



LISANNE DE WITTE NETHERLANDS

Three words that describe you best:

**CARING
PASSIONATE
STUBBORN**

Your objective as a Candidate in one sentence:

All our voices are equal, and we need to be heard for athletics to thrive.

Why I am running for the election:

Athletics was my first love. I've loved it since I was a child and our relationship taught me many things.

First of all, it taught me to dream. But to reach those dreams I had to learn, I had to learn and understand the power of commitment, sacrifice and discipline, things I think we all share.

I also had to learn how to keep my passion alive when things became tough. Athletics gave me great joy, but also a lot of painful moments, all of which helped me understand our amazing sport.

Athletes know what athletes need, better than anyone. We understand the difficulties of our sport and our opinions should be listened to. By being on the Athletes' Commission I can help create an environment where athletes can become better athletes, and this incredible sport can thrive.

I want to grow our sport into a safer space for athletes, in competition and their training environment, with a strong focus on mental health. Ours is a truly global sport and I think it's important to give as many people as possible the opportunity to experience it.

I want to make other people fall in love with athletics, too.



**ATHLETES' COMMISSION
CANDIDATE INFORMATION**