

LIST OF WORLD ATHLETICS CERTIFIED STANDARD-DISTANCE ROAD RACES (As per Technical Rule 55.1)
Updated 10 January 2023

* Certificate expired on 31 December 2022 - Likely to be re-certified prior to 2023 race, please check with Race Organisers.

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
ALB	Pogradec	Night Half Marathon Enkelena	Half Marathon	Separation >50%	2026
ALB	Tirana	Tirana 10KM	10KM	Comp. Rule 31.21 compliant	2023
ALB	Tirana	Tirana Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ALB	Tirana	Tirana Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ALG	Alger	Marathon international d'Alger	Marathon	Comp. Rule 31.21 compliant	2026
ALG	Alger	Semi Marathon des Jeux Méditerranéens	Half Marathon	Comp. Rule 31.21 compliant	2026
ALG	Alger	Semi Marathon des Jeux Méditerranéens	Half Marathon	Comp. Rule 31.21 compliant	2026
ALC	Bejaia	Semi marathon international de la ville de Bejaia	Half Marathon	Comp. Rule 31.21 compliant	2025
ALG	Jijel	Semi Marathon de la Corniche de Jijel	Half Marathon	Comp. Rule 31.21 compliant	2026
ANG	Luanda	5KM da Paz	5KM	Separation >50%	2026
ANG	Luanda	Meia maratona internacional da Paz	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	21K Buenos Aires	Half Marathon	Comp. Rule 31.21 compliant	2025
ARG	Buenos Aires	Corré por Racing - 10KM (5km lap)	10KM	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	Corré por Racing - 5KM	5KM	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	Maratón Int'l de la Ciudad de Buenos Aires	Marathon	Comp. Rule 31.21 compliant	2026
ARG	Buenos Aires	Pruebas Atlético 10K Día del Vidriero	10KM	Comp. Rule 31.21 compliant	2026
ARG	Ciudad de Florencio Varela	Maratón Nocturno "Ricardo Castro" 10KM	10KM	Comp. Rule 31.21 compliant	2024
ARG	Garin, Buenos Aires	Milla Urbana Garin 2021	10KM	Comp. Rule 31.21 compliant	2025
ARG	General Pico	10K de General Pico	10KM	Comp. Rule 31.21 compliant	2026
ARG	General Pico	Meia Maratón de General Pico	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	General Rodriguez	Maratón Añil 10 KM	10KM	Comp. Rule 31.21 compliant	2026
ARG	General Rodriguez	Nacional Master Milla Urbana General Rodriguez 2021	Mile	Comp. Rule 31.21 compliant	2025
ARG	La Pedrera	Meia Maratón La Pedrera - 10KM	10KM	Comp. Rule 31.21 compliant	2026
ARG	La Pedrera	Meia Maratón La Pedrera - 5KM	5KM	Comp. Rule 31.21 compliant	2026
ARG	Mar del Plata City	21K Mar del Plata	Half Marathon	Comp. Rule 31.21 compliant	2022 *
ARG	Mendoza	Maratón Int'l de Mendoza	Marathon	Downhill (-10.7 m/km) Separation >50%	2026
ARG	Rosario City	10K Ciudad de Rosario 2022	10KM	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	10K Mercedes Benz by Stern	10KM	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	21K Mercedes Benz by Stern	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	42K Ciudad de Rosario 2022 - 20th Maratón Int'l de la Bandera	42KM	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	XXI Medio Maratón Asics 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Rosario City	XXI Medio Maratón Asics 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	San Juan	Maratón Internacional de San Juan	Marathon	Downhill (-7.2 m/km) Separation >50%	2025
ARG	Santa Rosa	5K Santa Rosa 2021	5KM	Comp. Rule 31.21 compliant	2026
ARG	Santa Rosa	Maratón Int'l "A Pampa Taveas"	Marathon	Comp. Rule 31.21 compliant	2023
ARG	Santiago del Estero City	10K SDE "La Ciudad Corre Mc"	10KM	Comp. Rule 31.21 compliant	2026
ARG	Santiago del Estero City	Medio Maratón SDE "La Ciudad Corre Mc"	Half Marathon	Comp. Rule 31.21 compliant	2026
ARG	Trenque Lauquen	10K de Trenque Lauquen	10KM	Comp. Rule 31.21 compliant	2026
ARG	Trenque Lauquen	Meia Maratón de Trenque Lauquen	Half Marathon	Comp. Rule 31.21 compliant	2026
ARM	Yerevan	Yerevan Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Adelaide	Adelaide 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Adelaide	Adelaide Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Adelaide	Adelaide Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Adelaide	Adelaide Westpac City Bay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Airlie Beach Queensland	Airlie Beach Marathon Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Airlie Beach Queensland	Airlie Beach Marathon Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Airlie Beach Queensland	Airlie Beach Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Airlie Beach Queensland	Airlie Beach Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUS	Albury	Murray River Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Albury	Murray River Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Bibra Lake	Bibra Lake Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Bibra Lake	Bibra Lake Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Blacktown	Westlink M7 Blacktown Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Blacktown	Westlink M7 Blacktown Running Festival 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Blacktown	Westlink M7 Blacktown Running Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Blacktown	Westlink M7 Blacktown Running Festival Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Australian Masters Athletics Walks Championships	10KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Brisbane's Great South Run 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Brisbane	Brisbane's Great South Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Brisbane	Pedders Half Marathon Brisbane	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Brisbane	River Run 10 KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run 5 KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	River Run Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Run Army 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Brisbane	Run Army 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Broadbeach	Gold Coast 30KM	30KM	Comp. Rule 31.21 compliant	2022 *
AUS	Bunbury	Bunbury 3 Waters Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Bunbury	Bunbury 3 Waters Running Festival 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Bunbury	Bunbury 3 Waters Running Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Bunbury	Bunbury 3 Waters Running Festival Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Burnie	The Heritage Burnie 10	10KM	Comp. Rule 31.21 compliant	2023
AUS	Burnie	The Heritage Burnie 5	5KM	Comp. Rule 31.21 compliant	2023
AUS	Busselton	Busselton Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Busselton	Busselton 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Busselton	Busselton 5KM	5KM	Comp. Rule 31.21 compliant	2024
AUS	Busselton	Busselton Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Cairns	Cairns 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Cairns	Cairns 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Cairns	Cairns Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Cairns	Cairns Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Canberra	Canberra 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Canberra	Canberra Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Canberra	Canberra Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Clontarf	Jetty2Jetty 10k	10KM	Comp. Rule 31.21 compliant	2025
AUS	Clontarf	Jetty2Jetty 5k	5KM	Comp. Rule 31.21 compliant	2025
AUS	Clontarf	Jetty2Jetty Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Fremantle	Fremantle Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Fremantle	Fremantle Running Festival 5KM	5KM	Comp. Rule 31.21 compliant	2024
AUS	Fremantle	Fremantle Running Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Gosford	Bay to Bay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Greater Springfield	Greater Springfield Half Marathon	Half Marathon	Downhill (-1.6 m/km)	2022 *
AUS	Greater Springfield	Greater Springfield Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Cadbury Half 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Cadbury Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Cadbury Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Hobart Airport 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Airport 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Airport Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Airport Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Hobart	Hobart Run the Bridge 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUS	Hobart	Hobart Run the Bridge 5KM	5KM	Downhill Separation >50%	2024
AUS	Hobart	Roll Hobart Fun Run	5KM	Comp. Rule 31.21 compliant	2026
AUS	Homebush	Sydney Half Marathon (ANSW)	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Ispswich	Park 2 Park 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Ispswich	Park 2 Park 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Ispswich	Park 2 Park Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Langford	Canning River Runners Festival Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Langford	Canning River Runners Festival Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUS	Launceston	Launceston Five	5KM	Comp. Rule 31.21 compliant	2026
AUS	Launceston	Launceston Mile	Mile	Comp. Rule 31.21 compliant	2024
AUS	Launceston	Launceston Mile	Mile	Comp. Rule 31.21 compliant	2024
AUS	Launceston	Launceston Tin	10KM	Comp. Rule 31.21 compliant	2026
AUS	Launceston	Launceston Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Launceston	Launceston Mile	Mile	Comp. Rule 31.21 compliant	2024
AUS	Loveland	Winery Run Hunter Valley - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Loveland	Winery Run Hunter Valley - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Mackay QLD	Oceania Masters Athletics Championships 2019 / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Main Beach, Gold Coast	Pan Pacific Masters Games 5KM	5KM	Comp. Rule 31.21 compliant	2022 *
AUS	Mandurah	APES Games Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Manly	The Sun Run	10KM	Comp. Rule 31.21 compliant	2025
AUS	Melbourne	Medibank Melbourne Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Melbourne	Melbourne Marathon Festival - Asics 10K	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Melbourne	Nike Melbourne Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Melbourne	Run Melbourne 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Melbourne	Run Melbourne 5KM	5KM	Comp. Rule 31.21 compliant	2022 *
AUS	Mooloolaba	Sunshine Coast 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Mooloolaba	Sunshine Coast 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Mooloolaba	Sunshine Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Mooloolaba	Sunshine Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Mosman	MiriMos Community Fun Run - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Mosman	MiriMos Community Fun Run - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Newcastle	Stadium Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Newcastle	Newcastle Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUS	Noosa	Asics Noosa Bolt	5KM	Comp. Rule 31.21 compliant	2026
AUS	Noosa	Runaway Noosa 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Noosa	Runaway Noosa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Noosa	Runaway Noosa Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Palara, Queensland	Running CEOs 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Palara, Queensland	Running CEOs Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Penrith	Southern Cross Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Penrith Regatta Center, NSW	Tokyo Olympic Marathon Qualifier	Marathon	Comp. Rule 31.21 compliant	2025
AUS	Perth	APES Games 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	Asics Bridges 10KM Fun Run	10KM	Comp. Rule 31.21 compliant	2023
AUS	Perth	Fremantle Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	Fremantle Running Festival 5KM	5KM	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	Perth City to Surf Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	Perth City to Surf Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	Perth Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	Perth Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	Perth Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	Perth Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	Perth Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Perth	Rottnest Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
AUS	Perth	Rottneest Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUS	Perth	WAMC Bridges 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Perth	WAMC Bridges 5KM Fun Run	5KM	Comp. Rule 31.21 compliant	2023
AUS	Perth	WAMC Peninsula Run 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	WAMC Peninsula Run 5KM	5KM	Comp. Rule 31.21 compliant	2022 *
AUS	Perth	World Half Marathon Challenge - Australian Leg	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Perth	World Marathon Challenge - Australian Leg	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Koobin, NSW	Hunter Moon Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Koobin, NSW	Hunter Winery 10KM	10KM	Comp. Rule 31.21 compliant	2023
AUS	Koobin, NSW	Hunter Winery Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Port Fairy	Port Fairy Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
AUS	Port Fairy	Port Fairy Marathon	Marathon	Comp. Rule 31.21 compliant	2027
AUS	Quorn	Pichi Richi Half Marathon	Half Marathon	Separation >50%	2023
AUS	Quorn	Pichi Richi Marathon	Marathon	Separation >50%	2023
AUS	Richmond NSW	TRT Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
AUS	Richmond NSW	TRT Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Rottneest Island, West Australia	RunFun Travel Rottneest Running Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Rottneest Island, West Australia	RunFun Travel Rottneest Running Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Shepparton	Shepparton Running Festival / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Shepparton	Shepparton Running Festival / Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUS	Shepparton, VIC	Shepparton Running Festival / Half Marathon	10KM	Comp. Rule 31.21 compliant	2023
AUS	Southport	Commonwealth Games Community Fun Run	5KM	Comp. Rule 31.21 compliant	2022 *
AUS	Southport	Commonwealth Games Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
AUS	Southport	Gold Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Southport	Gold Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2024
AUS	Southport (Gold Coast)	Gold Coast 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Southport (Gold Coast)	Gold Coast Airport Fun Run	5KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Australia Day 5K	5KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	BlackMores Sydney Running Festival - 10KM	10KM	Downhill (1.23km)	2026
AUS	Sydney	BlackMores Sydney Running Festival - Half Marathon	Half Marathon	Downhill (2.60km)	2026
AUS	Sydney	BlackMores Sydney Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Sydney	Run2Cure 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Run2Cure 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Run2Cure half marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Sydney Half Marathon	Sydney Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Sydney Harbour 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Sydney	Sydney Harbour 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Sydney	Sydney Morning Herald Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Western Sydney 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Sydney	Western Sydney 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Tanunda	Barossa Marathon Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Tanunda	Barossa Marathon Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUS	Tanunda	Barossa Marathon Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUS	Tanunda	Barossa Marathon Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	The Entrance	Central Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	The Entrance, NSW	Central Coast 10K	10KM	Comp. Rule 31.21 compliant	2023
AUS	Townsville	Townsville Running Festival - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUS	Townsville	Townsville Running Festival - 5KM	5KM	Comp. Rule 31.21 compliant	2025
AUS	Townsville	Townsville Running Festival - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUS	Townsville	Townsville Running Festival - Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUS	Tumbarumba	Tumbarumba to Rosewood Rail Trail 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUS	Tumbarumba	Tumbarumba to Rosewood Rail Trail Half Marathon	Half Marathon	Separation >50%	2026
AUS	Tumbarumba	Tumbarumba to Rosewood Rail Trail Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUS	Wangaratta	Ned Kelly Half Marathon Wangaratta	Half Marathon	Comp. Rule 31.21 compliant	2023
AUS	Wangaratta	Ned Kelly Marathon Wangaratta	Marathon	Comp. Rule 31.21 compliant	2023
AUT	Attnang	Attnanger Sparkassen Stadtlauf 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Attnang	Attnanger Sparkassen Stadtlauf 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Bad Ischl	Bad Ischl Kaiserlauf 2021	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Bad Watersdorf	ORF Radio Steiermark lauf halbmaraon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUT	Bregenz	3-Länder Skinfitt Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Bregenz	3-Länder Sparkasse Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUT	Ebensee	Transeuse Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
AUT	Furstenfeld	S7 Half Marathon - Your final call to Tokyo	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Furstenfeld	S7 Marathon - Your final call to Tokyo	Marathon	Comp. Rule 31.21 compliant	2025
AUT	Graz	"Die Woche" Halfmarathon Graz	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Graz	Graz Winter Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Graz	Graz Winter Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Graz	Graz Winter Run 5KM Lap	5KM	Comp. Rule 31.21 compliant	2026
AUT	Graz	Kleine Zeitung Graz Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Innsbruck	Innsbruck City Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Innsbruck	Innsbruck City Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Klagenfurt	International Halfmarathon Karnten Lauf	Half Marathon	Separation >50%	2026
AUT	Linz	Oberbank Linz Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Linz	Oberbank Linz Marathon	Marathon	Comp. Rule 31.21 compliant	2026
AUT	Puchheim	International Attnang-Puchheim "Spitz" One Mile race	Mile	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Jedermannlauf Austrian Half Marathon Championships 2020	Half Marathon	Comp. Rule 31.21 compliant	2024
AUT	Salzburg	Obendorfer Inklusions Friedenslauf - 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Obendorfer Inklusions Friedenslauf - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Salzburg 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Salzburg 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Salzburg	Salzburg Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUT	Salzburg	Salzburg Marathon	Marathon	Comp. Rule 31.21 compliant	2023
AUT	Stogersdorf	Austrian Championships 10KM	10KM	Comp. Rule 31.21 compliant	2024
AUT	Stogersdorf	Austrian U18 Championships	5KM	Comp. Rule 31.21 compliant	2024
AUT	Vienna	26 Wiener Feuerwehrlauf	5KM	Comp. Rule 31.21 compliant	2027
AUT	Vienna	Austrian Women's Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Vienna	Osterreichischer Frauenlauf	5KM	Comp. Rule 31.21 compliant	2025
AUT	Vienna	VCM 21KM	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Vienna	VCM Winterlaufserie - 5KM	5KM	Comp. Rule 31.21 compliant	2026
AUT	Vienna	VCM Winterlaufserie - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
AUT	Vienna	Vienna City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
AUT	Vienna	Vienna City Marathon	Marathon	Comp. Rule 31.21 compliant	2025
AUT	Vienna	Vienna City Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2025
AUT	Vienna	Wien Donauzentrum Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
AUT	Vorchdorf	Vorchdorf Pingstlauf 10KM	10KM	Comp. Rule 31.21 compliant	2026
AUT	Vorchdorf	Vorchdorf Pingstlauf 5KM	5KM	Comp. Rule 31.21 compliant	2026
BAH	Nassau	Bahamas Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
BAH	Nassau	Bahamas Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
BAN	Dhaka	Bangabandhu Sheikh Mujib Dhaka 10KM	10KM	Comp. Rule 31.21 compliant	2027
BAN	Dhaka	Bangabandhu Sheikh Mujib Dhaka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BAN	Dhaka	Bangabandhu Sheikh Mujib Dhaka Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BAN	Dhaka	RunBangla - CCCL International 10KM	10KM	Comp. Rule 31.21 compliant	2024
BAN	Dhaka	RunBangla - CCCL International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
BEL	Antwerp	Antwerp Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Antwerp	Linker Oevert 10K	10KM	Comp. Rule 31.21 compliant	2022 *
BEL	Antwerp	Linker Oevert Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
BEL	Antwerp	Linker Oevert Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
BEL	Breendonk	Great Breweries 25KM	25KM	Comp. Rule 31.21 compliant	2026
BEL	Breendonk	Great Breweries Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Brussels	Brussels Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BEL	Brussels	Brussels Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Brussels	DHL Brussels Elden 2022	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Buggenhout	Boamarathon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BEL	Gent	Road 2 Tokyo - Gent Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BEL	Gent	Sofico Gent Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
BEL	Gent	Sofico Gent Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Tongere	Runners Lab Elden	Marathon	Comp. Rule 31.21 compliant	2026
BEL	Torhout	Torhout Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BEL	Torhout	Torhout Marathon	Marathon	Comp. Rule 31.21 compliant	2023
BER	Hamilton	Bermuda 10KM	10KM	Comp. Rule 31.21 compliant	2023
BER	Hamilton	Bermuda Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
BER	Hamilton	Bermuda Marathon	Marathon	Comp. Rule 31.21 compliant	2024
BH	Banja Luka	Banja Luka 10KM	10KM	Comp. Rule 31.21 compliant	2026
BH	Banja Luka	Banja Luka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BH	Banja Luka	Banja Luka Marathon	Marathon	Comp. Rule 31.21 compliant	2026
BH	Brcko	Brcko Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
BH	Brcko	Vidovdan 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2023
BH	Brod	Brod	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Brod	Brod 10KM	10KM	Comp. Rule 31.21 compliant	2023
BH	Brod	Brod 5KM	5KM	Comp. Rule 31.21 compliant	2023
BH	Cazin	Cazin Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Cazin	Cazin Marathon	Marathon	Comp. Rule 31.21 compliant	2023
BH	Gradiska	Gradski 10KM	10KM	Comp. Rule 31.21 compliant	2023
BH	Gradiska	Gradski Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Modrica	Jabljenki Polumaraton	Half Marathon	Downhill (22.3 m/km) Separation >50%	2025
BH	Modrica	Road Raced Modrica 10KM	10KM	Comp. Rule 31.21 compliant	2026
BH	Mostar	Mostar Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Rama	Ramski Polumaraton	Half Marathon	Downhill (29.5 m/km) Separation >50%	2025
BH	Sarajevo	Mamornjigja utriša "Osman Juruzovic"	5KM	Downhill Separation >50%	2025
BH	Sarajevo	Polumaraton Sarajevo	Marathon	Comp. Rule 31.21 compliant	2026
BH	Sarajevo	TCM Sarajevo 21K	Half Marathon	Comp. Rule 31.21 compliant	2026
BH	Sarajevo	Two Cities Marathon	Marathon	Comp. Rule 31.21 compliant	2024
BH	Srebrenica	Stazama Bosne Srebrene	10KM	Comp. Rule 31.21 compliant	2026
BH	Tomislavgrad	Duvanska Desetka	10KM	Comp. Rule 31.21 compliant	2026
BH	Travnik	Travnik Night Race	5KM	Comp. Rule 31.21 compliant	2023
BH	Tuzla	Tuzla Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BH	Tuzla	Tuzlanska Desetka	10KM	Comp. Rule 31.21 compliant	2025
BH	Tuzla	Tuzlanska Petica	5KM	Comp. Rule 31.21 compliant	2025
BH	Tuzla	Tuzlanski Marathon	Marathon	Comp. Rule 31.21 compliant	2025
BH	Tuzla	Tuzlanski Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2025
BH	Zenica	Zenica 10KM Night Race	10KM	Comp. Rule 31.21 compliant	2023
BLR	Minsk	Minsk Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
BOL	Cochabamba	10K de la Concordia	10KM	Comp. Rule 31.21 compliant	2025
