



WORLD ATHLETICS
CROSS COUNTRY
CHAMPIONSHIPS
BATHURST 23



WXC BATHURST 23

OFFICIAL PROGRAM

We acknowledge the Wiradjuri people on
whose Traditional Lands the World
Athletics Cross Country Championships
Bathurst 23 will be hosted, and pay our
respects to Elders past and present.
We extend that respect to all Aboriginal
and Torres Strait Islander peoples.



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PRESIDENT'S WELCOME

I am pleased to welcome you all to the 44th edition of the World Athletics Cross Country Championships here in Bathurst, Australia.

I know I speak for all of us in the international athletics community when I say that we are thrilled to be back in Australia for the first World Athletics Series event to be held here in 25 years. In fact, this the first time the Cross Country Championships are being held in Australia, and only the second time they are being held in Oceania, following the 1988 edition in Auckland, New Zealand.

The Cross Country Championships is the oldest World Athletics Series event on the calendar. Indeed, it was first held in 1903, as the International Cross Country Championships before World Athletics (formerly the IAAF) was founded.

This event has always been close to my heart. Growing up on the cross country circuit, I have often said that cross country racing laid the foundation for everything I have achieved as an athlete. It is the great equalizer, an event where athletes specialising in the middle and long-distance both stand a chance of taking home top prize – it is truly anyone's race!

Two countries have dominated these championships for the last four decades. Between them, Ethiopia and Kenya have won every women's team medal since 1995. In fact, only once in the last 40 years has the men's team medal gone to anyone else.

This year, over 500 athletes from more than 60 countries, including the Athlete Refugee Team, will descend on Mount Panorama to participate in the elite event. Five cross country races will be held on 18 February at the foot of this storied mountain in what will



undoubtedly be a sensational afternoon of distance running. In addition to the World Championships races, hordes of cross country enthusiasts are set to take part in the mass participation events that have been organised in parallel to the Championships, and that will allow athletes of all levels to run along the same course as the elites.

I hope these mass participation events will help to raise the profile of distance running in the region as we continually look for new and innovative ways to expand the reach of our sport and increase participation across all corners of the globe.

I would like to thank the Local Organising Committee, the City of Bathurst, the Government of New South Wales, Destination NSW, Athletics Australia and World Athletics' Official Partners and Suppliers for their contribution to the running of these championships.

I offer my very best wishes to all athletes, coaches, officials, volunteers, and of course our loyal fans for the most successful and enjoyable championships.

With kind regards,

Sebastian Coe,
President, World Athletics

MINISTER'S WELCOME



I am delighted to welcome you to Bathurst for the World Athletics Cross Country Championships 23, proudly supported by the NSW Government through its tourism and major events agency, Destination NSW.

Bathurst is known for adrenaline-fuelled sporting achievements, and the World Athletics Cross Country Championships will be right at home at Mount Panorama. Bathurst will be host to more than 500 athletes competing from more than 60 nations.

This event forms part of the NSW Government's 10 World Cups in 10 Years strategy through which we have secured the top international sporting events for our state to drive visitation and provide a major boost for the many businesses engaged in our visitor economy.

Events like these are key to the vitality of our regional centres, attracting thousands of athletes, officials and spectators who stay in our hotels, visit our attractions and spend locally.

Aside from the on-course action, there is plenty of entertainment and activities around the precinct for the whole family to enjoy. I encourage you to take some time away from the track to discover the many great attractions of Bathurst and the Central West from spectacular limestone caves, stunning heritage listed buildings, scenic natural surroundings and charming historic villages.

I wish all competitors the very best of luck and hope visitors enjoy all the action and the warm hospitality of this beautiful part of NSW.

The Hon. Ben Franklin MLC
Minister for Tourism





LOC CO-CHAIR WELCOME

It is with great excitement that we welcome the world to the long-awaited World Athletics Cross Country Championships 23 in Bathurst, New South Wales after two postponements.

Cross country is a much-loved discipline in Australia. Cross country competition takes place at both primary and secondary school levels across Australia and sees tens of thousands of children compete at school, zone, regional and national championships every year. At an elite level, we proudly boast our very own World Athletics Cross Country champion in Benita Willis, who claimed the title in Brussels in 2004. The legendary Steve Moneghetti sits on the all-time list of most appearances, having competed in eleven World Athletics Cross Country Championships between 1985 and 2004

WXC Bathurst 23 will feature the highest quality field of more than 500 athletes drawn from more than 60 Member Federations. We are particularly delighted to have strong representation by athletes from our Oceania neighbours and acknowledge the important role played by the Oceania Athletics Association in promoting the event in our region. This event will lay the foundation for the further development of cross country across Oceania as we showcase the sport on a whole new level in the region and create aspiration among the region's athletes to compete on the world stage.

In a world first, the WXC Bathurst 23 programme includes the inaugural edition of the World Masters Athletics Short Course Cross Country Championships as part of our comprehensive mass participation program and we thank World Masters Athletics for enabling this concept to be realised.

Another exciting innovation in our programming is the Golden Ticket participation events, which give the first seven runners across the line the opportunity to participate in the Open and Under 20 championship races 30 hours later.

Staging this event in New South Wales would not have been possible without the profound support of the New South Wales Government through Destination NSW, Regional NSW and the Office of Sport.

The setting for this event – Bathurst - is one of Australia's oldest regional towns with a rich Indigenous history. We are very grateful for the support we have received from the Bathurst Regional Council and the welcoming community of Bathurst.

We thank World Athletics for entrusting us with the staging of this event and for guiding our planning over the last four years. And we are grateful to have benefited from the wisdom and hard work of many experienced individuals from the Athletics family throughout Australia and Oceania.

We invite all athletes, coaches, officials, partners, participants and guests to enjoy some laid-back Australian hospitality, exemplified by the friendly nature of our volunteers.

Our kind regards,

Jill Davies and Matt Whitbread

**Co-Chairs of the Local Organising
Committee**

WORLD ATHLETICS COUNCIL MEMBERS



| | |
|------------------------------|---|
| PRESIDENT | Sebastian CEO (GBR) |
| SENIOR VICE PRESIDENT | Sergey BUBKA (UKR) |
| VICE PRESIDENTS | Geoff GARDNER (NFI) Nawaf AL SAUD (KSA) Ximena RESTREPO (COL) |
| COUNCIL MEMBERS | Valerie ADAMS (NZL) Dahlan Jumaan AL HAMAD (QAT) Beatrice AYIKORU (UGA) William BANKS (USA) Sylvia BARLAG (NED) Raul CHAPADO (ESP) Nawal EL MOUTAWAKEL (MAR) Robin Sapong EUGENIO (NMI) Helio Marinho GESTA DE MELO (BRA) Abby HOFFMAN (CAN) Alberto JUANTORENA DANGER (CUB) Hamad KALKABA MALBOUM (CMR) Dobromir KARAMARINOV (BUL) Renaud LAVILLENIE (FRA) Antti PHILAKOSKI (FIN) Anna RICCARDI (ITA) Mike SANDS (BAH) Adille J SUMARIWALLA (IND) Nan WANG (CHN) Hiroshi YOKOKAWA (JPN) |

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LOCAL ORGANISING COMMITTEE



**WORLD ATHLETICS
CROSS COUNTRY
CHAMPIONSHIPS
BATHURST 23**

The Local Organising Committee for the World Athletics Cross Country Championships Bathurst 23 comprises a talented team of board members and management with significant major event experience across Olympic Games, Commonwealth Games, World Athletics Cross Country Championships and major mass participation events.



MATTHEW WHITBREAD
CO-CHAIR



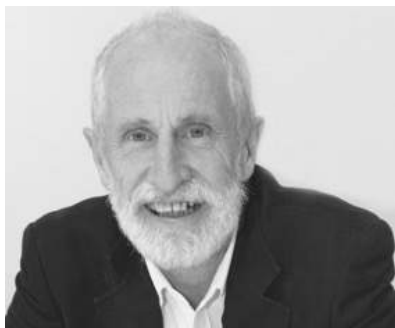
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CO-CHAIR



SHAUN CREIGHTON
DIRECTOR



STEVE MONEGHETTI
DIRECTOR



CHRIS WARDLAW
DIRECTOR



AARON JONES
DIRECTOR



PETER BROMLEY
CEO, ATHLETICS AUSTRALIA



BRIAN ROE
COMPANY SECRETARY



NATHAN REES
DIRECTOR

COMPETITION TIMETABLE

SATURDAY FEBRUARY 18, 2023 | Times are AEDT

| | | |
|------|---|------|
| 1500 | Opening Ceremony and Welcome to Country | - |
| 1530 | Mixed Relay World Championship | 8km |
| 1610 | Under 20 Women World Championship | 6km |
| 1650 | Under 20 Men World Championship | 8km |
| 1730 | Senior Women World Championship | 10km |
| 1830 | Senior Men World Championship | 10km |
| 1910 | Medal Ceremonies | - |

WORLD ATHLETICS COMPETITION DELEGATES

| | |
|--------------------|--------------------------|
| TECHNICAL DELEGATE | Khan SHARP (AUS) |
| PRESS DELEGATE | Zacharias VAILAKIS (GRE) |
| MEDICAL DELEGATE | Paolo Emilio ADAMI (ITA) |
| ANT-DOPING | Richard Driscoll (GBR) |
| JURY OF APPEAL | Beatrice AYIKORU (UGA) |
| | Anne LORD (AUS) |
| | Trevor SPITTLE (NZL) |



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WORLD ATHLETICS MEMBER FEDERATIONS

| COUNTRY | CODE | NAME | AREA |
|------------------------------|------|--|------------|
| Afghanistan | AFG | Afghanistan Athletic Federation | AAA |
| Albania | ALB | Albanian Athletics Federation | EA |
| Algeria | ALG | Fédération Algérienne d'Athlétisme | CAA |
| American Samoa | ASA | American Samoa Track & Field Association | OAA |
| Andorra | AND | Federacio Andorrana d'Atletisme | EA |
| Angola | ANG | Federacao Angolana de Atletismo | CAA |
| Anguilla | AIA | Anguilla Amateur Athletic Association | NACAC |
| Antigua & Barbuda | ANT | Athletic Association of Antigua & Barbuda | NACAC |
| Argentina | ARG | Confederacion Argentina de Atletismo | CONSUDATLE |
| Armenia | ARM | Armenian Athletic Federation | EA |
| Aruba | ARU | Arubaanse Atletiek Bond | NACAC |
| Australia | AUS | Athletics Australia | OAA |
| Austria | AUT | Osterreichischer Leichtathletik-Verband | EA |
| Azerbaijan | AZE | Azerbaijan Athletics Federation | EA |
| Bahamas, The * | BAH | Bahamas Association of Athletic Associations | NACAC |
| Bahrain | BRN | Bahrain Athletics Association | AAA |
| Bangladesh | BAN | Bangladesh Athletic Federation | AAA |
| Barbados | BAR | Athletics Association of Barbados | NACAC |
| Belarus | BLR | Belarus Athletic Federation | EA |
| Belgium | BEL | Ligue Royale Belge d'Athlétisme | EA |
| Belize | BIZ | Belize Athletics Association | NACAC |
| Benin | BEN | Fédération Béninoise d'Athlétisme | CAA |
| Bermuda | BER | Bermuda National Athletics Association | NACAC |
| Bhutan | BHU | Bhutan Amateur Athletic Federation | AAA |
| Bolivia | BOL | Federacion Atletica de Bolivia | CONSUDATLE |
| Bosnia & Herzegovina | BIH | Athletic Federation of Bosnia & Herzegovina | EA |
| Botswana | BOT | Botswana Athletics Association | CAA |
| Brazil | BRA | Confederação Brasileira de Atletismo | CONSUDATLE |
| British Virgin Islands | IVB | British Virgin Islands Athletics Association | NACAC |
| Brunei | BRU | Brunei Darussalam Athletics Federation | AAA |
| Bulgaria | BUL | Bulgarian Athletic Federation | EA |
| Burkina Faso | BUR | Fédération Burkinabe d'Athlétisme | CAA |
| Burundi | BDI | Fédération d'Athlétisme du Burundi | CAA |
| Cabo Verde | CPV | Federação Caboverdiana de Atletismo | CAA |
| Cambodia | CAM | Khmer Amateur Athletics Federation | AAA |
| Cameroon | CMR | Fédération Camerounaise d'Athlétisme | CAA |
| Canada | CAN | Athletics Canada | NACAC |
| Cayman Islands | CAY | Cayman Islands Athletic Association | NACAC |
| Central African Republic | CAF | Fédération Centrafricaine d'Athlétisme | CAA |
| Chad | CHA | Federation Tchadienne d'Athletisme | CAA |
| Chile | CHI | Federacion Atletica de Chile | CONSUDATLE |
| China (People's Republic of) | CHN | Chinese Athletic Association | AAA |
| Colombia | COL | Federacion Colombiana de Atletismo | CONSUDATLE |

| COUNTRY | CODE | NAME | AREA |
|------------------------------------|------|--|------------|
| Comoros | COM | Fédération Comorienne d'Athlétisme | CAA |
| Congo | CGO | Fédération Congolaise d'Athlétisme | CAA |
| Congo (Democratic Republic of the) | COD | Fédération d'Athlétisme du Congo | CAA |
| Cook Islands | COK | Athletics Cook Islands Inc. | OAA |
| Costa Rica | CRC | Federacion Costarricense de Atletismo | NACAC |
| Cote d'Ivoire | CIV | Fédération Ivoirienne d'Athlétisme | CAA |
| Croatia | CRO | Croatian Athletics Federation | EA |
| Cuba | CUB | Federacion Cubana de Atletismo | NACAC |
| Cyprus | CYP | The Amateur Athletic Association of Cyprus | EA |
| Czech Republic | CZE | Czech Athletic Federation | EA |
| Denmark | DEN | Dansk Atletik Forbund | EA |
| Djibouti | DJI | Fédération Djiboutienne d'Athlétisme | CAA |
| Dominica | DMA | Dominica Amateur Athletics Association | NACAC |
| Dominican Repuplic | DOM | Federacion Dominicana de Asociaciones de Atletismo | NACAC |
| Ecuador | ECU | Federacion Ecuatoriana de Atletismo | CONSUDATLE |
| Egypt | EGY | Egyptian Athletic Federation | CAA |
| El Salvador | ESA | Federacion Salvadoreña de Atletismo | NACAC |
| Equatorial Guinea | GEQ | Federacion Ecuatoguineana de Atletismo | CAA |
| Eritrea | ERI | Eritrean National Athletics Federation | CAA |
| Estonia | EST | Estonian Athletic Association | EA |
| Eswatini | SWZ | Athletics Eswatini | CAA |
| Ethiopia | ETH | Ethiopian Athletic Federation | CAA |
| Fiji | FIJ | Athletics Fiji | OAA |
| Finland | FIN | Suomen Urheiluliitto RY | EA |
| France | FRA | Fédération Française d'Athlétisme | EA |
| French Polynesia | PYF | Fédération d'Athlétisme de Polynésie Française | OAA |
| Gabon | GAB | Fédération Gabonaise d'Athlétisme | CAA |
| Gambia, The * | GAM | The Gambia Athletics Association | CAA |
| Georgia | GEO | Athletic Federation of Georgia | EA |
| Germany | GER | Deutscher Leichtathletik Verband | EA |
| Ghana | GHA | Ghana Athletics Association | CAA |
| Gibraltar | GIB | Gibraltar Amateur Athletic Association | EA |
| Great Britain & Northern Ireland | GBR | UK Athletics | EA |
| Greece | GRE | Association Hellénique d'Athlétisme Amateur | EA |
| Grenada | GRN | Grenada Athletic Association | NACAC |
| Guam | GUM | Guam Track and Field Association | OAA |
| Guatemala | GUA | Federacion Nacional de Atletismo de Guatemala | NACAC |
| Guinea | GUI | Fédération Guinéenne d'Athlétisme | CAA |
| Guinea-Bissau | GBS | Federacao de Atletismo da Guinea-Bissau | CAA |
| Guyana | GUY | Athletics Association of Guyana | CONSUDATLE |
| Haiti | HAI | Fédération Haitienne d'Athlétisme Amateur | NACAC |
| Honduras | HON | FENHATLE | NACAC |
| Hong Kong, China | HKG | Hong Kong Amateur Athletic Association | AAA |
| Hungary | HUN | Hungarian Athletics Association | EA |
| Iceland | ISL | Icelandic Athletic Federation | EA |
| India | IND | Athletics Federation of India | AAA |
| Indonesia | INA | Indonesian Athletics Federation | AAA |
| Iran | IRI | Athletic Federation of Islamic Republic of Iran | AAA |
| Iraq | IRQ | Iraqi Athletics Federation | AAA |
| Ireland | IRL | Athletic Association of Ireland | EA |
| Israel | ISR | Israeli Athletic Association | EA |
| Italy | ITA | Federazione Italiana di Atletica Leggera | EA |
| Jamaica | JAM | Jamaica Athletics Administrative Association | NACAC |
| Japan | JPN | Japan Association of Athletics Federations | AAA |
| Jordan | JOR | Jordan Athletics Federation | AAA |

