



WORLD ATHLETICS  
RELAYS  
**SILESIA 21**

# TEAM MANUAL

(as at 7 April 2021)

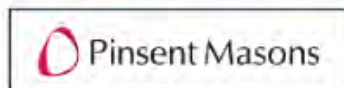
## WORLD ATHLETICS PARTNERS



## WORLD ATHLETICS MEDIA PARTNER



## WORLD ATHLETICS SUPPLIERS



## CONTENTS

- 1 GENERAL INFORMATION
  - 1.1 World Athletics Council Members & International Officials
  - 1.2 Local Organising Committee
  - 1.3 Information about Silesia
  - 1.4 General Programme
- 2 TRAVEL TO SILESIA
  - 2.1 Official Airports
  - 2.2 Entry Visas
  - 2.3 Insurance
- 3 ACCREDITATION
  - 3.1 Accreditation Centre
  - 3.2 Accreditation Procedures and Payments
  - 3.3 Quota and Financial Support
  - 3.4 Accreditation Card
- 4 ACCOMMODATION AND TRANSPORT
  - 4.1 Teams' Hotel
  - 4.2 Accommodation Costs
  - 4.3 Check-in Procedures
  - 4.4 Services in the Team Hotel
  - 4.5 Meals
  - 4.6 Damages to Hotel Property
  - 4.7 Transportation
- 5 INFORMATION CENTRES
  - 5.1 Technical Information Centre (Stadium)
  - 5.2 Competition Information Desks (Hotels)
  - 5.3 World Athletics Competitions Department Offices
  - 5.4 Documents Distribution
- 6 COMPETITION FORMAT
  - 6.1 Events Programme
  - 6.2 Qualification for Tokyo 2020 and Oregon 2022
- 7 COMPETITION VENUE
  - 7.1 Silesia Stadium
  - 7.2 Warm-up Area
  - 7.3 Training
- 8 ENTRIES AND FINAL CONFIRMATIONS
  - 8.1 Entry Rules
  - 8.2 Final Entries
  - 8.3 Final Confirmations
  - 8.4 Final Declarations
  - 8.5 Athletes Agreement
- 9 COMPETITION PROCEDURES
  - 9.1 Stadium Orientation for Team Leaders
  - 9.2 Timetable
  - 9.3 Athletes' Bibs
  - 9.4 Athletes' Clothing
  - 9.5 Call Room Procedures
  - 9.6 Timing
  - 9.7 Post Competition Procedures

- 9.8 Award Ceremonies
- 9.9 Protests and Appeals
- 10 COMPETITION AWARDS
  - 10.1 Prize Money
  - 10.2 World Record Bonus
- 11 MEDICAL SERVICES
  - 11.1 General Plan
  - 11.2 Emergency Contact Numbers
  - 11.3 Location of Medical Centres at the different Venues
  - 11.4 Procedures in Case of Injury or Illness
  - 11.5 Physiotherapy and Massage Services offered by the LOC
  - 11.6 Team Physiotherapy Spaces
  - 11.7 Designated Medical Institutions
- 12 DOPING CONTROL
- 13 DEPARTURES
- 14 APPENDICES AND MAPS
  - 14.1 Timetable
  - 14.2 Silesia Stadium– General Plan
  - 14.3 Warm-up Area Plan
  - 14.4 4x200m Take-over Zones
  - 14.5 Mixed Shuttle Hurdles Relay Layout
  - 14.6 Visa Information
  - 14.7 Team Officials Chart
  - 14.8 Shoe Declaration Form

## 1. GENERAL INFORMATION

### 1.1 World Athletics Council Members and International Officials

#### WORLD ATHLETICS COUNCIL

President	Sebastian COE (GBR)
Senior Vice President	Sergey BUBKA (UKR)
Vice Presidents	Geoff GARDENER (NFI)
	Nawaf AL SAUD (KSA)
	Ximena RESTREPO (CHI)
Individual Members	Alberto JUANTORENA DANGER (CUB)
	Nawal EL MOUTAWAKEL (MAR)
	Abby HOFFMAN (CAN)
	Dahlan AL HAMAD (QAT) – Asia*
	Hamad KALKABA MALBOUM (CMR) – Africa*
	Anna RICCARDI (ITA)
	Sylvia BARLAG (NED)
	Hiroshi YOKOKAWA (JPN)
	Antti PIHLAKOSKI (FIN)
	Adille SUMARIWALLA (IND)
	Nan WANG (CHN)
	Willie BANKS (USA)
	Raul CHAPADO (ESP)
	Dobromir KARAMARINOV (BUL)
	Beatrice AYIKORU (UGA)
	Mike SANDS (BAH) – NACAC*
	Hélio GESTA DE MELO (BRA) – South America*

*\*Area representative*

#### International Officials

Technical Delegate	Can KORKMAZOGLU (TUR)
Jury of Appeal	Raul CHAPADO (ESP) - Chair Imre MATRAHAZI (HUN) Patrick VAN CAELENBERGHE (BEL)
Medical Delegate	Paolo Emilio ADAMI (ITA)
Anti-Doping Delegate	Jasmina GLAD-SCHREVEN (FIN)
Press Delegate	Martina KUCEROVA (SVK)
English Announcer	Kris TEMPLE (GBR)
Photo Finish Judge	Ville AHO (FIN)
International Starter	Vesa ARTMAN (FIN)
International Technical Officials (ITOs)	Luca VERRASCINA (ITA) - Chief ITO Krisztina HORVATH (HUN) Rui Miguel NOBRE FELIX LOUCAO (POR)

## 1.2 Local Organising Committee

Oddział Stadion Śląski Spółka z o.o. - (at ul. Katowickiej 10, Chorzów, POLAND)

ul. Reymonta 24/203; 40-029 Katowice, POLAND

Tel: +48 32 479 70 00

Email: [sekretariat@stadionslaski.pl](mailto:sekretariat@stadionslaski.pl)

<https://worldrelayssilesia21.com/>

LOC CEO	Marcin ROSENGARTEN
Planning & Coordination Manager	Marcin PŁACHNO
Competition Manager	Katarzyna WITA
Venue Manager	Jakub KASPERCZAK
Communications Manager	Maciej JAŁOSZYŃSKI
Marketing & Promotion Manager	Justyna CZARNA
VIP & Hospitality Manager	Karolina WARCHOŁ
Team Services Manager	Krzysztof KOPERTYŃSKI
Transportation Manager	Tomasz STASZKIEWICZ
Accommodation Manager	Henryk KALINOWSKI
Medical & Anti-doping Manager	Szymon BORODZIUK
IT Manager	Marek KOTOMSKI
Event Presentation Manager	Filip MOTERSKI
Volunteer Manager	Marta FURMAŃCZUK
Finance & Human Resources Manager	Agata ŚWITAŁA

### Organising Member Federation Contact Details:

#### **Polish Athletics Association**

ul. Mysłowicka 4, 01-612 Warsaw, POLAND

Tel: +22 896 02 07

www: <https://pzla.pl/>

President

Henryk OLSZEWSKI

General Secretary

Hubert TROCHIMOWICZ

## 1.3 Information about Silesia

Population of Silesia	8,000,000
Languages:	Polish
Currency:	Polish Złoty
Time zone (in March):	CET
Shop opening hours:	8:00 – 21:00
Post Office / Bank opening hours	8:00 – 16:00
Electricity:	230v
Mobile Telephones:	GSM
Tap Water in Silesia:	Recommended for drinking
Climate in Silesia in May:	Temperature H / L : 18° / 10° Celsius

### **Introductory phrases in Polish**

English Greetings	Polish Greetings
Hi!	¡Cześć!!
Good morning!	¡Dzień Dobry!
Good evening!	¡Dobry Wieczór!

Goodbye!	¡Do widzenia
Welcome! (to greet someone)	¡Witam!
Thank you (very much)!	¡(bardzo) Dziekuje!
Yes	Tak
No	Nie

#### 1.4 General Programme

Time	Event	Location
<b>Wednesday, 28 April</b>		
All day	Team Arrivals & Accreditation	TAC Hotel (tbc)
<b>Thursday, 29 April</b>		
All day	Team Arrivals & Accreditation	TAC Hotel (tbc)
<b>Friday, 30 April</b>		
11:00-11:45	Training with Starters	Śląski Stadium
11:00-11:45	Team Leader's Orientation Tour	Śląski Stadium
Afternoon (tbc)	World Athletics Press Conference	Śląski Stadium (tbc)
<b>Saturday, 01 May</b>		
18:30-22:00	Competition – Day 1	Śląski Stadium
<b>Sunday, 02 May</b>		
18:30-20:45	Competition – Day 2	Śląski Stadium
20:55	Ceremonies	Śląski Stadium
<b>Monday, 03 May</b>		
All day	Departures	

## **2. TRAVEL TO SILESIA**

### **2.1 Official Airports**

Katowice International Airport (KTW) and Krakow John Paul II International Airport (KRK) are the official airports.

### **2.2 Entry Visas**

#### **2.2.1 General Visa Information**

Participants requiring a visa must obtain it before entering Poland from the Polish Embassy or Consulate located in their country.

Please refer to Appendix as to whether citizens from your country need a visa to enter Poland and, if so, whether:

- There is a Polish Consulate or Embassy in your country.
- There is neither a Polish Consulate nor Embassy in your country, although a visa can be obtained through a Schengen country.
- There is neither a Polish Consulate nor Embassy in your country. The nearest country where you can apply for your visa is proposed.

Everyone requiring a visa must have submitted the necessary information and documents on Event Entry system (see Circular M/10/21). Upon receipt of this information, the LOC will have provided an invitation letter. This letter must accompany the application to the Embassy / Consulate.