BOL	Santa Cruz	10K Corrida Internacional Santa Cruz de la Sierra	10KM	Comp. Rule 31.21 compliant	2026
BOL	Santa Cruz	Meda Maraton de Cotoca	Half Marathon	Separation >50%	2025
BOL	Santa Cruz	Mills Urbana New Balance	Mile	Comp. Rule 31.21 compliant	2026
BOT	Gaborone	Dacore Gaborone Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BOT	Gaborone	Dacore Gaborone Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge 10KM	10KM	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge 5KM	5KM	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
BOT	Kazungula	Kazungula Bridge Marathon	Marathon	Comp. Rule 31.21 compliant	2027
BRA	Brasilia	BSB City Half Marathon Brasilia	Half Marathon	Downhill (4.3 m/km)	2023
BRA	Curitiba	Corrida de Reis	10KM	Downhill (6.40 m/km) Separation >50%	2026
BRA	Parque do Mirim, Indaiatuba	Ultramaratona Indaiatuba	5KM	Comp. Rule 31.21 compliant	2024
BRA	Rio de Janeiro	Corrida de Sao Sebastiao	10KM	Comp. Rule 31.21 compliant	2022 *
BRA	Rio de Janeiro	Maratona de Cidade do Rio de Janeiro	Marathon	Comp. Rule 31.21 compliant	2026

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
BRA	Rio de Janeiro	Maratona da Cidade do Rio de Janeiro - 10 KM	10KM	Comp. Rule 31.21, compliant	2025
BRA	Rio de Janeiro	Meia Maratona da Cidade do Rio de Janeiro	Half Marathon	Comp. Rule 31.21, compliant	2025
BRA	Rio de Janeiro	Rio City Half Marathon	Half Marathon	Separation >50%	2026
BRA	Rio de Janeiro	Rio de Janeiro International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
BRA	São Paulo	Meia Maratona Internacional da Cidade de São Paulo	Half Marathon	Comp. Rule 31.21, compliant	2025
BRA	São Paulo	Sao Paulo International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
BRN	Manama	Bahrain Night Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
BUL	Plovdiv	Plovdiv Marathon	Marathon	Comp. Rule 31.21, compliant	2024
BUL	Sofia	Wizir Azar Sofia Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
BUL	Sofia	Wizir Azar Sofia Marathon	Marathon	Comp. Rule 31.21, compliant	2023
BUL	Stara Zagora	Stara Zagora Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
BUL	Stara Zagora	Stara Zagora Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CAM	Phnom Penh	Phnom Penh International 10KM	10KM	Comp. Rule 31.21, compliant	2023
CAM	Phnom Penh	Phnom Penh International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
CAN	Calgary	Calgary Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CAN	Calgary, ALB	Calgary 10KM	10KM	Comp. Rule 31.21, compliant	2026
CAN	Edmonton	Edmonton 10 KM	10KM	Comp. Rule 31.21, compliant	2022 *
CAN	Edmonton	Edmonton 5 KM	5KM	Comp. Rule 31.21, compliant	2022 *
CAN	Edmonton, AB	Edmonton Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023 *
CAN	Sverpool, Nova Scotia	Run Our Shore Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
CAN	London, Ontario	Run for Retina Research Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
CAN	Moncton	Medavie Canadian 5K Championship	5KM	Comp. Rule 31.21, compliant	2026
CAN	Niagara Falls	Niagara Falls Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
CAN	Ottawa	MCC Cycling Racer Half Marathon Ottawa	Half Marathon	Comp. Rule 31.21, compliant	2023 *
CAN	Ottawa	Ottawa Marathon	Marathon	Comp. Rule 31.21, compliant	2023 *
CAN	Ottawa, ON	Ottawa Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
CAN	Ottawa, ON	Ottawa Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
CAN	Port Elgin	Canadian Paralympic Marathon Qualifier	Marathon	Comp. Rule 31.21, compliant	2025
CAN	Québec City	Half Marathon SSQ de Québec	Half Marathon	Comp. Rule 31.21, compliant	2022 *
CAN	Québec City	Marathon SSQ de Québec	Marathon	Comp. Rule 31.21, compliant	2022 *
CAN	Québec City	Marathon SSQ de Québec - 10 KM	10KM	Comp. Rule 31.21, compliant	2022 *
CAN	Sidney, BC	Bazan Bay 5K	5KM	Comp. Rule 31.21, compliant	2026
CAN	Toronto	Toronto Marathon - 10KM	10KM	Comp. Rule 31.21, compliant	2026
CAN	Toronto	Toronto Marathon - 5KM	5KM	Comp. Rule 31.21, compliant	2026
CAN	Toronto	Toronto Marathon - Half Marathon	Half Marathon	Downhill (-4.41 m/km), Separation >50%	2026
CAN	Toronto	Toronto Marathon - Marathon	Marathon	Downhill (-2.2 m/km)	2026
CAN	Vancouver	BMO Vancouver Half Marathon	Half Marathon	Downhill (-2.75 m/km)	2026
CAN	Vancouver	BMO Vancouver Marathon	Marathon	Downhill (-3.37 m/km)	2026
CAN	Vancouver	Canada Running Series Vancouver Half Marathon	Half Marathon	Downhill (-3.7 m/km)	2026
CAN	Vancouver	Vancouver Sun Run 10 KM Alternate	10KM	Downhill (-2.5 m/km)	2026
CAN	Winnipeg	2022 Canadian Half Marathon Championships	Half Marathon	Comp. Rule 31.21, compliant	2026
CAY	Georgetown	Cayman Islands Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CAY	Georgetown	Cayman Islands Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CHI	Chillan	10K de Chillan	10KM	Comp. Rule 31.21, compliant	2026
CHI	Chillan	Medio Maratón de Chillan	Half Marathon	Comp. Rule 31.21, compliant	2026
CHI	Santiago	Maratón de Santiago	Marathon	Comp. Rule 31.21, compliant	2026
CHI	Santiago	Media Maratón de Santiago	Half Marathon	Comp. Rule 31.21, compliant	2026
CHI	Santiago de Chile	10K SER Runner	10KM	Comp. Rule 31.21, compliant	2023
CHI	Santiago de Chile	5K SER Runner	5KM	Downhill (-1.20 m/km)	2023
CHI	Vina del Mar	Maratón de Vina del Mar	Marathon	Comp. Rule 31.21, compliant	2026
CHI	Vina del Mar	Medio Maratón de Vina del Mar	Half Marathon	Comp. Rule 31.21, compliant	2026
CHN	Beijing	CFLD Beijing Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CHN	Beijing	China Unicom Beijing Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
CHN	Beijing	Great Wall Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CHN	Changde	Changde International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
CHN	Changde	Changde International Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CHN	Changsha	Changsha International Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CHN	Chengdu	Chengdu Half Marathon	Half Marathon	Separation >50%	2025
CHN	Chengdu	Chengdu Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Chongqing	Chongqing Marathon	Marathon	Comp. Rule 31.21, compliant	2027
CHN	Dalian	Dalian International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
CHN	Dalian	Dalian International Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Dongguan	Dongguan International Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Dongguan	Dongguan International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CHN	Dongguan	Yellow River Estuary International Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Duolun	Duolun International Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CHN	Fuzhou	Fuzhou Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CHN	Guangzhou	Happi 10K Guangzhou	10KM	Comp. Rule 31.21, compliant	2022 *
CHN	Guangzhou	Guangzhou Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CHN	Hangzhou	Hangzhou International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CHN	Hangzhou	The 19th Asian Games Hangzhou 2022 Athletics Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CHN	Harbin	Harbin Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CHN	Huainan	Huainan Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Jilin City	Jilin Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CHN	Kunming	SCO Kunming Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
CHN	Lanzhou	Lanzhou International Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Liu	Round Liu Lake Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
CHN	Nanchang	Nanchang Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Nanjing	Nanjing Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
CHN	Nanjing	Nanjing Marathon & Nanjing Marathon Championships 2020	Marathon	Comp. Rule 31.21, compliant	2024
CHN	Nanjing	ORA-Nanjing Pukou Women's Half Marathon (National Women's Half Marathon Championships)	Half Marathon	Comp. Rule 31.21, compliant	2026
CHN	Renshou	Renshou International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
CHN	Shanghai	Shanghai International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CHN	Shaoxing	Sieomon Shaoxing Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
CHN	Shaoxing	Sieomon Shaoxing Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Shenzhen	Shenzhen International Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
CHN	Shijiazhuang	Shijiazhuang Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CHN	Shijiazhuang	Shijiazhuang Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CHN	Suzhou	Bank of Suzhou - Suzhou Jinj Lake Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
CHN	Taijiao	Taijiao Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Wangjiang	Wangjiang Half Marathon	Half Marathon	Separation >50%	2022 *
CHN	Wuhan	CISM Military World Games 2019 / Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
CHN	Wuqing	Tianjin International Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CHN	Xian	Shaanxi 2021 National Games for Persons with Disabilities & Special Olympic Games	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Xian	The 14th Game of People's Republic of China Athletics Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Xian	Xian Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Xiamen	Xiamen International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CHN	Xuzhou	Xuzhou Marathon & National Championships Olympic Marathon Trials	Marathon	Comp. Rule 31.21, compliant	2025
CHN	Yangzhou	Yangzhou Jianzhen International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
CMR	Douala	Handy Roundabout Marathon Series Douala - 10K	10KM	Comp. Rule 31.21, compliant	2022 *
CMR	Yaounde	Handy Roundabout Marathon Series Yaounde - 10K	10KM	Comp. Rule 31.21, compliant	2022 *
COL	Bogotá	Medio Maratón de Bogotá	Half Marathon	Comp. Rule 31.21, compliant	2026
COL	Bogotá	Carrera de la Mujer Colombia	10KM	Comp. Rule 31.21, compliant	2023
COL	Bogotá	Carrera por la Policía	10KM	Comp. Rule 31.21, compliant	2023
COL	Bogotá	Run Tour Avianca	10KM	Comp. Rule 31.21, compliant	2022 *
COL	Bogotá	XX Campeonato Sudamericano de Atletismo Máster - 10KM	10KM	Comp. Rule 31.21, compliant	2026
COL	Bogotá	XX Campeonato Sudamericano de Atletismo Máster - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
COL	San José de Cúcuta	Media Maratón de Cúcuta 2018	Half Marathon	Comp. Rule 31.21, compliant	2022 *
COL	Tunel de la Línea	Media Maratón Tunel de la Línea	Half Marathon	Comp. Rule 31.21, compliant	2026
COL	Valledupar	Half Marathon XX Juegos Deportivos Bolívarianos Valledupar 2022	Half Marathon	Comp. Rule 31.21, compliant	2026
CPV	Santa Maria, Sal	African Beach Games 2019 / Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
CRC	Cartago	Clásica Carrera Internacional la Candelaria	10KM	Downhill, Separation >50%	2024
CRC	Cartago	Maratón de Cartago	Marathon	Downhill (-7.44 m/km)	2026
CRC	Cartago	Media Maratón de Cartago	Half Marathon	Downhill, Separation >50%	2026
CRC	Quezaste	Pamungo Beach Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CRC	Quezaste	Maratón JW Marriott Quezaste	Marathon	Comp. Rule 31.21, compliant	2023
CRC	San José	Maratón Municipalidad de San José	Marathon	Comp. Rule 31.21, compliant	2025
CRC	San José	Medio Maratón Municipalidad de San José	Half Marathon	Comp. Rule 31.21, compliant	2025
CRO	Salovec	Zrinski Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Slivenica	Adri Advent 5KM	5KM	Comp. Rule 31.21, compliant	2025
CRO	Slivenica	Adri Advent Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
CRO	Slivenica	Adri Advent Maraton	Marathon	Comp. Rule 31.21, compliant	2025
CRO	Gina	Gina 10KM	10KM	Comp. Rule 31.21, compliant	2026
CRO	Gina	Gina 5KM	5KM	Comp. Rule 31.21, compliant	2026
CRO	Istrabarsko	Jelkanski Polmaraton Memorial Prerad Bosnjak	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Karlovac	Heineken O O Karlovacki Cener	10KM	Comp. Rule 31.21, compliant	2025
CRO	Korenica	Pitviceke nocna utrka 10KM	10KM	Comp. Rule 31.21, compliant	2023
CRO	Korenica	Pitviceke nocna utrka 5KM	5KM	Comp. Rule 31.21, compliant	2023
CRO	Lug	Baranjski Ferivi Polmaraton	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Moslavica	Polmaraton Moslavica	Half Marathon	Downhill (-2.7 m/km)	2026
CRO	Odzaci	Odzaci Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CRO	Omis	Omis Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Opatje	Osijek Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Otroac	Gacka Run 10KM	10KM	Comp. Rule 31.21, compliant	2026
CRO	Otroac	Gacka Run 5KM	5KM	Comp. Rule 31.21, compliant	2026
CRO	Pitvice	Pitvice Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
CRO	Pitvice	Pitvice Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CRO	Pozega	Pozega Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Puljane	Kriša Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Rijeka	Rijeka Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
CRO	Rijeka	Rijeka Marathon	Marathon	Comp. Rule 31.21, compliant	2023
CRO	Sabac	Sabac Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CRO	Sibenik	Sibenik 10KM	10KM	Comp. Rule 31.21, compliant	2023
CRO	Sibenik	Sibenik 5KM	5KM	Comp. Rule 31.21, compliant	2023
CRO	Slak	Slak Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
CRO	Slavonska Brod	Slavonska trika 10KM	10KM	Comp. Rule 31.21, compliant	2026
CRO	Slavonska Brod	Slavonska trika 5KM	5KM	Comp. Rule 31.21, compliant	2026
CRO	Slavonska Brod	Slavonska trika Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Slavonska Brod	Slavonska trika Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CRO	Split	Split Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
CRO	Split	Split Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CRO	Ston	Ston Wall Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CRO	Strizvojnica	Nocna Petica Strizvojnica 5KM	5KM	Comp. Rule 31.21, compliant	2026
CRO	Strizvojnica	Nocni Cener Strizvojnica 10KM	10KM	Comp. Rule 31.21, compliant	2026
CRO	Varazdin	Brooks Varazdinski Polmaraton	Half Marathon	Comp. Rule 31.21, compliant	2023
CRO	Zadar	Nin-Zadar Polmaraton	Half Marathon	Separation >50%	2026
CRO	Zadar	Zadarske 5-ICE	5KM	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	CRWT Home Track	Half Marathon	Comp. Rule 31.21, compliant	2024
CRO	Zagreb	Half Marathon Ivan Starek	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	Hojevka	10KM	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	Jarunska Dasetka 10KM	10KM	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	Jarunska Petica 5KM	5KM	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	Nocna 10KM Zagreb	10KM	Comp. Rule 31.21, compliant	2023
CRO	Zagreb	Ultra Garmin 10KM	10KM	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	Zagreb Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	Zagreb Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CRO	Zagreb	Zagreb Spring Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
CRO	Zagreb	Zagreb Spring Half Marathon 10KM Split	10KM	Comp. Rule 31.21, compliant	2023
CRO	Zagreb	Zagreb Spring Half Marathon powered by Heineken 0.0	Half Marathon	Comp. Rule 31.21, compliant	2025
CRO	Zagreb	Zagrebbacki nocni cener	10KM	Comp. Rule 31.21, compliant	2025
CRO	Zaprešić	Athletička utrka za grb grada Zaprešića 10KM	10KM	Comp. Rule 31.21, compliant	2024
CRO	Zaprešić	Athletička utrka za grb grada Zaprešića 5KM	5KM	Comp. Rule 31.21, compliant	2024
CRO	Zaprešić	Buzična Utrka 5KM	5KM	Comp. Rule 31.21, compliant	2023
CUB	Havana	Marabana 10K	10KM	Comp. Rule 31.21, compliant	2026
CUB	Havana	Marabana Maratón	Marathon	Comp. Rule 31.21, compliant	2026
CUB	Havana	Marabana Media Maratón	Half Marathon	Comp. Rule 31.21, compliant	2026
CUB	Varadero	Maratón de Varadero	Marathon	Comp. Rule 31.21, compliant	2026
CUB	Varadero	Maratón u Media Maratón de Varadero 10KM	10KM	Comp. Rule 31.21, compliant	2026
CUB	Varadero	Media Maratón de Varadero	Half Marathon	Comp. Rule 31.21, compliant	2026
CYP	Larnaka	Radisson Blu Larnaka International Half Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CYP	Larnaka	Radisson Blu Larnaka International Marathon	Marathon	Comp. Rule 31.21, compliant	2025
CYP	Limassol	Lemesia - Maros Agathangelou 10KM Race	10KM	Comp. Rule 31.21, compliant	2026
CYP	Limassol	Muskita Limassol Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CYP	Limassol	OPAP Limassol Half Marathon GSO	Half Marathon	Comp. Rule 31.21, compliant	2024
CYP	Limassol	OPAP Limassol Marathon GSO	Marathon	Comp. Rule 31.21, compliant	2026
CYP	Nicosia	Cyprus National Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
CYP	Nicosia	Nicosia Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
CYP	Nicosia	Nicosia Marathon	Marathon	Comp. Rule 31.21, compliant	2024
CYP	Nicosia	Quantum Nicosia Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CYP	Nicosia	Quantum Nicosia Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CZE	Brno	Longom Cigany Marathon	Marathon	Separation >50%	2025
CZE	Brno	Half Marathon Brno	Half Marathon	Comp. Rule 31.21, compliant	2026
CZE	Ceske Budejovice	Mattoni Half Marathon Ceske Budejovice	Half Marathon	Comp. Rule 31.21, compliant	2025
CZE	Karlovy Vary	Mattoni Half Marathon Karlovy Vary	Half Marathon	Comp. Rule 31.21, compliant	2025
CZE	Olomouc	Mattoni Half Marathon Olomouc	Half Marathon	Comp. Rule 31.21, compliant	2025
CZE	Pardubice	Pardubice Wine Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
CZE	Prague	Birrell 10KM Race	10KM	Comp. Rule 31.21, compliant	2023
CZE	Prague	Prague 21.1KM	Half Marathon	Comp. Rule 31.21, compliant	2024
CZE	Prague	Sportissimo Prague Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
CZE	Prague	Volkswagen Prague Marathon	Marathon	Comp. Rule 31.21, compliant	2026
CZE	Prague	Volkswagen Prague Marathon - Battle of the Teams	Marathon	Comp. Rule 31.21, compliant	2025
CZE	Ústí nad Labem	Mattoni Ústí nad Labem Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
DEN	Aarhus	Danish Championships 10KM	10KM	Comp. Rule 31.21, compliant	2026
DEN	Copenhagen	Copenhagen Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
DEN	Copenhagen	Telenor Copenhagen Marathon	Marathon	Comp. Rule 31.21, compliant	2025
DEN	Odense	H C Andersen Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
DEN	Odense	H C Andersen Marathon	Marathon	Comp. Rule 31.21, compliant	2026
DEN	Torshavn	Torshavn Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
DEN	Torshavn	Torshavn Marathon	Marathon	Comp. Rule 31.21, compliant	2026
DJ	Djibouti	10KM Air Djibouti	10KM	Comp. Rule 31.21, compliant	2025
DJ	Djibouti	10KM Djibouti Telecom	10KM	Comp. Rule 31.21, compliant	2025
DJ	Djibouti	10KM International Gateway to Africa	10KM	Comp. Rule 31.21, compliant	2025
DJ	Djibouti	5KM International Gateway to Africa	5KM	Comp. Rule 31.21, compliant	2025
DJ	Djibouti	Semi Marathon International Gateway to Africa	Half Marathon	Comp. Rule 31.21, compliant	2025
DOM	Santiago	Maratón Monumental Primer Santiago de América - Maratón	Marathon	Comp. Rule 31.21, compliant	2026
DOM	Santiago	Maratón Monumental Primer Santiago de América - Media Maratón	Half Marathon	Comp. Rule 31.21, compliant	2026
DOM	Santiago	Maratón Santiago de América	Marathon	Comp. Rule 31.21, compliant	2022 *
DOM	Santo Domingo	10 KM Claro de Santo Domingo	10KM	Comp. Rule 31.21, compliant	2024
DOM	Santo Domingo	Maratón Ciudad Santo Domingo	Marathon	Comp. Rule 31.21, compliant	2023
DOM	Santo Domingo	Media Maratón Claro de Santo Domingo	Half Marathon	Comp. Rule 31.21, compliant	2024 *
ECU	Ambato	Ruta de Los Tres Jaunes 10K	10KM	Comp. Rule 31.21, compliant	2026
ECU	Guayaquil	10 k Expo Deporte Guayaquil	10KM	Comp. Rule 31.21, compliant	2026
ECU	Guayaquil	Media Maratón de Salinas	Half Marathon	Comp. Rule 31.21, compliant	2024
ECU	Guayaquil	Media Maratón Expo Deporte Guayaquil	Half Marathon	Comp. Rule 31.21, compliant	2026
ECU	Guayaquil	Media Maratón Guayaquil	Half Marathon	Comp. Rule 31.21, compliant	2026
ECU	Latacunga	Circuito Campeonato Nacional de la Milla Latacunga	10KM	Comp. Rule 31.21, compliant	2025
ECU	Manta	Maratón Ciudad de Manta	Marathon	Comp. Rule 31.21, compliant	2026
ECU	Manta	Media Maratón Ciudad de Manta	Half Marathon	Comp. Rule 31.21, compliant	2026
ECU	Portoviejo	Media Maratón Portoviejo	Half Marathon	Comp. Rule 31.21, compliant	2026
ECU	Quito	Liga 10K Race	10KM	Downhill, Separation >5%	2022 *
ECU	Quito	Maratón de Quito	Marathon	Comp. Rule 31.21, compliant	2026
ECU	Salinas	Media Maratón Alcaldía de Salinas	Half Marathon	Comp. Rule 31.21, compliant	2026
EGY	El Gouna	El Gouna Int'l Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
EGY	El Shorouk City	Great Egyptian River Nile 10KM Run	10KM	Comp. Rule 31.21, compliant	2025
EGY	El Shorouk City	Great Egyptian River Nile 5KM Run	5KM	Comp. Rule 31.21, compliant	2025
EGY	El Shorouk City	Great Egyptian River Nile Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
EGY	El Shorouk City	Great Egyptian River Nile Marathon	Marathon	Comp. Rule 31.21, compliant	2026
EGY	El Shorouk City	Great Freedom Run Egypt's Fastest Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
EGY	El Shorouk City	Great Victory Run	10KM	Comp. Rule 31.21, compliant	2025
ESA	San Salvador	Media Maratón Juegos CAC San Salvador 2023	Half Marathon	Comp. Rule 31.21, compliant	2027
ESP	Alcobendas	10KM Alcobendas	10KM	Downhill (-9.50m/km)	2026
ESP	Barcelona	Cursa dels Nassos 2021 5KM	5KM	Comp. Rule 31.21, compliant	2025
ESP	Barcelona	Cursa dels Nassos	10KM	Comp. Rule 31.21, compliant	2024
ESP	Barcelona	Edreams mitja maratò Barcelona	Half Marathon	Comp. Rule 31.21, compliant	2023
ESP	Barcelona	Zurich Marato de Barcelona	Marathon	Comp. Rule 31.21, compliant	2023
ESP	Benidorm	10KM de Benidorm	10KM	Comp. Rule 31.21, compliant	2024
ESP	Benidorm	Media Maratón de Benidorm	Half Marathon	Comp. Rule 31.21, compliant	2024
ESP	Bilbao	Bilbao Bizkaia 1.0 KM	10KM	Downhill (-1.10m/km)	2026
ESP	Bilbao	Bilbao Bizkaia Maratón	Marathon	Comp. Rule 31.21, compliant	2026
ESP	Bilbao	EDP Bilbao Night 10KM 2022	10KM	Downhill (2.20 m/km)	2026
ESP	Bilbao	EDP Bilbao Night Marathon 2022	Marathon	Comp. Rule 31.21, compliant	2026
ESP	Castellón	10K Fasca	10KM	Comp. Rule 31.21, compliant	2026
ESP	Castellón	Maratón BP Castellón	Marathon	Comp. Rule 31.21, compliant	2026
ESP	Elche	Media Maratón Internacional ciudad de Elche	Half Marathon	Comp. Rule 31.21, compliant	2026
ESP	Granollers	Mitja Marato Internacional de Granollers	Half Marathon	Comp. Rule 31.21, compliant	2023
ESP	Laredo	10KM en ruta Laredo	10KM	Comp. Rule 31.21, compliant	2026
ESP	Madrid	EDP Rock 'n' Roll Madrid 10KM	10KM	Downhill (-1.13 m/km)	2022 *
ESP	Madrid	Media Maratón EDP Rock'n'Roll Running Series Madrid	Half Marathon	Comp. Rule 31.21, compliant	2026
ESP	Madrid	Movistar Media Maratón de Madrid	Half Marathon	Comp. Rule 31.21, compliant	2022 *
ESP	Madrid	NN San Silvestre Vallecana	10KM	Comp. Rule 31.21, compliant	2024
ESP	Madrid	Rock 'n' Roll Madrid Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
ESP	Malaga	General Maratón de Malaga 2022	Marathon	Comp. Rule 31.21, compliant	2026
ESP	Malaga	Total Energías Medio Maratón Malaga	Half Marathon	Comp. Rule 31.21, compliant	2026
ESP	Maspalomas	Gran Canaria Maspalomas Marathon	Marathon	Comp. Rule 31.21, compliant	2026
ESP	O Barco de Valdeorras	Campeonato de Espana de 10KM en ruta	10KM	Comp. Rule 31.21, compliant	2026
ESP	San Sebastian	Zurich Maratón internacional de San Sebastian	Marathon	Comp. Rule 31.21, compliant	2026
ESP	San Sebastian	Zurich Media Maratón de San Sebastian	Half Marathon	Comp. Rule 31.21, compliant	2026
ESP	Santa Pola	Media Maratón Internacional de Santa Pola	Half Marathon	Comp. Rule 31.21, compliant	2024
ESP	Seville	Zurich Marato de Sevilla	Marathon	Comp. Rule 31.21, compliant	2023
ESP	Torreveja	Campeonato de Espana de Medio Maratón	Half Marathon	Comp. Rule 31.21, compliant	2024
ESP	Torreveja	Media Maratón Popular Torreveja Alicante	Half Marathon	Comp. Rule 31.21, compliant	2026
ESP	Valencia	10K Valencia Trinidad Alfonso	10KM	Comp. Rule 31.21, compliant	2024
ESP	Valencia	10KM Valencia bercegas	10KM	Comp. Rule 31.21, compliant	2024
ESP	Valencia	Maratón Valencia Trinidad Alfonso EDP	Marathon	Comp. Rule 31.21, compliant	2026
ESP	Valencia	Media Maratón Valencia Trinidad Alfonso EDP	Half Marathon	Comp. Rule 31.21, compliant	2026
EST	Kuressaare	Ultima Thule Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
EST	Kuressaare	Ultima Thule Marathon	Marathon	Comp. Rule 31.21, compliant	2026
EST	Narva	Narva Energootka Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
EST	Tallinn	Estonian Marathon Championships	Marathon	Comp. Rule 31.21, compliant	2024
EST	Tallinn	Tallinn 10KM	10KM	Comp. Rule 31.21, compliant	2026
EST	Tallinn	Tallinn Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
