kong SKM championships	5KM	Comp. Rule 31.21 compliant	2026
HKG	Hong Kong	Mitsuo Hong Kong Half Marathon Championships 2018	Half Marathon	Comp. Rule 31.21 compliant	2024
HKG	Hong Kong	Ritzau HK Ultramarathon - 50 KM & 6 Hours	10KM	Comp. Rule 31.21 compliant	2023
HKG	Hong Kong	Standard Chartered Hong Kong 10KM	10KM	Comp. Rule 31.21 compliant	2027
HKG	Hong Kong	Standard Chartered Hong Kong Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
HKG	Hong Kong	Standard Chartered Hong Kong Marathon	Marathon	Comp. Rule 31.21 compliant	2026
HKG	Hong Kong	UNICEF (Hong Kong) Run for Every Child - 10KM	10KM	Comp. Rule 31.21 compliant	2024
HKG	Hong Kong	UNICEF (Hong Kong) Run for Every Child - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
HKG	Shatin	RNAC Shatin Open Classic Riverside Race	10KM	Comp. Rule 31.21 compliant	2027
HON	Puerto Cortes	Maraton del Atlantico	Marathon	Separation >50%	2026
HUN	Budapest	Hungarian Half Marathon Championships 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
HUN	Budapest	GRAR Budapest Marathon	Marathon	Comp. Rule 31.21 compliant	2026
HUN	Budapest	Rekton Yvettika Spring Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
HUN	Budapest	World Championships in Athletics Budapest 2023 Marathon	Marathon	Comp. Rule 31.21 compliant	2027
HUN	Debrecen	Hungarian Marathon Championships	Marathon	Comp. Rule 31.21 compliant	2026
HUN	Székesfehérvár	Hungarian Half Marathon Championships 2021	Half Marathon	Comp. Rule 31.21 compliant	2026
INA	Bali	Indonesia International 10KM	10KM	Comp. Rule 31.21 compliant	2026
INA	Bali	Indonesia International 5KM	5KM	Comp. Rule 31.21 compliant	2026
INA	Bali	Indonesia International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
INA	Bali	Indonesia International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
INA	Bali	Maubank Bali Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
INA	Bali	Maubank Bali Marathon	Marathon	Comp. Rule 31.21 compliant	2026
INA	Borobudur	Borobudur 10KM	10KM	Comp. Rule 31.21 compliant	2027
INA	Borobudur	Borobudur Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
INA	Borobudur	Borobudur Marathon - Elite Race 2022	Marathon	Comp. Rule 31.21 compliant	2026
INA	Borobudur	Borobudur Marathon 2023	Marathon	Comp. Rule 31.21 compliant	2027
INA	Jakarta	Jakarta 10KM	10KM	Comp. Rule 31.21 compliant	2026
INA	Jakarta	Jakarta SKM	5KM	Comp. Rule 31.21 compliant	2026
INA	Jakarta	Jakarta Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
INA	Jakarta	Jakarta Marathon	Marathon	Comp. Rule 31.21 compliant	2026
INA	Jogja	Mandiri Jogja 10KM	10KM	Comp. Rule 31.21 compliant	2026
INA	Jogja	Mandiri Jogja Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
INA	Jogja	Mandiri Jogja Marathon	Marathon	Comp. Rule 31.21 compliant	2026
INA	Mandailing, Lombok	Mandailing International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
INA	Mandailing, Lombok	Mandailing International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Ahmedabad	Adani Ahmedabad 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Ahmedabad	Adani Ahmedabad Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Ahmedabad	Adani Ahmedabad Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Ahmedabad	B Safal Half 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Ahmedabad	Nagar Rising 10KM	10KM	Comp. Rule 31.21 compliant	2024
IND	Aurangabad	Aurangabad Maha 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Aurangabad	Aurangabad Maha 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Aurangabad	Aurangabad Maha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Bandra, Mumbai	Run to Thrive 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Bangalore	MJ Country Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Bangalore	MJ Country Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Belagavi	Belagavi 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Belagavi	Belagavi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Bengaluru	Bengaluru Midnight 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Bengaluru	Bengaluru Midnight Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Bengaluru	Bengaluru Midnight Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Bengaluru	Pandana Marathon Academy - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Bengaluru	Pandana Marathon Academy - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Bengaluru	TCS Open 10KM Bengaluru	10KM	Comp. Rule 31.21 compliant	2023
IND	Bengaluru	TCS World 10KM Bengaluru	10KM	Comp. Rule 31.21 compliant	2023
IND	Bengaluru	Thump! Celebration Bengaluru 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Bokaro	SAL Bokaro Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Borivli, Mumbai	Mumbai Seachron 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Chennai	Inner Strength 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Chennai	Sohra 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Daman	Daman Rurburn Fest 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Daman	Daman Rurburn Fest Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Daman	Daman Rurburn Fest Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Darjeeling, West Bengal	Darjeeling Hill 10KM	10KM	Comp. Rule 31.21 compliant	2024
IND	Dehradun	Samsang Dehradun 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Dehradun	Samsang Dehradun 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Dehi	Agas Federal New Dehi 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Dehi	Agas Federal New Dehi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Dehi	Agas Federal New Dehi Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Dehi	Arel Dehi 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Dehi	Great Dehi Run 5KM	5KM	Comp. Rule 31.21 compliant	2023
IND	Dehi	SBI Green 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Dehi	Verdanta Dehi 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Dehi	Verdanta Dehi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Freemantle	Harbour Master 10KM Classic	10KM	Comp. Rule 31.21 compliant	2026
IND	Freemantle	Harbour Master 5KM Classic	5KM	Comp. Rule 31.21 compliant	2026
IND	Goregaon	GSC - GM 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Goregaon	GSC - GM Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Guarat	Surat Midnight 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Guarat	Tuffman Gurugram 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Guarat	Tuffman Gurugram Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Guwahati	SBI Green 10KM Guwahati	10KM	Comp. Rule 31.21 compliant	2023
IND	Guwahati	The Great Guwahati 10KM	10KM	Comp. Rule 31.21 compliant	2024
IND	Guwahati	The Great Guwahati 5KM	5KM	Comp. Rule 31.21 compliant	2024
IND	Hyderabad	Arel Hyderabad 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Hyderabad	Freedom Hyderabad 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Hyderabad	Inorbit Durgam Cheruvu 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Hyderabad	Inorbit Durgam Cheruvu Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Japur	AU Bank Japur 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Japur	AU Bank Japur Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Japur	AU Bank Japur Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Jamnagar	Saurashtra Navy 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Jamnagar	Saurashtra Navy Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Kanpur	C11 Kanpur 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Kanpur	C11 Kanpur 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Kanpur	C11 Kanpur Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Kargil	Sanhad Kargil International 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Kargil	Sanhad Kargil International 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Kargil	Sanhad Kargil International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Kargil	Sanhad Kargil International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Kochi	Kochi 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Kochi	Kochi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Kochi	Kochi Marathon	Marathon	Comp. Rule 31.21 compliant	2027
IND	Kolapur	Kolapur Maha 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Kolapur	Kolapur Maha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Kolkata	Agas Federal Life Insurance Kolkata 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Kolkata	Ekoi Run - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Kolkata	Safe Drive Save Life 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Kolkata	Safe Drive Save Life Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Kolkata	TATA Steel Kolkata 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Kolkata	TATA Steel Kolkata 25K	25KM	Comp. Rule 31.21 compliant	2027
IND	Kolkata	TATA Steel Kolkata 5KM	5KM	Comp. Rule 31.21 compliant	2023
IND	Lonsdale	The Run Lucknow 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Lucknow	The Run Lucknow - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Lucknow	SBI Green 10KM Lucknow	10KM	Comp. Rule 31.21 compliant	2023
IND	Malindi	Malindi World City 10KM	10KM	Comp. Rule 31.21 compliant	2024
IND	Malad	Inorbit Run Malad	10KM	Comp. Rule 31.21 compliant	2027
IND	Manipal	Manipal 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Manipal	Manipal 5KM	5KM	Comp. Rule 31.21 compliant	2027
IND	Manipal	Manipal Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Manipal	Manipal Marathon	Marathon	Comp. Rule 31.21 compliant	2027
IND	Mira Bhaisander	Mira Bhaisander Mayor's 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Mumbai	Agas Federal Insurance Mumbai 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	ET Navi Mumbai 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Mumbai	IFU JITO Alisma Run Mumbai - 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Mumbai	IFU JITO Alisma Run Mumbai - 5KM	5KM	Comp. Rule 31.21 compliant	2027
IND	Mumbai	IFU JITO Alisma Run Mumbai - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Mumbai	Jithon Juhu 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Mumbai Marathon 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Mumbai Marathon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Mumbai Marathon 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Saqub Ravi Memorial Cancer Awareness - 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Saqub Ravi Memorial Cancer Awareness - 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Saqub Ravi Memorial Cancer Awareness - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Swachh Navi Mumbai 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Swachh Navi Mumbai Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Mumbai	Tata Mumbai 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Mumbai	Tata Mumbai Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Mumbai	Tata Mumbai Marathon - Elite Race	Marathon	Comp. Rule 31.21 compliant	2027
IND	Mumbai	Tata Mumbai Marathon - Mass Race	Marathon	Comp. Rule 31.21 compliant	2027
IND	Mumbai	Vasai Vras Municipal Corporation Half Marathon	Half Marathon	Separation >50%	2026
IND	Mumbai	Vasai Vras Municipal Corporation Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Mumbai	WNS Navy 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	WNS Navy 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Mumbai	WNS Navy Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Nagpur	Nagpur Maha 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Nagpur	Nagpur Maha 5KM	5KM	Comp. Rule 31.21 compliant	2027
IND	Nagpur	Nagpur Maha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Nashik	ActiNRG Nashik Ranathon 2020 - 10KM	10KM	Comp. Rule 31.21 compliant	2024
IND	Nashik	ActiNRG Nashik Ranathon 2020 - 5KM	5KM	Comp. Rule 31.21 compliant	2024
IND	Nashik	Nashik Maha 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Nashik	Nashik Maha 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Nashik	Nashik Maha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Navi Mumbai	ASA Greenathon 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Navi Mumbai	ASA Greenathon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Navi Mumbai	Run for Diversity 10KM	10KM	Comp. Rule 31.21 compliant	2024
IND	Navi Mumbai	SUD Life Happiness 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Navi Mumbai	SUD Life Happiness 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Nasa Rajpur	Let's Run 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	New Dehi	AIIR Dehi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	New Dehi	DBI Federal Life Insurance New Dehi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026

Country	City/Place	Name of Race	Distance	Drop and Separation	
IND	New Delhi	DBI Federal Life Insurance New Delhi Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
IND	Patna	Patna 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Patna	Patna Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2028
IND	Pune	AFMC Pune 10KM	10KM	Comp. Rule 31.21 compliant	2022*
IND	Pune	Alpa Pune 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Pune	Alpa Pune 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Pune	Alpa Pune Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Pune	Alpa Pune Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Pune	Bajaj Allianz 10K	10KM	Comp. Rule 31.21 compliant	2023
IND	Pune	Cubage Run - 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Pune	Cubage Run - SKM	SKM	Comp. Rule 31.21 compliant	2026
IND	Pune	Cubage Run - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Pune	Pune 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Pune	Pune FLO 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Pune	Pune Maha 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Pune	Pune Maha SKM	SKM	Comp. Rule 31.21 compliant	2027
IND	Pune	Pune Maha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Pune	Pune Women's 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Rajkot	Rajkot 10KM	10KM	Comp. Rule 31.21 compliant	2023
IND	Rajkot	Rajkot Night 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Rajkot	Rajkot Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Rishikesh Himalayas	Ganga Sustainability Run - 10KM	10KM	Separation >50%	2026
IND	Rishikesh Himalayas	Ganga Sustainability Run - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Rishikesh Himalayas	Ganga Sustainability Run - 50KM	50KM	Comp. Rule 31.21 compliant	2026
IND	Sangli Maharashtra	Shahid 10KM	10KM	Comp. Rule 31.21 compliant	2024
IND	Satara	Fit & Strong Satara 10KM Khas Road	10KM	Comp. Rule 31.21 compliant	2023
IND	Satara	Fit & Strong Satara 5KM Khas Road	5KM	Comp. Rule 31.21 compliant	2023
IND	Spinto	Spinto 10KM Run	10KM	Comp. Rule 31.21 compliant	2023
IND	Thane	Thane Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Thane	Thane Half Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Thane	The LokMat Thane Maha 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Thane	The LokMat Thane Maha SKM	SKM	Comp. Rule 31.21 compliant	2026
IND	Thane	The LokMat Thane Maha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Thane	Torrent J10 Thane 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Thane	Torrent J10 Thane SKM	SKM	Comp. Rule 31.21 compliant	2026