### **2.3 Insurance**

All Member Federations are responsible for subscribing to an insurance policy that covers illness and/or injury to any members of their delegation and/or team travelling to and from World Athletics competitions and during the event itself. Furthermore, proof of such insurance is now required in most cases to obtain visas, e.g., in the Schengen area.

All Member Federations included in the World Athletics Travel & Medical Insurance policy (Circular M/02/21) does cover any accidental illness that occurred only during the trip including all contagious diseases (including COVID-19) provided that all measures of the Member Federations' own country and the country hosting World Athletics Series Event, in this case Poland, are followed. Please follow all COVID-19 related procedures and protocols in place when leaving your country, arriving and whilst in Poland. Please note that the Travel & Medical Insurance policy will not cover the costs of being put in quarantine. Please contact the Medical Delegate for any information concerning any medical issue that arises at the event.



### **3. ACCREDITATION**

#### **3.1 Accreditation Centre**

There will be a Team Accreditation Centre in each of the Teams Hotels:

Novotel Katowice Centrum – room Bolero

- 27 April – 30 April 09:00 – 20:00
- 1 May 09:00 – 13:00

Vienna House Easy Katowice – room Rubin

Park Inn By Radisson Katowice – room Silver 1

Park Hotel Diament Katowice – room E + F

- 28 April – 30 April 09:00 – 20:00
- 1 May 09:00 – 13:00

WA/LOC Administrative Office will be located at the team hotel Novotel in room Flamenco. Opening Dates and Times will be as follows:

- 28 April 13:00 – 19:00
- 29 April 09:00 – 13:00 / 14:00 – 20:00
- 30 April 09:00 – 13:00 / 14:00 – 20:00
- 1 May 09:00 – 13:00

#### **3.2 Accreditation Procedures and Payments**

##### **Team Leader**

The Team Leader will have to report to the WA/LOC Office at the accreditation centre before collecting his card in order to complete the following formalities:

- Uniform Check
- Athletes' Agreement Forms
- LOC Accommodation Invoice
- Travel Reimbursement and WA Financial Statement
- Final Confirmation of Entries
- Collection of athletes' bibs
- Collection of passes

The Team Leader will be asked to complete the accounting procedures and settle any extra payments (for team members above quota, use of single rooms, extra days, etc.) before he/she can collect the accreditation card, which will be given upon presenting a document stating all procedures have been completed.

**NB:** MFs will have to send their rooming list to WA ([teamservices@worldathletics.org](mailto:teamservices@worldathletics.org)) and LOC ([teams2021@stadionslaski.pl](mailto:teams2021@stadionslaski.pl)) by the time of the Final Entry deadline (12 April).

##### **Athletes & Team Officials**

After having completed stage 2 of the Medical Clearance Protocol (see Covid-19 Protocol), all athletes and team officials will also need to report individually to the Team Accreditation Centre to collect their accreditation card. An ID (e.g. passport) will be required to collect the accreditation card.

#### **3.3 Quota and Financial Support**

##### **3.3.1 Good Standing**

Financial support is offered to those participating Member Federations which are in “good standing”

with World Athletics.

### **3.3.2 Quota**

The Quota can be found in Appendix

### **3.3.3 Travel**

For all athletes in the Quota, 100% of an economy class airline ticket from the Member Federation Headquarters to the official airports will be offered. These tickets will be issued preferably by World Athletics, provided Member Federations send their Preliminary Entries and Final Entries by the respective deadlines. If a Member Federation prefers to purchase the airline tickets, the price of such tickets must be submitted together with the Preliminary Entries and be approved by World Athletics beforehand, knowing that the cheapest available price will be taken as a reference. Only the approved travel costs will be reimbursed, and upon the submission of the corresponding invoice(s). **The original invoice from the travel agency must be given to World Athletics on site during the administrative procedure.**

### **3.3.4 Accommodation**

All athletes within the quota will be offered full-board accommodation in twin rooms for a maximum of 4 nights (arrival on 29 April and departure on 3 May). A supplement will be charged for single room occupancy.

### **3.3.5 Reimbursements**

Reimbursements will be made by bank transfer after the competition.

If an athlete for whom WA/LOC have provided financial support is on site but does not compete, WA/LOC have the right to reclaim the travel and accommodation support.

### **3.3.6 Financial Penalties**

Member Federations must respect the deadlines and provide accurate information in their entries in order to avoid causing financial damage to the LOC. Failure to do so may result in the application of financial penalties as detailed below. The penalties will be debited to the account of the Member with World Athletics.

Respect of Deadlines	A penalty of USD 1,000 may be imposed on any Federation which does not respect the Preliminary and/or Final Entry deadlines.
Realistic Entries	A penalty of USD 1,000 per athlete, after the first two, may be imposed on Member Federations which: <ul style="list-style-type: none"><li>• after having announced through the Preliminary Entries their participation in an World Athletics competition do not take part;</li><li>• after having entered in the Preliminary Entries more than two athletes, attend the competition with a number of athletes 25% or more higher or lower than the entered number.</li></ul>

### **3.3.7 Arrivals outside the Accreditation Centre Opening Times**

Teams or individual athletes arriving outside the Accreditation Centre opening dates and times will be accompanied to the Teams' Hotel (the LOC will ensure to make the necessary arrangements according to the arrival schedule announced in the Final Entries), where they will be able to follow the Medical clearance protocol-Covid-19 and check-in.

## **3.4 Accreditation Card**

Personal accreditation badge must be worn around the neck, with the individual photo and name clearly visible, at all times in all public spaces. and must be presented upon request. They are personal and non-transferable. The loss or theft of an accreditation card must be reported immediately to the

accreditation centre or Competition Information Desk in the hotel. In order to obtain new accreditation, the person in question, accompanied by the team leader and carrying an appropriate identification document, must request it personally.

Any Accreditation Card found being used by someone who is not its owner will be confiscated and its owner will be subject to sanction including possible ineligibility for his competitive participation in the Competition.

## 4. ACCOMMODATION AND TRANSPORT

### 4.1 Team Hotels

The LOC has arranged accommodation for all participants in four hotels of same standard:

Vienna House Easy Katowice (4*) Ul. Sokolska 24, 40-086 Katowice Tel. +48 32 783 81 00 <a href="https://www.viennahouse.com/en/easy-katowice/the-hotel/overview.html">https://www.viennahouse.com/en/easy-katowice/the-hotel/overview.html</a>
NOVOTEL Katowice Centrum (4*) Al. Rozdzińskiego 16, 40-202 Katowice Tel. +48 32 200 44 44 <a href="https://all.accor.com/hotel/3377/index.pl.shtml">https://all.accor.com/hotel/3377/index.pl.shtml</a>
Park Inn By Radisson Katowice (4*) Ul. Bytkowska 1a, 40-147 Katowice Tel. +48 32 721 11 11 <a href="https://www.radissonhotels.com/pl-pl/hotele/park-inn-katowice">https://www.radissonhotels.com/pl-pl/hotele/park-inn-katowice</a>
Park Hotel Diament Katowice (4*) Ul. Wita Stwosza 37, 40-042 Katowice Tel. +48 32 720 00 90 <a href="https://www.hotelediament.pl/hotele/park-hotel-diamant-katowice/">https://www.hotelediament.pl/hotele/park-hotel-diamant-katowice/</a>

### 4.2 Accommodation Costs

All Prices per person per day - including FULL BOARD and taxes	Official Period 29/04 to 03/05 (4 nights)		Outside Official Period	
	Twin	Single*	Twin	Single*
Athletes within the quota	Paid by LOC	100 USD	140 USD	240 USD
Athletes outside the quota and subsidised officials	120 USD	180 USD		
Non-subsidised officials	140 USD	240 USD		

*Note\*: There is a limited number of single rooms which will be offered according to availability.*

The accommodation invoices will be based on the information (number of persons and arrival/departure details) provided by the Final Entries deadline, 12 April 2021.

Up to 25% of the reservation can be cancelled free of charge between 13 and 16 April.

Any cancellation received after 16 April (after the first two persons) will be considered as a no-show and 100% of the total accommodation cost will be invoiced by the LOC for the corresponding reservation period.

Payment of extra costs can be made:

- by credit card: Visa, Mastercard, American Express, Diners Club
- Advance Bank transfer: Please contact:

Krzysztof Kopertyński – LOC Team Services Manager  
Mobile number: +48 608 047 636  
E-mail address: [teams2021@stadionslaski.pl](mailto:teams2021@stadionslaski.pl)

Dedicated spaces for teams' physiotherapy staff and team meetings will be available on request at each accommodation venue.

#### **4.3 Check-in Procedures**

Upon arrival, teams will follow the Medical clearance protocol-Covid-19 and after will check in at the hotel front desk, according to the rooming list previously provided. A member of the LOC will be present to assist and welcome the teams.

#### **4.4 Services at the Teams' Hotel**

It will be possible to book a session with physiotherapists provided by the LOC at the Team Hotel, please see the times under Medical section.

All services will be provided according to medical regulations in force at the time and:

- Single-use sheets will be used.
- Massage tables will be disinfected before and after each treatment.
- Treatment will only be available on scheduled appointments.

#### **4.5 Meals**

All meals will be "assisted-serve" buffet at the restaurant of the Team Hotels according to the following times:

Breakfast      07:00 – 10:00

Lunch            12:00 – 15:00 (Saturday 1 May and Sunday 2 May: 12:00 – 16:00)

Dinner           19:00 – 23:00 (Saturday 1 May and Sunday 2 May: 20:00 – 24:00)

Accreditation must be presented to be admitted in the restaurant (see Covid-19 protocol).