EST	Tallinn	Tallinn Marathon	Marathon	Comp. Rule 31.21, compliant	2026
EST	Tallinn	Viking Line Eesti Ogopoks-Ulemiste Eri 10KM	10KM	Comp. Rule 31.21, compliant	2024
EST	Tallinn	Viking Line Eesti Ogopoks-Ulemiste Eri 5KM	5KM	Comp. Rule 31.21, compliant	2024
EST	Tartu	Tartu Linnamaraton	Marathon	Comp. Rule 31.21, compliant	2022 *
EST	Tartu	Tartu Linnamaraton Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
EST	Turi	Viking Window Fade-Turi Rahvapoks (start on road)	5KM	Comp. Rule 31.21, compliant	2026
EST	Turi	Viking Window Fade-Turi Rahvapoks (start on track)	5KM	Comp. Rule 31.21, compliant	2026
ETH	Addis Ababa	Great Ethiopian Run (elite course)	10KM	Comp. Rule 31.21, compliant	2023
ETH	Addis Ababa	Great Ethiopian Run (mass course)	10KM	Comp. Rule 31.21, compliant	2023
FIN	Helsinki	FIN-SWE Athletics International Road Race	10KM	Comp. Rule 31.21, compliant	2026
FIN	Helsinki	Helsinki City Running Day - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
FIN	Helsinki	Helsinki City Running Day - Marathon	Marathon	Comp. Rule 31.21, compliant	2026
FIN	Helsinki	Helsinki City Running Day 5KM	5KM	Comp. Rule 31.21, compliant	2025
FIN	Helsinki	Helsinki Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
FIN	Helsinki	Helsinki Marathon	Marathon	Comp. Rule 31.21, compliant	2024
FIN	Helsinki	Helsinki Marathon / 10KM	10KM	Comp. Rule 31.21, compliant	2024
FIN	Helsinki	Helsinki Marathon / Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
FIN	Joutseno	Kullervo Puolimaraton	Half Marathon	Comp. Rule 31.21, compliant	2022 *
FIN	Joutseno	Kullervo Puolimaraton / Finnish National Marathon Championships	Marathon	Comp. Rule 31.21, compliant	2022 *
FIN	Jyväskylä	Finnish Road Running Championships 10KM	10KM	Comp. Rule 31.21, compliant	2025
FIN	Jyväskylä	Finnish Road Running Championships Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
FIN	Rauma	National Road Running Championships 10KM	10KM	Comp. Rule 31.21, compliant	2026
FIN	Rauma	National Road Running Championships Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
FIN	Turku	Pavvo Nurti 10KM	10KM	Comp. Rule 31.21, compliant	2024
FIN	Turku	Pavvo Nurti Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
FIN	Turku	Pavvo Nurti Marathon	Marathon	Comp. Rule 31.21, compliant	2026
FLK	Stanley, Falkland Islands	Standard Chartered Stanley Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
FRA	Albi	Championnats de France 2022 des 5KM	5KM	Comp. Rule 31.21, compliant	2026
FRA	Annecy	Maratón d'Annecy	Marathon	Comp. Rule 31.21, compliant	2026
FRA	Annecy	Semi Maratón d'Annecy	Half Marathon	Comp. Rule 31.21, compliant	2026
FRA	Auray	Auray Vannes Semi Marathon	Half Marathon	Separation >50%	2026
FRA	Avranches	Semi marathon d'Avranches	Half Marathon	Downhill (-4.2 m/km), Separation >50%	2024
FRA	Baie Mahault	10KM Chrono Univers	10KM	Comp. Rule 31.21, compliant	2023
FRA	Baie Mahault	5 KM des Foulees de Noel	5KM	Comp. Rule 31.21, compliant	2024
FRA	Asseze Terre	10KM Association Espoir EDT	10KM	Downhill (-3.50 m/km)	2024
FRA	Beaufort	"Le Lion" Semi marathon (Beaufort-Montbelliard, odd-numbered years)	Half Marathon	Downhill (2.5 m/km), Separation >50%	2022 *
FRA	Beaufort	"Le Lion" Semi marathon (Montbelliard-Beaufort, even-numbered years)	Half Marathon	Separation >50%	2025
FRA	Blairritz	Maratón de Blairitz	Marathon	Comp. Rule 31.21, compliant	2026
FRA	Blairritz	Semi Maratón de Blairitz	Half Marathon	Comp. Rule 31.21, compliant	2026
FRA	Blagnac	10KM de Blagnac	10KM	Comp. Rule 31.21, compliant	2027
FRA	Blagnac	Semi Maratón de Blagnac	Half Marathon	Comp. Rule 31.21, compliant	2027
FRA	Boulogne Billancourt	Semi Maratón de Boulogne Billancourt	Half Marathon	Comp. Rule 31.21, compliant	2026
FRA	Cabries	Semi Maratón de Cabries	Half Marathon	Comp. Rule 31.21, compliant	2022 *
FRA	Caen	10 KM Credit Agricole Normandie	10KM	Comp. Rule 31.21, compliant	2026
FRA	Caen	Maratón de la Liberté	Marathon	Comp. Rule 31.21, compliant	2026
FRA	Caen	Maratón de la Liberté	Marathon	Comp. Rule 31.21, compliant	2026
FRA	Caen	Semi Maratón Pegasus	Half Marathon	Comp. Rule 31.21, compliant	2026
FRA	Cancalle	La 10K Cancalle	10KM	Downhill (-2.40 m/km)	2023
FRA	Cannes	10KM de Cannes	10KM	Comp. Rule 31.21, compliant	2026
FRA	Caudébec Les Elbeuf	Semi Maratón des boucles de la Seine	Half Marathon	Comp. Rule 31.21, compliant	2023
FRA	Cavalière Sur Mer	Maratón du Golfe de St Tropez	Marathon	Comp. Rule 31.21, compliant	2023
FRA	Cholet	Les Foulees Choletaises 10KM	10KM	Comp. Rule 31.21, compliant	2026
FRA	Colin (Guadeloupe)	5KM Defi Market	5KM	Comp. Rule 31.21, compliant	2024

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
FRA	Deauville	10 KM de Deauville	10KM	Comp. Rule 31.21 compliant	2025
FRA	Deauville	5 KM de Deauville	5KM	Comp. Rule 31.21 compliant	2025
FRA	Deauville	Marathon de Deauville	Marathon	Comp. Rule 31.21 compliant	2025
FRA	Deauville	Semi Marathon de Deauville	Half Marathon	Comp. Rule 31.21 compliant	2025
FRA	Elbeuf	10 KM des boucles de la Seine	10KM	Comp. Rule 31.21 compliant	2024
FRA	Elbeuf	Semi Marathon des boucles de la Seine	Half Marathon	Comp. Rule 31.21 compliant	2024
FRA	Fort de France	Les foulées Foyolaises	10KM	Comp. Rule 31.21 compliant	2026
FRA	Fort de France	Semi Marathon de Fort de France	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Hyères	5KM From Hyères	5KM	Comp. Rule 31.21 compliant	2026
FRA	Jay les Moulinaux	Corrida 10KM d'Iray les Moulinaux	10KM	Comp. Rule 31.21 compliant	2026
FRA	Jaunay Marigny	Marathon Poitiers Futuroscope	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Jaunay Marigny	Semi Marathon de Poitiers Futuroscope	Half Marathon	Downhill (-1.32 m/km)	2026
FRA	La Rochelle	Marathon de La Rochelle - Serge Vigot	Marathon	Comp. Rule 31.21 compliant	2026
FRA	La Ville aux Dames	Courir Santé 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	La Ville aux Dames	Courir Santé 5KM	5KM	Comp. Rule 31.21 compliant	2026
FRA	Languèux	Corrida de Languèux	10KM	Comp. Rule 31.21 compliant	2025
FRA	Le Puy en Velay	5KM du Puy en Velay	5KM	Comp. Rule 31.21 compliant	2025
FRA	Les Abymes	10KM des Abymes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Les Abymes	Semi Marathon des Abymes	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Lille	10KM de la Braderie	10KM	Comp. Rule 31.21 compliant	2023
FRA	Lille	10KM Kipur Race de Lille 2022	10KM	Comp. Rule 31.21 compliant	2026
FRA	Lille	5KM de l'UT de Lille	5KM	Comp. Rule 31.21 compliant	2023
FRA	Lille	5KM Kipur Race de Lille 2022	5KM	Comp. Rule 31.21 compliant	2026
FRA	Lille	Lille Semi Marathon de la Braderie Y	Half Marathon	Comp. Rule 31.21 compliant	2022 *
FRA	Lille	Semi Marathon de la Braderie	Half Marathon	Comp. Rule 31.21 compliant	2023 *
FRA	Lyon	Run in Lyon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	Lyon	Run in Lyon Marathon	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Lyon	Run in Lyon Semi Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Malakoff	Foulées de Malakoff - 10KM	10KM	Comp. Rule 31.21 compliant	2027
FRA	Malakoff	Foulées de Malakoff - 5KM	5KM	Comp. Rule 31.21 compliant	2027
FRA	Mont Saint Michel	Mont Saint Michel Marathon	Marathon	Separation >50%	2023
FRA	Morton	Asics beat your personal best 10KM	10KM	Comp. Rule 31.21 compliant	2025
FRA	Morton	Asics beat your personal best 5KM	5KM	Comp. Rule 31.21 compliant	2025
FRA	Neuville de Poitou	Foulées Neuvoilles 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	Neuville de Poitou	Foulées Neuvoilles 5KM	5KM	Comp. Rule 31.21 compliant	2026
FRA	Nice	10KM de Nice	10KM	Comp. Rule 31.21 compliant	2026
FRA	Nice	5KM Chrono de Nice	5KM	Comp. Rule 31.21 compliant	2026
FRA	Nice	French Riviera Marathon Nice Cannes	Marathon	Separation >50%	2025
FRA	Nice	NiceRunning Day 10 KM	10KM	Comp. Rule 31.21 compliant	2022 *
FRA	Nice	Prom' Classic	10KM	Comp. Rule 31.21 compliant	2027
FRA	Nice	Semi Marathon International de Nice	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Paris	10KM Addis Paris	10KM	Comp. Rule 31.21 compliant	2026
FRA	Paris	Gay Games - Semi Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
FRA	Paris	Harmonie Mutuelle Semi de Paris	Half Marathon	Comp. Rule 31.21 compliant	2024
FRA	Paris	MAF Ekiden Paris	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Paris	Schneider Electric Marathon de Paris	Marathon	Comp. Rule 31.21 compliant	2023
FRA	Pointe-à-Pître	10KM de la Ville de Pointe-à-Pître	10KM	Comp. Rule 31.21 compliant	2023
FRA	Pointe-à-Pître	5 KM Chrono Uniers de Pointe-à-Pître	5KM	Comp. Rule 31.21 compliant	2023
FRA	Pontorson	Harmonie mutuelle "Run in Mont Saint Michel" Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
FRA	Pontorson	Run ion Mont Saint Michel 10 KM	10KM	Comp. Rule 31.21 compliant	2023
FRA	Porto Vecchio	Semi Marathon de Porto Vecchio	Half Marathon	Comp. Rule 31.21 compliant	2022 *
FRA	Redon	10KM Les Maronnaises	10KM	Comp. Rule 31.21 compliant	2026
FRA	Redon	5KM Les Maronnaises	5KM	Comp. Rule 31.21 compliant	2026
FRA	Reims	Run in Reims 10KM	10KM	Comp. Rule 31.21 compliant	2025
FRA	Reims	Run in Reims Marathon	Marathon	Comp. Rule 31.21 compliant	2025
FRA	Reims	Run in Reims Semi Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
FRA	Rennes	10KM CMB Rennes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	10KM Lenotte Rennes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	10KM Match Sobhi Rennes	10KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	5KM France Bleue Sécurité Routière Rennes	5KM	Comp. Rule 31.21 compliant	2026
FRA	Rennes	Marathon Vert de Rennes	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Rennes	Semi Ouest France Rennes	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Royan	10KM de Royan	10KM	Comp. Rule 31.21 compliant	2026
FRA	Royan	Marathon de Royan	Marathon	Comp. Rule 31.21 compliant	2026
FRA	Royan	Semi Marathon de Royan	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Saint Denis	10KM de la Voie Royale	10KM	Comp. Rule 31.21 compliant	2022 *
FRA	Saint Denis	Saint Denis Semi Marathon la Voie Royale	Half Marathon	Comp. Rule 31.21 compliant	2022 *
FRA	Saint Grégoire	10 KM Bist de Saint Grégoire	10KM	Comp. Rule 31.21 compliant	2027
FRA	Saint Jacques de la Lande	Les Foulées Jacquolandines 10 KM	10KM	Comp. Rule 31.21 compliant	2022 *
FRA	Saint Jacques de la Lande	Les Foulées Jacquolandines 5 KM	5KM	Comp. Rule 31.21 compliant	2022 *
FRA	Saint Jean de Luz	Semi Marathon Saint Jean de Luz Hondarribia	Half Marathon	Separation >50%	2026
FRA	Saint Medard	5 KIEN de Bretagne	Marathon	Comp. Rule 31.21 compliant	2024
FRA	Saint Medard en Jalles	10KM de Saint Medard en Jalles	10KM	Comp. Rule 31.21 compliant	2023
FRA	Saint Omer	10KM de Saint Omer	10KM	Comp. Rule 31.21 compliant	2026
FRA	Saint Omer	5KM de Saint Omer	5KM	Comp. Rule 31.21 compliant	2025
FRA	Saint Omer	Semi Marathon de Saint Omer - Championnat de France 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
FRA	Saint Pierre des Corps	Corrida de Saint Pierre des Corps	10KM	Comp. Rule 31.21 compliant	2026
FRA	Strax	SCPAL Strax 5KM des Oliviers	5KM	Comp. Rule 31.21 compliant	2023
FRA	Strasbourg	10KM Strasbourg Europe	10KM	Comp. Rule 31.21 compliant	2025
FRA	Strasbourg	5KM Strasbourg Europe	5KM	Comp. Rule 31.21 compliant	2025
FRA	Strasbourg	Semi Marathon Strasbourg Europe	Half Marathon	Comp. Rule 31.21 compliant	2025
FRA	Toulouse	10KM de Toulouse Métropole	10KM	Comp. Rule 31.21 compliant	2023
FRA	Toulouse	Marathon de Toulouse métropole	Marathon	Comp. Rule 31.21 compliant	2022 *
FRA	Toulouse	Semi Marathon de Toulouse métropole	Half Marathon	Comp. Rule 31.21 compliant	2023
FRA	Tours	Les Foulées de l'Arche 10KM	10KM	Comp. Rule 31.21 compliant	2026
FRA	Tours	Les Foulées de l'Arche 5KM	5KM	Comp. Rule 31.21 compliant	2026
FRA	Valenciennes	10KM de Valenciennes	10KM	Comp. Rule 31.21 compliant	2023
FRA	Vannes	Arradon Vannes	10KM	Downhill (-3.00 m/km)	2023
FRA	Vannes	Botquelenn Vannes	5KM	Downhill, Separation >50%	2023
FRA	Vannes	Les Foulées du Golfe	10KM	Comp. Rule 31.21 compliant	2022 *
FRA	Vannes	Marathon Vannes	Marathon	Comp. Rule 31.21 compliant	2025
GAB	Francerville	Run in Masaku 10K	10KM	Comp. Rule 31.21 compliant	2022 *
GAB	Libreville	10KM de Libreville	10KM	Comp. Rule 31.21 compliant	2026
GAB	Libreville	Marathon du Gabon	Marathon	Comp. Rule 31.21 compliant	2026
GAB	Libreville	Semi Marathon du Gabon	Half Marathon	Comp. Rule 31.21 compliant	2026
GAB	Port Gentil	10KM de Port Gentil	10KM	Comp. Rule 31.21 compliant	2026
GBR	Belfast	Deep River/Rock Belfast City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GBR	Birmingham	XXI Commonwealth Games Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GBR	Brighton	Brighton 10KM	10KM	Comp. Rule 31.21 compliant	2025
GBR	Brighton	Brighton Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GBR	Cardiff	Cardiff University Cardiff Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Cheshire	Cheshire Elite Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GBR	Dorney	Dorney Lake Marathon	Marathon	Comp. Rule 31.21 compliant	2024
GBR	Edinburgh	Edinburgh Marathon	Marathon	Downhill (-1.86 m/km)	2026
GBR	Edinburgh	EMF Edinburgh Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Glasgow	Glasgow Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Glasgow	Great Scottish Run	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Inverness	Loch Ness Marathon	Marathon	Downhill (-6.80 m/km), Separation >50%	2026
GBR	Islay	Ardbeg Islay Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GBR	Larne	Antrim Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GBR	Liverpool	Rock 'n' Roll Liverpool Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GBR	Llanelli	Great Welsh Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GBR	Llanelli	Great Welsh Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GBR	London	The Big Half	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	London	Virgin Money London Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GBR	London	Vitality 10000M	10KM	Comp. Rule 31.21 compliant	2026
GBR	London, Kew Gardens	LKA Olympic Marathon Trials 2021	Marathon	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Great Manchester Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Greater Manchester Run 10KM	10KM	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Manchester Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	Manchester	Therme Manchester Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GBR	Manchester	Tommy's Manchester Half	Half Marathon	Comp. Rule 31.21 compliant	2024
GBR	Milton Keynes	Milton Keynes Marathon	Marathon	Comp. Rule 31.21 compliant	2027
GBR	Newcastle-Upon-Tyne	Great North Run	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	Patriington Haven	Meriden 25KM	25KM	Comp. Rule 31.21 compliant	2026
GBR	Saffron Walden	Carver Barracks	Marathon	Comp. Rule 31.21 compliant	2023
GBR	Swansea	Swansea Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GBR	Wigan	Fast 5KM	5KM	Comp. Rule 31.21 compliant	2024
GBR	Wrexham	Wrexham Elite Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GEO	Batumi	Great Batumi Night Race 10KM	10KM	Comp. Rule 31.21 compliant	2024
GEO	Batumi	Great Batumi Night Race Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GER	Bensheim	Jogandrock Bensheim 10KM	10KM	Comp. Rule 31.21 compliant	2025
GER	Bensheim	Jogandrock Bensheim 5KM	5KM	Comp. Rule 31.21 compliant	2025
GER	Berlin	30th adidas Runners City Night Berlin 10KM	10KM	Comp. Rule 31.21 compliant	2026
GER	Berlin	Berlin Invitational V (10KM)	10KM	Comp. Rule 31.21 compliant	2026
GER	Berlin	Berlin Invitational V (5KM)	5KM	Comp. Rule 31.21 compliant	2026
GER	Berlin	BMW Berlin Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Berlin	General Berliner Halbmarathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Bonn	Deutsche Post Marathon Bonn	Marathon	Comp. Rule 31.21 compliant	2026
GER	Chemnitz	Invitational RUN Chemnitz 10KM	10KM	Comp. Rule 31.21 compliant	2025
GER	Chemnitz	Invitational RUN Chemnitz 5KM	5KM	Comp. Rule 31.21 compliant	2025
GER	Dresden	Internationaler Citylauf Invitational RUN Dresden - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Dresden	Internationaler Citylauf Invitational RUN Dresden - Marathon	Marathon	Comp. Rule 31.21 compliant	2025
GER	Dresden	Leifstone Invitational Run Dresden - 10KM	10KM	Comp. Rule 31.21 compliant	2024
GER	Dresden	NTT DATA Citylauf Dresden	10KM	Comp. Rule 31.21 compliant	2026
GER	Düsseldorf	METRO Marathon Düsseldorf	Marathon	Comp. Rule 31.21 compliant	2023
GER	Essen	Westenrgie Marathon "Rund Um den Baldeneysee"	Marathon	Comp. Rule 31.21 compliant	2025
GER	Frankfurt	Frankfurt Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Frankfurt	German 5KM Road Walk Championship	5KM	Comp. Rule 31.21 compliant	2025
GER	Frankfurt	Manova Frankfurt Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GER	Hamburg	Asterlauf 10KM	10KM	Comp. Rule 31.21 compliant	2026
GER	Hamburg	Haspa Half Marathon Hamburg	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Hamburg	Haspa Marathon Hamburg	Marathon	Comp. Rule 31.21 compliant	2025
GER	Hamburg	Heila Hamburg halbmaraathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Hamburg	NN Mission Marathon hamburg	Marathon	Comp. Rule 31.21 compliant	2025
GER	Hamburg	PSD Bank Half Marathon Hamburg	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Hannover	HAJ Marathon Hannover	Marathon	Comp. Rule 31.21 compliant	2026
GER	Hasbergen	Nacht von Hasbergen - 10KM	10KM	Comp. Rule 31.21 compliant	2026
GER	Hasbergen	Nacht von Hasbergen - 5KM	5KM	Comp. Rule 31.21 compliant	2026
GER	Herzogenaurach	Addis - HZORACE 10KM	10KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Addis - HZORACE 5KM	5KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Addis - HZORACE Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Adzero Road to Records 10KM	10KM	Comp. Rule 31.21 compliant	2026
GER	Herzogenaurach	Adzero Road to Records 5KM	5KM	Comp. Rule 31.21 compliant	2026
GER	Herzogenaurach	Ready for the Restart 5KM (2.5KM lap)	5KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart 10KM (1.85KM lap)	10KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart 10KM (2.5KM lap)	10KM	Comp. Rule 31.21 compliant	2025

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
GER	Herzogenaurach	Ready for the Restart 5KM (1.85KM lap)	5KM	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart Half Marathon (1.85KM lap)	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Herzogenaurach	Ready for the Restart Half Marathon (2.5KM lap)	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Hockenheim	Ring Running Series 2021	Marathon	Comp. Rule 31.21 compliant	2025
GER	Hockenheim	Ring Running Series Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Köln	General Köln Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Köln	Rund in Refrath	5KM	Comp. Rule 31.21 compliant	2026
GER	Manz	Gutenberg Halbmarathon Mainz	Half Marathon	Comp. Rule 31.21 compliant	2027
GER	Manz	Marathon Mainz	Marathon	Comp. Rule 31.21 compliant	2027
GER	Mannheim	Daemmer 10KM Mannheim	10KM	Comp. Rule 31.21 compliant	2023
GER	Mannheim	Daemmer Half Marathon Mannheim	Half Marathon	Comp. Rule 31.21 compliant	2023
GER	Mannheim	Daemmer Marathon Mannheim	Marathon	Comp. Rule 31.21 compliant	2023
GER	Munich	European Championships Munich 2022 Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Munich	European Championships Munich 2022 Triathlon - Elite Individual Run Course	10KM	Comp. Rule 31.21 compliant	2026
GER	Munich	General München Half Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Munich	General München Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GER	Münster	Volksbank Münster Marathon	Marathon	Comp. Rule 31.21 compliant	2023
GER	Oranienburg	BLN21098 Bernowe in Oranienburg	Half Marathon	Comp. Rule 31.21 compliant	2025
GER	Oranienburg	BLN2095 Bernowe in Oranienburg	Marathon	Comp. Rule 31.21 compliant	2025
GER	Wurzburg	Weit 10KM Wurzburg	10KM	Comp. Rule 31.21 compliant	2026
GER	Wurzburg	Weit Halfmarathon Wurzburg	Half Marathon	Comp. Rule 31.21 compliant	2026
GER	Wurzburg	Weit Marathon Wurzburg	Marathon	Comp. Rule 31.21 compliant	2026
GER	Wurzburg	Residenzlauf Wurzburg	10KM	Comp. Rule 31.21 compliant	2026
GMB	Banjul	Banjul 5KM	5KM	Comp. Rule 31.21 compliant	2024
GMB	Banjul	Banjul 5KM	5KM	Comp. Rule 31.21 compliant	2024
GMB	Banjul	Banjul Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GMB	Banjul	Banjul Marathon	Marathon	Comp. Rule 31.21 compliant	2024
GRE	Aegina	Aegina Half marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Aegina	Kapodistrias Aegina 10K Run	10KM	Comp. Rule 31.21 compliant	2025
GRE	Aegina	Kapodistrias Aegina 5k run	5KM	Comp. Rule 31.21 compliant	2025
GRE	Aegio	Half Marathon of Aegiala	Half Marathon	Separation >50%	2026
GRE	Agrinio	Kousia Half Marathon	Half Marathon	Separation >50%	2026
GRE	Alexandroupolis	Race Walking BALKAN Championship	10KM	n/a (race walk loop)	2023
GRE	Alexandroupolis	Race Walking BALKAN Championship	5KM	n/a (race walk loop)	2023
GRE	Alexandroupolis	Via Egnatia Run 5KM	5KM	Separation >50%	2023
GRE	Alexandroupolis	Via Egnatia Run Half Marathon	Half Marathon	Separation >50%	2023
GRE	Alykes Drosias Chalkida	Sea Run Chalkida 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Alykes Drosias Chalkida	Sea Run Chalkida 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Amalida	Chalkida Marathon	Marathon	Separation >50%	2023
GRE	Amfissa	Amfissa Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Amfissa	Amfissa Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Amfissa	Inchios Race 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Amfissa	Inchios Race Half Marathon	Half Marathon	Downhill (<2.0 m/ml), Separation >50%	2026
GRE	Ano Doliana	Doliana Mountain 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Antikyra Viotias	Xenodamos Dromos Antikyras 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Arkalochori	Crete Arkalochori 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Arkalochori	Crete Arkalochori 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Arkalochori	Crete Arkalochori Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Arta	Dromos tou Gloufyriou ARTA Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Athens	10KM "Athens Marathon the Authentic"	10KM	Comp. Rule 31.21 compliant	2022 *
GRE	Athens	5KM "Athens Marathon the Authentic"	5KM	Comp. Rule 31.21 compliant	2022 *
GRE	Athens	Athens 5KM Ergo	5KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	Athens Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Athens	Athens Marathon The Authentic	Marathon	Separation >50%	2026
GRE	Athens	Erinodromia Ag Dimitrios 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	Erinodromia Ag Dimitrios 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	No Finish line Mile	Mile	Comp. Rule 31.21 compliant	2026
GRE	Athens	Poseidon Athens 5 KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Athens	Poseidon Athens Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Chalkida	Chalkida Bridges Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Chalkida	Lladesios 10KM Vasiliko Chalkida	10KM	Downhill (<3.2 m/ml), Separation >50%	2026
GRE	Chalkida	Lladesios Half Marathon Eretria Chalkida	Half Marathon	Separation >50%	2026
GRE	Chania	Crete 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Chania	Crete 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Chania	Crete Marathon	Marathon	Separation >50%	2026
GRE	Dion	Don Half marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Elifliana	Stas Ichni tis Ieras Odou Elifliana Half Marathon	Half Marathon	Downhill (<2.0 m/ml), Separation >50%	2026
GRE	Erassia	Achilleos Atlios Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Filotheti	Kyriahideia Filotheti 10k Road Race	10KM	Comp. Rule 31.21 compliant	2024
GRE	Galatas Trizinias	Trizina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Giannitsa	Pella Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
GRE	Ierapetra	Coast to Coast Race 5KM	5KM	Comp. Rule 31.21 compliant	2024
GRE	Ierapetra	Coast to Coast Race Half Marathon	Half Marathon	Separation >50%	2026
GRE	Ioannina	Ioannina Lake Run - 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Ioannina	Ioannina Lake Run - 30KM	30KM	Comp. Rule 31.21 compliant	2026
GRE	Ioannina	Ioannina Lake Run - 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Ioannina	Ioannina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
GRE	Iraklio	Run Greece Iraklio 10K	10KM	Comp. Rule 31.21 compliant	2022 *
GRE	Iraklio	Run Greece Iraklio 5K	5KM	Comp. Rule 31.21 compliant	2022 *