IND	Thane	Torrent J10 Thane Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Thiruvananthapuram	G Tech 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Thiruvananthapuram	G Tech Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IND	Trivandrum	SSI Green 10KM Trivandrum	10KM	Comp. Rule 31.21 compliant	2023
IND	Valad	Valad City 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Valad	Valad City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Valad	Valad City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Vashi	Harib Run Vashi	10KM	Comp. Rule 31.21 compliant	2027
IND	Vizag	Fluentgrid Vizag Ultra	50KM	Comp. Rule 31.21 compliant	2026
IND	Vizag	Vizag Navy 10K	10KM	Comp. Rule 31.21 compliant	2022*
IND	Yavatmal	IMA Yavatmal Health - 10KM	10KM	Comp. Rule 31.21 compliant	2027
IND	Yavatmal	IMA Yavatmal Health - 5KM	5KM	Comp. Rule 31.21 compliant	2027
IND	Yavatmal	IMA Yavatmal Health - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
IRL	Charleville	Charleville International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
IRL	Cork	Cork City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IRL	Cork	Cork City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IRL	Dublin	KBC Dublin Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ISL	Reykjavik	Ammannablaug 10KM	10KM	Comp. Rule 31.21 compliant	2026
ISL	Reykjavik	Gambirshlaup 10	10KM	Comp. Rule 31.21 compliant	2026
ISL	Reykjavik	landsbanki Reykjavik 10KM	10KM	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	landsbanki Reykjavik Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	landsbanki Reykjavik Marathon	Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Reykjavik Fall Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Reykjavik Fall Marathon	Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Suzuki Midnight Run 10KM	10KM	Comp. Rule 31.21 compliant	2025
ISL	Reykjavik	Suzuki Midnight Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ISL	Reykjavik	Vidvangshlaup 5KM	5KM	Comp. Rule 31.21 compliant	2026
ISL	Reykjavik	Vornastasjon / Hausastasjon	Marathon	Comp. Rule 31.21 compliant	2027
ISL	Reykjavik	Vornastasjon / Hausastasjon - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ISL	Selfoss	Brauhlaupid 5KM	5KM	Comp. Rule 31.21 compliant	2026
ISR	Jerusalem	Jerusalem 10KM	10KM	Comp. Rule 31.21 compliant	2024
ISR	Jerusalem	Jerusalem Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
ISR	Jerusalem	Jerusalem Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ISR	Lake Hula	HaHula Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ISR	Lake Hula	HaHula Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ISR	Tel Aviv	Spartanum 100KM road race	100KM	Comp. Rule 31.21 compliant	2027
ISR	Tel Aviv	Tel Aviv 10KM	10KM	Comp. Rule 31.21 compliant	2027
ISR	Tel Aviv	Tel Aviv 10KM - Elite Women's Race	10KM	Comp. Rule 31.21 compliant	2027
ISR	Tel Aviv	Tel Aviv Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ISR	Tel Aviv	Tel Aviv Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ISR	Tiberias	Tiberias 10KM	10KM	Comp. Rule 31.21 compliant	2025
ISR	Tiberias	Tiberias SKM	SKM	Comp. Rule 31.21 compliant	2025
ISR	Tiberias	Tiberias Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ISR	Tiberias	Tiberias Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Arco Di Trento - Riva del Garda	10KM Garda Trentino	10KM	Comp. Rule 31.21 compliant	2023
ITA	Arezzo	Maratonina Città di Arezzo	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Bolzano	Bolclassic 10K	10KM	Comp. Rule 31.21 compliant	2026
ITA	Bolzano	Bolclassic 5K	5KM	Comp. Rule 31.21 compliant	2026
ITA	Brescia	Brescia Art Half Marathon	Half Marathon	Downhill (<2.0 m/km)	2022*
ITA	Brescia	Brescia Art Marathon	Marathon	Downhill (<1.75 m/km)	2022*
ITA	Cagliari	Maratona Internazionale di Cagliari	Marathon	Comp. Rule 31.21 compliant	2022*
ITA	Caserta	Mezza Maratona Internazionale Reggae-Reggae	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Ferenz	ASICS Ferenz Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Gravellona Tole	Mezza due Laghi 20KM	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Inola	Campionato Italiano 100KM su strada	100KM	Comp. Rule 31.21 compliant	2025
ITA	Jessolo	Moonlight Jessolo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Limbiate	Limbiate Night Run	Marathon	Comp. Rule 31.21 compliant	2022*
ITA	Merano	Merano-Lagundo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
ITA	Milano	10KM Strada Magenta Milano	10KM	Comp. Rule 31.21 compliant	2023
ITA	Milano	SK Decathlon Experience	5KM	Comp. Rule 31.21 compliant	2023
ITA	Milano	Milano 10K	10KM	Comp. Rule 31.21 compliant	2023
ITA	Milano	Milano Marathon - 10 KM	10KM	Comp. Rule 31.21 compliant	2025
ITA	Milano	MilanoL Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Milano	MilanoL1 Half Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2022*
ITA	Milano	MilanoMarathon	Marathon	Comp. Rule 31.21 compliant	2024
ITA	Milano	Stramilano Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Monza	Garten Monza 10KM	10KM	Comp. Rule 31.21 compliant	2024
ITA	Monza	Garten Monza 30KM	30KM	Comp. Rule 31.21 compliant	2024
ITA	Monza	Garten Monza Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
ITA	Muyazá	Muyazá on the Sea	10KM	Comp. Rule 31.21 compliant	2027
ITA	Napoli	Napoli City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Napoli	Napoli Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Napoli	Napoli Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Napoli	Summer Universiade 2019 - Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Orderzo	Incontro Internazionale di Corsa su Strada Under 20	10KM	Comp. Rule 31.21 compliant	2025
ITA	Orderzo	Incontro Internazionale di Corsa su Strada Under 20	SKM	Downhill (<1.5 m/km) Separation >50%	2025
ITA	Orler	Roma Orler Half Marathon	Half Marathon	Downhill (<1.5 m/km) Separation >50%	2024
ITA	Padova	10KM Rise and Run	10KM	Comp. Rule 31.21 compliant	2025
ITA	Padova	Padova Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Padova	Padova Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ITA	Pordenone	Maratonina dei borghi	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Ravenna	Half Marathon Ravenna Città d'Arte	Half Marathon	Comp. Rule 31.21 compliant	2025
ITA	Ravenna	Marathon Ravenna Città d'Arte	Marathon	Comp. Rule 31.21 compliant	2025
ITA	Reggio Emilia	Maratona di Reggio Emilia	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Reggio Emilia	V La 21 di Reggio	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Riva del Garda	San Trentino Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Roma	10KM Roma Riparte Riparti Roma	10KM	Comp. Rule 31.21 compliant	2024
ITA	Roma	Athleticum We Run Roma 2022	10KM	Comp. Rule 31.21 compliant	2026
ITA	Roma	La Corsa dei Santi	10KM	Comp. Rule 31.21 compliant	2022*
ITA	Roma	Roma by Night Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Roma	Roma Half Marathon Campionato Italiano	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Roma	Run Rome the Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ITA	Sacile	Miljo Sacile 10KM Run	10KM	Comp. Rule 31.21 compliant	2026
ITA	Sacile	Miljo Sacile Marathon 2022	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Santa Margherita Ligure	Due Perle International Half Marathon 2023	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Siena - Aeroporto di Amugnano	Tuscany Comp Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ITA	Siena - Aeroporto di Amugnano	Tuscany Comp Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ITA	Stresa	Lago Maggiore Mezza Maratona	Half Marathon	Separation >50%	2026
ITA	Telesia	Telesia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Telesia	Trofeo città di Telesia	10KM	Comp. Rule 31.21 compliant	2026
ITA	Terni	Maratona di San Valentino Terni	Marathon	Comp. Rule 31.21 compliant	2027
ITA	Terni	Mezza Maratona di San Valentino	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Torino	Hippocampus Mezza Maratona 2022 Vinovo	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Torino	La Dieci di Torino	10KM	Separation >50%	2027
ITA	Torino	La Mezza di Torino	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Torino	Marathon City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Trento	Trento Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Treviso	Treviso Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
ITA	Treviso	Treviso Marathon	Marathon	Comp. Rule 31.21 compliant	2023
ITA	Trieste	Corri Trieste 10KM	10KM	Comp. Rule 31.21 compliant	2026
ITA	Trieste	Corsa dei Castelli Trieste 10KM	10KM	Comp. Rule 31.21 compliant	2027
ITA	Trieste	Trieste Half Marathon	Half Marathon	Downhill (<2.0 m/km) Separation >50%	2027
ITA	Udine	Maratonina Città di Udine	Half Marathon	Separation >50%	2023
ITA	Venice	Venice Half Marathon	Half Marathon	Separation >50%	2026
ITA	Venice	Venice Marathon	Marathon	Separation >50%	2022*
ITA	Verbania	Lago Maggiore 10KM	10KM	Separation >50%	2026
ITA	Verbania	Lago Maggiore Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Verona	10KM Verona Marathon	10KM	Comp. Rule 31.21 compliant	2023
ITA	Verona	Galietta & Romeo Half Marathon di Verona	Half Marathon	Comp. Rule 31.21 compliant	2027
ITA	Verona	Verona Colognola Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Verona	Verona Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Vinovo	Hippocampus 10KM Vinovo	10KM	Comp. Rule 31.21 compliant	2023
ITA	Vinovo	Hippocampus Mezza Maratona 2022 Vinovo	Half Marathon	Comp. Rule 31.21 compliant	2023
JAM	Kingston	KCR 10K	10KM	Comp. Rule 31.21 compliant	2022*
JAM	Kingston	Kingston City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
JAM	Kingston	Kingston City Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
JAM	Negril	Reggae Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JAM	Negril	Reggae Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JOR	Amman	Amman 10KM	10KM	Comp. Rule 31.21 compliant	2027
JOR	Amman	Amman Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
JOR	Amman	Amman Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JOR	Agaba	Red Sea 10KM	10KM	Comp. Rule 31.21 compliant	2027
JOR	Agaba	Red Sea Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
JOR	Dead Sea	Dead Sea 10KM	10KM	Separation >50%	2027
JOR	Dead Sea	Dead Sea Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
JOR	Dead Sea	Dead Sea Ultra Marathon	50KM	Comp. Rule 31.21 compliant	2027
JOR	Aqaba City	Aqaba City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
JPN	Aquma, Minato-ku	New Year Race Walk 10KM	10KM	n/a (race walk loop)	2023
JPN	Aquma, Minato-ku	New Year Race Walk SKM	SKM	n/a (race walk loop)	2023
JPN	Fuji Newpass City Town	Mount Fuji Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Fukuoka	Fukuoka International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Fukuoka	The Fall in Fukuoka - 1 Mile	1 Mile	Comp. Rule 31.21 compliant	2026
JPN	Fukuoka	The Fall in Fukuoka - SKM	SKM	Comp. Rule 31.21 compliant	2026
JPN	Gifu	Gifu Sengen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Hakodate	Hakodate Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JPN	Hakodate	Hakodate Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Hofu City	Hofu Yumuri Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Ichinoseki	Ichinoseki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
JPN	Ibatsuki City	Ibatsuki City Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Iwate	Iwate Morioka City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Iwate	Iwate Oshu Krameti 10KM	10KM	Comp. Rule 31.21 compliant	2026
JPN	Iwate	Iwate Oshu Krameti Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Kanazawa City	Kanazawa Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Karatsu	Karatsu 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026



Country	City/Place	Name of Race	Distance	Drop and Separation	
JPN	Karatsu	Karatsu SKM Road Race	5KM	Comp. Rule 31.21 compliant	2026
JPN	Kashiwazaki	Kashiwazaki 10KM	10KM	Comp. Rule 31.21 compliant	2024
JPN	Kashiwazaki	Kashiwazaki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
JPN	Kashiwazaki	Kashiwazaki Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Kasumigaya	Kasumigaya Marathon / International Blind Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Kawagoe City	Koedo Kawagoe 10KM	10KM	Comp. Rule 31.21 compliant	2026
JPN	Kawagoe City	Koedo Kawagoe Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JPN	Kitakyushu	Kitakyushu Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Kobe	Kobe Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Kochi	Kochi Quana Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Kumamoto City	Kumamoto Castle 30KM	30KM	Comp. Rule 31.21 compliant	2027
JPN	Kumamoto City	Kumamoto Castle Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Kyoto	Kyoto Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Marugame	Kagawa Marugame International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JPN	Matsue	Matsue Ladies 10KM	10KM	Comp. Rule 31.21 compliant	2023
JPN	Matsue	Matsue Ladies Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
JPN	Matsuyaka City	Ime Matsuyaka Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Matsuyama	Enmei Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Mito	Mito Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Miyajima	Toku-Miyajima Revive Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Morioka City	Iwate Morioka City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Nagai City	Nagai Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023*
JPN	Nagai City	Nagai Marathon	Marathon	Comp. Rule 31.21 compliant	2023*
JPN	Nagano	Nagano Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Nagoya	Nagoya Women's Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
JPN	Nagoya	Nagoya Women's Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Nara	Nara Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Niigata City	Niigata City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Niigata City	Niigata Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
JPN	Niotsuki City	Niotsuki Nishisono Marathon	Marathon	Comp. Rule 31.21 compliant	2023*
JPN	Ohme	Ohme-Hochi 30KM Road Race	30KM	Comp. Rule 31.21 compliant	2025
JPN	Ohme	The Ohme 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2025
JPN	Oita	Beppu-Oita Maitschi Marathon	Marathon	Comp. Rule 31.21 compliant	2023*
JPN	Otagama City	Sango Ladies Road Race - 10KM	10KM	Comp. Rule 31.21 compliant	2025
JPN	Otagama City	Sango Ladies Road Race - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Osaka	Osaka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
JPN	Osaka	Osaka Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Osaka	Osaka Women's Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Osaka	Osaka Women's Marathon (backup course)	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Otsu	Biwako Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Otsu	Lake Biwa Maitschi Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Sagamihara City	Kanto Collegiate Athletics Champs - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
JPN	Sapporo	Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Sapporo	Sapporo Challenge 10KM	10KM	Comp. Rule 31.21 compliant	2026
JPN	Sapporo	Sapporo Run Walk Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JPN	Sapporo	Tago 2020 Olympic Games - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Sendai City	Sendai International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
JPN	Senshu	KK Senshu International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Setagaya-City	Setagaya 246 Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
