



ANNA RYZHKOVA UKRAINE

Three words that describe you best:

**RESILIENCE
RESPECT
SUPPORT**

Your objective as a Candidate in one sentence:

My main goal is to give athletes confidence that they are always protected.

Why I am running for the election:

To be an athlete means much more than to be somebody who only competes and wins medals. We can lead millions of fans and younger athletes. We are influencers and role models for other people.

Athletes have to know: if one's in trouble, the other helps. From the start of the war in Ukraine, I've felt that we are a true sports family. I wish everybody could feel the support I've felt during these times.

But we also have to support athletes in many other things. I've always stood against ageism, including in sports. I'm convinced that we need to consider athletes' results, but not their age. Every athlete deserves support.

There are many projects in athletics to make it more attractive. But we have to keep abreast and make sure that all those steps are athlete-oriented and don't go against fair competition.

As I said, athletes are influencers. More or less, they are famous all over the world. We have to help them adapt to the interests of the media and not be subjected to psychological pressure. And one of the essential tasks is to show the true value of clean sport. We have to show young athletes that they can compete clean at the highest level. Even more: it must be the lifestyle of every athlete.



**ATHLETES' COMMISSION
CANDIDATE INFORMATION**

As outlined in the Athletes' Commission Nomination Form, the contents of this document have been solely written and provided by the respective candidate. Its contents have not been edited in terms of content and merely received editorial revisions for readability and design purposes.