GRE	Kalamaria	Kalamaria Coast 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Kalamaria	Kalamaria Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Kalamaria	Kalamaria Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Kalamaria	Kalamaria Coast Road Race 10KM	10KM	Comp. Rule 31.21 compliant	2027
GRE	Kalamata	Kalamata Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Kalitheia	Kalitheia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Kalitheia	Kalitheia night run 10KM2022	10KM	Comp. Rule 31.21 compliant	2026
GRE	Kalitheia	Kalitheia night run 5k	5KM	Comp. Rule 31.21 compliant	2026
GRE	Kalitheia	Kalitheia run 10k	10KM	Comp. Rule 31.21 compliant	2026
GRE	Kalitheia	Kalitheia Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Karpenisi	Karpenisi Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Karpenisi	Karpenisi Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Katerini	Katerini run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Kavala	Saint Paul Path Half Marathon	Half Marathon	Separation >50%	2022 *
GRE	Kiato	Kiathenios Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Kiati	Kiathenios Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Kifissia	Kifissia Run 10KM	10KM	Comp. Rule 31.21 compliant	2024
GRE	Kifissia	Kifissia Run 5KM	5KM	Comp. Rule 31.21 compliant	2024
GRE	Krya Vrysti	"Sta Myrtika tou Valtou" Krya Vrysti Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Lagadas	Run in Lagadas 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Lagadas	Run in Lagadas 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Lamia	Lamia Night Run 10 KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Lamia	Lamia Night Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Larissa	Ippokratelios race	10KM	Comp. Rule 31.21 compliant	2026
GRE	Larissa	Pelaseios Larissa 10KM	10KM	Comp. Rule 31.21 compliant	2024
GRE	Larissa	Run Greece Panellinic Road Championship 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Larissa	Tymavos Larissa Half Marathon	Half Marathon	Separation >50%	2024
GRE	Lefkada	Lefkada green Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Livadeia	Livada Night Run - 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Livadeia	Livada Night Run - 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Livadeia	Trifonos 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Livadeia	Trifonos Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Marathon	Marathon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Megalopolis	Run the theatre Megalopolis 10k	10KM	Comp. Rule 31.21 compliant	2022 *
GRE	Megara	Elfeina Megara Half marathon	Half Marathon	Separation >50%	2026
GRE	Messini	Messini Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Messolonghi	The Sacred Town of Messolonghi's 5K Lagoon Run	5KM	Comp. Rule 31.21 compliant	2024
GRE	Messolonghi	The Sacred Town of Messolonghi's Half Marathon Lagoon Run	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Moratis	Noratis Run 10K	10KM	Comp. Rule 31.21 compliant	2022 *
GRE	Moratis	Noratis Run 5K	5KM	Comp. Rule 31.21 compliant	2022 *
GRE	Mikonos	Mikonos Running Festival 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Mikonos	Mikonos Running Festival Half Marathon	Half Marathon	Downhill (<4.17 m/ml)	2026
GRE	Nafplio	Nafplio Castle Run 10k	10KM	Comp. Rule 31.21 compliant	2025
GRE	Nafplio	Nafplio Castle Run 5k	5KM	Comp. Rule 31.21 compliant	2025
GRE	Nafplio	Nafplio Castle Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Nafplio	Nafplio Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Nafplio	Nafplio Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Nea Ionia	10KM Nea Ionia "Bloko Kalogreza"	10KM	Comp. Rule 31.21 compliant	2023
GRE	Olympia	Olympia Half Marathon	Half Marathon	Separation >50%	2023
GRE	Olympia	Olympia Marathon	Marathon	Separation >50%	2026
GRE	Patras	Patras Night 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Patras	Patras Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Rhodes	Rhodes 10 KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Rhodes	Rhodes 5 KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Rhodes	Rhodes Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Rhodes	Rhodes Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Serres	Circuit Serres Run - 3047m Lap for Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
GRE	Serres	Kri Kri Superspoon Serres Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Shinias	Half Marathon National Championships 2020	Half Marathon	Comp. Rule 31.21 compliant	2024
GRE	Shinias	Marathon National Championships 2020	Marathon	Comp. Rule 31.21 compliant	2024
GRE	Stymfalia	Stymfalia Lake Run 10KM	10KM	Comp. Rule 31.21 compliant	2023
GRE	Stymfalia	Stymfalia Lake Run 5KM	5KM	Comp. Rule 31.21 compliant	2023
GRE	Stymfalia	Stymfalia Lake Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
GRE	Syros Ermoupolis	Syros Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Syros Ermoupolis	Syros Run 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Thermopyles	Dromos Eleftheris Thermopyles	Half Marathon	Separation >50%	2026
GRE	Thessaloniki	Alexander the Great 10KM	10KM	Not compliant	2025
GRE	Thessaloniki	Alexander the Great 5KM	5KM	Comp. Rule 31.21 compliant	2025
GRE	Thessaloniki	Alexander the Great Marathon	Marathon	Separation >50%	2025
GRE	Thessaloniki	International Thessaloniki Night 10KM	10KM	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	International Thessaloniki Night 5KM	5KM	Comp. Rule 31.21 compliant	2025
GRE	Thessaloniki	International Thessaloniki Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	International Thessaloniki Night Marathon	Marathon	Comp. Rule 31.21 compliant	2026
GRE	Thessaloniki	Olympic Day Run 10 KM	10KM	Comp. Rule 31.21 compliant	2025
GRE	Thessaloniki	Olympic Day Run 5 KM	5KM	Comp. Rule 31.21 compliant	2025
GRE	Trikala	International Half Marathon Kalampaka-Trikala	Half Marathon	Downhill (<5.5 m/ml), Separation >50%	2026
GRE	Trikala	Trikala Follow the Tiver 10K	10KM	Comp. Rule 31.21 compliant	2023
GRE	Trikala	Trikala Follow the Tiver 5K	5KM	Comp. Rule 31.21 compliant	2023
GRE	Volos	Volos 5KM	5KM	Comp. Rule 31.21 compliant	2026
GRE	Volos	Volos Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Vrissia	Filozoa Vrissia 10KM	10KM	Comp. Rule 31.21 compliant	2023
GRE	Vrissia	Filozoa Vrissia 5KM	5KM	Comp. Rule 31.21 compliant	2023
GRE	Xanthi	Xanthi Democritus Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
GRE	Zografou	Zografou City Run 5K	5KM	Comp. Rule 31.21 compliant	2023
GUA	Guatemala	La Maraton de Guatemala	Marathon	Comp. Rule 31.21 compliant	2024
GUA	Guayaguil	21K Esquipulas	Half Marathon	Comp. Rule 31.21 compliant	2026
HKG	Hong Kong	Gammon China Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
HKG	Hong Kong	Gammon China Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2023

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
HKG	Hong Kong	Hong Kong 5KM championships	5KM	Comp. Rule 31.21, compliant	2025
HKG	Hong Kong	Mizuno Hong Kong Half Marathon Championships 2018	Half Marathon	Comp. Rule 31.21, compliant	2022 *
HKG	Hong Kong	Standard Chartered Hong Kong 10KM	10KM	Comp. Rule 31.21, compliant	2025
HKG	Hong Kong	Standard Chartered Hong Kong Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
HKG	Hong Kong	Standard Chartered Hong Kong Marathon	Marathon	Comp. Rule 31.21, compliant	2025
HKG	Hong Kong	UNICEF (Hong Kong) Run for Every Child - 10KM	10KM	Comp. Rule 31.21, compliant	2024
HKG	Hong Kong	UNICEF (Hong Kong) Run for Every Child - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
HON	Puerto Cortes	Maratón del Atlántico	Marathon	Separation >50%	2022 *
HUN	Budapest	Hungarian Half Marathon Championships 2022	Half Marathon	Comp. Rule 31.21, compliant	2026
HUN	Budapest	SFAR Budapest Marathon	Marathon	Comp. Rule 31.21, compliant	2026
HUN	Budapest	Wizz Air Budapest Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
HUN	Debrecen	Hungarian Marathon Championships	Marathon	Comp. Rule 31.21, compliant	2025
HUN	Székesfehérvár	Hungarian Half Marathon Championships 2021	Half Marathon	Comp. Rule 31.21, compliant	2025
INA	Bali	Indonesia International 10KM	10KM	Comp. Rule 31.21, compliant	2026
INA	Bali	Indonesia International 5KM	5KM	Comp. Rule 31.21, compliant	2026
INA	Bali	Indonesia International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
INA	Bali	Indonesia International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
INA	Bali	Maubank Bali Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
INA	Bali	Maubank Bali Marathon	Marathon	Comp. Rule 31.21, compliant	2026
INA	Bali	Maubank Bali Marathon	Marathon	Comp. Rule 31.21, compliant	2026
INA	Borobudur	Borobudur 10KM	10KM	Comp. Rule 31.21, compliant	2027
INA	Borobudur	Borobudur Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
INA	Borobudur	Borobudur Marathon - Elite Race 2022	Marathon	Comp. Rule 31.21, compliant	2026
INA	Borobudur	Borobudur Marathon 2023	Marathon	Comp. Rule 31.21, compliant	2027
INA	Jakarta	Jakarta 10KM	10KM	Comp. Rule 31.21, compliant	2026
INA	Jakarta	Jakarta 5KM	5KM	Comp. Rule 31.21, compliant	2026
INA	Jakarta	Jakarta Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
INA	Jakarta	Jakarta Marathon	Marathon	Comp. Rule 31.21, compliant	2026
INA	Jogja	Mandi Jogja 10KM	10KM	Comp. Rule 31.21, compliant	2026
INA	Jogja	Mandi Jogja Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
INA	Jogja	Mandi Jogja Marathon	Marathon	Comp. Rule 31.21, compliant	2026
INA	Mandalka, Lombok	Mandalka International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
INA	Mandalka, Lombok	Mandalka International Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
IND	Ahmedabad	Adani Ahmedabad 10KM	10KM	Comp. Rule 31.21, compliant	2025
IND	Ahmedabad	Adani Ahmedabad Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
IND	Ahmedabad	Adani Ahmedabad Marathon	Marathon	Comp. Rule 31.21, compliant	2025
IND	Ahmedabad	B Safal Half 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Ahmednagar	Nagar Risting 10KM	10KM	Comp. Rule 31.21, compliant	2024
IND	Aurangabab	Aurangabab Maha 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Aurangabab	Aurangabab Maha 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Aurangabab	Aurangabab Maha Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Bandra, Mumbai	Run to Thrive 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Bangalore	My Country Run 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Bangalore	My Country Run 5KM	5KM	Comp. Rule 31.21, compliant	2022 *
IND	Belagavi	Belagavi 10KM	10KM	Comp. Rule 31.21, compliant	2025
IND	Belagavi	Belagavi Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
IND	Bengaluru	Bengaluru Midnight 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Bengaluru	Bengaluru Midnight Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Bengaluru	Bengaluru Midnight Marathon	Marathon	Comp. Rule 31.21, compliant	2026
IND	Bengaluru	Pandians Marathon Academy - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Bengaluru	Pandians Marathon Academy - Marathon	Marathon	Comp. Rule 31.21, compliant	2026
IND	Bengaluru	TCS Open 10KM Bengaluru	10KM	Comp. Rule 31.21, compliant	2023
IND	Bengaluru	TCS World 10KM Bengaluru	10KM	Comp. Rule 31.21, compliant	2023
IND	Bengaluru	Thundi Celebration Bengaluru 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Borivali, Mumbai	Mumbai Suburban 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Chennai	Inner Strength 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Chirampuzhi Meghalaya	Sohira 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Daman	Daman Runburn Fest 10KM	10KM	Comp. Rule 31.21, compliant	2025
IND	Daman	Daman Runburn Fest Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
IND	Daman	Daman Runburn Fest Marathon	Marathon	Comp. Rule 31.21, compliant	2025
IND	Darjeeling, West Bengal	Darjeeling Hill 10KM	10KM	Comp. Rule 31.21, compliant	2024
IND	Dehradun	Sarnang Dehradun 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Dehradun	Sarnang Dehradun 5KM	5KM	Comp. Rule 31.21, compliant	2025
IND	Delhi	Ageas Federal New Delhi 10KM	10KM	Comp. Rule 31.21, compliant	2025
IND	Delhi	Ageas Federal New Delhi Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
IND	Delhi	Ageas Federal New Delhi Marathon	Marathon	Comp. Rule 31.21, compliant	2025
IND	Delhi	Airtel Delhi 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Delhi	Great Delhi Run 5KM	5KM	Comp. Rule 31.21, compliant	2023
IND	Delhi	SBI Green 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Delhi	Vedanta Delhi 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Delhi	Vedanta Delhi Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Fremantle	Harbour Master 10KM Classic	10KM	Comp. Rule 31.21, compliant	2025
IND	Fremantle	Harbour Master 5KM Classic	5KM	Comp. Rule 31.21, compliant	2025
IND	Goregaon	GSC - GM 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Goregaon	GSC - GM Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Gujarat	Surat Midnight 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Guwahati	SBI Green 10KM Guwahati	10KM	Comp. Rule 31.21, compliant	2023
IND	Guwahati	The Great Guwahati 10KM	10KM	Comp. Rule 31.21, compliant	2024
IND	Guwahati	The Great Guwahati 5KM	5KM	Comp. Rule 31.21, compliant	2024
IND	Hyderabad	Airtel Hyderabad 10KM	10KM	Comp. Rule 31.21, compliant	2025
IND	Hyderabad	Freedom Hyderabad 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Hyderabad	Inorbit Durgam Cheruvu 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Hyderabad	Inorbit Durgam Cheruvu Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Jaipur	AU Bank Jaipur 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Jaipur	AU Bank Jaipur Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Jaipur	AU Bank Jaipur Marathon	Marathon	Comp. Rule 31.21, compliant	2026
IND	Jaipur	Saurashtra Navy 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Jamnagar	Saurashtra Navy Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Kanpur	C11 Kanpur 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Kanpur	C11 Kanpur 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Kanpur	C11 Kanpur Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Kargil	Sarhad Kargil International 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Kargil	Sarhad Kargil International 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Kargil	Sarhad Kargil International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Kargil	Sarhad Kargil International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
IND	Kolkata	Kolkata Maha 10KM	10KM	Comp. Rule 31.21, compliant	2027
IND	Kolkata	Kolkata Maha Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
IND	Kolkata	Ageas Federal Life Insurance Kolkata 10KM	10KM	Comp. Rule 31.21, compliant	2025
IND	Kolkata	Ekal Run - 10KM	10KM	Comp. Rule 31.21, compliant	2027
IND	Kolkata	Ekal Run - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
IND	Kolkata	Tata Steel Kolkata 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Kolkata	Tata Steel Kolkata 25K	25KM	Comp. Rule 31.21, compliant	2023
IND	Kolkata	Tata Steel Kolkata 5KM	5KM	Comp. Rule 31.21, compliant	2023
IND	Kolkata	The Run Lucknow - 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Lucknow	SBI Green 10KM Lucknow	10KM	Comp. Rule 31.21, compliant	2023
IND	Lucknow	The Run Lucknow - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Lucknow	Mahindra World City 10KM	10KM	Comp. Rule 31.21, compliant	2024
IND	Mahindra	Mira Bhajender Major's 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Mira Bhajender	Ageas Federal Insurance Mumbai 10KM	10KM	Comp. Rule 31.21, compliant	2025
IND	Mumbai	E1 Navi Mumbai 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Jithon Juhu 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Jithon Juhu 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Mumbai Monsoon 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Mumbai Monsoon Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Nagar Maha 10KM	10KM	Comp. Rule 31.21, compliant	2027
IND	Mumbai	Navi Mumbai 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Mumbai	Saqib Rizvi Memorial Cancer Awareness - 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Saqib Rizvi Memorial Cancer Awareness - 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Saqib Rizvi Memorial Cancer Awareness - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Swachh Navi Mumbai 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Swachh Navi Mumbai Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Mumbai	Tarblazer 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Mumbai	Tata Mumbai 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Mumbai	Tata Mumbai Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
IND	Mumbai	Tata Mumbai Marathon	Marathon	Comp. Rule 31.21, compliant	2024
IND	Mumbai	Vasai Virar Municipal Corporation Half Marathon	Half Marathon	Separation >50%	2026
IND	Mumbai	Vasai Virar Municipal Corporation Marathon	Marathon	Comp. Rule 31.21, compliant	2026
IND	Mumbai	WNS Navy 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	WNS Navy 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Mumbai	WNS Navy Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Nagpur	ActivNRG Nashik Ramathon 2020 - 10KM	10KM	Comp. Rule 31.21, compliant	2024
IND	Nagpur	Nagpur Maha 5KM	5KM	Comp. Rule 31.21, compliant	2027
IND	Nagpur	Nagpur Maha Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
IND	Nashik	ActivNRG Nashik Ramathon 2020 - 5KM	5KM	Comp. Rule 31.21, compliant	2024
IND	Nashik	ASA Greenathon 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Nashik	Nashik Maha 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Nashik	Nashik Maha 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Nashik	Nashik Maha Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Navi Mumbai	ASA Greenathon Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Navi Mumbai	Let's Run 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Navi Mumbai	Run for Diversity 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Navi Mumbai	SUD Life Happiness 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Navi Mumbai	SUD Life Happiness 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Naga Raipur	Airtel Delhi Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
IND	New Delhi	DBI Federal Life Insurance New Delhi Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
IND	New Delhi	DBI Federal Life Insurance New Delhi Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
IND	New Delhi	Patna 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Patna	AFMC Pune 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
IND	Patna	Patna Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Pune	Alpa Pune 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Pune	Alpa Pune 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Pune	Alpa Pune Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Pune	Alpa Pune Marathon	Marathon	Comp. Rule 31.21, compliant	2026
IND	Pune	Basix Allianz 10K	10KM	Comp. Rule 31.21, compliant	2023
IND	Pune	Cybage Run - 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Pune	Cybage Run - 5KM	5KM	Comp. Rule 31.21, compliant	2026
IND	Pune	Cybage Run - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Pune	Pune 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Pune	Pune FLO 10KM	10KM	Comp. Rule 31.21, compliant	2026
IND	Pune	Pune Maha 10KM	10KM	Comp. Rule 31.21, compliant	2027
IND	Pune	Pune Maha 5KM	5KM	Comp. Rule 31.21, compliant	2027
IND	Pune	Pune Maha Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
IND	Pune	Pune Women's 10KM	10KM	Comp. Rule 31.21, compliant	2023
IND	Pune	Rajkot 10KM	10KM	Comp. Rule 31.21, compliant	2027
IND	Rajkot Gujrat	Ganga Sustainability Run - 10KM	10KM	Separation >50%	2026
IND	Rishikesh Himalayas	Ganga Sustainability Run - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
IND	Rishikesh Himalayas	Shahid 10KM	10KM	Comp. Rule 31.21, compliant	2024

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
IND	Sangli Maharashtra	Fit & Strong Satara 10KM Kaas Road	10KM	Comp. Rule 31.21 compliant	2023
IND	Satara	Fit & Strong Satara 5KM Kaas Road	5KM	Comp. Rule 31.21 compliant	2023
IND	Satara	Spirito 10KM Run	10KM	Comp. Rule 31.21 compliant	2023
IND	Thane	SBI Green 10KM Trivandrum	10KM	Comp. Rule 31.21 compliant	2023
IND	Thane	Thane Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Thane	Thane Half Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Thane	The LoKMat Thane Maha 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Thane	The LoKMat Thane Maha 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Thane	The LoKMat Thane Maha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Thane	Torrent JTO Thane 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Thane	Torrent JTO Thane 5KM	5KM	Comp. Rule 31.21 compliant	2026
IND	Thane	Torrent JTO Thane Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Trivandrum	Valsad City 10KM	10KM	Comp. Rule 31.21 compliant	2026
IND	Valsad	Valsad City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IND	Valsad	Valsad City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IND	Vizag	Vizag Navy 10K	10KM	Comp. Rule 31.21 compliant	2022 *
IND	Vizag	Charleville International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
IRL	Charleville	Cork City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
IRL	Cork	Cork City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
IRL	Cork	KBC Dublin Marathon	Marathon	Comp. Rule 31.21 compliant	2025
IRL	Dublin	Armannshlaup 10KM	10KM	Comp. Rule 31.21 compliant	2026
ISL	Reykjavik	Gamlarshlaup IR	10KM	Comp. Rule 31.21 compliant	2026
ISL	Reykjavik	Islandsbanki Reykjavik 10KM	10KM	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Islandsbanki Reykjavik Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Bruarhlaupid 10KM	10KM	Comp. Rule 31.21 compliant	2026
ISL	Reykjavik	Islandsbanki Reykjavik Marathon	Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Reykjavik Fall Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Reykjavik Fall Marathon	Marathon	Comp. Rule 31.21 compliant	2023
ISL	Reykjavik	Suzuki Midnight Run 10KM	10KM	Comp. Rule 31.21 compliant	2025
ISL	Reykjavik	Suzuki Midnight Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ISL	Reykjavik	Vidvangshlaup 5KM	5KM	Comp. Rule 31.21 compliant	2026
ISL	Selfoss	Bruarhlaupid 5KM	5KM	Comp. Rule 31.21 compliant	2026
ISL	Selfoss	Jerusalem 10KM	10KM	Comp. Rule 31.21 compliant	2024
ISR	Jerusalem	HaHula Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ISR	Jerusalem	Jerusalem Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
ISR	Jerusalem	Jerusalem Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ISR	Lake Hula	HaHula Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ISR	Lake Hula	Tel Aviv 10KM	10KM	Comp. Rule 31.21 compliant	2023
ISR	Tel Aviv	Tel Aviv Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ISR	Tel Aviv	Tel Aviv Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ISR	Tel Aviv	Tiberias 10KM	10KM	Comp. Rule 31.21 compliant	2025
ISR	Tiberias	10KM Garda Trentino	10KM	Comp. Rule 31.21 compliant	2023
ISR	Tiberias	Tiberias 5KM	5KM	Comp. Rule 31.21 compliant	2026
ISR	Tiberias	Tiberias Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ISR	Tiberias	Tiberias Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ITA	Arco Di Trento - Riva del Garda	Maratonina Città di Arezzo	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Arezzo	Bocclassic 10K	10KM	Comp. Rule 31.21 compliant	2026
ITA	Bolzano	Bocclassic 5K	5KM	Comp. Rule 31.21 compliant	2026
ITA	Bolzano	Brescia Art Half Marathon	Half Marathon	Downhill (-3.50 m/km)	2022 *
ITA	Brescia	Brescia Art Marathon	Marathon	Downhill (-1.75 m/km)	2022 *
ITA	Brescia	Maratona Internazionale di Cagliari	Marathon	Comp. Rule 31.21 compliant	2022 *
ITA	Cagliari	Mezza Maratona Internazionale Reggio-Reggio	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Cosetta	Maratonina Città di Crema	Half Marathon	Comp. Rule 31.21 compliant	2025
ITA	Crema	ASICS Firenze Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ITA	Firenze	Iseo Maratona dell'acqua	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Iseo	Moonlight Jesolo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Jesolo	Limbiate Night Run	10KM	Comp. Rule 31.21 compliant	2022 *
ITA	Limbiate	Marano Lugano Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ITA	Merano	Generali Milano Marathon	Marathon	Comp. Rule 31.21 compliant	2024
ITA	Milan	10KM Stra Magenta Milano	10KM	Comp. Rule 31.21 compliant	2023
ITA	Milan	Milano21 Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
ITA	Milan	Stramilano Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Milano	La Decathlon Experience	5KM	Comp. Rule 31.21 compliant	2023
