

COVID-19 SANITARY PROTOCOL FOR TEAMS

(ATHLETES & TEAM OFFICIALS)

as of 19 July 2021

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The sanitary procedures described in this document are subject to change according to the local, national and global COVID-19 pandemic situation.

1. GENERAL RULES AND PRINCIPLES

All individuals taking part to World Athletics Under 20 Championships Nairobi 21 must comply to this Protocol which is based on the World Athletics Covid-19 Protection Procedures that can be found on the World Athletics website. Any breach of these procedures may result in voiding the accreditation and cancelling the participation to the events.

To be able to host sport events during the actual pandemic situation, the organisers, in agreement with the local government and World Athletics, have decided to design and implement this set of procedures:

- Wearing a mask covering the mouth and the nose is mandatory in all public areas at all time, except for these two situations:
 - While consuming food or beverages;
 - For athletes only: once in the track and field stadium, warm-up before taking part to the competition, and training areas (mask will have to be worn during transfers between these areas and the hotel).
- All participants are required to wear FFP-2 type masks, that will be provided by the Local Organising Committee (LOC) upon arrival. The use of disposable FFP-2 type masks is strongly recommended while travelling. Masks should be disposed on a regular basis according to the type of mask.

Any interaction, which constitute a significant risk of virus transmission, with an individual who is not accredited or directly involved in the organisation of the event is prohibited at all times.

Different types of vaccines against COVID-19 are available in 2021. Nevertheless, as vaccines availability scheme, duration and nature of the conferred immune protection are unknown, all subjects taking part to this event, regardless of the fact that they have been vaccinated or not, will have to adhere to these procedures with the objective of protecting all other participants and the local community.



2. MEDICAL CLEARANCE PROTOCOL

The Medical Clearance Protocol contains two stages.

All Team members involved in the event will have to comply with the Medical Clearance Protocol, Stage 1 and Stage 2.

2.1 Before Travelling: Medical Clearance Protocol – STAGE 1

Once you are registered in the Event Entry System (EES) where you will need to add <u>your personal</u> <u>email address</u>, a separate access will be sent a few days before the event to provide the following information:

- a) COVID-19 Symptoms Self-Report information
- b) Medical Information Release agreement (Privacy Policy)
- c) Provide the negative results of a naso/oropharyngeal swab test to detect SARS-CoV-2 genetic material (Polymerase chain reaction PCR) performed in the <u>48 hours</u> prior to departure.
 Results from blood serological or antigenic tests will <u>NOT</u> be accepted as a part of the Medical Clearance Protocol.

The PCR test result must be uploaded on the specific platform in pdf format.

The cost of this test is under the individual's responsibility.

If there is any issue, you will be contacted by the World Athletics Health & Science Team through the personal email address provided.

2.2 Travel to Kenya (plane, train, bus and car)

Everyone must comply with travel regulations in force at the time of the journey and must have enough masks and hand sanitizers for the entire journey duration. Under normal conditions a surgical mask should be changed every 4 to 5 hours to keep its protective effect optimal. The purchase of personal protective equipment is the responsibility of each individual.

The negative results of the PCR test may be required by airline companies in the check-in process and also the Kenyan border control authorities may request it at the port of entry, so keep a copy with you at all times.

Please note also that airlines/airports might request additional tests to access the airport and/or board the plane. It is your responsibility to understand and follow all those procedures.

Please be informed that before travelling to Kenya every individual has to generate his/her personal Health QR code through this following link as it will be needed for boarding: https://ears.health.go.ke/airline_registration/

Transfers from the Airport to the Official Hotels will take place respecting the sanitary rules in force at the time. Furthermore,



- Vehicles used for transfer will run at 50% of their maximum capacity, to keep social distancing;
- Vehicles will be disinfected before and after each trip;
- Masks must be worn at all times, in buses or shuttles, for the entire duration of the transfer;
- Passengers are requested to use the hand sanitizer provided before entering the buses and shuttles;

If any Team member will be arriving directly to the Official Hotels with their own means of transportation, you shall enter the expected arrival date and time in Event Entry System (EES), so that testing procedures can be planned accordingly. They will follow the same procedure detailed in Stage 2.

2.3 Arriving to Kenya: Medical Clearance Protocol – STAGE 2

The LOC Medical Team, in coordination with World Athletics Medical Delegate, will organise a nasopharyngeal swab LAMP test upon arrival to detect SARS-CoV-2 genetic material. All those involved in the event in any capacity must undergo such testing procedure.

This test will be organised in a dedicated space at the Team Hotel Ole-sereni where healthcare staff will proceed with the sample collection and will always take place before arriving to the assigned hotel. This space will have a dedicated entry and exit and will allow appropriate social distancing.

All Team members will leave their luggage inside the bus when taking the test since the same bus will be taking them to their hotel.

Unless the Medical team decides otherwise, all Team Members will be directed to their bus after taking the test and will be transferred to their official accommodation and <u>wait in their own room to receive</u> <u>negative result on their personal email address</u>. While waiting for the test result, if they are sharing the room with someone else, both Team members are strongly encouraged to maintain social distancing and wearing masks until the negative results are provided. The results will be communicated in about 90-120 minutes by email. Nobody shall leave their room until the negative test result is received in their personal email address.