JPN	Shinjuku City	Shinjuku City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JPN	Shynkent	Shynkent Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Sodegaura City	Project Carbon X2	10KM	Comp. Rule 31.21 compliant	2025
JPN	Tachikawa City, Tokyo	Challenge Tokyo Para 42.195KM in Tachikawa	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Tachikawa City, Tokyo	Challenge Tokyo Para 42.195KM in Tachikawa	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Tachikawa City, Tokyo	Hakone Ekiden Qualification Race - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
JPN	Tachikawa City, Tokyo	Hakone Ekiden Qualification Race - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
JPN	Tokushima	Tokushima Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Tokyo	Adda Jingu Gaen Road - 10KM	10KM	Comp. Rule 31.21 compliant	2027
JPN	Tokyo	Adda Jingu Gaen Road - 5KM	5KM	Comp. Rule 31.21 compliant	2027
JPN	Tokyo	Adda Jingu Gaen Road - Mile	Mile	Comp. Rule 31.21 compliant	2027
JPN	Tokyo	Ibashi-Takashimada 10KM	10KM	Comp. Rule 31.21 compliant	2025
JPN	Tokyo	Ibashi-Takashimada Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Tokyo	Kanto Interscholastic Championship of Track & Field Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JPN	Tokyo	Marathon Grand Championships	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Tokyo	New Year Race Walk in Tokyo	10KM	Comp. Rule 31.21 compliant	2026
JPN	Tokyo	New Year Race Walk in Tokyo	5KM	Comp. Rule 31.21 compliant	2026
JPN	Tokyo	Tokyo Legacy Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JPN	Tokyo	Tokyo Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Tono	Tono Jingu-san 10KM	10KM	Comp. Rule 31.21 compliant	2023
JPN	Tono	Tono Jingu-san Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
JPN	Touama	Touama Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Tsukuba	Tsukuba Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Yamaguchi City	All Japan Industrial T&F Association 10KM	10KM	Comp. Rule 31.21 compliant	2023
JPN	Yamaguchi City	All Japan Industrial T&F Association Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
KAZ	Almaty	Almaty Half Marathon	Half Marathon	Downhill (-1.53 m/km)	2023
KAZ	Almaty	Almaty Marathon	Marathon	Comp. Rule 31.21 compliant	2023*
KAZ	Almaty	Almaty Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
KAZ	Nur-Sultan	BI Marathon	Marathon	Comp. Rule 31.21 compliant	2023
KAZ	Nur-Sultan	Nur-Sultan 10KM	10KM	Comp. Rule 31.21 compliant	2026
KAZ	Nur-Sultan	Nur-Sultan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
KAZ	Turkistan	Turkistan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
KAZ	Turkistan	Turkistan Marathon	Marathon	Comp. Rule 31.21 compliant	2026
KEN	Eldoret	Eldoret Half Marathon	Half Marathon	Downhill (-1.8 m/km), Separation >50%	2023
KEN	Eldoret	Eldoret Half Marathon	Half Marathon	Downhill (-1.8 m/km), Separation >50%	2025
KGZ	Bishkek	Snow Leopard Run	Half Marathon	Comp. Rule 31.21 compliant	2024
KGZ	Chonov-Ata	Run in the Silk Road - 500	Marathon	Comp. Rule 31.21 compliant	2023
KOR	Chuncheon	Chosunbbo Chuncheon Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
KOR	Chuncheon	Chuncheon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
KOR	Chuncheon	Chuncheon Marathon	Marathon	Comp. Rule 31.21 compliant	2024
KOR	Daegu	Daegu Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
KOR	Daegu	Daegu International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
KOR	Gunsan city	Gunsan Saemangeum International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
KOR	Gunsan City	Gunsan Saemangeum International Marathon	Marathon	Comp. Rule 31.21 compliant	2027*
KOR	Gyeongju	Gyeongju International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
KOR	Gyeongju	Gyeongju International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
KOR	Incheon	Incheon International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
KOR	Incheon	Incheon Songdo International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
KOR	Seoul	DongA Marathon	Marathon	Comp. Rule 31.21 compliant	2025
KOR	Seoul	Seoul International Marathon	Marathon	Comp. Rule 31.21 compliant	2023
KOR	Seoul	Seoul Marathon	Marathon	Comp. Rule 31.21 compliant	2027
KOS	Prishtina	Prishtina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
KOS	Prishtina	Prishtina Marathon	Marathon	Comp. Rule 31.21 compliant	2026
KSA	Al Ahsa	Palm Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
KSA	Al Khobar	Khobar International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
KSA	Jeddah	Jeddah Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
KSA	Jubail	Jubail Industrial City 5km	5KM	Comp. Rule 31.21 compliant	2027
KSA	Jubail	Jubail Industrial City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
KSA	Khobar	Khobar International Half Marathon - 5km	5KM	Separation >50%	2027
KSA	Khobar	Khobar International Half Marathon - Mile	Mile	Separation >50%	2027
KSA	Riyadh	Riyadh 10K	10KM	Comp. Rule 31.21 compliant	2027
KSA	Riyadh	Riyadh Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
KSA	Riyadh	Riyadh Marathon	Marathon	Comp. Rule 31.21 compliant	2027
KUW	Kuwait City	GulfBank 642 10KM	10KM	Comp. Rule 31.21 compliant	2026
KUW	Kuwait City	GulfBank 642 Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
KUW	Kuwait City	Kuwait 10KM	10KM	Comp. Rule 31.21 compliant	2026
KUW	Kuwait City	Kuwait 5KM	5KM	Comp. Rule 31.21 compliant	2023
LAO	Vientiane	Vientiane International 10KM	10KM	Comp. Rule 31.21 compliant	2027
LAO	Vientiane	Vientiane International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
LAO	Vientiane	Vientiane International Marathon - 10km	10KM	Comp. Rule 31.21 compliant	2026
LAO	Vientiane	Vientiane International Marathon - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LAO	Vientiane	Vientiane Morning Marathon	Marathon	Comp. Rule 31.21 compliant	2026
LAT	Ceas	Adriest Coast 10KM	10KM	Comp. Rule 31.21 compliant	2027
LAT	Daugavpils	Daugavpils Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LAT	Daugavpils	Daugavpils-Mecicems 10KM	10KM	Comp. Rule 31.21 compliant	2024
LAT	Daugavpils	Daugavpils-Mecicems 5KM	5KM	Comp. Rule 31.21 compliant	2024
LAT	Jaurimupe	Marupes Skrajens 5KM	5KM	Comp. Rule 31.21 compliant	2026
LAT	Kuldiga	Kuldiga 10KM	10KM	Comp. Rule 31.21 compliant	2024
LAT	Kuldiga	Kuldiga 5KM	5KM	Comp. Rule 31.21 compliant	2024
LAT	Kuldiga	Kuldiga Pusmaratonas	Half Marathon	Comp. Rule 31.21 compliant	2024
LAT	Liepaja	Liepaja 10KM	10KM	Comp. Rule 31.21 compliant	2024
LAT	Liepaja	Liepaja Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LAT	Livani	Livani Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
LAT	Livani	Livenhofas Skrajens 10km	10KM	Comp. Rule 31.21 compliant	2023
LAT	Livani	Livenhofas Skrajens Mile	Mile	Comp. Rule 31.21 compliant	2023
LAT	Ozolnieki	Ozolnieki 10KM	10KM	Comp. Rule 31.21 compliant	2026
LAT	Ozolnieki	Ozolnieki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LAT	Piltene	Skrajens Piltene 10KM	10KM	Comp. Rule 31.21 compliant	2026
LAT	Piltene	Skrajens Piltene 5KM	5KM	Comp. Rule 31.21 compliant	2026
LAT	Plavinas	Plavinas Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
LAT	Riga	Reni Riga 10KM	10KM	Comp. Rule 31.21 compliant	2027
LAT	Riga	Reni Riga 5KM	5KM	Comp. Rule 31.21 compliant	2027
LAT	Riga	Reni Riga Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
LAT	Riga	Reni Riga Marathon	Marathon	Comp. Rule 31.21 compliant	2027
LAT	Riga	Reni Riga Mile	Mile	Comp. Rule 31.21 compliant	2027
LAT	Riga	World Athletics Road Running Championships Riga 2023 - Mile Race	Mile	Comp. Rule 31.21 compliant	2027
LAT	Salspils	Salspils Pusmaratonas	Half Marathon	Comp. Rule 31.21 compliant	2026
LAT	Saldus	Rozentals skrajens Saldus 10m	10KM	Comp. Rule 31.21 compliant	2024
LAT	Saldus	Rozentals skrajens Saldus 5m	5KM	Comp. Rule 31.21 compliant	2024
LAT	Valmiera	Valmiera Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
LAT	Ventspils	Ventspils Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LAT	Ventspils	Ventspils Marathon	Marathon	Comp. Rule 31.21 compliant	2026
LBR	Morovya	Liberia 10KM	10KM	Comp. Rule 31.21 compliant	2026
LBR	Morovya	Liberia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LBR	Morovya	Liberia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
LTU	Aljusa	Aljusa 100KM Running	100KM	Comp. Rule 31.21 compliant	2026
LTU	Aljusa	Aljusa 50KM Running	50KM	Comp. Rule 31.21 compliant	2026
LTU	Aljusa	Aljusa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LTU	Druoskininkai	Druoskininkai Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
LTU	Druoskininkai	Druoskininkai Marathon	Marathon	Comp. Rule 31.21 compliant	2027
LTU	Kaunas	Kaunas Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LTU	Kaunas	Kaunas Marathon	Marathon	Comp. Rule 31.21 compliant	2026
LTU	Klaipeda	Klaipeda 10KM	10KM	Comp. Rule 31.21 compliant	2027
LTU	Klaipeda	Klaipeda 5KM	5KM	Comp. Rule 31.21 compliant	2027
LTU	Klaipeda	Klaipeda Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
LTU	Klaipeda	Klaipeda Marathon	Marathon	Comp. Rule 31.21 compliant	2027
LTU	Vilnius	Reni Vilnius Marathon	Marathon	Comp. Rule 31.21 compliant	2026
LTU	Vilnius	Vilnius 10 KM	10KM	Comp. Rule 31.21 compliant	2026
LTU	Vilnius	Vilnius 100KM	100KM	Comp. Rule 31.21 compliant	2027
LTU	Vilnius	Vilnius 5 KM	5KM	Comp. Rule 31.21 compliant	2026
LTU	Vilnius	Vilnius Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
LUX	Remich	NG Route du Vin 10KM	10KM	Comp. Rule 31.21 compliant	2026
LUX	Remich	NG Route du Vin 5KM	5KM	Comp. Rule 31.21 compliant	2026
LUX	Remich	NG Route du Vin Semi Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
LUX	Remich	Musee L'Art Semi Marathon des 3 Pays	Half Marathon	Comp. Rule 31.21 compliant	2026
MAC	Macau	Macau International 10KM	10KM	Comp. Rule 31.21 compliant	2025
MAC	Macau	Macau International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
MAC	Macau	Macau International Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
MAC	Macau	Sands			

Country	City/Place	Name of Race	Distance	Drop and Separation	
MAR	Biougra	10KM de Biougra	10KM	Comp. Rule 31.21 compliant	2023
MAR	Casablanca	10KM An Sebba	10KM	Comp. Rule 31.21 compliant	2027
MAR	Casablanca	10KM de Casablanca	10KM	Comp. Rule 31.21 compliant	2027
MAR	Casablanca	10KM International de Casablanca	10KM	Comp. Rule 31.21 compliant	2023
MAR	Casablanca	5KM de Casablanca	5KM	Comp. Rule 31.21 compliant	2027
MAR	Casablanca	Foules de Haj Mohammed 10KM	10KM	Comp. Rule 31.21 compliant	2023
MAR	Casablanca	Marathon de Casablanca	Marathon	Comp. Rule 31.21 compliant	2026
MAR	Casablanca	Semi Marathon de Casablanca	Half Marathon	Comp. Rule 31.21 compliant	2027
MAR	Chemmas	10KM de Chemmas	10KM	Comp. Rule 31.21 compliant	2023
MAR	Dakhla	10 KM International de Dakhla	10KM	Comp. Rule 31.21 compliant	2022*
MAR	Dar Bouazza	10 KM de Dar Bouazza	10KM	Comp. Rule 31.21 compliant	2024
MAR	Fes	10 KM International Noor Fes	10KM	Comp. Rule 31.21 compliant	2026
MAR	Fes	Marathon International Noor Fes	Marathon	Comp. Rule 31.21 compliant	2023
MAR	Fes	Semi Marathon International Noor Fes	Half Marathon	Comp. Rule 31.21 compliant	2026
MAR	Figuig	Figuig 10K International	10KM	Comp. Rule 31.21 compliant	2026
MAR	Guercif	10KM des Olivés des Guercif	10KM	Comp. Rule 31.21 compliant	2023
MAR	Kenitra	10KM International de Kenitra	10KM	Comp. Rule 31.21 compliant	2026
MAR	Kenitra	Semi Marathon International de Kenitra	Half Marathon	Comp. Rule 31.21 compliant	2023
MAR	Laajoune	5KM International de Laajoune	5KM	Comp. Rule 31.21 compliant	2026
MAR	Laajoune	Semi Marathon International de Laajoune	Half Marathon	Comp. Rule 31.21 compliant	2026
MAR	M'Diq	10KM de M'Diq	10KM	Separation >50%	2025
MAR	Mansoura	10KM EP Mansoura	10KM	Comp. Rule 31.21 compliant	2024*
MAR	Marrakech	Marathon International de Marrakech	Marathon	Comp. Rule 31.21 compliant	2024
MAR	Marrakech	Semi Marathon International de Marrakech	Half Marathon	Comp. Rule 31.21 compliant	2024
MAR	Meknes	10KM de Meknes	10KM	Comp. Rule 31.21 compliant	2022*
MAR	Meknes	Semi Marathon de Meknes	Half Marathon	Comp. Rule 31.21 compliant	2024
MAR	Mohammedia	10KM de Mohammedia	10KM	Comp. Rule 31.21 compliant	2022*
MAR	Quarzate	Quarzate 10K race	10KM	Comp. Rule 31.21 compliant	2022*
MAR	Rabat	10KM de Rabat	10KM	Comp. Rule 31.21 compliant	2027
MAR	Rabat	10KM du Golf Royal Dar Essalam	10KM	Comp. Rule 31.21 compliant	2023
MAR	Rabat	10KM pour la paix	10KM	Comp. Rule 31.21 compliant	2022*
MAR	Rabat	African Games 2019 / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
MAR	Rabat	Marathon de Rabat	Marathon	Comp. Rule 31.21 compliant	2027
MAR	Rabat	Semi Marathon de Rabat	Half Marathon	Comp. Rule 31.21 compliant	2027
MAR	Safi	Semi marathon international de Safi	Half Marathon	Comp. Rule 31.21 compliant	2024
MAR	Setfou	10 KM de Setfou	10KM	Comp. Rule 31.21 compliant	2022*
MAR	Setfou	Semi Marathon de Setfou	Half Marathon	Comp. Rule 31.21 compliant	2022*
MAR	Settat	Course Internationale de Settat	10KM	Comp. Rule 31.21 compliant	2027
MAR	Taha	10KM de Taha	10KM	Comp. Rule 31.21 compliant	2026
MAR	Tamesna	10KM de Tamesna	10KM	Comp. Rule 31.21 compliant	2026
MAR	Tamesna	Semi Marathon International de Tamesna	Half Marathon	Comp. Rule 31.21 compliant	2026
MAR	Tanger	10KM International de Tanger	10KM	Comp. Rule 31.21 compliant	2022*
MAR	Tanger	Semi marathon international de Tanger	Half Marathon	Comp. Rule 31.21 compliant	2022*
MAR	Tantan	Semi Marathon de Tantan	Half Marathon	Comp. Rule 31.21 compliant	2023
MAR	Taza	10KM de Taza	10KM	Comp. Rule 31.21 compliant	2022*
MAS	Cyberjaya	The Great Malaysian Half Marathon - Cyberjaya	Half Marathon	Comp. Rule 31.21 compliant	2023
MAS	Cyberjaya	The Great Malaysian Marathon - Cyberjaya	Marathon	Comp. Rule 31.21 compliant	2023
MAS	George Town	Penang Bridge International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	George Town	Penang Bridge International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Kota Kinabalu	Borneo International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
MAS	Kota Kinabalu	Borneo International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
MAS	Kota Kinabalu	Kota Kinabalu City Borneo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
MAS	Kuala Lumpur	HSN Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
MAS	Kuala Lumpur	Kuala Lumpur Clay Day Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
MAS	Kuala Lumpur	Kuala Lumpur Standard Chartered Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Kuala Lumpur	Kuala Lumpur Standard Chartered Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Kuala Lumpur	Score Run Kuala Lumpur	Half Marathon	Comp. Rule 31.21 compliant	2022*
MAS	Kuching	Kuching Marathon	Marathon	Comp. Rule 31.21 compliant	2023
MAS	Miri	Miri Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Miri	Miri Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	Malaysia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	Malaysia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	Putrajaya Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
MAS	Putrajaya	Putrajaya Night Marathon	Marathon	Comp. Rule 31.21 compliant	2023
MAS	Putrajaya	SCORE Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	SCORE Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MDA	Chinaiu	Chinaiu International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MDA	Chinaiu	Chinaiu International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MEX	AguaCalientes	Maraton AguaCalientes	Marathon	Comp. Rule 31.21 compliant	2024