#### **4.6 Damages to Hotel Property**

Please be informed that teams will be held responsible for any damage caused to hotel property and that any expenses incurred by the LOC will be charged to the credit card which will have to be provided as guarantee. If a credit card cannot be charged and the payment is not settled in cash, then the damage will be charged to the Member Federation's account with World Athletics after the competition.

#### **4.7 Transportation**

Travel from the two official airports, Katowice International Airport (KTW) and Krakow John Paul II International Airport (KRK), to the Teams Hotels will be organised by the LOC using buses or mini-buses, according to the arrival schedule announced in the Final Entries. Expected travel time is 40-55 minutes.

Transportation between the Teams Hotels and the competition and training venues will be provided by the LOC bus service. A detailed specific timetable will be posted on the notice board of the Competition Information Desk as well as at the Technical Information Centre.

Transportation will always be organised according to Covid-19 protocols.

## **5. INFORMATION CENTRES**

### **5.1 TIC – Technical Information Centre (Stadium)**

The TIC is located at the Silesia Stadium, easily accessible from the warm-up area. The main task of the centre is to ensure a smooth liaison between each Delegation and the Local Organising Committee, the World Athletics Technical Delegate and the Competition Management regarding technical matters.

The TIC is in charge of, but not limited to, the following:

- Display on the relevant Notice Board of official communications to the teams, including Start Lists, Results and Call Room reporting times. These will also be displayed at the Warm-up Area.
- Distribution of Urgent notices to the Delegations from the Technical Delegate and Competition Management via the pigeonholes. It is the Team Leader's duty to collect this information in due time.
- Distribution and receipt of Relay Final Declaration Forms
- Receipt of withdrawal forms
- Managing National Record Doping Control requests
- TIC General enquiries
- Written Appeals

Opening Dates and Times will be as follows:

- Thursday 29 April 16:00 – 19:00
- Friday 30 April 10:00 – 20:00
- Saturday 1 May 11:00 – 23:00
- Sunday 2 May 11:00 – 22:00

This will be the main centre for technical information although certain documents produced in the TIC will also be distributed to the Competition Information Desk (CID) for circulation.

### **5.2 CID – Competition Information Desk (Hotels)**

This will be situated in the Lobby of the four Team Hotels and will be linked to the TIC. It shall be in charge of, but not limited to, the following:

- Display on the relevant Notice Board of official communications to the teams, including Start Lists, Results and Call Room reporting times.
- Distribution of Urgent Notices to the Delegations from the Technical Delegate and Competition Management.
- Distribution of information for issues relating to accommodation, meals, transport and the Competition in general.
- Reservation of meeting rooms.
- Reservation of physiotherapy offered by the LOC.

Opening Dates and Times will be as follows:

- Tuesday 27 - Thursday 29 April 10:00 – 20:00
- Friday 30 April - Sunday 2 May 09:00 – 22:00
- Monday 3 May 09:00 – 13:00

### **5.3 World Athletics Competitions Department Offices**

Staff from World Athletics Competitions Department will be in Silesia to assist the LOC with the final preparation and conduct of the Event and the teams with their participation. They can be contacted as follows:

- 28 to 30 April Accreditation Centre in the Novotel Hotel
- 1 and 2 May World Athletics Competitions Office at the Silesia

Stadium – can be contacted through the TIC

#### **5.4 Document Distribution**

Competition related information at the TIC and CID will be displayed on the notice boards. It will still be possible to request occasional copies of specific event start lists and / or results (at the TIC).

Important notices of general interest (e.g. changes to the timetable) will also be displayed on the Posting Board.

## 6. COMPETITION FORMAT

### 6.1 Events Programme

The World Athletics Relays programme shall comprise the following events:

4 x 100m	Round 1 and Final	Men and Women
4 x 200m	Round 1 and Final	Men and Women
4 x 400m	Round 1 and Final	Men and Women
4 x 400m	Round 1 and Final	Universal (Mixed)
Shuttle Hurdles	Round 1 and Final	Universal (Mixed)
2 x 2 x 400m	Final	Universal (Mixed)

As the **4 x 200m** is not run very often, a plan of the take-over zones on the track is included in Appendix 14.4 for information.

#### Universal (Mixed) Relay

Each team will be composed of two men and two women. The running order is free and will be decided by the Member Federation at the time of the Final Declaration.

#### 2 x 2 x 400m Relay

Each team will be composed of one man and one woman. The running order is free and will be confirmed by the Member Federation at the time of the Final Declaration.

The start of the race will be without blocks and each athlete must run two separate legs of 400m. The exchange zone will be the same as for the 4 x 400m.

#### Shuttle Hurdles See appendix 14.5

Each team will be composed of two men and two women. The running order will be woman-man-woman-man, and the names will be confirmed by the Member Federation at the time of the Final Declaration.

No baton or other exchange will be required in the Shuttle Hurdle Relay, which will be run in lanes on the track straight. After the race start, each team member must be motionless in a set position and in starting blocks when they start and shall start only after their incoming team member's torso breaks the exchange line.

There will be a maximum of four teams by race. Lanes 1, 3, 5 and 7 will be set up as Women's 100m hurdles in running direction from finish line to 110m start line. Lanes 2, 4, 6 and 8 will be set up as Men's 110m hurdles in running direction from 110m start line to finish line.

Women athletes will run 100m hurdles plus an additional 10 meters to reach the exchange line.

### 6.2 Qualification for Tokyo 2020 and Oregon 2022

As in the past, the World Athletics Relays will offer automatic qualification to the next edition of the World Athletics Championships (Oregon) and, with the Olympic Games moved to 2021, they will also qualify for Tokyo 2020. Details are as follows:

Tokyo 2020	The first 8 in the 4 x 100m, 4 x 400m and Mixed 4 x 400m shall automatically qualify. If the country already qualified through the World Athletics Championships Doha 2019, the remaining places will be allocated according to the World Athletics Top Performance Lists of 29 June 2021.
------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------



Oregon 22

The first 10 in the 4 x 100m and 4 x 400m and first 12 in the Mixed 4 x 400m automatically qualify.

## **7. COMPETITION VENUE (see plans in Appendices 14.2 and 14.3)**

### **7.1 Silesia Stadium**

The Competition will take place in Silesia Stadium, located on the premises of Silesian Park in Chorzów

The stadium has double layer stands, with a total seating capacity of 54,378 (Lower Stand: 29,224, Upper Stand: 24,664). The stands feature a steel construction roof, which covers all seating, .

The track is a First-Class athletic field certified by World Athletics, containing a 9 lane 400 meter track, and a natural grass field measuring 111x72 meters.

Located on the north and south Side Stands are large video screens (2 total), each measuring ~100 sqm, screen resolution 16:9.

### **7.2 Warm-up Area**

The Warm-up Area is located in an adjacent 400m track to Silesia Stadium with 4 lanes and artificial grass. Access for athletes and officials will be from the bus drop-off point. The team seats (in the tribune behind the 100m start) and the TIC will be accessed directly from the Warm-up Area.

An appropriate number of tents will be made available to be used as teams' physiotherapy spaces . LOC massage services will be provided in a larger tent. A weight training tent, equipment, led screen, catering and medical service will be available as well.

There will be a separate field with only artificial grass adjacent to the Warm Up Area. Medical services will be provided in this area too.

### **7.3 Training**

The Warm-up Area, as described above, and Silesia Stadium will be made available for training prior to the start of the Competition, as follows:

Wednesday, 28 April	10:30 to 12:30	Warm-up Area
	17:00 to 19:00	Warm-up Area
Thursday, 29 April	10:30 to 12:30	Warm-up Area
	17:00 to 19:00	Warm-up Area and Stadium
Friday, 30 April	10:30 to 12:30	Warm-up Area and Stadium
	17:00 to 19:00	Warm-up Area and Stadium
Saturday, 1 May	10:30 to 12:30	Warm-up Area
Sunday, 2 May	10:30 to 12:30	Warm-up Area

Athletes shall also be given the opportunity to practice with the official starters on Friday 30 April, between 11:00 and 11:45.

## 8. ENTRIES AND FINAL CONFIRMATIONS

### 8.1 Entry Rules

#### 8.1.1 Age Categories

Any athlete aged at least 16 on 31 December 2021 (born in 2005 or earlier) may compete. Athletes younger than 16 on 31 December 2021 (born in 2006 or later) may not compete.

#### 8.1.2 Entries by Event

A maximum of one team from any one Member can compete in each relay event and a maximum of eight athletes may be entered for each Relay Team. Any four athletes among those entered for the competition, may then be used in the composition of the team.

In the 2 x 2 x 400m a maximum of four athletes may be entered for each Relay Team. Any two athletes among those entered for the competition, may then be used in the composition of the team.

#### 8.1.3 Entry Standards

Entry Standards are established for the 4x100m and 4x400m as follows:

<b>Women:</b>	4 x 100m:	43.90	<b>Men:</b>	4 x 100m:	38.80
	4 x 400m:	3:31.50		4 x 400m:	3:03.80

These Standards will target an ideal number of approximately 20 Teams to qualify. Performances will have to be achieved during the **qualification period** 1 January 2019 to 11 April 2021 (with the exception of the suspended period 6 April – 30 November 2020). The remaining Teams (up to 24) will be determined through the Top Lists in the same qualification period.

There will be no Entry Standards for the other relay events (4x200m, Mixed 4x400m, 2x2x400m and Shuttle Hurdles).

The Host Country may enter one team in each event regardless of any Entry Standard.