See below the 2 possible scenarios:

- a) The test returns negative result:
 - If the person is still waiting in the Test Centre, he/she will be transferred to the requested hotel and will be able to complete the hotel check-in procedures and collect the accreditation. If the person is already in his/her room, he/she will be able to collect the accreditation.
- b) The test returns positive result:

The person must stay in his/her room, avoiding any contact with other people. The LOC and World Athletics Medical teams will organise a second test and provide information on the next steps.

The test results of the second nasopharyngeal swab will be available in approximately 8 hours.



Positive cases will be isolated in the same hotel but in specific and restricted floors.

If the person is sharing the room, the negative roommate will stay in the same room after this has been properly sanitized. Negative contacts of a positive case (provided that all basic sanitary measures have been maintained the whole time) will be required to provide a daily swab for LAMP test and to report symptoms form to the LOC Medical Director or World Athletics Medical Delegate, in accordance with the Team Covid Liaison Officer. The negative roommate of a positive contact will not share the room with anyone else for the duration of stay.

A specific team to collect samples for confirmatory PCR test will be available 24h.

Failure to comply with either STAGE 1 or STAGE 2 of the Medical Clearance Protocol will prevent the person from being accredited and access to any official venue and/or taking part to any competition-related activity.

The cost of the test to detect SARS-CoV-2 genetic material onsite will be covered by the LOC. This also includes costs related to confirmatory RT-PCR test (if needed).

2.4 Re-testing procedures onsite for individuals staying in the competition location more than 48 hours

Regardless of the accredited category, all Team members staying in the competition location more than 48 hours, will need to be re-tested to detect SARS-CoV-2 genetic material (with LAMP).

Re-testing will be organized on appointment every 48 hours, starting from the test performed upon arrival. Sample collection scheduling will be planned according to the category's schedule and possibly in the evening, in order to provide results by the following morning.

Re-testing will be organised in a dedicated sample collection room in each of the official Team Hotels. Signs and directions will be placed to inform participants of the room location and operating hours.

As far as this 48 hour retest procedure is concerned, only positive test results will be notified on the <u>individual's email address</u>. Therefore, we strongly invite team members to regularly check their personal email address within the 15 hours after having be retested.

Any Team member that receives a positive result shall stay in his/her room until the LOC and World Athletics Medical teams contact him/her and provide information on the next steps.

Failure to comply with the re-testing protocol plan will result in voidance of the accreditation badge and exclusion from participating to the event.

2.5 Management of a positive COVID-19 PCR test reported while staying on the Kenyan territory

According to the Kenyan Public Health Authority, each person who is tested positive (PCR) for COVID-19 while staying on the Kenyan territory, will have to be isolated for a period of 14 days. The place



where this person will be isolated must be approved by the Local Sanitary Authorities. The infected person can decide to remain isolated in a different place than the one managed by the Local Sanitary Authorities at his/her own expenses, but this space needs to be agreed by the Local Sanitary Authorities. The LOC can provide accommodation for free at Kasarani Stadion hotel to the infected individuals and her/his Covid liaison officer, should these two persons have to stay in Kenya after the end of the Championships.

After this period of 14 days the person will be released from isolation, without performing an additional PCR test, if he/she is symptom-free.

All persons who had prolonged and close contact with an infected person (roommate, contact without mask and/or no respect of social distancing) are sent to quarantine as described above. Determination of the "contact persons" will be done by both the Local Sanitary Authorities and the World Athletics Medical Delegate.

Please bear in mind that these policies are being constantly reviewed by the national and local authorities so they may vary before the event, but we will keep you informed as soon as we become aware of any changes.

3 STAYING IN NAIROBI (official hotels and venues)

Wearing a mask covering the mouth and the nose is mandatory in all public areas at all times. Please respect social distancing and wash your hands frequently.

For health protection purposes, interactions between accredited persons/groups should be limited to the strictly necessary. <u>Personal accreditation badge must be worn around the neck, with the individual photo and name clearly visible, at all times in all public spaces.</u>

3.1 Team Hotels

MFs will have to send their rooming list to WA (teamservices@worldathletics.org) and LOC (accommodation@worldathleticsu20.com) by the time of the Final Entry deadline (2 August). Only Athletes and Team Officials that are part of the same MF and successfully underwent stage 1 and stage 2 of the Medical Clearance Protocol will be allowed to share room.

Guest Room cleaning

To limit contact between Hotel Staff and Team Members, the cleaning of the rooms will be organised by the hotels only under request.

Meals

All meals will be "assisted-serve" buffet at the restaurant of the Team Hotels. Accreditation must be presented to be admitted in the restaurant.

Wearing a mask is mandatory at all time in the restaurant, except and only when eating or drinking. Everyone entering in the restaurant will have to clean his/her hands with a sanitizing gel.