MEX	Celaja	Marathon Celaja	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Chihuahua	Carrera Rotario 10K	10KM	Comp. Rule 31.21 compliant	2022*
MEX	Chihuahua	Transportes Peña 10K	10KM	Comp. Rule 31.21 compliant	2023
MEX	Ciudad Juarez, Chihuahua	Carrera Internacional del Amistad	10KM	Comp. Rule 31.21 compliant	2024
MEX	Cuencamé	10KM Cuencamé Run	10KM	Comp. Rule 31.21 compliant	2024
MEX	Cuencamé	5KM Cuencamé Run	5KM	Comp. Rule 31.21 compliant	2024
MEX	Culiacán	Marathon Internacional Culiacán	Marathon	Comp. Rule 31.21 compliant	2022*
MEX	Delicias, Chihuahua	Carrera San Silvestre Delicias	10KM	Separation >50%	2025
MEX	Durango	Caraco 10K Nocturno	10KM	Comp. Rule 31.21 compliant	2023
MEX	Guadalupe	10K Internacional Guadalupe Bomberos	10KM	Comp. Rule 31.21 compliant	2027
MEX	Guadalupe	Marathon Internacional Guadalupe 2022	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Guadalupe	Medio Maratón Atlas	Half Marathon	Comp. Rule 31.21 compliant	2026
MEX	Hermosillo	Gran Maratón Hermosillo	Marathon	Comp. Rule 31.21 compliant	2023
MEX	Hermosillo	Gran Maratón Hermosillo Half Maratón	Half Marathon	Comp. Rule 31.21 compliant	2022*
MEX	Juarez	Juarez Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
MEX	Juarez	Marathon Internacional de Juarez	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Juarez	Marathon Internacional de Juarez 20k	20KM	Comp. Rule 31.21 compliant	2023
MEX	Juarez	Medio Maratón Internacional de Juarez	Half Marathon	Comp. Rule 31.21 compliant	2026
MEX	Juarez	Run Internacional The US-Mexico 10K	10KM	Comp. Rule 31.21 compliant	2022*
MEX	León	Maratón León Guad	Marathon	Comp. Rule 31.21 compliant	2023
MEX	León, Dgo	10K Marathon Internacional TV	10KM	Comp. Rule 31.21 compliant	2024
MEX	Maratón	Gran Maratón Pacifico	Marathon	Comp. Rule 31.21 compliant	2023
MEX	Merida	Marathon Merida	Marathon	Comp. Rule 31.21 compliant	2027
MEX	Merida	Marathon Merida - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
MEX	Mexical	Medio Maratón Mexical	Half Marathon	Comp. Rule 31.21 compliant	2024
MEX	Mexico City	Marathon Ciudad de Mexico	Marathon	Comp. Rule 31.21 compliant	2023
MEX	Monterrey	Marathon Powerade Monterrey	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Puerto Vallarta	Maratón Puerto Vallarta	Half Marathon	Comp. Rule 31.21 compliant	2027
MEX	Puerto Vallarta	Medio Maratón Puerto Vallarta	Half Marathon	Comp. Rule 31.21 compliant	2027
MEX	Queretaro	Queretaro Marathon	Marathon	Comp. Rule 31.21 compliant	2027
MEX	Rosario	Medio Maratón Internacional Rosario	Half Marathon	Comp. Rule 31.21 compliant	2023
MEX	Saltito	Marathon Saltito - La Moderna	Marathon	Comp. Rule 31.21 compliant	2026
MEX	San Francisco de Borja	10K Mexico	10KM	Down to 10.60 miles	2023
MEX	San Luis Potosí	Maratón Tangamanga	Marathon	Comp. Rule 31.21 compliant	2023
MEX	San Luis Potosí	Marathon Tangamanga / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
MEX	Santiago de Querétaro	Queretaro Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Tecate	Medio Maratón Internacional Tecate-Artes 2019	Half Marathon	Comp. Rule 31.21 compliant	2023
MEX	Tijuana	Medio Maratón Internacional Tijuana	Half Marathon	Comp. Rule 31.21 compliant	2025
MEX	Tijuana	Obicells Net 4 Mile - 10KM Invitational	10KM	Comp. Rule 31.21 compliant	2022*
MEX	Tlilcohuac de Zúñiga	Medio Maratón Tlilcohuac	Half Marathon	Comp. Rule 31.21 compliant	2025
MEX	Torreon	10K Internacional de Marathon TV	10KM	Comp. Rule 31.21 compliant	2022*
MEX	Torreon	5K Internacional de Marathon TV	5KM	Comp. Rule 31.21 compliant	2026
MEX	Torreon	Maratón LULA	Marathon	Comp. Rule 31.21 compliant	2024
MEX	Zapopan	Zapopan 21k	Half Marathon	Comp. Rule 31.21 compliant	2022*
MEX	Zapopan	Skogge Run 10KM	10KM	Comp. Rule 31.21 compliant	2027
MEX	Zapopan	Woz Air Skogge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MEX	Zapopan	Woz Air Skogge Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MLT	Birzebbuga	Athletics Malta SKM National Championships	5KM	Comp. Rule 31.21 compliant	2026
MLT	La Valetta	Carrera La Valetta Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
MLT	Marsascala	Athletics Malta SKM Road Running Series Marsascala	5KM	Comp. Rule 31.21 compliant	2027
MLT	Marsascala	Athletics Malta SKM Road Running Series Marsascala	10KM	Comp. Rule 31.21 compliant	2027
MLT	Sliema	The Intersept La Valetta Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MLT	Sliema	The Intersept La Valetta Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MLT	Xgħira	Tempsoort Gozo 10KM	10KM	Comp. Rule 31.21 compliant	2026
MLT	Xgħira	Tempsoort Gozo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MNE	Kotor	1. Boleski Estimation	10KM	Comp. Rule 31.21 compliant	2027
MNE	Kotor	Boleski Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MNE	Kotor	Boleski Marathon	Marathon	Comp. Rule 31.21 compliant	2027
MNE	Nisack	Oslovaok Polustraton	Half Marathon	Separation >50%	2027
MNE	Podgorica	Podgorica Millennium Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
MNE	Podgorica	Podgorica Millennium Run 10KM	10KM	Comp. Rule 31.21 compliant	2025
MNE	Podgorica	Podgorica Millennium Run Marathon	Marathon	Comp. Rule 31.21 compliant	2025
MCO	Monaco	Monaco Run - 5KM	5KM	Comp. Rule 31.21 compliant	2026
MOZ	Maputo	FNB 10KM Maputo	10KM	Comp. Rule 31.21 compliant	2023
MOZ	Maputo	Meia Maratona Internacional de Maputo	Half Marathon	Comp. Rule 31.21 compliant	2024
MRI	Rodrigues Island	Erongo Powerade Street Mile	Mile	Comp. Rule 31.21 compliant	2023
NAM	Omaruru	Navachab Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NAM	Oshana	SPAR 10KM Championships	10KM	Separation >50%	2023
NAM	Swakopmund	Rössing 10KM	10KM	Comp. Rule 31.21 compliant	2023
NAM	Swakopmund	Rössing Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NAM	Swakopmund	Rössing Marathon	Marathon	Comp. Rule 31.21 compliant	2024
NED	Amsterdam	Mound Half Marathon Amsterdam	Half Marathon	Comp. Rule 31.21 compliant	2025
NED	Amsterdam	TCS Amsterdam Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NED	Appingedam	Stadloop Appingedam 10KM	10KM	Comp. Rule 31.21 compliant	2026
NED	Appingedam	Stadloop Appingedam 5KM	5KM	Comp. Rule 31.21 compliant	2026
NED	Breda	Bredase Singleloop 10KM	10KM	Comp. Rule 31.21 compliant	2026
NED	Breda	Bredase Singleloop Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NED	Brussnes	Parloop Brussnes 10KM	10KM	Comp. Rule 31.21 compliant	2026
NED	Brussnes	Parloop Brussnes 5KM	5KM	Comp. Rule 31.21 compliant	2027
NED	Curacao	KLM Curacao 5KM	5KM	Comp. Rule 31.21 compliant	2027
NED	Curacao	KLM Curacao 10KM	10KM	Comp. Rule 31.21 compliant	2027
NED	Curacao	KLM Curacao Marathon	Marathon	Comp. Rule 31.21 compliant	2027
NED	Curacao	Veneqap Curacao Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NED	Den Haag	NN City-Phar-City Loop Den Haag	Half Marathon	Comp. Rule 31.21 compliant	2024
NED	Dronen	Leisure World Kerstloop Dronen	Half Marathon	Comp. Rule 31.21 compliant	2023
NED	Eindhoven	Half Marathon Eindhoven powered by ASML	Half Marathon	Comp. Rule 31.21 compliant	2025
NED	Eindhoven	Marathon Eindhoven powered by ASML	Marathon	Comp. Rule 31.21 compliant	2025
NED	Enschede	Enschede Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NED	Enschede	Enschede Marathon	Marathon	Comp. Rule 31.21 compliant	2027
NED	Enschede	Enschede Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2027
NED	Enschede	NLMissou Marathon	Marathon	Comp. Rule 31.21 compliant	2025
NED	Leiden	Leiden 10KM	10KM	Comp. Rule 31.21 compliant	2023
NED	Leiden	Leiden Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NED	Leiden	Leiden Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NED	Nijmegen	Seven Hills Test Run 5KM	5KM	Comp. Rule 31.21 compliant	2024
NED	Nijmegen	Stevensloop 10KM	10KM	Comp. Rule 31.21 compliant	2027
NED	Nijmegen	Stevensloop Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NED	Rotterdam	NLM Marathon Rotterdam	Marathon	Comp. Rule 31.21 compliant	2024
NED	Sittard	100KM Sittard	100KM	Comp. Rule 31.21 compliant	2026
NED	Sittard	50KM Sittard	50KM	Comp. Rule 31.21 compliant	2026
NED	Tilburg	City Tilburg 10KM	10KM	Comp. Rule 31.21 compliant	2023
NED	Utrecht	Utrecht Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NED	Utrecht	Utrecht Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NED	Venlo	Verloop 10KM	10KM	Comp. Rule 31.21 compliant	2026
NED	Venlo	Verloop Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NED	Winschoten	Run Winschoten 100KM	100KM	Comp. Rule 31.21 compliant	2023
NED	Zwolle	Zwolle Halve Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NEP	Kathmandu	Kathmandu Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NEP	Kathmandu	Kathmandu Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Nepalgunj 10KM	10KM	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Nepalgunj 5KM	5KM	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Nepalgunj Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Nepalgunj Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NEP	Pokhara	Pokhara 10KM	10KM	Comp. Rule 31.21 compliant	2027
NEP	Pokhara	Pokhara Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NEP	Pokhara	Pokhara International Marathon	Marathon	Comp. Rule 31.21 compliant	2027
NGR	Abokuta	Abokuta 10KM	10KM	Separation >50%	2023
NGR	Abuja	Abuja International 10KM	10KM	Comp. Rule 31.21 compliant	2025
NGR	Abuja	Abuja International 5KM	5KM	Comp. Rule 31.21 compliant	2025

Country	City/Place	Name of Race	Distance	Drop and Separation	
NGR	Abuja	Abuja International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
NGR	Abuja	Abuja International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
NGR	Ilebu Ode	Ilebu Heritage 10KM	10KM	Comp. Rule 31.21 compliant	2025
NGR	Kaduna	Kaduna State 10KM	10KM	Comp. Rule 31.21 compliant	2024
NGR	Kaduna	Kaduna State 5KM	5KM	Comp. Rule 31.21 compliant	2024
NGR	Kaduna	Kaduna State Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
NGR	Lagos	Access Bank Lagos City Marathon	Marathon	Comp. Rule 31.21 compliant	2025
NGR	Lagos	Lagos 10K	10KM	Separation >50%	2025
NGR	Ilebu Ode	Ilebu Heritage Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NGR	Onitsha	Onitsha 10KM	10KM	Comp. Rule 31.21 compliant	2024
NGR	Onitsha	Onitsha 21.1KM road race	Half Marathon	Comp. Rule 31.21 compliant	2023
NGR	Onitsha	Onitsha 10KM road race	10KM	Comp. Rule 31.21 compliant	2023
NGR	Osu	Brandsave Osun Women's Run 10KM	10KM	Separation >50%	2024
NGR	Shagamu	IAU 50KM African Championships	50KM	Comp. Rule 31.21 compliant	2024
NOR	Drammen	Drammen 10KM	10KM	Comp. Rule 31.21 compliant	2027
NOR	Drammen	Drammen 5KM	5KM	Comp. Rule 31.21 compliant	2027
NOR	Drammen	Drammen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Drammen	Drammen Half Marathon - 5KM	5KM	Comp. Rule 31.21 compliant	2026
NOR	Edsvoll	Persepekt 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Edsvoll	Persepekt 5KM	5KM	Comp. Rule 31.21 compliant	2026
NOR	Edsvoll	Persepekt Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Edsvoll	Persepekt Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Hole	Høstevinnis 10KM	10KM	Comp. Rule 31.21 compliant	2025
NOR	Lier	Rekordopet Lier 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Lier	Rekordopet Lier 5KM	5KM	Comp. Rule 31.21 compliant	2025
NOR	Lier	Rekordopet Lier Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Spilbergen	Spilbergen 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Spilbergen	Spilbergen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Spilbergen	Spilbergen Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Oslo	Oslø 10KM	10KM	Comp. Rule 31.21 compliant	2025
NOR	Oslo	Oslø Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Oslo	Oslø Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Sand	Persepekt 10KM	10KM	Comp. Rule 31.21 compliant	2024
NOR	Sand	Persepekt 5KM	5KM	Comp. Rule 31.21 compliant	2024
NOR	Sand	Persepekt Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NOR	Sand	Persepekt Marathon	Marathon	Comp. Rule 31.21 compliant	2024
NOR	Sandness	Gloppen Høstmaraton	Half Marathon	Comp. Rule 31.21 compliant	2025
NOR	Spikkestad	Rekordopet Spikkestad 10KM	10KM	Comp. Rule 31.21 compliant	2025
NOR	Spikkestad	Rekordopet Spikkestad 5KM	5KM	Comp. Rule 31.21 compliant	2025
NOR	Stavanger	5-Sjennepot Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
NOR	Stavanger	Stavanger Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Stavanger	Stavanger Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Toten	Stensvikopet 10KM	10KM	Comp. Rule 31.21 compliant	2027
NOR	Tromsø	Midnight Sun 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Tromsø	Midnight Sun Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Tromsø	Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Tromsø	Polar Night 10KM	10KM	Comp. Rule 31.21 compliant	2027
NOR	Tromsø	Polar Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NOR	Tromsø	Polar Night Marathon	Marathon	Separation >50%	2027
NOR	Vesle	Quantum 10KM	10KM	Comp. Rule 31.21 compliant	2025
NZL	Auckland	Auckland Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NZL	Auckland	Auckland Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NZL	Auckland	Waterfront 10KM	10KM	Comp. Rule 31.21 compliant	2024
NZL	Auckland	Waterfront Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NZL	Cambridge	Cambridge 10KM	10KM	Comp. Rule 31.21 compliant	2026
NZL	Cambridge	Cambridge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NZL	Christchurch	Christchurch Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NZL	Christchurch	Christchurch Marathon	Marathon	Comp. Rule 31.21 compliant	2025
NZL	Dunedin	Eaton's Dunedin Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NZL	Rotorua	Museum Mile	Mile	Comp. Rule 31.21 compliant	2027
NZL	Rotorua	Rotorua Marathon	Marathon	Comp. Rule 31.21 compliant	2027
NZL	Rotorua	Rungway 5KM	5KM	Comp. Rule 31.21 compliant	2027
NZL	Taupo	NZ Marathon Championships 2022	Marathon	Comp. Rule 31.21 compliant	2023
NZL	Wellington	Round the Bays - 10KM	10KM	Comp. Rule 31.21 compliant	2027
NZL	Wellington	Round the Bays - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NZL	Wellington	Wellington Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NZL	Wellington	Wellington Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NZL	Whangarei	Whangarei Three Bridges Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
NZL	Whangarei	Whangarei Three Bridges Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
OMA	Al Mouj Muscat	10KM Al Mouj Muscat	10KM	Comp. Rule 31.21 compliant	2024
OMA	Muscat	Al Mouj Muscat 10KM	10KM	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Al Mouj Muscat 5KM	5KM	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Al Mouj Muscat Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Al Mouj Muscat Marathon	Marathon	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Muscat 5KM	5KM	Comp. Rule 31.21 compliant	2022*
PAK	Karachi	Karachi Half Marathon (City Centre)	Half Marathon	Comp. Rule 31.21 compliant	2025
PAK	Karachi	Karachi Half Marathon (Coastal Route)	Half Marathon	Comp. Rule 31.21 compliant	2026
PAK	Karachi	Karachi Marathon (City Centre)	Marathon	Comp. Rule 31.21 compliant	2026
PAK	Karachi	Karachi Marathon (Coastal Route)	Marathon	Comp. Rule 31.21 compliant	2026
PAN	Panama City	Maratón Internacional de Panamá	Marathon	Comp. Rule 31.21 compliant	2023
PAR	Asunción	Maratón Internacional Ciudad de Asunción	Marathon	Comp. Rule 31.21 compliant	2026
PAR	Asunción	Media Maratón Internacional Ciudad de Asunción	Half Marathon	Comp. Rule 31.21 compliant	2026