#### Conditions for Validity of Performances

- All performances must be achieved during the period **1 January 2019 to 11 April 2021** (with the exception of the suspended period 6 April – 30 November 2020).
- All performances must be achieved during an official competition organised in **conformity with World Athletics Rules**.
- At least **two different international teams, representing at least two countries, must compete in the race**.
- All performances must be achieved during competitions **organised or sanctioned by World Athletics**, its Area Associations or its Member Federations. Thus, results achieved at school competitions must be certified by the Member Federation of the country in which the competition was organised.
- **Indoor performances** will be accepted.
- **Hand-timed performances** for the 4 x 100m will not be accepted.
- Performances achieved on **over-sized tracks** will not be accepted.

### 8.2 Final Entries

The Final Entries must be submitted online using World Athletics on-line Event Entry System

(<http://evententry.worldathletics.org>), by **12 April 2021** midnight, Monaco time. Final Entries may be submitted starting 13 March 2021.

### 8.3 Final Confirmations

Final confirmation for all events must be made during the accreditation procedure at the WA/LOC Administrative Office in the team hotel. In case of late arrivals (after 12:00 noon on Friday 30 April), please make your final confirmation by email to [teamservices@worldathletics.org](mailto:teamservices@worldathletics.org).

### 8.4 Final Declarations

Final Declaration Forms for the running order will be distributed at the TIC and must be returned as follows:

- For races on **1 May** by 12:00 on 1 May at the TIC (Stadium).
- For races on **2 May** by 20:00 on 1 May at the TIC (Stadium)

In accordance with World Athletics Rule 24.11 of the Technical Rules, changes will, however, be accepted **until 1 hour before first call reporting time** at the TIC and / or directly with World Athletics Competitions Staff at the Warm-up Area. **For every race, first call reporting time will be 35 minutes before the start.**

Once the team has started in the competition, up to a total of four additional athletes may take part in the Final and substitutes may only be taken from the list of entered athletes.

### 8.5 Athlete Agreement

Each athlete competing in a World Athletics Series Competition must have signed the Athlete Agreement. Athletes who have already submitted their Agreement at the last World Athletics Championships in Doha do not need to sign and send the Agreement until notified to do so again - the EES will indicate whether an athlete has already signed the Agreement or not. Athletes who have not yet signed their Agreement will need to do so to be able to compete in the World Athletics Relays. Athletes must submit their signed Athlete Agreement by no later than the **12 April 2021** to [athleteagreement@worldathletics.org](mailto:athleteagreement@worldathletics.org). Any Athlete Agreement not received by World Athletics before the event will be collected at the World Athletics and LOC Administrative office on site.

## 9. COMPETITION PROCEDURES

### 9.1 Stadium Orientation for Team Leaders

Teams will train at the Warm-up Area adjacent to Silesia Stadium so will have a chance to familiarise themselves with the location of the various facilities.

A guided tour of the main Stadium and related facilities will take place on Friday, 30 April from 11:00 to 11:45. The meeting point will be the at Warm-up Area. According to Covid-19 protocol, only one person from the Team will be allowed to attend the guided tour.

There will be no formal Technical Meeting in Silesia. Instead the Technical Delegate, together with World Athletics and LOC Competitions Staff, will make themselves available, during the stadium orientation tour, to any team managers that wish to address any particular matters.

Following the Orientation Tour, a meeting will be organised with only the Member Federations that have a team competing in the 2x2x400m and/or Shuttle Relays.

### 9.2 Timetable

The competition Timetable, is attached for your reference in Appendix 14.1. Information on any

further changes shall be provided through TIC and CID.

### 9.3 Athletes' Bibs

The Bibs will be distributed during the administrative procedure. Bibs which are not collected shall be taken to the Stadium TIC on 1 May.

All athletes will receive three bibs, as follows:

- 2 bibs with the Athlete's name: **one must be worn on the chest and the other can be used for the bag**
- 1 bib with the country code: **must be worn on the back**

Bibs must be worn in accordance with World Athletics Rules and must not be cut, folded or obscured in any way. Failure to comply with the Rules may result in a disqualification or sanction.

Athletes must also wear the hip numbers provided at the Call Room.

### 9.4 Athletes' Clothing

Since November 2019 new Marketing and Advertising Rules and Regulations have been in place. The Rules and Regulations concerning World Athletics Series Events can be found in the [Book of Rules](#). Go to Book C, C7.1 & C7.2. A visual guide of size, logo placements etc. can be found in the [WAS Events Guidelines on Clothing & Accessories](#) (Scroll down the webpage to the relevant section). Please note that any logos placed on facemasks must comply with the size requirements for accessories as stated in the regulations and guidelines.

Information about the process and the form to compete for submission to World Athletics has been circulated separately in Circular M/09/21 published on 11 March 2021.

All athletes must participate in the uniform clothing approved by their National Federation and **all members of the same team in each event must wear the official uniform**. In accordance with World Athletics Competition and Technical Rules TR5.1, the Victory Ceremony is considered part of the competition for this purpose.

All Members Federations must bring their team uniform to the accreditation centre for inspection, during the accreditation procedures (see 3.2)

For Silesia 2021, the Official partners are the following:  
ASICS, QNB, SEIKO and TDK

The National Partners and Suppliers will be announced at a later stage. For the purpose of avoiding conflicts on site, Member Federations must send uniform for approval by World Athletics to [kitapprovals@worldathletics.org](mailto:kitapprovals@worldathletics.org).

Any infringement of the Rules may result in the disqualification of the athlete. Athletes not wearing their official team uniform will be required to acquire the correct attire before they progress through the Call Room.

Member Federations must note that, in accordance with **Polish Law**, advertising of the following products and services is forbidden and cannot therefore appear on the team kit.

1. alcohol
2. cigarettes
3. electronic cigarettes
4. other tobacco products

5. sports betting organized by bookmakers, which are not licensed in Poland
6. games of chance, also poker, card games and lotteries
7. prescription drugs
8. medical services
9. psychotropic substances, psychoactive substances, drugs
10. pharmacies
11. legal and notary services

Advertising such services can result in legal action both against the individual and the sponsor concerned. The above categories will not be approved and, if applicable, will be taped over in the call room. World Athletics, Dentsu and the Local Organising Committee will not be responsible for any athlete, Member Federation, sponsor or individual who breaches the Polish law.

## 9.5 Athlete's Shoes

All participating athletes are reminded that for the competition shoes, Rule 5 of the Technical Rules applies, and to check the status of their competition shoe, they should use the approved list published on the World Athletics website (<https://www.worldathletics.org/about-iaaf/documents/technical-information>) and/or contact World Athletics at [shoedeclarations@worldathletics.org](mailto:shoedeclarations@worldathletics.org) should they have any issues. All athletes are required to declare the shoe they will be wearing at the event by completing the form at Appendix 14.8. All completed forms must be submitted to [shoedeclarations@worldathletics.org](mailto:shoedeclarations@worldathletics.org) by 23 April 2021. Changes are accepted latest by the time of the final confirmations. Please note that shoes from pre-1 January 2016 are deemed to have been approved. Spot checks may still be conducted and if a World Record is achieved, the Referee may collect the relevant shoe after the event for further investigation. Please note, if further investigation is needed, it will mean the shoe is sent to an accredited laboratory and may require it to be cut up.

## 9.6 Call Room Procedures

Athletes will be gathered by teams at the Warm-up Area. From here, teams will walk to the Call Room via a cordoned pathway. The Call Room is located inside the stadium.

Athletes will arrive at the Call Room without wearing their spike shoes and will undergo all checks there:

- Checking of spikes (number, shape and size). If they do not comply with World Athletics Rules, the athletes will be asked to change them to the correct size. Low penetration pyramid and compression spikes are recommended. The spike length allowed is not more than 9mm.
- Checking of national uniforms and advertising

Hip numbers will be provided in all events for the 4<sup>th</sup> leg runners only.

Athletes will then be expected to leave the Call Room ready to compete leaving behind all personal belongings which will be taken by the basket carriers to the post event area.

**Athletes will not be allowed to take their own measuring tapes, however Officials will have them, in cm and inches, available at the track.**

For every event, athletes will be required to report to First Call at the Warm-up Area no later than 35 minutes before the start of the race.

## **9.7 Timing**

Official timing will be provided by SEIKO.

## **9.8 Post Competition Procedures**

All athletes will leave the track via the Mixed Zone situated just after the finish line. In the Mixed Zone, the Media may conduct short interviews. After passing through the Mixed Zone, athletes move to the Post Event Area where they will be able to recover and collect their clothing.

## **9.9 Award Ceremonies**

No team's medals Ceremonies will be organised, but all the winning teams will receive a recognition at the end of the second day of competition.

## **9.10 Protests and Appeals**

Protests and Appeals will be handled according to World Athletics Rule 8 of the Technical Rules, an extract of which appears hereunder. Protests and appeals shall be handled, in the first instance, by the TIC at the Stadium.

### **9.10.1 Protests**

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event. The Organisers of the competition shall be responsible for ensuring that the time of the announcement of all results is recorded.

Any protest shall be made orally to the Referee by an athlete, by someone acting on his behalf or by an official representative of a team. Such person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates or are competing in a competition in which a team points score is being conducted.

To arrive at a fair decision, the Referee should consider any available evidence which he thinks necessary, including a film or picture produced by an official video recorder, or any other available video evidence. The Referee may decide on the protest or may refer the matter to the Jury. If the Referee makes a decision, there shall be a right of appeal to the Jury. Where the Referee is not accessible or available, the protest should be made to him through the Technical Information Centre.

