World Relays Silesia 2021
Medical Clearance Protocol for Teams
(Athletes and Team Officials)
as at 30 March 2021

new text is indicated with two lines on the right

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1. GENERAL RULES AND PRINCIPLES

To be able to host sport events during the actual pandemic situation, the organisers, in agreement with the local government and World Athletics, have decided to design and implement this set of procedures:

- Wearing a mask covering the mouth and the nose is mandatory in all public areas at all time, except for these two situations:
  - While consuming food or beverages;
  - For athletes only: once in the track and field stadium, racecourse, warm-up before taking part to the competition, and training areas (mask will have to be worn during transfers between these areas and the hotel).

- The mask suggested for the purpose of these protocols should be preferably surgical masks, N95 masks or FFP-2 type masks, but other types might be accepted. The use of disposable surgical masks, N95 masks or FFP-2 type masks is strongly recommended while travelling. Masks should be disposed on a regular basis according to the type of mask.

- Any interaction, which constitute a significant risk of virus transmission, with an individual who is not accredited or directly involved in the organisation of the event is prohibited at all times.

Different types of vaccines against COVID-19 are available in 2021. Nevertheless, as vaccines availability scheme, duration and nature of the conferred immune protection are unknown, all subjects taking part to this event, regardless of the fact that they have been vaccinated or not, will have to adhere to these procedures with the objective of protecting all other participants and the local community.

The sanitary procedures described in this document, are subject to change according to the local and global COVID-19 pandemic situation.

2. MEDICAL CLEARANCE PROTOCOL

The Medical Clearance Protocol contains two stages.

All Team members involved in the World Athletics Relays will have to comply with the Medical Clearance Protocol, Stage 1 and Stage 2.

2.1 Before travelling – Stage 1

Few days before the event a separate e-mail will be sent to the personal e-mail address of each member of your Team to provide the following information:

a) COVID-19 Symptoms Self-Report
b) Medical Information Release agreement

Request to provide a negative results of a naso/oropharyngeal swab test in English, to detect SARS-CoV-2 genetic material (Polymerase chain reaction – PCR), performed in the 48 hours prior to departure. The same test will be required by the Polish border control authorities to enter Poland at the port of entry. Please note that airline companies might request the result of the PCR test to allow boarding. Results from blood serological or antigenic tests will NOT be accepted as a part of the Medical Clearance Protocol. The PCR test result must be uploaded to this specific platform in pdf format. The cost of this test is under the individual’s responsibility.
c) Whether you need to provide a negative PCR test to re-enter your home country
The cost of this test is under the individual’s responsibility.

Once the information is provided, Team members will receive a confirmation email on their personal email address if all the information and documents have been uploaded correctly.

If there is any issue, the member of your Team will be contacted by the World Athletics Health & Science Team on the personal email address provided.

2.2 Travel to Poland (plane, train, bus and car)
Everyone must comply with travel regulations in force at the time of the journey and must have enough masks and hand sanitizers for the entire journey duration. Under standard condition a surgical mask should be changed every 4 to 5 hours to keep its protective effect optimal. The purchase of personal protective equipment is under the responsibility of each individual.

Transfers from the Airport to the Official Hotels will take place respecting the sanitary rules in force at the time. Furthermore,
- Vehicles used for transfer will run at 50% of their maximum capacity, to keep social distancing;
- Vehicles will be disinfected before and after each trip;
- Masks must be worn at all times, in buses or shuttles, for the entire duration of the transfer;
- Passengers are requested to use the hand sanitizer provided before entering the buses and shuttles;

If any Team member will be arriving directly to the Official Hotels with their own means of transportation, you shall enter in Event Entry System (EES) the expected arrival date and time, so that testing procedures can be planned accordingly.

2.3 Arriving to Poland – Stage 2 (see Appendix 1)
The Local Organising Committee (LOC) Medical Team in coordination with World Athletics Medical Delegate will organise a naso/oropharyngeal swab test upon arrival to detect SARS-CoV-2 genetic material (RT-LAMP) for everyone involved in the event in any capacity.

The Main Testing Center will be located inside the “Upper Silesian Ethnographic Park” (address: Parkowa 25, 41-500 Chorzów).