| COUNTRY | CODE | NAME | AREA |
|---|------|---|------------|
| Kazakhstan | KAZ | Athletic Federation of the Republic of Kazakhstan | AAA |
| Kenya | KEN | Athletics Kenya | CAA |
| Kiribati (Republic of) | KIR | Kiribati Athletics Association | OAA |
| Korea | KOR | Korea Association of Athletics Federations | AAA |
| Korea (Democratic People's Republic of) | PRK | Amateur Athletic Association of DPR of Korea | AAA |
| Kosovo | KOS | Kosovo Athletic Federation | EA |
| Kuwait | KUW | Kuwait Athletics Federation | AAA |
| Kyrgyzstan | KGZ | Athletics Federation of Kyrgyz Republic | AAA |
| Laos | LAO | Laos Amateur Athletic Federation | AAA |
| Latvia | LAT | Latvian Athletics Association | EA |
| Lebanon | LBN | Fédération Libanaise d'Athlétisme | AAA |
| Lesotho | LES | Lesotho Amateur Athletics Association | CAA |
| Liberia | LBR | Liberia Athletics Federation | CAA |
| Libya | LBA | Libyan Athletics Federation | CAA |
| Liechtenstein | LIE | Liechtensteiner Leichtathletik Verband | EA |
| Lithuania | LTU | Athletic Federation of Lithuania | EA |
| Luxembourg | LUX | Fédération Luxembourgeoise d'Athlétisme | EA |
| Macao, China | MAC | Associação de Atletismo de Macau | AAA |
| North Macedonia | MKD | Athletic Federation of Macedonia | EA |
| Madagascar | MAD | Federation Malagasy d'Athletisme | CAA |
| Malawi | MAW | Athletics Association of Malawi | CAA |
| Malaysia | MAS | Malaysia Athletic Federation | AAA |
| Maldives | MDV | Athletics Association of Maldives | AAA |
| Mali | MLI | Fédération Malienne d'Athlétisme | CAA |
| Malta | MLT | Malta Amateur Athletic Association | EA |
| Marshall Islands | MHL | Marshall Islands Athletics Federation | OAA |
| Mauritania | MTN | Fédération d'Athlétisme R.I Mauritanie | CAA |
| Mauritius | MRI | Mauritius Athletics Association | CAA |
| Mexico | MEX | Federación Mexicana de Asociaciones de Atletismo, A.C | NACAC |
| Micronesia (Federated States of) | FSM | Federated States of Micronesia Athletic Association | OAA |
| Moldova | MDA | Federatia de Atletism din Republica Moldova | EA |
| Monaco | MON | Fédération Monégasque d'Athlétisme | EA |
| Mongolia | MGL | Mongolian Athletic Federation | AAA |
| Montenegro | MNE | Athletic Federation of Montenegro | EA |
| Montserrat | MNT | Montserrat Amateur Athletic Association | NACAC |
| Morocco | MAR | Fédération Royale Marocaine d'Athlétisme | CAA |
| Mozambique | MOZ | Federação Moçambicana de Atletismo | CAA |
| Myanmar | MYA | Myanmar Track & Field Federation | AAA |
| Namibia | NAM | Athletics Namibia | CAA |
| Nauru (Republic of) | NRU | Nauru Athletics Association | OAA |
| Nepal | NEP | Nepal Athletics Association | AAA |
| Netherlands | NED | Royal Dutch Athletics Federation | EA |
| New Zealand | NZL | Athletics New Zealand | OAA |
| Nicaragua | NCA | Federacion Nicaragüense de Atletismo | NACAC |
| Niger | NIG | Fédération Nigerienne d'Athlétisme | CAA |
| Nigeria | NGR | Athletic Federation of Nigeria | CAA |
| Norfolk Island | NFI | Athletics Norfolk Island | OAA |
| Northern Mariana Islands | NMI | Northern Marianas Athletics | OAA |
| Norway | NOR | Norwegian Athletics Federation | EA |
| Oman | OMA | Oman Athletic Association | AAA |
| Pakistan | PAK | Athletics Federation of Pakistan | AAA |
| Palau (Republic of) | PLW | Palau Track and Field Association | OAA |
| Palestine | PLE | Palestine Athletic Federation | AAA |
| Panama | PAN | Federacion Panameña de Atletismo | CONSUDATLE |
| Papua New Guinea | PNG | Athletics Papua New Guinea | OAA |
| Paraguay | PAR | Federacion Paraguaya de Atletismo | CONSUDATLE |
| Peru | PER | Federacion Peruana de Atletismo | CONSUDATLE |
| Philippines | PHI | Philippine Athletics Track & Field Association | AAA |

| COUNTRY | CODE | NAME | AREA |
|--------------------------------|------|--|------------|
| Poland | POL | Polish Athletics Association | EA |
| Portugal | POR | Federação Portuguesa de Atletismo | EA |
| Puerto Rico | PUR | Federacion de Atletismo de Puerto Rico | NACAC |
| Qatar | QAT | Qatar Athletics Federation | AAA |
| Romania | ROU | Federatia Romana de Atletism | EA |
| Russia | RUS | Russian Athletic Federation | EA |
| Rwanda | RWA | Fédération Rwandaise d'Athlétisme | CAA |
| Saint Kitts & Nevis | SKN | Saint Kitts & Nevis Amateur Athletic Association | NACAC |
| Saint Lucia | LCA | Saint Lucia Athletics Association | NACAC |
| Saint Vincent & the Grenadines | VIN | Team Athletics Saint Vincent & The Grenadines | NACAC |
| Samoa | SAM | Athletics Samoa | OAA |
| San Marino | SMR | Federazione Sammarinese Atletica Leggera | EA |
| Sao Tomé e Príncipe | STP | Federação Santomense de Atletismo | CAA |
| Saudi Arabia | KSA | Saudi Arabian Athletics Federation | AAA |
| Senegal | SEN | Fédération Sénégalaise d'Athlétisme | CAA |
| Serbia | SRB | Athletic Federation of Serbia | EA |
| Seychelles | SEY | Seychelles Athletics Federation | CAA |
| Sierra Leone | SLE | Sierra Leone Amateur Athletic Association | CAA |
| Singapore | SGP | Singapore Athletic Association | AAA |
| Slovakia | SVK | Slovak Athletic Federation | EA |
| Slovenia | SLO | Slovenian Athletics Association | EA |
| Solomon Islands | SOL | Athletic Solomons | OAA |
| Somalia | SOM | Somali Athletics Federation | CAA |
| South Africa | RSA | Athletics South Africa | CAA |
| South Sudan | SSD | South Sudan Athletics Federation | CAA |
| Spain | ESP | Real Federacion Española de Atletismo | EA |
| Sri Lanka | SRI | Athletic Association of Sri Lanka | AAA |
| Sudan | SUD | Sudan Athletic Association | CAA |
| Suriname | SUR | Surinaamse Athletiek Bond | CONSUDATLE |
| Sweden | SWE | Swedish Athletic Association | EA |
| Switzerland | SUI | Schweizerischer Leichtathletik-Verband | EA |
| Syria | SYR | Syrian Arab Athletic Federation | AAA |
| Taipei, China | TPE | Chinese Taipei Athletics Association | AAA |
| Tajikistan | TJK | Athletics Federation of the Republic of Tajikistan | AAA |
| Tanzania | TAN | Athletics Tanzania | CAA |
| Thailand | THA | Athletic Association of Thailand | AAA |
| Timor-Leste | TLS | Federação Timor-Leste de Atletismo | AAA |
| Togo | TOG | Fédération Togolaise d'Athlétisme | CAA |
| Tonga | TGA | Tonga Athletic Association | OAA |
| Trinidad & Tobago | TTO | Nat'l Association of Athletics Admin. of Trinidad & Tobago | NACAC |
| Tunisia | TUN | Fédération Tunisienne d'Athlétisme | CAA |
| Turkey | TUR | Turkish Athletic Federation | EA |
| Turkmenistan | TKM | Amateur Athletic Federation of Turkmenistan | AAA |
| Turks & Caicos Islands | TKS | Turks & Caicos Islands Amateur Athletic Association | NACAC |
| Tuvalu | TUV | Tuvalu Athletics Association | OAA |
| Uganda | UGA | Uganda Athletics Federation | CAA |
| Ukraine | UKR | Ukrainian Athletic Federation | EA |
| United Arab Emirates | UAE | UAE Athletics Federation | AAA |
| United States of America | USA | USA Track & Field | NACAC |
| Uruguay | URU | Confederacion Atletica del Uruguay | CONSUDATLE |
| Uzbekistan | UZB | The Athletic Federation of Uzbekistan | AAA |
| Vanuatu | VAN | Athletics Vanuatu | OAA |
| Venezuela | VEN | Federacion Venezolana de Atletismo | CONSUDATLE |
| Vietnam | VIE | Vietnam Athletics Federation | AAA |
| Virgin Islands (US) | ISV | Virgin Islands Track & Field Federation | NACAC |
| Yemen | YEM | Yemen Athletics Federation | AAA |
| Zambia | ZAM | Zambia Amateur Athletic Association | CAA |
| Zimbabwe | ZIM | National Athletic Association of Zimbabwe | CAA |

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PIT STRAIGHT

Mount Panorama Pit Building Complex

Warm-Up

The Chicane

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FINISH

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Management,
VIP and
Media Zone



Toilets

VIP

Fan Zone

Bondi Beach

The Boomerang

Through the Vines

The Billabong

MOUNTAIN STRAIGHT

CONROD STRAIGHT

MOUNT
PANORAMA,
(WAHLUU)
BATHURST:
AN ICON OF
AUSTRALIAN
SPORT



BATHURST, NEW SOUTH WALES

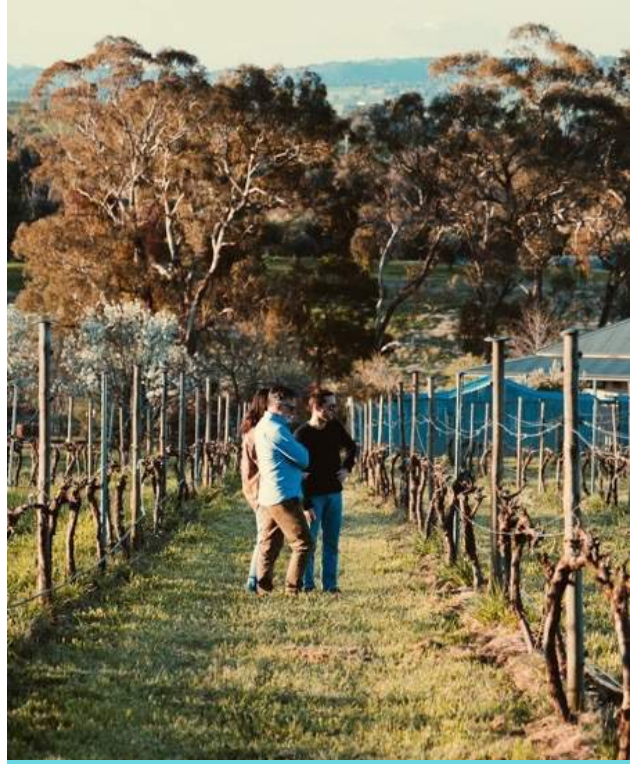
Bathurst is Australia's first inland colonial settlement, and the stories of Bathurst's history and culture come alive on the city's streets.

See them on the walls of Bathurst Regional Art Gallery, taste them at the tables of the city's thriving dining scene, or create new stories with Bathurst's performing arts and sports communities. And outside the city, explore green rolling hills, picturesque vineyards and caves fit for an adventure.

HERITAGE AND CULTURE

The vast plains of the Central Tablelands are home to thousands of years of Wiradjuri history, and more than 200 years of colonial history, with Bathurst being settled in 1815 then quickly becoming a base for gold rush adventurers.

Heritage architecture can be seen throughout Bathurst's leafy streets. Book a visit to Abercrombie House, for an immersive example of Victorian Tudor architecture. To be transported back to the gold rush era, nearby Hills End and Sofala are full of stories. Bathurst Regional Art Gallery is one of the most celebrated regional galleries in the state. For something more interactive, duck into Miss Trail's House, a Victorian style cottage hosting Murder at the Speakeasy, half-play, and half-murder mystery the audience needs to solve.



OUTDOORS

Bathurst is famous for motor sports, but that's just one of the city's pastimes. Bathurst Gliding provides lightweight, no-engine airplanes for the young and old to slowly drift through the country sky. Cyclers can link up with the local riding community through Central West Tours and Escapalicious, or, if you BYO'd, explore many of the region's easy-to-insane routes through vineyards and manicured farmland. Just an hour outside of Bathurst lies Abercrombie Karst Conservation Reserve, home to an epic network of gnarled caves.

EAT AND DRINK

Church Bar, a pizza-slinging diner set in an old church, is a casual option, while Vine and Tap is more upmarket Italian. Look to Hub or Harvest for coffee or longer brunch option. Outside Bathurst it's all about the region's cool climate wines, check out Vale Creek Wines for a range of Italian reds.

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LETESENBET GIDEY

ETHIOPIA

D.O.B: 20 March 1998

Coach: Haile Eyasu

Letesenbet Gidey may have become one of the world's best athletes, but early in her career, she was a very reluctant competitor. So much so that in 2011 she was expelled from school for refusing to run in physical education classes.

"I really did not like racing," she said, recalling her 13-year-old self. "I brought my parents to school to talk to the headmaster with the hope of getting reinstated. He agreed to reinstate me only if I ran for the school."

That headmaster deserves at least a modicum of credit for the career trajectory of the Ethiopian distance running star, because if any reluctance remained, Gidey hid it well.

Born in Endameskel in the Tigray region of northern Ethiopia, Gidey – the fourth child in a family of two brothers and two sisters – grew up on her family's farm looking to initially pursue academic interests. But after getting drawn to the sport in an unorthodox fashion, she started to think that it could be her calling in life.

After working her way into the national ranks, Gidey's global breakthrough came in 2015 when she led an Ethiopian U20 medal sweep at the World Cross Country Championships in Guiyang. Two years later, she successfully defended that title in Kampala.



She performed admirably on the track in her international debut, finishing fourth in the 3000m at the 2015 World U18 Championships, and her steady rise continued. In 2018, her first season in the senior ranks, she improved to 8:30.96 and 14:23.14 in the 3000m and 5000m, respectively.

She returned to the global spotlight in 2019. In the March she raced to bronze at the World Cross Country Championships in Aarhus and improved by a spot in Doha, where she took 10,000m silver at the World Championships. She then capped the year with a 44:20 world best over 15km in Nijmegen.

The Covid-19 pandemic, coupled with the ongoing conflict in Tigray, made it difficult for Gidey to travel outside of Ethiopia in 2020, but she managed two competitive appearances. The second of those was her stunning 14:06.62 world 5km record in Valencia, where she improved the previous mark by almost five seconds.

Another record was to fall the following year. Racing in Hengelo in June 2021, Gidey added the world 10,000m record to her CV, clocking 29:01.03 to improve a mark that had been set by Sifan Hassan on the same track just two days earlier. Gidey went on to claim her first Olympic medal in Tokyo in the August, claiming 10,000m bronze in a race won by Hassan.

Then, in the October, the Ethiopian capped her year by smashing the world half marathon record in Valencia, taking 70 seconds off the previous record with a remarkable 1:02:52.

Gidey won her first senior individual world title in 2022, clocking 30:09.94 to get 10,000m gold in Oregon, and then she further impressed on the roads, running 2:16:49 back in Valencia for the fastest ever women's marathon debut.

A great talent across all surfaces, in Bathurst the 24-year-old returns to the terrain on which she first really made her mark, seeking more global success.



JOSHUA CHEPTEGEI

UGANDA

D.O.B: 12 September 1996

Coach: Addy Ruiter

Joshua Cheptegei's star has risen to unprecedented heights since his international debut in the U20 race at the 2014 African Cross Country Championships on home soil in Kampala. He finished a distant seventh there, 42 seconds behind the winner.

But his successful follow-up soon after, a victory at the World University Cross Country Championships, captured the attention of Dutch manager Jurrie van der Velden, who brought Cheptegei to race Geoffrey Kamworor at the TCS World 10K in Bangalore. Cheptegei finished second to Kamworor, who just seven weeks prior had won the world half marathon title. "We realised then he was special," said Van der Velden.

Cheptegei won the world U20 10,000m title in Eugene in the July and the following year he finished ninth in the 25-lap event when making his senior championships debut in Beijing.

His improvement continued and in 2016 he finished eighth in the 5000m and sixth in the 10,000m at the Olympic Games in Rio.

Ahead of the World Cross Country Championships in Kampala at the start of 2017, both Cheptegei and his coach Addy Ruiter felt confident that he would deliver gold on home soil. For much of the race he looked to be on course as he built a huge lead, but then Cheptegei's body shut down in the hot and humid conditions and he jogged across the line in 30th place.



The experience had a profound effect on Cheptegei. Once he overcame the disappointment, his memories of the event helped to fuel his motivation. Little more than four months later at the World Championships in London, he claimed 10,000m silver behind Britain's Mo Farah.

A knee injury cut short Cheptegei's 2018 campaign, but he still managed to win the 5000m and 10,000m double at the Commonwealth Games earlier in the year. He returned to full fitness and set a world 15km best of 41:05 in Nijmegen.

In 2019 he returned to the World Cross Country Championships a far stronger athlete – mentally and physically. Cheptegei was one of the few elite athletes to travel to Aarhus long before the event, so on the weekend itself nothing about its absurdly steep inclines took him by surprise.

Cheptegei came home four seconds clear of compatriot Jacob Kiplimo to strike gold, becoming the first Ugandan man to win a senior global title in athletics.

Later that year he won world 10,000m gold in Doha and ended his momentous 2019 campaign with a world 10km record of 26:38 in Valencia.