ITA	Milano	Ganten Monza 10KM	10KM	Comp. Rule 31.21 compliant	2024
ITA	Milano	General Milano Marathon 10 KM	10KM	Comp. Rule 31.21 compliant	2025
ITA	Milano	Milano 10K	10KM	Comp. Rule 31.21 compliant	2023
ITA	Milano	Milano21 Half Marathon - 10KM Race	10KM	Comp. Rule 31.21 compliant	2022 *
ITA	Monza	Ganten Monza 5KM	5KM	Comp. Rule 31.21 compliant	2024
ITA	Monza	Ganten Monza Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
ITA	Monza	Napoli City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Napoli	Incontro Internazionale di Corsa du Strada Under 20	10KM	Comp. Rule 31.21 compliant	2025
ITA	Napoli	Neapolis Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ITA	Napoli	Neapolis Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ITA	Napoli	Summer Universiade 2019 - Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Oderzo	Incontro Internazionale di Corsa du Strada Under 20	5KM	Comp. Rule 31.21 compliant	2025
ITA	Oderzo	Roma Osta Half Marathon	Half Marathon	Downhill (-1.5 m/km), Separation >50%	2024
ITA	Ostia	10KM Ripartè Run	10KM	Comp. Rule 31.21 compliant	2026
ITA	Padova	Maratonina dei borghi	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Padova	Padova Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Padova	Padova Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Pordenone	Half Marathon Ravenna Città d'Arte	Half Marathon	Comp. Rule 31.21 compliant	2025
ITA	Ravenna	Marathon Ravenna Città d'Arte	Marathon	Comp. Rule 31.21 compliant	2025
ITA	Ravenna	Maratona di Reggio Emilia	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Reggio Emilia	Garda Trentino Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Riva del Garda	10KM Roma Ripartè Riparti Roma	10KM	Comp. Rule 31.21 compliant	2024
ITA	Roma	Athleticom We Run Roma 2022	10KM	Comp. Rule 31.21 compliant	2026
ITA	Roma	La Corazzata Santi	10KM	Comp. Rule 31.21 compliant	2022 *
ITA	Roma	Mutho Sacile 10KM Run	10KM	Comp. Rule 31.21 compliant	2026
ITA	Roma	Roma by Night Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Roma	Roma Half Marathon Campionato Italiano	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Roma	Run Rome the Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Sacile	Mutho Sacile Marathon 2022	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Sacile	Tuscanj Camp Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
ITA	Siena - Aeroporto di Ampugnano	Lago Maggiore Mezza Maratona	Half Marathon	Separation >50%	2026
ITA	Siena - Aeroporto di Ampugnano	Tuscanj Camp Marathon	Marathon	Comp. Rule 31.21 compliant	2025
ITA	Sirena	Sirena Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Telesia	Maratona di San Valentino Terni	Marathon	Comp. Rule 31.21 compliant	2024
ITA	Telesia	Trofeo città di Telesia	10KM	Comp. Rule 31.21 compliant	2026
ITA	Terni	Hipporun Mezza Maratona 2022 Vinovo	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Torino	Torino City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Torino	Trento Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Trento	Treviso Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
ITA	Treviso	Corri Trieste 10KM	10KM	Comp. Rule 31.21 compliant	2026
ITA	Treviso	Treviso Marathon	Marathon	Comp. Rule 31.21 compliant	2023
ITA	Trieste	Maratonina Città di Udine	Half Marathon	Separation >50%	2023
ITA	Trieste	Trieste Running Festival Half Marathon	Half Marathon	Downhill (3.2 m/km), Separation >50%	2025
ITA	Udine	Venice Half Marathon	Half Marathon	Separation >50%	2026
ITA	Venice	Lago Maggiore 10KM	10KM	Separation >50%	2026
ITA	Venice	Venice Marathon	Marathon	Separation >50%	2022 *
ITA	Verbania	10KM Verona Marathon	10KM	Comp. Rule 31.21 compliant	2023
ITA	Verbania	Lago Maggiore Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Verona	Giulietta Romeo Half Marathon di Verona	Half Marathon	Comp. Rule 31.21 compliant	2024
ITA	Verona	Hippoten 10KM Vinovo	10KM	Comp. Rule 31.21 compliant	2023
ITA	Verona	Verona Cangrande Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
ITA	Verona	Verona Marathon	Marathon	Comp. Rule 31.21 compliant	2026
ITA	Vinovo	Hippoten Mezza Maratona Vinovo	Half Marathon	Comp. Rule 31.21 compliant	2023
ITA	Vinovo	KCR 10K	10KM	Comp. Rule 31.21 compliant	2022 *
JAM	Kingston	Kingston City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
JAM	Kingston	Kingston City Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
JAM	Kingston	Reggae Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
JAM	Negril	Marathon d'Amman	Marathon	Comp. Rule 31.21 compliant	2022 *
JAM	Negril	Reggae Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JOR	Amman	IAU 100KM Asia and Oceania Championship	10KM	Comp. Rule 31.21 compliant	2023
JOR	Amman	Semi Marathon d'Amman	Half Marathon	Comp. Rule 31.21 compliant	2022 *
JOR	Aqaba	Aqaba City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
JPN	Agno City	New Year Race Walk 10KM	10KM	n/a (race walk loop)	2023
JPN	Aoyama, Minato-ku	Mount Fuji Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Aoyama, Minato-ku	New Year Race Walk 5KM	5KM	n/a (race walk loop)	2023
JPN	Fuji Kawaguchi Town	Fukuoka International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Fukuoka	Gifu Seisui Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Fukuoka	The Fat in Fukuoka - 5KM	5KM	Comp. Rule 31.21 compliant	2026
JPN	Fukuoka	The Fat in Fukuoka - Mile	Mile	Comp. Rule 31.21 compliant	2026
JPN	Gifu	Hakodate Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Hakodate	Hakodate Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Hakodate	Hofu Yumuri Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Hofu City	Ichinoseki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
JPN	Ichinoseki	Itabashi City Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Itabashi City	Iwate Morioka City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Iwate	Iwate Oshu Kiramaki 10KM	10KM	Comp. Rule 31.21 compliant	2026
JPN	Iwate	Iwate Oshu Kiramaki Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Iwate	Kansawa Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Kanazawa City	Karatsu 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026
JPN	Karatsu	Karatsu 5KM Road Race	5KM	Comp. Rule 31.21 compliant	2026
JPN	Karatsu	Kashiwazaki 10KM	10KM	Comp. Rule 31.21 compliant	2024
JPN	Kashiwazaki	Kashiwazaki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
JPN	Kashiwazaki	Kashiwazaki Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Kashiwazaki	Kasumigara Marathon / International Blind Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Kasumigara	Koedo Kawagoe 10KM	10KM	Comp. Rule 31.21 compliant	2026
JPN	Kawagoe City	Kitakushu Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Kawagoe City	Koedo Kawagoe Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Kitakushu	Kobe Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Kobe	Kochi Ryoma Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Kochi	Kumamoto Castle 30KM	30KM	Comp. Rule 31.21 compliant	2027
JPN	Kumamoto City	Kumamoto Castle Marathon	Marathon	Comp. Rule 31.21 compliant	2027
JPN	Kumamoto City	Kyoto Marathon	Marathon	Comp. Rule 31.21 compliant	2025
JPN	Kyoto	Kagawa Marugame International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
JPN	Marugame	Maruse Ladies 10KM	10KM	Comp. Rule 31.21 compliant	2023
JPN	Matsue	Matsue Ladies Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
JPN	Matsue	Mie Matsuyama Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Matsuyama City	Ehime Marathon	Marathon	Comp. Rule 31.21 compliant	2024
JPN	Matsuyama	Mito Marathon	Marathon	Comp. Rule 31.21 compliant	2026
JPN	Mito	Tohoku-Miyagi Revive Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
JPN	Miyagi-ken	Iwate Morioka City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Norokita City	Nagai Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
JPN	Nagai City	Nagai Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
JPN	Nagai City	Nagano Marathon	Marathon	Comp. Rule 31.21 compliant	2023
JPN	Nagano	Nagoya Women's Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
JPN	Nagoya	Nagoya Women's Marathon	Marathon	Comp. Rule 31.21, compliant	2026
JPN	Nagoya	Nara Marathon	Marathon	Comp. Rule 31.21, compliant	2024
JPN	Nara	Nigata City Marathon	Marathon	Comp. Rule 31.21, compliant	2026
JPN	Nigata City	Nigata Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
JPN	Nobeoka	Nobeoka Nishinippona Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
JPN	Nobeoka City	Nobeoka Nishinippona Marathon	Marathon	Comp. Rule 31.21, compliant	2027
JPN	Nobeoka City	Ohme-Hochi 30KM Road Race	30KM	Comp. Rule 31.21, compliant	2025
JPN	Ohme	Beppu-Oita Manichi Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
JPN	Ohme	The Ohme 10KM Road Race	10KM	Comp. Rule 31.21, compliant	2025
JPN	Oita	Sanjo Ladies Road Race - 10KM	10KM	Comp. Rule 31.21, compliant	2025
JPN	Okajama City	Osaka Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
JPN	Okajama City	Sanjo Ladies Road Race - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
JPN	Osaka	Bwako Marathon	Marathon	Comp. Rule 31.21, compliant	2027
JPN	Osaka	Osaka Marathon	Marathon	Comp. Rule 31.21, compliant	2025
JPN	Osaka	Osaka Women's Marathon	Marathon	Comp. Rule 31.21, compliant	2027
JPN	Osaka	Osaka Women's Marathon (backup course)	Marathon	Comp. Rule 31.21, compliant	2025
JPN	Otsu	Kanto Collegiate Athletics Champs - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
JPN	Otsu	Lake Biwa Manichi Marathon	Marathon	Comp. Rule 31.21, compliant	2023
JPN	Sagihara City	Hokaido Marathon	Marathon	Comp. Rule 31.21, compliant	2026
JPN	Sapporo	Sapporo Challenge 10KM	10KM	Comp. Rule 31.21, compliant	2025
JPN	Sapporo	Sapporo Run Walk Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
JPN	Sapporo	Sendai International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
JPN	Sapporo	Tokyo 2020 Olympic Games - Marathon	Marathon	Comp. Rule 31.21, compliant	2025
JPN	Sendai City	KW Sanjo International Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
JPN	Setagaya	Setagaya 24th Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
JPN	Setagaya-ku	Shinjuku City Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
JPN	Shinjuku City	Shunkent Marathon	Marathon	Comp. Rule 31.21, compliant	2026
JPN	Shymkent	Challenge Tokyo Para 21.0975KM in Tachikawa	Half Marathon	Comp. Rule 31.21, compliant	2025
JPN	Tachikawa City, Tokyo	Challenge Tokyo Para 42.195KM in Tachikawa	Half Marathon	Comp. Rule 31.21, compliant	2025
JPN	Tachikawa City, Tokyo	Hakone Ekiden Qualification Race - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
JPN	Tachikawa City, Tokyo	Tachikawa City Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
JPN	Tachikawa City, Tokyo	Tokuuhima Marathon	Marathon	Comp. Rule 31.21, compliant	2026
JPN	Tokushima	Itabashi-Ku Takashimadaira 10KM	10KM	Comp. Rule 31.21, compliant	2025
JPN	Tokyo	Itabashi-Ku Takashimadaira Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
JPN	Tokyo	Kanto Interscholastic Championship of Track & Field Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
JPN	Tokyo	Marathon Grand Championships	Marathon	Comp. Rule 31.21, compliant	2023
JPN	Tokyo	Tokyo Legacy Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
JPN	Tokyo	Tokyo Marathon	Marathon	Comp. Rule 31.21, compliant	2025
JPN	Tokyo	Tono Jinguikon 10KM	10KM	Comp. Rule 31.21, compliant	2023
JPN	Tono	Tono Jinguikon Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
JPN	Tono	Tojama Marathon	Marathon	Comp. Rule 31.21, compliant	2025
JPN	Tojama	Tsukuba Marathon	Marathon	Comp. Rule 31.21, compliant	2024
JPN	Tsukuba	All Japan Industrial T&F Association 10KM	10KM	Comp. Rule 31.21, compliant	2025
JPN	Yamaguchi City	All Japan Industrial T&F Association Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
JPN	Yamaguchi City	Almaty Half Marathon	Half Marathon	Downhill (-7.53 m/km)	2023
KAZ	Almaty	Almaty Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
KAZ	Almaty	Almaty Marathon - 10KM	10KM	Comp. Rule 31.21, compliant	2026
KAZ	Almaty	BI Marathon	Marathon	Comp. Rule 31.21, compliant	2023
KAZ	Nur-Sultan	Nur-Sultan 10KM	10KM	Comp. Rule 31.21, compliant	2026
KAZ	Nur-Sultan	Nur-Sultan Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KAZ	Nur-Sultan	Turkistan Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KAZ	Turkistan	Ekbore Half Marathon	Half Marathon	Downhill (-5.9 m/km), Separation >50%	2026
KAZ	Turkistan	Turkistan Marathon	Marathon	Comp. Rule 31.21, compliant	2026
KEN	Eldoret	Kigali International Peace Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
KEN	Eldoret	Three Cities Marathon	Marathon	Downhill (-1.8 m/km), Separation >50%	2025
KEN	Kigali	Kigali International Peace Marathon	Marathon	Comp. Rule 31.21, compliant	2024
KEN	Kigali	Snow Leopard Run	Half Marathon	Comp. Rule 31.21, compliant	2024
KGZ	Bishkek	Run the Silk Road + SCD	Marathon	Comp. Rule 31.21, compliant	2023
KGZ	Cholpon-Ata	Chosunilbo Chuncheon Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
KOR	Chuncheon	Chuncheon Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
KOR	Chuncheon	Chuncheon Marathon	Marathon	Comp. Rule 31.21, compliant	2024
KOR	Chuncheon	Daegu Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KOR	Daegu	Daegu International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
KOR	Daegu	Gunsan Saemangeum International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
KOR	Gunsan city	Gunsan Saemangeum International Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
KOR	Gunsan City	Gyeonggi International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
KOR	Gyeonggi	Gyeonggi International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
KOR	Gyeonggi	Incheon International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
KOR	Incheon	DongA Marathon	Marathon	Comp. Rule 31.21, compliant	2025
KOR	Incheon	Incheon Songdo International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
KOR	Seoul	JTBC Seoul Marathon	Marathon	Comp. Rule 31.21, compliant	2026
KOR	Seoul	Korean Olympic Trials Marathon (National Sports Games Seoul)	Marathon	Comp. Rule 31.21, compliant	2026
KOR	Seoul	Prihntina Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KOR	Seoul	Seoul International Marathon	Marathon	Comp. Rule 31.21, compliant	2023
KOS	Prihntina	Prihntina Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KOS	Prihntina	Prihntina Marathon	Marathon	Comp. Rule 31.21, compliant	2026
KSA	Al Khobar	Khobar International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
KSA	Al Khobar	Jeddah Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KSA	Jeddah	Jubal Industrial City 5km	5KM	Comp. Rule 31.21, compliant	2027
KSA	Jubal	Jubal Industrial City Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
KSA	Jubal	Khobar International Half Marathon - 5km	5KM	Separation >50%	2027
KSA	Khobar	Khobar International Half Marathon - Mile	Mile	Separation >50%	2027
KSA	Khobar	Riyadh 10K	10KM	Comp. Rule 31.21, compliant	2026
KSA	Riyadh	GuifBank 642 10KM	10KM	Comp. Rule 31.21, compliant	2026
KSA	Riyadh	Riyadh Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KSA	Riyadh	Riyadh Marathon	Marathon	Comp. Rule 31.21, compliant	2026
KUW	Kuwait City	GuifBank 642 Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
KUW	Kuwait City	GuifBank 642 Marathon	Marathon	Comp. Rule 31.21, compliant	2026
KUW	Kuwait City	Kuwait 10KM	10KM	Comp. Rule 31.21, compliant	2027
KUW	Kuwait City	Kuwait 5KM	5KM	Comp. Rule 31.21, compliant	2023
KUW	Kuwait City	Vientiane International 10KM	10KM	Comp. Rule 31.21, compliant	2027
LAO	Vientiane	Daugvplis Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LAO	Vientiane	Vientiane International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
LAO	Vientiane	Vientiane International Marathon - 10km	10KM	Comp. Rule 31.21, compliant	2026
LAO	Vientiane	Vientiane International Marathon - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LAO	Vientiane	Vientiane Mekong Marathon	Marathon	Comp. Rule 31.21, compliant	2027
LAT	Daugvplis	Daugvplis-Mezciems 10KM	10KM	Comp. Rule 31.21, compliant	2024
LAT	Daugvplis	Daugvplis-Mezciems 5KM	5KM	Comp. Rule 31.21, compliant	2024
LAT	Daugvplis	Marupes Skrajens 5KM	5KM	Comp. Rule 31.21, compliant	2026
LAT	Jaurmariupe	Kuldiga 10KM	10KM	Comp. Rule 31.21, compliant	2024
LAT	Kuldiga	Kuldiga 5KM	5KM	Comp. Rule 31.21, compliant	2024
LAT	Kuldiga	Kuldiga Pumaratonas	Half Marathon	Comp. Rule 31.21, compliant	2024
LAT	Kuldiga	Liepaja 10KM	10KM	Comp. Rule 31.21, compliant	2024
LAT	Liepaja	Liepaja Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LAT	Liepaja	Livani Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
LAT	Livani	Ozolnieki 10KM	10KM	Comp. Rule 31.21, compliant	2026
LAT	Ozolnieki	Ozolnieki Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LAT	Ozolnieki	Skrejens Pitene 10KM	10KM	Comp. Rule 31.21, compliant	2026
LAT	Pitene	Plavinas Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LAT	Pitene	Skrejens Pitene 5KM	5KM	Comp. Rule 31.21, compliant	2024
LAT	Rivas	Rimi Riga 10KM	10KM	Comp. Rule 31.21, compliant	2027
LAT	Riga	Rimi Riga 5KM	5KM	Comp. Rule 31.21, compliant	2027
LAT	Riga	Rimi Riga Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
LAT	Riga	Rimi Riga Marathon	Marathon	Comp. Rule 31.21, compliant	2027
LAT	Riga	Rimi Riga Mile	Mile	Comp. Rule 31.21, compliant	2027
LAT	Riga	Salspils Pumaratonas	Half Marathon	Comp. Rule 31.21, compliant	2026
LAT	Salspils	Rozentals skrajens Saldu 10m	10KM	Comp. Rule 31.21, compliant	2024
LAT	Saldu	Rozentals skrajens Saldu 5m	5KM	Comp. Rule 31.21, compliant	2024
LAT	Saldu	Vaimera Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
LAT	Vaimera	Ventspils Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LAT	Ventspils	Blom Bank Beirut Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LAT	Ventspils	Ventspils Marathon	Marathon	Comp. Rule 31.21, compliant	2026
LBN	Beirut	Half Marathon ISF Beirut	Half Marathon	Comp. Rule 31.21, compliant	2026
LBN	Beirut	Tripoli Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LBR	Libri	Libria 10KM	10KM	Comp. Rule 31.21, compliant	2026
LBR	Monrovia	Aljuts Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LBR	Monrovia	Libria Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LBR	Monrovia	Libria Marathon	Marathon	Comp. Rule 31.21, compliant	2026
LTU	Alguts	Druksimiker Run	Half Marathon	Comp. Rule 31.21, compliant	2025
LTU	Druskinika	Kaunas Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LTU	Kaunas	Kaunas Marathon	Marathon	Comp. Rule 31.21, compliant	2026
LTU	Kaunas	Rimi Vilnius Marathon	Marathon	Comp. Rule 31.21, compliant	2026
LTU	Vilnius	ING Route du Vin 10KM	10KM	Comp. Rule 31.21, compliant	2026
LTU	Vilnius	Vilnius 10KM	10KM	Comp. Rule 31.21, compliant	2026
LTU	Vilnius	Vilnius 5 KM	5KM	Comp. Rule 31.21, compliant	2026
LTU	Vilnius	Vilnius Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
LUX	Remich	ING Route du Vin 5KM	5KM	Comp. Rule 31.21, compliant	2026
LUX	Remich	ING Route du Vin Semi Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
LUX	Remich	Musee International 10KM	10KM	Comp. Rule 31.21, compliant	2026
LUX	Remich	Musee's La' Semi Marathon des 3 Pays	Half Marathon	Comp. Rule 31.21, compliant	2026
MAC	Macao	Macau International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
MAC	Macao	10KM D'Agadir	10KM	Comp. Rule 31.21, compliant	2023
MAC	Macao	Macau International Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
MAR	Agadir	Marathon d'Agadir	Marathon	Comp. Rule 31.21, compliant	2022 *
MAR	Agadir	Semi Marathon d'Agadir	Half Marathon	Comp. Rule 31.21, compliant	2023
MAR	Agadir	Semi Marathon International Al Hoceima	Half Marathon	Comp. Rule 31.21, compliant	2024
MAR	Al Hoceima	10KM International Geoparc M Goun	10KM	Comp. Rule 31.21, compliant	2026
MAR	Azila	10KM de Bengir	10KM	Comp. Rule 31.21, compliant	2026
MAR	Azila	Semi Marathon International Geoparc M Goun	Half Marathon	Comp. Rule 31.21, compliant	2026
MAR	Bengir	Semi Marathon de Bengir	Half Marathon	Comp. Rule 31.21, compliant	2026
MAR	Bengir	Semi Marathon Vert de Benslimane	Half Marathon	Comp. Rule 31.21, compliant	2024
MAR	Benslimane	10 KM de Berkane	10KM	Comp. Rule 31.21, compliant	2022 *
MAR	Berkane	10KM de Biougra	10KM	Comp. Rule 31.21, compliant	2023
MAR	Berkane	Semi marathon international de Berkane	Half Marathon	Comp. Rule 31.21, compliant	2022 *
MAR	Biougra	10KM Ain Sebba	10KM	Comp. Rule 31.21, compliant	2027
MAR	Casablanca	10KM de Casablanca	10KM	Comp. Rule 31.21, compliant	2026
MAR	Casablanca	10KM de Cherma	10KM	Comp. Rule 31.21, compliant	2023
MAR	Casablanca	10KM International de Casablanca	10KM	Comp. Rule 31.21, compliant	2023
MAR	Casablanca	Foules de Hay Mohammadi 10KM	10KM	Comp. Rule 31.21, compliant	2023
MAR	Casablanca	Marathon de Casablanca	Marathon	Comp. Rule 31.21, compliant	2026
MAR	Casablanca	Semi Marathon de Casablanca	Half Marathon	Comp. Rule 31.21, compliant	2026
MAR	Chermalla	10 KM International de Dakha	10KM	Comp. Rule 31.21, compliant	2022 *
MAR	Dakha	10 KM de Dar Bouazza	10KM	Comp. Rule 31.21, compliant	2024
MAR	Dar Bouazza	10 KM International Noor Fes	10KM	Comp. Rule 31.21, compliant	2024
MAR	Fes	Figuig 10K International	10KM	Comp. Rule 31.21, compliant	2026
MAR	Fes	Marathon international Noor Fes	Marathon	Comp. Rule 31.21, compliant	2023
MAR	Fes	Semi Marathon International Noor Fes	Half Marathon	Comp. Rule 31.21, compliant	2026

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
MAR	Figuig	10KM des Olives des Guercif	10KM	Comp. Rule 31.21 compliant	2023
MAR	Guercif	10KM international de Kenitra	10KM	Comp. Rule 31.21 compliant	2026
MAR	Kenitra	SKM International de Laajoune	5KM	Comp. Rule 31.21 compliant	2026
MAR	Kenitra	Semi Marathon International de Kenitra	Half Marathon	Comp. Rule 31.21 compliant	2023
MAR	Laajoune	10KM de Md'iq	10KM	Separation >50%	2026
MAR	Laajoune	Semi Marathon International de Laajoune	Half Marathon	Comp. Rule 31.21 compliant	2026
MAR	M'Diq	10KM EP Mansouria	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Mansouria	Marathon international de Marrakech	Marathon	Comp. Rule 31.21 compliant	2024
MAR	Marrakech	10KM de Meknes	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Marrakech	Semi Marathon international de Marrakech	Half Marathon	Comp. Rule 31.21 compliant	2024
MAR	Meknes	10 KM de Mohammeda	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Mohammedia	Semi Marathon de Meknes	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MAR	Quarzazate	Quarzazate 10k race	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Rabat	10 KM de Rabat	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Rabat	10KM du Golf Royal Dar Essalam	10KM	Comp. Rule 31.21 compliant	2023
MAR	Rabat	10KM pour la paix	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Rabat	African Games 2019 / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
MAR	Rabat	Semi marathon international de Safi	Half Marathon	Comp. Rule 31.21 compliant	2024
MAR	Safi	10 KM de Sefrou	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Sefrou	Course Internationale de Settat	10KM	Comp. Rule 31.21 compliant	2027
MAR	Sefrou	Semi Marathon de Sefrou	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MAR	Settat	10KM de Tahia	10KM	Comp. Rule 31.21 compliant	2026
MAR	Tahia	10KM de Tamesna	10KM	Comp. Rule 31.21 compliant	2026
MAR	Tamesna	10KM International de Tanger	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Tansena	Semi Marathon international de Tamesna	Half Marathon	Comp. Rule 31.21 compliant	2026
MAR	Tanger	Semi Marathon de Tantan	Half Marathon	Comp. Rule 31.21 compliant	2023
MAR	Tanger	Semi marathon international de Tanger	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MAR	Tantan	10KM de Taza	10KM	Comp. Rule 31.21 compliant	2022 *
MAR	Taza	The Great Malaysian Half Marathon - Cyberjaya	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Cyberjaya	Penang Bridge International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Cyberjaya	The Great Malaysian Marathon - Cyberjaya	Marathon	Comp. Rule 31.21 compliant	2023
MAS	George Town	Borneo International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
MAS	George Town	Penang Bridge International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Kota Kinabalu	Borneo International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
MAS	Kota Kinabalu	HSN Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MAS	Kota Kinabalu	Kota Kinabalu City Borneo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
MAS	Kuala Lumpur	Kuala Lumpur City Day Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