### **9.10.2 Appeals**

An appeal to the Jury of Appeal must be made within 30 minutes:

- (a) of the official announcement of the amended result of an event arising from the decision made by the Referee; or
- (b) of the advice being given to those making the protest, where there is no amendment of any result.

It shall be in writing, signed by the athlete, by someone acting on his behalf or by an official representative of a team and shall be accompanied by a deposit of 100 Euros, which will be forfeited if the appeal is not allowed and will be invoiced to the Member Federation after the competition. Such athlete or team may appeal only if they are competing in the same round of the event to which the appeal relates or are competing in a competition on which a team points score is being conducted.

*Note: The relevant Referee shall, after his decision on a protest, immediately inform the TIC of the time of the decision. If the Referee was unable to communicate this orally to the relevant team(s) /athlete(s), the official time of the announcement will be that of posting the decision at the TIC.*

## 10. COMPETITION AWARDS

### 10.1 Prize Money

As part of an overall review of the World Athletics Relays Silesia21 budget, a revised Prize Money structure for the World Athletics Relays has been approved by the World Athletics Council. Therefore, teams will be awarded the following prize money by World Athletics:

Men: 4x100m – 4x400m  
Women: 4x100m – 4x400m  
Mixed: 4x400m

Place	Prize
1 <sup>st</sup>	USD 40,000
2 <sup>nd</sup>	USD 20,000
3 <sup>rd</sup>	USD 10,000
4 <sup>th</sup>	USD 8,000
5 <sup>th</sup>	USD 6,000
6 <sup>th</sup>	USD 4,000
7 <sup>th</sup>	USD 3,000
8 <sup>th</sup>	USD 2,000

Men: 4x200m  
Women: 4x200m

Place	Prize
1 <sup>st</sup>	USD 24,000
2 <sup>nd</sup>	USD 12,000
3 <sup>rd</sup>	USD 5,000
4 <sup>th</sup>	USD 4,000
5 <sup>th</sup>	USD 3,000
6 <sup>th</sup>	USD 2,000

2x2x400m Mixed Relay:

Place	Prize
1 <sup>st</sup>	USD 12,000
2 <sup>nd</sup>	USD 6,000
3 <sup>rd</sup>	USD 2,500
4 <sup>th</sup>	USD 2,000
5 <sup>th</sup>	USD 1,500
6 <sup>th</sup>	USD 1,000

Shuttle Hurdles Mixed Relay:

Place	Prize
1 <sup>st</sup>	USD 24,000
2 <sup>nd</sup>	USD 12,000
3 <sup>rd</sup>	USD 5,000
4 <sup>th</sup>	USD 4,000

Payments will be made directly to the Member Federations' Bank Account following confirmation of doping control tests. The LOC confirmed that there will be no taxes to be paid on prize money.

### 10.2 World Record Bonus

If a team breaks a World Record during the World Athletics Relays, a prize of USD 50,000 will be awarded. The World Record Bonus will only be awarded for performances which improve the existing World Record and which meet all the necessary rules, conditions and procedure for recognition as a World Athletics Record as set out in World Athletics' Competition Rules, and after the record has been ratified by World Athletics. A copy of World Athletics' Competition Rules can be found in the Competition and Technical Rules and World Record Application Forms are available on [this link](#).

#### Rights and Obligations in Relation to the Prize Money and World Record Bonus

Athletes confirm that they will make themselves available for promotional activities as set out in the athlete agreement.

If an athlete's Doping Control results return positive, the awards and bonuses won will be withheld.

## **11. MEDICAL SERVICES (please see Medical Clearance protocol too)**

### **11.1 General Plan**

During the event there will be medical services available at selected locations and at the venues related to the Event.

Medical staff will include doctors and physiotherapists under the supervision of the World Athletics Medical Delegate. There will be a 24-hour medical service on call (standby) including ambulance at the stadium. All the Medical Centres and Medical Teams will have direct communication by mobile phones and/or walkie talkies. All the doctors and nurses will be easy to identify by their uniforms.

According to World Athletics medical guidelines, all athletes and officials must have health insurance. This insurance should cover the costs of specialized medical help (in case of need).

### **11.2 Emergency Contact Numbers**

The event emergency number is + 48 500 046 981.

The Emergency Services number in Poland is 112.

### **11.3 Location of Medical Centres at the different venues**

Medical services will be provided at four Team Hotels from 26 April and until 3 May. Opening hours for all medical rooms will be from 08:00 to 12:00 and from 14:00 to 21:00. Signals from the lobby will direct to the medical room.

Medical rooms in other hotels than the Novotel will be staffed with 2 nurses/paramedics.

There will be a 24-hour available physician at the medical room of the Novotel. The physician will move among the different hotels with a specific vehicle provided by the medical company. Travel time to each of these hotels is no more than 15 minutes.

Medical rooms are located:

Novotel (ground floor)	- Room Rock
Park Hotel Diament (ground floor)	- Business Room 1
Vienna House Easy (first floor)	- Room Topaz
Park Inn by Radisson (first floor)	- Room Pink

**In case of emergency or sudden life threat, the dedicated emergency numbers of the State Medical Rescue System, is 112 or 999**

### **11.4 Procedures in case of injury or illness**

Team members who suffer from an injury or illness must contact the closest medical centre (or the provided Emergency Number) in order to benefit from the LOC medical services.

In case of athletes' injury or illness preventing them from competing, a certificate must be requested from the official medical service and presented to the TIC in case of withdrawal from the event.

### **11.5 Physiotherapy and Massage Services offered by the LOC**

In Teams Hotels, a common physiotherapy room will be available where the LOC will also offer physiotherapy services to those teams that do not have their own medical staff. They schedule will be from 29 April to 2 May from 09:00 to 12:00 and 14:00 to 20:00. All physiotherapy room will be staffed with 2 LOC physiotherapists and enough beds to accommodate athletes.



The physiotherapy rooms are located:

Novotel (ground floor)	- Room N.1
Park Hotel Diament (ground floor)	- Room H
Vienna House Easy (first floor)	- Room Smaragd
Park Inn by Radisson (first floor)	- Room Silver #4

Athletes should contact the CID for reservation procedures

#### **11.6 Team Physiotherapy Spaces**

Dedicated massage areas for teams to set up their massage tables will be available at the Warm-up Area and at all Team Hotels.

#### **11.7 Designated Medical Institutions**

Partner Hospitals have been designated for each emergency situation. These include laboratory and radio diagnostic, able to assess the medical conditions and the need for an eventual hospitalization.

#### **11.8 Other Information**

Both at the competition and at the hotel there will be sufficient supply of ice (on request) for treatment and drinkable water for athletes. At the hotel, these will be available at the CID.

## 12. DOPING CONTROL

Doping Control will be conducted according to World Athletics Anti-Doping Rules (latest editions available on World Athletics website) and under the supervision of World Athletics Doping Control Delegate. Both blood and urine doping controls will be carried out in Doping Control Stations located in the Team Hotels and at the competition venue.

A specific sample collection protocol will be applied to ensure strict sanitary measures around testing operations. The testing team will ensure social distancing in the doping control area. Specific measures will also be taken to ensure that additional tests for validation of area/national records can be accommodated with little disruption to the main testing programme. World Athletics/LOC cannot guarantee that it will be able to accommodate all additional tests for national records ratification.

### **13. DEPARTURES**

Unless special arrangements have been made directly with the LOC, or individually by the Member Federations, all participants are expected to leave Silesia on Monday, 3 May. More details on the exact times of departure from the hotel to the airports will be provided at the CID.

