### COMPETITION SCHEDULE
**JULY 15–24, 2022**

#### FRIDAY, JULY 15
**AM SESSION**
- 9:05 HAMMER THROW (M)
- 10:10 JAVELIN THROW (M)
- 11:20 HAMMER THROW (M)

**PM SESSION**
- 17:05 SHOT PUT (M)
- 18:00 LONG JUMP (M)

**CAT E–GOLD: $12–$25

#### SATURDAY, JULY 16
**AM SESSION**
- 10:35 3000M SC (W)
- 11:50 HIGH JUMP (M)
- 12:10 400M H (M)

**PM SESSION**
- 17:10 100M (W)
- 18:20 SHOT PUT (W)
- 18:25 LONG JUMP (M)

**CAT E–GOLD: $85–$375

#### SUNDAY, JULY 17
**AM SESSION**
- 10:35 100M H (W)
- 11:35 HIGH JUMP (M)

**PM SESSION**
- 17:35 100M (W)

**CAT E–GOLD: $10–$235

#### MONDAY, JULY 18
**AM SESSION**
- 9:35 LONG JUMP (W)
- 10:50 JAVELIN THROW (W)

**NO AM SESSION**

#### TUESDAY, JULY 19
**NO AM SESSION**

#### WEDNESDAY, JULY 20
**NO AM SESSION**

#### THURSDAY, JULY 21
**NO AM SESSION**

#### FRIDAY, JULY 22
**NO AM SESSION**

#### SATURDAY, JULY 23
**AM SESSION**
- 9:30 100M (M)
- 10:40 TRIPLE JUMP (M)
- 12:00 400M H (M)

**PM SESSION**
- 16:10 HIGH JUMP (M)
- 17:45 4 X 400M RELAY (M)
- 18:05 TRIPLE JUMP (M)

**CAT E–GOLD: $85–$375

#### SUNDAY, JULY 24
**AM SESSION**
- 10:35 100M H (W)
- 12:15 POLE VAULT (M)

**PM SESSION**
- 17:35 100M (M)
- 18:00 POLY VAULT (W)
- 18:55 LONG JUMP (W)

**CAT E–GOLD: $80–$35

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**KEY**
- SF: SEMI-FINALS
- Q: QUALIFICATIONS
- HM: HEMISFERIAL
- MEX: MEXICAN
- P: PRELIMINARY
- DEC: DECIMAL
- SO: SUNDAY

**PRICES ARE INCLUSIVE OF FEES EXCEPT FOR $5 PER ORDER FEES.**

**ALL TIMES ARE IN U.S. PACIFIC TIME.**

**ALL RACES WILL BE NON-TICKETED EVENTS AND INCLUDES**

**WITH THE EXCEPTION OF THE DECATHLON AND MEET ELEVEN.**

**CHILDREN (2–16):**

**CAT E–GOLD:**
- 9:05–10:05 HAMMER THROW (M)
- 10:10–11:10 JAVELIN THROW (M)
- 11:15–12:15 HAMMER THROW (M)
- 12:20–13:20 TRIPLE JUMP (M)
- 13:25–14:25 LONG JUMP (M)

**H: 10:50–11:50 HAMMER THROW (W)
- 11:55–12:55 JAVELIN THROW (W)
- 12:30–13:30 HAMMER THROW (W)
- 13:20–14:20 TRIPLE JUMP (W)
- 14:25–15:25 LONG JUMP (W)

**PM SESSION**
- 17:05–18:05 4 X 400M RELAY (M)
- 18:25–19:25 4 X 400M RELAY (W)

**CAT E–GOLD: $45–$145

**CHILDREN (2–16):**

**CAT E–GOLD:**
- 9:05–10:05 4 X 400M RELAY (M)
- 10:10–11:10 4 X 400M RELAY (W)
- 11:15–12:15 4 X 400M RELAY (M)
- 12:20–13:20 4 X 400M RELAY (W)
- 13:25–14:25 4 X 400M RELAY (M)
- 14:25–15:25 4 X 400M RELAY (W)