Starting 2020 where he left off, Cheptegei scorched to a world 5km record of 12:51 in Monaco. While major events were hit by postponements, Cheptegei focused on a new target: breaking the world 5000m record. He achieved that goal in his first track race of the year, clocking 12:35.36 in Monaco.

Less than two months later, he was back in Valencia and claimed the world record in the 10,000m, running 26:11.00.

Then it was back to winning medals. The following year at the Olympic Games in Tokyo, Cheptegei claimed silver in the 10,000m and returned eight days later to gain 5000m gold.

His most recent global victory came at the World Athletics Championships Oregon22, where the 26-year-old retained his 10,000m title.

Now Cheptegei heads to Bathurst looking for another successful title defence, to further cement his status among the all-time greats.



ROSE DAVIES

AUSTRALIA

D.O.B: 21 December 1999

Coach: Scott Westcott

After Rose Davies was upstaged by Leanne Pompeani in her bid to win a third straight Zatopek 10,000 metres in December, she retreated to the mountains to re-group.

One month to the day later, Davies turned the tables on Pompeani, defeating the Canberran on home turf in the World Athletics Cross Country Championships Bathurst 23 selection trial at Canberra's Stromlo Forest Park.

Davies had won two Zatopek races in succession with her trademark late-race surge. Pompeani moved earlier in their most recent encounter, surging clear not far past the half-way point and going on to win unchallenged. Davies hung on better than anyone else in the field but was also collared by Isobel Batt-Doyle in the final lap to finish third.

Rather than being demoralised, Davies made the long trek to Falls Creek on Victoria's Bogong High Plains to put in some solid training in preparation for the cross country trial. The solid bloc at altitude was the bedrock on which her run at the trials was built. This time it was Davies who made the decisive moves, running away from the field to win by 50 metres.

The first three finishers were guaranteed selection in the team for Bathurst, but it must have been a sweet reversal of fortune for Davies after the upset at the Zatopek. It was a complete reversal of roles: Davies went into the Zatopek as favourite only to lose to Pompeani; in turn, local favourite Pompeani was upset on home ground by Davies.

Davies has become arguably Australia's top female distance runner in recent years, with her Zatopek wins and representation at 5000 metres at the Tokyo Olympic Games, the Birmingham Commonwealth Games and World Athletics Championships Oregon23.



Yet to be added to her career resume, however, is the sort of performance to take her to the next level. A home World Athletics Cross Country Championships would be an appropriate place to produce one.

Davies won by eight seconds in Canberra. The same margin covered the next four finishers. Following Pompeani in were Caitlin Adams (the third automatic selection), Isobel Batt-Doyle and Holly Campbell. It's the basis for a solid team, needing one or two to step up to challenge for a top-eight finish, or even something better.

The team also represents generational change with names such as Eloise Wellings, Madeline Heiner and Genevieve Gregson – all mainstays of recent distance events – giving way to newcomers.

Davies is the spearhead. Coached by Scott Westcott in Newcastle, just short of two hours drive north of Sydney, the 23-year-old has blossomed as she has moved up in distance. Fairly average results at 1500 metres were belied when she won the Lisa Ondieki U20 3000 at the 2018 Zatopek meeting from Amelia Mazza-Downie and Abbey Caldwell. She made her debut at 10,000 in the following year's edition of the annual meeting, finishing fourth (third Australian) behind Gregson, Canada's Andrea Seccafien and Emily Brichacek.

Seccafien and then Batt-Doyle looked to have the following year's Zatopek won before Davies burst through on the latter's inside in the final 300 metres to sprint to victory in 31:39.97, almost two minutes faster than her previous best.

The Zatopek doubles as Australia's national title and Davies established her pre-eminence by successfully defending her title a year later.

The next step, however, has proven more difficult to take. Opting for the 5000 metres each time, Davies was run out in the heats in the Tokyo 2020 (delayed till 2021) Olympics and again in last year's World Athletics Championships Oregon23. The Commonwealth 5000 was a straight final: Davies finished seventeenth. It feels like she is capable of much more, it is just a matter of producing it at the right time.

Davies turned things around significantly between 15 December (the Zatopek) and 15 January (the trial). There are a few days more from the trial to the 18 February world cross country championship.

A home championships will undoubtedly help the home team who have the benefit of living in a warm summer climate while rivals need to adapt quickly to it. The team aspect of the championships promotes good performances, too. Everyone is aiming for the one goal so athletes are not liable to being distracted by the success or failures of teammates in different events.

A favourable home environment will not do the running for you, of course, but hopefully it will inspire Rose Davies and her teammates to take it up to the best the world can offer.



JACK RAYNER

AUSTRALIA

D.O.B: 19 December 1995

Coach: Nic Bideau

Jack Rayner ran the Australian selection trial for the home World Athletics Cross Country Championships Bathurst 23 like a man on a mission.

Ignoring the fast early pace set by Matthew Ramsden, Rayner settled in the pack before producing a strong second half of the race. He and Brett Robinson chased down the early leader before Rayner summoned a powerful finish to cross the line in first place.

Ramsden held off Robinson over the closing stages with the first three taking the automatic spots for WXC Bathurst 23.

Rayner knew Ramsden was planning to get out fast. His goal, however, was to get one of the automatic spots in the team.

“I saw ‘Rambo’ take it out quickly, but I wanted to sit back in the pack for a bit. I wanted to run even.”

To win was a bonus, but not really a surprise given the form Rayner has been in. His 2022 started and finished with wins in the Zatopek 10,000 metres: one in January, the last one held on the revised domestic schedule enforced by the Covid-19 virus and the second in December as the race returned to its usual spot in the calendar.

In between, Rayner broke the Australian record for 10,000 metres in California in March, set a personal best for 5000 in Oslo’s Bislett meeting and ran a national record for 10km road.

All of which confirms what we already know. Jack Rayner can run. His versatility and level of performance make him one of the best of this strong current generation of Australian runners and stands up well against any other generation.



After the trial, Rayner said running well at a home World Athletics Cross Country Championship was “high on the list” as a desirable career achievement. His two performances in the championships to date – a fortieth in Kampala in 2017 and a 62nd placing in Aarhus two years later – are solid enough, but he wants more and is capable of delivering it.

It’s always difficult to assess form in a trial. The aims are diffuse, as the goal of making the team does not necessarily mean winning the race. For that reason it is fraught reading too much into Rayner versus Robinson, say, who has been Australia’s best male performer at recent World Athletics Cross Country Championships.

But Rayner ran impressively, clinched his spot in the team and won the race to boot.

“Hopefully that can translate to world cross country where it’s a whole different story,” he said of his chances in Bathurst. He, along with the other trials winners Rose Davies, Stewart McSweyn and Abbey Caldwell, were part of a group to inspect the World Athletics Cross Country Championships course the following day.

“It feels great to be here,” Rayner said then. “It was a quick turnaround after the race but it’s really exciting to check out the course. It will look completely different come race day, but it’s a massive advantage because it won’t be a shock when we get here.”

Shocks, of course, are to be expected in a race like the World Athletics Cross Country Championships. If there's an early breakaway, for example, it's unlikely the leader will have shared his thoughts with you the day before, as Ramsden did. But having the race in Australia will be a huge advantage for the home team. For one fundamental thing, it won't be Australians having to adjust from summer to winter but the rest of the world coping – as best they can - with the opposite 180-degree change in climate.

And, courtesy of a trial raced in warm to hot temperatures on a clear, sunny Canberra morning, Rayner and his teammates will already have attuned themselves to the expected Bathurst conditions.

Rayner, along with many others racing in Bathurst, will be looking for that one outstanding performance which will take his career up to a higher level. To date, he has shown himself to be a good to very good athlete competitive on the track, the road and over the country. A top-10 finish in Bathurst would be the sort of achievement which would elevate him from good to excellent in the eyes of many.

In the lead-up to the championships most of the speculation about a possible Australian medal has been the mixed relay, and why wouldn't it be with three Olympic 1500 metres finalists and a Commonwealth Games 1500 medallist.

That should not obscure the possibilities of a team medal. In the world cross country, team scores are calculated by adding up the raw finishing positions of a country's first four team members. Since 2009, the bronze medal score in the men's race has ranged from a low of 46 points up to 72. Two inside the top-20 and another two just outside it would make an Australian men's team very competitive.

It's a possibility not lost on Jack Rayner, either. He is bullish about the team's prospects.

A top-10 finish or close to it for Rayner would be something to hang his hat on, but a top-10 and a team medal would be the whole darned hat-stand.



WXC HISTORY

No athletics event has as rich a history as cross country running.

For 120 years, cross country running has played a key role in the sport. In 1903, the first international cross country race took place in Scotland with just 41 athletes from four nations in participation.

Cross country courses were thought to be tough and too long for women to participate. For this reason, women remained in the backyard of international cross country running until 1957. For many years, it also remained out of reach for junior athletes.

Although the event gained international status, for 69 years (1903-1972), it was restricted geographically and was gender and age limited. The first official World Cross Country Championships took place in 1973, in Waregem, Belgium. It included races for senior men, senior women and U20 men.

Two years later, in 1975, the event went to Africa for the first time when it was held in Rabat, Morocco. In Madrid six years later, the first Sub-Saharan African countries participated at the World Cross Country Championships, with Kenya and Ethiopia making their debut. Inexperience cost Africa its first individual gold medal in the senior men's race; Mohammed Kedir from Ethiopia miscounted the laps but managed to earn individual silver medal and went on to win gold in 1982 when the event was hosted by Italy at the Hippodromodella Campanella in Rome.

Since then, there have been great stories and surprises in cross country running as the event has experienced a wide range of temperatures and conditions – from the heat of Mombasa to the cold of Bydgoszcz, and from the mud of Ostend to the woodlands of Punta Umbria.



The World Cross Country Championships has so far travelled to five of the six continents, excepting South America. Europe has hosted the event most with 32 out of the past 43 editions. The event has been to Oceania twice (New Zealand 1988, Australia 2023) and Asia three times (Japan 2006, Jordan 2009 and China 2015). Africa hosted the World Cross Country Championships for the fifth time in Uganda in 2017, after South Africa (1996), Morocco (1975 and 1998) and Kenya (2007).

Cross country running's uniqueness takes different forms. Traditionally long races of approximately 12km and 8km were competed for by senior men, senior women and U20 men respectively. The junior women's race was officially introduced in 1989 during the 17th edition of the championships in Norway.

Eighteen-year-old Zola Budd's victory in the senior women's race at the 1985 edition in Lisbon may have inspired the introduction of the U20 women's race. More women under 20 years of age were selected by member federations after that landmark win.

The event was becoming used increasingly by many athletes and coaches as a foundation and perfect conditioning for the track season, particularly for middle distance athletes and even some quarter milers. The short race was born and made ready for competition in 1998 at the Marrakesh World Cross Country Championships. This increased the number of races to six and the event was extended to a period of two days.

Many athletes continued to compete in both short and long races. Three athletes – Ireland's Sonia O'Sullivan (1998), Ethiopia's Kenenisa Bekele (2002-2006) and Tirunesh Dibaba (2005) won both short and long races at the same championships. The event reverted to being one day again in 2006 during the 34th edition in Fukuoka, Japan. All six races were competed for on the same day, but this was the last time the short race featured at the world event.

In 1997, a year before the short event was added, individual prize money was introduced for the senior races as the global sport shifted towards greater professionalism. Team prizes were introduced after four years in 2001.

The World Cross Country Championships reverted to four races again in 2007 at Mombasa, in Kenya. For the first time in its history, the championships shifted from being an annual to a biennial event after the 39th edition in Punta Umbria, Spain in 2011. This decision by the World Athletics Cross Country Committee was to encourage and develop cross country running at national and continental levels as a foundation event for the sport of athletics. Among some of key arguments by the committee was the expansion of the event to make it fairer and more even. This saw the introduction of the same distance for senior men and women, while the distances for the junior men and women have been retained.

The push for constant innovation and modernisation was reflected in the addition of the mixed relay to the programme in 2017. The shorter legs have attracted some of the world's leading middle-distance athletes to compete at the World Cross.

Cross country running will remain an event for current and future champions. Most of the champions from 800m to marathon distances at the World Championships and Olympic Games have prepared by participating in cross country at national, continental and world levels. Paul Tergat, Paula Radcliffe, Kenenisa Bekele, Tirunesh Dibaba, Genzeba Dibaba, Vivian Cheruiyot, Stephen Kiprotich, Eliud Kipchoge, Mo Farah, Joshua Cheptegei, Letesenbet Gidey and Hellen Obiri – to name but a few – have competed at cross country and many have identified it as their major competition.

Now the World Cross Country Championships have arrived in Australia for the first time and our hosts have produced a spectacular course that embraces both cross country's traditions and showcases Mount Panorama (Wahluu), a setting that will challenge the world's best runners.

After 120 years, cross country is still going strong.



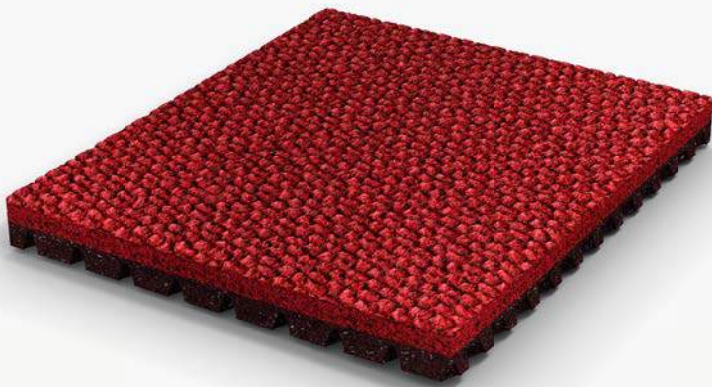
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WXC FACTS & FIGURES

Some 12,041 athletes from 175 countries (plus Athlete Refugee Team) have competed in the World Cross Country Championships, with athletes from five countries participating in all 43 editions: France, Great Britain & NI (ENG, GBR, NIR, SCO, WAL), Italy, Spain, and the United States.

The largest edition of the championships was in Vilamoura (POR) in 2000, when 806 athletes (excluding declared non-starters) from 76 countries took part. That athlete total may never be beaten now that the format of the championships has reverted from six to four main individual races. The biggest single race was the 1986 senior men's race with 337 competitors from 50 countries, 39 of which produced scoring teams. The race with the most different countries represented was the 1997 men's race with 58, 27 of which had scoring teams.

The most medals won by a country is 320 by Kenya, followed by 271 by Ethiopia and 63 by the United States.

The most individual golds won is 12 by Kenenisa Bekele, under-20 winner in 2001 and long/short course winner in 2002-2006 and winner in 2008. The most by a woman is five by Grete Waitz (NOR), who won the women's title in 1978-1981 & 1983 and Tirunesh Dibaba who was under-20 champion in 2003, short course winner in 2005 and long course winner in 2005, 2006 & 2008.

The most medals won at a single championships is four: two individual and two team. This has been achieved 13 times by seven athletes, all Ethiopian. Haylu Mekonnen in 1999, Gete Wami in 2001, Kenenisa Bekele in 2001-2006, Worknesh Kidane in 2003/2005, Gebreegziabher Gebremariam in 2004, Tirunesh Dibaba in 2005 and Meselech Melkamu in 2006.

The most medals won as an under-20 is eight, including three golds, by Vivian Cheruiyot (KEN) in 1998-2001. The most by an under-20 man is seven, by Boniface Kiprop (UGA) in 2000-2004.

The most team gold medals won (including the mixed relay) is 85 by Kenya, with at least one every year since 1986, followed by Ethiopia 48. The most team medals is 130 by Ethiopia compared with 128 by Kenya.

The longest winning streak in the championships are the 18 successive titles won by Kenya's men's team in the long race (1986-2003).

The closest finish was in the 1973 men's race when Pekka Päivärinta (FIN) finished just one tenth ahead of Mariano Haro (ESP), 35:46.4 to 35:46.5. The result of that race was recorded in tenths of a second, but in three later races the first three all shared the same time to the nearest second; the 1983 men's, the 2000 women's short course and the under-20 women's in 2001.

Sweeps of all four individual titles were achieved by Kenya in 1994 & 2010 and Ethiopia 2008.



The youngest gold medallists are all Kenyans, with the youngest of all Elizabeth Cheptanui, under-20 team gold medallist in 1994 at 13 years 199 days. The youngest individual winner is Lydia Cheromei, 1991 champion at 13 years 317 days. The youngest under-20 male winner is Ismael Kirui, under-20 team gold medallist in 1990 at 15 years 32 days. Individually, the youngest is Robert Kipchumba, 2000 World Under-20 Cross Country Champion at 16 years 24 days.

The youngest competitor is Su Su-Ning of Chinese Taipei who was 12 years 130 days when she placed 119th in the 1991 under-20 race. The youngest male is Junior Hines (CAY) who was 13 years 58 days when he also placed 119th, this time in the under-20 race of 2002. Current IAAF regulations prevent anyone younger than 16 in the year of competition from competing in the championships.

Sweeps of all four individual titles were achieved by Kenya in 1994 & 2010 and Ethiopia 2008. Sweeps of all available team titles were achieved by Kenya in 1991, 1993, 1995, 1996 and 2010. In all those years, the Kenyans won team gold in the senior and under-20 races, men and women. In 2010, Kenya also won all four individual titles. In the six-race format, Ethiopia won five of six titles in 2014.