PAR	Asunción, Parque Guasu	MIA 21K	21KM	Comp. Rule 31.21 compliant	2024
PAR	Asunción, Parque Guasu	MIA 42K	Marathon	Comp. Rule 31.21 compliant	2024
PAR	Encarnación	Azafato Half Marathon - Media Maratón del Asfalto	Half Marathon	Comp. Rule 31.21 compliant	2025
PAR	Paragu Guasu, Asunción	MIA 10K	10KM	Comp. Rule 31.21 compliant	2024
PAR	Villa Hayes	Campeonato Nacional de 10KM 2021	10KM	Comp. Rule 31.21 compliant	2025
PAR	Villa Hayes	Campeonato Nacional de Maratón 2021	Marathon	Comp. Rule 31.21 compliant	2025
PAR	Villa Hayes	Campeonato Nacional de Media Maratón 2021	Half Marathon	Comp. Rule 31.21 compliant	2025
PER	Lima	1era 5/2 Campeonatos Mundial Marathon Millar-Lima 2022	Marathon	Comp. Rule 31.21 compliant	2025
PER	Lima	Campeonato Maratón "Ciudad de Lima" 2022	Marathon	Comp. Rule 31.21 compliant	2026
PER	Lima	Campeonato Media Maratón FDPA - Lima 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
PER	Lima	Lima 42K - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
PER	Lima	Lima 42K - Marathon	Marathon	Comp. Rule 31.21 compliant	2027
PER	Lima	Huacho Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
PER	Lima	Maratón Lima Lima 42K	42KM	Comp. Rule 31.21 compliant	2025
PER	Lima, La Costa Verde	1era Maratón Internacional "Ciudad de Lima Bicentenario"	Marathon	Comp. Rule 31.21 compliant	2025
PHI	Clark, Panganga	30TH South East Asian Games Marathon	Marathon	Comp. Rule 31.21 compliant	2023
PHI	Clark, Panganga	Clark Arimo 10KM	10KM	Comp. Rule 31.21 compliant	2023
PHI	Clark, Panganga	Clark Arimo 5KM	5KM	Comp. Rule 31.21 compliant	2023
PHI	Clark, Panganga	Clark Arimo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
PHI	Clark, Panganga	Clark Arimo Marathon	Marathon	Comp. Rule 31.21 compliant	2023
PLE	Bethlehem	Free Movement Bethlehem 10KM	10KM	Comp. Rule 31.21 compliant	2022*
PLE	Bethlehem	Free Movement Bethlehem Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
PLE	Bethlehem	Free Movement Palestine Bethlehem Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
PLE	Jericho	Moon under the Sea/Run - Jericho Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
POL	Białystok	PKO Białystok	Half Marathon	Comp. Rule 31.21 compliant	2024
POL	Chorzow	Stesia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
POL	Chorzow	Stesia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
POL	Debno	Polish Marathon Championships 2021	Marathon	Comp. Rule 31.21 compliant	2025
POL	Gdunia	Orico Gdunia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
POL	Kolo	Polish Women's 10KM Championships	10KM	Comp. Rule 31.21 compliant	2025
POL	Krakow	Cracovia Marathon	Marathon	Comp. Rule 31.21 compliant	2023
POL	Krakow	Cracovia Royal Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
POL	Łódź	DOZ Łódź Marathon	Marathon	Comp. Rule 31.21 compliant	2023
POL	Chešno	Polish Marathon Championships	Marathon	Comp. Rule 31.21 compliant	2024
POL	Poznan	Poznan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
POL	Poznan	Poznan Marathon	Marathon	Comp. Rule 31.21 compliant	2026
POL	Tonin	Ironator World Masters Championships - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
POL	Warsaw	ORLEN Warsaw Marathon	Marathon	Comp. Rule 31.21 compliant	2023
POL	Warsaw	Pekao S A Warszaska Dycha 10KM	10KM	Comp. Rule 31.21 compliant	2026
POL	Warsaw	Polish Open 5KM Championships	5KM	Comp. Rule 31.21 compliant	2026
POL	Warsaw	PZU Marathon Warszawa	Marathon	Comp. Rule 31.21 compliant	2026
POL	Warsaw	Warsaw 5KM	5KM	Comp. Rule 31.21 compliant	2027
POL	Warsaw	Warsaw Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
POL	Warsaw	Warsaw Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Abrantes	Meia Maratona de Abrantes	Half Marathon	Comp. Rule 31.21 compliant	2023
POR	Aveiro	Meia Maratona de Aveiro	Half Marathon	Comp. Rule 31.21 compliant	2027
POR	Aveiro	Maratona da Europa	Marathon	Comp. Rule 31.21 compliant	2027
POR	Bragua	Grande Premio Atletismo 10KM	10KM	Comp. Rule 31.21 compliant	2027
POR	Braga	Meia Maratona de Braga	Half Marathon	Comp. Rule 31.21 compliant	2027
POR	Cascais	Cascais Grande Prémio de Natal	5KM	Comp. Rule 31.21 compliant	2026
POR	Cascais	Montepio Meia Maratona de Cascais	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Eras	Milha urbana de Eras	Mile	Comp. Rule 31.21 compliant	2027
POR	Evora	Meia Maratona de Evora	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Famalicão	Famalicão Joane 10KM	10KM	Comp. Rule 31.21 compliant	2026
POR	Famalicão	Meia Maratona de Famalicão	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Funchal	Campeonato Europeu de 10KM masters	10KM	Comp. Rule 31.21 compliant	2024
POR	Funchal	Maratona do Funchal	Marathon	Comp. Rule 31.21 compliant	2027
POR	Funchal	Meia Maratona do Funchal	Half Marathon	Dowhill (-1.94 m/m)	2027
POR	Leiria	Corrida de Adagio	10KM	Comp. Rule 31.21 compliant	2027
POR	Leiria	Meia Maratona de Leiria	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Libon	EDP Maratona de Lisboa	Marathon	Separation >50%	2026
POR	Libon	EDP Meia Maratona de Lisboa	Half Marathon	Comp. Rule 31.21 compliant	2027
POR	Libon	Meia Maratona dos Descobrimentos	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Libon	Sao Silvestre de Lisboa	10KM	Comp. Rule 31.21 compliant	2026
POR	Loures	Corrida das Festas de Loures	10KM	Comp. Rule 31.21 compliant	2027
POR	Luz	Meia Maratona de Luz	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Marinha Grande	Milha urbana da Marinha Grande	Mile	Comp. Rule 31.21 compliant	2027
POR	Matosinhos	Meia Maratona de Matosinhos	Half Marathon	Comp. Rule 31.21 compliant	2023
POR	Porto	Porto Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Sebalal	Meia Maratona de Sebalal	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Viseu	Meia Maratona de Viseu	Half Marathon	Comp. Rule 31.21 compliant	2026
PRK	Pyeonggang	Mongjangbong Prize International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
PUR	Ileabito	Carrera Fin de Año 10K	10KM	Separation >50%	2025
PUR	San Juan	World's Best 10KM	10KM	Comp. Rule 31.21 compliant	2026
GAT	Doha	IAAF World Championships 2019 - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GAT	Doha	Qoredoh Doha 10KM	10KM	Comp. Rule 31.21 compliant	2027
GAT	Doha	Qoredoh Doha 5KM	5KM	Comp. Rule 31.21 compliant	2027
GAT	Doha	Qoredoh Doha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GAT	Doha	Qoredoh Doha Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ROU	Brasov	10 KM from Brasov Running Festival	10KM	Comp. Rule 31.21 compliant	2025
ROU	Brasov	5 KM from Brasov Running Festival	5KM	Comp. Rule 31.21 compliant	2025
ROU	Brasov	SUKM World IAU Championship	50KM	Comp. Rule 31.21 compliant	2023
ROU	Brasov	SUKM "Cross 15 November"	5KM	Separation >50%	2023*
ROU	Brasov	Brasov Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
ROU	Brasov	Brasov Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
ROU	Brasov	ROS 11 November Brasov	5KM	Dowhill 8.60(m/km), Separation >50%	2021*
ROU	Bucharest	Bucharest International 10 K	10KM	Comp. Rule 31.21 compliant	2023
ROU	Bucharest	Bucharest International 10K Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ROU	Bucharest	Bucharest Ultra 10 KM	10KM	Comp. Rule 31.21 compliant	2022*
ROU	Bucharest	Crosul USAMV 10KM Bucharest	10KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Crosul USAMV 5KM Bucharest	5KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Legia 10KM Bucharest	10KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Legia Half Marathon Bucharest	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Raffines Bucharest Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
ROU	Bucharest	Volkswagen Bucharest 10KM	10KM	Comp. Rule 31.21 compliant	2023
ROU	Bucharest	Volkswagen Bucharest Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ROU	Bucharest	Wizz Bucharest 10KM	10KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Wizz Half Marathon Bucharest	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Cluj Napoca	Wizz Air Half Marathon Cluj Napoca	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Cluj Napoca	Wizz Air Marathon Cluj Napoca	Marathon	Comp. Rule 31.21 compliant	2026
ROU	Iasi	Iasi 10KM	10KM	Comp. Rule 31.21 compliant	2027
ROU	Iasi	Iasi 5KM	5KM	Comp. Rule 31.21 compliant	2027
ROU	Iasi	Remembrance Iasi	Half Marathon	Comp. Rule 31.21 compliant	2027
ROU	Timisoara	LVT Liberty 10KM Timisoara	10KM	Comp. Rule 31.21 compliant	2027
ROU	Timisoara	LVT Liberty Half Marathon Timisoara	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Timisoara	LVT Liberty Marathon Timisoara	Marathon	Comp. Rule 31.21 compliant	2026
ROU	Timisoara	King Shaka 10KM	10KM	Comp. Rule 31.21 compliant	2024

Country	City/Place	Name of Race	Distance	Drop and Separation	Year
RSA	Balko	King Shaka Marathon	Marathon	Separation >50%	2024
RSA	Balko	King Shaka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Benoni	Johnson Crane 10KM	10KM	Comp. Rule 31.21 compliant	2028
RSA	Benoni	Johnson Crane Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Benoni	Johnson Crane Marathon	Marathon	Comp. Rule 31.21 compliant	2028
RSA	Boksburg	Cross The Line 10KM	10KM	Comp. Rule 31.21 compliant	2027
RSA	Boksburg	Cross The Line 5KM	5KM	Comp. Rule 31.21 compliant	2027
RSA	Cape Town	AAC Usual Suspects Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Cape Town	AAC Usual Suspects Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RSA	Cape Town	ABSA Run Your City 10KM Cape Town	10KM	Separation >50%	2024
RSA	Cape Town	Fast 1 Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	Peninsula Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RSA	Cape Town	Peninsula Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RSA	Cape Town	Rental Capital Marathon Challenge	Marathon	Comp. Rule 31.21 compliant	2028
RSA	Cape Town	Sanlam Cape Town 10KM for Peace	10KM	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	Sanlam Cape Town Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	Sanlam Cape Town Marathon Elite Invitational	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Cape Town	SPAR Grand Prix Ladies 10KM	10KM	Comp. Rule 31.21 compliant	2027
RSA	Cape Town	The Usual Suspects 10KM Challenge	10KM	Comp. Rule 31.21 compliant	2025
RSA	Cape Town	Totalsports Two Oceans Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2028
RSA	Cape Town	Totalsports Two Oceans Marathon 50KM split	50KM	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	Totalsports Women's Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Durban	Dolphin Coast 10KM	10KM	Comp. Rule 31.21 compliant	2028
RSA	Durban	Dolphin Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Durban	Dolphin Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Durban	Durban CITSURF Run 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Durban	Durban International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Durban	Durban Run Your City 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Durban	Durban Run Your City 5KM	5KM	Separation >50%	2026
RSA	Durban	Greyville Racecourse Orca Challenge 100KM	100KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orca Challenge 10KM	10KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orca Challenge 50KM	50KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orca Challenge 5KM	5KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orca Challenge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orca Challenge Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RSA	Durban	ODSAS 10KM	10KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	SPAR Women's Challenge 10KM Durban	10KM	Comp. Rule 31.21 compliant	2026
RSA	East London	Buffalo City Half Marathon	Half Marathon	Downhill (-8.50m/km), Separation >50%	2027
RSA	East London	Buffalo City Marathon	Marathon	Downhill (-8.50m/km), Separation >50%	2027
RSA	Edenvalle, Johannesburg	Rand Road Warriors Edendale 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Edenvalle, Johannesburg	Rand Road Warriors Edendale Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Edenvalle, Johannesburg	Rand Road Warriors Edendale Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Edenvalle, Johannesburg	Rand Road Warriors Edendale 5KM	5KM	Comp. Rule 31.21 compliant	2026
RSA	Germiston	Central Gauteng Athletics Championships 10000m	10KM	Comp. Rule 31.21 compliant	2025
RSA	Germiston	Central Gauteng Athletics Championships 21098m	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Germiston Lake	Zet Sring Series Mile Run	Mile	Comp. Rule 31.21 compliant	2025
RSA	Gonubie	Gonubie 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Gonubie	Gonubie 5KM	5KM	Comp. Rule 31.21 compliant	2024
RSA	Gqeberha	ABSA Gqeberha 10KM	10KM	Comp. Rule 31.21 compliant	2027
RSA	Gqeberha	Gqeberha SPAR Ladies Challenge 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Gqeberha	Newbank 50KM	50KM	Comp. Rule 31.21 compliant	2025
RSA	Gqeberha	Newbank Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RSA	Gqeberha	Neison Mandela Bay Municipality Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Gqeberha	Port Elizabeth One City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Inanda	Dr J.L. Dube 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Inanda	Dr J.L. Dube Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Johannesburg	ABSA Run Your City 10KM Johannesburg	10KM	Comp. Rule 31.21 compliant	2027
RSA	Johannesburg	Johnson Crane 10KM	10KM	Comp. Rule 31.21 compliant	2023
RSA	Johannesburg	Johnson Crane 5KM	5KM	Comp. Rule 31.21 compliant	2027
RSA	Johannesburg	Johnson Crane Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RSA	Johannesburg	Johnson Crane Marathon	Marathon	Comp. Rule 31.21 compliant	2027
RSA	Johannesburg	Run Zone Autumn Chase Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Johannesburg	Run Zone Autumn Chase Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Johannesburg	Run Zone North City 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Kagiso	Zet Sring Series Run	5KM	Comp. Rule 31.21 compliant	2023
RSA	Mankana	Platinum Bell Marathon	Marathon	Separation >50%	2023
RSA	Melville	Total Sports Women's 5KM	5KM	Comp. Rule 31.21 compliant	2026
RSA	Meyerton	Mid Vaal Maj 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Meyerton	Mid Vaal Maj Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Meyerton	Mid Vaal Maj Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Modderfontein	Newbank Runners Club 10KM	10KM	Downhill (-2.20m/km)	2027
RSA	Motheoval	Nicholson Friends 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Mthatha	Cheetah Mthatha 10KM	10KM	Downhill (-14.00m/km), Separation >50%	2026
RSA	Mthatha	Cheetah Mthatha 5KM	5KM	Downhill (-14.00m/km), Separation >50%	2026
RSA	Mthatha	Cheetah Mthatha Half Marathon	Half Marathon	Downhill (-14.00m/km), Separation >50%	2026
RSA	Mthatha	Cheetah Mthatha Marathon (Abathembu Road start)	Marathon	Separation >50%	2026
RSA	Mthatha	Cheetah Mthatha Marathon (NZ start)	Marathon	Separation >50%	2026
RSA	Pietermaritzburg	Capital City 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Pietermaritzburg	Capital City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Pietermaritzburg	Capital City Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Pietermaritzburg	Save Orion 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Pietermaritzburg	Save Orion Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Port Elizabeth	ASA Half Marathon Championships	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Port Elizabeth	Neison Mandela Bay 1 City Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Potchefstroom	Spur Ladies Port Elizabeth Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2028