MAS	Kuala Lumpur	Kuala Lumpur Standard Chartered Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Kuala Lumpur	Kuala Lumpur Standard Chartered Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Kuala Lumpur	Kuching Marathon	Marathon	Comp. Rule 31.21 compliant	2023
MAS	Kuala Lumpur	Score Run Kuala Lumpur	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MAS	Kuching	Miri Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Miri	Malaysa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Miri	Miri Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	Chisnau International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	Malaysia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	Putrajaya Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
MAS	Putrajaya	Putrajaya Night Marathon	Marathon	Comp. Rule 31.21 compliant	2023
MAS	Putrajaya	SCORE Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MAS	Putrajaya	SCORE Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MDA	Chisnau	Chisnau International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MDA	Chisnau	Marathon Agusalientes	Marathon	Comp. Rule 31.21 compliant	2024
MEX	Agusalientes	Maraton Celsya	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Celsya	Carrera Rotario 10K	10KM	Comp. Rule 31.21 compliant	2022 *
MEX	Chihuahua	Carrera Internacional del Amistad	10KM	Comp. Rule 31.21 compliant	2024
MEX	Chihuahua	Transportes Peña 10k	10KM	Comp. Rule 31.21 compliant	2023
MEX	Ciudad Juarez, Chihuahua	10KM Cuencame Run	10KM	Comp. Rule 31.21 compliant	2024
MEX	Cuencame	10KM Cuencame Run	10KM	Comp. Rule 31.21 compliant	2024
MEX	Cuencame	Maratón Internacional Culiacan	Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Culiacan	Carrera San Silvestre Delicias	10KM	Separation >50%	2025
MEX	Delicias, Chihuahua	Canaco 10K Nocturno	10KM	Comp. Rule 31.21 compliant	2023
MEX	Durango	Maraton Internacional Guadalupe 2022	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Guadalupe	Gran Maratón Hermosillo	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Guadalupe	Medio Maratón Atlas	Half Marathon	Comp. Rule 31.21 compliant	2026
MEX	Hermosillo	Gran Maratón Hermosillo Half Maratón	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Hermosillo	Juarez Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Juarez	Maraton Internacional de Juarez	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Juarez	Maraton Internacional de Juarez 30k	30KM	Comp. Rule 31.21 compliant	2023
MEX	Juarez	Maratón León Guár	Marathon	Comp. Rule 31.21 compliant	2023
MEX	Juarez	Medio Maratón Internacional de Juárez	Half Marathon	Comp. Rule 31.21 compliant	2026
MEX	Juarez	Run Internacional The US-Mexico 10K	10KM	Comp. Rule 31.21 compliant	2022 *
MEX	León	10K Marathon Internacional TV	10KM	Comp. Rule 31.21 compliant	2024
MEX	Lerdo, Dgo	Gran Maratón Pacifico	Marathon	Comp. Rule 31.21 compliant	2023
MEX	Mazatlán	Medio Maratón Cetus Zorros	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Merida	Maratón Mérida	Marathon	Comp. Rule 31.21 compliant	2027
MEX	Merida	Maratón Mérida - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
MEX	Mexical	Maratón Ciudad de México	Marathon	Downhill (11.9 m/km)	2023
MEX	Mexical	Medio Maratón Mexical	Half Marathon	Comp. Rule 31.21 compliant	2024
MEX	México City	Maraton Powerade Monterrey	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Monterrey	Maratón Puerto Vallarta	Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Puerto Vallarta	Querétaro Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Querétaro	Medio Maratón Internacional Rosarito	Half Marathon	Comp. Rule 31.21 compliant	2026
MEX	Rosarito	Maratón Sahillo - La Moderna	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Sahillo	10K Namurachi	10KM	Downhill (1.0.60 m/km)	2026
MEX	San Francisco de Borja	Maratón Tangamanga	Marathon	Comp. Rule 31.21 compliant	2023
MEX	San Luis Potosí	Maratón Tangamanga / Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
MEX	San Luis Potosí	Querétaro Maratón	Marathon	Comp. Rule 31.21 compliant	2026
MEX	Santiago de Querétaro	Medio Maratón Internacional Tecate-Aries 2019	Half Marathon	Comp. Rule 31.21 compliant	2023
MEX	Tecate	Medio Maratón Internacional Tijuana	Half Marathon	Comp. Rule 31.21 compliant	2025
MEX	Tijuana	Medio Maratón Tijuquico	Half Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Tijuana	Obeso, Not 4 Me - 10KM Invitational	10KM	Comp. Rule 31.21 compliant	2023
MEX	Tijuquico de Zuhiga	10K Internacional de Marathon TV	10KM	Comp. Rule 31.21 compliant	2025
MEX	Torreon	5K Internacional de Marathon TV	5KM	Comp. Rule 31.21 compliant	2025
MEX	Torreon	Maratón LALA	Marathon	Comp. Rule 31.21 compliant	2022 *
MEX	Torreon	Zapopan 21k	Half Marathon	Comp. Rule 31.21 compliant	2024
MEX	Zapopan	Skopje Run 10KM	10KM	Comp. Rule 31.21 compliant	2027
MKD	Skopje	Athletics Malta 5KM National Championships	5KM	Comp. Rule 31.21 compliant	2026
MKD	Skopje	Wiz Air Skopje Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MKD	Skopje	Wiz Air Skopje Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MLT	Birzebbuga	The Intersport La Valette Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MLT	Silema	Teampost Gozo 10KM	10KM	Comp. Rule 31.21 compliant	2026
MLT	Silema	The Intersport La Valette Marathon	Marathon	Comp. Rule 31.21 compliant	2026
MLT	Xaghra	1 Bokeski Pulmaraton	Half Marathon	Comp. Rule 31.21 compliant	2025
MLT	Xaghra	Teampost Gozo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MNE	Kotor	Bokeski Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
MNE	Kotor	Bokeski Marathon	Marathon	Comp. Rule 31.21 compliant	2027
MNE	Kotor	Podgorica Millennium Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
MNE	Podgorica	Monaco Run - 5KM	5KM	Comp. Rule 31.21 compliant	2026
MNE	Podgorica	Podgorica Millennium Run 10KM	10KM	Comp. Rule 31.21 compliant	2025
MNE	Podgorica	Podgorica Millennium Run Marathon	Marathon	Comp. Rule 31.21 compliant	2025
MNE	Wonez	FINB 10KM Maputo	10KM	Comp. Rule 31.21 compliant	2023
MOZ	Maputo	Indian Ocean Island Games Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
MOZ	Maputo	Meia Maratona Internacional de Maputo	Half Marathon	Comp. Rule 31.21 compliant	2024
MRI	Rodrigues Island	Navachab Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NAM	Omarama	Omarama Powerzone Street Mile	Mile	Comp. Rule 31.21 compliant	2023
NAM	Omarama	SPAR 10KM Championships	10KM	Separation >50%	2023
NAM	Oshakati	AUSC Region 5 Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NAM	Swakopmund	Husab Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NAM	Swakopmund	Lucky Star Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NAM	Swakopmund	Mauvo Half Marathon Amsterdam	Half Marathon	Comp. Rule 31.21 compliant	2025
NAM	Swakopmund	Rio Tinto Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NAM	Swakopmund	Rössing 10KM	10KM	Comp. Rule 31.21 compliant	2024
NAM	Swakopmund	Rössing Half Marathon	Marathon	Comp. Rule 31.21 compliant	2024
NAM	Swakopmund	Rössing Marathon	Marathon	Comp. Rule 31.21 compliant	2024
NED	Amsterdam	Stadsløop Appingedam 10KM	10KM	Comp. Rule 31.21 compliant	2026
NED	Amsterdam	TCS Amsterdam Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NED	Appingedam	KLM Aruba Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
NED	Appingedam	Stadsløop Appingedam 5KM	5KM	Comp. Rule 31.21 compliant	2026
NED	Aruba (Eagle Beach)	Bredise Singleloop 10KM	10KM	Comp. Rule 31.21 compliant	2026
NED	Breda	Bredise Singleloop Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NED	Breda	KLM Curacao Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
NED	Curacao	KLM Curacao Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
NED	Curacao	NN City Pier City Loop Den Haag	Half Marathon	Comp. Rule 31.21 compliant	2024
NED	Den Haag	Leisurs World Kersloop Dronter	Half Marathon	Comp. Rule 31.21 compliant	2023
NED	Dronter	Half Marathon Eindhoven powered by ASML	Half Marathon	Comp. Rule 31.21 compliant	2026
NED	Eindhoven	Enschede Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
NED	Eindhoven	Marathon Eindhoven powered by ASML	Marathon	Comp. Rule 31.21 compliant	2025
NED	Enschede	Enschede Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NED	Enschede	Leiden 10KM	10KM	Comp. Rule 31.21 compliant	2023
NED	Enschede	NN Mission Marathon	Marathon	Comp. Rule 31.21 compliant	2025
NED	Leiden	Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NED	Leiden	Leiden Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NED	Leiden	Seven Hills Test Run 5KM	5KM	Comp. Rule 31.21 compliant	2024
NED	Nijmegen	NN Marathon Rotterdam	Marathon	Comp. Rule 31.21 compliant	2025
NED	Nijmegen	Stevensloop Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NED	Rotterdam	CZ Tilburg 10KM	10KM	Comp. Rule 31.21 compliant	2023
NED	Tilburg	Tilburg Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NED	Tilburg	Tilburg Marathon	Marathon	Comp. Rule 31.21 compliant	2024
NED	Tilburg	Utrecht Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NED	Utrecht	Utrecht Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NED	Utrecht	Venloop 10KM	10KM	Comp. Rule 31.21 compliant	2026
NED	Venlo	Venloop Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NED	Venlo	Zwolsé Halve Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NED	Zwolle	Kathmandu Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NEP	Kathmandu	Kathmandu Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NEP	Kathmandu	Nepalgunj 10KM	10KM	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Nepalgunj 5KM	5KM	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Nepalgunj Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Nepalgunj Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NEP	Nepalgunj	Pokhara 10KM	10KM	Comp. Rule 31.21 compliant	2027
NEP	Pokhara	Abeokuta 10KM	10KM	Separation >50%	2023
NEP	Pokhara	Pokhara Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
NEP	Pokhara	Pokhara International Marathon	Marathon	Comp. Rule 31.21 compliant	2027
NGR	Abuja	Abuja International 10KM	10KM	Comp. Rule 31.21 compliant	2027
NGR	Abuja	Abuja International 5KM	5KM	Comp. Rule 31.21 compliant	2025
NGR	Abuja	Abuja International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
NGR	Abuja	Abuja International Marathon	Marathon	Comp. Rule 31.21 compliant	2025

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
NGR	Abuja	Iebu Heritage 10KM	10KM	Comp. Rule 31.21 compliant	2024
NGR	Iebu Ode	Kaduna State 10KM	10KM	Comp. Rule 31.21 compliant	2024
NGR	Kaduna	Access Bank Lagos City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NGR	Kaduna	Kaduna State 5KM	5KM	Comp. Rule 31.21 compliant	2024
NGR	Kaduna	Kaduna State Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NGR	Lagos	Iebu Heritage Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NGR	Lagos	Lagos 10K	10KM	Separation >50%	2026
NGR	Liebu Ode	Okpekele 10KM	10KM	Comp. Rule 31.21 compliant	2026
NGR	Okpekele	Onitsha 21.1KM road race	Half Marathon	Comp. Rule 31.21 compliant	2023
NGR	Onitsha	Brandave Owan Women's Run 10KM	10KM	Separation >50%	2024
NGR	Onitsha	Onitsha10KM road race	10KM	Comp. Rule 31.21 compliant	2023
NGR	Osogbo	Drammen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Drammen	Drammen Half Marathon - 5KM	5KM	Comp. Rule 31.21 compliant	2026
NOR	Drammen	Perseløpet 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Eidsvoll	Hytteplennen 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Eidsvoll	Perseløpet 5KM	5KM	Comp. Rule 31.21 compliant	2026
NOR	Eidsvoll	Perseløpet Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Eidsvoll	Perseløpet Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Hole	Knavvik/Misla Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Knarvikmils	Rekordøpet Lier 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Lier	Longyearbyen Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Lier	Rekordøpet Lier 5KM	5KM	Comp. Rule 31.21 compliant	2025
NOR	Lier	Rekordøpet Lier Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Longyearbyen	Longyearbyen Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Longyearbyen	Oso 10KM	10KM	Comp. Rule 31.21 compliant	2026
NOR	Oso	Oso Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Oso	Oso Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Oso	Perseløpet 10KM	10KM	Comp. Rule 31.21 compliant	2024
NOR	Sand	Gjøppen Hølmøret	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Sand	Perseløpet 5KM	5KM	Comp. Rule 31.21 compliant	2024
NOR	Sand	Perseløpet Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NOR	Sand	Perseløpet Marathon	Marathon	Comp. Rule 31.21 compliant	2024
NOR	Sandane	Rekordøpet Spikkestad 10KM	10KM	Comp. Rule 31.21 compliant	2025
NOR	Spikkestad	3. Spiseløpet Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Spikkestad	Rekordøpet Spikkestad 5KM	5KM	Comp. Rule 31.21 compliant	2025
NOR	Stavanger	Stavanger Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NOR	Stavanger	Stavanger Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NOR	Stavanger	Totenvikløpet 10KM	10KM	Comp. Rule 31.21 compliant	2027
NOR	Tromsø	Polar Night 10KM	10KM	Comp. Rule 31.21 compliant	2027
NOR	Tromsø	Polar Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
NOR	Tromsø	Polar Night Marathon	Marathon	Separation >50%	2027
NOR	Tromsø	Qventrimilla 10KM	10KM	Comp. Rule 31.21 compliant	2025
NOR	Yndes	Auckland Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NZL	Auckland	Auckland Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NZL	Auckland	Cambridge 10KM	10KM	Comp. Rule 31.21 compliant	2026
NZL	Auckland	Waterfront 10KM	10KM	Comp. Rule 31.21 compliant	2024
NZL	Auckland	Waterfront Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
NZL	Cambridge	Cambridge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
NZL	Cambridge	Christchurch Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
NZL	Christchurch	Christchurch Marathon	Marathon	Comp. Rule 31.21 compliant	2025
NZL	Christchurch	Emerson's Dunedin Marathon	Marathon	Comp. Rule 31.21 compliant	2026
NZL	Dunedin	Rotorua Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
NZL	Rotorua Marathon	Marathon Championships 2022	Marathon	Comp. Rule 31.21 compliant	2026
NZL	Tai Tapu	Wellington Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
NZL	Wellington	Wellington Marathon	Marathon	Comp. Rule 31.21 compliant	2023
NZL	Wellington	Whanganui Three Bridges Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
NZL	Whanganui	10KM Ai Mouji Muscat	10KM	Comp. Rule 31.21 compliant	2022 *
NZL	Whanganui	Whanganui Three Bridges Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
OMA	Al Mouj Muscat	Al Mouj Muscat 10KM	10KM	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Al Mouj Muscat 5KM	5KM	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Al Mouj Muscat Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Al Mouj Muscat Marathon	Marathon	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Karachi Half Marathon (City Centre)	Half Marathon	Comp. Rule 31.21 compliant	2026
OMA	Muscat	Muscat 5KM	5KM	Comp. Rule 31.21 compliant	2022 *
PAK	Karachi	Karachi Half Marathon (Coastal Route)	Half Marathon	Comp. Rule 31.21 compliant	2026
PAK	Karachi	Karachi Marathon (City Centre)	Marathon	Comp. Rule 31.21 compliant	2026
PAK	Karachi	Karachi Marathon (Coastal Route)	Marathon	Comp. Rule 31.21 compliant	2026
PAK	Karachi	Karachi International de Panama	Marathon	Comp. Rule 31.21 compliant	2023
PAN	Panama City	Maratón Internacional Ciudad de Asunción	Marathon	Comp. Rule 31.21 compliant	2026
PAR	Asunción	Media Maratón Internacional Ciudad de Asunción	Half Marathon	Comp. Rule 31.21 compliant	2026
PAR	Asunción	MIA 21K	Half Marathon	Comp. Rule 31.21 compliant	2024
PAR	Asunción, Parque Gusus	Asfalto Half Marathon - Media Maratón de Asfalto	Half Marathon	Comp. Rule 31.21 compliant	2025
PAR	Asunción, Parque Gusus	MIA 42K	Marathon	Comp. Rule 31.21 compliant	2024
PAR	Encarnacion	MIA 10K	10KM	Comp. Rule 31.21 compliant	2024
PAR	Parque Gusus, Asuncion	Campeonato Nacional de 10KM 2021	10KM	Comp. Rule 31.21 compliant	2025
PAR	Villa Hayes	Lera "52" Campeonato Mundial Marathon Militar-Lima 2022	Marathon	Comp. Rule 31.21 compliant	2026
PAR	Villa Hayes	Campeonato Nacional de Maratón 2021	Marathon	Comp. Rule 31.21 compliant	2026
PAR	Villa Hayes	Campeonato Nacional de Media Maratón 2021	Half Marathon	Comp. Rule 31.21 compliant	2025
PER	Lima	Lera Maratón Internacional "Ciudad de Lima Bicentenario"	Marathon	Comp. Rule 31.21 compliant	2025
PER	Lima	Campeonato Maratón "Ciudad de Lima" 2022	Marathon	Comp. Rule 31.21 compliant	2026
PER	Lima	Campeonato Media Maratón FDP - Lima 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
PER	Lima	Huacho Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
PER	Lima	Maratón de Los Juegos Panamericanos	Marathon	Comp. Rule 31.21 compliant	2023
PER	Lima	Maratón Life Lima 42K	Marathon	Comp. Rule 31.21 compliant	2026
PER	Lima	Maratón Popular de Lima - Mapoli	Marathon	Comp. Rule 31.21 compliant	2022 *
PER	Lima, La Costa Verde	30TH South East Asian Games Marathon	Marathon	Comp. Rule 31.21 compliant	2023
PHI	Clark Pampanga	Clark Animo 10KM	10KM	Comp. Rule 31.21 compliant	2023
PHI	Clark Pampanga	Clark Animo 5KM	5KM	Comp. Rule 31.21 compliant	2023
PHI	Clark Pampanga	Clark Animo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
PHI	Clark Pampanga	Clark Animo Marathon	Marathon	Comp. Rule 31.21 compliant	2023
PHI	Clark Pampanga	Free Movement Bethlehem 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
PLE	Bethlehem	Free Movement Bethlehem Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
PLE	Bethlehem	Free Movement Palestine Bethlehem Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
PLE	Bethlehem	Moon under the Sea Run - Jericho Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
POL	Białystok	PKO Białystok	Half Marathon	Comp. Rule 31.21 compliant	2024
POL	Białystok	Budgocze Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
POL	Budgocze	Silesia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
POL	Chorzow	Polish Marathon Championships 2021	Marathon	Comp. Rule 31.21 compliant	2025
POL	Chorzow	Silesia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
POL	Debno	Onico Gdunia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
POL	Gdunia	Cracovia Marathon	Marathon	Comp. Rule 31.21 compliant	2023
POL	Krakow	Cracovia Royal Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
POL	Krakow	Half Marathon of the Running Festival	Half Marathon	Comp. Rule 31.21 compliant	2026
POL	Krynica-Zdroj	DOZ Łódź Marathon	Marathon	Comp. Rule 31.21 compliant	2023
POL	Łódź	Polish Marathon Championships	Marathon	Comp. Rule 31.21 compliant	2024
POL	Łódź	Pila Marathon	Marathon	Comp. Rule 31.21 compliant	2026
POL	Pila	Poznan Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
POL	Poznan	Indoor World Masters Championships - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
POL	Poznan	Poznan Marathon	Marathon	Comp. Rule 31.21 compliant	2026
POL	Torun	ORLEN Warsaw Marathon	Marathon	Comp. Rule 31.21 compliant	2023
POL	Warsaw	Paseo S A Warszawa Duchta 10KM	10KM	Comp. Rule 31.21 compliant	2026
POL	Warsaw	PZU Maraton Warszawski	Marathon	Comp. Rule 31.21 compliant	2026
POL	Warsaw	Warsaw Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
POL	Warsaw	Wroclaw Night Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
POL	Wroclaw	Meia Maratona de Abrantes	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Abrantes	Maratona de Europa	Marathon	Comp. Rule 31.21 compliant	2026
POR	Aveiro	Cascais Grande Premio de Natal	5KM	Comp. Rule 31.21 compliant	2026
POR	Cascais	Meia Maratona de Evora	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Cascais	Montepio Meia Maratona de Cascais	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Evora	Famalcao 10KM	10KM	Comp. Rule 31.21 compliant	2026
POR	Famalcao	Campeonato Europeu de 10KM masters	10KM	Comp. Rule 31.21 compliant	2024
POR	Famalcao	Meia Maratona de Famalcao	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Funchal	Maratona do Funchal - Madeira	Marathon	Downhill (1.4 m/m)	2026
POR	Funchal	Meia Maratona de Leiria	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Leiria	EDP Maratona de Lisboa	Half Marathon	Separation >50%	2026
POR	Lisboa	Candido de Oliveira Mile	Mile	Comp. Rule 31.21 compliant	2026
POR	Lisbon	EDP Meia Maratona de Lisboa	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Lisbon	Lidl Sao Silvestre de Lisboa	10KM	Comp. Rule 31.21 compliant	2026
POR	Lisbon	Luno Meia Maratona	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Lisbon	Meia Maratona de Luso	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Lisbon	Meia Maratona dos Descobrimientos	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Luso	Porto Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Porto	Meia Maratona de Sebalal	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Porto	Porto Marathon	Marathon	Comp. Rule 31.21 compliant	2026
POR	Sebalal	Meia Maratona de Visu	Half Marathon	Comp. Rule 31.21 compliant	2026
POR	Visu	Mangyongdae Prize International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
PRK	Pyeongang	Carrera Fin de Año 10K	10KM	Separation >50%	2026
PUR	Isabela	World's Best 10KM	10KM	Comp. Rule 31.21 compliant	2026
PUR	San Juan	IAAF World Championships 2019 - Marathon	Marathon	Comp. Rule 31.21 compliant	2023
QAT	Doha	10 KM from Bravos Running Festival	10KM	Comp. Rule 31.21 compliant	2025
QAT	Doha	Ooredoo Doha 10KM	10KM	Comp. Rule 31.21 compliant	2027
QAT	Doha	Ooredoo Doha 5KM	5KM	Comp. Rule 31.21 compliant	2027
QAT	Doha	Ooredoo Doha Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
QAT	Doha	Ooredoo Doha Marathon	Marathon	Comp. Rule 31.21 compliant	2027
ROU	Brasov	5 KM from Bravos Running Festival	5KM	Comp. Rule 31.21 compliant	2025
ROU	Brasov	5KM "Crosul 15 Noiembrie"	5KM	Downhill, Separation >50%	2022 *
ROU	Brasov	Brasov Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
ROU	Brasov	Brasov Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
ROU	Brasov	Bucharest International 10 K	10KM	Comp. Rule 31.21 compliant	2023
ROU	Brasov	CROS 11 Noiembrie Brasov	5KM	Downhill (5.60m/km), Separation >50%	2027
ROU	Bucharest	Bucharest International 10K's Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ROU	Bucharest	Bucharest Uniga 10 KM	10KM	Comp. Rule 31.21 compliant	2022 *
ROU	Bucharest	Crosul USAMV 10KM Bucharest	10KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Crosul USAMV 5KM Bucharest	5KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Legal 10KM Bucharest	10KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Legal Half Marathon Bucharest	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Raffelsen Bucharest Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
ROU	Bucharest	Volkswagen Bucharest 10KM	10KM	Comp. Rule 31.21 compliant	2023
ROU	Bucharest	Volkswagen Bucharest Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
ROU	Bucharest	Wizz Air Half Marathon Cluj Napoca	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Wizz Bucharest 10KM	10KM	Comp. Rule 31.21 compliant	2026
ROU	Bucharest	Wizz Half Marathon Bucharest	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Cluj Napoca	UVT Liberty 10KM Timisoara	10KM	Comp. Rule 31.21 compliant	2026
ROU	Cluj Napoca	Wizz Air Marathon Cluj Napoca	Marathon	Comp. Rule 31.21 compliant	2026
ROU	Timisoara	King Shaka 10KM	10KM	Comp. Rule 31.21 compliant	2024
ROU	Timisoara	UVT Liberty Half Marathon Timisoara	Half Marathon	Comp. Rule 31.21 compliant	2026
ROU	Timisoara	UVT Liberty Marathon Timisoara	Marathon	Comp. Rule 31.21 compliant	2026

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
RSA	Balito	Johnson Crane 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Balito	King Shaka Marathon	Marathon	Separation >50%	2024
RSA	Balito	King Shaka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Benoni	AAC Usual Suspects Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Benoni	Johnson Crane Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Benoni	Johnson Crane Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	AAC Usual Suspects Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RSA	Cape Town	ABSA Run Your City 10KM Cape Town	10KM	Separation >50%	2026
RSA	Cape Town	Balito to Durban Half Marathon	Half Marathon	Downhill (<5.0 m/km), Separation >50%	2026
RSA	Cape Town	Fast 1 Marathon	Marathon	Comp. Rule 31.21 compliant	2027
RSA	Cape Town	Peninsula Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RSA	Cape Town	Peninsula Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RSA	Cape Town	Retail Capital Marathon Challenge	Marathon	Comp. Rule 31.21 compliant	2025