The largest winning margin in the history of the championships came in 1980 in Paris when Grete Waitz finished 44 seconds ahead of the runner-up, Irina Bondarchuk of the USSR. The best by a man was 33 seconds by Kenenisa Bekele in the 2001 under-20 men's race. John Ngugi (KEN) won the 1989 senior men's race by 28 seconds, while the biggest winning margin in the under-20 women's race was 27 seconds by Gelete Burka (ETH) in 2005.

Individual medal sweeps have been achieved 20 times, only by Kenya or Ethiopia. These were: Senior men long in 1988 & 1993 (both KEN) & 2004 (ETH); Senior men short in 1998 & 2000 (both KEN) & 2004 (ETH); Under-20 men 1993, 2000, 2005, 2007 & 2010 (all KEN); Senior women: 2017 (KEN); Under-20 women: 1993, 1994, 2000, 2006, 2007 & 2010 (all KEN) and 2004 & 2015 (both ETH).

Perfect team scores have been achieved in 12 races, the men's short course races of 1998 and 2000, the under-20 men's races of 1993, 2000, 2005, 2007 and 2010, the senior women's race of 2017 and the under-20 women's race in 1993, 2004, 2006 & 2010. On each occasion apart from 2004, Kenyan runners placed first, second, third and fourth to gain a score of 10 points. In 2004 the dominant country was Ethiopia. The best example of domination in the senior (long) races was in 1988 when (with six to score) Kenyan men placed 1-2-3-4-6-7-8-9. For the women, Kenyans filled the first six places in the 2017 senior race. The highest-ever score is 1874 by the Maltese men's team which placed 39th in the 1986 men's race.

The most championships contested is 18 by Domingos Castro (POR) who competed in men's races between 1982 and 2003. The women's record is 17 by Conceição Ferreira (POR) in 1982-2000. Co-incidentally, both athletes placed seventh in the 1990 championship at Aix-les-Bains. That remained Castro's best finishing position, but Ferreira went on to win an individual bronze in 1994.

Kenya and Ethiopia are far and away the most successful countries in the history of the championships, winning 132 of the 171 available team titles (including the mixed relay). The two countries have met 133 times where both have fielded full teams, with Kenya beating Ethiopia 83-50.



The oldest champion and medallist is Jack Foster (NZL), team gold medallist in 1975 at 42 years 297 days. The oldest individual champion and medallist is Portugal's Carlos Lopes, who in 1985 won the third of his World Cross Country titles at 38 years 34 days. The oldest women's champion is Edith Masai (KEN), who won the 2004 short course race at 36 years 352 days. Foster went on to become the oldest ever competitor in 1979, aged 46 years 306 days. The oldest female participant is Sweden's Ewy Palm 45 years 50 days in 1987.

Successful twins have included Grenville & Graham Tuck (ENG), Dionisio & Domingos Castro (POR), Ann Ford & Paula Fudge (Née Yeoman, ENG) and Angela & Susan Tooby (GBR). The Tucks won a total of five team medals including two golds. Domingos Castro competed in 18 championships and won three team medals. Ford and Fudge won six team medals, with Ann finishing fourth in 1974 & 1976. The Toobys each won team silvers in the 1988 women's race, where Angela placed second and Susan 16th.

SUMMARY OF PAST CHAMPIONSHIP VENUES

1973: Waregem BEL (March 17); **1974:** Monza ITA (March 16); **1975:** Rabat MAR (March 16); **1976:** Chepstow WAL (February 28); **1977:** Düsseldorf FRG (March 20); **1978:** Glasgow SCO (March 25); **1979:** Limerick IRL (March 25); **1980:** Paris FRA (March 9); **1981:** Madrid ESP (March 28); **1982:** Rome ITA (March 21); **1983:** Gateshead GBR (March 20); **1984:** New York USA (March 25); **1985:** Lisbon POR (March 24); **1986:** Neuchâtel SUI (March 23); **1987:** Warsaw POL (March 22); **1988:** Auckland NZL (March 26); **1989:** Stavanger NOR (March 19); **1990:** Aix-les-Bains FRA (March 25); **1991:** Antwerp BEL (March 24); **1992:** Boston USA (March 21); **1993:** Amorebieta ESP (March 23); **1994:** Budapest HUN (March 26); **1995:** Durham GBR (March 25);

1996: Cape Town RSA (March 23); **1997:** Turin ITA (March 23); **1998:** Marrakech MAR (March 21/22); **1999:** Belfast GBR (March 27/28); **2000:** Vilamoura POR (March 18/19); **2001:** Ostend BEL (March 24/25); **2002:** Dublin IRL (March 23/24); **2003:** Lausanne SUI (March 29/30); **2004:** Brussels BEL (March 20/21); **2005:** St Galmier FRA (March 19/20); **2006:** Fukuoka JPN (April 1/2); **2007:** Mombasa KEN (March 24); **2008:** Edinburgh GBR (March 30); **2009:** Amman JOR (March 28); **2010:** Bydgoszcz POL (March 28); **2011:** Punta Umbría ESP (March 20); **2013:** Bydgoszcz POL (March 24); **2015:** Guiyang CHN (March 28); **2017:** Kampala UGA (March 26); **2019:** Aarhus DEN (March 30); **2023:** Bathurst AUS (Feb 18).

RECENT HISTORY

From 2004, the IAAF ruled that under-20 athletes may compete in one race only, which was also the case up to 1997 when all races were staged on one day. In 2005, the IAAF Council decided that starting from 2007, the championships should revert to a single day of competition with no short course races. It was felt that these had generally failed to attract middle distance runners.

At the 2009 IAAF Congress, it was proposed that the championships should be held every two years, alternating with area championships. This was approved by 132 votes to 32. In 2015 it was announced that the senior race distances were to be standardised at approximately 10Km for both men and women, while in August 2016, the IAAF Council decided on the introduction of a mixed relay race composed of two men and two women per team, running one loop of the course in any order.

OVERALL NUMBERS OF MEN & WOMEN

Those in multiple races (Possible in 1998-2006 and from 2017)

| Year | Course | Countries | Athletes | All Men | All Women | Men | Women |
|-----------|-----------------------------|-----------|----------|---------|-----------|-----|-------|
| 1973 (1) | Waregem Racecourse | 21 | 287 | 212 | 75 | | |
| 1974 (2) | Monza Racecourse | 23 | 269 | 200 | 69 | | |
| 1975 (3) | Souissi Racecourse | 26 | 316 | 245 | 71 | | |
| 1976 (4) | Chepstow Racecourse | 21 | 306 | 237 | 69 | | |
| 1977 (5) | Graffenberg Racecourse | 22 | 346 | 249 | 97 | | |
| 1978 (6) | Bellahouston Park | 27 | 360 | 260 | 100 | | |
| 1979 (7) | Green Park Racecourse | 27 | 383 | 283 | 100 | | |
| 1980 (8) | Longchamp Racecourse | 28 | 381 | 277 | 104 | | |
| 1981 (9) | Hippodromo de la Zarzuela | 39 | 460 | 342 | 118 | | |
| 1992 (10) | Hippodromo della Campanelle | 33 | 382 | 273 | 109 | | |
| 1983 (11) | Riverside Park | 35 | 432 | 321 | 111 | | |
| 1984 (12) | The Meadowlands | 40 | 443 | 334 | 109 | | |
| 1985 (13) | Sports Complex Jamor | 50 | 574 | 443 | 131 | | |
| 1986 (14) | Planeyse Colombier | 57 | 671 | 510 | 161 | | |
| 1987 (15) | Sluzewiec Racecourse | 47 | 576 | 424 | 152 | | |
| 1988 (16) | Elleslie Racecourse | 41 | 443 | 302 | 141 | | |
| 1989 (17) | Scanvest Ring | 41 | 568 | 334 | 234 | | |
| 1990 (18) | Aix-les-Bains Racecourse | 59 | 618 | 358 | 260 | | |
| 1991 (19) | Linkerover Racecourse | 51 | 633 | 380 | 253 | | |
| 1992 (20) | Franklin Park | 53 | 580 | 347 | 233 | | |
| 1993 (21) | Jaureguibarria Course | 54 | 653 | 386 | 267 | | |
| 1994 (22) | Kincsem Park | 60 | 760 | 470 | 290 | | |
| 1995 (23) | University of Durham | 58 | 619 | 375 | 244 | | |

OVERALL NUMBERS OF MEN & WOMEN

Those in multiple races (Possible in 1998-2006 and from 2017)

| Year | Course | Countries | Athletes | All Men | All Women | Men | Women |
|-----------|---|-----------|----------|---------|-----------|-----|-------|
| 1996 (24) | Danie Craven Stadium, Stellenbosch | 65 | 669 | 421 | 248# | | |
| 1997 (25) | Parco del Valentino | 72 | 725 | 440 | 285 | | |
| 1998 (26) | Menara district of Marrakech | 66 | 708 | 409* | 299* | 8 | 7 |
| 1999 (27) | Barnett Demesne/Queen's University Playing Fields | 66 | 759 | 442§ | 317* | 21 | 19 |
| 2000 (28) | Sporting Complex of Vilamoura | 76 | 806 | 474 | 332 | 24 | 23 |
| 2001 (29) | Wellington Hippodrome | 67 | 790 | 457§ | 333 | 22 | 14 |
| 2002 (30) | Leopardstown Racecourse | 59 | 664 | 373 | 291 | 14 | 9 |
| 2003 (31) | Institut National Equestre Avenches | 65 | 605 | 348* | 257 | 12 | 12 |
| 2004 (32) | Ossegem Park | 72 | 673 | 383* | 290 | 13 | 13 |
| 2005 (33) | Hippodrome de Saint-Galmier | 72 | 695 | 402 | 293 | 19 | 15 |
| 2006 (34) | Umi no Nakamichi Seaside Park | 59 | 574 | 331* | 243 | 35 | 26 |
| 2007 (35) | Mombasa Golf Course | 63 | 470 | 289 | 181 | | |
| 2008 (36) | Holyrood Park | 57 | 448 | 288 | 160 | | |
| 2009 (37) | Al Bisharat Golf Course | 59 | 461 | 266 | 195 | | |
| 2010 (38) | Myslecinek Park | 51 | 437 | 256 | 181 | | |
| 2011 (39) | Polideportivo Antonio Gil Hernández | 51 | 423 | 229 | 194 | | |
| 2013 (40) | Myslecinek Park | 41 | 398 | 215 | 183 | | |
| 2015 (41) | Qingzhen Training Base | 51 | 410 | 228 | 182 | | |
| 2017 (42) | Kokolo Independence Park | 59 | 507 | 274 | 233 | 0 | 0 |
| 2019 (43) | Aarhus | 59 (+ART) | 508 | 267 | 241 | 3 | 2 |

- * Includes athletes who were later disqualified when it was proved they were over-age
- # Includes athletes who were found to be under-age
- § Includes athletes who were wrongly declared, above the limit of allowable competitors.



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WOMEN'S MEDALLISTS

SHORT COURSE WOMEN (INTRODUCED IN 1998, HELD UNTIL 2006)

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|------------------|-----|-------|-------------------|-----|-------|------------------|-----|-------|
| 1998 | 4000m | Sonia O'Sullivan | IRL | 12:20 | Zahra Ouaziz | MAR | 12:34 | Kutre Dulecha | ETH | 12:37 |
| 1999 | 4236m | Jackline Maranga | KEN | 15:09 | Yamna Belkacem | FRA | 15:16 | Annemari Sandell | FIN | 15:17 |
| 2000 | 4180m | Kutre Dulecha | ETH | 13:00 | Zahra Ouaziz | MAR | 13:00 | Margaret Ngotho | KEN | 13:00 |
| 2001 | 4100m | Gete Wami | ETH | 14:46 | Paula Radcliffe | GBR | 14:47 | Edith Masai | KEN | 14:57 |
| 2002 | 4208m | Edith Masai | KEN | 13:30 | Worknesh Kidane | ETH | 13:36 | Isabella Ochichi | KEN | 13:39 |
| 2003 | 4030m | Edith Masai | KEN | 12:43 | Worknesh Kidane | ETH | 12:44 | Jane Wanjiku | KEN | 12:46 |
| 2004 | 4000m | Edith Masai | KEN | 13:07 | Tirunesh Dibaba | ETH | 13:09 | Teyiba Erkesso | ETH | 13:11 |
| 2005 | 4196m | Tirunesh Dibaba | ETH | 13:15 | Worknesh Kidane | ETH | 13:16 | Isabella Ochichi | KEN | 13:21 |
| 2006 | 4000m | Gelete Burka | ETH | 12:51 | Priscah Jepleting | KEN | 12:53 | Meselech Melkamu | ETH | 12:54 |

| Teams | | Gold | | Silver | | Bronze | |
|-------|----------|------|----------|--------|---------------|--------|--|
| 1998 | Morocco | 57 | Ethiopia | 58 | United States | 68 | |
| 1999 | France | 40 | Ethiopia | 48 | Morocco | 69 | |
| 2000 | Portugal | 46 | Ethiopia | 55 | France | 57 | |
| 2001 | Ethiopia | 26 | Kenya | 32 | Romania | 78 | |
| 2002 | Ethiopia | 32 | Kenya | 34 | Ireland | 85 | |
| 2003 | Kenya | 18 | Ethiopia | 24 | Russia | 76 | |
| 2004 | Ethiopia | 19 | Kenya | 21 | Canada | 87 | |
| 2005 | Ethiopia | 18 | Kenya | 19 | United States | 67 | |
| 2006 | Ethiopia | 25 | Kenya | 26 | Australia | 69 | |

WOMEN'S MEDALLISTS

LONG COURSE

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|------|-----------------|-----|---------|-------------------------|-----|---------|----------------------|-----|---------|
| 1973 | 3990 | Paola Cacchi | ITA | 13:45.2 | Joyce Smith | ENG | 13:58.0 | Josée van Santberghe | BEL | 14:01.0 |
| 1974 | 4000 | Paola Cacchi | ITA | 12:42.0 | Nina Holmen | FIN | 12:47.6 | Rita Ridley | ENG | 12:54.0 |
| 1975 | 3900 | Julie Brown | USA | 13:42 | Bronisława Ludwiczowska | POL | 13:47 | Carmen Valero | ESP | 13:48 |
| 1976 | 4800 | Carmen Valero | ESP | 16:19.4 | Tatyana Kazankina | URS | 16:39.0 | Gabriela Dorio | ITA | 16:56.0 |
| 1977 | 5100 | Carmen Valero | ESP | 17:26 | Lyudmila Bragina | URS | 17:28 | Giana Romanova | URS | 17:35 |
| 1978 | 4728 | Grete Waitz | NOR | 16:19 | Natalia Marasescu | ROU | 16:49 | Maricica Puică | ROU | 16:59 |
| 1979 | 5040 | Grete Waitz | NOR | 16:48 | Raisa Smekhnova | URS | 17:14 | Ellison Goodall | USA | 17:18 |
| 1980 | 4820 | Grete Waitz | NOR | 15:05 | Irina Bondarchuk | URS | 15:49 | Yelena Chernysheva | URS | 15:52 |
| 1981 | 4410 | Grete Waitz | NOR | 14:07 | Jan Merrill | USA | 14:22 | Yelena Sipatova | URS | 14:22 |
| 1982 | 4663 | Maricica Puică | ROU | 14:39 | Fița Lovin | ROU | 14:41 | Grete Waitz | NOR | 14:44 |
| 1983 | 4072 | Grete Waitz | NOR | 13:29 | Alison Wiley | CAN | 13:37 | Tatyana Pozdnyakova | URS | 13:37 |
| 1984 | 5000 | Maricica Puică | ROU | 15:56 | Galina Zakharova | URS | 15:58 | Grete Waitz | NOR | 15:58 |
| 1985 | 4990 | Zola Budd | ENG | 15:01 | Cathy Branta | USA | 15:24 | Ingrid Kristiansen | NOR | 15:27 |
| 1986 | 4650 | Zola Budd | ENG | 14:49.6 | Lynn Jennings | USA | 15:07.8 | Annette Sergent | URS | 15:12.2 |
| 1987 | 5050 | Annette Sergent | FRA | 16:46 | Liz Lynch | SCO | 16:48 | Ingrid Kristiansen | NOR | 16:51 |