Service will be made according to Kenya Government regulations in force at the time, as well as hotel internal rules regarding sanitary restrictions. For instance, for all groups who have already shared meals and rooms during the previous week or more, group table can be organised with a maximum of 4 people seating at the same table. For other Athletes or Team Officials, the layout of the dining room will allow physical distancing of at least 1.5 metres. To facilitate this process, there will be extended hours of services and we kindly ask you for your cooperation to reduce to the maximum your time at the restaurant.

Physiotherapists

Treatment will be available the training official period and the days of the Competition.

All services will be provided according to medical regulations in force at the time and we confirm that:

- Single-use sheets will be used.
- Massage tables will be disinfected before and between each treatment.
- Treatment will only be available on scheduled appointments.

3.2 Training Area

The main training venue will be at the Nyayo Stadium with a 400m track and field events facilities.

The Warm-up Area will be accessible for training too but during the days of the Championships, training will be only at Nyayo Stadium and access to the warm-up venue will be only for those athletes competing on the day.

Only Athletes will be allowed not to wear their masks while being in the training areas. Physical distancing will have to be respected at all time when possible.

3.3 Competition

Warm-up

The Warm-up Area is located next to the stadium. There will be a 400 m track and facilities will be installed for vertical and horizontal jumps. A separate area will be arranged for all throws and a weight training gym will be available too.

Only Athletes will be allowed not to wear their masks while being in this area. Physical distancing will have to be respected at all time when possible.

After the last call of their event, Athletes will walk from the gathering point at the Warm-up Area to the Call-room, guided by a dedicated Competition Official. Athletes will have to wear their mask during this transfer.

Call-room

The Call-room will be a dedicated room where seats will allow physical distancing. Each seat and area



will be disinfected before and between events by dedicated personnel from the LOC. Athletes must report to the Call Room wearing their mask. Athletes will be authorized to remove their masks only when entering the field of play. Dedicated personnel from the LOC (equipped with masks and gloves) will collect masks left by Athlete and treat this material as a potential contaminated waste.

Mixed Zone

A physical distancing of 2 metres will be applied between the interviewer and the Athlete. The interviewer and its assisting staff will have to wear a mask, as the Athlete may not wear a mask to answer questions.

Antidoping

Athletes will be required to wear their accreditation to allow identification in case they are designated to get tested. All antidoping staff, Athletes and accompanying persons will wear mask during the entire procedure.

Medical

All medical staff will wear mask and gloves and operate according to strict medical protocol to prevent any COVID-19 contamination during their contact with a patient.

Team Officials

Team Officials will have access to the warm-up area. They must wear their mask all time

Team Official: Covid-19 Liaison Officer

Each Member Federation participating in Nairobi WU20 must appoint at least one <u>Team Covid-19</u> <u>Liaison Officer (CLO) that will travel to Nairobi with their team and be available throughout the competition on all COVID-19 related matters.</u>

CLO/s must have attended the webinar organised on the **14th of July and the mandatory e-learning** course between the **26**th of July and the **13**th of August. Their responsibilities are:

- Complete the mandatory online training for CLOs organised by World Athletics.
- Ensuring all National Team members are fully informed of the contents of and comply with the World Athletics Health and Safety (COVID-19) Protocols.
- Compiling the documents requested by the Kenyan Government for immigration and from World Athletics for the purpose of participating in the competition.
- Ensuring all Member Federation Team members implement the requirements prior to the departure:
 - PCR test <u>48 hours</u> prior departing
 - Pre-departure health & safety online procedure
- Ensuring all Member Federation Team members comply with the onsite 48h re-testing procedure.
- Supporting the LOC and World Athletics Medical Teams, in the case of a positive case, to identify people who have been in close contact and to assist contacting them.



- Be the main contact person for all COVID-19 related matters and be responsible for failure to comply with World Athletics Health and Safety (COVID-19) protocol.
- Remain on site if an athlete(s) (especially if under 18 years (i.e. a minor)) is (are) tested positive and must undergo isolation and/or medical treatment (including hospitalisation).

4. LEAVING NAIROBI

In addition to the regulations your Team needs to follow to fly back to your country of origin, it is mandatory to provide a negative PCR test before leaving Kenya.

This test will be arranged by the LOC in the same Re-testing sample collection room at each of the Team hotels (see 2.4) as follow:

- o Saturday 21: from 18:00 to 21:00
- o Sunday 22: from 08:00 to 12:00

The cost of the return test is under the Member Federation's responsibility and the Team Leader will need to settle the payment during the administrative procedure.

All COVID-19 positive cases occurring within ten days following the end of the event should be notified to the World Athletics Medical Delegate This information will be dealt confidentially and will be used only for both epidemiological and contact tracing purposes.

5. DATA PROTECTION

The personal information you provide to World Athletics and LOC in accordance with this protocol will be held and managed in accordance with the Medical Clearance Protocol Privacy Policy and/or Event Entry System Privacy Policy. These privacy policies will be made available to you at the time of registering on the Event Entry System and completing the COVID-19 Symptoms Self-Reporting information.

If you have any questions, please contact Mónica GÓMEZ FERNÁNDEZ (Head of Team Services) on monica.gomez-fernandez@worldathletics.org.