RSA	Cape Town	Sanlam Cape Town 10KM for Peace	10KM	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	Sanlam Cape Town Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	Sanlam Cape Town Marathon Elite Invitational	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Cape Town	Spar Grand Prix Ladies 10KM	10KM	Comp. Rule 31.21 compliant	2025
RSA	Cape Town	The Usual Suspects 10KM Challenge	10KM	Comp. Rule 31.21 compliant	2025
RSA	Cape Town	Totalsports Two Oceans Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Cape Town	Totalsports Women's Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Durban	Balito to Durban Marathon	Marathon	Downhill (<3.0 m/km), Separation >50%	2026
RSA	Durban	Buffalo Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Durban	Dolphin Coast 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Durban	Dolphin Coast Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Durban	Dolphin Coast Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Durban	Durban CITYSURF Run 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
RSA	Durban	Durban International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Durban	Durban Run Your City 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Durban	Durban Run Your City 5KM	5KM	Separation >50%	2026
RSA	Durban	Greyville Racecourse Orcas Challenge 10KM	10KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orcas Challenge 5KM	5KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orcas Challenge Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Durban	Greyville Racecourse Orcas Challenge Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RSA	Durban	OCRAS 10KM	10KM	Comp. Rule 31.21 compliant	2025
RSA	Durban	SPAR Women's Challenge 10KM Durban	10KM	Comp. Rule 31.21 compliant	2026
RSA	East London	Legends Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	East London	Rand Road Warriors Edendale 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Edenvale, Johannesburg	Central Gauteng Athletics Championships 10000m	10KM	Comp. Rule 31.21 compliant	2025
RSA	Edenvale, Johannesburg	Rand Road Warriors Edendale Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Edenvale, Johannesburg	Rand Road Warriors Edendale Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Edenvale, Johannesburg	Rand Road Warriors Edendale 5KM	5KM	Comp. Rule 31.21 compliant	2026
RSA	Edenvale, Johannesburg	Sarens Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Edenvale, Johannesburg	Sarens Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Germiston	Central Gauteng Athletics Championships 21098m	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Germiston	Gonubie 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Germiston Lake	Zet Single Series Mile Run	Mile	Comp. Rule 31.21 compliant	2025
RSA	Gonubie	Gonubie 5KM	5KM	Comp. Rule 31.21 compliant	2024
RSA	Gqeberha	Gqeberha SPAR Ladies Challenge 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Gqeberha	Dr J.L Dube 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Gqeberha	Nedbank Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RSA	Gqeberha	Nelson Mandela Bay Municipality Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Gqeberha	Port Elizabeth One City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Gqeberha	Port Elizabeth One City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Inanda	Dr J.L Dube Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Inanda	Joburg 10k CITYRUN	10KM	Downhill (2.00 m/km)	2022 *
RSA	Johannesburg	Johnson Crane - 10KM	10KM	Comp. Rule 31.21 compliant	2023
RSA	Johannesburg	Johnson Crane - 5KM	5KM	Comp. Rule 31.21 compliant	2027
RSA	Johannesburg	Johnson Crane - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RSA	Johannesburg	Johnson Crane Marathon	Marathon	Comp. Rule 31.21 compliant	2027
RSA	Johannesburg	Run Zone Autumn Chase Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Johannesburg	Run Zone Autumn Chase Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Johannesburg	Run Zone North City 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Johannesburg	ZET Zingee Junior Series Run	5KM	Comp. Rule 31.21 compliant	2023
RSA	Kagiso	Platinum Belt Marathon	Marathon	Separation >50%	2023
RSA	Markana	Mid Vaal May 10KM	10KM	Comp. Rule 31.21 compliant	2024
RSA	Meyerton	Mid Vaal May Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Meyerton	Mid Vaal May Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Meyerton	Petro SA Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Mossel Bay	Motherwell Freedom 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Mossel Bay	Petro SA Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Motherwell	Cheetah Mthatha 10KM	10KM	Downhill (14.00m/km), Separation >50%	2026
RSA	Mthatha	Capital City 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Mthatha	Cheetah Mthatha 5KM	5KM	Downhill (16.80m/km), Separation >50%	2026
RSA	Mthatha	Cheetahs Mthatha Half Marathon	Marathon	Downhill (14.00m/km), Separation >50%	2026
RSA	Mthatha	Cheetahs Mthatha Marathon (Abathembu Road start)	Marathon	Separation >50%	2026
RSA	Mthatha	Cheetahs Mthatha Marathon (N2 start)	Marathon	Separation >50%	2026
RSA	Pietermaritzburg	ASA Half Marathon Championships	Half Marathon	Comp. Rule 31.21 compliant	2024
RSA	Pietermaritzburg	Capital City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Pietermaritzburg	Capital City Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Pietermaritzburg	Mandela Day Half Marathon	Half Marathon	Downhill (4.0 m/km)	2026
RSA	Pietermaritzburg	Mandela Day Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Pietermaritzburg	Maritzburg Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Pietermaritzburg	Maritzburg Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Pietermaritzburg	Save Orion 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Pietermaritzburg	Save Orion Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Port Elizabeth	Nelson Mandela Bay 1 City Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RSA	Port Elizabeth	Port Elizabeth Ladies 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Port Elizabeth	Sanlam Cape Town Marathon - Potchefstroom Leg	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Potchefstroom	ASA 10KM Championships 2022	10KM	Comp. Rule 31.21 compliant	2026
RSA	Pretoria	Platinum Belt Half Marathon	Half Marathon	Separation >50%	2023
RSA	Pretoria	Sanlam Cape Town Marathon - Pretoria Leg	Marathon	Comp. Rule 31.21 compliant	2024
RSA	Pretoria	Tshwane North Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
RSA	Rustenburg	Scottburgh 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Scottburgh	Scottburgh 21KM	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Scottburgh	Sedibeng Vaal 10KM	10KM	Comp. Rule 31.21 compliant	2023
RSA	Sedibeng Vaal	Sedibeng Vaal Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RSA	Sedibeng Vaal	Sedibeng Vaal Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RSA	Sedibeng Vaal	Soweto Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RSA	Soweto	Soweto 10KM	10KM	Comp. Rule 31.21 compliant	2023
RSA	Tembsia	Platinum Belt 10KM	10KM	Downhill, Separation >50%	2023
RSA	Tembsia	Tembsia Mile	Mile	Comp. Rule 31.21 compliant	2023
RSA	Thaban	Eliot Madiera Charity Club 10KM	10KM	Separation >50%	2025
RSA	Umtata	Eliot Madiera Charity Club 5KM	5KM	Separation >50%	2025
RSA	Umtata	Eliot Madiera Charity Club Half Marathon	Half Marathon	Separation >50%	2025
RSA	Umtata	Eliot Madiera Charity Club Marathon	Marathon	Separation >50%	2025
RSA	Umtata	Umtata Half Marathon	Half Marathon	Downhill (5.0 m/km)	2026
RSA	Umtata	Vaal River City 10KM	10KM	Comp. Rule 31.21 compliant	2026
RSA	Vaal City	Vaal River City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Vaal City	Vaal River City Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RSA	Vaal City	Zet Single Series 5KM Run	5KM	Comp. Rule 31.21 compliant	2025
RSA	Westernaria	Almaty Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RSA	Westernaria	Zet Single Series Mile Run	Mile	Comp. Rule 31.21 compliant	2025
RUS	Almaty	Almaty Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Almaty	Belgorod 10KM	10KM	Comp. Rule 31.21 compliant	2026
RUS	Belgorod	Belgorod Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Belgorod	Bisert Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Bisert	Bisert Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Bisert	Gatchina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Gatchina	Gatchina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	Gdov	Gdov Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RUS	Kazan	Kazan Marathon	Marathon	Comp. Rule 31.21 compliant	2025
RUS	Kazan	Khanty-Mansiysk Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Khanty-Mansiysk	International Half Marathon 'One Run'	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Moscow	Hero Half Marathon Run	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Moscow	Moscow Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	Moscow	Moscow Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Moscow	Moscow Marathon - Satellite 10KM	10KM	Comp. Rule 31.21 compliant	2026
RUS	Nizhny Novgorod	Siberian International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Omsk	Perm Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RUS	Perm	Siberian International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Pushkin	Pushkin - St Petersburg 10KM	10KM	Separation >50%	2026
RUS	Pushkin	Half Marathon Sochi	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Pushkin	Pushkin - St Petersburg 30KM	30KM	Separation >50%	2026
RUS	Pushkin	Pushkin - St Petersburg Half Marathon	Half Marathon	Separation >50%	2026
RUS	Pushkin	Tsarskoye Selo Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	Pushkin	Tsarskoye Selo Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RUS	Sochi	Half Marathon Zabeig	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Sochi	Sochi Autodrom Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RUS	Sochi	Sochi Autodrom Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RUS	Sochi	Sochi Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RUS	St Petersburg	SPB Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	St Petersburg	SPB Half Marathon 'The Northern Capital'	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	St Petersburg	The Northern Capital 10KM	10KM	Comp. Rule 31.21 compliant	2023
RUS	St Petersburg	White Nights Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	St Petersburg	Yarche Toms Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RUS	Toms	Tule 10KM	10KM	Comp. Rule 31.21 compliant	2023
RUS	Toms	Yarche Toms Marathon	Marathon	Comp. Rule 31.21 compliant	2024
RUS	Tula	Tula Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
RUS	Tula	Tula Marathon	Marathon	Comp. Rule 31.21 compliant	2023
RUS	Tula	Tumen Half Marathon "Steel Character"	Half Marathon	Comp. Rule 31.21 compliant	2022 *
RUS	Tumen	Uljanovsk Half Marathon of the Dream	Half Marathon	Comp. Rule 31.21 compliant	2024
RUS	Uljanovsk	Vladivostok International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
RUS	Vladivostok	Golden Ring Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
RUS	Yaroslavl	Russian Half Marathon Cup	Half Marathon	Comp. Rule 31.21 compliant	2026
RUS	Yekaterinburg	10KM Effage de Dakar	10KM	Comp. Rule 31.21 compliant	2025
RUS	Yekaterinburg	VIRTUS Championship of Russia	10KM	Comp. Rule 31.21 compliant	2026
SEN	Dakar	Marathon Effage de Dakar	Marathon	Comp. Rule 31.21 compliant	2025
SEN	Dakar	Semi Marathon Effage de Dakar	Half Marathon	Comp. Rule 31.21 compliant	2025
SEN	Dakar	Seychelles Eco-Friendly Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
SEY	Beau Vallon	Seychelles Eco-Friendly 10KM	10KM	Comp. Rule 31.21 compliant	2024
SEY	Beau Vallon	Seychelles Eco-Friendly Marathon	Marathon	Comp. Rule 31.21 compliant	2024
SEY	Seychelles Beau Vallon	Seychelles Eco-Friendly 5KM	5KM	Comp. Rule 31.21 compliant	2024
SGP	Singapore	Standard Chartered Singapore 10KM	10KM	Comp. Rule 31.21 compliant	2026
SGP	Singapore	100th Merli raki	5KM	Comp. Rule 31.21 compliant	2023
SGP	Singapore	Standard Chartered Singapore 5KM	5KM	Comp. Rule 31.21 compliant	2026
SGP	Singapore	Standard Chartered Singapore Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SGP	Singapore	Standard Chartered Singapore Marathon	Marathon	Comp. Rule 31.21 compliant	2026

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
SLO	Adlovscina	Bistrica Marathon	Marathon	Comp. Rule 31.21 compliant	
SLO	Bistrica	Trika Ca (Cacak Half Marathon)	Half Marathon	Comp. Rule 31.21 compliant	2023
SLO	Cacak	Istraki Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	
SLO	Cacak	Trika Ca (Cacak Half Marathon)	Half Marathon	Comp. Rule 31.21 compliant	2024
SLO	Izola	Istraki Marathon	Marathon	Comp. Rule 31.21 compliant	
SLO	Izola	Konjice 10KM	10KM	Comp. Rule 31.21 compliant	2026
SLO	Konjice	Konjice Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SLO	Konjice	Ljubljana Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SLO	Ljubljana	1st Maribor 5KM Challenge	5KM	Comp. Rule 31.21 compliant	2024
SLO	Ljubljana	Ljubljana Marathon	Marathon	Comp. Rule 31.21 compliant	2023
SLO	Ljubljana	Ljubljanski 10KM	10KM	Comp. Rule 31.21 compliant	2023
SLO	Maribor	1st Run4Motion Half Marathon Maribor	Half Marathon	Comp. Rule 31.21 compliant	2023
SLO	Maribor	Health Run Maribor	5KM	Comp. Rule 31.21 compliant	2026
SLO	Maribor	Maribor Marathon	Marathon	Comp. Rule 31.21 compliant	
SLO	Maribor	Maribor	Half Marathon	Comp. Rule 31.21 compliant	2024
SLO	Markovci	Novo Mesto Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SLO	Novo Mesto	Ormoz 10KM	10KM	Comp. Rule 31.21 compliant	2026
SLO	Ormoz	Istraki Half Marathon	Half Marathon	Separation >50%	2023
SLO	Ormoz	Ormoz 5KM	5KM	Comp. Rule 31.21 compliant	2026
SLO	Ormoz	Ormoz Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SLO	Ormoz	Ormoz Marathon	Marathon	Comp. Rule 31.21 compliant	
SLO	Portoroz	Istraki Marathon	Marathon	Comp. Rule 31.21 compliant	2023
SLO	Portoroz	Three Hearts Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SLO	Radenci	Slovenska Bistrica 10KM	10KM	Comp. Rule 31.21 compliant	2026
SLO	Radenci	Three Hearts Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SLO	Slovenska Bistrica	Apatin Danube 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Apatin	1300 Kaplana Run in Arandelovac 10KM	10KM	Comp. Rule 31.21 compliant	2027
SRB	Apatin	Apatin Danube Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Arandelovac	1300 Kaplana Run in Arandelovac 5KM	5KM	Comp. Rule 31.21 compliant	2027
SRB	Arandelovac	Pal Skenderovics Memorial 10KM Run	10KM	Comp. Rule 31.21 compliant	2026
SRB	Backa Topola	Belgrade 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Backa Topola	Pal Skenderovics Memorial 5KM Run	5KM	Comp. Rule 31.21 compliant	2026
SRB	Belgrade	Belgrade Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Belgrade	Belgrade Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SRB	Belgrade	Rtanjski 5KM	5KM	Comp. Rule 31.21 compliant	2023
SRB	Belgrade	Savski Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Belgrade	Serbia 5KM	5KM	Comp. Rule 31.21 compliant	2023
SRB	Belgrade	Serbian City Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Belgrade	Serbian City Marathon	Marathon	Comp. Rule 31.21 compliant	2023
SRB	Bojevac	Rtanjski Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
SRB	Bojevac	Zimski Borski Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2025
SRB	Bor	Cacak 10KM	10KM	Comp. Rule 31.21 compliant	2024
SRB	Cacak	Cacak 5KM	5KM	Comp. Rule 31.21 compliant	2024
SRB	Cacak	Night Race Grand Prix Cacak 10KM	10KM	Comp. Rule 31.21 compliant	2023
SRB	Cacak	Night Race Grand Prix Cacak 5KM	5KM	Comp. Rule 31.21 compliant	2023
SRB	Cacak	Road Race Ecka 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Cacak	Trika Ca / Cacak Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Ecka	Jagodina Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Ecka	Road Race Ecka 5KM	5KM	Comp. Rule 31.21 compliant	2026
SRB	Jagodina	Jagodina Marathon	Marathon	Comp. Rule 31.21 compliant	
SRB	Jagodina	Kostolac Vinisajum	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Kostolac	Kovacka Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Kragujevac	Kragujevac Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	
SRB	Kragujevac	Krusovac 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Krusovac	Honoljki Motivi 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
SRB	Krusovac	Krusovac Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Kucevo	Niski Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2025
SRB	Nis	Pazarski Polumaraton	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Novi Pazar	Novi Sad 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Novi Sad	Memorial Dragutin Tomasevic 10KM	10KM	Downhill (6.90m /km), Separation >50%	2027
SRB	Novi Sad	Novi Sad Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Novi Sad	Novi Sad Marathon	Marathon	Comp. Rule 31.21 compliant	2027
SRB	Petrovac	Ruma Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
SRB	Ruma	Sombor Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
SRB	Sombor	Subotica 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Subotica	Subotica 5KM	5KM	Comp. Rule 31.21 compliant	2026
SRB	Subotica	Subotica Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SRB	Subotica	Sviljavec Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
SRB	Sviljavec	Vranje Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	
SRB	Vranje	Vranje Marathon	Marathon	Comp. Rule 31.21 compliant	
SRB	Vranje	Vrbas 10KM	10KM	Comp. Rule 31.21 compliant	2026
SRB	Vrbas	Vrbas 5KM	5KM	Comp. Rule 31.21 compliant	2026
SRB	Vrbas	Zrenjanin Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	
SRB	Zrenjanin	Swiss Athletics 10KM race	10KM	Comp. Rule 31.21 compliant	2025
SRB	Zrenjanin	Zrenjanin Marathon	Marathon	Comp. Rule 31.21 compliant	2025
SUI	Belp	Geneve General 10KM Race	10KM	Downhill (4.7 m/km)	2026
SUI	Belp	Swiss Athletics Marathon race	Marathon	Comp. Rule 31.21 compliant	2025
SUI	Geneve	Geneve General 5KM Race	5KM	Comp. Rule 31.21 compliant	2026
SUI	Geneve	Geneve General Half Marathon	Half Marathon	Downhill (2.23 m/km)	2026
SUI	Geneve	Geneve General Marathon	Marathon	Downhill (1.11 m/km)	2026
SUI	Geneve	Greifenseelauf Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	
SUI	Geneve	Harmony Geneva Marathon for Unicef	Marathon	Comp. Rule 31.21 compliant	2025
SUI	Geneve	The Giants Geneva	10KM	Comp. Rule 31.21 compliant	2025
SUI	Greifenseelauf	Lausanne Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
SUI	Lausanne	SwissCity Lucerne - 10KM	10KM	Comp. Rule 31.21 compliant	2026
SUI	Lucerne	Stralgau 10 KM City Run	10KM	Comp. Rule 31.21 compliant	2025
SUI	Lucerne	SwissCity Lucerne - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SUI	Lucerne	SwissCity Lucerne - Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SUI	Lugano	10KM Swiss Championship 2019	10KM	Comp. Rule 31.21 compliant	2024
SUI	Uster	Neujahrsmarathon Zurich	Marathon	Comp. Rule 31.21 compliant	2023
SUI	Zurich	Neujahrsmarathon Zurich Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
SUI	Zurich	South America Half Marathon Championships	Half Marathon	Comp. Rule 31.21 compliant	2022 *
SUI	Zurich	Zurich City Run 10KM	10KM	Comp. Rule 31.21 compliant	2026
SUI	Zurich	Zurich Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SUI	Zurich	Zurich Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SUR	Panameribo	Banaskyotichy chodecty mibing 10KM	10KM	In a fraig walk boaj	2025
SVK	Banska Bystrica	CSOB Bratislava Marathon	Marathon	Comp. Rule 31.21 compliant	2026
SVK	Bratislava	Koice Peace Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
SVK	Koice	Goteborgvarvet Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
SVK	Koice	Koice Peace Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
SWE	Stockeborg	ASICS Stockholm Marathon	Marathon	Comp. Rule 31.21 compliant	2024
SWE	Stockholm	CRDB Bank Dar es Salaam 10KM	10KM	Comp. Rule 31.21 compliant	2025
SWE	Stockholm	Swedish Marathon Championship	Marathon	Comp. Rule 31.21 compliant	2024
TAN	Dar es Salaam	CRDB Bank Dar es Salaam 5KM	5KM	Comp. Rule 31.21 compliant	2025
TAN	Dar Es Salaam	CRDB Bank Dar es Salaam Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
TAN	Dar es Salaam	CRDB Bank Dar es Salaam Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TAN	Dar Es Salaam	NBC Dodoma 10KM	10KM	Comp. Rule 31.21 compliant	2024
TAN	Dar es Salaam	New Year 10KM	10KM	Comp. Rule 31.21 compliant	2024
TAN	Dar Es Salaam	New Year 5KM	5KM	Comp. Rule 31.21 compliant	2024
TAN	Dar Es Salaam	New Year Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TAN	Dar Es Salaam	New Year Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TAN	Dodoma	Kilimanjaro Premium Lager Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TAN	Dodoma	NBC Dodoma Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TAN	Dodoma	NBC Dodoma Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TAN	Moshi	Stone Town Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TAN	Stone Town	Amazing Bangkok Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TAN	Stone Town	Stone Town Marathon	Marathon	Comp. Rule 31.21 compliant	
THA	Bangkok	Amazing Bangkok Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Bangkok Midnight 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Bangkok Midnight Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Bangkok Midnight Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Bangsaen21	Half Marathon	Comp. Rule 31.21 compliant	2023
THA	Bangkok	BOMS Bangkok Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
THA	Bangkok	BOMS Bangkok Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
THA	Bangkok	KOP Run Bangkok 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	KOP Run Bangkok 5KM	5KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Thai Sikh Run 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Bangkok	Thai Sikh Run Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Bangsaen	Bangsaen42 Chonburi Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Bangsaen	Buriram 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Buriram	Buriram Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Buriram	Buriram Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Buriram	Chanthaburi Scenic 10KM	10KM	Comp. Rule 31.21 compliant	2027
THA	Chanthaburi	Chanthaburi Scenic Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
THA	Chanthaburi	Chanthaburi Scenic Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Chanthaburi	Chiang Rai 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Chiang Rai	Bangsaen 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Chonburi	Bangsaen 5KM	5KM	Comp. Rule 31.21 compliant	2024
THA	Chonburi	Bangsaen21	Marathon	Comp. Rule 31.21 compliant	2023
THA	Chonburi	River Kwai Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
THA	Kanchanaburi	Phang-ngu Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Khaolak Phang-ngu	Khon Kaen International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Khaolak Phang-ngu	Phang-ngu International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Khon Kaen	Korat Powderance 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Powderance Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Powderance Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Powderance Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	Korat Powderance Marathon	Marathon	Comp. Rule 31.21 compliant	2024
THA	Korat	Krabi 10KM	10KM	Comp. Rule 31.21 compliant	2026
THA	Korat	The Mall Korat 10KM	10KM	Comp. Rule 31.21 compliant	2026
THA	Korat	The Mall Korat Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Korat	The Mall Korat Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Krabi	Khung Wriam Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
THA	Krabi	Krabi 5KM	5KM	Comp. Rule 31.21 compliant	2026
THA	Krabi	Krabi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Krabi	Krabi Marathon	Marathon	Comp. Rule 31.21 compliant	2023
THA	Laem Sadek	River Kwai Half Marathon / Thailand Championships	Half Marathon	Comp. Rule 31.21 compliant	2023
THA	Mueang Kanchanaburi	Nong Khai 10KM	10KM	Comp. Rule 31.21 compliant	2023
THA	Nong Khai	Laguna Phuket Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
THA	Nong Khai	Nong Khai Asean Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
THA	Nong Khai	Nong Khai Asean Marathon	Marathon	Comp. Rule 31.21 compliant	2023
THA	Nong Khai	Photak 10KM	10KM	Comp. Rule 31.21 compliant	2026
THA	Nong Khai	Photak 5KM	5KM	Comp. Rule 31.21 compliant	2026
THA	Nong Khai	Photak Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
THA	Nong Khai	Photak Marathon	Marathon	Comp. Rule 31.21 compliant	2026