WOMEN'S MEDALLISTS

LONG COURSE

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|------|--------------------|-----|-------|---------------------|-----|-------|--------------------|-----|-------|
| 1988 | 5962 | Ingrid Kristiansen | NOR | 19:04 | Angela Tooby | GBR | 19:23 | Annette Sergent | NOR | 19:29 |
| 1989 | 6000 | Annette Sergent | FRA | 22:27 | Nadezhda Stepanova | URS | 22:34 | Lynn Williams | FRA | 22:41 |
| 1990 | 6000 | Lynn Jennings | USA | 19:21 | Albertina Dias | POR | 19:33 | Yelena Romanova | NOR | 19:33 |
| 1991 | 6425 | Lynn Jennings | USA | 20:24 | Derartu Tulu | ETH | 20:27 | Liz McColgan | FRA | 20:28 |
| 1992 | 6370 | Lynn Jennings | USA | 21:16 | Catherina McKiernan | IRL | 21:18 | Albertina Dias | CAN | 21:19 |
| 1993 | 6350 | Albertina Dias | POR | 20:00 | Catherina McKiernan | IRL | 20:09 | Lynn Jennings | URS | 20:09 |
| 1994 | 6220 | Hellen Chepngeno | KEN | 20:45 | Catherina McKiernan | IRL | 20:52 | Conceição Ferreira | GBR | 20:52 |
| 1995 | 6470 | Derartu Tulu | ETH | 20:21 | Catherina McKiernan | KEN | 20:29 | Sally Barsosio | POR | 20:39 |
| 1996 | 6300 | Gete Wami | ETH | 20:12 | Rose Cheruiyot | GBR | 20:18 | Naomi Mugo | USA | 20:21 |
| 1997 | 6600 | Derartu Tulu | ETH | 20:53 | Paula Radcliffe | GBR | 20:55 | Gete Wami | POR | 21:00 |
| 1998 | 8000 | Sonia O'Sullivan | IRL | 25:39 | Paula Radcliffe | ETH | 25:42 | Gete Wami | KEN | 25:49 |
| 1999 | 8012 | Gete Wami | ETH | 28:00 | Merima Denboba | ETH | 28:12 | Paula Radcliffe | KEN | 28:12 |
| 2000 | 8080 | Derartu Tulu | ETH | 25:42 | Gete Wami | ETH | 25:48 | Susan Chepkemei | ETH | 25:50 |
| 2001 | 7700 | Paula Radcliffe | GBR | 27:49 | Gete Wami | USA | 27:52 | Lydia Cheromei | ETH | 28:07 |
| 2002 | 7974 | Paula Radcliffe | GBR | 26:55 | Deena Drossin | USA | 27:04 | Colleen de Reuck | GBR | 27:17 |
| 2003 | 7920 | Worknesh Kidane | ETH | 25:53 | Deena Drossin | ETH | 26:02 | Merima Denboba | KEN | 26:28 |

WOMEN'S MEDALLISTS

LONG COURSE

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|-------------------|-----|-------|-----------------|-----|-------|------------------|-----|-------|
| 2004 | 8000 | Benita Johnson | AUS | 27:17 | Ejagayou Dibaba | KEN | 27:29 | Worknesh Kidane | KEN | 27:34 |
| 2005 | 8108 | Tirunesh Dibaba | ETH | 26:34 | Alice Timbilil | NED | 26:37 | Worknesh Kidane | USA | 26:37 |
| 2006 | 8000 | Tirunesh Dibaba | ETH | 25:21 | Lornah Kiplagat | ETH | 25:26 | Meselech Melkamu | ETH | 25:38 |
| 2007 | 8000 | Lornah Kiplagat | NED | 26:23 | Tirunesh Dibaba | ETH | 26:47 | Meselech Melkamu | ETH | 26:48 |
| 2008 | 7905 | Tirunesh Dibaba | ETH | 25:10 | Mestawet Tufa | KEN | 25:15 | Linet Masai | ETH | 25:18 |
| 2009 | 8000 | Florence Kiplagat | KEN | 26:13 | Linet Masai | KEN | 26:16 | Meselech Melkamu | ETH | 26:19 |
| 2010 | 7759 | Emily Chebet | KEN | 24:19 | Linet Masai | KEN | 24:20 | Meselech Melkamu | KEN | 24:26 |
| 2011 | 8000 | Vivian Cheruiyot | KEN | 24:58 | Linet Masai | ETH | 25:07 | Shalane Flanagan | ETH | 25:10 |
| 2013 | 7488 | Emily Chebet | KEN | 24:24 | Hiwot Ayalew | ETH | 24:27 | Beleynesh Oljira | ETH | 24:33 |
| 2015 | 8010 | Agnes Tirop | KEN | 26:01 | Senbere Teferi | KEN | 26:06 | Netsanet Gudeta | USA | 26:11 |
| 2017 | 9858 | Irene Cheptai | KEN | 31:57 | Alice Aprot | KEN | 32:01 | Lilian Rengeruk | KEN | 32:11 |
| 2019 | 10240 | Hellen Obiri | KEN | 36:14 | Dera Dida | ETH | 36:16 | Letesenbet Gidey | ETH | 36:24 |

WOMEN'S MEDALLISTS

LONG COURSE

| Teams | Gold | | Silver | | Bronze | |
|-------|---------------|----|--------------------|----|---------------|-----|
| 1973 | England | 40 | Finland | 73 | United States | 90 |
| 1974 | England | 28 | Italy | 50 | Finland | 61 |
| 1975 | United States | 44 | New Zealand | 50 | Poland | 61 |
| 1976 | USSR | 33 | Italy | 59 | United States | 64 |
| 1977 | USSR | 15 | United States | 48 | New Zealand | 76 |
| 1978 | Romania | 30 | United States | 37 | England | 55 |
| 1979 | United States | 29 | USSR | 48 | England | 68 |
| 1980 | USSR | 15 | England | 49 | United States | 49 |
| 1981 | USSR | 24 | United States | 36 | Italy | 89 |
| 1982 | USSR | 44 | Italy | 57 | England | 67 |
| 1983 | United States | 31 | USSR | 41 | Canada | 53 |
| 1984 | United States | 52 | England | 65 | New Zealand | 91 |
| 1985 | United States | 42 | USSR | 77 | Romania | 96 |
| 1986 | England | 65 | New Zealand | 67 | France | 76 |
| 1987 | United States | 46 | France | 50 | USSR | 55 |
| 1988 | USSR | 51 | Great Britain & NI | 61 | France | 72 |
| 1989 | USSR | 58 | France | 60 | United States | 68 |
| 1990 | USSR | 37 | Ethiopia | 75 | Portugal | 80 |
| 1991 | Kenya | 36 | Ethiopia | 36 | USSR | 48 |
| 1992 | Kenya | 47 | United States | 77 | Ethiopia | 96 |
| 1993 | Kenya | 52 | Japan | 93 | France | 100 |
| 1994 | Portugal | 55 | Ethiopia | 65 | Kenya | 75 |
| 1995 | Kenya | 26 | Ethiopia | 38 | Romania | 84 |
| 1996 | Kenya | 24 | Ethiopia | 44 | Romania | 70 |

WOMEN'S MEDALLISTS

LONG COURSE

| Teams | Gold | | Silver | | Bronze | |
|-------|----------|----|---------------|----|--------------------|-----|
| 1997 | Ethiopia | 24 | Kenya | 34 | Ireland | 64 |
| 1998 | Kenya | 30 | Ethiopia | 37 | Great Britain & NI | 74 |
| 1999 | Ethiopia | 18 | Kenya | 27 | Portugal | 94 |
| 2000 | Ethiopia | 20 | Kenya | 23 | United States | 98 |
| 2001 | Kenya | 18 | Ethiopia | 70 | France | 77 |
| 2002 | Ethiopia | 28 | United States | 38 | Kenya | 41 |
| 2003 | Ethiopia | 17 | Kenya | 30 | United States | 36 |
| 2004 | Ethiopia | 26 | Kenya | 30 | Great Britain & NI | 74 |
| 2005 | Ethiopia | 16 | Kenya | 22 | Portugal | 86 |
| 2006 | Ethiopia | 16 | Kenya | 39 | Japan | 80 |
| 2007 | Ethiopia | 26 | Kenya | 26 | Morocco | 99 |
| 2008 | Ethiopia | 18 | Kenya | 22 | Australia | 84 |
| 2009 | Kenya | 14 | Ethiopia | 28 | Portugal | 72 |
| 2010 | Kenya | 14 | Ethiopia | 22 | United States | 76 |
| 2011 | Kenya | 15 | Ethiopia | 29 | United States | 57 |
| 2013 | Kenya | 19 | Ethiopia | 48 | Bahrain | 73 |
| 2015 | Ethiopia | 17 | Kenya | 19 | Uganda | 101 |
| 2017 | Kenya | 10 | Ethiopia | 45 | Bahrain | 59 |
| 2019 | Ethiopia | 21 | Kenya | 25 | Japan | 72 |

UNDER 20 WOMEN

LONG COURSE INDIVIDUALS

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|------------------|-----|-------|-------------------|-----|-------|---------------------|-----|-------|
| 1989 | 4000m | Malin Ewerlöf | SWE | 15:23 | Olga Nazarkina | URS | 15:30 | Esther Saina | KEN | 15:41 |
| 1990 | 4400m | Liu Shixiang | CHN | 14:19 | Yan Qinglan | CHN | 14:20 | Susan Chepkemei | KEN | 14:22 |
| 1991 | 4435m | Lydia Cheromei | KEN | 13:59 | Jane Ekimat | KEN | 14:20 | Melody Fairchild | USA | 14:28 |
| 1992 | 4005m | Paula Radcliffe | GBR | 13:30 | Wang Junxia | CHN | 13:35 | Lydia Cheromei | KEN | 13:43 |
| 1993 | 4450m | Gladys Ondoeyo | KEN | 14:04 | Pamela Chepchumba | KEN | 14:09 | Sally Barsosio | KEN | 14:11 |
| 1994 | 4300m | Sally Barsosio | KEN | 14:04 | Rose Cheruiyot | KEN | 14:05 | Elizabeth Cheptanui | KEN | 14:15 |
| 1995 | 4470m | Annemari Sandell | FIN | 14:04 | Jebiwot Keitany | KEN | 14:09 | Nancy Kipron | KEN | 14:17 |
| 1996 | 4220m | Kutre Dulecha | ETH | 13:27 | Annemari Sandell | FIN | 13:32 | Jepkorir Aiyabei | KEN | 13:35 |
| 1997 | 4689m | Rose Koskei | KEN | 14:58 | Priscah Jepleting | KEN | 14:59 | Ayelech Worku | ETH | 15:02 |
| 1998 | 6000m | Yimenashu Taye | ETH | 19:32 | Jeruto Kiptum | KEN | 19:34 | Worknesh Kidane | ETH | 19:34 |
| 1999 | 6124m | Worknesh Kidane | ETH | 21:26 | Vivian Cheruiyot | KEN | 21:37 | Yoshiko Fujinaga | JPN | 21:41 |
| 2000 | 6290m | Vivian Cheruiyot | KEN | 20:34 | Alice Timbilil | CHN | 20:35 | Viola Kibiwott | KEN | 20:36 |
| 2001 | 5900m | Viola Kibiwott | KEN | 22:05 | Abebech Nigussie | KEN | 22:05 | Aster Bacha | ETH | 22:05 |

UNDER 20 WOMEN

LONG COURSE INDIVIDUALS

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|---------------------|-----|-------|--------------------|-----|-------|--------------------|-----|-------|
| 2002 | 5962m | Viola Kibiwott | KEN | 20:13 | Tirunesh Dibaba | KEN | 20:14 | Vivian Cheruiyot | KEN | 20:22 |
| 2003 | 6215m | Tirunesh Dibaba | KEN | 20:21 | Peninah Chepchumba | KEN | 20:22 | Gelete Burka | ETH | 20:28 |
| 2004 | 6000m | Meselech Melkamu | ETH | 20:48 | Aziza Aliye | KEN | 20:53 | Mestawet Tadesse | ETH | 20:56 |
| 2005 | 6153m | Gelete Burka | ETH | 20:12 | Veronica Nyaruai | ETH | 20:39 | Beatrice Chepngeno | KEN | 20:44 |
| 2006 | 6000m | Pauline Korikwian g | ETH | 19:27 | Veronica Nyaruai | ETH | 19:27 | Mercy Kosgei | KEN | 19:45 |
| 2007 | 6000m | Linet Masai | KEN | 20:52 | Mercy Kosgei | KEN | 20:59 | Veronica Nyaruai | KEN | 21:10 |
| 2008 | 6040m | Genzebe Dibaba | KEN | 19:59 | Irine Cheptai | KEN | 20:04 | Emebet Eta'a | ETH | 20:06 |
| 2009 | 6000m | Genzebe Dibaba | KEN | 20:14 | Mercy Cherono | KEN | 20:17 | Jackline Chepngeno | KEN | 20:27 |
| 2010 | 5833m | Mercy Cherono | ETH | 18:47 | Purity Rionoripo | ETH | 18:54 | Esther Chemtai | KEN | 18:55 |
| 2011 | 6000m | Faith Kipyegon | ETH | 18:53 | Genet Yalew | ETH | 18:54 | Azemra Gebru | ETH | 18:54 |
| 2013 | 5658m | Faith Kipyegon | KEN | 17:51 | Agnes Tirop | KEN | 17:51 | Alemitu Heroye | ETH | 17:57 |
| 2015 | 6030m | Letesenbet Gidey | KEN | 19:48 | Dera Dida | KEN | 19:49 | Etagegne Woldu | ETH | 19:53 |
| 2017 | 5858m | Letesenbet Gidey | ETH | 18:34 | Hawi Feysa | ETH | 18:57 | Celliphine Chespol | KEN | 19:02 |
| 2019 | 5856m | Beatrice Chebet | KEN | 20:50 | Alemitu Tariku | ETH | 20:50 | Tsigie Gebreselama | ETH | 20:50 |

UNDER 20 WOMEN

LONG COURSE INDIVIDUALS

| Teams | Gold | | Silver | | Bronze | |
|-------|----------|----|----------|----|--------------------|----|
| 1989 | Kenya | 40 | USSR | 68 | Portugal | 84 |
| 1990 | Kenya | 20 | Japan | 44 | PR of China | 68 |
| 1991 | Kenya | 18 | Ethiopia | 40 | Japan | 43 |
| 1992 | Ethiopia | 55 | Romania | 59 | Kenya | 59 |
| 1993 | Kenya | 10 | Japan | 41 | Ethiopia | 61 |
| 1994 | Kenya | 11 | Ethiopia | 46 | Japan | 60 |
| 1995 | Kenya | 18 | Ethiopia | 31 | Japan | 56 |
| 1996 | Kenya | 21 | Ethiopia | 26 | Japan | 70 |
| 1997 | Kenya | 15 | Japan | 38 | Ethiopia | 39 |
| 1998 | Ethiopia | 16 | Kenya | 20 | Japan | 68 |
| 1999 | Ethiopia | 20 | Kenya | 31 | Japan | 46 |
| 2000 | Kenya | 12 | Ethiopia | 24 | Japan | 78 |
| 2001 | Ethiopia | 16 | Kenya | 20 | Japan | 59 |
| 2002 | Kenya | 13 | Ethiopia | 24 | Japan | 63 |
| 2003 | Ethiopia | 14 | Kenya | 22 | Morocco | 78 |
| 2004 | Ethiopia | 10 | Kenya | 36 | Japan | 67 |
| 2005 | Kenya | 16 | Ethiopia | 22 | Japan | 56 |
| 2006 | Kenya | 10 | Ethiopia | 29 | Japan | 58 |
| 2007 | Kenya | 13 | Eritrea | 33 | Ethiopia | 36 |
| 2008 | Ethiopia | 16 | Kenya | 20 | Japan | 57 |
| 2009 | Ethiopia | 18 | Kenya | 18 | Japan | 76 |
| 2010 | Kenya | 10 | Ethiopia | 30 | Uganda | 81 |
| 2011 | Ethiopia | 17 | Kenya | 19 | Japan | 75 |
| 2013 | Kenya | 14 | Ethiopia | 23 | Great Britain & NI | 81 |
| 2015 | Ethiopia | 11 | Kenya | 33 | Bahrain | 52 |
| 2017 | Ethiopia | 19 | Kenya | 20 | Uganda | 62 |
| 2019 | Ethiopia | 17 | Kenya | 26 | Japan | 72 |



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MEN'S MEDALLISTS

SHORT COURSE MEN (INTRODUCED IN 1998, HELD UNTIL 2006)

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|-----------------|-----|-------|-----------------------------|-----|-------|----------------|-----|-------|
| 1998 | 4000m | John Kibowen | KEN | 10:43 | Daniel Komem | KEN | 10:46 | Paul Kosgei | KEN | 10:50 |
| 1999 | 4236m | Benjamin Limo | KEN | 12:28 | Paul Kosgei | KEN | 12:31 | Haylu Mekonnen | ETH | 12:35 |
| 2000 | 4180m | John Kibowen | KEN | 11:11 | Sammy Kipketer | KEN | 11:12 | Paul Kosgei | KEN | 11:15 |
| 2001 | 4100m | Enock Koech | KEN | 12:40 | Kenenisa Bekele | ETH | 12:42 | Benjamin Limo | KEN | 12:43 |
| 2002 | 4208m | Kenenisa Bekele | ETH | 12:11 | Luke Kipkosgei | KEN | 12:18 | Haylu Mekonnen | ETH | 12:20 |
| 2003 | 4030m | Kenenisa Bekele | ETH | 11:01 | John Kibowen | KEN | 11:04 | Benjamin Limo | KEN | 11:06 |
| 2004 | 4000m | Kenenisa Bekele | ETH | 11:31 | Gebre-egziabher Gebremariam | ETH | 11:36 | Maregu Zewdie | ETH | 11:42 |
| 2005 | 4196m | Kenenisa Bekele | ETH | 11:33 | Abraham Chebii | KEN | 11:38 | Isaac Songok | KEN | 11:39 |
| 2006 | 4000m | Kenenisa Bekele | ETH | 10:54 | Isaac Songok | KEN | 10:55 | Adil Kaouch | MAR | 10:57 |

| Teams | | Gold | | Silver | | Bronze | |
|-------|----------|------|----------|--------|----------|--------|--|
| 1998 | Kenya | 10 | Morocco | 60 | Ethiopia | 60 | |
| 1999 | Kenya | 14 | Morocco | 55 | Ethiopia | 55 | |
| 2000 | Kenya | 10 | Ethiopia | 68 | Morocco | 68 | |
| 2001 | Kenya | 13 | Morocco | 51 | Ethiopia | 51 | |
| 2002 | Kenya | 20 | Ethiopia | 57 | Spain | 57 | |
| 2003 | Kenya | 14 | Ethiopia | 44 | Morocco | 44 | |
| 2004 | Ethiopia | 17 | Qatar | 52 | Kenya | 52 | |
| 2005 | Ethiopia | 23 | Kenya | 32 | Qatar | 32 | |
| 2006 | Kenya | 21 | Ethiopia | 53 | Morocco | 53 | |