RSA	Potchefstroom	Sanlam Cape Town Marathon - Potchefstroom Leg	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Pretoria	ASA 10KM Championships 2022	10KM	Comp. Rule 31.21 compliant	2026
RSA	Pretoria	Sanlam Cape Town Marathon - Pretoria Leg	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Pretoria	Tlweee North 50KM Ultra	50KM	Comp. Rule 31.21 compliant	2024
RSA	Pretoria	Tlweee North Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
RSA	Rustenburg	Platinum Bell Half Marathon	Half Marathon	Separation >50%	2023
RSA	Scottburgh	Scottburgh 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Scottburgh	Scottburgh 21KM	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Sediberg Vaal	Sediberg Vaal 10KM	10KM	Comp. Rule 31.21 compliant	2023
RSA	Sediberg Vaal	Sediberg Vaal Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RSA	Sediberg Vaal	Sediberg Vaal Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RSA	Tembisa	Tembisa 10KM	10KM	Comp. Rule 31.21 compliant	2023
RSA	Tembisa	Tembisa Mile	Mile	Comp. Rule 31.21 compliant	2023
RSA	Thabani	Platinum Bell 10KM	10KM	Downhill Separation >50%	2023
RSA	Umtata	Elbot Madera Charly Club 10KM	10KM	Separation >50%	2025
RSA	Umtata	Elbot Madera Charly Club 5KM	5KM	Separation >50%	2025
RSA	Umtata	Elbot Madera Charly Club Half Marathon	Half Marathon	Separation >50%	2025
RSA	Umtata	Elbot Madera Charly Club Marathon	Marathon	Separation >50%	2025
RSA	Vaal City	Vaal River City 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Vaal City	Vaal River City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Vaal City	Vaal River City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Westertaria	Zet Sring Series 5KM Run	5KM	Comp. Rule 31.21 compliant	2025
RSA	Westertaria	Zet Sring Series Mile Run	Mile	Comp. Rule 31.21 compliant	2025
RUS	Belgorod	Belgorod 10KM	10KM	Comp. Rule 31.21 compliant	2026
RUS	Belgorod	Belgorod Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Bierr	Bierr Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Bierr	Bierr Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Gatchina	Gatchina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Gdov	Gdov Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	Kazan	Kazan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RUS	Kazan	Kazan Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RUS	Moscow	International Half Marathon 'One Run'	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Moscow	Moscow Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	Moscow	Moscow Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Moscow	Moscow Marathon - Satellite 10KM	10KM	Comp. Rule 31.21 compliant	2026
RUS	Niing Novgorod	Half Marathon Run Free	Half Marathon	Comp. Rule 31.21 compliant	2027
RUS	Omak	Siberian International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Omak	Siberian International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Perm	Perm Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RUS	Pushkin	Puskin - St Petersburg 10KM	10KM	Separation >50%	2026
RUS	Pushkin	Puskin - St Petersburg 30KM	30KM	Separation >50%	2026
RUS	Pushkin	Puskin - St Petersburg Half Marathon	Half Marathon	Separation >50%	2026
RUS	Pushkin	Pushkin - St Petersburg Marathon	Marathon	Comp. Rule 31.21 compliant	2027
RUS	Pushkin	Tsarskosel'skiy Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
RUS	Pushkin	Tsarskosel'skiy Marathon	Marathon	Comp. Rule 31.21 compliant	2027
RUS	Pushkin	Tsarskosel'skiy 10KM	10KM	Comp. Rule 31.21 compliant	2027
RUS	Sochi	Sochi Autumn Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RUS	Sochi	Sochi Autumn Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RUS	Sochi	Sochi Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RUS	St Petersburg	SPB Half Marathon 'One Run'	Half Marathon	Comp. Rule 31.21 compliant	2027
RUS	St Petersburg	St Northern Capital 10KM	10KM	Comp. Rule 31.21 compliant	2024
RUS	St Petersburg	White Nights Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Tomsk	Yarche Tomsk Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RUS	Tomsk	Yarche Tomsk Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RUS	Tula	Tula 10KM	10KM	Comp. Rule 31.21 compliant	2023
RUS	Tula	Tula Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RUS	Tula	Tula Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RUS	Tuamien	Tuamien Half Marathon 'Steel Character'	Half Marathon	Comp. Rule 31.21 compliant	2022*
RUS	Ulanovsk	Ulanovsk Half Marathon of the Dream	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	Vladivostok	Vladivostok International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Yerofol	Golden Ring Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RUS	Yekaterinburg	Russian Half Marathon Cup	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Yekaterinburg	VRTUS Championship of Russia	10KM	Comp. Rule 31.21 compliant	2024
RWA	Kigali	Kigali International Peace Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RWA	Kigali	Kigali International Peace Marathon	Marathon	Comp. Rule 31.21 compliant	2024
SEN	Dakar	10KM Effrage de Dakar	10KM	Comp. Rule 31.21 compliant	2026
SEN	Dakar	Marathon Effrage de Dakar	Marathon	Comp. Rule 31.21 compliant	2026
SEN	Dakar	Semi Marathon Effrage de Dakar	Half Marathon	Comp. Rule 31.21 compliant	2026
SEY	Beau Valon	Seuchelles Eco-Friendly Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
SEY	Beau Valon	Seuchelles Eco-Friendly Marathon	Marathon	Comp. Rule 31.21 compliant	2024
SEY	Seuchelles Beau Valon	Seuchelles Eco-Friendly 10KM	10KM	Comp. Rule 31.21 compliant	2024
SEY	Seuchelles Beau Valon	Seuchelles Eco-Friendly 5KM	5KM	Comp. Rule 31.21 compliant	2024
SGP	Singapore	Standard Chartered Singapore 10KM	10KM	Comp. Rule 31.21 compliant	2026
SGP	Singapore	Standard Chartered Singapore 5KM	5KM	Comp. Rule 31.21 compliant	2026
SGP	Singapore	Standard Chartered Singapore Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SGP	Singapore	Standard Chartered Singapore Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SLO	Agovozna	100 ob Mill 100	10KM	Comp. Rule 31.21 compliant	2023
SLO	Cacak	Trša Ca (Cacak Half Marathon)	Half Marathon	Comp. Rule 31.21 compliant	2023
SLO	Cacak	Trša Ca (Cacak Marathon)	Half Marathon	Comp. Rule 31.21 compliant	2024
SLO	Konjice	Konjice 10KM	10KM	Comp. Rule 31.21 compliant	2026
SLO	Konjice	Konjice Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SLO	Ljubljana	Ljubljana Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SLO	Ljubljana	Ljubljana Marathon	Marathon	Comp. Rule 31.21 compliant	2023
SLO	Ljubljana	Ljubljana 10KM	10KM	Comp. Rule 31.21 compliant	2023
SLO	Maribor	1st Run4Motion Half Marathon Maribor	5KM	Comp. Rule 31.21 compliant	2024
SLO	Maribor	1st Run4Motion Half Marathon Maribor	Half Marathon	Comp. Rule 31.21 compliant	2023
SLO	Maribor	Health Run Maribor	5KM	Comp. Rule 31.21 compliant	2026
SLO	Maribor	Maribor	Marathon	Comp. Rule 31.21 compliant	2024
SLO	Novo Mesto	Novo Mesto Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SLO	Novo Mesto	Novo Mesto 10KM	10KM	Comp. Rule 31.21 compliant	2027
SLO	Novo Mesto	Novo Mesto 5KM	5KM	Comp. Rule 31.21 compliant	2027
SLO	Ormoz	Ormoz 10KM	10KM	Comp. Rule 31.21 compliant	2026
SLO	Ormoz	Ormoz 5KM	5KM	Comp. Rule 31.21 compliant	2026
SLO	Ormoz	Ormoz Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SLO	Portoroz	Istrski Half Marathon	Half Marathon	Separation >50%	2023
SLO	Portoroz	Istrski Marathon	Marathon	Comp. Rule 31.21 compliant	2023
SLO	Radenci	Three Hearts Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SLO	Radenci	Three Hearts Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SLO	Slovenska Bistrica	Slovenska Bistrica 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Apatin	Apatin Danube 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Apatin	Apatin Danube Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Arandelovac	1300 Kapara Run in Arandelovac 10KM	10KM	Comp. Rule 31.21 compliant	2027
SRB	Arandelovac	1300 Kapara Run in Arandelovac 5KM	5KM	Comp. Rule 31.21 compliant	2027
SRB	Backa Topola	Pal Skenderovics Memorial 10KM Run	10KM	Comp. Rule 31.21 compliant	2026
SRB	Backa Topola	Pal Skenderovics Memorial 5KM Run	5KM	Comp. Rule 31.21 compliant	2026

Country	City/Place	Name of Race	Distance	Drop and Separation	
SRB	Becej	Becej 10KM Race	10KM	Comp. Rule 31.21 compliant	2027
SRB	Becej	Becej 5KM Race	5KM	Comp. Rule 31.21 compliant	2027
SRB	Belgrade	Belgrade 10KM	10KM	Comp. Rule 31.21 compliant	2028
SRB	Belgrade	Belgrade Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Belgrade	Belgrade Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SRB	Belgrade	Sava's Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Belgrade	Serbia 5KM	5KM	Comp. Rule 31.21 compliant	2023
SRB	Belgrade	Serbian City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Belgrade	Serbian City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
SRB	Bolevac	Rtanjski 5KM	5KM	Comp. Rule 31.21 compliant	2023
SRB	Bolevac	Rtanjski Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
SRB	Bor	Zrnki Borak Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2025
SRB	Cacak	Cacak 10KM	10KM	Comp. Rule 31.21 compliant	2024
SRB	Cacak	Cacak 5KM	5KM	Comp. Rule 31.21 compliant	2024
SRB	Cacak	Night Race Grand Prix Cacak 10KM	10KM	Comp. Rule 31.21 compliant	2023
SRB	Cacak	Night Race Grand Prix Cacak 5KM	5KM	Comp. Rule 31.21 compliant	2023
SRB	Cacak	Trija Oci / Cacak Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Ecka	Road Race Ecka 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Ecka	Road Race Ecka 5KM	5KM	Comp. Rule 31.21 compliant	2026
SRB	Kostolac	Kostolac Vinnovani	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Kovacia	Kovacia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Krusevac	Krusevac 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Krusevac	Krusevac Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Kucivo	Homoljski Motivi 10KM	10KM	Comp. Rule 31.21 compliant	2022*
SRB	Nis	Naki Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Novi Pazar	Pazarac Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Novi Sad	Novi Sad 10KM	10KM	Comp. Rule 31.21 compliant	2028
SRB	Novi Sad	Novi Sad Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Novi Sad	Novi Sad Marathon	Marathon	Comp. Rule 31.21 compliant	2027
SRB	Petrovac	Memorial Dragutin Tomasevic - 10KM	10KM	Downhill (1.99 mkm)	2027
SRB	Ruma	Ruma Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Sombor	Sombor Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Subotica	Subotica 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Subotica	Subotica 5KM	5KM	Comp. Rule 31.21 compliant	2026
SRB	Subotica	Subotica Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Veljuga	Veljuga Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Vrbas	Vrbas 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Vrbas	Vrbas 5KM	5KM	Comp. Rule 31.21 compliant	2026
SRB	Vrsac	Vrsac Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Zrenjanin	Zrenjanin Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SUI	Basel	Sri Chinmoy 100KM	100KM	Downhill (-4.20 mkm)	2027
SUI	Basel	Swiss Athletics 10KM race	10KM	Comp. Rule 31.21 compliant	2026
SUI	Basel	Swiss Athletics Marathon race	Marathon	Comp. Rule 31.21 compliant	2026
SUI	Geneve	Geneve General 10KM Race	10KM	Downhill (-4.20 mkm)	2027
SUI	Geneve	Geneve General 5KM Race	5KM	Comp. Rule 31.21 compliant	2026
SUI	Geneve	Geneve General Half Marathon	Half Marathon	Downhill (-1.99 mkm)	2027
SUI	Geneve	Geneve General Marathon	Marathon	Comp. Rule 31.21 compliant	2027
SUI	Geneve	Harmony Geneva Marathon for UNICEF	Marathon	Comp. Rule 31.21 compliant	2026
SUI	Geneve	The Gallets Geneva	10KM	Comp. Rule 31.21 compliant	2026
SUI	Lucerne	Lucerne Marathon	Marathon	Comp. Rule 31.21 compliant	2026*
SUI	Lucerne	SwissCity Lucerne - 10KM	10KM	Comp. Rule 31.21 compliant	2026
SUI	Lucerne	SwissCity Lucerne - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SUI	Lucerne	SwissCity Lucerne - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SUI	Lugano	Stralugano 10 KM City Run	10KM	Comp. Rule 31.21 compliant	2026
SUI	Luzern	Swiss 10K Strasse Volkslauf Swiss Championship	10KM	Comp. Rule 31.21 compliant	2027
SUI	Zurich	Neighunmarathon Zurich	Marathon	Comp. Rule 31.21 compliant	2024
SUI	Zurich	Neighunmarathon Zurich Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
SUI	Zurich	Zurich 10KM	10KM	Comp. Rule 31.21 compliant	2027
SUI	Zurich	Zurich Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SUI	Zurich	Zurich Marathon	Marathon	Comp. Rule 31.21 compliant	2027
SUR	Paramaribo	South America Half Marathon Championships	Half Marathon	Comp. Rule 31.21 compliant	2022*
SVK	Bratislava	Bankoobratnicky chodokovy maring 10KM	10KM	n/a (race walk loop)	2025
SVK	Bratislava	SVK Bratislava Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SVK	Kosice	Kosice Peace Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
SVK	Kosice	Kosice Peace Marathon	Marathon	Comp. Rule 31.21 compliant	2027
SWA	Mbabane	Inkubus 10KM	10KM	Comp. Rule 31.21 compliant	2027
SWA	Mbabane	Inkubus Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SWA	Mbabane	Inkubus Marathon (The King's Marathon)	Marathon	Comp. Rule 31.21 compliant	2027
SWE	Goteborg	Goteborgsvarvet Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SWE	Stockholm	ASICS Stockholm Marathon	Marathon	Comp. Rule 31.21 compliant	2024
SWE	Stockholm	Kungsholmen Run - 10KM	10KM	Comp. Rule 31.21 compliant	2027
SWE	Stockholm	Kungsholmen Run - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SWE	Stockholm	Prenamran	Half Marathon	Comp. Rule 31.21 compliant	2023
SWE	Stockholm	Prenamran - 10KM	10KM	Comp. Rule 31.21 compliant	2027
SWE	Stockholm	Swedish Marathon Championships	Marathon	Comp. Rule 31.21 compliant	2024
SWE	Ystad	Swedish 10KM Championships	10KM	Comp. Rule 31.21 compliant	2027
TAN	Dar es Salaam	CRDB Bank Dar es Salaam 10KM	10KM	Comp. Rule 31.21 compliant	2026
TAN	Dar es Salaam	CRDB Bank Dar es Salaam 5KM	5KM	Comp. Rule 31.21 compliant	2026
TAN	Dar es Salaam	CRDB Bank Dar es Salaam Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TAN	Dar es Salaam	CRDB Bank Dar es Salaam Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TAN	Dar Es Salaam	New Year 10KM	10KM	Comp. Rule 31.21 compliant	2024
TAN	Dar Es Salaam	New Year 5KM	5KM	Comp. Rule 31.21 compliant	2024
TAN	Dar Es Salaam	New Year Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TAN	Dar Es Salaam	New Year Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TAN	Dodoma	NBC Dodoma 10KM	10KM	Comp. Rule 31.21 compliant	2024
TAN	Dodoma	NBC Dodoma Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TAN	Dodoma	NBC Dodoma Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TAN	Moshi	Kilimanjaro Premium Lager Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TAN	Moshi	Kilimanjaro Premium Lager Marathon	Marathon	Comp. Rule 31.21 compliant	2027
THA	Bangkok	Amazing Bangkok Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Amazing Bangkok Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Bangkok Midnight 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Bangkok Midnight Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Bangkok Midnight Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangkok	BDMS Bangkok Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