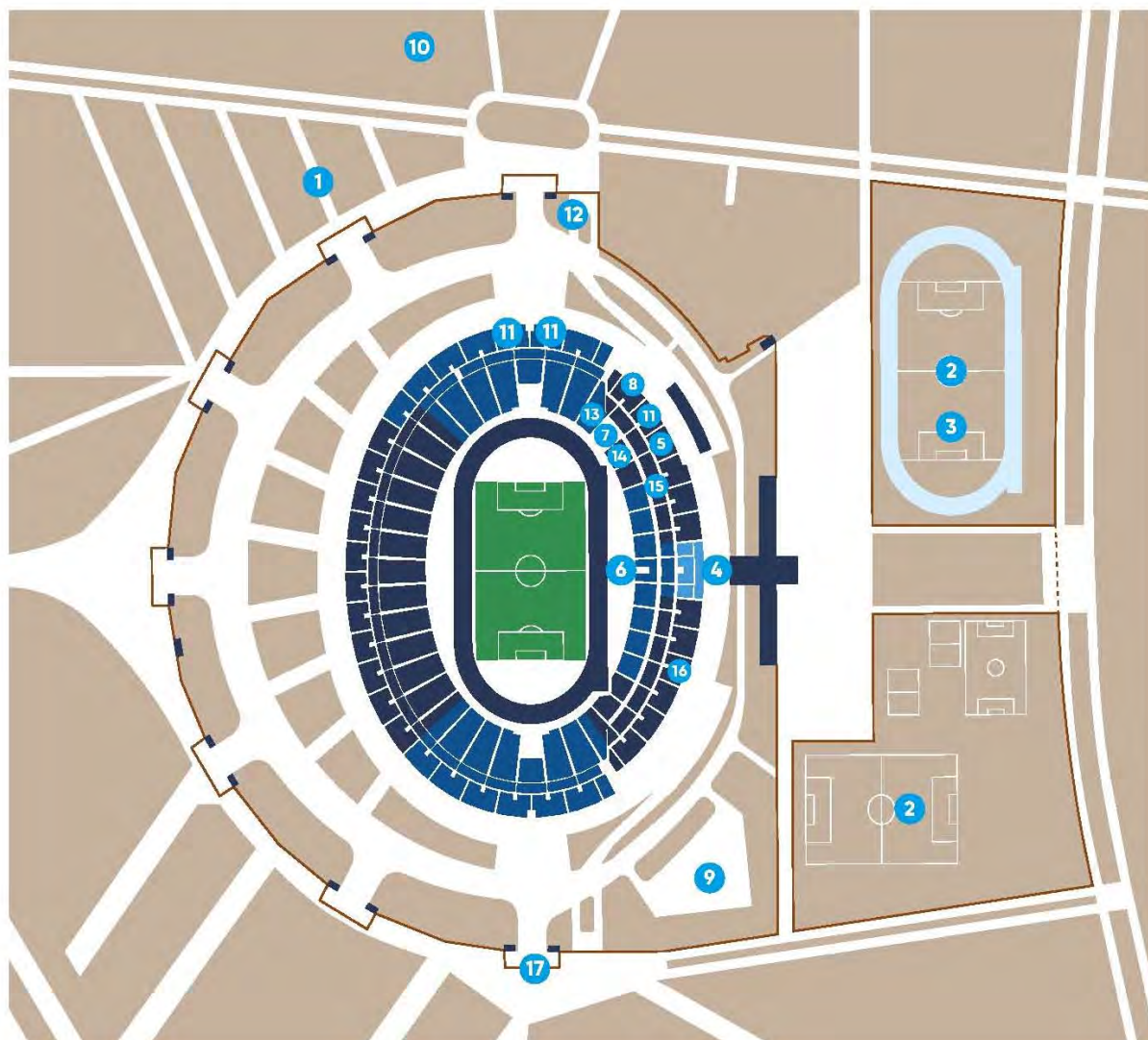
## Appendix 14.1

### Timetable

DAY 1 - Saturday, 1 May 2021			
18:30	Shuttle Hurdle R	X	R1
19:00	4 x 400m R	W	R1
19:35	4 x 400m R	M	R1
20:08	4 x 100m R	W	R1
20:39	4 x 100m R	M	R1
21:08	2 x 2 x 400m R	X	F
21:22	4 x 400m Mixed R	X	R1
21:58	Shuttle Hurdle R	X	F

DAY 2 - Sunday, 2 May 2021			
18:30	4 x 200m R	W	R1
18:55	4 x 200m R	M	R1
19:20	4 x 400m Mixed R	X	F
19:35	4 x 100m R	M	F
19:46	4 x 100m R	W	F
19:59	4 x 200m R	W	F
20:13	4 x 200m R	M	F
20:26	4 x 400m R	W	F
20:42	4 x 400m R	M	F
20:52	Ceremonies	X	MC

## STADION ŚLĄSKI



**1 MAIN ACREDITATION CENTRE**

**2 WARM-UP AREA**

**3 TEAM TENTS/WEIGHT LIFTING**

**4 MAIN STAND**

**Level -1**

- Medical Center
- Doping Control Center
- Locker rooms
- Technical Information Center
- Video Recording/Jury of Appeal

- Officials Room

- Storages

**Level 0**

- Media Center

- Technical Delegates Room

**Level +1**

- EP Management

**5 TIMING ROOM/OVR**

**6 CALL ROOM (LEVEL -1)**

**7 MIXED ZONE**

**8 KIT COLLECTION AREA**

**9 TV COMPOUND**

**10 MAIN TESTING CENTRE**

**11 TECHNICAL SUPPLIERS STORAGES**

**12 LOC TRANSPORT OFFICE**

**13 PHOTO HEAD ON PLATFORM 3D**

**14 LIVE MIXED ZONE 5D**

**15 MEDIA TRIBUNE**

**16 MEDIA & PHOTO CENTRE ENTRANCE**

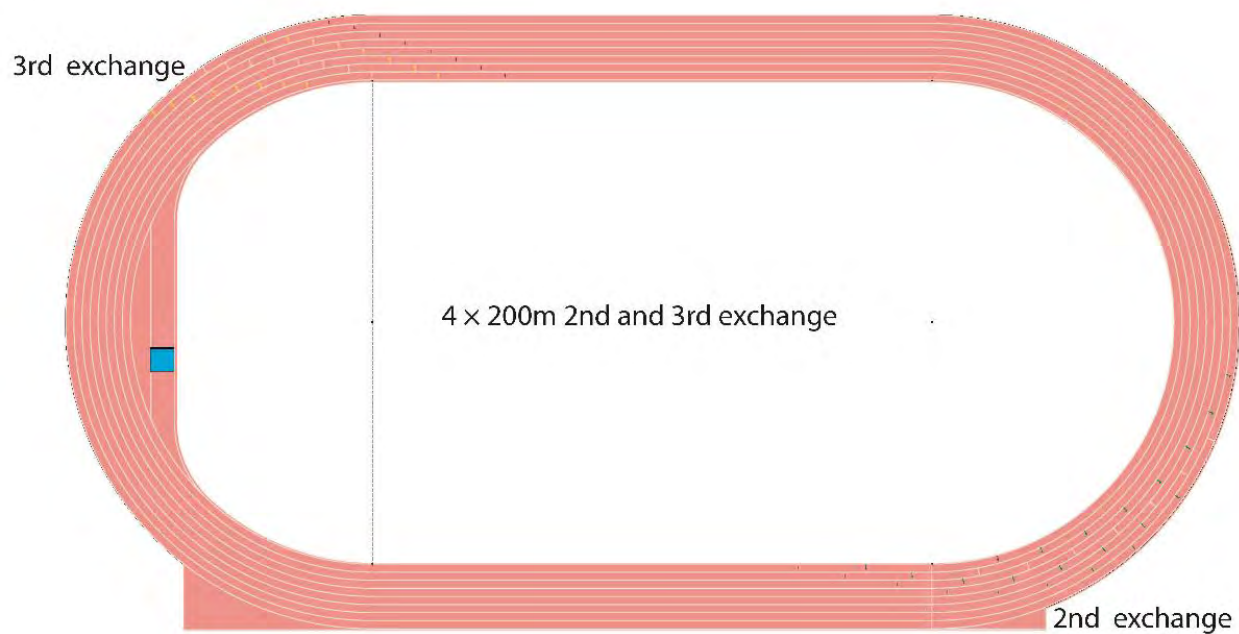
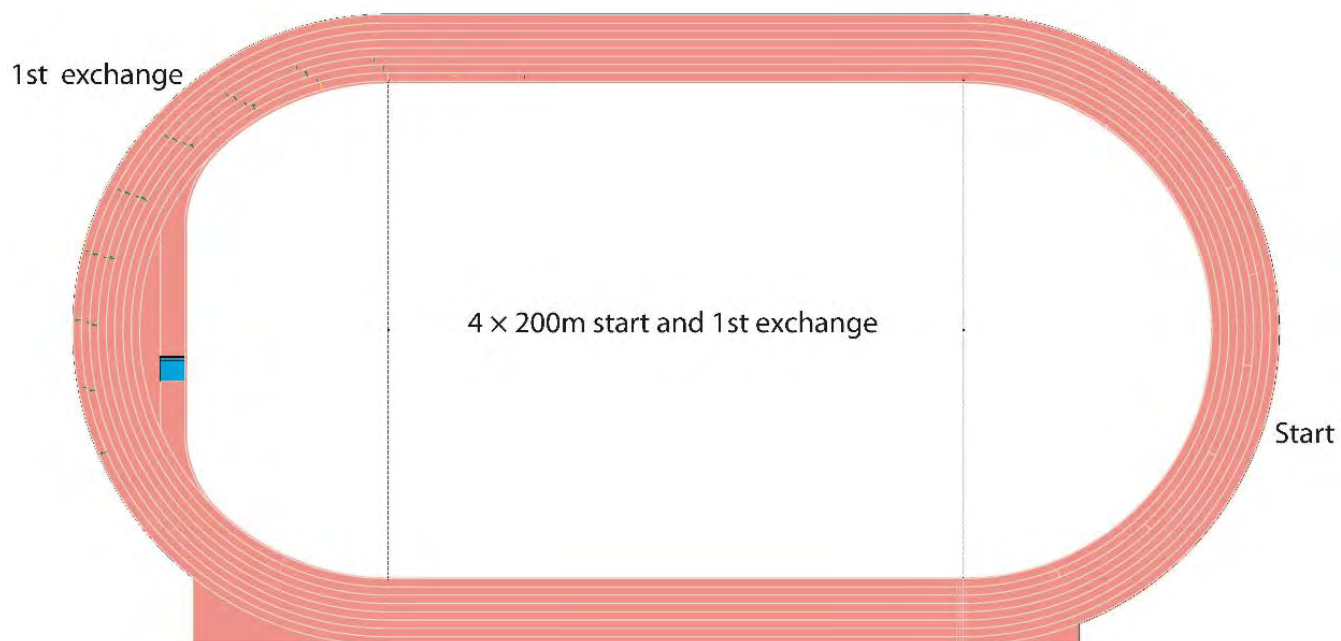
**17 GATE 1A MEDIA ENTRANCE**