Each bus will be escorted by one LOC volunteer that will coordinate with LOC Testing Center volunteers, to regulate the entrance to the testing facility based on the people’s flow. Entrance to the testing center will take place through the eastern (lower) gate. In busy hours, participants might be requested to wait inside the buses. Participants will leave all their belongings (luggage and bags) inside the bus, as this will be the same to take them to their respective hotels. LOC volunteers will inform participants when they can enter the testing facility and the pre-test waiting area. **Participants will need to take their ID/passport with them.** LOC and World Athletics healthcare staff will identify participants by ID/passport before they will proceed with the sample collection.

Once the test is done, the medical team on site will inform participants if they need to wait for results there or they are allowed to be transferred to the official accommodation (based on category group). In case participants have to wait for the results on site, they will be accommodated in the Museum Auditorium.
In case participants are allowed to leave the facility before the results, they will exit the testing facility through the western (upper) gate and be sent back to their bus. After all participants staying on the same bus will have provided the sample (confirmed by the LOC volunteer), the bus will take them to their respective hotel.

In this case participants will be required to wait for the results in their own room. While waiting for the test result, if they are sharing the room with someone else, they are strongly encouraged to maintain social distancing and wearing the mask. This to reduce contact with a potential positive case. Such case will require isolation and quarantine of others. The results will be communicated in approximately 90 minutes to the individual’s email.

See below the 2 possible scenarios (see Appendix 2):

a) The test returns negative result:

If the person is still waiting in the Test Centre, he/she will be transferred to the requested hotel and will be able to complete the hotel check-in procedures and collect the accreditation.

If the person is already in his/her room, he/she will be able to collect the accreditation.

b) The swab returns positive result:

If the person is still waiting in the Test Centre, a second nasopharyngeal swab will be taken and sent to a different laboratory for confirmation of the positivity through PCR test. The test results will be available in approximately 8 hours. While waiting to be transferred to the allocated hotel to be isolated, the potential positive case will be accommodated in the small room next to the sample collecting room in the Main Testing Center.

If the person is already in his/her room, he/she will need to stay in the room, avoiding any contact and the LOC and World Athletics Medical teams will organise a second confirmatory test with PCR and inform of the next steps. The test results will be available in approximately 8 hours.

Positive cases will be isolated in the same hotel but in specific and restricted floors.

The negative roommate (if any) will stay in the same room after this has been properly sanitized. Negative contacts of a positive case (provided that all basic sanitary measures have been maintained the whole time) will be required to provide reporting symptoms form daily to the LOC Medical Director or World Athletics Medical Delegate, in accordance with the team physician (if any). The negative roommate of a positive contact will not share the room with anyone else for the duration of stay.

A specific team to collect samples for confirmatory PCR test will be available 24h. During day hours the team will be located at the Main Testing Center.

Failure to comply with either STAGE 1 or STAGE 2 of the Medical Clearance Protocol will prevent the person from accreditation and access to any official venue and/or taking part to any competition-related activity.

The cost of the test to detect SARS-CoV-2 genetic material (RT-LAMP) onsite will be covered by the LOC. This also includes costs related to confirmatory PCR test (if needed).

2.4 Procedure for individuals staying in the competition location more than 48 hours (Appendix 3)

In case the duration of stay in the competition location is more than 48 hours, further additional procedures should be implemented.
Re-testing
Regardless of the accredited category, all individuals staying in the competition location more than 48 hours, will need to be re-tested to detect SARS-CoV-2 genetic material (PCR-LAMP).

Re-testing will be organized on appointment every 48 hours, starting from the first test performed upon arrival. Sample collection scheduling will be planned according to the category’s schedule and, possibly, in the evening in order to provide results by the following morning. Participants will need to wait in the room until results will be communicated via email by the next morning.

Re-testing will be organized in official hotels in a dedicated sample collection room. Signs and directions will be placed in all hotel to inform participants of the room location and operating hours.

Novotel
Sample collection room will be located in the ground floor, room: Blues. Waiting area will be organized in the foyer.
A laboratory to process samples will be organized in this hotel and located in the room across the Rock and Blues rooms. The laboratory will operate only at night to process the samples collected in this and other hotels.

Park Hotel Diament
Sample collection room will be located in the ground floor, room: G. Dedicated area will be organized in the Business Room 2.

