



WORLD ATHLETICS
RACE WALKING TEAM
CHAMPIONSHIPS
M U S C A 2 2



ATHLETES SUSTAINABILITY GUIDE



SUSTAINABILITY AND THE WORLD ATHLETICS RACE WALKING TEAM CHAMPIONSHIPS

Welcome to the Sultanate of Oman and the World Athletics Race Walking Team Championships Muscat 22. We hope you'll enjoy your stay in this remarkable part of the world and the beautiful natural landscapes in which our Championships will be set.

World Athletics and its local organising committee partners Oman Sail and the Oman Convention & Exhibition Centre (OCEC) are committed to ensuring that the Race Walking Team Championships Muscat 22 is an environmentally friendly, educational and sustainable event.

The local organising committee and World Athletics will also be working with the [Environment Society of Oman](#) (ESO), a beneficiary of the event, to jointly roll out environmental awareness training in local schools to contribute to the long-lasting legacy of the World Athletics Race Walking Team Championships.

We will also provide ways for you, the athletes competing this weekend, to participate as well. Details about those activities appear later in this guide.

جمعية البيئة العمانية
Environment Society of Oman



CALL TO ACTION

BEACH CLEAN-UP

Date: Thursday 3rd March 2022

Time: 8-10am

Location: Al Hail North Beach

We will mark this year's World Wildlife Day with a beach clean-up and a call to action for all athletes to take the UN #CleanSeas pledge and reduce or eliminate single use plastic in their daily lives. Click here to take the pledge.

Athletes and delegations will be picked up at their hotels and should be ready to depart at 8am. We guarantee a return by 10am.

RSVP (mandatory): sustainability@worldathletics.org

TREE-PLANTING

Date: Sunday 6 March 2022

Time: 11am

Location: OCEC

The weekend will also include a tree-planting at the race venue to contribute to the event's legacy and help offset athletes carbon footprint. Athletes and team delegation members are encouraged to participate. Transportation will be provided.

RSVP (mandatory): sustainability@worldathletics.org

SUSTAINABILITY QUESTIONNAIRE – AND WIN A STUNNING PHOTO BOOK

Help World Athletics create a healthier planet by participating in a short survey. It only takes a few minutes but is essential to helping us deliver events that make a positive environmental impact. AND you'll be entered into a drawing to win a copy of [Secret Seas](#), the first ever photographic book revealing Oman's unique underwater world. Five winners will be drawn.



Survey link: <https://eu.surveymonkey.com/r/Muscat22>



DID YOU KNOW?

Oman is home to five species of turtles; Green Turtle, Loggerhead Turtle, Olive Ridley Turtle, Hawksbill Turtle and Leatherback Turtle.

By powerboat, you're only 1 hour away from the Dimaniyat Islands, a UNESCO protected site, home to a large number of Hawksbill Turtles and seasonally Green Turtles, in addition to various species of coral reef fish.

WORLD ATHLETICS SUSTAINABILITY STRATEGY

World Athletics launched its Sustainability Strategy in April 2020, a ten-year road with a central goal of making the organisation and our World Athletics Series events carbon neutral by 2030. The strategy addresses global issues that pose a threat to the quality of our lives, including climate change, air pollution and inequality, using the power of sport and athletics to create a better world for communities.

Through the strategy, which was designed to deliver tangible benefits across environmental, social and economic sustainability, World Athletics committed to embracing sustainability principles and practices within its operations, its Member Federations and the organisation of future World Athletics Series events.

Find out more: worldathletics.org/athletics-better-world/sustainability

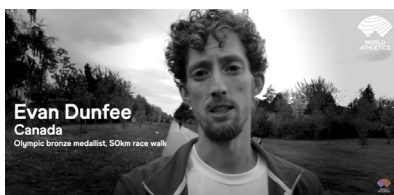
The strategy is divided into six pillars, each of which contain actions and targets for the organisation to pursue:

- Leadership in sustainability;
- Sustainable production and consumption;
- Climate change and carbon;
- Local environment and air quality;
- Global equality; and
- Diversity, accessibility and wellbeing.

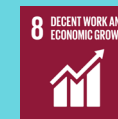
ATHLETES SOUND THE CLIMATE CHANGE ALARM IN NEW VIDEO, 'WE CAN FIX THIS'

More than a dozen athletes from four continents, including reigning Olympic champions Eliud Kipchoge of Kenya, Neeraj Chopra of India and Canadian Evan Dunfee, the world and Olympic 50km race walk bronze medallist, contributed to 'We can still fix this: Athlete Messages for COP26', a powerful four-minute video released on 1 November to coincide with the start of the COP26 United Nations Climate Summit in Glasgow.

[Watch it now](#)



The World Athletics Sustainability Strategy addresses 13 of the 17 United Nations Sustainable Development Goals.



BEST PRACTICES TO REDUCE YOUR CARBON FOOTPRINT

1. WALKING INSTEAD OF DRIVING

- Take the public transport
- Ride a bike
- Carpool



2. AT HOME OR IN THE HOTEL

- Switch lights off when you leave the room and unplug electronic devices when you are not using them
- Replace light bulbs by LEDs
- Use renewable energy



3. CHANGE YOUR FOOD HABITS

- Substitute meat and dairy with organic and local food in season
- Buy in bulk
- Compost your food when possible



4. AVOID AIR TRAVEL

- For short travel, use alternatives such as the train
- Travel in economy instead of business class
- Offset your CO2 emissions on the airline website



5. REDUCE YOUR WASTE

- Bring your own reusable bag when shopping
- Avoid buying single use plastic
- Buy used or recycled items
- Go digital and eliminate paper



WOULD YOU LIKE TO BECOME MORE INVOLVED IN WORLD ATHLETICS' SUSTAINABILITY EFFORTS?

Let us know! Athletes are our sport's greatest Ambassadors - we want to help amplify your voices on the issues you are passionate about.

If you're interested in participating in a World Athletics campaign around sustainability or serving as a Sustainability Ambassador for an upcoming event – or simply want to share some sustainability-related feedback, get in touch: sustainability@worldathletics.org



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