THA	Bangkok	BDMS Bangkok Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
THA	Bangkok	KOP Run Bangkok 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	KOP Run Bangkok 5KM	5KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	The Silk Run 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	The Silk Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangsan	Bangsan21	Half Marathon	Comp. Rule 31.21 compliant	2023
THA	Bangsan	Bangsan42 Chonburi Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Buriram	Buriram 10KM	10KM	Comp. Rule 31.21 compliant	2027
THA	Buriram	Buriram Half Marathon	Marathon	Comp. Rule 31.21 compliant	2027
THA	Buriram	Buriram Marathon	Marathon	Comp. Rule 31.21 compliant	2027
THA	Chanthaburi	Chanthaburi Scenic 10KM	10KM	Comp. Rule 31.21 compliant	2027
THA	Chanthaburi	Chanthaburi Scenic Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
THA	Chanthaburi	Chanthaburi Scenic Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Chiang Mai	Chiang Mai	Marathon	Comp. Rule 31.21 compliant	2027
THA	Chiang Mai	Chiang Mai 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Chonburi	Bangsan 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Chonburi	Bangsan 5KM	5KM	Comp. Rule 31.21 compliant	2024
THA	Chonburi	Bangsan21	Marathon	Comp. Rule 31.21 compliant	2024
THA	Kanchanaburi	River Kwai Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
THA	Khao-kgai	Phang-ngu Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Khao-kgai	Phang-ngu International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Khon Kaen	Khon Kaen International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Poodurance 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Poodurance Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Poodurance Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Poodurance Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	The Mall Korat 10KM	10KM	Comp. Rule 31.21 compliant	2026
THA	Korat	The Mall Korat Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Korat	The Mall Korat Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Krabi	Krabi 10KM	10KM	Comp. Rule 31.21 compliant	2026
THA	Krabi	Krabi 5KM	5KM	Comp. Rule 31.21 compliant	2026
THA	Krabi	Krabi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Krabi	Krabi Marathon	Marathon	Comp. Rule 31.21 compliant	2023
THA	Laem Sadee	Khung Witan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
THA	Muang Krathaburi	River Kwai Half Marathon / Thailand Championships	Half Marathon	Comp. Rule 31.21 compliant	2023
THA	Nong Khai	Nong Khai Asaan 10KM	10KM	Comp. Rule 31.21 compliant	2023
THA	Nong Khai	Nong Khai Asaan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
THA	Nong Khai	Nong Khai Asaan Marathon	Marathon	Comp. Rule 31.21 compliant	2023
THA	Nong Khai	Photak 10KM	10KM	Comp. Rule 31.21 compliant	2026
THA	Nong Khai	Photak 5KM	5KM	Comp. Rule 31.21 compliant	2026
THA	Nong Khai	Photak Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Nong Khai	Photak Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Phuket	Laguas Phuket Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
THA	Phuket	Laguas Phuket Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Phuket	Phuket International 10.5KM	10KM	Comp. Rule 31.21 compliant	2022*
THA	Phuket	Phuket International Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
THA	Pranburi	Scenic 10km Pranburi	10KM	Comp. Rule 31.21 compliant	2027
THA	Pranburi	Scenic Half Marathon Pranburi	Half Marathon	Comp. Rule 31.21 compliant	2027
THA	Pranburi	Scenic Marathon Pranburi	Marathon	Comp. Rule 31.21 compliant	2027
THA	Trang	Trang 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Trang	Trang Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Trang	Trang Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TKS	Providenciales	Move-A-Thon 10k	10KM	Comp. Rule 31.21 compliant	2023
TKS	Providenciales	Move-A-Thon 5k	5KM	Comp. Rule 31.21 compliant	2023
TKS	Providenciales	Move-A-Thon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TKS	Providenciales	Move-A-Thon Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TLS	Die	Die 10KM	10KM	Comp. Rule 31.21 compliant	2027
TLS	Die	Die Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TLS	Die	Die International Marathon	Marathon	Comp. Rule 31.21 compliant	2027
TPE	Fantu Township	Chay Asian Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TPE	Fantu Township	Taiwan Alishan Divine Tree Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Hsinchu	Hsinchu Ocean International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TPE	Jianshi	Taiwan Zhongshan 100KM Ultramarathon	100KM	Comp. Rule 31.21 compliant	2024
TPE	Jianshi	Taiwan Zhongshan 50 KM Ultramarathon	50KM	Comp. Rule 31.21 compliant	2024
TPE	Kaohsiung	100KM Ultra Marathon in Kaohsiung	100KM	Comp. Rule 31.21 compliant	2026
TPE	Kaohsiung	Kaohsiung Fabun Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Kaohsiung	Kaohsiung Fabun Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Kinmen	Kinmen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TPE	Kinmen	Kinmen Marathon	Marathon	Comp. Rule 31.21 compliant	2027
TPE	Nangan Township	Matsu Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	New Taipei City	War-Jin-Shi International 10KM	10KM	Comp. Rule 31.21 compliant	2025
TPE	New Taipei City	War-Jin-Shi International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Palau	Belau Oval Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TPE	Palau	Belau Oval Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Taichung City	4117 Central Park Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TPE	Taichung City	4117 Central Park Marathon	Marathon	Comp. Rule 31.21 compliant	2027
TPE	Taichung City	Olympic Day Run - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TPE	Tainan City	Tainan Historical Capital International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TPE	Tainan City	Tainan Historical Capital International Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TPE	Tainan City	Zenopen Riverside Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Taipei	K. K. Powerflex Cup Ultramarathon	50KM	Comp. Rule 31.21 compliant	2026
TPE	Taipei	Taipei Ultramarathon - 100KM	100KM	n/a (non standard distance)	2027
TPE	Taipei City	Eva Air 10KM	10KM	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Eva Air Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Eva Air Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	IATU World 50KM Championships - 10KM lap	10KM	n/a (race walk loop)	2025
TPE	Taipei City	IATU World 50KM Championships - 5KM lap	5KM	n/a (race walk loop)	2025
TPE	Taipei City	New Taipei City The National Games Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TPE	Taipei City	Puma Ignite Taiwan Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2026*
TPE	Taipei City	Standard Chartered Taipei Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Standard Chartered Taipei Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Freeway Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Freeway Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Freeway Marathon - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026

Country	City/Place	Name of Race	Distance	Drop and Separation	
TPE	Taipei City	Taipei Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Twin Cities Marathon	Marathon	Comp. Rule 31.21 compliant	2027
TPE	Taipei City	Taipei Women Run TPE - 10KM	10KM	Comp. Rule 31.21 compliant	2025
TPE	Taipei City	Taipei Women Run TPE - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
TPE	Taipei City	Taiwan's Rice Heaven Lanzhong Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Taojuan City	Taojuan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taojuan City	Taojuan National Games Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TPE	Township	Beigun 50KM Ultra Marathon	50KM	Comp. Rule 31.21 compliant	2023
TPE	Yilan City	Yilan Dongshan River Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Yilan City	Yilan Dongshan River Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Yilan City	Yilan Dongshan River Ultra Marathon - 100KM	100KM	Comp. Rule 31.21 compliant	2026
TPE	Yilan City	Yilan Dongshan River Ultra Marathon - 50KM	50KM	Comp. Rule 31.21 compliant	2026
TPE	Yuchi Township	Sun Moon Lake Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TTO	Arima	We Run Arima Weekend 10KM	10KM	Comp. Rule 31.21 compliant	2027
TTO	Arima	We Run Arima Weekend 21KM	Half Marathon	Comp. Rule 31.21 compliant	2027
TTO	Arima	We Run Arima Weekend 5KM	5KM	Comp. Rule 31.21 compliant	2027
TTO	St. Augustine	UWI-SPEC Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
TTO	Tobago Main Ridge Forest Reserve	Sea to Sea Half Marathon Run 10k	10KM	Comp. Rule 31.21 compliant	2022*
TTO	Tobago Main Ridge Forest Reserve	Sea to Sea Race Run 10k	10KM	Comp. Rule 31.21 compliant	2022*
TUN	Carthage	The Carthage Race / Half marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUN	Carthage	The Carthage Race / Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TUN	Carthage	The Carthage race 10KM	10KM	Comp. Rule 31.21 compliant	2023
TUN	Carthage	The Carthage race 5KM	5KM	Comp. Rule 31.21 compliant	2023
TUN	Sfax	Semi Marathon International Sfax Ville	Half Marathon	Comp. Rule 31.21 compliant	2022*
TUN	Sfax	SCIPAL Sfax Semi Marathon International des oliviers	Half Marathon	Comp. Rule 31.21 compliant	2023
TUN	Sousse	10 KM Tunisia Women's Run International	10KM	Comp. Rule 31.21 compliant	2022*
TUN	Sousse	Semi marathon international Tunisia Women's Run	Half Marathon	Comp. Rule 31.21 compliant	2022*
TUR	Adana	International Adana Kurtulus Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Ankara	International Ankara Demokrasiya Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
TUR	Ankara	International Ankara Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Antalya	Runatlas International 10 KM	10KM	Comp. Rule 31.21 compliant	2022*
TUR	Antalya	Runtalya Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Antalya	Runtalya International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TUR	Avsa	International Avsa 10.000m	10KM	Comp. Rule 31.21 compliant	2024
TUR	Banaz	Banaz Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TUR	Bodrum	Bodrum Global Run 10 KM	10KM	Comp. Rule 31.21 compliant	2022*
TUR	Bodrum	Global Run Bodrum Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Bursa	Bursa International Turkic World Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Bursa	Ekeri Run 5KM	5KM	Comp. Rule 31.21 compliant	2023
TUR	Bursa	Ekeri Run Marathon	Marathon	Downhill (-41.5 m/km), Separation >50%	2023*
TUR	Datca	Run Datca 10K	10KM	Comp. Rule 31.21 compliant	2022*
TUR	Datca	Run Datca 5K	5KM	Comp. Rule 31.21 compliant	2022*
TUR	Didim	Didim 10K	10KM	Comp. Rule 31.21 compliant	2022*
TUR	Didim	Didim Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
TUR	Diyarbakir	Diyarbakir Sur Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TUR	Edirne	International Edirne Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Erzurum	100 Yil Erzurum Kongresi 10 K Kosusu	10KM	Comp. Rule 31.21 compliant	2023
TUR	Eskişehir	Eskişehir Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Gaziantep	Gazi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Gazimagusa	Fayagusta Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Gazimagusa	Long Beach Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Giresun	Giresun 10KM	10KM	Comp. Rule 31.21 compliant	2022*
TUR	Giresun	Giresun Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
TUR	Istanbul	Kadikoy Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Istanbul	N Kogal Istanbul Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Istanbul	N Kogal Istanbul Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TUR	Istanbul	Tuzla Bahar Kosusu 10KM	10KM	Comp. Rule 31.21 compliant	2023
TUR	Istanbul	Istanbul 10KM	10KM	Comp. Rule 31.21 compliant	2027
TUR	Izmir	International Izmir 10KM road race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Izmir	Izmir Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Izmir	Izmir International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TUR	Izmir Menemen	National Martyr Mustafa Fehmi Kublag 10K Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Kastamonu	istifal Yolu Seftine Baci Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Kagazeri	International Kagazeri 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Kagazeri	International Kagazeri Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Konya	International Konya 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Konya	International Konya Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Kyrenia	International Kyrenia 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Kyrenia	International Kyrenia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Kyrenia	International Kyrenia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TUR	Malatya	Arslantepe Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
TUR	Manisa	International Vezir Manisa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Menemen Izmir	National Martyr sublieutenant Mustafa Fehmi Kublag 10 k road race	10KM	Separation >50%	2025
TUR	Meran	Meran Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TUR	Nicosia	International Nicosia 10k	10KM	Comp. Rule 31.21 compliant	2023
TUR	Pamukkale	Pamukkale Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
TUR	Patras	Achaea Half Marathon	Half Marathon	Separation >50%	2022*
TUR	Polatli	Gordon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
TUR	Samsun	International Samsun Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Setuok	International Ancient City Ephesus 10KM	10KM	Comp. Rule 31.21 compliant	2022*
TUR	Setuok	International Ancient City Ephesus Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
TUR	Teras	Teras Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Trabzon	International Trabzon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Trabzon	International Trabzon Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TUR	Van	International Van Sea Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Van	National Van 10KM Road Race	10KM	Downhill (-2.6 m/km)	2026
TUR	Zonguldak Devrek	Devrek Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
UAE	Abu Dhabi	Abu Dhabi Sea Challenge 10KM	10KM	Comp. Rule 31.21 compliant	2024*
UAE	Abu Dhabi	ADNOC Abu Dhabi 10KM	10KM	Comp. Rule 31.21 compliant	2026
UAE	Abu Dhabi	ADNOC Abu Dhabi Marathon	Marathon	Comp. Rule 31.21 compliant	2026
UAE	Abu Dhabi	Al Muhandisat Island Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
UAE	Duba	Duba 10KM	10KM	Comp. Rule 31.21 compliant	2024
UAE	Duba	Duba Marathon	Marathon	Comp. Rule 31.21 compliant	2027
UAE	Ras Al Khaimah	Ras Al Khaimah Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
UAE	Yas Island	Abu Dhabi Striders 10KM	10KM	Comp. Rule 31.21 compliant	2023
UAE	Yas Island	Abu Dhabi Striders Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
UKR	Bila Tserkva	Bila Tserkva Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Bila Tserkva	Bila Tserkva Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Dnipro	Dnipro Marathon	Marathon	Comp. Rule 31.21 compliant	2023
UKR	Kharkiv	Nova Poshta Kharkiv Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kharkiv	Nova Poshta Kharkiv Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Kyiv Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