Vienna House Easy
Sample collection room will be located in the first floor, room: Saphir. Dedicated area will be organized in the Foyer II.

Park Inn by Radisson
Sample collection room will be located in the first floor, room: Orange. Dedicated area will be organized in the first-floor lobby.

Failure to comply with the re-testing procedure or missing the given appointment, will cause the immediate deactivation of the accreditation badge and participants will be denied access to all official venues.

2.5 Management of a positive Covid-19 PCR test
According to the Polish Public Health Authority, each person who is tested positive (PCR) for COVID-19 while staying on the Polish territory will have to be isolated for a period of 10 days. The place where the positive case will be isolated is the hotel where the person is accommodated at the moment of diagnosis. The costs for the extended staying due to isolation or quarantine are to be covered by the participants or the Member Federation.

After this period of 10 days the person will be released from isolation, without performing an additional PCR test, if he/she is symptom-free. The person has the possibility to try to shorten the duration of the isolation if he/she can show two consecutive negative PCR test results (own expenses) after agreeing with the World Athletics Medical Delegate and the Local Sanitary Authorities.
All persons who had prolonged and close contact with an infected person (roommate, contact without mask and/or no respect of social distancing) are sent to quarantine as described above. Determination of the "contact persons" will be done by both the Local Sanitary Authorities and the World Athletics Medical Delegate.

3. **STAYING IN SILESIA (official hotels and venues)**

Wearing a mask covering the mouth and the nose is mandatory in all public areas at all times. Please respect social distancing and wash your hands frequently.

For health protection purposes, interactions between accredited persons/groups should be limited to the strictly necessary. Personal accreditation badge must be worn around the neck, with the individual photo and name clearly visible, at all times in all public spaces.

3.1 **Team Hotel**

MFs will have to send their rooming list to WA ([teamservices@worldathletics.org](mailto:teamservices@worldathletics.org)) and LOC ([teams2021@stadionslaski.pl](mailto:teams2021@stadionslaski.pl)) by the time of the Final Entry deadline (12 April). Only Athletes and Team Officials that are part of the same MF and successfully underwent stage 1 and stage 2 of the Medical Clearance Protocol will be allowed to share room.

**Guest Room cleaning**

To limit contact between Hotel Staff and Team Members, the cleaning of the rooms will be organised by the hotel only under request.

**Meals**

All meals will be “assisted-serve” buffet at the restaurant of the Team Hotels. Accreditation must be presented to be admitted in the restaurant.

Wearing a mask is mandatory at all time in the restaurant, except and only when seated at the table. Everyone entering in the restaurant will have to clean his/her hands with a sanitizing gel.

Service will be made according to Polish Government regulations in force at the time, as well as hotel internal rules regarding sanitary restrictions. For instance, for all groups who have already shared meals and rooms during the previous week or more, group table can be organised with a maximum of 4 people seating at the same table. For other Athletes or Team Officials, the layout of the dining room will allow physical distancing of at least 1.5 metres. To facilitate this process, there will be extended hours of services and we kindly ask you for your cooperation to reduce to the maximum your time at the restaurant.

**Physiotherapists**

Treatment will be available the two days before and the day of the Competition.

All services will be provided according to medical regulations in force at the time and we confirm that:

- Single-use sheets will be used.
- Massage tables will be disinfected before and between each treatment.
- Treatment will only be available on scheduled appointments.

3.2 **Training**

**Training**

Training will take place at the Warm-up Area and/or in Silesia Stadium
Only Athletes will be allowed not to wear their masks while being in this training area. Physical distancing will have to be respected at all time when possible.

3.3 Competition

Warm-up
The Warm-up Area is located in an adjacent 400m track with 4 lanes and artificial grass in Silesia Stadium.

Only Athletes will be allowed not to wear their masks while being in this area. Physical distancing will have to be respected at all time when possible.

After the last call of their event, Athletes will walk from the gathering point at the Warm-up Area to the Call-room, guided by a dedicated Competition Official. Athletes will have to wear their mask during this transfer.