MEN'S MEDALLISTS

LONG COURSE

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|---------|------------------|-----|---------|----------------------|-----|---------|-------------------|-----|---------|
| 1973 | 11,980m | Pekka Päivärinta | FIN | 35:46.4 | Mariano Haro | ESP | 35:46.5 | Rod Dixon | NZL | 36:00 |
| 1974 | 12,000m | Erik de Beck | BEL | 35:23.8 | Mariano Haro | ESP | 35:24.6 | Karel Lismont | BEL | 35:26.6 |
| 1975 | 12,000m | Ian Stewart | SCO | 35:20.0 | Mariano Haro | ESP | 35:21.0 | Bill Rodgers | USA | 35:27.4 |
| 1976 | 12,000m | Carlos Lopes | POR | 34:47.8 | Tony Simmons | ENG | 35:04.0 | Bernie Ford | ENG | 35:07.0 |
| 1977 | 12,300m | Léon Schots | BEL | 37:43.0 | Carlos Lopes | POR | 37:48.2 | Detlef Uhlemann | FRG | 37:52.2 |
| 1978 | 12,300m | John Treacy | IRL | 39:25 | Aleksandr Antipov | URS | 39:28 | Karol Lismont | BEL | 39:32 |
| 1979 | 12,000m | John Treacy | IRL | 37:20 | Bronisław Malinowski | POL | 37:29 | Aleksandr Antipov | URS | 37:30 |
| 1980 | 12,580m | Craig Virgin | USA | 37:01 | Hans-Jürgen Orthmann | FRG | 37:02 | Nick Rose | ENG | 37:05 |
| 1981 | 12,000m | Craig Virgin | USA | 35:05 | Mohamed Kedir | ETH | 35:07 | Fernando Mamede | POR | 35:09 |
| 1982 | 11,978m | Mohamed Kedir | ETH | 33:41 | Alberto Salazar | USA | 33:45 | Rod Dixon | NZL | 34:02 |
| 1983 | 11,994m | Bekele Debele | ETH | 36:52 | Carlos Lopes | POR | 36:52 | Some Muge | KEN | 36:52 |
| 1984 | 12,086m | Carlos Lopes | POR | 33:25 | Tim Hutchings | ENG | 33:30 | Steve Jones | WAL | 33:32 |
| 1985 | 12,190m | Carlos Lopes | POR | 33:33 | Paul Kipkoech | KEN | 33:37 | Wodajo Bulti | ETH | 33:38 |
| 1986 | 12,000m | John Ngugi | KEN | 35:32.9 | Abebe Mekonnen | ETH | 35:34.8 | Joseph Kiptum | KEN | 35:39.8 |
| 1987 | 11,950m | John Ngugi | KEN | 36:07 | Paul Kipkoech | KEN | 36:07 | Paul Arpin | FRA | 36:51 |
| 1988 | 12,000m | John Ngugi | KEN | 34:32 | Paul Kipkoech | KEN | 34:54 | William Koskei | KEN | 35:07 |

MEN'S MEDALLISTS

LONG COURSE

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|---------|------------------|-----|-------|-----------------|-----|-------|-----------------------------|-----|-------|
| 1989 | 12,000m | John Ngugi | KEN | 39:42 | Tim Hutchings | GBR | 40:10 | Wilfred Kirochi | KEN | 40:21 |
| 1990 | 12,200m | Khalid Skah | MAR | 34:21 | Moses Tanui | KEN | 34:21 | Julius Korir | KEN | 34:22 |
| 1991 | 11,764m | Khalid Skah | MAR | 33:53 | Moses Tanui | KEN | 33:54 | Simon Karori | KEN | 33:54 |
| 1992 | 12,530m | John Ngugi | KEN | 37:05 | William Mutwol | KEN | 37:17 | Fita Bayissa | ETH | 37:18 |
| 1993 | 11,750m | William Sigei | KEN | 32:51 | Dominic Kirui | KEN | 32:56 | Ismael Kirui | KEN | 32:59 |
| 1994 | 12,060m | William Sigei | KEN | 34:29 | Simon Chemoiywo | KEN | 34:30 | Haile Gebrselassie | ETH | 34:32 |
| 1995 | 12,020m | Paul Tergat | KEN | 34:05 | Ismael Kirui | KEN | 34:13 | Salah Hissou | MAR | 34:14 |
| 1996 | 12,150m | Paul Tergat | KEN | 33:44 | Salah Hissou | MAR | 33:56 | Ismael Kirui | KEN | 33:57 |
| 1997 | 12,333m | Paul Tergat | KEN | 35:11 | Salah Hissou | MAR | 35:13 | Thomas Nyariki | KEN | 35:20 |
| 1998 | 12,000m | Paul Tergat | KEN | 34:01 | Paul Koech | KEN | 34:06 | Assefa Mezegebu | ETH | 34:28 |
| 1999 | 12,000m | Paul Tergat | KEN | 38:28 | Patrick Ivuti | KEN | 38:32 | Paulo Guerra | POR | 38:46 |
| 2000 | 12,300m | Mohammed Mourhit | BEL | 35:00 | Assefa Mezegebu | ETH | 35:01 | Paul Tergat | KEN | 35:02 |
| 2001 | 12,300m | Mohammed Mourhit | BEL | 39:53 | Sergey Lebid | UKR | 40:03 | Charles Kamathi | KEN | 40:05 |
| 2002 | 11,998m | Kenenisa Bekele | ETH | 34:52 | John Yuda | TAN | 34:58 | Wilberforce Taleli | KEN | 35:20 |
| 2003 | 12,355m | Kenenisa Bekele | ETH | 35:56 | Patrick Ivuti | KEN | 36:09 | Gebre-egziabher Gebremariam | ETH | 36:17 |

MEN'S MEDALLISTS

LONG COURSE

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|---------|-----------------------------|-----|-------|-----------------------------|-----|-------|-----------------------|-----|-------|
| 2004 | 12,000m | Kenenisa Bekele | ETH | 35:52 | Gebre-egziabher Gebremariam | ETH | 36:10 | Sileshi Sihine | ETH | 36:11 |
| 2005 | 12,020m | Kenenisa Bekele | ETH | 35:06 | Zersenay Tadese | ERI | 35:20 | Abdullah Ahmad Hassan | QAT | 35:34 |
| 2006 | 12,000m | Kenenisa Bekele | ETH | 35:40 | Sileshi Sihine | ETH | 35:43 | Martin Mathathi | KEN | 35:44 |
| 2007 | 12,000m | Zersenay Tadese | ERI | 35:50 | Moses Mosop | KEN | 36:13 | Bernard Kipyego | KEN | 36:37 |
| 2008 | 12,000m | Kenenisa Bekele | ETH | 34:38 | Leonard Komon | KEN | 34:41 | Zersenay Tadese | ERI | 34:43 |
| 2009 | 12,000m | Gebre-egziabher Gebremariam | ETH | 35:02 | Moses Kipsiro | UGA | 35:04 | Zersenay Tadese | ERI | 35:04 |
| 2010 | 11,611m | Joseph Ebuya | KEN | 33:00 | Teklemariam Medhin | ERI | 33:06 | Moses Kipsiro | UGA | 33:10 |
| 2011 | 12,000m | Imane Merga | ETH | 33:50 | Paul Tanui | KEN | 33:52 | Vincent Chepkok | KEN | 33:53 |
| 2013 | 11,148m | Japhet Korir | KEN | 32:45 | Imane Merga | ETH | 32:51 | Teklemariam Medhin | ERI | 32:54 |
| 2015 | 11,970m | Geoffrey Kamworor | KEN | 34:52 | Bedan Karoki | KEN | 35:00 | Muktar Edris | ETH | 35:06 |
| 2017 | 9858m | Geoffrey Kamworor | KEN | 28:24 | Leonard Barsoton | KEN | 28:36 | Abadi Hadis | ETH | 28:43 |
| 2019 | 10240m | Joshua Cheptegei | UGA | 31:40 | Jacob Kiplimo | UGA | 31:44 | Geoffrey Kamworor | KEN | 31:55 |

MEN'S MEDALLISTS

LONG COURSE

| Teams | Gold | | Silver | | Bronze | |
|-------|-------------|-----|-----------------------|-----|-----------------------|-----|
| 1973 | Belgium | 109 | USSR | 119 | New Zealand | 136 |
| 1974 | Belgium | 103 | England | 109 | France | 215 |
| 1975 | New Zealand | 127 | England | 198 | Belgium | 211 |
| 1976 | England | 90 | Belgium | 118 | France | 187 |
| 1977 | Belgium | 126 | England | 129 | USSR | 144 |
| 1978 | France | 151 | United States | 156 | England | 159 |
| 1979 | England | 119 | Ireland | 198 | USSR | 210 |
| 1980 | England | 100 | United States | 163 | Belgium | 175 |
| 1981 | Ethiopia | 81 | United States | 114 | Kenya | 220 |
| 1982 | Ethiopia | 98 | England | 114 | USSR | 257 |
| 1983 | Ethiopia | 104 | United States | 170 | Kenya | 191 |
| 1984 | Ethiopia | 134 | United States | 161 | Portugal | 223 |
| 1985 | Ethiopia | 129 | Kenya | 141 | United States | 153 |
| 1986 | Kenya | 45 | Ethiopia | 119 | United States | 204 |
| 1987 | Kenya | 53 | England | 146 | Ethiopia | 161 |
| 1988 | Kenya | 23 | Ethiopia | 103 | France | 134 |
| 1989 | Kenya | 44 | Great Britain & NI | 147 | Ethiopia | 162 |
| 1990 | Kenya | 42 | Ethiopia | 96 | Spain | 176 |
| 1991 | Kenya | 38 | Ethiopia | 104 | Spain | 198 |
| 1992 | Kenya | 46 | France | 145 | Great Britain & NI | 147 |
| 1993 | Kenya | 25 | Ethiopia | 82 | Portugal | 167 |
| 1994 | Kenya | 34 | Morocco | 83 | Ethiopia | 133 |

MEN'S MEDALLISTS

LONG COURSE

| Teams | Gold | | Silver | | Bronze | |
|-------|----------|----|---------------|-----|---------------|-----|
| 1995 | Kenya | 62 | Morocco | 111 | Spain | 120 |
| 1996 | Kenya | 33 | Morocco | 99 | Ethiopia | 107 |
| 1997 | Kenya | 51 | Morocco | 70 | Ethiopia | 125 |
| 1998 | Kenya | 12 | Ethiopia | 57 | Morocco | 60 |
| 1999 | Kenya | 12 | Ethiopia | 57 | Portugal | 76 |
| 2000 | Kenya | 18 | Ethiopia | 68 | Portugal | 69 |
| 2001 | Kenya | 33 | France | 72 | United States | 87 |
| 2002 | Kenya | 18 | Ethiopia | 43 | Morocco | 58 |
| 2003 | Kenya | 17 | Ethiopia | 23 | Morocco | 51 |
| 2004 | Ethiopia | 14 | Kenya | 30 | Eritrea | 66 |
| 2005 | Ethiopia | 24 | Kenya | 35 | Qatar | 42 |
| 2006 | Kenya | 24 | Eritrea | 28 | Ethiopia | 42 |
| 2007 | Kenya | 29 | Morocco | 152 | Uganda | 191 |
| 2008 | Kenya | 39 | Ethiopia | 104 | Qatar | 143 |
| 2009 | Kenya | 28 | Ethiopia | 28 | Eritrea | 50 |
| 2010 | Kenya | 20 | Eritrea | 44 | Ethiopia | 66 |
| 2011 | Kenya | 14 | Ethiopia | 38 | Uganda | 49 |
| 2013 | Ethiopia | 38 | United States | 52 | Kenya | 54 |
| 2015 | Ethiopia | 20 | Kenya | 20 | Bahrain | 54 |
| 2017 | Ethiopia | 21 | Kenya | 22 | Uganda | 72 |
| 2019 | Uganda | 20 | Kenya | 43 | Ethiopia | 46 |

UNDER 20 MEN

INDIVIDUALS

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|------------------|-----|---------|--------------------|-----|---------|-------------------------|-----|---------|
| 1973 | 7020m | Jim Brown | SCO | 20:52.8 | José Haro | ESP | 21:00.6 | Léon Schots | BEL | 21:07.2 |
| 1974 | 7100m | Rich Kimball | USA | 21:30.8 | Venanzio Ortis | ITA | 21:33.0 | John Treacy | IRL | 21:42.4 |
| 1975 | 7000m | Bobby Thomas | USA | 20:59.8 | José Luis González | ESP | 21:18.0 | John Treacy | IRL | 21:23.0 |
| 1976 | 7800m | Eric Hulst | USA | 23:53.8 | Thom Hunt | USA | 24:06.8 | Nat Muir | SCO | 24:17.0 |
| 1977 | 7500m | Thom Hunt | USA | 23:15.0 | Santiago Llorente | ESP | 23:28.0 | Ari Paunonen | FIN | 23:39.0 |
| 1978 | 7036m | Mick Morton | ENG | 22:57 | Rob Earl | CAN | 23:10 | Francisco Javier Alario | ESP | 23:11 |
| 1979 | 7360m | Eddy De Pauw | BEL | 23:02 | Steve Binns | ENG | 23:09 | Ildar Denikeyev | URS | 23:20 |
| 1980 | 7410m | Jorge García | ESP | 22:17 | Valeriy Gryaznov | URS | 22:23 | Ed Eyestone | USA | 22:27 |
| 1981 | 7250m | Mohammed Chouri | TUN | 22:04 | Yevgeniy Zherebin | URS | 22:06 | Keith Brantly | USA | 22:07 |
| 1982 | 7926m | Zurabachev Gelaw | ETH | 22:46 | Adugna Lema | ETH | 22:47 | Stefano Mei | ITA | 22:49 |
| 1983 | 8033m | Followissa Abebe | ETH | 24:58 | Angaso Telega | ETH | 24:59 | Jon Richards | ENG | 25:07 |
| 1984 | 8000m | Pere Casacuberta | ESP | 21:32 | Doju Tessema | ETH | 21:34 | John Castellano | CAN | 21:37 |
| 1985 | 8190m | Kipkemboi Kimeli | KEN | 22:18 | Habte Negash | ETH | 22:37 | Woldesilase Milkessa | ETH | 22:37 |
| 1986 | 7750m | Melese Feissa | ETH | 22:47.6 | Sammy Kibiwot | KEN | 22:52.7 | Demeke Bekele | ETH | 22:56.0 |
| 1987 | 7050m | Wilfred Kirochi | KEN | 22:18 | Demeke Bekele | ETH | 22:18 | Debebe Demisse | ETH | 22:20 |
| 1988 | 8031m | Wilfred Kirochi | KEN | 23:25 | Alfonce Muindi | KEN | 23:39 | Bedilu Kibret | ETH | 23:41 |

UNDER 20 MEN

INDIVIDUALS

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|---------------------------|-----|-------|--------------------|-----|-------|----------------------|-----|-------|
| 1989 | 8000m | Addis Abebe | ETH | 25:07 | Kipyego Kororia | KEN | 25:31 | Stephen Nyamu | KEN | 25:33 |
| 1990 | 8000m | Kipyego Kororia | KEN | 22:13 | Richard Chelimo | KEN | 22:14 | Fita Bayissa | ETH | 22:24 |
| 1991 | 8415m | Andrew Sambu | TAN | 23:59 | Muindi Mumo | KEN | 24:04 | Fita Bayissa | ETH | 24:04 |
| 1992 | 7800m | Ismael Kirui | KEN | 23:27 | Haile Gebrselassie | ETH | 23:35 | Josphat Machuka | KEN | 23:37 |
| 1993 | 7150m | Philip Mosima | KEN | 20:18 | Christopher Kosgei | KEN | 20:20 | Josphat Machuka | KEN | 20:23 |
| 1994 | 8140m | Philip Mosima | KEN | 24:15 | Daniel Komen | KEN | 24:17 | Abreham Tsige | ETH | 24:46 |
| 1995 | 8470m | Assefa Mezegebu | ETH | 24:12 | Dejene Lidetu | ETH | 24:14 | David Chelule | KEN | 24:16 |
| 1996 | 8350m | David Chelule | KEN | 24:06 | Assefa Mezegebu | ETH | 24:19 | Samuel Chepkok | KEN | 24:24 |
| 1997 | 8511m | Elijah Korir | KEN | 24:21 | Million Wolde | ETH | 24:28 | Paul Kosgei | KEN | 24:29 |
| 1998 | 8000m | Million Wolde | ETH | 22:47 | Richard Limo | KEN | 22:50 | Haylu Mekonnen | ETH | 22:51 |
| 1999 | 8012m | Haylu Mekonnen | ETH | 25:38 | Richard Limo | KEN | 25:43 | Gideon Mitei | KEN | 25:45 |
| 2000 | 8080m | Robert Kipchumba | KEN | 22:49 | Duncan Lebo | KEN | 22:52 | John Cheruiyot Korir | KEN | 22:55 |
| 2001 | 7700m | Kenenisa Bekele | ETH | 25:04 | Duncan Lebo | KEN | 25:37 | Dathan Ritzenhein | USA | 25:46 |
| 2002 | 7974m | Gebregziabher Gebremariam | ETH | 23:18 | Abel Cheruiyot | KEN | 23:19 | Boniface Kiprop | UGA | 23:28 |
| 2003 | 7920m | Eliud Kipchoge | KEN | 22:47 | Boniface Kiprop | UGA | 22:49 | Solomon Bushendich | KEN | 22:51 |