THA	Phuket	Laguna Phuket Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
THA	Phuket	Phuket International 10.5KM	10KM	Comp. Rule 31.21 compliant	2022 *

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
THA	Phuket	Phuketthon	Marathon	Comp. Rule 31.21 compliant	2022 *
THA	Phuket	Trang 10KM	10KM	Comp. Rule 31.21 compliant	2024
THA	Trang	Move-A-Thon 10k	10KM	Comp. Rule 31.21 compliant	2023
THA	Trang	Trang Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
THA	Trang	Trang Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TKS	Providenciales	Dil 10KM	10KM	Comp. Rule 31.21 compliant	2027
TKS	Providenciales	Move-A-Thon 5k	5KM	Comp. Rule 31.21 compliant	2023
TKS	Providenciales	Move-A-Thon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TKS	Providenciales	Move-A-Thon Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TLS	Dili	Chiyay Asian Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TLS	Dili	Dil Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TLS	Dili	Dil International Marathon	Marathon	Comp. Rule 31.21 compliant	2027
TPE	Fanlu Township	Haincho Ocean International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TPE	Fanlu Township	Taiwan Alishan Divine Tree Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Hsinchu	Kaohsiung Fubon Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Kaohsiung	Kaohsiung Fubon Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Kaohsiung	Matsu Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Nangan Township	Wan-Jin-Shi International 10KM	10KM	Comp. Rule 31.21 compliant	2025
TPE	New Taipei City	Olympic Day Run - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TPE	New Taipei City	Wan-Jin-Shi International Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Taichung City	Tainan Historical Capital International Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TPE	Tainan City	Eva Air 10KM	10KM	Comp. Rule 31.21 compliant	2026
TPE	Tainan City	Tainan Historical Capital International Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TPE	Tainan City	Zengwen Reservoir Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Eva Air Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Eva Air Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	IAU World 50KM Championships - 10KM lap	10KM	n/a (race walk loop)	2025
TPE	Taipei City	IAU World 50KM Championships - 5KM lap	5KM	n/a (race walk loop)	2025
TPE	Taipei City	New Taipei City The National Games Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TPE	Taipei City	Puma Ignite Taiwan Night Run 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
TPE	Taipei City	Standard Chartered Taipei Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Standard Chartered Taipei Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Freeway Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Freeway Marathon - 10KM	10KM	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Freeway Marathon - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taipei Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taipei City	Taihsin Women Run TPE - 10KM	10KM	Comp. Rule 31.21 compliant	2025
TPE	Taipei City	Taihsin Women Run TPE - Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
TPE	Taipei City	Taiwan's Rice Heaven Tianzhong Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TPE	Taipei City	Taoqian Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Taoqian City	Taoqian National Games Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TPE	Taoqian City	Yan Dongshan River Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TPE	Yilan City	Sun Moon Lake Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Yilan City	Yan Dongshan River Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TPE	Yuchi Township	LWI-SPEC Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TTO	Arima	We Run Arima Weekend - 10K	10KM	Comp. Rule 31.21 compliant	2027
TTO	Arima	We Run Arima Weekend - 21K	Half Marathon	Comp. Rule 31.21 compliant	2027
TTO	Arima	We Run Arima Weekend - 5K	5KM	Comp. Rule 31.21 compliant	2027
TTO	St. Augustine	Sea to Sea Rainforest Run 10K	10KM	Comp. Rule 31.21 compliant	2022 *
TTO	Tobago Main Ridge Forest Reserve	Sea to Sea Rainforest Run 5K	5KM	Comp. Rule 31.21 compliant	2022 *
TTO	Tobago Main Ridge Forest Reserve	The Carthage Race / Half marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUN	Carthage	Semi Marathon International Stax Ville	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TUN	Carthage	The Carthage Race / Marathon	Marathon	Comp. Rule 31.21 compliant	2023
TUN	Carthage	The Carthage race 10KM	10KM	Comp. Rule 31.21 compliant	2023
TUN	Carthage	The Carthage race 5KM	5KM	Comp. Rule 31.21 compliant	2023
TUN	Stax	10 KM Tunisia Women s Run International	10KM	Comp. Rule 31.21 compliant	2022 *
TUN	Stax	SCPAL Stax Marathon international des oliviers	Marathon	Comp. Rule 31.21 compliant	2023
TUN	Stax	SCPAL Stax Semi Marathon international des oliviers	Half Marathon	Comp. Rule 31.21 compliant	2023
TUN	Sousse	Marathon Comar	Marathon	Comp. Rule 31.21 compliant	2023
TUN	Sousse	Semi marathon international Tunisia Women s Run	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TUN	Tunis	International Adena Kurlulus Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUN	Tunis	Semi Marathon Comar	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Adana	International Ankara Democracy Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
TUR	Ankara	Runatolia International 10 KM	10KM	Comp. Rule 31.21 compliant	2022 *
TUR	Antalya	International Avsa 10.000m	10KM	Comp. Rule 31.21 compliant	2024
TUR	Antalya	Runtalya Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Antalya	Runtalya International Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TUR	Avsa	Batman Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Batman	Bodrum Global Run 10 KM	10KM	Comp. Rule 31.21 compliant	2022 *
TUR	Bodrum	Bursa International Turkic World Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Bodrum	Global Run Bodrum Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Bursa	Eker I Run 5KM	5KM	Comp. Rule 31.21 compliant	2023
TUR	Bursa	Eker I Run Marathon	Marathon	Downhill (-41.5 m/km), Separation >50%	2023
TUR	Bursa	I run 4 peace half marathon	Half Marathon	Separation >50%	2023
TUR	Canakkale	Darica Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Datca	Run Datca 10K	10KM	Comp. Rule 31.21 compliant	2022 *
TUR	Datca	Didim 10K	10KM	Comp. Rule 31.21 compliant	2022 *
TUR	Datca	Run Datca 5K	5KM	Comp. Rule 31.21 compliant	2022 *
TUR	Didim	Didim Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TUR	Didim	Djartabek Sur Half marathon	Half Marathon	Comp. Rule 31.21 compliant	2024
TUR	Igdirbakir	International Edma Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Edirne	100 Yil Erzurum Kongresi 10 K Kosusu	10KM	Comp. Rule 31.21 compliant	2023
TUR	Erzurum	Eskisehir Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Eskisehir	Gazi Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Gaziantep	Gaziantep 10 KM	10KM	Comp. Rule 31.21 compliant	2022 *
TUR	Giresun	Giresun half marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TUR	Giresun	N Koly Istanbul Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
TUR	Istanbul	International Izmir 10KM road race	10KM	Comp. Rule 31.21 compliant	2025
TUR	Istanbul	N Koly Istanbul Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TUR	Istanbul	Tunisi Bihar Kosusu 10KM	10KM	Comp. Rule 31.21 compliant	2023
TUR	Istanbul	Vodafone Istanbul 10 KM	10KM	Comp. Rule 31.21 compliant	2022 *
TUR	Izmir	Izmir Half marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
TUR	Izmir	Izmir International Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TUR	Izmir	National Martyr Mustafa Fehmi Kublay 10K Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Izmir Menemen	Isabul Yolu Seifre Baci Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Kastamonu	International Kayseri 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Kayseri	International Kayseri Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Kayseri	International Konya 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Konya	International Konya Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Konya	International Kurenia 10KM Road Race	10KM	Comp. Rule 31.21 compliant	2026
TUR	Kurenia	Arsilantepe Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
TUR	Kurenia	International Kurenia Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Kurenia	International Kurenia Marathon	Marathon	Comp. Rule 31.21 compliant	2026
TUR	Malatya	International Vestel Manisa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Manisa	National Martyr subutenant Mustafa Fehmi Kublay 10 k road race	10KM	Separation >50K	2025
TUR	Menemen Izmir	Mersin Marathon	Marathon	Comp. Rule 31.21 compliant	2024
TUR	Merzin	International Nicosia 10k	10KM	Comp. Rule 31.21 compliant	2023
TUR	Nicosia	Pamukkale Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TUR	Pamukkale	Achaha Half Marathon	Half Marathon	Separation >50%	2022 *
TUR	Pattaya	Gordon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TUR	Polatli	International Ancient City Ephesus 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
TUR	Selcuk	International Ancient City Ephesus Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
TUR	Selcuk	Tarusa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Tarusa	International Trabzon Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2027
TUR	Trabzon	International Trabzon Marathon	Marathon	Comp. Rule 31.21 compliant	2025
TUR	Trabzon	International Van Sea Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Van	Devrek Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
TUR	Van	National Van 10KM Road Race	10KM	Downhill (2.6 m/km)	2026
TUR	Zonguldak Devrek	Abu Dhabi Yasir Can 10KM	10KM	Comp. Rule 31.21 compliant	2022 *
UAE	Abu Dhabi	ADNOC Abu Dhabi 10KM	10KM	Comp. Rule 31.21 compliant	2027
UAE	Abu Dhabi	ADNOC Abu Dhabi Marathon	Marathon	Comp. Rule 31.21 compliant	2027
UAE	Abu Dhabi	Al Humsur Island Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
UAE	Abu Dhabi	Dubai 10KM	10KM	Comp. Rule 31.21 compliant	2024
UAE	Dubai	Dubai Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
UAE	Dubai	Ras Al Khaimah Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2026
UAE	Ras Al Khaimah	Abu Dhabi Striders 10KM	10KM	Comp. Rule 31.21 compliant	2023
UAE	Yas Island	Abu Dhabi Striders Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2023
UAE	Yas Island	Bila Tserkva Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Bila Tserkva	Bila Tserkva Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Bila Tserkva	Dnipro Marathon	Marathon	Comp. Rule 31.21 compliant	2023
UKR	Dnipro	Nova Poshta Khariv Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Khariv	Kovel Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2022 *
UKR	Khariv	Nova Poshta Khariv Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kovel	Bila Tserkva Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Bila Tserkva Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Kyiv Euro 10KM	10KM	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Kyiv Euro Marathon	Marathon	Comp. Rule 31.21 compliant	2023
UKR	Kyiv	Kyiv Nova Poshta Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Nova Poshta Lviv Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Kyiv	Wizz Air Kyiv City Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Lviv	Nova Poshta Lviv Marathon	Marathon	Comp. Rule 31.21 compliant	2025
UKR	Lviv	Nova Poshta Odessa Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Odessa	NewRun Corpus Park Potave	Half Marathon	Comp. Rule 31.21 compliant	2025
UKR	Poltava	10K Ciudad de la Costa	10KM	Comp. Rule 31.21 compliant	2026
UKR	Poltava	Nova Poshta Poltava Half Marathon	Half Marathon	Comp. Rule 31.21 compliant	2025
URU	Ciudad de la Costa	Ruta Nocturna 10 K	10KM	Comp. Rule 31.21 compliant	2026
URU	Quienoa	Maraton de Guayaquil	Marathon	Comp. Rule 31.21 compliant	2026
URU	Guayaquil	10K Santiago Vaquez Fiesta del Rio	10KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	21K Nariros	Half Marathon	Separation >50%	2026
URU	Montevideo	Aguada 10KM	10KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Corre Mercedes 10KM	10KM	Comp. Rule 31.21 compliant	2024
URU	Montevideo	CorreCorreo	10KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Half Maraton Montevideo 2022	Half Marathon	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Maraton de Montevideo	Marathon	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Maraton de Punta del Este	Marathon	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Marurana 10KM	10KM	Comp. Rule 31.21 compliant	2023
URU	Montevideo	OLIMPIA 10KM	10KM	Comp. Rule 31.21 compliant	2023
URU	Montevideo	Peñaflo Gtauens 10KM	10KM	Separation >50%	2026
URU	Montevideo	Peñard 5KM	5KM	Comp. Rule 31.21 compliant	2026
URU	Montevideo	Stockolmo 10KM	10KM	Comp. Rule 31.21 compliant	2023
URU	Montevideo	Villa Española 10 KM	10KM	Comp. Rule 31.21 compliant	2025
URU	Punta del Este	A.C Paschiras Road Race	10KM	Downhill (2.6 m/km), Separation >50%	2026
URU	Punta del Este	Maraton de Punta del Este - Medio Maraton	Half Marathon	Comp. Rule 31.21 compliant	2026
USA	Atlanta, GA	Baltimore Marathon	Marathon	Comp. Rule 31.21 compliant	2022 *
USA	Atlanta, GA	U.S. Olympic Team Trials Marathon	Marathon	Comp. Rule 31.21 compliant	2024
USA	Baltimore, MD	Big Sur International Marathon	Marathon	Downhill (-2.2 m/km), Separation >50%	2022 *

Country	City	Name of Race	Distance	Drop and Separation	Expiring Year
USA	Big Sur, CA	B.A.A. 10KM	10KM	Comp. Rule 31.21, compliant	2026
USA	Boston, MA	B.A.A. 5KM	5KM	Comp. Rule 31.21, compliant	2026
USA	Boston, MA	B.A.A. Boston Marathon	Marathon	Downhill (-3.27 m/km), Separation >50%	2026
USA	Boston, MA	B.A.A. Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	Boston, MA	Beach to Beacon 10K	10KM	Separation >50%	2026
USA	Cape Elizabeth, ME	The Marathon Project	Marathon	Comp. Rule 31.21, compliant	2024
USA	Chandler	Cooper River Bridge Run	10KM	Comp. Rule 31.21, compliant	2026
USA	Charleston	AHC IC5K	5KM	Comp. Rule 31.21, compliant	2022 *
USA	Chicago, IL	Abbott Chicago 5 KM	5KM	Comp. Rule 31.21, compliant	2026
USA	Chicago, IL	The Bank of America Chicago Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Chicago, Illinois	On a Mission Marathon	Marathon	Comp. Rule 31.21, compliant	2025
USA	Dorena, Oregon	Garry Bjorklund Half Marathon	Half Marathon	Separation >50%	2022 *
USA	Duluth, MN	El Paso Marathon	Marathon	Comp. Rule 31.21, compliant	2024
USA	Duluth, MN	Grandma's Marathon	Marathon	Separation >50%	2022 *
USA	El Paso, TX	Coast Guard Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	Elizabeth City, NC	Coast Guard Marathon	Marathon	Comp. Rule 31.21, compliant	2026
USA	Elizabeth City, NC	World Athletics Championships Oregon 2022 Marathon	Marathon	Comp. Rule 31.21, compliant	2026
USA	Eugene, OR	CanonBall Marathon	Marathon	Comp. Rule 31.21, compliant	2025
USA	Greensboro, NC	USATF Half Marathon Championships	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	Hiedersville, SC	Margartavilla Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
USA	Hollywood, FL	Honolulu Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Honolulu, HI	Aranco Houston Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	Houston, TX	Indianapolis Monumental Marathon	Marathon	Comp. Rule 31.21, compliant	2024
USA	Houston, TX	We Are Houston 5KM	5KM	Comp. Rule 31.21, compliant	2026
USA	Indianapolis, IN	Rock 'n' Roll Las Vegas 10K	10KM	Comp. Rule 31.21, compliant	2022 *
USA	Las Vegas, NE	Las Vegas Gold Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
USA	Las Vegas, NV	Los Angeles Marathon	Marathon	Downhill (-1.60 m/km)	2025
USA	Las Vegas, NV	Rock 'n' Roll Las Vegas Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Las Vegas, NV	Rock 'n' Roll Las Vegas Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Los Angeles, CA	Maui Marathon	Marathon	Separation >50%	2024
USA	Maui, HI	Maui Oceanfront Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
USA	Maui, HI	North American Intercontinental Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Miami, FL	2022 Twin Cities Marathon	Marathon	Comp. Rule 31.21, compliant	2026
USA	Minneapolis, MN	Monterey Bay Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	Monterey Bay, CA	New York City Marathon - 2022 Alternate Finish	Marathon	Comp. Rule 31.21, compliant	2026
USA	New York, NY	New York City Marathon - 2022 AWD Start	Marathon	Comp. Rule 31.21, compliant	2026
USA	New York, NY	New York Mini 10K	10KM	Comp. Rule 31.21, compliant	2026
USA	New York, NY	Philadelphia Distance Run Half Marathon 2022	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	New York, NY	United Airlines New York City Half	Half Marathon	Separation >50%	2026
USA	Philadelphia, PA	Philadelphia Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Philadelphia, PA	Pittsburgh Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Philadelphia, PA	Rock 'n' Roll Philadelphia Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Pittsburgh, PA	Humana Rock 'n' Roll San Antonio Marathon	Marathon	Comp. Rule 31.21, compliant	2026
USA	San Antonio, TX	Rock 'n' Roll San Diego Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	San Diego, CA	Rock 'n' Roll San Jose Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
USA	San Francisco, CA	Kaiser Permanente San Francisco Half Marathon	Half Marathon	Downhill (-2.28 m/km)	2027
USA	San Jose, CA	Humana Rock 'n' Roll Arizona Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Tempe, AZ	Rock and Roll Arizona Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2027
USA	Tempe, AZ	Rock and Roll Arizona Marathon	Marathon	Comp. Rule 31.21, compliant	2027
USA	Tempe, AZ	The Woodlands Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	The Woodlands, TX	Project 13.1	Half Marathon	Comp. Rule 31.21, compliant	2025
USA	The Woodlands, TX	The Woodlands Marathon	Marathon	Comp. Rule 31.21, compliant	2026
USA	Valley Cottage, NY	Valley ONE Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
USA	Valley, Nebraska	Apple Tree Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Valley, Nebraska	Valley ONE Marathon	Marathon	Comp. Rule 31.21, compliant	2025
USA	Vancouver, WA	Apple Tree Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Vancouver, WA	Sko District Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
USA	Waco, TX	United Airlines Rock 'n' Roll Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
USA	Washington, DC	International Tashkent Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2025
USA	Washington, DC	United Airlines Rock 'n' Roll Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
UZB	Tashkent	Gatorade Caracas Rock - GCCS Rock	10KM	Comp. Rule 31.21, compliant	2026
UZB	Tashkent	International Tashkent Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VEN	Caracas	La Media Higuerentes	Half Marathon	Comp. Rule 31.21, compliant	2026
VEN	Caracas	Maratón Caracas CCS	Marathon	Comp. Rule 31.21, compliant	2022 *
VEN	Caracas	Media Maratón Francisco de Miranda	Half Marathon	Comp. Rule 31.21, compliant	2022 *
VEN	Caracas	Medio Maratón CAF Caracas	Half Marathon	Comp. Rule 31.21, compliant	2022 *
VEN	Miranda	Binh Duong New City 10KM	10KM	Comp. Rule 31.21, compliant	2026
VIE	Binh Duong	Binh Duong New City 5KM	5KM	Comp. Rule 31.21, compliant	2026
VIE	Binh Duong	Binh Duong New City International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
VIE	Binh Duong	Binh Duong New City International Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Binh Duong	Da Nang 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
VIE	Da Nang	Da Nang 5KM	5KM	Comp. Rule 31.21, compliant	2022 *
VIE	Da Nang	Da Nang International Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Da Nang	Da Nang International Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Da Nang	Ha Giang 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
VIE	Dong Van, Ha Giang Province	Techcombank Ho Chi Minh City International Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Dong Van, Ha Giang Province	Ha Giang Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Dong Van, Ha Giang Province	Ha Giang Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Ha Long City	Ha Long Bay 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
VIE	Ha Long City	Ha Long Bay 5KM	5KM	Comp. Rule 31.21, compliant	2022 *
VIE	Ha Long City	Ha Long Bay Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Ha Long City	Ha Long Bay Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Ha Long City	Techcombank Ha Noi 10KM	10KM	Comp. Rule 31.21, compliant	2026
VIE	Ha Long City	VnExpress Marathon Amazing Ha Long - 10KM	10KM	Comp. Rule 31.21, compliant	2026
VIE	Ha Long City	VnExpress Marathon Amazing Ha Long - 5KM	5KM	Comp. Rule 31.21, compliant	2026
VIE	Ha Long City	VnExpress Marathon Amazing Ha Long - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
VIE	Ha Long City	VnExpress Marathon Amazing Ha Long - Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Hanoi	Ho Chi Minh City International Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Hanoi	Techcombank Ha Noi 5KM	5KM	Comp. Rule 31.21, compliant	2026
VIE	Hanoi	Techcombank Ha Noi Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
VIE	Hanoi	Techcombank Ha Noi Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Hanoi	Vietnam International Half Marathon	Marathon	Comp. Rule 31.21, compliant	2027
VIE	Hanoi	Vietnam International Half Marathon - 10KM	10KM	Comp. Rule 31.21, compliant	2027
VIE	Hanoi	Vietnam International Half Marathon - 5KM	5KM	Comp. Rule 31.21, compliant	2027
VIE	Hanoi	VnExpress Hanoi Midnight Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Hanoi	VnExpress Hanoi Midnight Marathon - 5KM	5KM	Comp. Rule 31.21, compliant	2026
VIE	Hanoi	VnExpress Hanoi Midnight Marathon - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
VIE	Ho Chi Minh City	Techcombank Ho Chi Minh City International 10KM	10KM	Comp. Rule 31.21, compliant	2022 *
VIE	Ho Chi Minh City	Techcombank Ho Chi Minh City International Marathon	Marathon	Comp. Rule 31.21, compliant	2022 *
VIE	Ho Chi Minh City	VnExpress Marathon Imperial Hue - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
VIE	Hue	Longbien 10KM	10KM	Comp. Rule 31.21, compliant	2026
VIE	Hue	VnExpress Marathon Imperial Hue - Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Longbien	Longbien 5KM	5KM	Comp. Rule 31.21, compliant	2022 *
VIE	Longbien	Longbien Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
VIE	Longbien	Longbien Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Longbien	VnExpress Marathon Marvelous Nha Trang - 10KM	10KM	Comp. Rule 31.21, compliant	2026
VIE	Nha Trang	Phu Quoc Wow 10KM	10KM	Comp. Rule 31.21, compliant	2024
VIE	Nha Trang	VnExpress Marathon Marvelous Nha Trang - 5KM	5KM	Comp. Rule 31.21, compliant	2026
VIE	Nha Trang	VnExpress Marathon Marvelous Nha Trang - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
VIE	Nha Trang	VnExpress Marathon Marvelous Nha Trang - Marathon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Phu Quoc Island	Phu Quoc Wow 5KM	5KM	Comp. Rule 31.21, compliant	2024
VIE	Phu Quoc Island	Phu Quoc Wow Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2024
VIE	Phu Quoc Island	Phu Quoc Wow Marathon	Marathon	Comp. Rule 31.21, compliant	2024
VIE	Phu Quoc Island	VnExpress 10KM	10KM	Comp. Rule 31.21, compliant	2023
VIE	Quy Nhon	Lafarge Lusaka Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
VIE	Quy Nhon	VnExpress 5KM	5KM	Comp. Rule 31.21, compliant	2023
VIE	Quy Nhon	VnExpress Half Marathon Quy Nhon	Half Marathon	Comp. Rule 31.21, compliant	2023
VIE	Quy Nhon	VnExpress Marathon Quy Nhon	Marathon	Comp. Rule 31.21, compliant	2023
VIE	Quy Nhon	VnExpress Marathon Sparkling Quy Nhon	Marathon	Comp. Rule 31.21, compliant	2026
VIE	Quy Nhon	VnExpress Marathon Sparkling Quy Nhon - 10KM	10KM	Comp. Rule 31.21, compliant	2026
VIE	Quy Nhon	VnExpress Marathon Sparkling Quy Nhon - 5KM	5KM	Comp. Rule 31.21, compliant	2026
VIE	Quy Nhon	VnExpress Marathon Sparkling Quy Nhon - Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
ZAM	Lusaka	Econet Victoria Falls Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2026
ZAM	Lusaka	Lafarge Lusaka Marathon	Marathon	Comp. Rule 31.21, compliant	2026
ZAM	Lusaka	Lusaka FitnessSquad ABSA Half Marathon	Half Marathon	Comp. Rule 31.21, compliant	2023
ZAM	Lusaka	Lusaka FitnessSquad ABSA Marathon	Marathon	Comp. Rule 31.21, compliant	2023
ZM	Victoria Falls	Econet Victoria Falls Marathon	Marathon	Comp. Rule 31.21, compliant	2026