Call-room
The Call-room will be a dedicated room where seats will allow physical distancing. Each seat and area will be disinfected before and between events by dedicated personnel from the LOC. Athletes must report to the Call Room wearing their mask, 2 bibs, competition uniform and ready to compete. Any bags or personal belongings must be left in the Team tents at the warm-up. Athletes will be authorized to remove their masks only when entering the field of play. Dedicated personnel from the LOC (equipped with masks and gloves) will collect masks left by Athlete and treat this material as a potential contaminated waste.

Mixed Zone
A physical distancing of 2 metres will be applied between the interviewer and the Athlete. The interviewer and its assisting staff will have to wear a mask, as the Athlete may not wear a mask to answer questions.

Antidoping
Athletes will be required to wear their accreditation to allow identification in case they are designated to get tested. All antidoping staff, Athletes and accompanying persons will wear mask during the entire procedure.

Medical
All medical staff will wear mask and gloves and operate according to strict medical protocol to prevent any COVID-19 contamination during their contact with a patient.

Team Officials
Team Officials will have access to the warm-up area. They must wear their mask all time

4. LEAVING SILESIA

For public health purpose, the following aspects should be considered prior leaving the hosting city:

Participants who should provide a negative PCR test to re-enter their home country, must inform World Athletics when registering their details and providing with the necessary documents in Stage-1 (see 2.1).
Based on the departure date, participants will provide samples in their respective hotels, with the same procedure outlined for re-testing (see Appendix 3).

Costs for these additional tests will be carried by the participant or Member Federation. The test cost is approximately 100€ per test and this must be paid on site before performing the test, possibly by credit card.

All COVID-19 positive cases occurring within ten days following the end of the event should be notified to the World Athletics Medical Delegate. This information will be dealt confidentially and will be used only for both epidemiological and contact tracing purposes.

If you have any questions, please contact Mónica GÓMEZ FERNÁNDEZ (Head of Team Services) on monica.gomez-fernandez@worldathletics.org.
Appendix 1  (see above 2.3)

The Main Testing Center will be collated inside the “Upper Silesian Ethnographic Park” (nearby Silesia Stadium)

Arriving at the Testing Center

Bus will drive you to the parking place at the Testing Center. You will walk from point 1 to 2, where you will be asked to have your ID/passport ready.

The circulation of busses will be coordinated between the Airports and the Testing Center to ensure an easy flow of the participants however, if the area is too busy, you might be requested to wait inside the bus to ensure that social distance is always enforced.

You will need to take you ID/passport with you (luggage and bags stay in the bus) so that your identity is verified by LOC and World Athletics healthcare staff (3).

At the entrance, your temperature will be measured. Please sanitize your hands and always keep the social distance.
In the Testing Center

You will be guided to one of the 8 testing positions to provide your sample (2).
Leaving the Testing Centre

After being tested, you will be guided to the same bus (4) that drove you to the Testing Center and you will be taken you to your hotel.
Appendix 2

PARTICIPANT GOES TO HOTEL TO CHECK IN
HE/SHE HAS TO WAIT IN HIS/HER ROOM UNTIL TEST RESULT IS NOTIFIED

PARTICIPANT RECEIVES NOTIFICATION OF RESULT VIA EMAIL IN PERSONAL ACCOUNT

RESULT -
PARTICIPANT RECEIVES NOTIFICATION FOR NEXT APPOINTMENT VIA EMAIL IN PERSONAL ACCOUNT

RESULT +
ACCREDITATION BADGE WILL NOT BE ISSUED

PARTICIPANT WILL BE
• ISOLATED IN SPECIFIC ROOM IN SAME HOTEL
• IMMEDIATELY RUN CONFIRMATION PCR & LAMP

GOVERNMENT PROCEDURES AND REGULATIONS WILL BE FOLLOWED

If Participant is sharing room, he/she has to wear his/her mask and keep social distancing while waiting for his/her test results.

The person sharing the room with a positive case, provided that both guests have kept wearing masks and social distance, will remain in the same room, after this has been properly sanitized by hotel’s staff.
Appendix 3

Each team hotel has a sample collecting room for its guests that will operate from 19:00 to 23:00.

Participants will go to sample collecting room according to the appoint that they have received in their personal email account.

Participants must come to the collecting room with their accreditation and ID.

All teams' samples will be analized in the lab located in the Novotel hotel.

Participants not showing up will have their accreditation deactivated.