UKR	Kyiv	Bila Tserkva Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Bila Tserkva Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Kyiv Euro 10KM	10KM	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Kyiv Euro Marathon	Marathon	Comp. Rule 31.21 compliant	2023
UKR	Kyiv	Kyiv Nova Poshta Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Kyiv Ultra 100KM	100KM	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Kyiv Ultra 50KM	50KM	Comp. Rule 31.21 compliant	2025
UKR	Lviv	Nova Poshta Lviv Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Lviv	Nova Poshta Lviv Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Odesa	Nova Poshta Odesa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Poltava	NewRun Corpus Park Poltava	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Poltava	Nova Poshta Poltava Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
URU	Ciudad de la Costa	10K Ciudad de la Costa	10KM	Comp. Rule 31.21 compliant	2026
URU	Quencia	Ruta Nocturna 10 K	10KM	Comp. Rule 31.21 compliant	2026
URU	Gusaguay	Maraton de Gusaguay	Marathon	Comp. Rule 31.21 compliant	2026
URU	Montevideo	10K Santiago Viquez Fiesta del Rio	10KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	21Khueros	Half Marathon	Separation >50%	2026
URU	Montevideo	Aguada 10KM	10KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Corre Mercedes 10KM	10KM	Comp. Rule 31.21 compliant	2024
URU	Montevideo	CorreCorno	10KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Half Maraton Montevideo 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Maraton de Montevideo	Marathon	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Maturana 10KM	10KM	Comp. Rule 31.21 compliant	2023
URU	Montevideo	Mila Urbana 10K	10KM	n/a (non standard distance)	2023
URU	Montevideo	OLIMPIA 10KM	10KM	Comp. Rule 31.21 compliant	2023
URU	Montevideo	Pedrimo Gueara 10KM	10KM	Comp. Rule 31.21 compliant	2027
URU	Montevideo	Peñafiel 5KM	5KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Stockolmo 10KM	10KM	Comp. Rule 31.21 compliant	2023
URU	Montevideo	Via del Espirito 10 KM	10KM	Comp. Rule 31.21 compliant	2026
URU	Punta del Este	Maraton de Punta del Este	Marathon	Comp. Rule 31.21 compliant	2026
URU	Punta del Este	Maraton de Punta del Este - Medio Maraton	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	Atlanta, GA	AJC Peachtree Road Race	10KM	Downhill (-2.9 m/km), Separation >50%	2026
USA	Atlanta, GA	Peachtree Hospital Atlanta Women's 5KM	5KM	Comp. Rule 31.21 compliant	2027
USA	Atlanta, GA	U.S. Olympic Team Trials Marathon	Marathon	Comp. Rule 31.21 compliant	2024
USA	Atlanta, GA	Atlanta City Games Road Mile	Mile	Comp. Rule 31.21 compliant	2027
USA	Baltimore, MD	Baltimore Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	Big Sur, CA	Big Sur International Marathon	Marathon	Downhill (-2.2 m/km), Separation >50%	2027
USA	Boston, MA	B.A.A. 10KM	10KM	Comp. Rule 31.21 compliant	2026
USA	Boston, MA	B.A.A. 5KM	5KM	Comp. Rule 31.21 compliant	2026
USA	Boston, MA	B.A.A. Boston Marathon	Marathon	Downhill (-3.27 m/km), Separation >50%	2025
USA	Boston, MA	B.A.A. Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	Carton	Carton Half of Fame Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
USA	Capri Elizabeth, ME	Reach to Reach 10K	10KM	Separation >50%	2026
USA	Chandler	Hoka Project Carbon X2 - 100KM	100KM	Comp. Rule 31.21 compliant	2025
USA	Chandler	Hoka Project Carbon X2 - 50KM	50KM	Comp. Rule 31.21 compliant	2025
USA	Chandler	The Marathon Project	Marathon	Comp. Rule 31.21 compliant	2024
USA	Charleston	Cooper River Bridge Run	10KM	Comp. Rule 31.21 compliant	2026
USA	Chicago, IL	AHC CSC	5KM	Comp. Rule 31.21 compliant	2022*
USA	Chicago, IL	The Bank of America Chicago Marathon	Marathon	Comp. Rule 31.21 compliant	2024*
USA	Chicago, IL	Abbott Chicago 5 KM	5KM	Comp. Rule 31.21 compliant	2025
USA	Cleveland, OH	Cleveland Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
USA	Cleveland, OH	Cleveland Marathon	Marathon	Comp. Rule 31.21 compliant	2027
USA	Cleveland, OH	The Guardian Mile	Mile	Downhill (-3.11 m/km), Separation >50%	2027
USA	Des Moines, IA	Grand Blue Mile	Mile	Comp. Rule 31.21 compliant	2027
USA	Dorena, Oregon	On a Mission Marathon - 50KM	50KM	Comp. Rule 31.21 compliant	2025
USA	Dorena, Oregon	Gangy Bjorklund Half Marathon	Half Marathon	Separation >50%	2022*
USA	Duluth, MN	Grandma's Marathon	Marathon	Separation >50%	2022*
USA	El Paso, TX	El Paso Marathon	Marathon	Comp. Rule 31.21 compliant	2026
USA	Elizabeth City, NC	Coast Guard Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	Elizabeth City, NC	Coast Guard Marathon	Marathon	Comp. Rule 31.21 compliant	2026
USA	Eugene, OR	Eugene Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
USA	Eugene, OR	Eugene Marathon	Marathon	Comp. Rule 31.21 compliant	2027
USA	Eugene, OR	World Athletics Championships Oregon 2022 Marathon	Marathon	Comp. Rule 31.21 compliant	2026
USA	Greensboro, NC	Canon-Bell Marathon	Marathon	Comp. Rule 31.21 compliant	2025
USA	Hartsville, SC	STATE Half Marathon Championships	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	Hollywood, FL	Margatville Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
USA	Honolulu, HI	Honolulu Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	Houston, TX	Armando Houston Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	Houston, TX	We Are Houston 5KM	5KM	Comp. Rule 31.21 compliant	2026
USA	Indianapolis, IN	Indianapolis Monumental Marathon	Marathon	Comp. Rule 31.21 compliant	2024
USA	Las Vegas, NE	Rock 'n' Roll Las Vegas 1 Mile	Mile	Comp. Rule 31.21 compliant	2024*
USA	Las Vegas, NV	Rock 'n' Roll Las Vegas 10K	10KM	Comp. Rule 31.21 compliant	2024*
USA	Las Vegas, NV	Las Vegas Gold Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
USA	Las Vegas, NV	Rock 'n' Roll Las Vegas Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
USA	Las Vegas, NV	Rock 'n' Roll Las Vegas Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	Los Angeles, CA	Los Angeles Marathon	Marathon	Downhill (-1.60 m/km)	2025
USA	Maua, HI	Maua Marathon	Marathon	Separation >50%	2024
USA	Maua, HI	Maua Clifffront Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
USA	Miami, FL	North American Intercontinental Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	Minneapolis, MN	2022 Twin Cities Marathon	Marathon	Comp. Rule 31.21 compliant	2026
USA	Monterey Bay, CA	Monterey Bay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
USA	New Jersey, NJ	Jersey City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
USA	New Jersey, NJ	Jersey City Marathon	Marathon	Comp. Rule 31.21 compliant	2027
USA	New York, NY	New York City Marathon - 2022 Alternate Finish	Marathon	Comp. Rule 31.21 compliant	2026
USA	New York, NY	New York City Marathon - 2022 AWD Start	Marathon	Comp. Rule 31.21 compliant	2026
USA	New York, NY	New York Mini 10K	10KM	Comp. Rule 31.21 compliant	2026

Country	City/Place	Name of Race	Distance	Drop and Separation	2026
USA	New York, NY	United Airlines New York City Half	Half Marathon	Separation >50%	2026
USA	Philadelphia, PA	Philadelphia Distance Run Half Marathon 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	Philadelphia, PA	Philadelphia Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	Philadelphia, PA	Rock 'n' Roll Philadelphia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
USA	Pittsburgh, PA	Pittsburgh Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
USA	Sacramento, CA	Kaiser Permanente San Francisco Half Marathon	Half Marathon	Downhill (2.28 m/m)	2027
USA	San Antonio, TX	Humana Rock 'n' Roll San Antonio Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	San Diego, CA	Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	San Francisco	2022 Ruth Anderson Memorial 50 KM	50KM	Comp. Rule 31.21 compliant	2026
USA	San Jose, CA	Rock 'n' Roll San Jose Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
USA	Tempe, AZ	Rock and Roll Arizona Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
USA	Tempe, AZ	Rock and Roll Arizona Marathon	Marathon	Comp. Rule 31.21 compliant	2027
USA	The Woodlands, TX	The Woodlands Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	The Woodlands, TX	The Woodlands Marathon	Marathon	Comp. Rule 31.21 compliant	2026
USA	Valley Cottage, NY	Project 13.1	Half Marathon	Comp. Rule 31.21 compliant	2025
USA	Valley Cottage, NY	McKirdy Micro Marathon	Marathon	Comp. Rule 31.21 compliant	2027
USA	Valley, Nebraska	Valley ONE Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
USA	Valley, Nebraska	Valley ONE Marathon	Marathon	Comp. Rule 31.21 compliant	2025
USA	Vancouver, WA	Apple Tree Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
USA	Vancouver, WA	Apple Tree Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	Waco, TX	Six District Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
USA	Washington D.C., CO	Credit Union Cherry Blossom 10 Mile	10 Mile	Comp. Rule 31.21 compliant	2027
USA	Washington D.C., CO	Rock 'n' Roll Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
USA	Washington D.C., CO	Rock 'n' Roll Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
UZB	Tashkent	International Tashkent Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UZB	Tashkent	International Tashkent Marathon	Marathon	Comp. Rule 31.21 compliant	2025
VEN	Caracas	Estimote Caracas Rock - GOCOS Rock	10KM	Comp. Rule 31.21 compliant	2026
VEN	Caracas	La Media Hiperevento	Half Marathon	Comp. Rule 31.21 compliant	2026
VEN	Caracas	Marathon CAF - Caracas	Marathon	Comp. Rule 31.21 compliant	2027
VEN	Caracas	Medio Maratón CAF Caracas	Half Marathon	Comp. Rule 31.21 compliant	2027
VEN	Miranda	Medio Maratón Francisco de Miranda	Half Marathon	Comp. Rule 31.21 compliant	2022*
VI	Birth Duong	Birth Duong New City 10KM	10KM	Comp. Rule 31.21 compliant	2026
VI	Birth Duong	Birth Duong New City 5KM	5KM	Comp. Rule 31.21 compliant	2026
VI	Birth Duong	Birth Duong New City International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
VI	Birth Duong	Birth Duong New City International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Da Nang	Da Nang 10KM	10KM	Comp. Rule 31.21 compliant	2022*
VI	Da Nang	Da Nang 5KM	5KM	Comp. Rule 31.21 compliant	2022*
VI	Da Nang	Da Nang International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
VI	Da Nang	Da Nang International Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
VI	Dong Van, Ha Giang Province	Ha Giang 10KM	10KM	Comp. Rule 31.21 compliant	2022*
VI	Dong Van, Ha Giang Province	Ha Giang Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
VI	Dong Van, Ha Giang Province	Ha Giang Marathon	Marathon	Comp. Rule 31.21 compliant	2022*
VI	Ha Long City	Techcombank Ho Chi Minh City International Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
VI	Ha Long City	Ha Long Bay 10KM	10KM	Comp. Rule 31.21 compliant	2022*
VI	Ha Long City	Ha Long Bay 5KM	5KM	Comp. Rule 31.21 compliant	2022*
VI	Ha Long City	Ha Long Bay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022*
VI	Ha Long City	Ha Long Bay Marathon	Marathon	Comp. Rule 31.21 compliant	2023
VI	Ha Long City	VNExpress Marathon Amazing Ha Long - 10KM	10KM	Comp. Rule 31.21 compliant	2026
VI	Ha Long City	VNExpress Marathon Amazing Ha Long - 5KM	5KM	Comp. Rule 31.21 compliant	2026
VI	Ha Long City	VNExpress Marathon Amazing Ha Long - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
VI	Ha Long City	VNExpress Marathon Amazing Ha Long - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Hanoi	Techcombank Ha No 10KM	10KM	Comp. Rule 31.21 compliant	2026
VI	Hanoi	Techcombank Ha No 5KM	5KM	Comp. Rule 31.21 compliant	2026
VI	Hanoi	Techcombank Ha No Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
VI	Hanoi	Techcombank Ha No Marathon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Hanoi	Vietnam International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
VI	Hanoi	Vietnam International Half Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2027
VI	Hanoi	Vietnam International Half Marathon - 5KM	5KM	Comp. Rule 31.21 compliant	2027
VI	Hanoi	VNExpress Hanoi Midnight Marathon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Hanoi	VNExpress Hanoi Midnight Marathon - 5KM	5KM	Comp. Rule 31.21 compliant	2026
VI	Hanoi	VNExpress Hanoi Midnight Marathon - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
VI	Ho Chi Minh City	VNExpress Ho Chi Minh Midnight Marathon	Marathon	Comp. Rule 31.21 compliant	2027
VI	Ho Chi Minh City	VNExpress Ho Chi Minh Midnight Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2027
VI	Ho Chi Minh City	VNExpress Ho Chi Minh Midnight Marathon - 5KM	5KM	Comp. Rule 31.21 compliant	2027
VI	Ho Chi Minh City	VNExpress Ho Chi Minh Midnight Marathon - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
VI	Hue	VNExpress Marathon Imperial Hue - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
VI	Hue	VNExpress Marathon Imperial Hue - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Longbin	Longbin 10KM	10KM	Comp. Rule 31.21 compliant	2026
VI	Longbin	Longbin 5KM	5KM	Comp. Rule 31.21 compliant	2022*
VI	Longbin	Longbin Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
VI	Longbin	Longbin Marathon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Nha Trang	VNExpress Marathon Marvelous Nha Trang - 10KM	10KM	Comp. Rule 31.21 compliant	2026
VI	Nha Trang	VNExpress Marathon Marvelous Nha Trang - 5KM	5KM	Comp. Rule 31.21 compliant	2026
VI	Nha Trang	VNExpress Marathon Marvelous Nha Trang - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
VI	Nha Trang	VNExpress Marathon Marvelous Nha Trang - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Phu Quoc Island	Phu Quoc Wow 10KM	10KM	Comp. Rule 31.21 compliant	2024
VI	Phu Quoc Island	Phu Quoc Wow 5KM	5KM	Comp. Rule 31.21 compliant	2024
VI	Phu Quoc Island	Phu Quoc Wow Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
VI	Phu Quoc Island	Phu Quoc Wow Marathon	Marathon	Comp. Rule 31.21 compliant	2024
VI	Quang Nhon	VNExpress 10KM	10KM	Comp. Rule 31.21 compliant	2023
VI	Quang Nhon	VNExpress 5KM	5KM	Comp. Rule 31.21 compliant	2023
VI	Quang Nhon	VNExpress Half Marathon Quang Nhon	Half Marathon	Comp. Rule 31.21 compliant	2023
VI	Quang Nhon	VNExpress Marathon Quang Nhon	Marathon	Comp. Rule 31.21 compliant	2023
VI	Quang Nhon	VNExpress Marathon Sparking Quang Nhon	Marathon	Comp. Rule 31.21 compliant	2026
VI	Quang Nhon	VNExpress Marathon Sparking Quang Nhon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
VI	Quang Nhon	VNExpress Marathon Sparking Quang Nhon - 5KM	5KM	Comp. Rule 31.21 compliant	2026
VI	Quang Nhon	VNExpress Marathon Sparking Quang Nhon - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ZAM	Lusaka	Lusaka Fitness Squad ABSA 10KM	10KM	Comp. Rule 31.21 compliant	2027
ZAM	Lusaka	Lusaka Fitness Squad ABSA Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ZAM	Lusaka	Lusaka Fitness Squad ABSA Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ZAM	Lusaka	Lusaka Fitness Squad Kenneth Kaunda 10KM	10KM	Comp. Rule 31.21 compliant	2027
ZAM	Lusaka	Lusaka Fitness Squad Kenneth Kaunda Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ZAM	Lusaka	Lusaka Fitness Squad Kenneth Kaunda Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ZAM	Solwezi	Kansanshi 10KM	10KM	Comp. Rule 31.21 compliant	2027
ZAM	Solwezi	Kansanshi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
ZAM	Solwezi	Kansanshi Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ZIM	Victoria Falls	Econet Victoria Falls Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ZIM	Victoria Falls	Econet Victoria Falls Marathon	Marathon	Comp. Rule 31.21 compliant	2026