## Appendix 14.3 Warm-up Area Plan

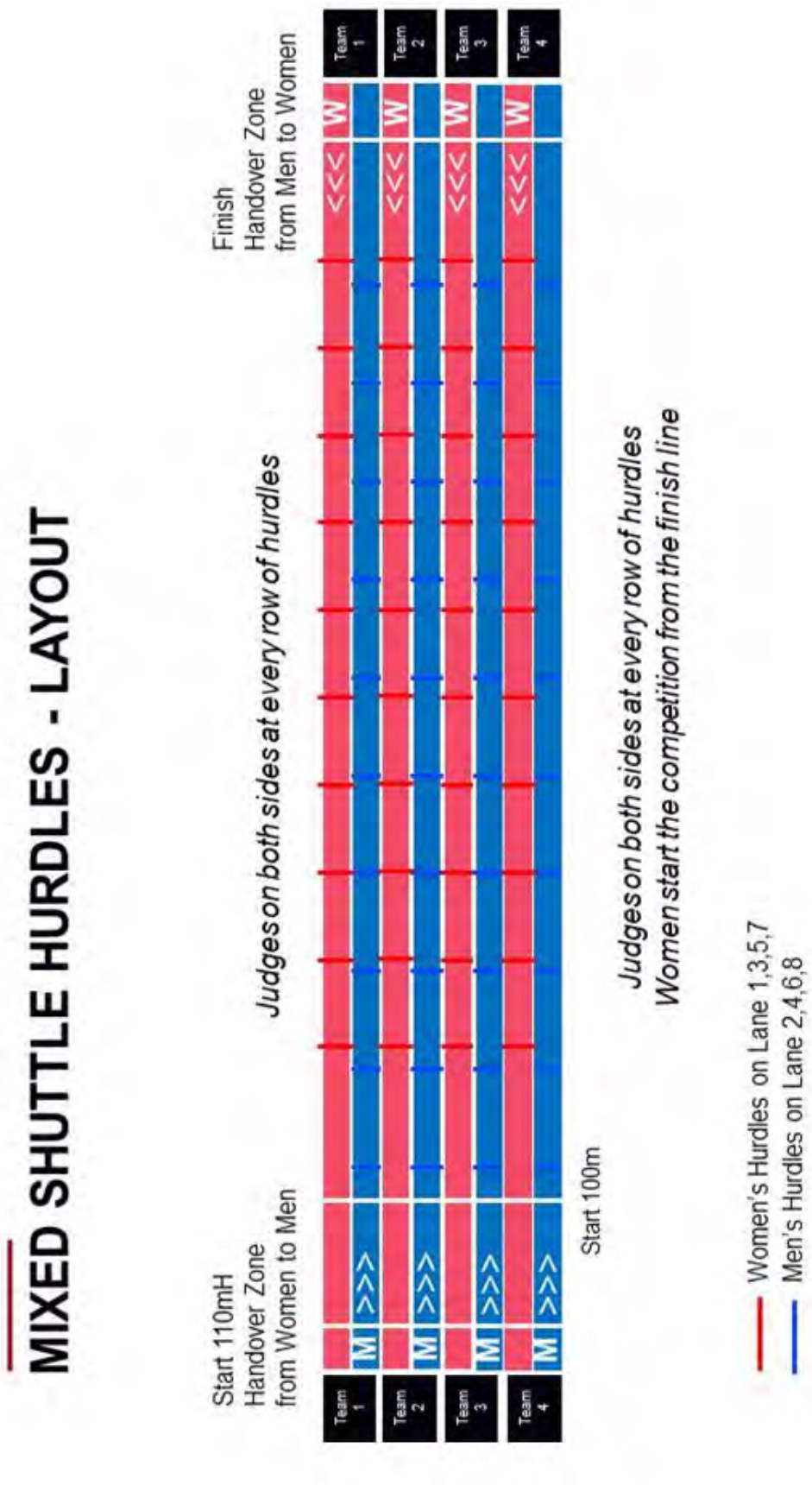
### WARM-UP FIELD

- 1** PHYSIO TENTS
- 2** TEAM TENTS
- 3** CATERING
- 4** TOILETS
- 5** GYM
- 6** GATHERING POINT
- 7** MEDICAL POINT
- 8** EQUIPMENT
- 9** AMBULANCE
- 10** LED SCREEN
- 11** ATHLETES' REPRESENTATIVES











**Appendix 14.6**  
**Visa Information**

Federation	Cod e	Area	Do not need visas	Visas & POL Embassy	Visas & No POL Embassy	Remarks
AFGHANISTAN	AFG	ASI			India, New Delhi	
ALBANIA	ALB	EUR	X			only for biometric passport
ALGERIA	ALG	AFR		X		
AMERICAN SAMOA	ASA	OCE	X			
ANDORRA	AND	EUR	X			
ANGOLA	ANG	AFR		X		
ANGUILLA	AIA	NAM	X			
ANTIGUA & BARBUDA	ANT	NAM	X			
ARGENTINA	ARG	SAM	X			
ARMENIA	ARM	EUR		X		
ARUBA	ARU	NAM	X			
AUSTRALIA	AUS	OCE	X			
AUSTRIA	AUT	EUR	X			
AZERBAIJAN	AZE	EUR		X		
BAHAMAS	BAH	NAM	X			
BAHRAIN	BRN	ASI			Kuwait	
BANGLADESH	BAN	ASI			India, New Delhi	
BARBADOS	BAR	NAM	X			
BELARUS	BLR	EUR		X		
BELGIUM	BEL	EUR	X			
BELIZE	BIZ	NAM			Panama	
BENIN	BEN	AFR			Nigeria	
BERMUDA	BER	NAM	X			
BHUTAN	BHU	ASI			India, New Delhi	
BOLIVIA	BOL	SAM			Peru	
BOSNIA-HERZEGOVINA	BIH	EUR	X			only for biometric passport
BOTSWANA	BOT	AFR			RSA	
BRAZIL	BRA	SAM	X			
BRITISH VIRGIN ISLANDS	IVB	NAM	X			
BRUNEI	BRU	ASI	X			
BULGARIA	BUL	EUR	X			
BURKINA FASO	BUR	AFR			Senegal	
BURUNDI	BDI	AFR			United Republic of Tanzania	

Federation	Cod e	Area	Do not need visas	Visas & POL Embassy	Visas & No POL Embassy	Remarks
CAMBODIA	CA M	ASI			Thailand	
CAMEROON	CMR	AFR			Nigeria	
CANADA	CAN	NAM	X			
CAPE VERDE ISLANDS	CPV	AFR			Senegal	
CAYMAN ISLANDS	CAY	NAM	X			
CENTRAL AFRICAN REPUBLIC	CAF	AFR			Angola	
CHAD	CHA	AFR			Tunisia	
CHILE	CHI	SAM	X			
CHINESE TAIPEI	TPE	ASI	X			only for passports from Taiwan government with ID number
COLOMBIA	COL	SAM	X*			
Commonwealth of DOMINICA	DM A	NAM			Venezuela	
COMOROS	CO M	AFR			United Republic of Tanzania	
CONGO	CG O	AFR			Angola	
COOK ISLANDS	COK	OCE	X			
COSTA RICA	CRC	NAM	X			
CROATIA	CRO	EUR	X			
CUBA	CUB	NAM		X		
CYPRUS	CYP	EUR	X			
CZECH REPUBLIC	CZE	EUR	X			
DEM. REP. OF SAO TOME E PRINCIPE	STP	AFR			Angola	
DEMOC. REPUBLIC OF CONGO	COD	AFR			Angola	
DENMARK	DEN	EUR	X			
DJIBOUTI	DJI	AFR			Ethiopia	
DOMINICAN REPUBLIC	DO M	NAM			Panama*	
DPR OF KOREA	PRK	ASI		X		For short stay visits (less than 90 days within a period of 180 days), the visitors are exempted from obtaining a valid Schengen visa. An ETIAS authorisation will become a mandatory requirement for every Korean citizen starting from 2021

Federation	Cod e	Area	Do not need visas	Visas & POL Embassy	Visas & No POL Embassy	Remarks
TIMOR LESTE	TLS	ASI			Indonesia*	
ECUADOR	ECU	SAM			Peru	
EGYPT	EGY	AFR		X		
EL SALVADOR	ESA	NAM	X			
EQUATORIAL GUINEA	GEQ	AFR			Nigeria	
ERITREA	ERI	AFR			Egypt	
ESTONIA	EST	EUR	X			
ESWATINI	SWZ	AFR			RSA	
ETHIOPIA	ETH	AFR		X		
FIJI	FIJ	OCE			Australia	
FINLAND	FIN	EUR	X			
FRANCE	FRA	EUR	X			
FRENCH POLYNESIA	PYF	OCE	X			
GABON	GAB	AFR			Angola	
GEORGIA	GEO	EUR	X			only for biometric passport
GERMANY	GER	EUR	X			
GHANA	GHA	AFR			Senegal	
GIBRALTAR	GIB	EUR	X			
GREAT BRITAIN & N.I.	GBR	EUR	X			
GREECE	GRE	EUR	X			
GRENADA	GRN	NAM			Venezuela *	
GUAM	GU M	OCE			USA	
GUATEMALA	GUA	NAM	X			
GUINEA	GUI	AFR			Senegal	
GUINEA-BISSAU	GBS	AFR			Senegal	
GUYANA	GUY	SAM			Venezuela	
HAITI	HAI	NAM			Panama	
HONDURAS	HON	NAM	X			
HONG KONG, CHINA	HKG	ASI	X			only for „Hong Kong Special Administrative Region" passport
HUNGARY	HUN	EUR	X			
ICELAND	ISL	EUR	X			
INDIA	IND	ASI		X		
INDONESIA	INA	ASI		X		
IRAQ	IRQ	ASI		X		
IRELAND	IRL	EUR	X			
ISLAMIC REPUBLIC OF IRAN	IRI	ASI		X		
ISRAEL	ISR	EUR	X			
ITALY	ITA	EUR	X			
IVORY COAST	CIV	AFR			Senegal	