UNDER 20 MEN

INDIVIDUALS

| Individuals | | Gold | | | Silver | | | Bronze | | |
|-------------|-------|------------------|-----|-------|------------------------|-----|-------|-----------------|-----|-------|
| 2004 | 8000m | Meba Tadesse | ETH | 24:01 | Boniface Kiprop | UGA | 24:03 | Ernest Meli | KEN | 24:16 |
| 2005 | 8108m | Augustine Choge | KEN | 23:59 | Bernard Kiprop Kipyego | KEN | 24:00 | Barnabas Kosgei | KEN | 24:00 |
| 2006 | 8000m | Mang'ata Ndiwa | KEN | 23:53 | Leonard Komon | KEN | 23:54 | Tariku Bekele | ETH | 23:56 |
| 2007 | 8000m | Asbel Kiprop | KEN | 24:07 | Vincent Chepkok | KEN | 24:12 | Mathew Kisorio | KEN | 24:23 |
| 2008 | 7905m | Ibrahim Jeylan | ETH | 22:38 | Ayele Abshero | ETH | 22:40 | Lucas Rotich | KEN | 22:42 |
| 2009 | 8000m | Ayele Abshero | ETH | 23:26 | Titus Mbishei | KEN | 23:30 | Moses Kibet | UGA | 23:35 |
| 2010 | 7759m | Caleb Ndiku | KEN | 22:07 | Clement Langat | KEN | 22:09 | Japhet Korir | KEN | 22:12 |
| 2011 | 8000m | Geoffrey Kipsang | KEN | 22:21 | Thomas Ayeko | UGA | 22:27 | Patrick Mutunga | KEN | 22:32 |
| 2013 | 7488m | Hagos Gebrhiwet | ETH | 21:04 | Leonard Barsoton | KEN | 21:08 | Muktar Edris | ETH | 21:13 |
| 2015 | 8010m | Yasin Haji | ETH | 23:42 | Geoffrey Korir | KEN | 23:47 | Alfred Ngeno | KEN | 23:54 |
| 2017 | 7858m | Jacob Kiplimo | UGA | 22:40 | Amdework Walelegn | ETH | 22:43 | Richard Yator | KEN | 22:52 |
| 2019 | 7728m | Milkesa Mengesha | ETH | 23:52 | Tadese Worku | ETH | 23:54 | Oscar Chelimo | UGA | 23:55 |

UNDER 20 MEN

TEAMS

| Teams | Gold | | Silver | | Bronze | |
|-------|---------------|----|---------------|----|---------------|----|
| 1973 | Spain | 18 | Italy | 22 | England | 24 |
| 1974 | United States | 22 | Morocco | 58 | Italy | 90 |
| 1975 | United States | 29 | Ireland | 35 | Spain | 44 |
| 1976 | United States | 16 | Spain | 60 | England | 91 |
| 1977 | United States | 36 | Spain | 40 | Canada | 67 |
| 1978 | England | 53 | Canada | 53 | Spain | 54 |
| 1979 | Spain | 57 | England | 74 | USSR | 75 |
| 1980 | USSR | 50 | United States | 75 | Spain | 79 |
| 1981 | United States | 23 | England | 61 | Canada | 66 |
| 1982 | Ethiopia | 12 | Italy | 37 | United States | 70 |
| 1983 | Ethiopia | 13 | Spain | 41 | England | 58 |
| 1984 | Ethiopia | 21 | Spain | 34 | England | 68 |
| 1985 | Ethiopia | 16 | Kenya | 26 | Spain | 64 |
| 1986 | Ethiopia | 13 | Kenya | 32 | Spain | 52 |
| 1987 | Ethiopia | 19 | Kenya | 20 | Japan | 73 |
| 1988 | Kenya | 12 | Ethiopia | 33 | Spain | 61 |
| 1989 | Kenya | 14 | Ethiopia | 22 | Italy | 76 |
| 1990 | Kenya | 12 | Ethiopia | 27 | Italy | 85 |
| 1991 | Kenya | 19 | Ethiopia | 26 | Tanzania | 54 |
| 1992 | Kenya | 18 | Ethiopia | 28 | Japan | 90 |
| 1993 | Kenya | 10 | Ethiopia | 27 | Morocco | 76 |
| 1994 | Kenya | 18 | Ethiopia | 27 | Morocco | 78 |
| 1995 | Kenya | 23 | Ethiopia | 25 | Morocco | 72 |
| 1996 | Kenya | 13 | Ethiopia | 26 | Morocco | 94 |
| 1997 | Kenya | 13 | Ethiopia | 31 | Morocco | 74 |

UNDER 20 MEN

TEAMS

| Teams | Gold | | Silver | | Bronze | |
|-------|----------|----|----------|----|----------|----|
| 1998 | Ethiopia | 16 | Kenya | 20 | Morocco | 66 |
| 1999 | Kenya | 16 | Ethiopia | 24 | Tanzania | 77 |
| 2000 | Kenya | 10 | Ethiopia | 47 | Uganda | 68 |
| 2001 | Kenya | 24 | Ethiopia | 25 | Uganda | 68 |
| 2002 | Kenya | 18 | Ethiopia | 24 | Uganda | 37 |
| 2003 | Kenya | 15 | Ethiopia | 28 | Uganda | 48 |
| 2004 | Kenya | 20 | Ethiopia | 25 | Uganda | 33 |
| 2005 | Kenya | 10 | Ethiopia | 37 | Qatar | 75 |
| 2006 | Kenya | 16 | Ethiopia | 24 | Eritrea | 44 |
| 2007 | Kenya | 10 | Eritrea | 44 | Ethiopia | 54 |
| 2008 | Kenya | 21 | Ethiopia | 28 | Uganda | 37 |
| 2009 | Kenya | 20 | Ethiopia | 22 | Eritrea | 72 |
| 2010 | Kenya | 10 | Ethiopia | 32 | Uganda | 56 |
| 2011 | Kenya | 20 | Ethiopia | 24 | Uganda | 50 |
| 2013 | Ethiopia | 23 | Kenya | 26 | Morocco | 65 |
| 2015 | Kenya | 19 | Ethiopia | 33 | Eritrea | 52 |
| 2017 | Ethiopia | 17 | Kenya | 28 | Eritrea | 57 |
| 2019 | Ethiopia | 18 | Uganda | 32 | Kenya | 34 |

MIXED RELAY

LONG COURSE

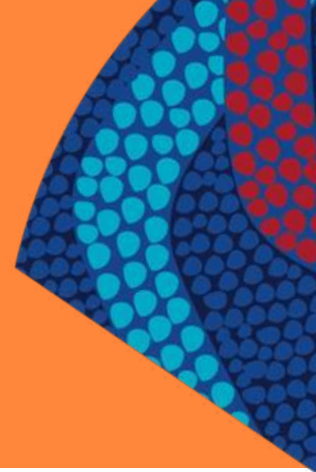
| Mixed Relay | Distance | Gold | Time | Silver | Time | Bronze | Time |
|-------------|----------|-----------------------------------|-------|-----------------------------------|-------|---------------------------------|-------|
| 2017 | 7858m | Kenya (Man/Woman/Man/Woman) | 22:11 | Ethiopia (Man/Woman/Man/Woman) | 22:30 | Turkey (Man/Woman/Man/Woman) | 22:37 |
| 2019 | Distance | Ethiopia (Man/Woman/Man/Woman) | 25:49 | Morocco (Man/Woman/Man/Woman) | 26:22 | Kenya (Man/Woman/Man/Woman) | 26:29 |

AGE OF WORLD CROSS COUNTRY CHAMPIONS

MEN'S SHORT COURSE

| YEAR | NAME | COUNTRY | AGE |
|------|-----------------|---------|-------------------|
| 1998 | John Kibowen | KEN | 28 years 334 days |
| 1999 | Benjamin Limo | KEN | 24 years 216 days |
| 2000 | John Kibowen | KEN | 30 years 332 days |
| 2001 | Enock Koech | KEN | 19 years 354 days |
| 2002 | Kenenisa Bekele | ETH | 19 years 283 days |
| 2003 | Kenenisa Bekele | ETH | 20 years 289 days |
| 2004 | Kenenisa Bekele | ETH | 21 years 281 days |
| 2005 | Kenenisa Bekele | ETH | 22 years 279 days |
| 2006 | Kenenisa Bekele | ETH | 23 years 292 days |

AGES OF WORLD CROSS COUNTRY CHAMPIONS



WOMEN SHORT COURSE

| YEAR | NAME | COUNTRY | AGE |
|------|------------------|---------|-------------------|
| 1998 | Sonia O'Sullivan | IRL | 28 years 114 days |
| 1999 | Jackline Maranga | KEN | 21 years 102 days |
| 2000 | Kutre Dulecha | ETH | 21 years 210 days |
| 2001 | Gete Wami | ETH | 26 years 104 days |
| 2002 | Edith Masai | KEN | 34 years 354 days |
| 2003 | Edith Masai | KEN | 35 years 360 days |
| 2004 | Edith Masai | KEN | 36 years 352 days |
| 2005 | Tirunesh Dibaba | ETH | 19 years 170 days |
| 2006 | Gelete Burka | ETH | 20 years 69 days |

WOMEN LONG COURSE

| YEAR | NAME | COUNTRY | AGE |
|------|----------------|---------|-------------------|
| 1973 | Paola Pigni | ITA | 27 years 77 days |
| 1974 | Paola Cacchi | ITA | 28 years 76 days |
| 1975 | Julie Brown | USA | 20 years 40 days |
| 1976 | Carmen Valero | ESP | 20 years 147 days |
| 1977 | Carmen Valero | ESP | 21 years 167 days |
| 1978 | Grete Waitz | NOR | 24 years 176 days |
| 1979 | Grete Waitz | NOR | 25 years 175 days |
| 1980 | Grete Waitz | NOR | 26 years 160 days |
| 1981 | Grete Waitz | NOR | 27 years 178 days |
| 1982 | Maricica Puică | ROU | 31 years 235 days |
| 1983 | Grete Waitz | NOR | 29 years 170 days |

AGES OF WORLD CROSS COUNTRY CHAMPIONS

| WOMEN LONG COURSE | | | |
|-------------------|--------------------|---------|-------------------|
| YEAR | NAME | COUNTRY | AGE |
| 1984 | Maricica Puică | ROU | 33 years 240 days |
| 1985 | Zola Budd | ENG | 18 years 302 days |
| 1986 | Zola Budd | ENG | 19 years 300 days |
| 1987 | Annette Sergent | FRA | 24 years 125 days |
| 1988 | Ingrid Kristiansen | NOR | 32 years 5 days |
| 1989 | Annette Sergent | FRA | 26 years 122 days |
| 1990 | Lynn Jennings | USA | 29 years 266 days |
| 1991 | Lynn Jennings | USA | 30 years 266 days |
| 1992 | Lynn Jennings | USA | 31 years 264 days |
| 1993 | Albertina Dias | POR | 27 years 336 days |
| 1994 | Hellen Chepngeno | KEN | 26 years 236 days |
| 1995 | Derartu Tulu | ETH | 23 years 4 days |
| 1996 | Gete Wami | ETH | 21 years 103 days |
| 1997 | Derartu Tulu | ETH | 25 years 2 days |
| 1998 | Sonia O'Sullivan | IRL | 28 years 113 days |
| 1999 | Gete Wami | ETH | 24 years 106 days |
| 2000 | Derartu Tulu | ETH | 27 years 363 days |
| 2001 | Paula Radcliffe | GBR | 27 years 97 days |
| 2002 | Paula Radcliffe | GBR | 28 years 96 days |
| 2003 | Worknesh Kidane | ETH | 21 years 128 days |
| 2004 | Benita Johnson | AUS | 24 years 319 days |
| 2005 | Tirunesh Dibaba | ETH | 19 years 169 days |
| 2006 | Tirunesh Dibaba | ETH | 20 years 182 days |

AGES OF WORLD CROSS COUNTRY CHAMPIONS

WOMEN LONG COURSE

| YEAR | NAME | COUNTRY | AGE |
|------|-------------------|---------|-------------------|
| 2007 | Lornah Kiplagat | NED | 32 years 327 days |
| 2008 | Tirunesh Dibaba | ETH | 22 years 181 days |
| 2009 | Florence Kiplagat | KEN | 22 years 29 days |
| 2010 | Emily Chebet | KEN | 24 years 38 days |
| 2011 | Vivian Cheruiyot | KEN | 27 years 190 days |
| 2013 | Emily Chebet | KEN | 27 years 34 days |
| 2015 | Agnes Tirop | KEN | 19 years 156 days |
| 2017 | Irine Cheptai | KEN | 25 years 5 days |
| 2019 | Hellen Obiri | KEN | 29 years 107 days |

UNDER 20 WOMEN

| YEAR | NAME | COUNTRY | AGE |
|------|------------------|---------|-------------------|
| 1989 | Malin Ewerlöf | SWE | 16 years 290 days |
| 1990 | Liu Shixiang | CHN | 19 years 70 days |
| 1991 | Lydia Cheromei | KEN | 13 years 317 days |
| 1992 | Paula Radcliffe | GBR | 18 years 95 days |
| 1993 | Gladys Oudeyo | KEN | 17 years 322 days |
| 1994 | Sally Barsosio | KEN | 16 years 5 days |
| 1995 | Annemari Sandell | FIN | 18 years 82 days |
| 1996 | Kutre Dulecha | ETH | 17 years 214 days |
| 1997 | Rose Kosgei | KEN | 15 years 213 days |
| 1998 | Yimenashu Taye | ETH | 18/19 years |
| 1999 | Worknesh Kidane | ETH | 17 years 126 days |

AGES OF WORLD CROSS COUNTRY CHAMPIONS

| UNDER 20 WOMEN | | | |
|----------------|-------------------|---------|-------------------|
| YEAR | NAME | COUNTRY | AGE |
| 2000 | Vivian Cheruiyot | KEN | 16 years 189 days |
| 2001 | Viola Kibiwott | KEN | 17 years 92 days |
| 2002 | Viola Kibiwott | KEN | 18 years 91 days |
| 2003 | Tirunesh Dibaba | ETH | 17 years 179 days |
| 2004 | Meselech Melkamu | ETH | 18 years 336 days |
| 2005 | Gelete Burka | ETH* | 19 years 55 days |
| 2006 | Pauline Korikwang | KEN | 18 years 31 days |
| 2007 | Linet Masai | KEN | 17 years 109 days |
| 2008 | Genzebe Dibaba | ETH | 17 years 51 days |
| 2009 | Genzebe Dibaba | ETH | 18 years 48 days |
| 2010 | Mercy Cheron | KEN | 18 years 325 days |
| 2011 | Faith Kipyegon | KEN | 17 years 69 days |
| 2013 | Faith Kipyegon | KEN | 19 years 73 days |
| 2015 | Letesenbet Gidey | ETH | 17 years 8 days |
| 2017 | Letesenbet Gidey | ETH | 19 years 6 day |
| 2019 | Beatrice Chebet | KEN | 19 years 25 days |

* Age is computed from her current accepted birthdate of January 23, 1986; Her entry birthdate at the 2005 championships was February 15, 1986

AGES OF WORLD CROSS COUNTRY CHAMPIONS

| MEN'S LONG COURSE | | | |
|-------------------|------------------|---------|-------------------|
| YEAR | NAME | COUNTRY | AGE |
| 1973 | Pekka Päivärinta | FIN | 23 years 317 days |
| 1974 | Eric de Beck | BEL | 22 years 283 days |
| 1975 | Ian Stewart | SCO | 26 years 60 days |
| 1976 | Carlos Lopes | POR | 29 years 10 days |
| 1977 | Léon Schots | BEL | 24 years 282 days |
| 1978 | John Treacy | IRL | 20 years 295 days |
| 1979 | John Treacy | IRL | 21 years 294 days |
| 1980 | Craig Virgin | USA | 24 years 220 days |
| 1981 | Craig Virgin | USA | 25 years 238 days |
| 1982 | Mohamed Kedir | ETH | 28 years 196 days |
| 1983 | Bekele Debele | ETH | 20 years 8 days |
| 1984 | Carlos Lopes | POR | 37 years 36 days |
| 1985 | Carlos Lopes | POR | 38 years 34 days |
| 1986 | John Ngugi | KEN | 23 years 316 days |
| 1987 | John Ngugi | KEN | 24 years 316 days |
| 1988 | John Ngugi | KEN | 25 years 321 days |
| 1989 | John Ngugi | KEN | 26 years 313 days |
| 1990 | Khalid Skah | MAR | 23 years 54 days |
| 1991 | Khalid Skah | MAR | 24 years 54 days |
| 1992 | John Ngugi | KEN | 29 years 316 days |
| 1993 | William Sigei | KEN | 23 years 168 days |
| 1994 | William Sigei | KEN | 24 years 166 days |
| 1995 | Paul T ergat | KEN | 25 years 281 days |

AGES OF WORLD CROSS COUNTRY CHAMPIONS

| MEN'S LONG COURSE | | | |
|-------------------|-----------------------------|---------|-------------------|
| YEAR | NAME | COUNTRY | AGE |
| 1996 | Paul T ergat | KEN | 26 years 280 days |
| 1997 | Paul T ergat | KEN | 27 years 279 days |
| 1998 | Paul T ergat | KEN | 28 years 278 days |
| 1999 | Paul T ergat | KEN | 29 years 284 days |
| 2000 | Mohammed Mourhit | BEL | 29 years 161 days |
| 2001 | Mohammed Mourhit | BEL | 30 years 166 days |
| 2002 | Kenenisa Bekele | ETH | 19 years 284 days |
| 2003 | Kenenisa Bekele | ETH | 20 years 290 days |
| 2004 | Kenenisa Bekele | ETH | 21 years 282 days |
| 2005 | Kenenisa Bekele | ETH | 22 years 280 days |
| 2006 | Kenenisa Bekele | ETH | 23 years 293 days |
| 2007 | Zersenay T adese | ERI | 25 years 44 days |
| 2008 | Kenenisa Bekele | ETH | 25 years 291 days |
| 2009 | Gebre-egziabher Gebremariam | ETH | 24 years 199 days |
| 2010 | Joseph Ebuya | KEN | 22 years 281 days |
| 2011 | Imane Merga | ETH | 22 years 156 days |
| 2013 | Japhet Korir | KEN | 19 years 267 days |
| 2015 | Geoffrey Kamworor | KEN | 22 years 126 days |
| 2017 | Geoffrey Kamworor | KEN | 24 years 124 days |
| 2019 | Joshua Cheptegei | UGA | 22 years 199 days |

AGES OF WORLD CROSS COUNTRY CHAMPIONS

| UNDER 20 MEN | | | |
|--------------|------------------|---------|-------------------|
| YEAR | NAME | COUNTRY | AGE |
| 1973 | Jim Brown | SCO | 20 years 185 days |
| 1974 | Rich Kimball | USA | 17 years 331 days |
| 1975 | Bobby Thomas | USA | 18 years 231 days |
| 1976 | Eric Hulst | USA | 18 years 92 days |
| 1977 | Thom Hunt | USA | 19 years 3 days |
| 1978 | Mick Morton | ENG | 18 years 132 days |
| 1979 | Eddy de Pauw | BEL | 18 years 290 days |
| 1980 | Jorge García | ESP | 18 years 312 days |
| 1981 | Mohammed Chouri | MAR | 18 years 325 days |
| 1982 | Zurbachev Gelaw | ETH | 16/17 years |
| 1983 | Feyissa Abebe | ETH | 18/19 years |
| 1984 | Pere Casacuberta | ESP | 18 years 348 days |
| 1985 | Kipkemboi Kimeli | KEN | 18 years 114 days |
| 1986 | Melese Feissa | ETH | 18 years 105 days |
| 1987 | Wilfred Kirochi | KEN | 17 years 100 days |
| 1988 | Wilfred Kirochi | KEN | 18 years 105 days |
| 1989 | Addis Abebe | ETH | 18 years 195 days |
| 1990 | Kipyego Kororia | KEN | 18 years 89 days |
| 1991 | Andrew Sambu | TAN | 18 years 170 days |
| 1992 | Ismael Kirui | KEN | 17 years 30 days |
| 1993 | Philip Mosima | KEN | 16 years 85 days |
| 1994 | Philip Mosima | KEN | 17 years 83 days |
| 1995 | Assefa Mezegebu | ETH | 16 years 279 days |

AGES OF WORLD CROSS COUNTRY CHAMPIONS

| UNDER 20 MEN | | | |
|--------------|-----------------------------|---------|-------------------|
| YEAR | NAME | COUNTRY | AGE |
| 1996 | David Chelule | KEN | 18 years 260 days |
| 1997 | Elijah Korir | KEN | 18 years 342 days |
| 1998 | Million Wolde | ETH | 19 years 5 days |
| 1999 | Haylu Mekonnen | ETH | 18 years 358 days |
| 2000 | Robert Kipchumba | KEN | 16 years 24 days |
| 2001 | Kenenisa Bekele | ETH | 18 years 285 days |
| 2002 | Gebre-egziabher Gebremariam | ETH | 17 years 195 days |
| 2003 | Eliud Kipchoge | ETH | 18 years 145 days |
| 2004 | Meba T adesse | ETH | 17/18 years |
| 2005 | Augustine Choge | KEN | 18 years 58 days |
| 2006 | Mang'ata Ndiwa | KEN | 18 years 111 days |
| 2007 | Asbel Kiprop | KEN | 17 years 267 days |
| 2008 | Ibrahim Jeylan | ETH | 18 years 292 days |
| 2009 | Ayele Abshero | ETH | 18 years 90 days |
| 2010 | Caleb Ndiku | KEN | 17 years 170 days |
| 2011 | Geoffrey Kamworor | KEN | 18 years 118 days |
| 2013 | Hagos Gebrhiwet | ETH | 18 years 317 days |
| 2015 | Yasin Haji | ETH | 19 years 65 days |
| 2017 | Jacob Kiplimo | UGA | 16 years 132 days |
| 2019 | Milkesa Menghesha | ETH | 18 years 348 days |

MOST APPEARANCES WOMEN

| APPEARANCES | NAME | COUNTRY | YEARS |
|-------------|------------------------|---------|---|
| 17 | Conceição Ferreira | POR | 82-85/87-94/96-2000 |
| 15 | Kathy Butler | CAN/GBR | 90-97/99/2001-2006 |
| 14 | Montserrat Abello | ESP | 73-80/82-88 |
| 14 | Anja Smolders | BEL | 91-2004 |
| 14 | Jacqueline Martín | ESP | 92-93/95/98-99/2001-02/04-05/08-09/10/11/15 |
| 13 | Mary O'Connor | NZL | 79/81-91/93 |
| 13 | Elena Fidatof | ROU | 84-86/90-93/95-97/2000-02 |
| 13 | Teresa Récio | ESP | 85/86/87/94/96/98/99/2000-02/04-06 |
| 13 | Anne Keenan-Buckley | IRL | 85/87-88/91/93/95-96/98-2003 |
| 13 | Ana Dias | POR | 93/95-96/99-06/09/10 |
| 13 | Alessandra Aguilar | ESP | 96-97/2000-06/08-09/10/11 |
| 12 | Merima Denboba | ETH | 91-95/97-2003 |
| 11 | Joelle Debrouwers | FRA | 74-84 |
| 11 | Annette Sergent/Palluy | FRA | 85-90/93-96 |
| 11 | Teresa Duffy | NIR/IRL | 86-87/90/92-96/98-99/2002 |
| 11 | Fatima Yvelain | MAR/FRA | 86-87/90/98-2002/04-05/10 |
| 11 | Julia Vaquero | ESP | 89-98/2000 |
| 11 | Getenesh Urge | ETH | 89-90/92-2000 |
| 11 | Paula Radcliffe | GBR | 91-93/95-2002 |
| 11 | Gete Wami | ETH | 91-92/94-01/05 |
| 11 | Analía Rosa | POR | 95/2000-06/2009-2011 |
| 11 | Judit Plá | ESP | 96-97/2001-02/04-10 |
| 10 | 19 women | | |

MOST APPEARANCES MEN

| APPEARANCES | NAME | COUNTRY | YEARS |
|-------------|----------------------|---------|------------------------------------|
| 18 | Domingos Castro | POR | 82/86-2001/2003 |
| 17 | Alejandro Gómez | ESP | 85-91/93-2001/2004/2005 |
| 15 | Fernando Mamede | POR | 73/76-89 |
| 15 | Antonio Prieto | ESP | 77-85/87-91 |
| 15 | Paul McCloy | CAN | 81-88/90-96 |
| 14 | Pierre Levisse | FRA | 76-78/81-91 |
| 13 | Hans-Jürgen Orthmann | FRG | 75-87 |
| 13 | José Manuel García | ESP | 83-85/90-92/94-99/2002 |
| 13 | Joël Bourgeois | CAN | 90/92/97-05/08/09 |
| 12 | Gerry Deegan | IRL | 73-74/76-83/86-87 |
| 12 | Nat Muir | SCO | 73-83/85/87 |
| 12 | Dave Clarke | ENG/GBR | 77/81-83/85-87/89/92-95 |
| 12 | Ezequiel Canario | POR | 78-79/82-84/86-91/94 |
| 12 | Constantino Esparcía | ESP | 78/79/82-91 |
| 12 | José Carlos Adán | ESP | 86/89-95/97/99-2002 |
| 12 | Paulo Guerra | POR | 89/92-2001/2007 |
| 11 | Santiago de la Parte | ESP | 73-83 |
| 11 | John Treacy | IRL | 74-75/78-80/82-86/88 |
| 11 | Thierry Watrice | FRA | 76/78/80-84/86-87/89-90 |
| 11 | Jos Maes | BEL | 79/84-85/87-93/96 |
| 11 | Salvatore Bettiol | IT | 80/86-92/94-96 |
| 11 | Steve Moneghetti | AUS | 85/86/87/88/89/91/92/96/97/2001/04 |
| 11 | Umberto Pusterla | IT | 86/92-95/97/99/02-05 |
| 11 | Kevin Sullivan | CAN | 90-93/99-01/03-06 |
| 11 | Simon Labiche | SEY | 97-2001/03-04/06-07/09/11 |
| 11 | Manuel Damião | POR | 97/00/04-13 |

WXC PREVIOUS EDITIONS

| CHAMPIONSHIPS | VENUE | COUNTRY | DATE |
|--|----------------------------------|---------|-----------|
| 1st IAAF World Cross Country Championships | Waregem (BEL) | BEL | 17-Mar-73 |
| 2nd IAAF World Cross Country Championships | Monza (ITA) | ITA | 16-Mar-74 |
| 3rd IAAF World Cross Country Championships | Rabat (MAR) | MAR | 16-Mar-75 |
| 4th IAAF World Cross Country Championships | Chepstow (GBR) | GBR | 28-Feb-76 |
| 5th IAAF World Cross Country Championships | Düsseldorf (GER) | GER | 20-Mar-77 |
| 6th IAAF World Cross Country Championships | Glasgow (GBR) | GBR | 25-Mar-78 |
| 7th IAAF World Cross Country Championships | Limerick (IRL) | IRL | 25-Mar-79 |
| 8th IAAF World Cross Country Championships | Paris (FRA) | FRA | 9-Mar-80 |
| 9th IAAF World Cross Country Championships | Madrid (ESP) | ESP | 28-Mar-81 |
| 10th IAAF World Cross Country Championships | Ippodromo Capannelle, Roma (ITA) | ITA | 21-Mar-82 |
| 11th IAAF World Cross Country Championships | Gateshead (GBR) | GBR | 20-Mar-83 |
| 12th IAAF World Cross Country Championships | New York, NY (USA) | USA | 25-Mar-84 |
| 13th IAAF World Cross Country Championships | Lisboa (POR) | POR | 24-Mar-85 |
| Neuchâtel IAAF World Cross Country Championships | Neuchatel (SUI) | SUI | 23-Mar-86 |
| Warszawa IAAF World Cross Country Championships | Warszawa (POL) | POL | 22-Mar-87 |
| Auckland IAAF World Cross Country Championships | Auckland (NZL) | NZL | 26-Mar-88 |
| Stavanger IAAF World Cross Country Championships | Stavanger (NOR) | NOR | 19-Mar-89 |
| Aix-les-Bains IAAF World Cross Country Championships | Aix-les-Bains (FRA) | FRA | 25-Mar-90 |
| Antwerpen IAAF World Cross Country Championships | Antwerpen (BEL) | BEL | 24-Mar-91 |
| Boston IAAF World Cross Country Championships | Boston, MA (USA) | USA | 21-Mar-92 |
| 21st IAAF World Cross Country Championships | Amorebieta (ESP) | ESP | 28-Mar-93 |

WXC PREVIOUS EDITIONS

| CHAMPIONSHIPS | VENUE | COUNTRY | DATE |
|--|------------------------------------|---------|-----------|
| 22nd IAAF World Cross Country Championships | Budapest (HUN) | HUN | 26-Mar-94 |
| 23rd IAAF/SNICKERS World Cross Country Championships | Durham (GBR) | GBR | 25-Mar-95 |
| 24th IAAF World Cross Country Championships | Stellenbosch (RSA) | RSA | 23-Mar-96 |
| Torino IAAF World Cross Country Championships | Torino (ITA) | ITA | 23-Mar-97 |
| Marrakesh IAAF World Cross Country Championships | Marrakesh (MAR) | MAR | 21-Mar-98 |
| Belfast IAAF World Cross Country Championships | Belfast (GBR) | GBR | 27-Mar-99 |
| Vilamoura IAAF World Cross Country Championships | Vilamoura (POR) | POR | 18-Mar-00 |
| Ostende IAAF World Cross Country Championships | Ostende (BEL) | BEL | 24-Mar-01 |
| Dublin IAAF World Cross Country Championships | Dublin (IRL) | IRL | 23-Mar-02 |
| Lausanne IAAF World Cross Country Championships | Lausanne (SUI) | SUI | 29-Mar-03 |
| Bruxelles IAAF World Cross Country Championships | Bruxelles (BEL) | BEL | 20-Mar-04 |
| St-Etienne IAAF World Cross Country Championships | St-Etienne (FRA) | FRA | 19-Mar-05 |
| Fukuoka IAAF World Cross Country Championships | Fukuoka (JPN) | JPN | 1-Apr-06 |
| Mombasa IAAF World Cross Country Championships | Mombasa (KEN) | KEN | 24-Mar-07 |
| Edinburgh IAAF World Cross Country Championships | Holyrood Park, Edinburgh (GBR) | GBR | 30-Mar-08 |
| Amman IAAF World Cross Country Championships | Golf Club Al Bisharat, Amman (JOR) | JOR | 28-Mar-09 |
| Bydgoszcz IAAF World Cross Country Championships | Myslecinek Park, Bydgoszcz (POL) | POL | 28-Mar-10 |
| Punta Umbria IAAF World Cross Country Championships | Punta Umbria (ESP) | ESP | 20-Mar-11 |
| Bydgoszcz IAAF World Cross Country Championships | Myslecinek Park, Bydgoszcz (POL) | POL | 24-Mar-13 |
| Guiyang IAAF World Cross Country Championships | Qingzhen, Guiyang (CHN) | CHN | 28-Mar-15 |
| Kampala IAAF World Cross Country Championships | Kololo, Kampala (UGA) | UGA | 26-Mar-17 |
| IAAF World Cross Country Championships | Åarhus (DEN) | DEN | 30-Mar-19 |

MASS RACES COMPETITION TIMETABLE



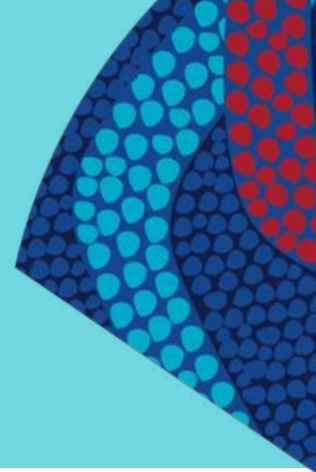
FRIDAY FEBRUARY 17, 2023

| START | FINISH | EVENT |
|-------|--------|---------------------|
| 0800 | 1000 | Golden Ticket Races |
| 1020 | 1250 | Schools Challenge |
| 1730 | 1930 | Hot Laps |

SATURDAY FEBRUARY 18, 2023

| START | FINISH | EVENT |
|-------|--------|-------------------------------|
| 0730 | | Clubs Challenge |
| 0800 | | Corporate Challenge |
| 0830 | 0930 | Teams Relays |
| 0910 | 1010 | Ambulant Races |
| 1030 | 1130 | World Masters Athletics Relay |

MASS RACES COMPETITION TIMETABLE



SUNDAY FEBRUARY 19, 2023

| START | FINISH | EVENT |
|-------|--------|---|
| 0700 | - | Under 7 Boys & Girls 800m |
| 0710 | - | Under 8 Boys and Girls 800m |
| 0720 | - | Under 8 Boys and Girls 800m |
| 0730 | - | Under 10 Boys and Girls 2km |
| 0740 | - | Under 11 Boys and Girls 2km |
| 0755 | - | Under 12 Boys 2km |
| 0800 | - | Under 12 Girls 2km |
| 0820 | - | Under 13 Boys 2km |
| 0825 | - | Under 13 Girls 2km |
| 0845 | - | Under 14 Boys 2km |
| 0850 | - | Under 14 Girls 2km |
| 0910 | - | Under 15 and Under 16 Boys 4km |
| 0935 | - | Under 15 and Under 16 Girls 4km |
| 1000 | - | Under 18 Boys 4km |
| 1020 | - | Under 18 Girls 4km |
| 1040 | - | Under 20 Boys 6km |
| 1110 | - | Under 20 Girls 6km |
| 1145 | - | World Masters Athletics 70+ Age Group 4km |
| 1215 | - | World Masters Athletics 35-69 Age Group 6km |
| 1300 | - | Open Men 10km |
| 1400 | - | Open Women 8km |



WORLD ATHLETICS
CROSS COUNTRY
CHAMPIONSHIPS
BATHURST 23

WORLD ATHLETICS PARTNERS



WORLD ATHLETICS MEDIA PARTNER



WORLD ATHLETICS MEDIA DISTRIBUTION PARTNERS



WORLD ATHLETICS SUPPLIERS



PUBLIC INSTITUTIONS