Federation	Code	Area	Do not need visas	Visas & POL Embassy	Visas & No POL Embassy	Remarks
JAMAICA	JAM	NAM			Venezuela	
JAPAN	JPN	ASI	X			
JORDAN	JOR	ASI		X		
KAZAKHSTAN	KAZ	ASI		X		
KENYA	KEN	AFR		X		
KIRGHIZISTAN	KGZ	ASI			Kazakhstan	
KIRIBATI, REPUBLIC OF	KIR	OCE			Australia*	
KOREA	KOR	ASI	X			An ETIAS authorisation will be required for every Korean citizen for short-stay period in Poland starting from 2021
KOSOVO	KOS	EUR			North Macedonia	
KUWAIT	KUW	ASI		X		
LAOS	LAO	ASI			Thailand	
LATVIA	LAT	EUR	X			
LEBANON	LBN	ASI		X		
LESOTHO	LES	AFR			RSA	
LIBERIA	LBR	AFR			Nigeria	
LIBYA	LBA	AFR			Egypt	
LIECHTENSTEIN	LIE	EUR	X			
LITHUANIA	LTU	EUR	X			
LUXEMBOURG	LUX	EUR	X			
MACAO	MAC	ASI	X			only for „Região Administrativa Especial de Macau" passport
MADAGASCAR	MAD	AFR			Kenya	
MALAWI	MAL	AFR			United Republic of Tanzania	
MALAYSIA	MAS	ASI	X			
MALDIVES	MDV	ASI			India	
MALI	MLI	AFR			Senegal	
MALTA	MLT	EUR	X			
MARSHALL ISLANDS	MHL	OCE			Australia*	
MAURITANIA	MTN	AFR			Morocco	
MAURITIUS	MRI	AFR	X			
MEXICO	MEX	NAM	X			
MICRONESIA	FSM	OCE			Australia	
MOLDOVA	MDA	EUR	X			only for biometric passport

Federation	Code	Area	Do not need visas	Visas & POL Embassy	Visas & No POL Embassy	Remarks
MONACO	MON	EUR	X			
MONGOLIA	MGL	ASI			China	
MONTENEGRO	MNE	EUR	X			only for biometric passport
MONTSERRAT	MNT	NAM	X			
MOROCCO	MAR	AFR		X		
MOZAMBIQUE	MOZ	AFR			RSA	
MYANMAR	MYA	ASI			Thailand	
NAMIBIA	NAM	AFR			RSA	
NEPAL	NEP	ASI			India	
NETHERLANDS	NED	EUR	X			
NEW ZEALAND	NZL	OCE	X			
NICARAGUA	NCA	NAM	X			
NIGER	NIG	AFR			Tunisia	
NIGERIA	NGR	AFR		X		
NORFOLK ISLAND	NFI	OCE			Australia	
NORTH MACEDONIA	MKD	EUR	X			only for biometric passport/ an ETIAS authorisation will become a mandatory requirement for every Macedonian citizen starting from 2021
NORTHERN MARIANA ISLANDS	NMI	OCE			USA	
NORWAY	NOR	EUR	X			
OMAN	OMA	ASI			Saudi Arabia	
PAKISTAN	PAK	ASI		X		
PALESTINE	PLE	ASI			Israel	
PANAMA	PAN	SAM	X			
PAPUA NEW GUINEA	PNG	OCE			Australia	
PARAGUAY	PAR	SAM	X			
PERU	PER	SAM		X		
PHILIPPINES	PHI	ASI			Malaysia	
POLAND	POL	EUR	X			
PORTUGAL	POR	EUR	X			
PR OF CHINA	CHN	ASI		X		
PUERTO RICO	PUR	NAM	X			
QATAR	QAT	ASI		X		
Rep of NAURU – Pacific	NRU	OCE			Australia	
Rep of PALAU – Pacific	PLW	OCE			Australia*	

Federation	Code	Area	Do not need visas	Visas & POL Embassy	Visas & No POL Embassy	Remarks
REPUBLIC Of YEMEN	YEM	ASI			Saudi Arabia	
ROMANIA	ROU	EUR	X			
RUSSIA	RUS	EUR		X		
RWANDA	RWA	AFR			United Republic of Tanzania	
SAINT KITTS AND NEVIS	SKN	NAM	X			
SAINT LUCIA	LCA	NAM	X*			
SAINT VINCENT & THE GRENADINES	VIN	NAM			Venezuela *	
SAMOA	SAM	OCE	X			
SAN MARINO	SMR	EUR	X			
SAUDI ARABIA	KSA	ASI		X		
SENEGAL	SEN	AFR		X		
SERBIA	SRB	EUR	X			only for biometric passport/apart from the holders of Serbian passports issued by Serbian Directorate for Coordination (in Serbian language: Koordinaciona uprav)
SEYCHELLES	SEY	AFR	X			
SIERRA LEONE	SLE	AFR			Nigeria	
SINGAPORE	SGP	ASI	X			
SLOVAK REPUBLIC	SVK	EUR	X			
SLOVENIA	SLO	EUR	X			
SOLOMON ISLANDS	SOL	OCE			Australia*	
SOMALIA	SOM	AFR			Kenya	
SOUTH AFRICA	RSA	AFR		X		
SOUTH SUDAN	SSD	AFR			Ethiopia	
SPAIN	ESP	EUR	X			
SRI LANKA	SRI	ASI			India	
SUDAN	SUD	AFR			Egypt	
SURINAM	SUR	SAM			Venezuela	
SWEDEN	SWE	EUR	X			
SWITZERLAND	SUI	EUR	X			
SYRIA	SYR	ASI			Lebanon	
TAJIKISTAN	TJK	ASI			Uzbekistan	
TANZANIA	TAN	AFR		X		
THAILAND	THA	ASI		X		

Federation	Cod e	Area	Do not need visas	Visas & POL Embassy	Visas & No POL Embassy	Remarks
THE GAMBIA	GA M	AFR			Senegal	
TOGO	TOG	AFR			Nigeria	
TONGA	TGA	OCE			Australia*	
TRINIDAD AND TOBAGO	TTO	NAM	X			
TUNISIA	TUN	AFR		X		
TURKEY	TUR	EUR		X		
TURKMENISTAN	TKM	ASI			Azerbaijan	
TURKS AND CAICOS ISLANDS	TKS	NAM	X			
TUVALU	TUV	OCE			Australia*	
UGANDA	UGA	AFR			Kenya	
UKRAINE	UKR	EUR	X			only for biometric passport
UNITED ARAB EMIRATES	UAE	ASI		X*		
UNITED STATES	USA	NAM	X			
URUGUAY	URU	SAM	X			
UZBEKISTAN	UZB	ASI		X		
VANUATU	VAN	OCE			Australia*	
VENEZUELA	VEN	SAM	X			
VIETNAM	VIE	ASI		X		
VIRGIN ISLANDS	ISV	NAM			USA	
ZAMBIA	ZAM	AFR			RSA	
ZIMBABWE	ZIM	AFR			RSA	

Appendix 14.7  
Team Officials Chart

Athletes	Subsidised Officials (55%)	Non-subsidised Officials (25%)
1	1	1
2	2	1
3	2	1
4	3	1
5	3	2
6	4	2
7	4	2
8	5	2
9	5	3
10	6	3
11	7	3
12	7	3
13	8	4
14	8	4
15	9	4
16	9	4
17	10	5
18	10	5
19	11	5
20	11	5
21	12	6
22	13	6
23	13	6
24	14	6
25	14	7
26	15	7
27	15	7
28	16	7
29	16	8
30	17	8

Athletes	Subsidised Officials (55%)	Non-subsidised Officials (25%)
31	18	8
32	18	8
33	19	9
34	19	9
35	20	9
36	20	9
37	21	10
38	21	10
39	22	10
40	22	10
41	23	11
42	24	11
43	24	11
44	25	11
45	25	12
46	26	12
47	26	12
48	27	12
49	27	13
50	28	13
51	29	13
52	29	13
53	30	14
54	30	14
55	31	14
56	31	14
57	32	15
58	32	15
59	33	15
60	33	15



## 14.8 Shoe Declaration Form

# ATHLETE SHOES

## DECLARATION



Name and date of Competition:

Member Federation of Athlete:

Event / Gender:

Given Name, FAMILY NAME:

I declare, agree and acknowledge that:

a. the shoes I will compete in at the event are:

(Approved list published on the World Athletics website at <https://www.worldathletics.org/about-iaaf/documents/technical-information>)

Company	
Model*	
Size	
Colour	
Orthotics (i.e. if you have an insole for medical reasons)	

\*If on the approved list, please use the name of the model as it appears there.

- b. I confirm / have been advised by my coach / shoe provider / Athlete Representative verbally / in writing (please circle or underline) that my competition shoes comply with the requirements set out in Rule 5 of the Technical Rules;
- c. I will follow the shoe check procedure at the event and understand that, even though the shoes are checked, they could be submitted for further random tests or full testing after I have finished competing;
- d. I cannot change my shoe for another shoe without having the replacement shoe checked in accordance with Rule 5 of the Technical Rules and in accordance with the kit and shoe check procedure at the event. I understand that it is at my risk, if I change my shoes without having them checked;
- e. After I have finished competing, the Referee has the right to request that I submit my shoe for further tests by an independent laboratory. I acknowledge and understand that, to confirm compliance with the requirements set out in Rule 5 of the Technical Rules, the further tests carried out by the independent laboratory may include the shoes being cut up.

Date:

Signature (Athlete):